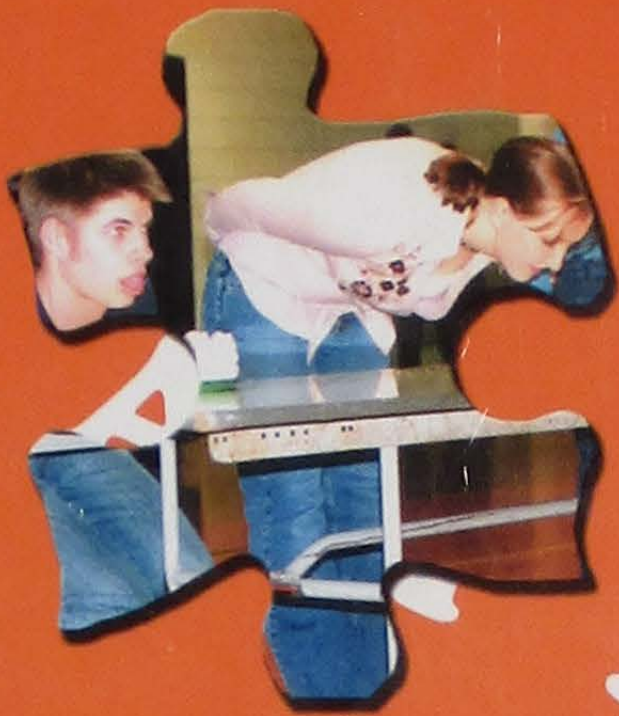


all fun & games



2004

all the way



PROGRAMS

PEOPLE
108

ACTIVITIES
153

ADVERTISING
186

INDEX
228

CLOSING
endsheet

all fun and gAMES



AMES HIGH SCHOOL

1921 Ames High Drive

Ames, Iowa 50010-5199

Phone: (515) 817-0600

Fax: (515) 817-0627

student population: 1546

www.ameshigh.net

START

Playing
Time:
180 days

Contrary to the
theme, life is not
all fun and games.
Fun and games are
healthy distrac-
tions from day-to-
day reality.

Players: about
1600 students

2003-2004 was filled with traditional games, such as football and I-ball, as well as some new games, like I-Cricket. Beyond the sports arena, we also excelled in academics and arts, from Model UN to Terpsichore. Follow the game board from page to page and reflect on your experience at Ames High School. We make choices everyday and are tested through relationships, as well as in the classroom. Whether Fate or Strategy is your guide, there are many paths to choose. How will you play the game?

Let the Games Begin!
Margaret Wade
Editor-in-Chief

The Games of Life Official Rules

1. Seniors go first.
2. Suggested playing time: 7:50 - 3:05.
3. GPAs are only half the battle; don't procrastinate.
4. The Media Center is not a "Candyland."
5. Don't get caught cheating – if you do, go directly to jail (do not pass Go; do not collect \$200).
6. If you fall down a "Chute," remember, there's always a "Ladder" ten steps ahead.
10. Stay out of "Trouble," and don't forget to say, "Sorry."
11. Underclassmen: don't "Hide" from the door lady over lunch; she will "Seek" you out.
12. Choose your path wisely.



FUN IN THE SUN

Barbeques. Sun Bathing. Popsicles. Shorts. Drivers' Ed. Camp-
ing. Road Trips. Summer Jobs. Lakes. Camping trips with your
homies.

Games.

Pool.

ing the

I c e

Tropical

G o l f .

ing. Pic-

Slip and

I c e .

d o w n

river.

onade

Sleep-

L a t e .

m e r



I o w a

C a r r

M o w -

L a w n .

Cream.

S n o .

B o a t -

n i c s .

Slide.

Tubing

t h e

L e m -

s t a n d .

i n g

S u m -

School.

Capture the Flag. Baseball. Softball. Europe Trip. Air-condition-

ing. Amusement Parks. Freedom. Soaps. Summer Government.

Sandals. Tennis. Bocce. Parks and Rec Activities. S'mores.

Barefeet. Ultimate. Living in a van down by the river.



True Blue- Wandering around Piccadilly Circus in London, senior **Ben Staniforth** makes friends with a street performer. The man with the blue afro played the congas. (Photo courtesy of Ben Staniforth)



Train Ride From Hell - Regretting their nauseating train ride, seniors **Elizabeth Wandling**, **William Woods**, **Denise Clark**, **Brooke Strickler**, **Ashley Wilson**, and **Kristine Stasko** travel from Paris to Southern France. The entire crew of Europe trippers fell victim to upset stomachs because of heat exhaustion and sour smells. (Photo courtesy of Emily Stark)



21 Curl Salute - Confirming every stereotype that has ever existed, senior **Aviv Luban** exploits a silent and motionless guard at the front gates of Buckingham Palace. Though the guard seemed not to notice, Luban took special care to flaunt his similar hairstyle and display some newfound English pride. (Photo by Brooke Strickler)

"The entire [Europe] Trip was better than I ever expected. I had the highest expectations and I was still blown away."
-Senior Ben Staniforth

JUNE



"The best was seeing Anna Domoto hitting on random European guys."
-Senior Ryan Guffy



"They should allow people to wear shorts and hats in the Vatican."
-Senior Sidhartha Nilakanta



Duck and Cover - Seeking shelter, seniors **Brooke Strickler** and **Stephanie Jones** hide from showers caused by a gust of wind near the National Monument in London. "England was the coolest place we visited, aside from the horrible weather and rude people," Jones said. (Photo courtesy of Ashley Wilson)

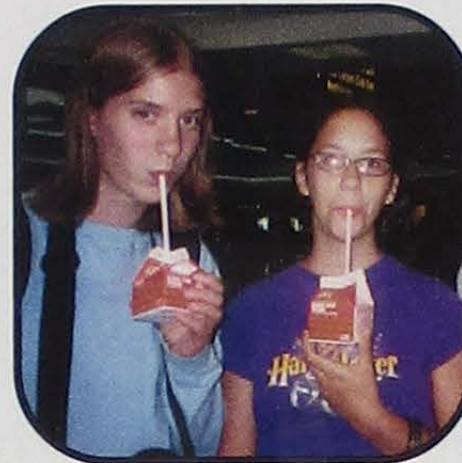


Don't Be A Loser! - Seniors **Jess Estill** and **Anna Domoto** express their appreciation for the Canterbury attitude towards littering. Students on the Europe Trip noticed a greater respect for the environment in Europe than in America, while European respect for American tourists seemed less than abundant. (Photo by Brooke Strickler)

"Playing soccer against the Italians in Sorrento was the best (the rise of Totti)."
-Senior Elizabeth Wandling



"The nude beaches in Europe were far from what I had imagined."
-Senior Jake Babcock



"Getting lost in Florence was very frustrating as everything seemed to look familiar."
-Senior Brooke Strickler



"Seeing the giant keg was undoubtedly the highlight of my life."
-Senior Vinny Vital



SURVEY

What is the worst family vacation you've ever been on?

"Hiking in the Alps with my family was horrible!"

- Freshman Glenn Martin

"We stayed at a hotel in Hawaii and my little brother kept pooping in the pool."

- Sophomore Jacob Gohlman

"On my birthday we ran out of gas in the middle of the desert in Arizona."

- Junior Gabby Tyler

"Canada. In a car. Two weeks. With my grandparents."

- Senior Jessica Polich



Party Central -
Seniors **Joel Harris**
and **Ryan Norlin**
pose on top of a
pool table during a
small get-together
with their friends.
(photo courtesy of
Joel Harris)



Bear Hug - Seniors
Cody Burgduff and
Katie Knapp squeeze
onto a chair to watch
the fun together.
(photo courtesy of
Cody Burgduff)



"I grew a beard. It
was fun."
-Junior **Sarah
Hanson**

Party Time!



"July was my prime party time.
Even though I'm just a
freshman...yeah, I partied."
-Freshman **Bryce Gonzales**

"During July I relaxed, using my
bountiful teacher's salary...for the
first time in twenty years."
-Teacher **Mr. Duit**



July

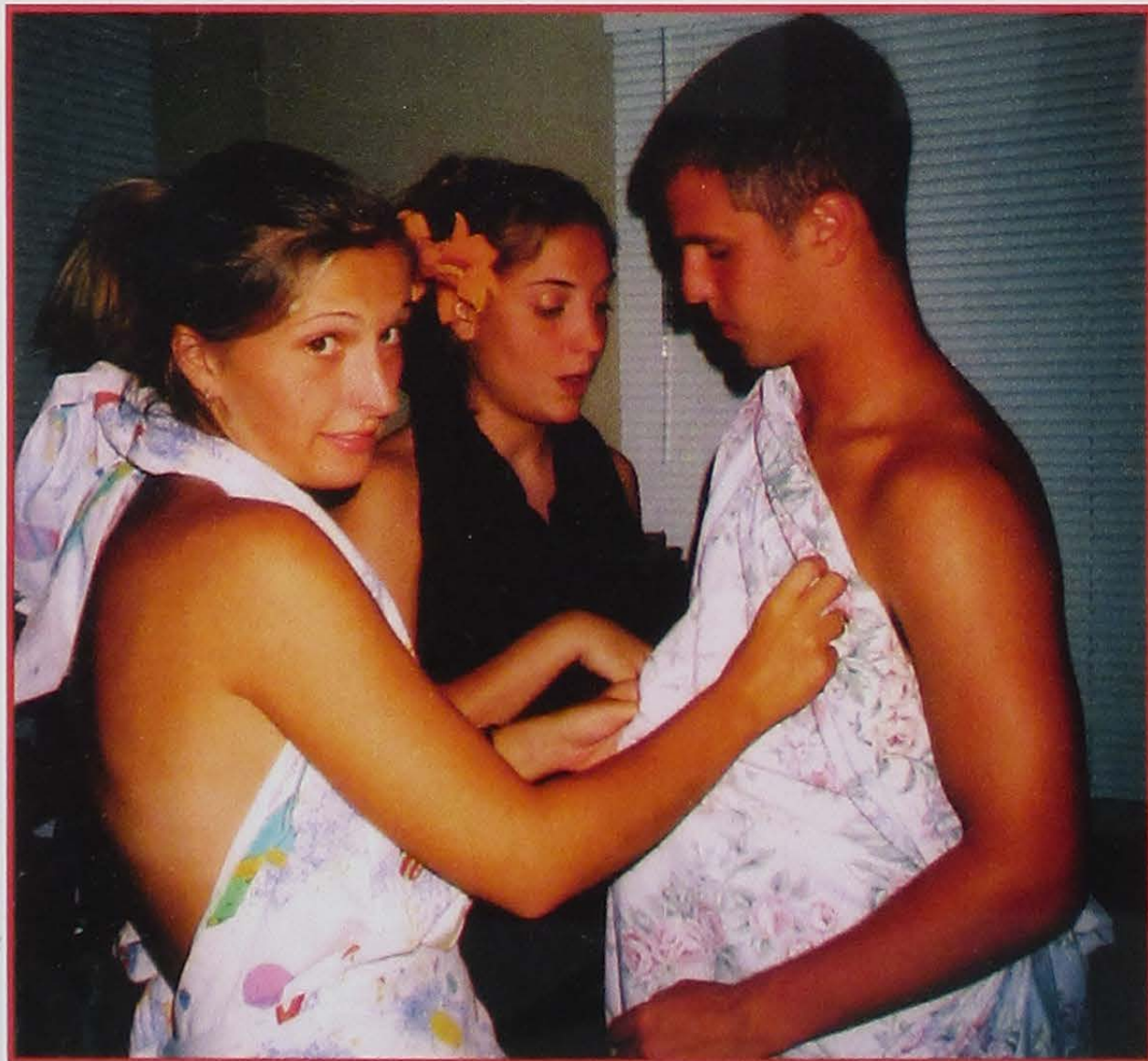


"The craziest part
of summer
was...well, I wish I
remembered."
-Senior **Nick
Roughton**



"I had boogers on
my pants."
-Junior **Cade
Cartwright**

All Tied Up- Making a few final touches, seniors **Jess Estill** and **Jessica Polich** help senior **Travis Jones** with his toga. "Togas are something we did to dress up the party, make it more fun, and revealing," **Estill** said. (Photo by **Audrey Wiedemier**)

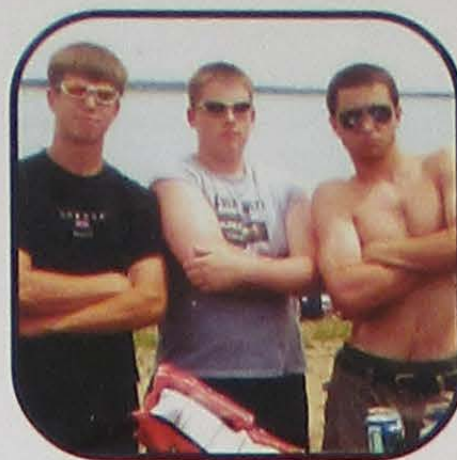


Swing Away- At a home baseball game, senior **Tyler Barrett** ropes a line drive up the middle. "You've got to use the stick the way it should be used," **Barrett** said of baseball. "The season went well, but ended in a disappointing fashion as we lost to Marshalltown after beating them four times in a row during the regular season," **Barrett** said. "It just wasn't our night." (photo courtesy of **Dave Stark**)

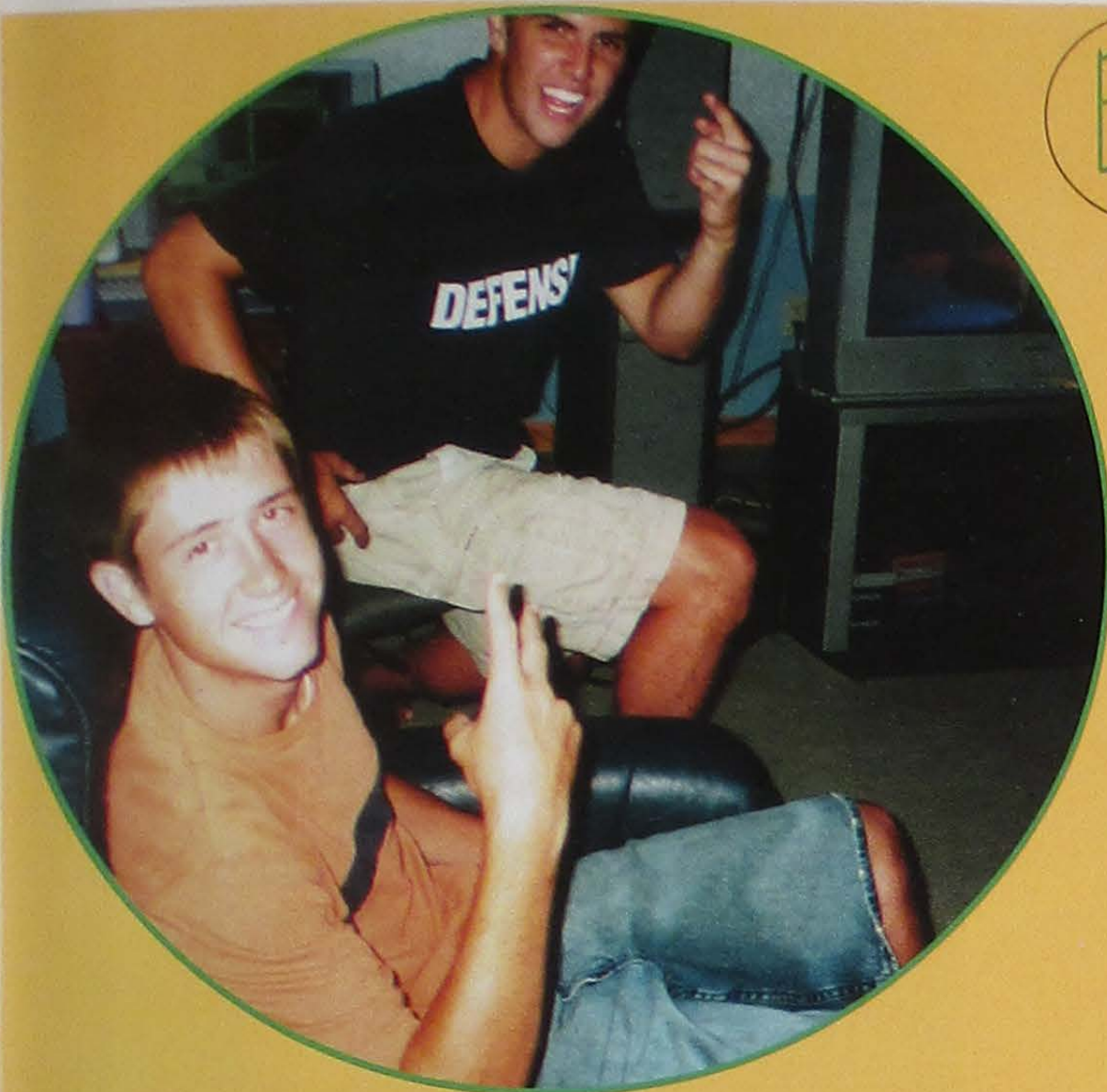
"July is a time my heart just can't forget...sigh."
-Junior Jon Nau



"My best memory is when I was camping, and I had to go the bathroom so I walked all the way back to civilization at 3 a.m."
-Senior Katie Knapp



"I scored... some points in basketball. And I perfected my breast stroke...in swimming."
-Senior Seth Levings



Chill Factor- Helping to celebrate a summer birthday, seniors **Travis Jones** and **Nick Dekovic** chill in the living room at Joel Harris's. "God, I love that place," Jones said. "So many memories and crazy stories are told within the walls of Joel's pad." (Photo courtesy of Joel Harris)

Bunt the Ball- Preparing to bunt the ball against Boone, freshman baseball player **Michael Dunley** lays one down. Ames finished 26-9 for the season. "The season went great, we had a talented team," freshman **Kyle Nelson** said. "The best part is that baseball players are true playas." (Photo courtesy of Tyler Barrett)



Birthday Bash

Several Seniors Tell All
Story by Ryan Guffy

Perhaps the greatest event of any person's life is the transition from juvenile to adult, most clearly marked by the eighteenth birthday. This transition allows mere children to act as responsible adults giving them the privileges of porn, cigarettes, and the right to vote. These privileges should thus be celebrated, and it is that to which this article is dedicated.

While many students take different approaches to celebrating their eighteenth birthday, one person has been known to throw festive bashes for his friends. This person, senior **Joel Harris**, commonly opens up his loft to friends so they can celebrate their birthday in the fashion in which they wish to celebrate it.

"Joel provides the necessary tools to throw a good party. A place to crash, girls, and ... never mind," senior **Ryan Davis** said when asked about Harris' party.

"Joel threw a party for me that was just awesome," senior **Kyle Young** said. "It was just a great way to celebrate my birthday with my friends, girlfriend, and others who appreciate the importance of turning 18."

When asked why he throws parties for his friends he replied, "Because the days of our mother's throw-

ing our birthday parties are over. It is my job to be their mother. That, and the chicks are really great."

Another more toned-down birthday celebration was senior **Justin Hesar's**. "I just bought some cigars and smoked them with my friends," Hesar said. "It was pretty chill."

Still others celebrated their eighteenth birthday in a different fashion. Senior **Seth D. Levings** sat at home and did nothing for his birthday. "Yeah, the highlight of my birthday was playing Scrabble," Levings said. "I guess I did use my adult privileges to rent some adult movies, but that is about it."

The eighteenth birthday is not all laughs and good times. Some people are considering their real future as an adult.

"What really makes me mad is that I could now get drafted into the army and get shot," Levings said. "I could also get tried as an adult if I committed a crime. I guess I should stay clean, eh."

The transition from child to adult is more than just an age difference, however. It is a defining point that allows the world to see the true future of the world. It lets young adults explore priorities, pornography, cigarettes, gambling, and freedom.

August



"My friend and I went to Canada to go whale watching and almost died."
-Freshman Allyse Hellmich and Joey Dobson



"I got to go on this pimp yacht at Saylorville! It was totally krunk!"
-Sophomore Ryan Mohn



Appalacia of My Eye-
Students from St. Cecilia take a break from working. From left: Leah Ritz, Ryan Ada, Rob Vidimos, Chris Johnston, Ben Ertz, Willa Thornberg, Ben Keller, Emily Ertz, Andrea Schliesman, and Michelle Heer.

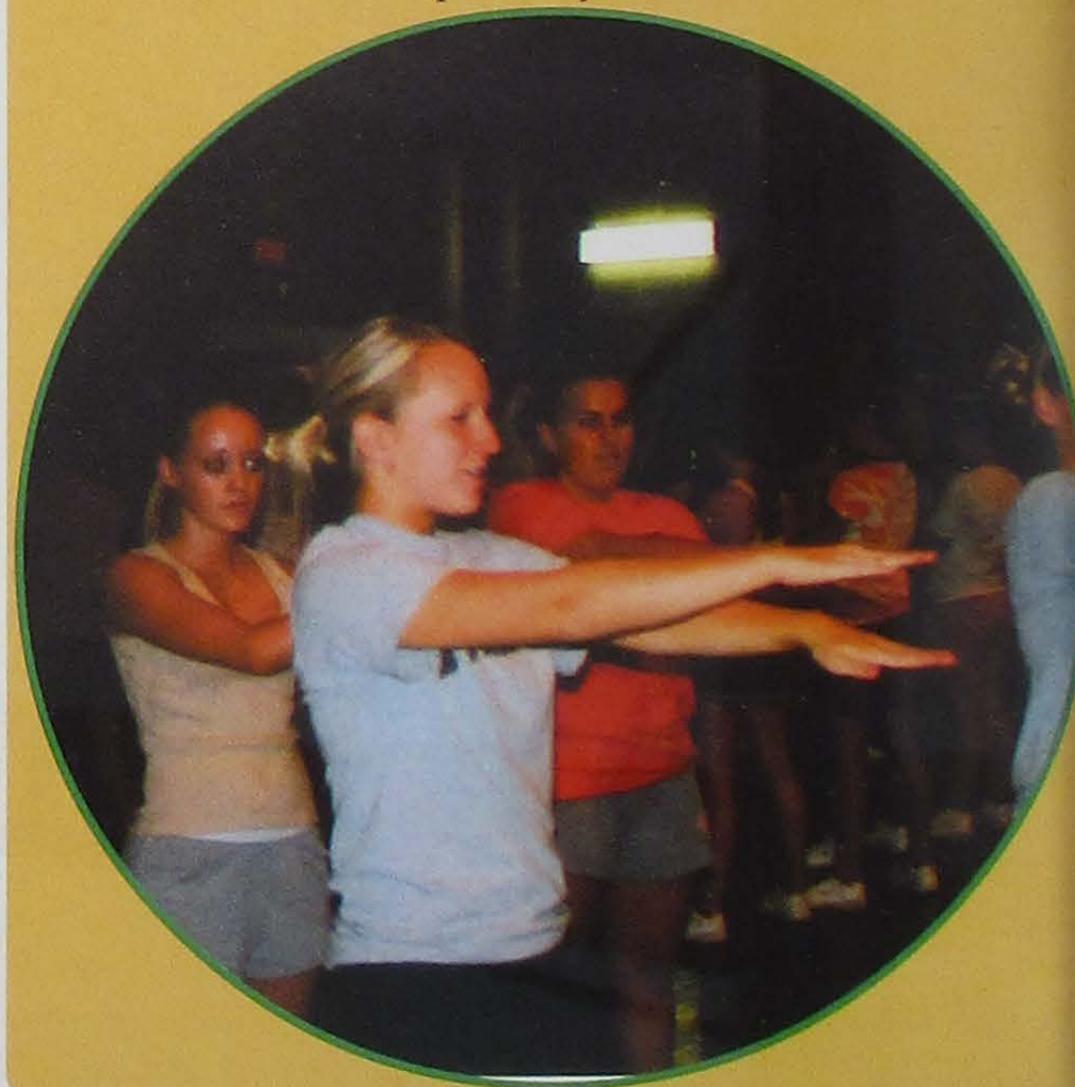
Loud and Proud- During a long and hot day during band camp, junior **Jesse Ramey** plays his trumpet. Band members were expected to come every day for two to three hours for one week. The band practiced marching as well as selected music for the marching band season. (photo courtesy of The Ames High Band Boosters)



Our House, In The Middle Of...Kentucky?
At the construction site, students work together to position a two-by-four. For one week, students of the St. Cecilia youth group helped build and fix up homes for needy families in Harlen County, Kentucky. (Photo courtesy of Andrea Schliesman)



Practice Makes Perfect- Showing cheers to the freshman squad, senior **Ashley Wilson** demonstrates one of the many motions. Cheerleaders had to learn up to 70 cheers for a season. (photo by Andrea Schliesman)





"I went cliff jumping in California and I almost landed on a bunch of rocks."
-Freshman **Brighton Prueger**



"I almost died at football camp because I was so hot." -Senior **Bryan Ackerman**



the Top Ten Songs of Summer

- 1.) "Shake Your Tailfeather" by Nelly, P-Diddy, Murphy Lee. "It's about time someone wrote a song about me!" -Junior **Lindsey Adams**
- 2.) "Here Without You" by 3 Doors Down. "Because it makes us want to cry." -Juniors **Luke Peterson** and **Kristin Tierney**
- 3.) "Who Let The Dogs Out?" by The Baja Men "I am always stepping in doggie poo when I mow the lawn." -Teacher **Mr. Stevens**
- 4.) "P.I.M.P" by 50 Cent. "A guy with that many girls would be awesome." -Sophomore **Garret Hamilton**
- 5.) "So Yesterday" by Hilary Duff. "Because I'm just a bird who's already flown away." -Junior **Jennie Register**

- 6) "Stacy's Mom" by Fountain Of Wayne. "Stacy's mom definitely has it going on!" -Freshman **Jason Marrs**
- 7) "Get Low" by Lil' Jon and The East Boyz. "Mizzle fizzle sizzle izzle Gizzle Lizzle" -Senior **Kyle Christiansen**
- 8) "Right Thurr" by Chingy. "Cause I got this stuff right hurr." -Freshman **Hannah Scebold**.
- 9) "I don't like any songs in August" -Junior **Cade Cartwright**
- 10) "So Impossible" by Dashboard Confessional "Because it talks about making out." -Senior **Andrea Schliesman**



"I went to the SPAM museum in Minnesota."
-Senior **Charissa Millen**

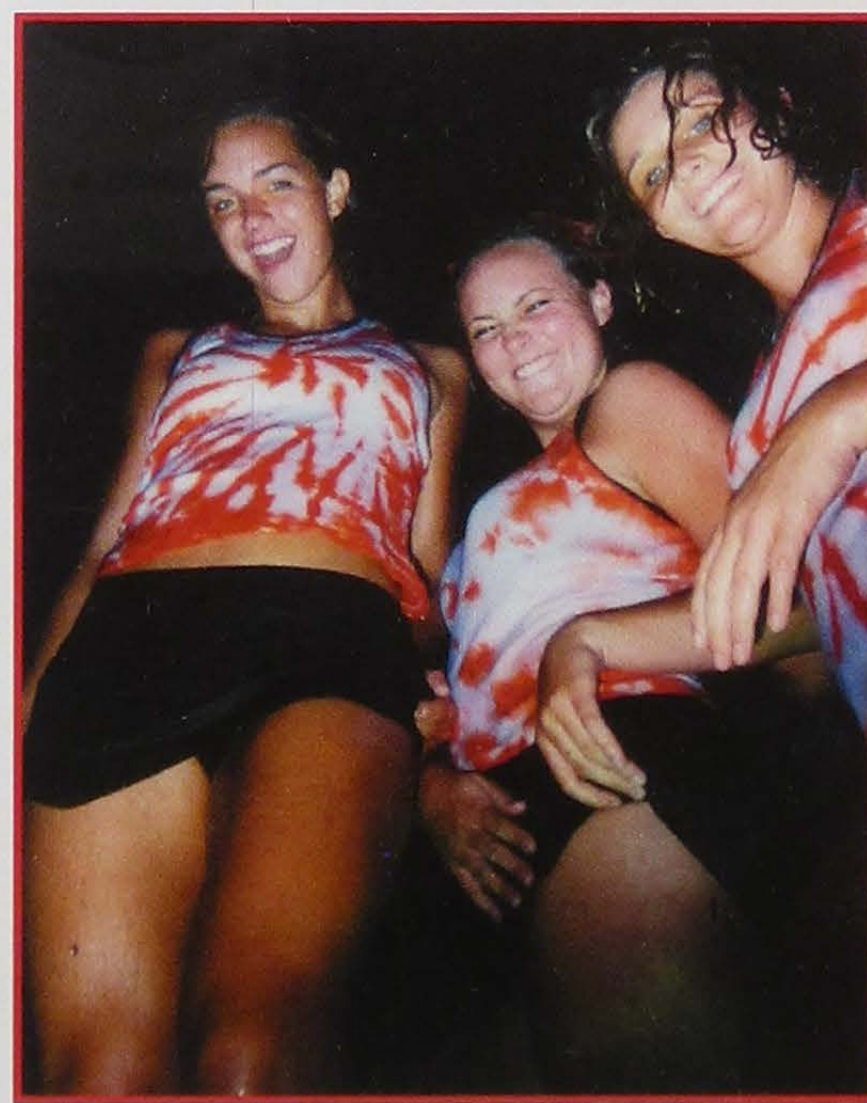


"I went canoeing on the Brule River (in northern Wisconsin)."
-Doorlady **Kristin Burul**

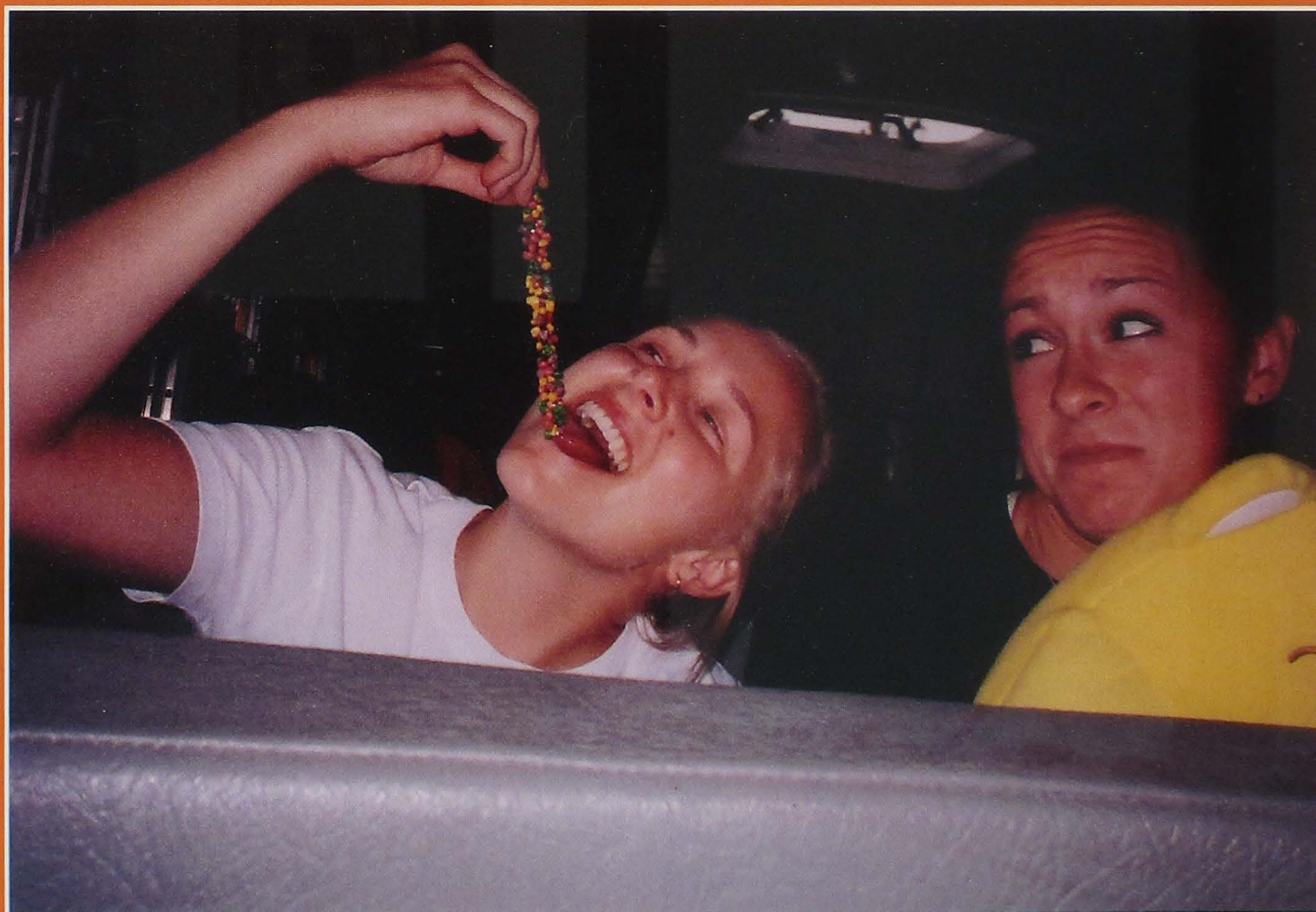


Fly Away With Me- On a trip to Des Moines, juniors **Jennie Bean** and **Kelsey Dunshee** make a random stop at Camp Dodge, an outside display of current technology of airplanes and tanks. They pretended they were planes and caught the attention of many bystanders. (photo by Miranda Eness)

I Saw the Sign- For a fundraising opportunity, Senior Girls' Club members **Rachel Gonzales** and **Alyssa Sturm** "strut their stuff" for a local car wash. Senior Girls' Club had thirty girls show up to help raise money for Winter Formal. (photo by Brooke Strickler)



Gimme a T-O-W-E-L! -Escaping the heat of the UNI dorms, winter cheerleaders senior **Audrey Wiedemeier**, junior **Gabby Tyler**, and junior **Jamie Veale** play in a fountain outside. Spending the day on their feet in the sun, the girls were thankful for a chance to cool down. (photo by Miranda Eness)



1ST QUARTER

Score
Students: 0
School: 180

First Day of School. Families of Ames Celebrating Ethnicities. Fall Cheer. Team Tailgate. Football Games. Bonfire. Cross Country. Black.

White.

leaves.

een.

Treat.

Cheek

Fall.

clones.

in Leaf

Beloit

Day.

Golf.

Swim-

All-

Music

Orange.



Raking

Hallow-

Trick-or-

Parks.

Cheers.

Cy -

Jumping

Piles.

Blue Sky

Boys

Girls

ming.

State

Festival.

Prelimi-

nary Standardized Aptitude Test. Cheer Clinic. Boone Pufferbilly Day

Parade. TP-ing. Pep Rallies. Homecoming Parade. Girls Team Tailgate

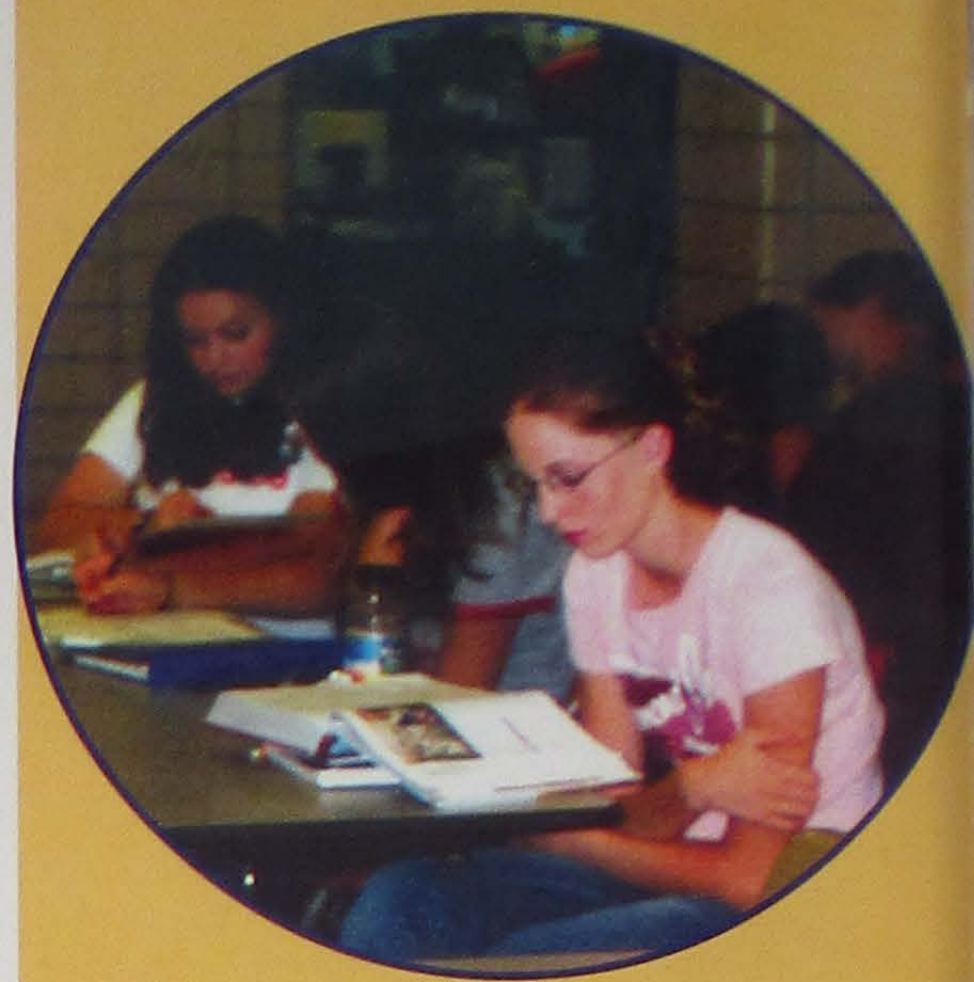
Homecoming Dance. Syllabi. Teachers acting easy before they drop the

motherload. Eating Nerd ropes. Marching Band. Meeting the lowest rung

of the high school. Pep assemblies. This is really happening.



Hackin' It Up- Spending their passing time in the back lobby, seniors **Brett Maysent**, **Mitch Pick**, and **Brandon Chick** engage themselves in a game of hacky sack. Although the back lobby was crowded, these guys found space to play their game. (photo by A. Wiedemeier)



Not Fair- Making the most of their study time, Sophomores **Kimberly Ihle** and **Becca Bean** get the benefit of sitting where they want during studyhall. Due to the loss of the JR/SR room, the only place students had to study was the cafeteria. However, not all students felt the Cafeteria was a privileged place to be. (photo by Rachel Nesbitt)



18.

-Marching Band Workshop

-Freshmen Orientation



19.

-Marching Band Workshop



Suz, Play That Sousaphone- Standing in formation, junior **Susan Raich** and sophomores **Chris Harder** and **Ryan Gibson** learn new music and coordinates amidst the camaraderie of marching band camp. (photo courtesy of Band Boosters)

First Week Focus - On the first day of school, senior **Jessica Polich** attempts to concentrate after a long exciting summer. Although her eyes appear to have glazed over, she created an abundance of beautiful 4-Dimensional art. (photo Audrey Wiedemeier)



To TP; Or Not To TP- Showing off her mad TP skills, senior **Megan Wright** joins in the excitement of decorating the grounds. This Homecoming tradition was nearly banned, but nothing could stop the mighty senior class of 2004. (photo by Audrey Wiedemeier)



Quizitive- Trying to get a better understanding of the 4-D Art "Elements of Design" project, seniors **Tyler Braland**, **Brandon Chick**, and **Ryan Davis** struggle to find the answers to their questions. They were trying to learn how to use a new computer program for their art class. (photo by Audrey Wiedemeier)



Morning Glory - Students awoke to a great surprise Thursday morning after a group of Ames High students decorated the school with large amounts of toilet paper. It was an AHS tradition to redecorate the school grounds at the beginning of every school year. (photo by Emily Cohea)



Drum Major Gets Minor Lesson - Giving a quick lesson on conducting technique, band director **Chris Ewan** shows senior drum major **Jackie Brannan** how to hold her hands. The week of band camp was a time of intensive training both in terms of music and of marching formations. Band Camp, infamous for its heat and long hours, is nevertheless an essential step in the training of band. (photo courtesy of Ames High parent)



20.

-New Student Orientation



21.

-First Day of Classes



22.



23.



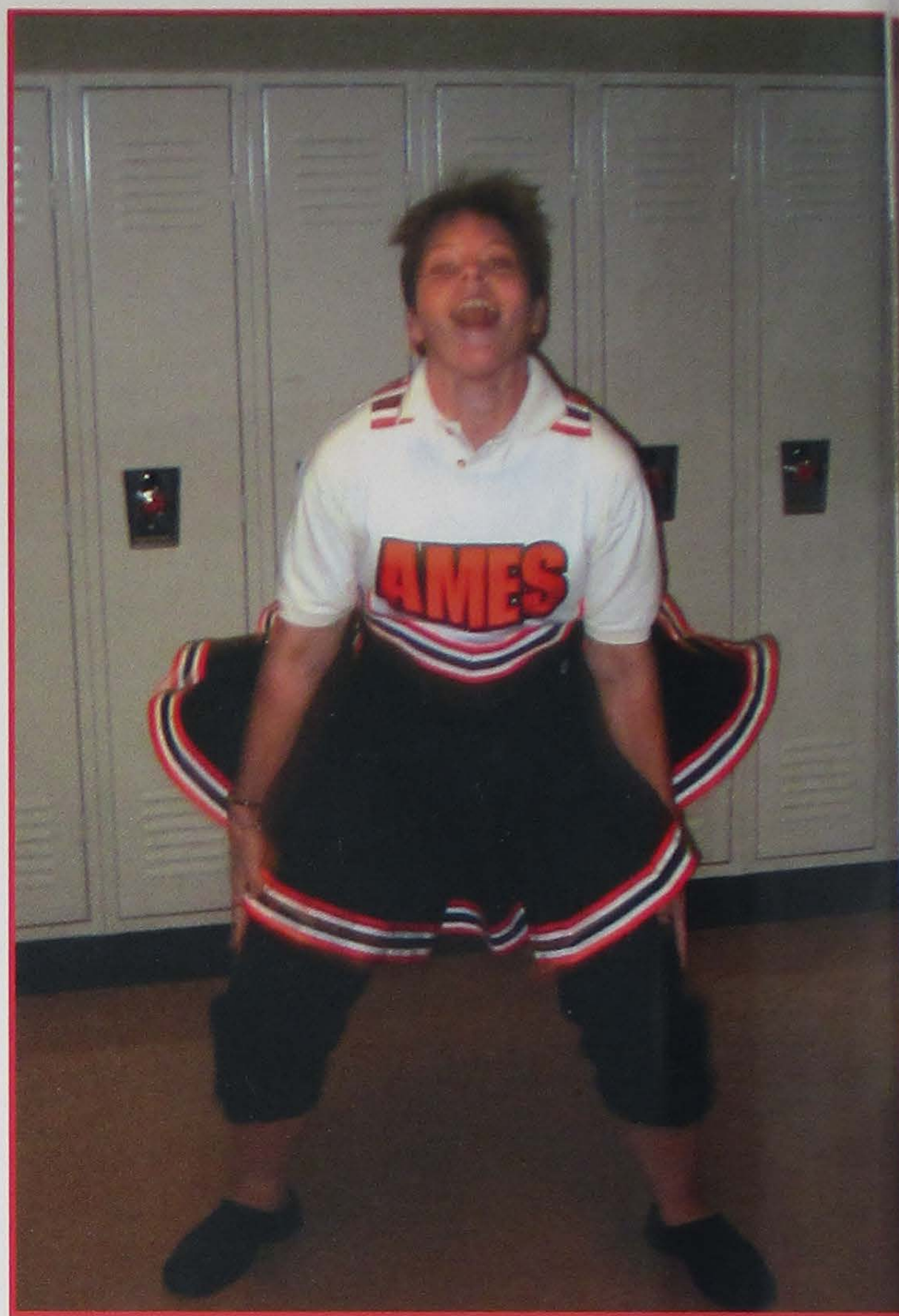
Focus Time- While quietly glancing over her school work, senior **Sarah Hansen** works on her studies. Hansen had a very smooth transition from Summer to school. The year started off slowly, but quickly picked up to full speed for this senior. Her study buddy senior Michael Gill attributed the ease of her transition to her lively attitude. "Sarah Hansen has a lot of spunk!" Gill said. (photo by of Emily Cohea)



Penny Wars- Ames High football players clash in an intersquad scrimmage at the Fall Sports Kickoff. Freshman, sophomore, and varsity football teams scrimmaged, while other fall sports teams were introduced on the sidelines. (Photo by Emily Cohea)



Golfin' Guy- Trying to land back on the green, Sophomore **Andy Wass** chips the ball at a meet in Boone. The Little Cyclones dominated the Boone meet with varsity and junior varsity taking first and second place respectively. (Photo courtesy of Nirmalendu Majumdar/The Tribune)



Spunk, Spirit, and Spanish- Flaunting her extreme Ames Hi spirit, spanish teacher **Jane Jurgenson** jumps through the hallway. Jurgenson was warming up for the pep-assembly later that afternoon. Known for her peppy personality, Jurgenson enjoyed dressing up in the infamous short skirt and playing it up for the crowd. (Photo by Anna Horst)

"Dressing up as a cheerleader rocked; but the jump contest was rigged. Brad Schmidt--you were a cheater in my class and in the jump contest!"

-Jane Jurgenson, Spanish Teacher

August



25.

-B Golf @ Boone



26.

-B Golf DM North



Better Than the Real Thing - Looking to upstage the entire Varsity cheer squad present at the initial pre-game pep rally, senior football player **Brad Schmidt** executes a perfect toe-touch. Schmidt and several other off-camera participants competed in several cheerleading jumps such as toe-touch, side hurdler, and pike. (Photo by Emily Cohea)



Braiding Golden Locks - Taking a break from their pre-game warm-ups, junior **Kaylyn Clark** occupies her hands by braiding the hair of senior **Brooke Strickler**. Varsity cheerleaders arrived forty-five minutes prior to games in order to stretch and prepare for the evening's game. (Photo by Andrea Schliesman)

28.



29.

-Fall Sports Kick-off



30.

-B Golf Fort Dodge Invite



27.



SURVEY

Who would be the best Ames High School mascot?

"Me. Vote for Reece."

-Freshman Reece MacDonald

"Mrs. Bartine--she's the man!"

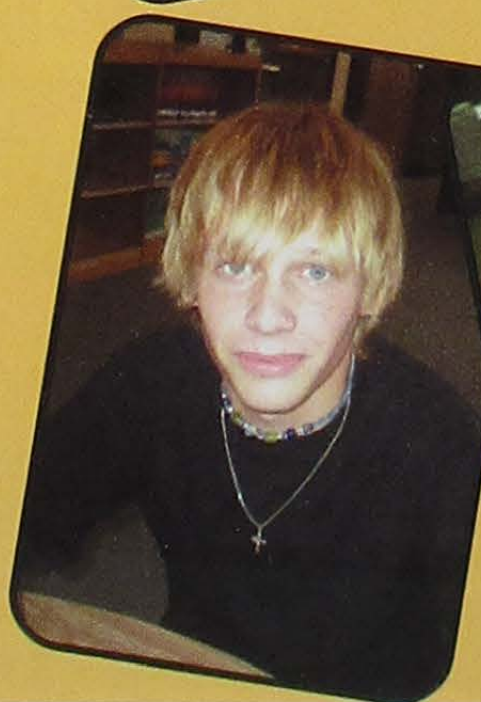
-Sophomore Daniel Schuldies

"A donkey because this school is full of jack**es."

-Junior Andy Novak

"Batman, he doesn't have any real super powers but he has a sweet car."

-Senior Helen Myers



Good Food and Good Friends- senior Caitlyn Knuth and junior Marit Place enjoy dinner at Chili's after the State Competition.



Rock Stars- Senior Jackie McEacheran smiles and relaxes after her state cheer competition.



3. First Team Tailgate meeting.

Cheer!

"I don't have a random quote. Wow, people are going to read this and think I'm really intellectual or something."
 – Senior Candy Huffman

– Junior Ethan Little



September



1.
 -Labor Day--No School



2.
 -VB DM North 9/ JV/V
 -B Golf @ Roosevelt
 -G Swim DM North JV/V

A Hot Race- After the Boy's Varsity Cross Country race, junior **John Gilarski** cools down. "We have high hopes for state and want to place in the top four teams this year," Gilarski said. (Photo by Andrea Schliesman)



Take a Hike- In the season opener, the Varsity football team lines up against South East Polk. "Beating South East Polk was a great win, and a good way to start out the season," senior **Brett Maysent** said. "We lost to them last year and this was the best way to pay them back." (Photo by Emily Cohea)

4.
-B/G CC Little
Cyclone Invite



5.
-FB V SE Polk



6.
-VB Ames Invite

-Pufferbilly Days
Parade



Early Morning Energy- The Varsity Cheersquad poses on Saturday morning before they take off for the state competition. "I'm so cold!" senior Alyssa Sturm yelled just as the picture was being taken. The girls met at the high school at 8 am, practiced for about an hour, and then departed for Cedar Falls. (photo courtesy of Andrea Schliesman.)

Left Right Left- Pounding the drums, blowing the horns, and keeping in step, senior **Nathaniel Oster** and junior **Kyle Uhlmeier** struts their stuff during the Pufferbilly Days parade. "I will say nothing of a band mafia, and Ted smells," Oster said when asked about band. (Photo by Emily Cohea)



State Cheer

Cheerleaders have an inspiring season
Story by Ryan Guffy

For all of high school, fall sports have been dominated by the football team. Little attention is paid to the other sports that require just as much skill, practice, and team work. Such lack of attention has inspired SPIRIT to take interest in one such sport, the Ames High Cheer Squad.

The Cheer Squad opened their season with the first home football game against South East Polk high school. They incorporated many new cheers into their routine, enhancing the performance of the cheer leaders.

"We've done a lot this year to take cheerleading to a whole other level," cheer coach **Allison Diblasi** said. "We've done a lot of running, conditioning, and a lot of team building this year."

"We had a weight program this year that worked on getting the girls stronger so they could do more difficult stunts," she continued.

"Some of our goals this year have been to work beyond the stereotypes that people have of cheerleaders," Diblasi said. "We have been working to become better role models for the entire student body."

The cheerleaders have been getting help from the crowd this year, making their job

of leading cheers a lot easier.

"The crowd really responds to us well, especially Team Tailgate," senior cheer leader **Ashley Ward** said. "It makes our job so much easier when the fans are already pumped up for a big game."

The fans also notice the difference in the cheerleading this year.

"The cheerleaders are doing a lot more cool stunts this year and they really try to incorporate the crowd into the game," senior tailgater **Gabriel Antonio Wilhelm Arato-Smidt** said. "Plus, they are really entertaining to watch."

The most important group that notices the change in the cheer leading is the football team.

"I think the cheerleaders are leading the crowd really well," senior defensive tackle **Wesley Norris** said. "They get the crowd pumped up going and the crowd pumps us up."

The Cheerleaders accomplished their team goal of finishing in the top five at the state competition in the 4A division.

"Finishing fifth was a good way to bring the season to a close after all the hard work we put in," senior cheerleader **Brooke Strickler** said. "We gained a lot this year through companionship and team spirit."

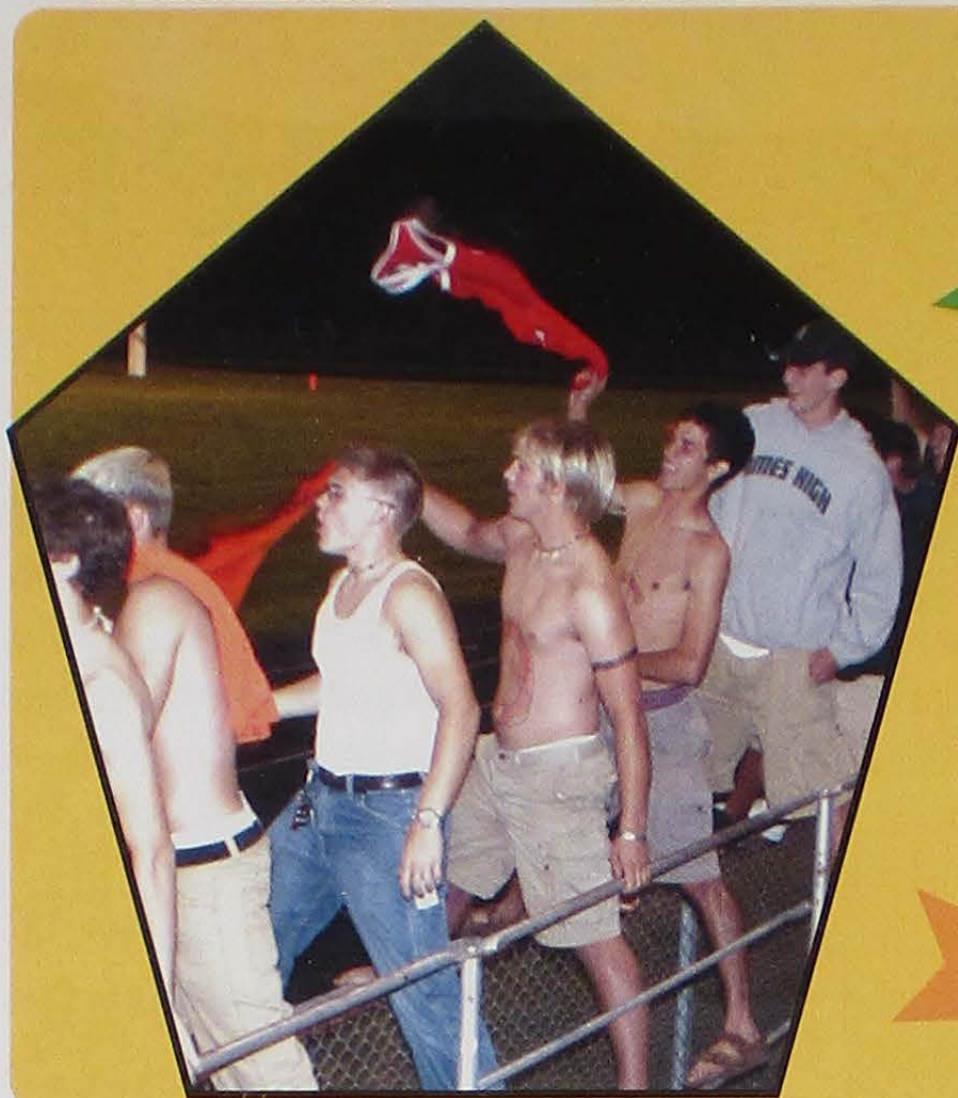
September



8.
-FB JV Boone



9.
-VB @ DM
Roosevelt 9/JV/V
-B Golf @ Boone
JV/V
-G Swim @ DM
Roosevelt JV/V
-AHS Open House

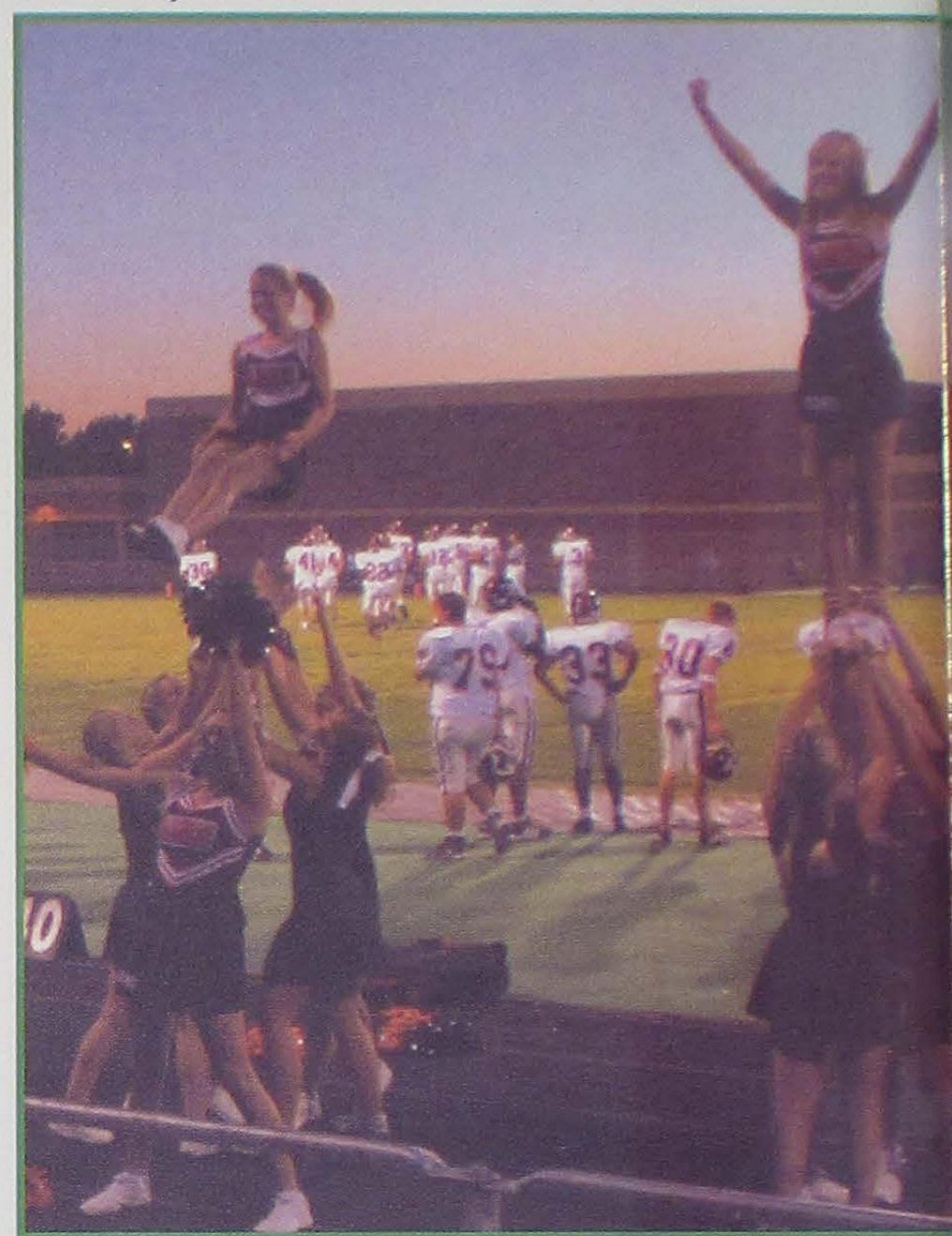


Loud and Proud- Cheer-
ing on the Var-
sity football
team against
Council Bluffs,
upper class
Team Tailgate
students show
their spirit by
braving the
frigid night air
bare-chested.
(Photo by
Miranda Eness)

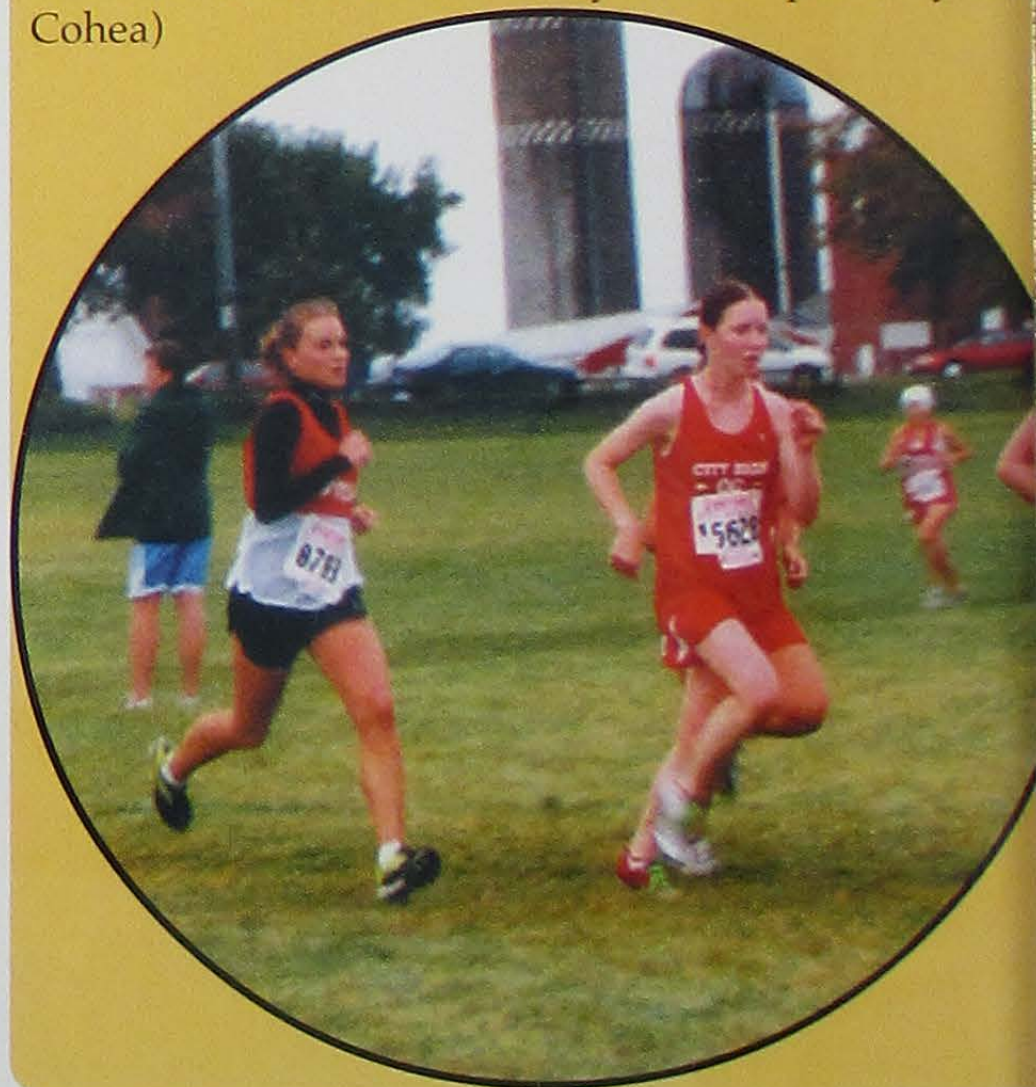
Huddle Up- Gearing up for the game, the Varsity football team prepares itself for kickoff against Council Bluffs. Ames made an exciting comeback in the last minutes of the game by scoring a touchdown, but the extra point was deflected and Ames lost by one point. (photo by Miranda Eness)



Free Falling- Trust is a must as Varsity cheerleaders catch senior flyers **Brooke Strickler** and **Rachel Gonzales** as they cradle from two awesomes. Remember, trust is a must. "When stunting, everyone has to give it their all for the stunt to stick," Gonzales says. (Photo by Miranda Eness)



Speed Demon- Senior **Traci Hawley** closes in on opponent to finish in one of the top positions. The Girls Cross Country was competing against host Cedar Rapids at the Iowa State cross country course. (photo by Emily Cohea)

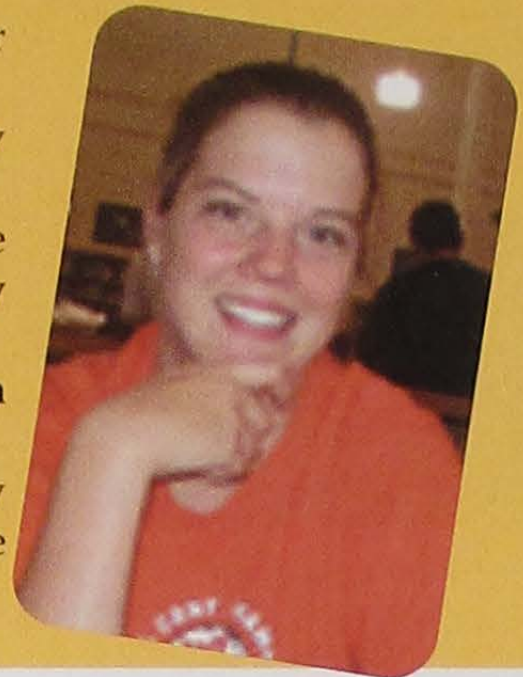


September 11th Reflections



- 1) "I'm glad that we have started to pay attention to world issues more." -Senior **Maureen Petersen**
- 2) "It has brought out too much patriotism." -Senior **Nathaniel Oster**
- 3) "I'm more worried about going on airplanes. You don't know what to expect anymore." - Sophomore **Brooke Kvach**
- 4) "People tend to notice me more when I enter a room because of my skin color." -Junior **Kaci Chandra**
- 5) "It caused the country to focus a lot more on its own defense." -Senior **Andrew Miller**

- 6) "I think it's really disappointing that our country has to prove its power by going to war." -Junior **Sarah Hanson**
- 7) "I spend a lot more time with my family. It makes me think of how lucky I am." -Sophomore **Megan Pearson**
- 8) "Through all of history, we've helped other countries no matter the relations. Now it seems that no one wants to help us." -Junior **Becky LeCount**
- 9) "I think it's proven that we can stand up for ourselves." -Junior **Alyssa Bergman**
- 10) "My uncle was in New York. His house was two to three blocks away from the World Trade Center. I worry about him and I also think twice about my actions." -Freshman **Joe Thien**



10.

11.

-VB @ Johnston 9/
10/JV
-B/G CC Cedar
Rapids
-FB 10 @ DM East
-FB 9 DM East



12.

-FB V @ Council
Bluffs



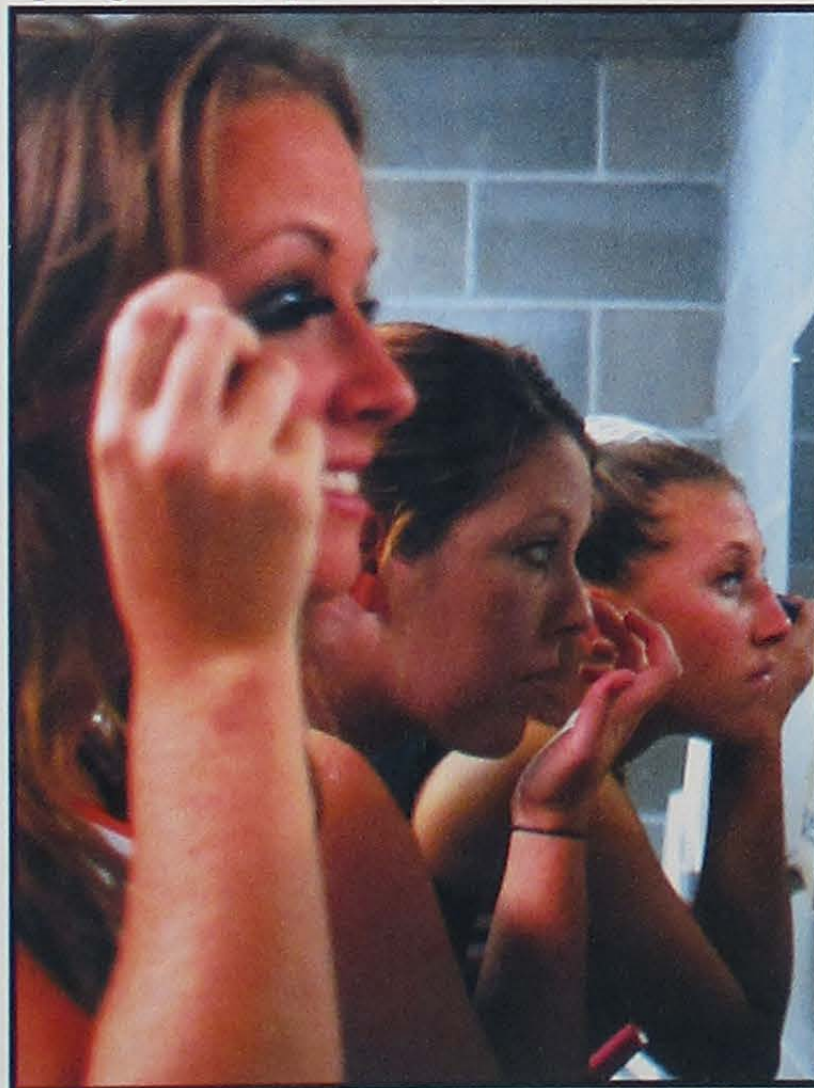
13.

-VB @ DM North
Invite
-VB 9 Urbandale
Invite
-G Swim Ames
Invite

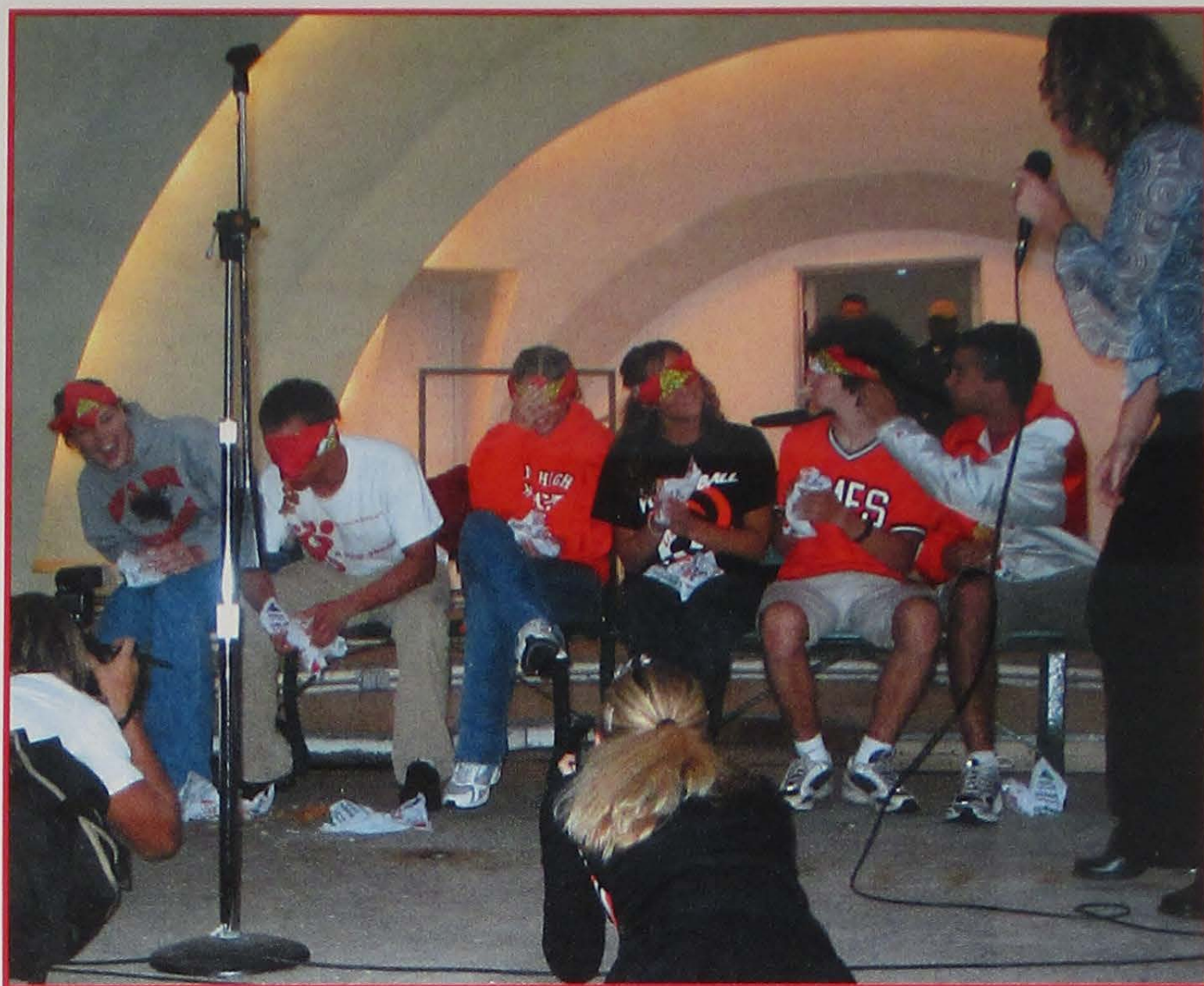


in a Swinger, Baby- Lining up his putt, sophomore **Ryan Dougherty** rolls one straight and true. Dougherty was one of the new underclassman who made varsity. The younger members contributed to the golf team's winning season. (photo by The Ames Tribune)

Primping It Up- Doing some last minute touch-ups, senior Varsity members **Alyssa Sturm, Ashley Ward, and Ronna Belz** get dolled up before they perform. Varsity cheerleaders got ready for the big game against Council Bluffs by doing their hair and make-up together. (photo by Brooke Strickler)



Swim or Dive- Showing excellent form, freshman **Alyse Wandling** swims the 100-meter butterfly at the Ames Invite. The swim team worked hard all season by having practices before and after school six times a week to prepare for their meets. (photo by Elizabeth Wandling)



Taco Time- Attacking as many tacos as possible, senior captain **Brad Schmidt** wins by being the only contestant to leave his blindfold on his face. Schmidt ended up eating four full tacos in a matter of seconds, leaving the audience awe-struck and a little sick. (photo by Brooke Strickler)



What Time Is It?- Cuddled up in a ball wearing close to nothing, senior **Aviv Luban** is caught by the the coronation committee. Luban was not expecting to find seven girls in his room at 3:00 a.m. and was very confused as to why the committee was there to wake him up. Yet, his confusion was soon turned to joy when he learned he was on the Homecoming court. (photo by Rachel Nesbitt)

September

15.

-B Golf V @ Valley
Invite
-Homecoming
Parade

16. / 17.

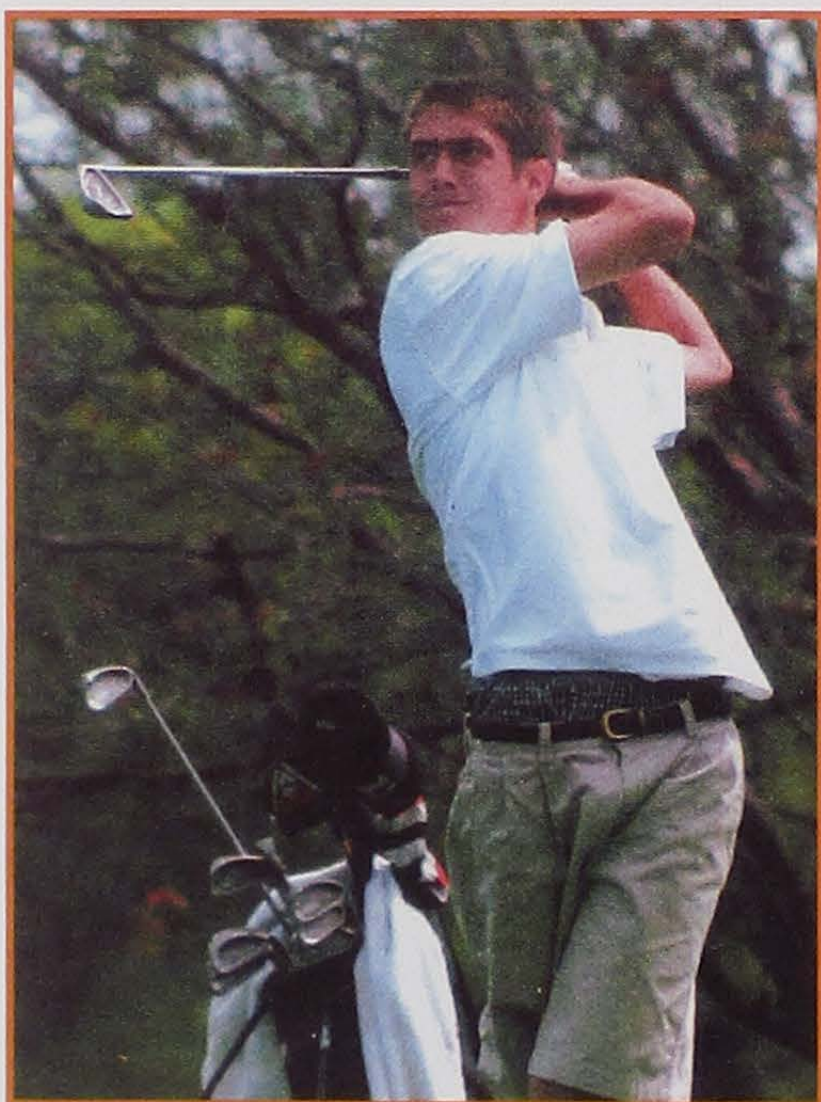
-VB 9/10/JV/V
Ottumwa
-G Swim JV/V
Ottumwa
-Homecoming
Grill-Out

18.

-B/G CC Ames Invite
-FB 10 @ DM North
-FB 9 DM North
-Homecoming
Squares
-Homecoming Bonfire

19.

-B Golf @
Marshalltown
Invite
-FB V Sioux City
East



Forget Laying up...- With a bold, confident swing, senior **Nick Dekovic** drives the ball deep onto the fairway. The boy's golf team had a solid season and advanced all the way to the District Tournament. (photo courtesy of Chuck Dekovic)

Dina, Won't You Blow Your Horn- Stepping in time, members of the Ames High Marching Band join in the annual homecoming parade downtown. The sousaphone section decorated their horns with streamers and confetti to show their Fiesta spirit. (photo by Shannon McCormick)



Liz Is On Fire- In a step of faith, senior **Liz Wandling** volunteers for an experiment in chemistry class while teacher **Aileen Sullivan** sets her on fire. Many students enjoyed the combination of exploding chemicals and bold drama during this popular lab project. (photo by Andrea Schliesman)



Dan The Man- Serenading his queen, senior **Dan McClanahan** matters senior **Emily Tuttle** in a very romantic act at the homecoming assembly. Dan was the subject of countless woos from all of the high school girls. "Dan is a hero to all men around the world," senior John Ell said. (photo by Brooke Strickler)



Amateur Axl- Demonstrating to all the power of one, senior **John Obrycki** performs for his fellow students the last song of the night for the Homecoming dance. Obrycki belted "Paradise City" in tribute to his favorite band, Guns 'n' Roses. (photo by Meg Wade)

20.

-B Golf Ames Invite
-VB @ Fort Dodge
Invite
-VB JV @ Gilbert
Invite

Rollin' with the Homies- Getting ready for the amazing experience of TPing the senior football players houses during homecoming week, senior **Erin Thatcher** distributes toilet paper rolls to juniors **Kaylyn Clark**, **Rachel Nesbitt**, and **Melanie Wanzak**. Their experience was a thrill until they heard the sirens go off while they were TPing a house. Nevertheless, these good girls were frantic. The night sure had a dramatic ending! (photo by Rachel Nesbitt)



Crowning Queen Tut- Getting crowned as homecoming queen, senior **Emily Tuttle** was thrilled about the honor bestowed upon her. Ames High students were excited to see that Tuttle took the title of homecoming queen. "It was definitely a surprise and it was a really fun week. We had lots of laughs," Tuttle proclaimed. (photo by Brooke Strickler)



Homecoming

Fiesta Celebration 2003



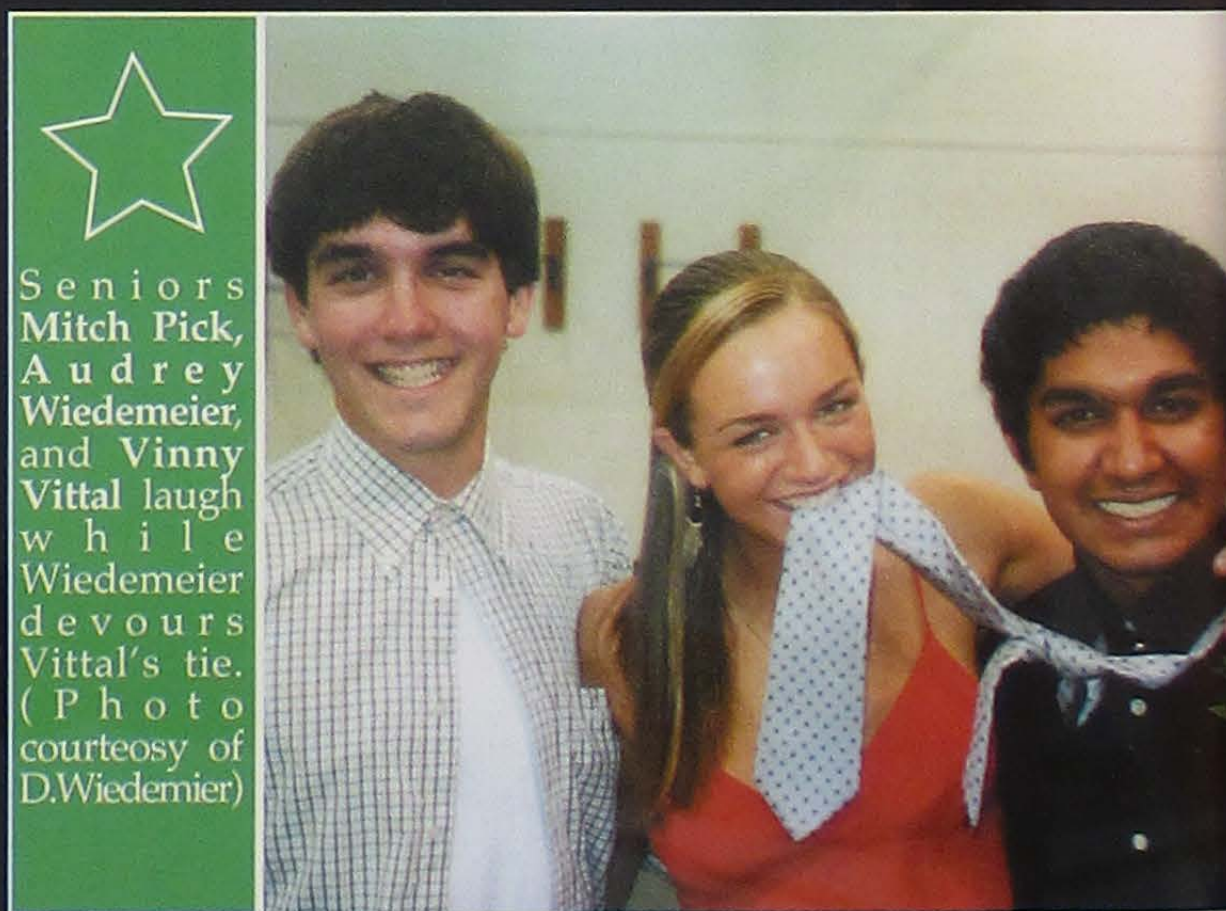
Shake That Thang - Shaking to the music, freshmen **Jennifer Compton** and **Annie Wade** experience their first homecoming dance. "I had a blast at my first homecoming. The fiesta was great, except the mega-long slow songs." Wade said. (Photo by Meg Wade)



Don't Play With Fire! - Debating which new table to pick at Burger King, senior **Jackie Brannan** and junior **Lindsey Adams** share a smile. Previously, the girls had lit candles at another table, only to have items catch on fire! (Photo by Miranda Eness)



Buckin' Bronco - With child-like innocence, senior **Nadia Hashemi-Toroghi** rides a rocking horse. (Photo by Jess Fickbohm)



Seniors Mitch Pick, Audrey Wiedemeier, and Vinny Vittal laugh while Wiedemeier devours Vittal's tie. (Photo courtesy of D.Wiedemeier)



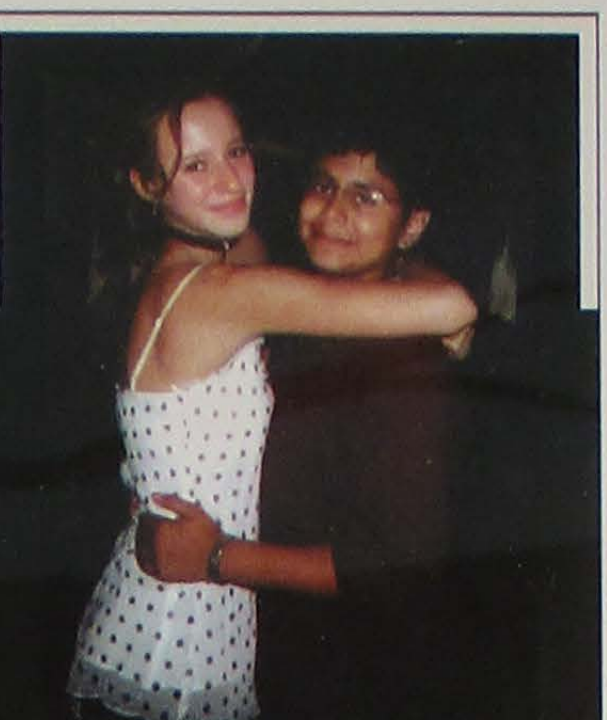
"Hmmm, yes, that was an interesting experience. I love showing off my incredible dancing skills in front of a large group of people." Senior Nadia Hashemi-Toroghi



"Homecoming was fun even though I didn't have a date, instead I just stole other people's dates. *Evil laugh* mwahahahaha." Sophomore Olivia Langenberg



"Oooh wow...I can't believe I did that! Needless to say I won't be spending any more time in the break-dance circle. Overall homecoming was awesome." Senior Ashley Tucker



"My first homecoming dance rocked...except for when they played four slow songs in a row and I was stuck with this guy! Just kidding..." Freshman Melissa Baughman



Senior Spirit Editor Emily Cohea poses with her little sister, freshman Elizabeth Cohea. (Photo courtesy of Emily Cohea)



Senior boys pose for a picture at Homecoming. "It was really fun. Yeah," said senior Mitch Pick. (Photo by A. Wiedemeier)

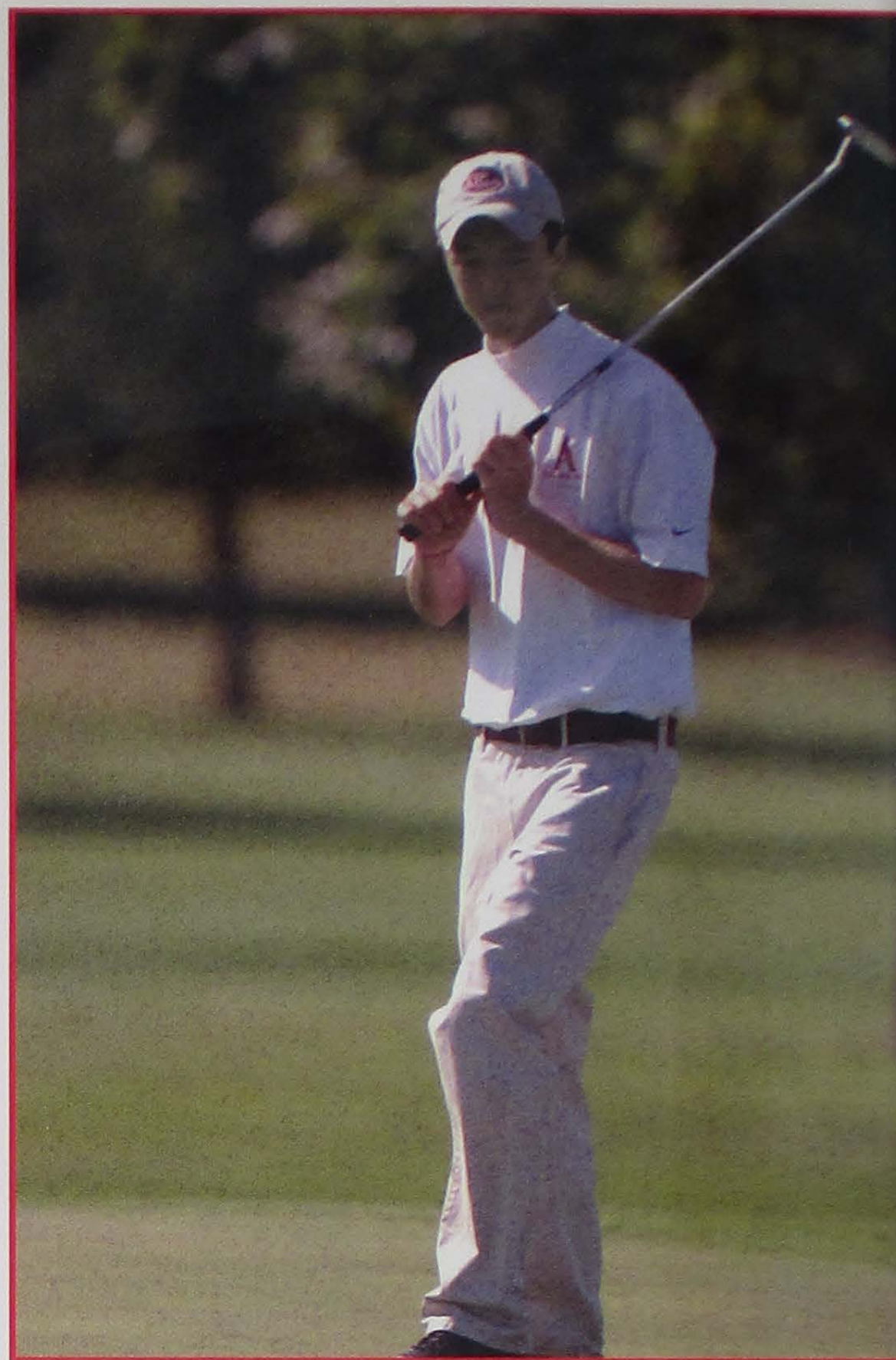


Chillin' Chicas - Kneeling behind a humongously gigantic sombrero, seniors Emily Tuttle, Lisa Catus, Laura Kim, and Jackie Brannan pose for a professional picture. "We went STAG, so it was fun--NOT," Kim said. "I had a fun, fantastic night. It was as magical and fulfilling as I can ever imagine." (Photo by Miranda Eness)





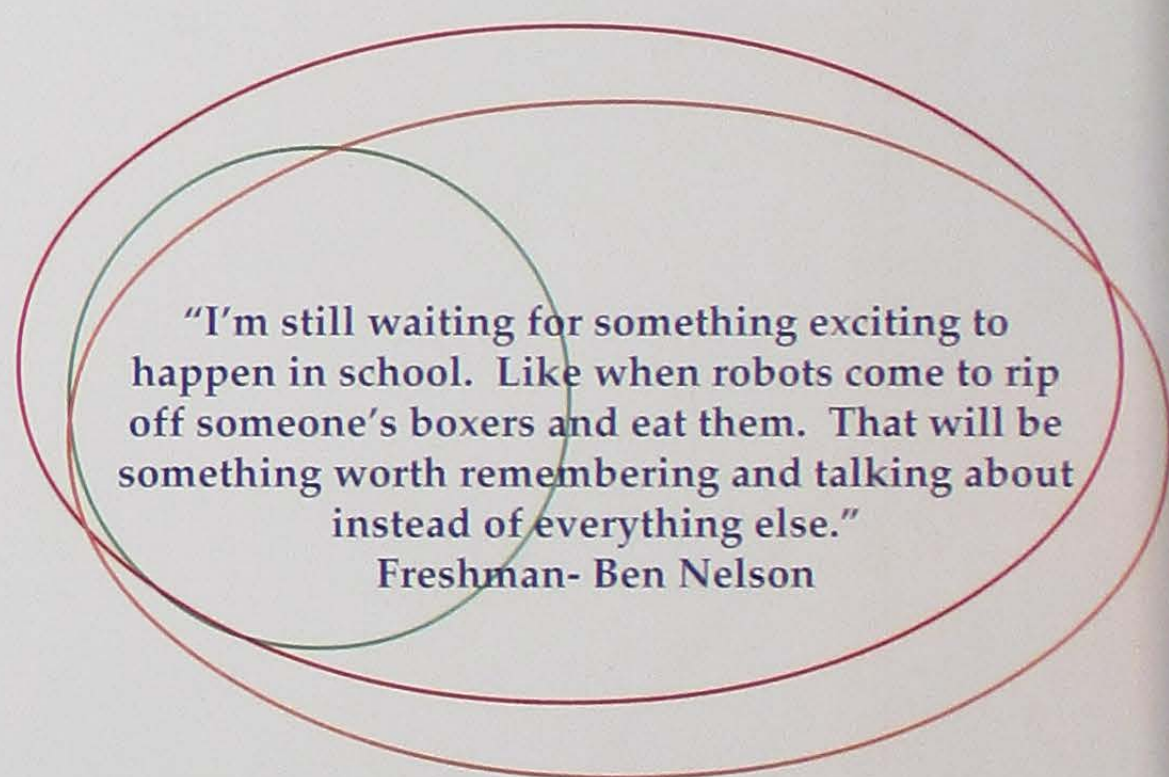
Huddle Up- Trying to pump themselves up, the Ames High Volleyball team comes together before their match against Newton. The team won their match. (Photo courtesy of Sarah Klinkel)



Follow Through- Watching his putt, sophomore **Andy Herri** shoots for birdie at the golf meet in Mason City. (Photo by Am Tribune/Nirmalendu Majumdar)



Using Study Hall Wisely- Socializing during a free period in the court yard on a nice fall day, senior **Matt Secrist** looks on as seniors **Emily Shehorn, David Prater, Eric McDonald,** and friends catch up on homework. (Photo by Emily Cohea)



22.

-FB JV @ Valley



23.

-VB 9/10/JV/V
Newton
-G Swim JV/V
Newton
-FB 10 Urbandale



Just Like a Butterfly- Sucking in air, senior swimmer **Jennifer Coles** swims the butterfly in the 200 individual medley in the Newton/Ames meet. "It's so painful to swim the the 200 IM," Coles said. "Your muscles are burning the entire time." (Photo by Andrea Schliesman)



Here's the Plan, Man- Discussing strategy, junior cross country runner **Lucas Warth** talks to junior **Mat Clark** during the Boy's Cross Country meet at the Indianola Invite. "Running is much more entertaining when it's so wet and cold that you're numb and can't feel anything," Warth said. (Photo by Andrea Schliesman)

25.

-B Golf JV @ Mason City
-B/G CC @ Indianola Invite



26.

-FB 9/V @ DM Hoover



27.

-VB @ Boone Invite
-B Golf V Mason City



SURVEY

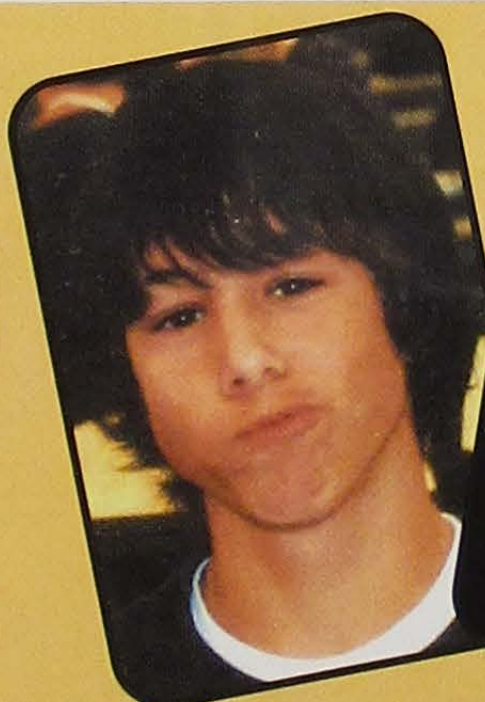
Who has the hottest mom in Ames High?

"Alex Mashoff's mom is just a hot 35 year old. She has it going on."
-Freshman Danny Haugo

"John Stark has the hottest mom. Look at her, she's blazing!"
-Sophomore Joe Folkman

"D.J. Stickfort's mom is so hot, OoOoOo."
-Junior John Gilarski

"Sunanda Vittal, because it pisses Vinny off."
-Senior Luke Chittenden



Jane Vu likes to spend her time making scarves and bettering her crochet skills.



Amanda Hinderks wants to learn how to crochet like many other high school students.



Crochet Craze!

October 1.

-Senior Class Group Picture



The squirrels in my yard are demon possessed this time of year. Like, the other day, I was walking down my driveway and this squirrel started squealing at me and throwing acorns at my head. It was totally freaky.

-Junior Anna Horst

September



29.

-VB 9/10/JV/
M'Town
-B Golf 9/JV/V
Newton
-FB JV @ M'Town



30.

-VB 10/JV/V @
Valley
-VB 9 @ Valley
Southwoods
-G Swim JV/V @
Valley

Free-for-All in Front of City Hall- Performing a free concert for the FACES festival, the band Forte wows its audience in front of City Hall. Members of Forte included senior **Andy Lamont**, **Tyler Barrett**, and graduate **Adolfo Ninaquispe**. (photo courtesy of Tyler Barrett)



Hair-Raising Experience- Trying to deaden the nervous anticipation of waiting for their game against rival Valley, Senior **Christe Calentine** styles sophomore **Melissa Banks'** hair in an attention grabbing fashion. Ames went on to a 25-12 win against the Tiger. "We killed them," junior **Jaime Dye** said about the game. (photo courtesy of Christen Calentine)

2.

-B Golf Iowa Conf
@ Fort Dodge
-B/G CC @
Ankeny Invite
-FB 9 @ Valley



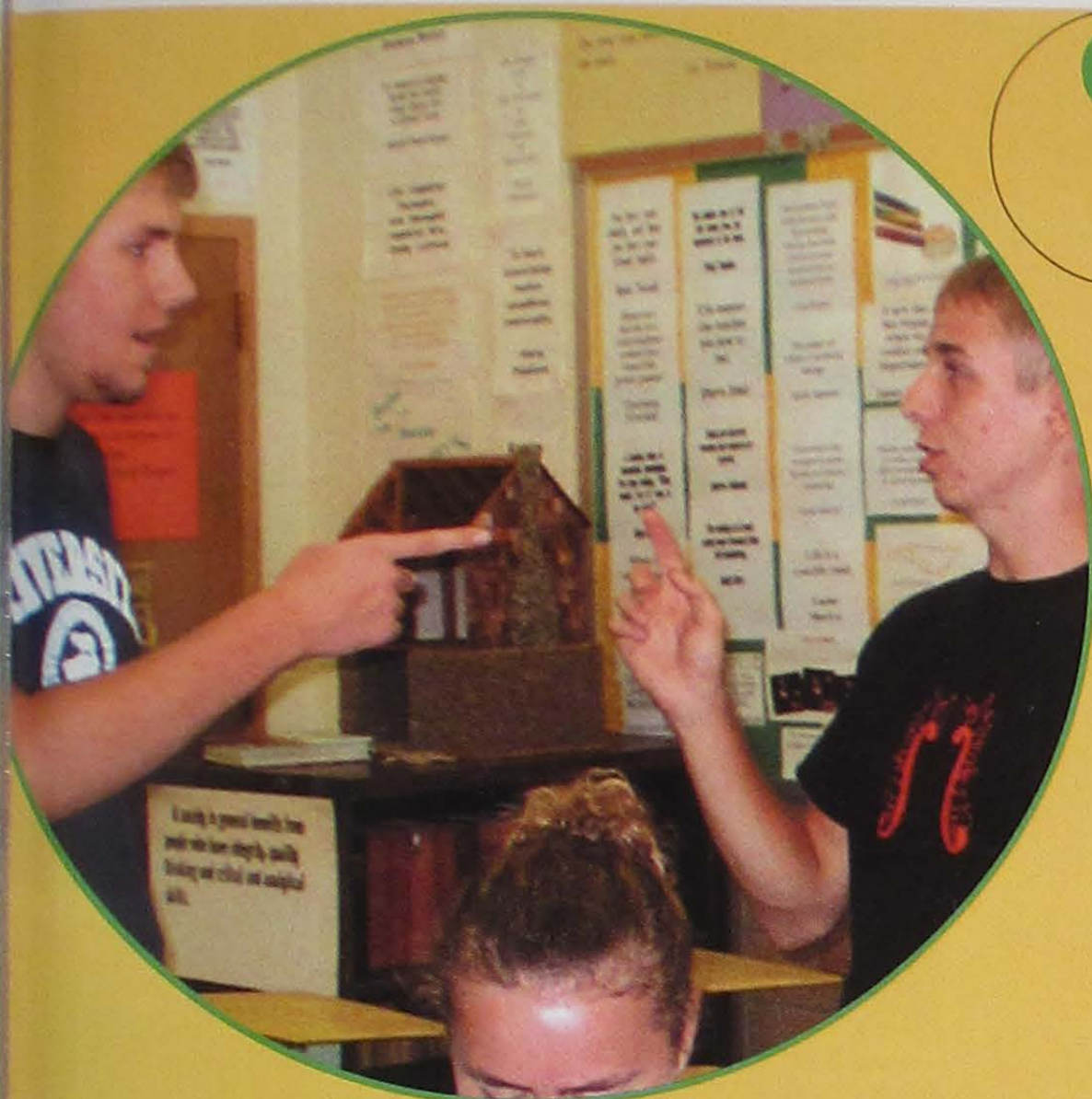
3.

-FB 10/V Valley



4.

-VB @ Urbandale
Invite
-B Golf V @
Ottumwa



Draw Your Needles- Play-fighting during the club's weekly meeting, Seniors Crochet Club members **Andrew Miller** and **Will Woods** have a duel with their crochet needles. Crazy events happened every week at crochet club along with teaching others how to crochet. (photo by Anna Horst)

Shirts Off to Ames- Showing their school spirit, Team Tailgate members seniors **Tyler Barrett**, **Gaby Arato-Smidt**, **Steve Volcko**, and **Ben Staniforth** spell AMES out on their chests for the game against Valley. "Gaby has the harriest nipples I've ever seen!" Volcko said. (photo by Elizabeth Wandling)



Conform to Crochet

Story by Miranda Eness

It's almost impossible to walk down the halls or go to a class this year without seeing a student with long protruding needles sticking out of their bag. No, these aren't used as dangerous weapons, drug paraphernalia, or anything of the sort. These needles are used for one ultimate purpose: crocheting.

Crocheting has been taking the halls of Ames High by storm. Instead of buying clothing at stores, students have been making their own.

Junior **Jane Vu** enjoys making scarves in her classtime and freetime. "It's nice to know that I don't have to rely on stores to provide my need for scarves. I can make my own!" Vu spends at least fifteen hours on each scarf she makes. Although making scarves takes a lot of time, she claims that having the finished product is well worth it.

The most popular items to crochet are scarves, mittens and hats, which are all useful items for fighting the chilly weather. However, almost anything can be crocheted. "I made a purple pillow," junior **Amanda Keller** said. "It makes me happy." Other items that students have come up with include blankets, purses, and even sweaters. "When it comes right down to it, I want to learn how to crochet more things because it looks cool," **Amanda Hinkderks** said.

Crocheting is not just an independent hobby. There is even a club for this fast-paced finger moving sport. Crochet Club, which started a couple of years ago, has a large following with at least 12 core members and more new members all the time. The club meets every Tuesday after school in English teacher Mr. Forssman's room. The club is lead by co-co-co presidents seniors **Meghan Dilks**, **Stephanie Nelson**, and **Christina McClelland**. At meetings, members get together to have fun, show off their new items, listen to great music, and even teach how to crochet and of course, crochet themselves. "Everyone comes and wants to learn how to crochet. It's fun to teach them," Co-president **Meghan Dilks** said. "It's a big group learning process. Cooperative learning is the best."

Crocheting is not just a female-dominated hobby; it is not unusual to see males taking up the needles and yarn trend. Two key members of crochet club are **Andrew Miller** and **Will Woods**, who attend the meetings regularly. Anyone can enjoy crocheting no matter what gender or age. "It's fun. It's soothing. It's easy," Dilks said.

So if the troublesome life at Ames High is stressing you out beyond your body's capability and you can find no way to escape, pick up some needles and yarn and do the impossible, crochet!

October



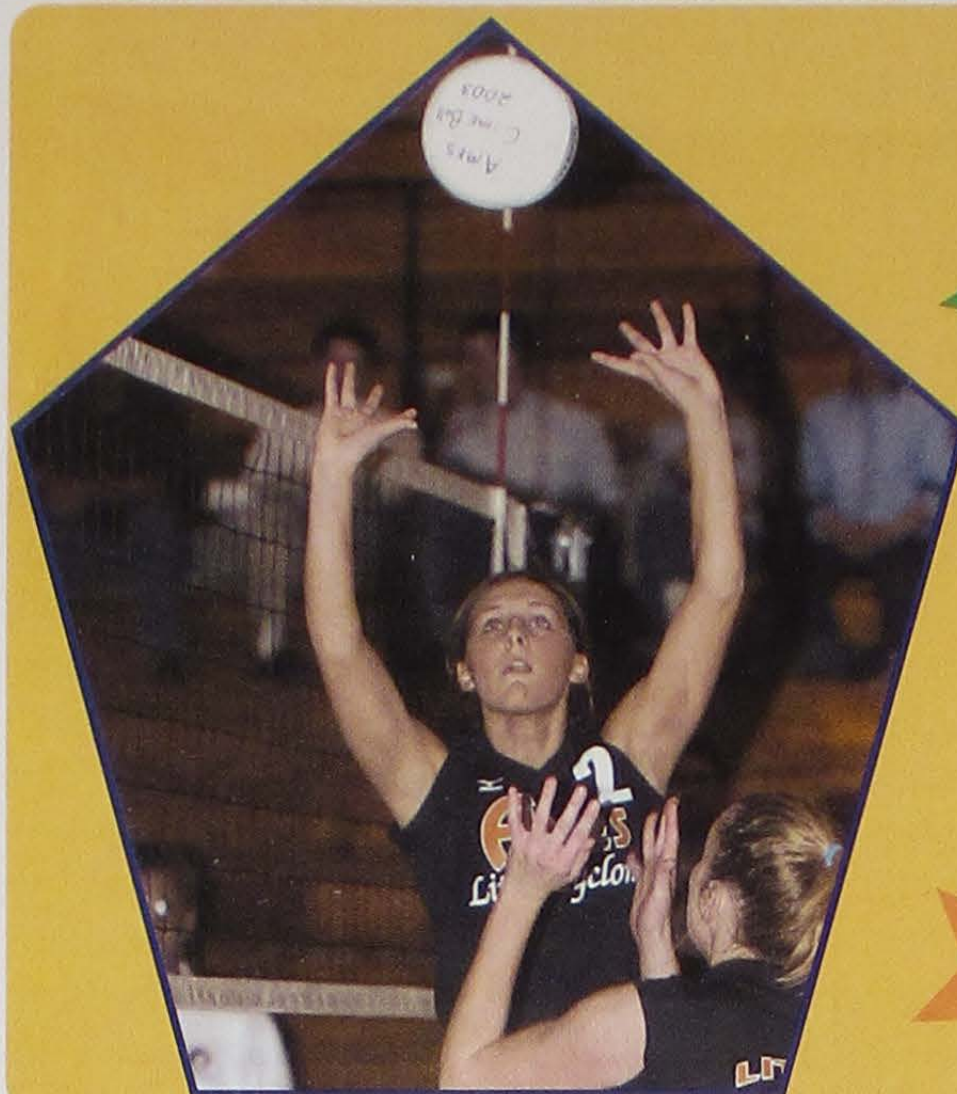
6.

-FB JV Fort Dodge



7.

-VB 9/10/JV/V @
Mason City
-B Golf District
-G Swim Jv/V @
Mason City



Set It- Gently lofting a perfect "4" set, Senior **Kara Drzycimski** grabs another assist as senior **Dani Stoops** records a kill. The team went on to become All Conference champs. (photo courtesy Nirmalendu Majumdar / the Ames Tribune)

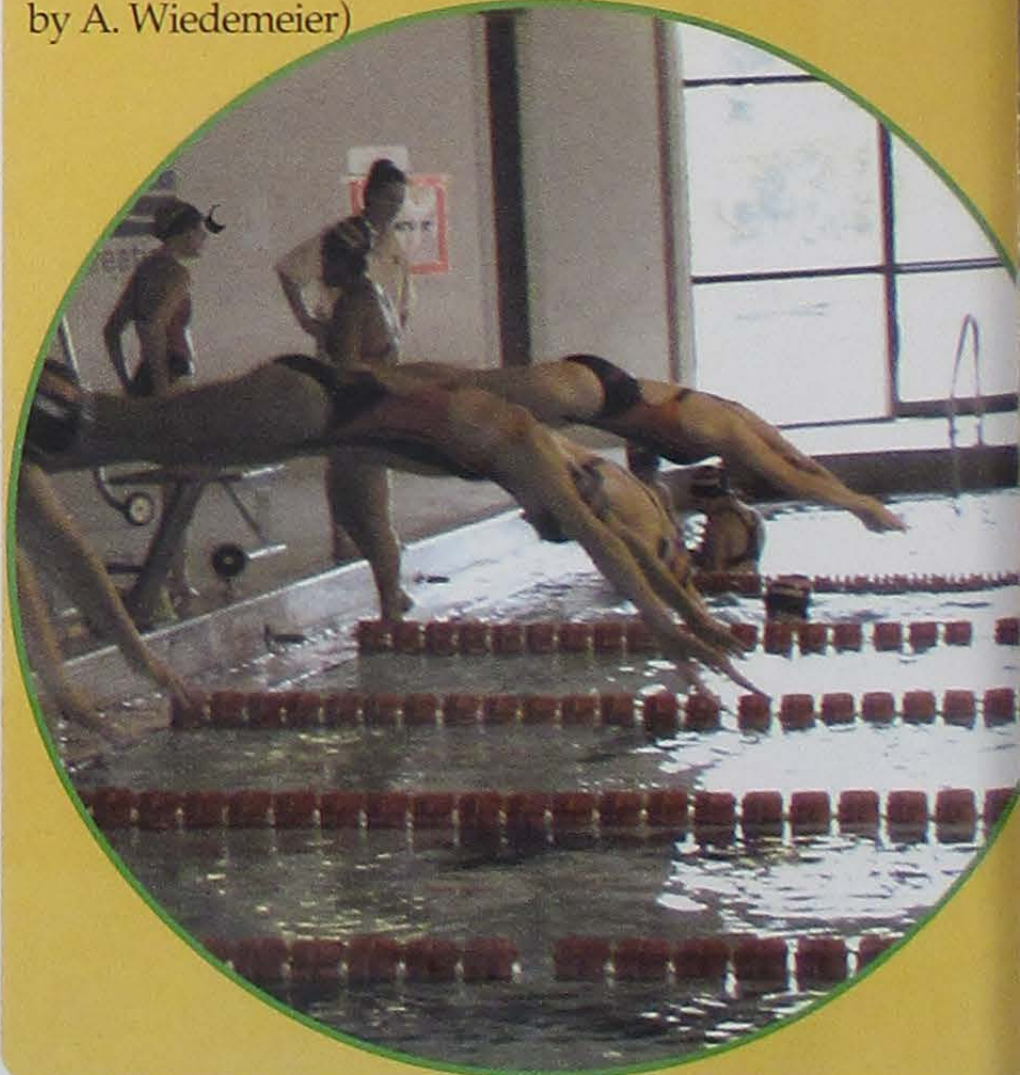
Heat it Up- Watching to see if their meal is finished cooking, Senior Team Tailgate members **Nick DeKovic** and **Joel Harris** prepare to feast. Before games, Team Tailgate members could often be found tossing a frisbee around or playing pick-up football in the parking lot. Their traditions have become intertwined with those of the football team. (photo by Brooke Strickler)

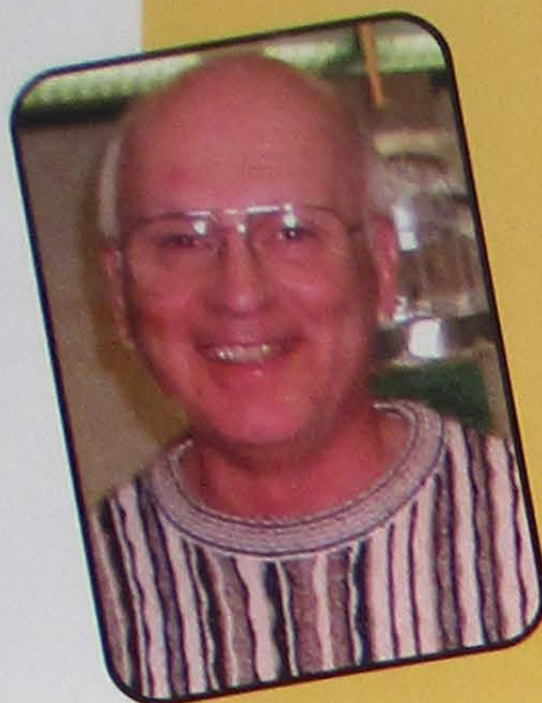


Drumline Dudes- Playing a favorite cadence of the bass drum, senior **Thomas White** leads the crowd with "Funky Groove" after first quarter. "Thomas White is a man of action and mystery," junior **David Manu** said. (Photo courtesy of Band Boosters)



Dive! Dive! Warming up for a swim meet, senior **Collin Armstrong** prepares to beat Boone. "One time I swam whole race only to find out that someone had false started, and I had to swim the race all over again," Armstrong said. (Photo by A. Wiedemeier)





Top 10 Happiest Faces at AHS

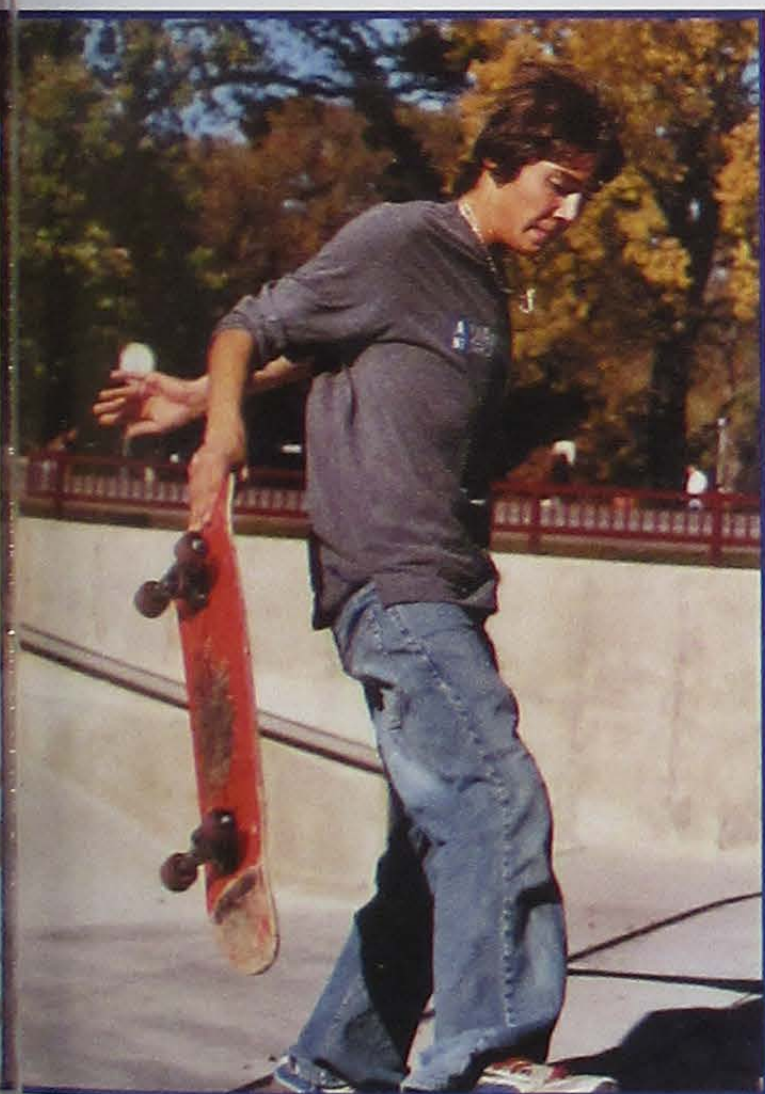
- 1) "Emily Tuttle, because you don't even have to see her but you can feel how happy she is over the intercom."-- Junior Julie Larson
- 2) "Mr. Forssman, because he sees gold in everything we do."-- Junior Ben Jackson
- 3) "Mrs. Horner, because she has never met a student she doesn't like."-- Teacher Al Jerdee
- 4) "Brad Schmidt, because he sang to me the first 2 weeks of school."-- Teacher Mrs. Burbul
- 5) "Wendy Reger, because she never looks at the negative and she is an inspiration to us all."-- Secretary Mrs. Swenson
- 6) "Tessa Matibag, because she always puts a smile on everyone's face."-- Freshman Alicia Wengert
- 7) "Dan McClanahan. He will always talk to me even when he is busy."-- Freshman John Fitzsimmons
- 8) "Tyler Barret because I want him."-- Senior Ashley Ward
- 9) "Larah Thorgaard because she is a ball of crazy energy."-- Sophomore Tommy Strehlow
- 10) "Josh Matthews because he just got off of probation."-- Junior Sam Stair



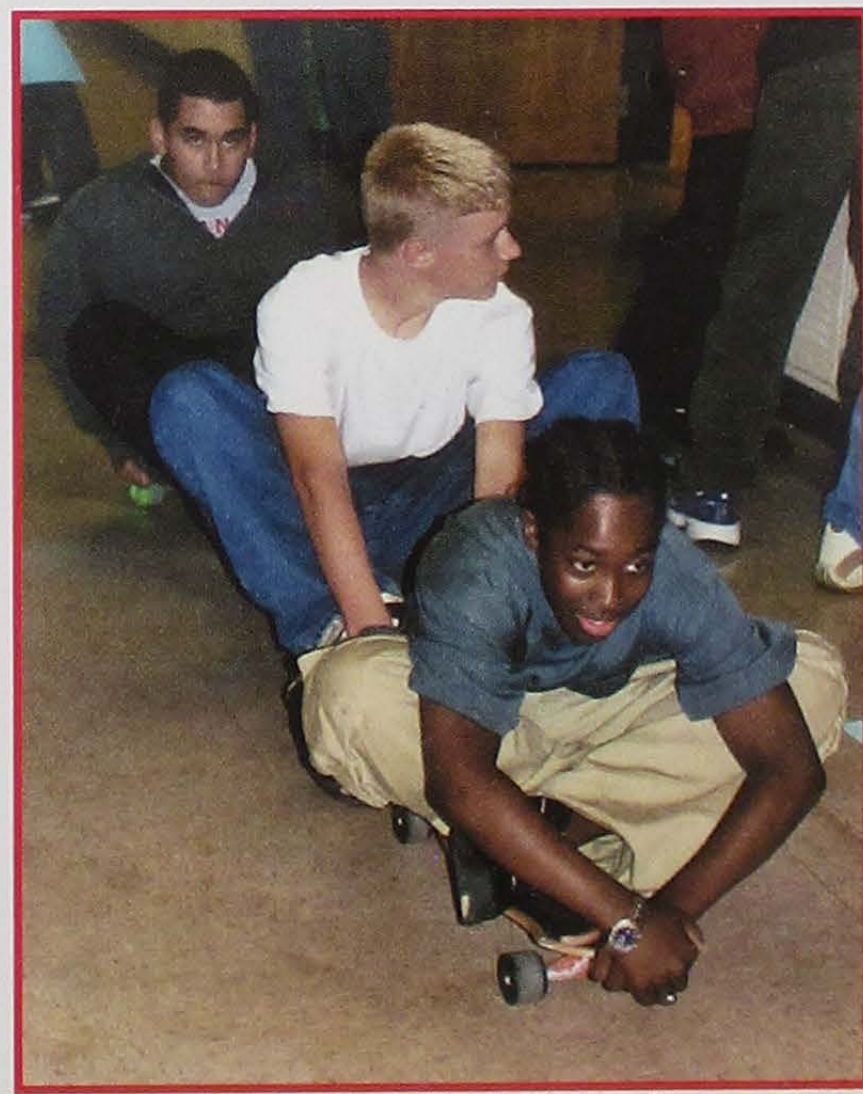
10.
-B Golf State
-FB 10/V Mason City



11.
-VB JV @
Urbandale Invite
-B Golf State
- G Swim @
Urbandale Invite
-TSA Skills Conf.



High Five- Standing as one, juniors Ryan Wagner and Jon Nau, and seniors Steven Gerbracht, Erik Bochoven and Nick Pribyl encourage students to come to the game. Every Friday, football players gave high-fives to classmates walking down the stairs to the back lobby. (photo by Audrey Wiedemeier)

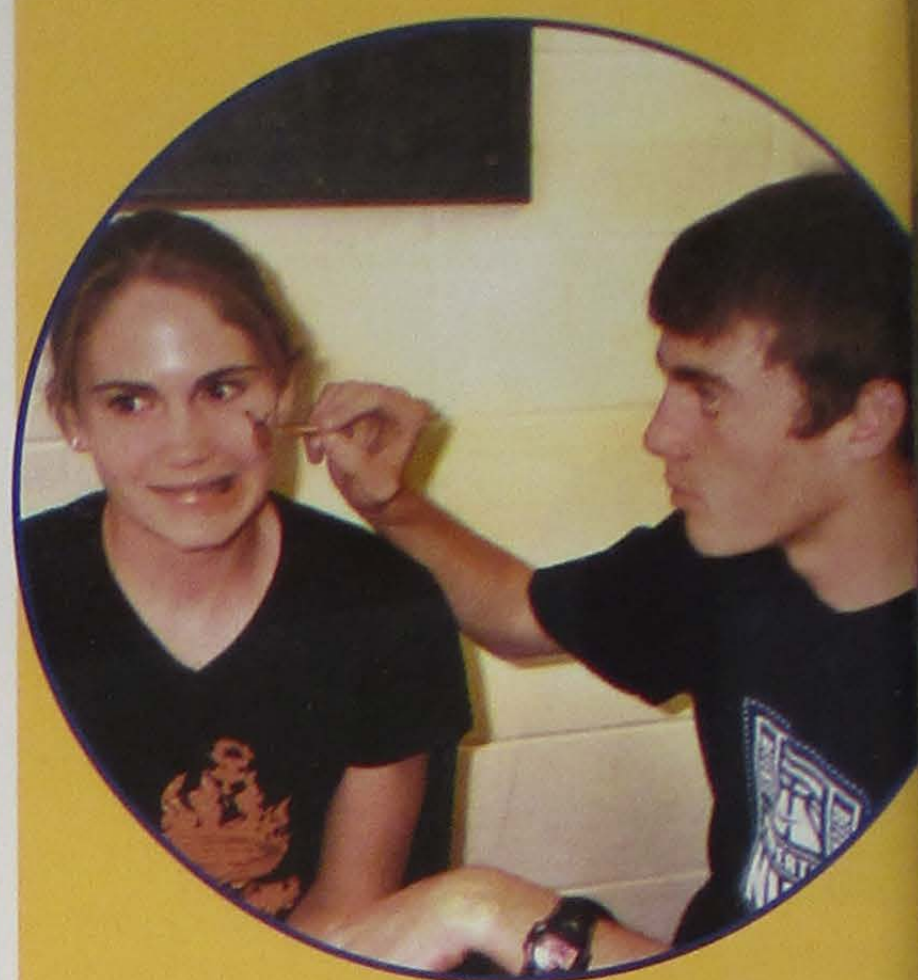


Shoot For The Moon - Clinging tightly to their skateboard, freshmen David Castillo, Steve Reints, and Joe Cobbs, participate in a game of "Skooting for the Moon" for Nancy Svien's science class. Svien was so excited the first time they tried this activity, a student almost flew out the door. (photo by Emily Cohea)

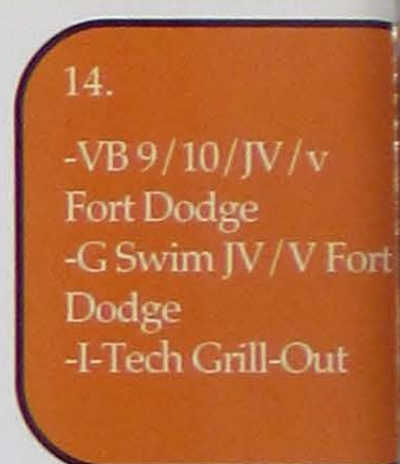
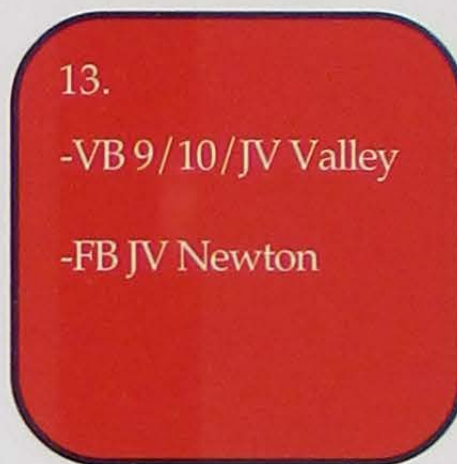
8 Raid- Showing off some nifty tricks, sophomore Sean Deal makes use of the new skate park in Ames. "Skateboarding is my favorite hobby. I like the park but I wish it had a mini ramp; they're a lot of fun to skate," sophomore Rob Manatt said. (photo by Audrey Wiedemeier)



Digging Deep- Desperate to keep the ball from hitting the ground, senior **Jessica Keefe** strains to bump the ball to her teammate. (Photo courtesy of Jon Britton / Ames Tribune)



Kasper the Friendly Pallet- In an act of self-expression and creativity, junior **Brandon Gill** paints a ladybug on the face of junior **Jill Kasper**. Student Council members used this activity as a fundraiser for various expenses throughout the school year, such as **FACES** (Families of Ames Celebrating Ethnicities). (Photo by Rachel Nesbitt)

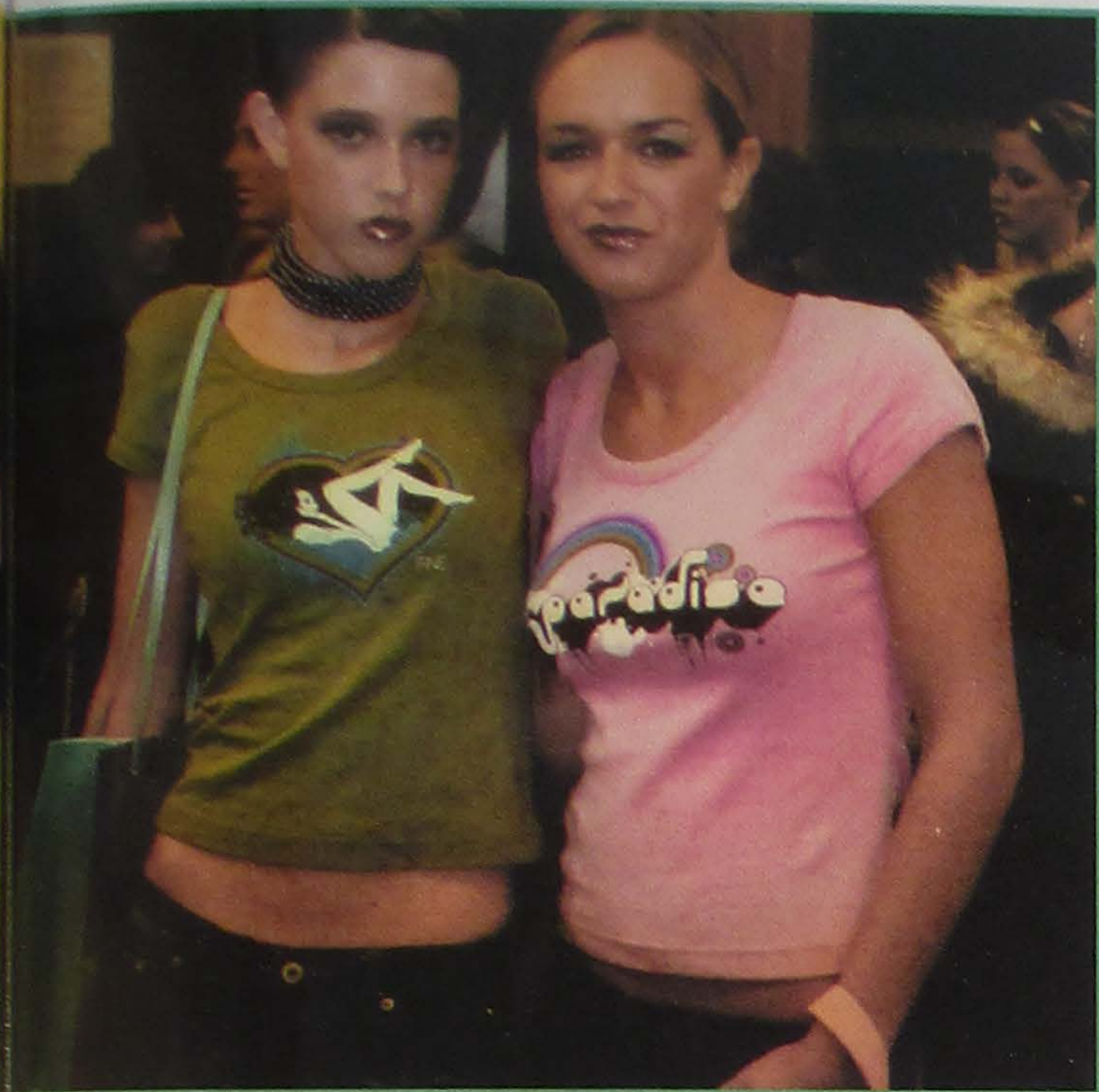


Ain't Nothin' But a Hound Girl- Twirling her umbrella across the stage on the set of *Hound of the Baskervilles*, senior **Alissa Anderson** stops to recite a line from the play. Anderson played the role of the sweet/innocent turned crazy/manipulative Cathy. (Photo by Horst)

Cheering to Victory- Motivating their fellow teammates to win the race, juniors **Jane Vu** and **Erin Chrusciel**, sophomore **Trisha Hawley**, and freshman **Elizabeth Cohea** support the Ames swimmers at their meet against Fort Dodge. (Photo by Emily Cohea)



Be There or Be Square- Congregating in the courtyard, seniors **Nathan Weiss** and **Han Rothmeyer** play an intense game of four square. Despite Weiss calling "no cherry bombs waterfalls," Rothmeyer dropped a dead cherry bomb right under his nose. (Photo by Rachel Nesbitt)



Runway Girls- Strutting their fashionable outfits, seniors **Shea Prueger** and **Audrey Wiedemeier** model at the Zushy fashion show. "Pushy was the coolest thing that ever happened to Ames. The fashion show was awesome; not to mention Audrey and I looked way better," Prueger said. (Photo courtesy of Audrey Wiedemeier)



Leaders of the Pack- Storming forward at the girl's conference meet at Valley, seniors **Kate Polouch** and **Katie Lutz** press themselves for a strong finish. The extra effort given by the girl's cross country team helped them place second overall at the meet. (Photo by Andrea Schliesman)



Youth Group Divas- Singing songs of praise, sophomore **Renee Nesbitt** and senior **Lissa Catus** lead Sunday evening musical stylings for their church youth group, Escape 22. "It's really fun to see your friends on stage, leading worship," Catus said. (Photo by Rachel Nesbitt)

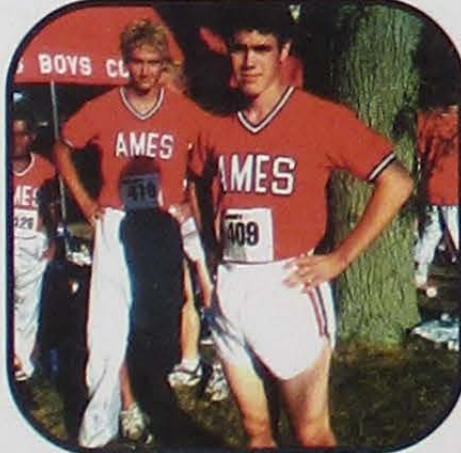
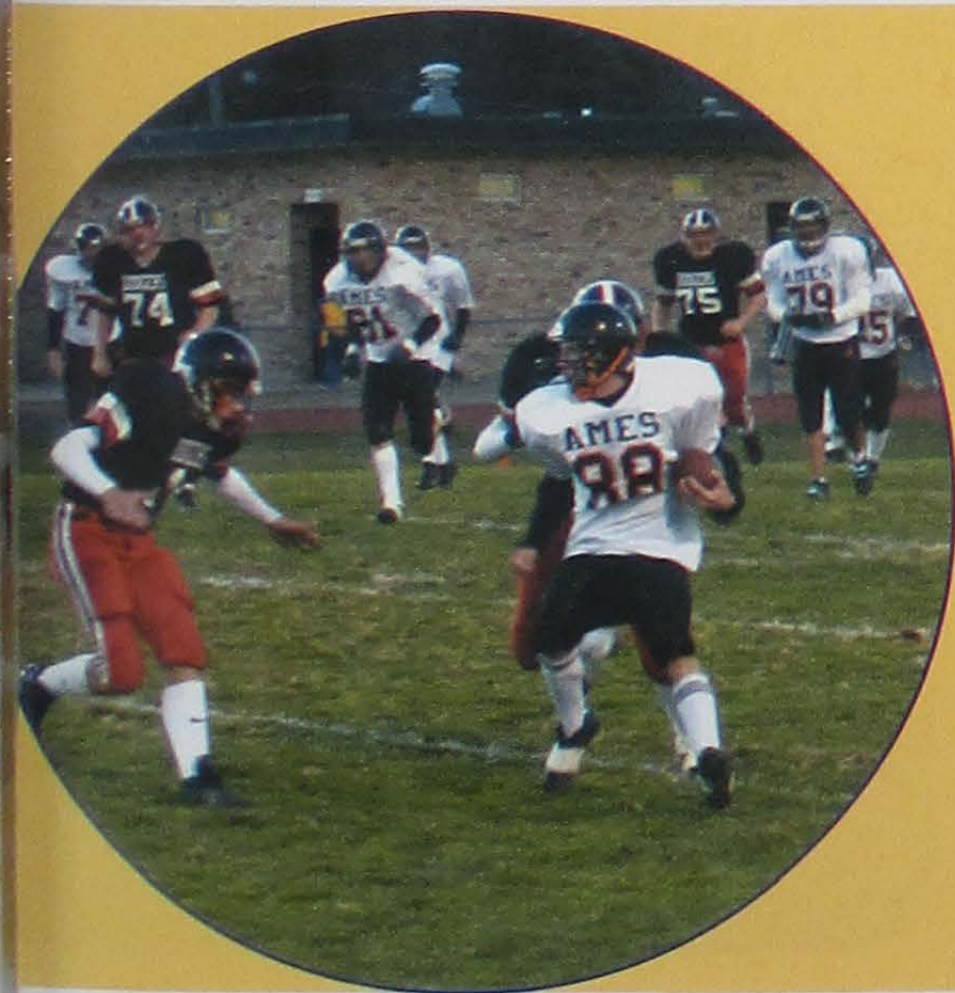


15.



16.

-B/G CC Iowa
Conf @ Valley



17.

-FB 10/V @ Fort
Dodge
-The Hound of the
Baskervilles Fall
Play



18.

-VB V @ Knoxville
Invite
-VB 10 @ Indianola
-The Hound of the
Baskervilles Fall
Play

Dodge Those Dodgers!- Cutting back to escape a Fort Dodge defender, sophomore **Nick Litwiller** presses down the field. Skillful playing led the sophomore team to an outstanding victory despite the nearly unbearable weather that night. Faithful fans made the hour-long journey to support their Little Cyclone team and fill the Fort Dodge bleachers with a sea of orange and black. (Photo by Rachel Nesbitt)



Good Pitch-Singing harmoniously, freshmen **Zach Borg**, **Jeff Kollash**, and **Glen Martin** sing in a performance. "I love the girl to guy ratio in chorus," Kollash said. (Photo by Miranda Eness)



Cut and Weave- Finding a hole, sophomore **Danny Blum** runs with the ball in the sophomore football game against Marshalltown. "We totally rocked them, man," sophomore **Bob Shliesman** said. (Photo by Emily Cohea)



Boom, There It Is- Senior volleyball player **Allison Mohlke** spikes the ball in the volleyball Regional Match as senior **Kara Drzycimska** looks on. The Ames High Volleyball team made it to State for the fourth time in four years, led by head coach **James Brockway**. (Photo courtesy of Ames Tribune)

"I was told by my football coach that I play like a chicken with my head cut off. I replied that I must be a pretty good chicken and he didn't really like that."

-Matt Cross, Freshman



20.

-Fall Choral Concert



21.

-PSAT Test
-VB 9/10/JV/V @ M'town
-B/GCC 9/10/JV Ames Invite
-G Swim JV/V @ M'Town



Different Kind of Swimmer- Breaking away from the rest of the swim team, the Ames High diving team makes themselves known as sophomore **Ying Ying Lui** prepares for her next dive. The swimming and diving team went on to beat Marshalltown for the first time in sixteen years at their dual meet. (Photo by Elizabeth Wandling)



War Paint- Getting ready before the game, senior **Brent Swanson** paints the face of junior **Rob Acker**. "The paint definitely makes you feel more like a fan," Swanson said. "It also makes the freshmen a little scared of you, you know, motivating them into cheering for the football team," Acker said. (Photo by Audrey Wiedemeier)

23.

-CC District @
Sioux City
-FB 9 @ M'Town



24.

-FB 10/V M'town



25.

- G Swim Conf @
M'Town
-All-State Music
Auditions
-Drill Team @
Lakeview



SURVEY

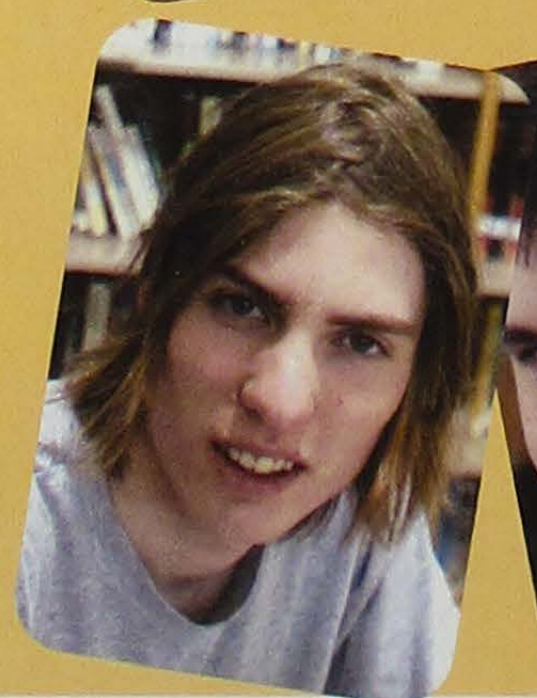
If you were a TV character, who would you be, and why?

Penny Proud, because she is so ghetto, and she has some attitude.
-Freshman Divya Kunapuli

Wolverine, the combination of that matallic skeleton and the Canadian anger just makes him sweet.
-Senior Michael Gill

I wouldn't be anybody. TV characters are already themselves.
-Junior Joe Scott

I think I would be Quagmire from the Family Guy.
-Sophomore Kurtis Fergasun



22.





2ND QUARTER

Score

Students: 45

School: 135

Snowmen. FCA Ski Trip. First semester tests. Hot chocolate sales in the back lobby. I-ball games. Boys swimming at State. Madrigal Dinner. Mistletoe.

Madness.

ormal.

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UNICEF.

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rest. Win-

ports

football

n Sioux

Hanukah.

WinterFor-

Thanksgiving. New Year's Resolutions. Halloween. cocoa. Football.

Girls State Swimming. State Cheerleading. Marching Band Spectacular.

ohn Mayer Concert. Yarning Extravaganza. St. Cecelia Confirmation

Retreat. Forte Lunch concert. Sledding in Gateway Hills Park. SNOW

OOTBALL. Wearing pajamas the whole day during Winter Break. Holi-

ay Band Concert. Winter Madness. Free Ice Cream. Christmas-itis. Knitting

carves. Midnight trips to Kum and Go for free Krispie Kream's.



Winter

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Thanksgiving. New Year's Resolutions. Halloween. cocoa. Football.

Girls State Swimming. State Cheerleading. Marching Band Spectacular.

ohn Mayer Concert. Yarning Extravaganza. St. Cecelia Confirmation

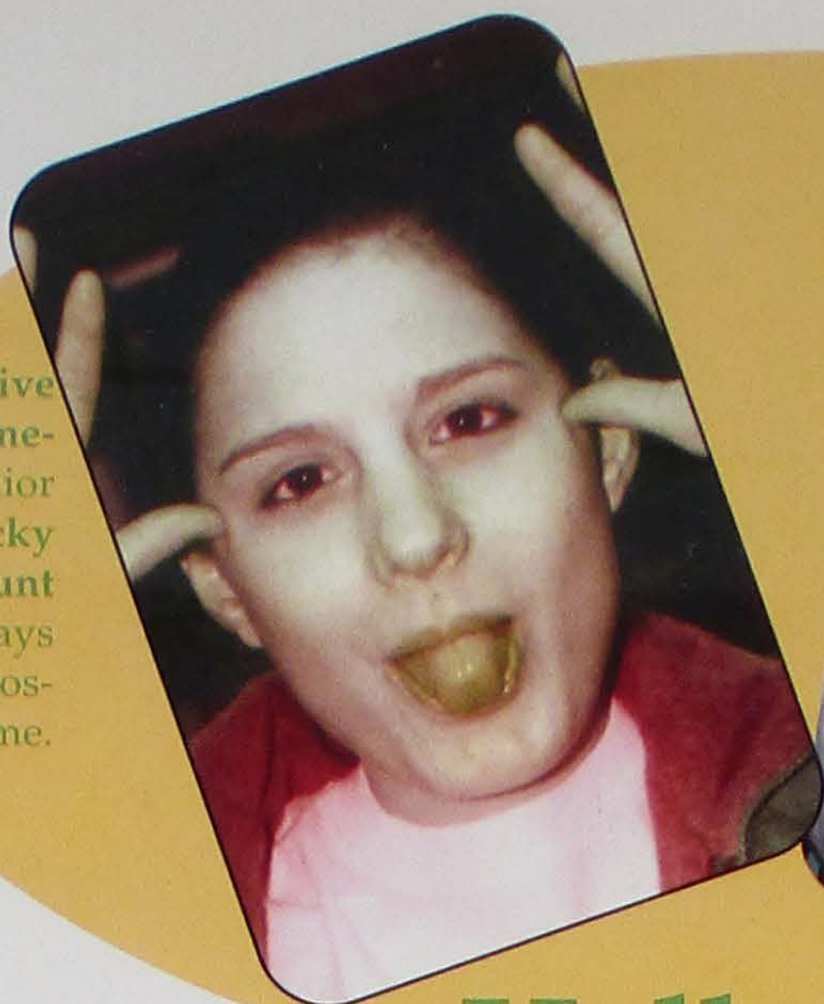
Retreat. Forte Lunch concert. Sledding in Gateway Hills Park. SNOW

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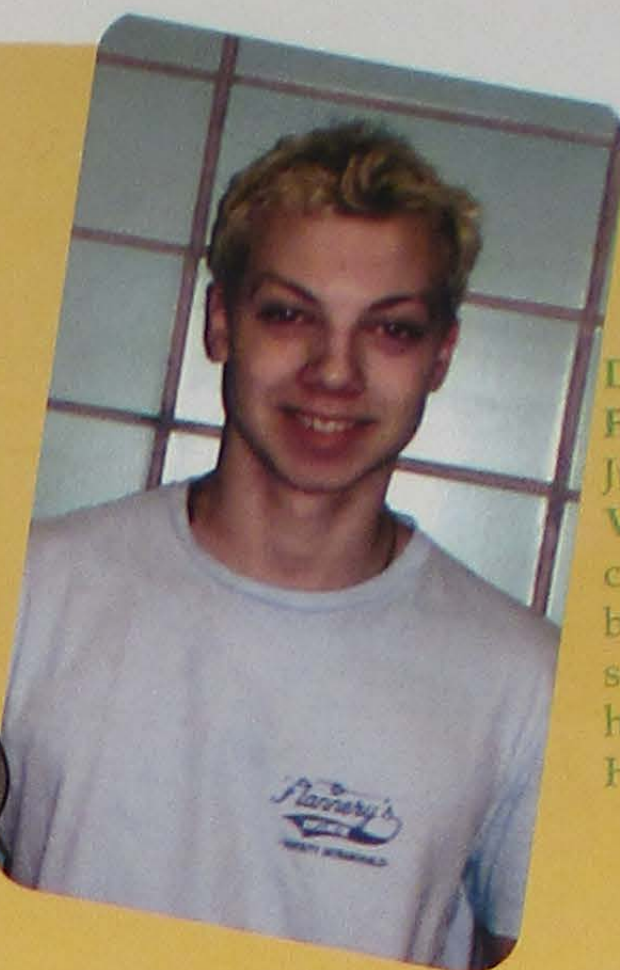
ay Band Concert. Winter Madness. Free Ice Cream. Christmas-itis. Knitting

carves. Midnight trips to Kum and Go for free Krispie Kream's.

Creative Costume- Junior Becky Lecount displays her costume.



Double the Fun- Junior Rob Vidimos celebrates his birthday on the same day that he celebrates Halloween.



Halloween!



29.
-VB Regionals?



28.



The best thing about Halloween is handing out laxatives instead of real candy!
-Junior Alex Carlson



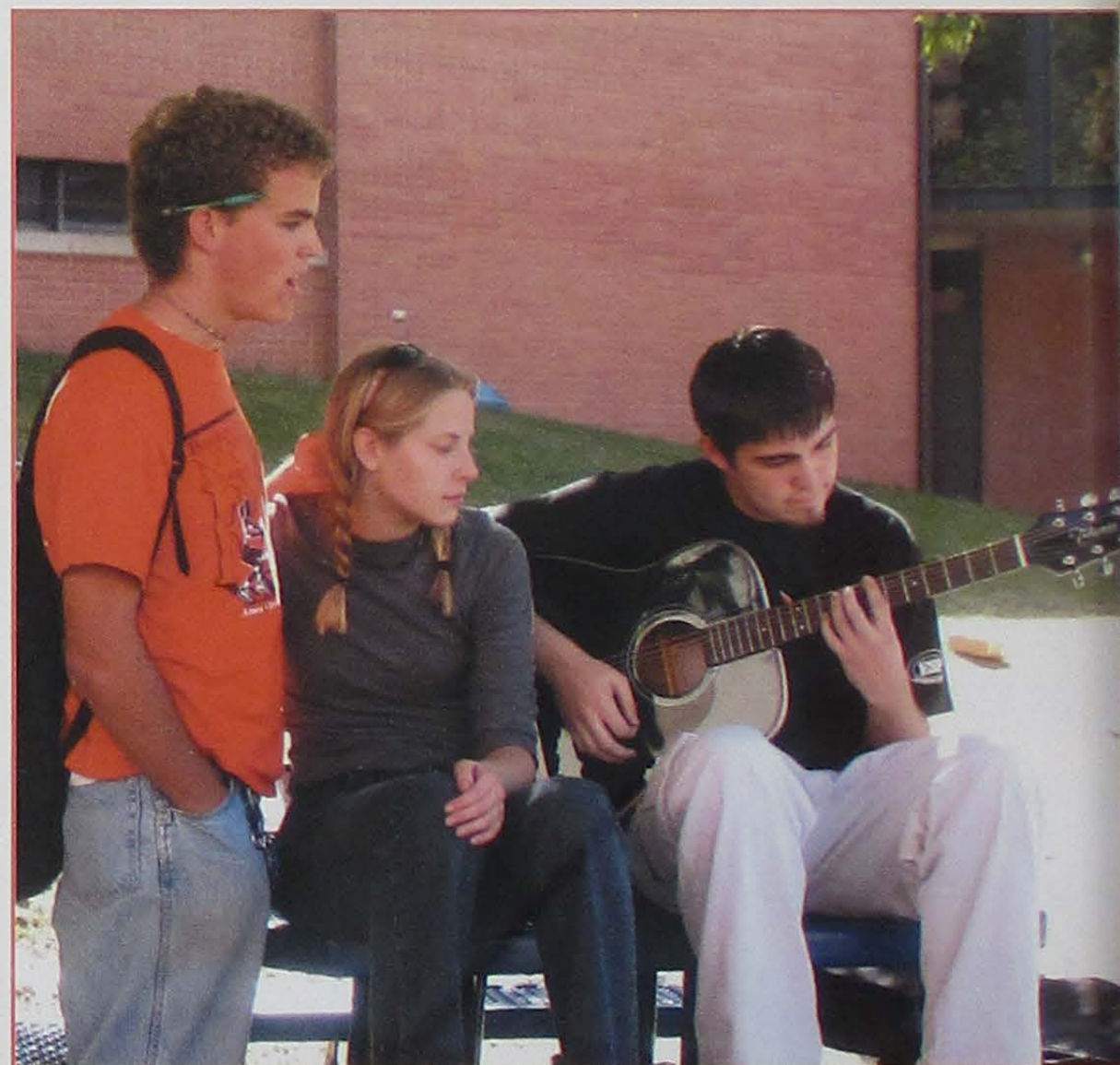
October



27.
-Workshop Day



Notorious Ninjas- Two masked mystery men stop to engage in ultimate combat. Rumor had it that the ninjas may have been AHS students. "I heard that **Steve Volcko** is a secret ninja with a cool apprentice. But don't quote me on it..." junior **Rob Acker** said as a numchuck slipped out of his backpack. (Photo by Elizabeth Wandling)



Strumming on the Ol' Guitar- Entertaining fellow students during a free period, senior **Jeremy Downs** plays his guitar. Seniors **Emilia Shehorn** and **Russel Jackson** listened to Downs play his original songs in the courtyard. "I like to play mostly rock music. I have been playing for about three years now." Downs said. "I play my own music and covers of my favorite bands, too." (Photo by Anna Hors)

30.

-FB 9 Newton



31.

-FB 10/V @ New-
ton

1.

-B/G CC State @
Fort Dodge
-G Swim District @
Fort Dodge?

COSTUME Craze

Students express their love for O' Hallow's Eve
Story by Miranda Eness

An Egyptian, some 1960's," junior **Jennie Bean** witches, two crazy ninjas, said. "My outfit was and a handful of hippies actually my mom's from walked the halls of Ames when she was in high High this year. There are school. I thought it was only a few times each year so cool to know that my when students can wear a mom wore this, too!" crazy outfit and get away with it. One of these days Students were not the only members of Ames High falls upon October 31st, that braved wearing a or as many others know it, costume on O' Hallow's Halloween. Eve. Known for making classes like Foods and Fashion a fun time, home to home wearing a teacher **Mrs. Strasser** costume of your choice in dressed up from head to hopes of receiving as toe as a witch. "I much candy as you can dressed up because I possibly get. Most people think that students who trick or treat are shouldn't have all the around the age of ten and fun," Strasser said. "I it seems that once a kid chose to dress as a witch arrives in his or her because I know I am quite teenage years, trick or the opposite!" treating is looked down upon.

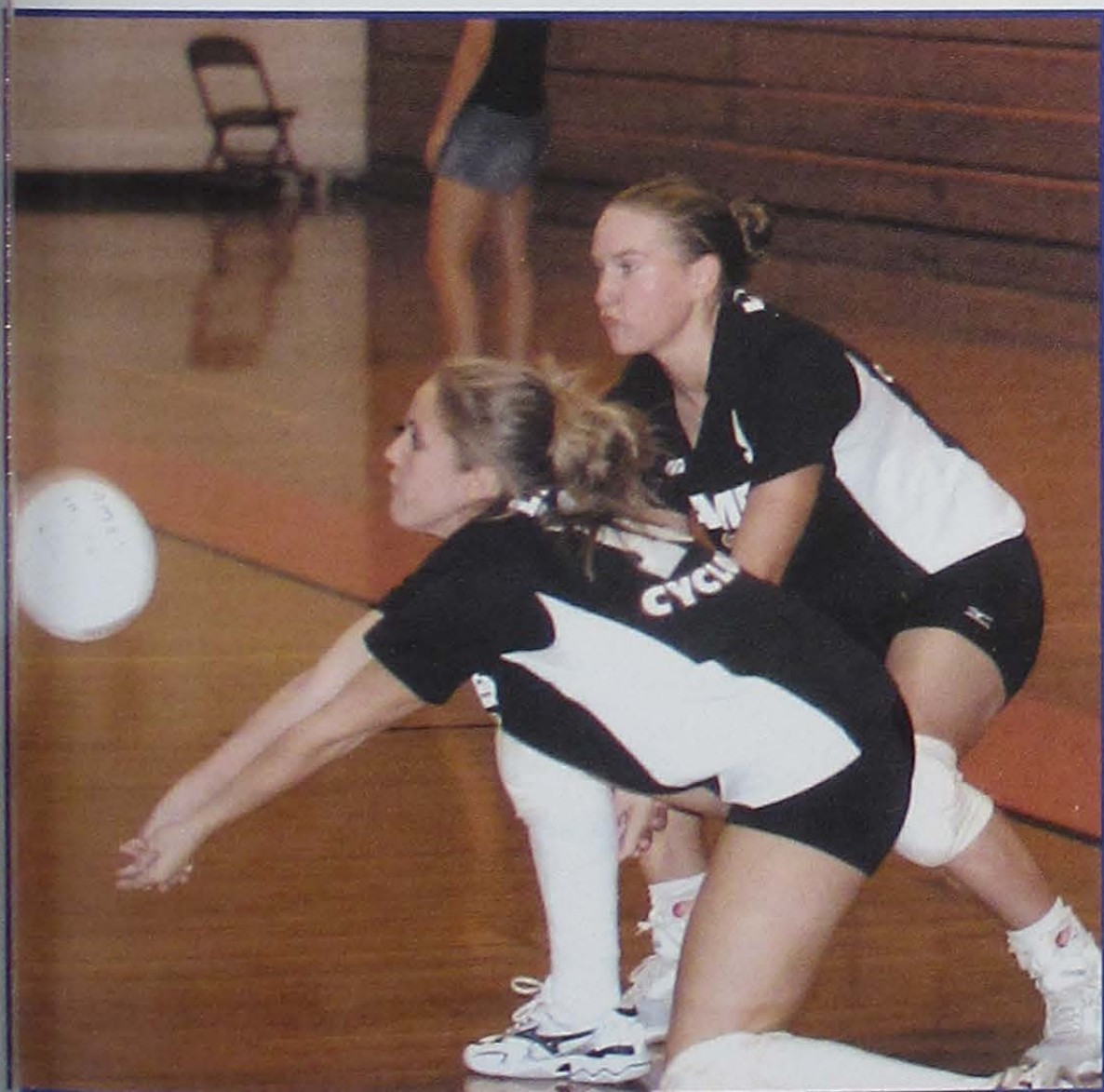
It is customary on Hal- loween night to go from home to home wearing a teacher **Mrs. Strasser** costume of your choice in dressed up from head to hopes of receiving as toe as a witch. "I much candy as you can dressed up because I possibly get. Most people think that students who trick or treat are shouldn't have all the around the age of ten and fun," Strasser said. "I it seems that once a kid chose to dress as a witch arrives in his or her because I know I am quite teenage years, trick or the opposite!" treating is looked down upon.

"I didn't care about not only a day of goblins the fact that high school and ghosts, but also of students aren't supposed cakes and presents. "My to go trick or treating. birthday is on Hallow- My friends and I decided een!" junior **Rob Vidimos** to go anyways with my said. "I like having my little brothers and birthday on Halloween sisters," junior **Becky LeCount** said. "A lot of lot of your birthday par- people gave us weird looks ties on the whole Hallow- and were hesitant to give een theme. But a downside us candy, but in the end to it is that I am really it wasn't that big of a superstitious about a lot deal. We still got a huge of things." bag full of candy!"

Many Ames High students think Halloween is a who do not go trick or holiday for the young treating, find a new way child, it's obvious that to show their Halloween students at Ames High pride. Some students disagree by their cel- boldly wear their favor- ebration of O' Hallow's ite costume to school. Eve. Bean says it best, "For Halloween, I dressed "The bottom line is that up as a hippie from the Halloween rocks!"

Peace, Love, and Halloween- Modeling her 1960's vintage get-up, junior **Jennie Bean** proudly shows off her Halloween spirit. Many students wore creative Halloween costumes to school to add festivity to the holiday. "I'm such a sucker for dressing up for holidays and for other school events," Bean said. (Photo by Miranda Eness)

Bumping Up in Regionals- Running to keep the ball in bounds, junior **Jaime Dye** bumps the ball as senior **Debra Borcharding** stands in anticipation of the next play. The varsity team won their regional games and advanced to the state play-offs. "We were so excited that we got to advance!" Dye said. (Photo courtesy of Ames Tribune)



November

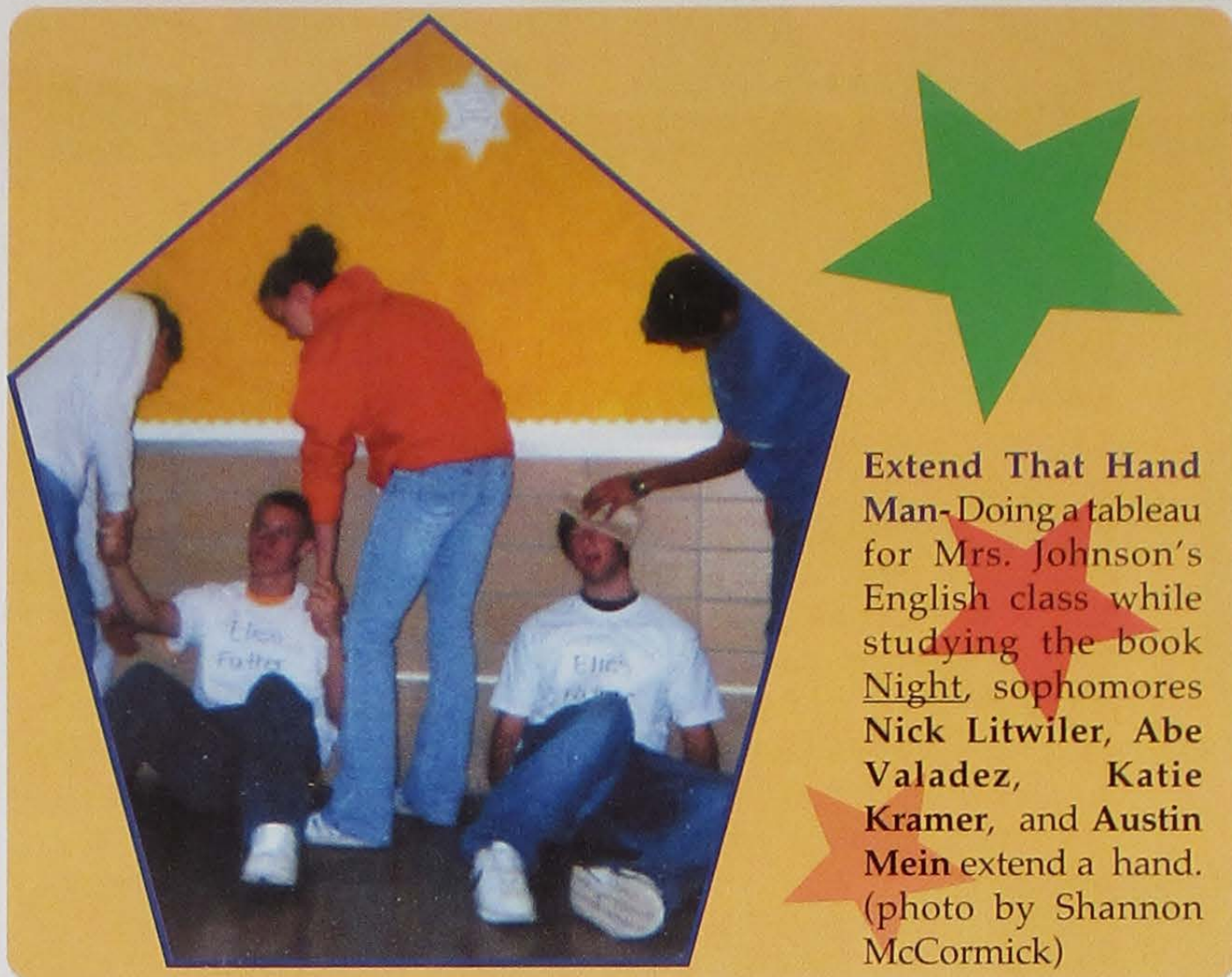


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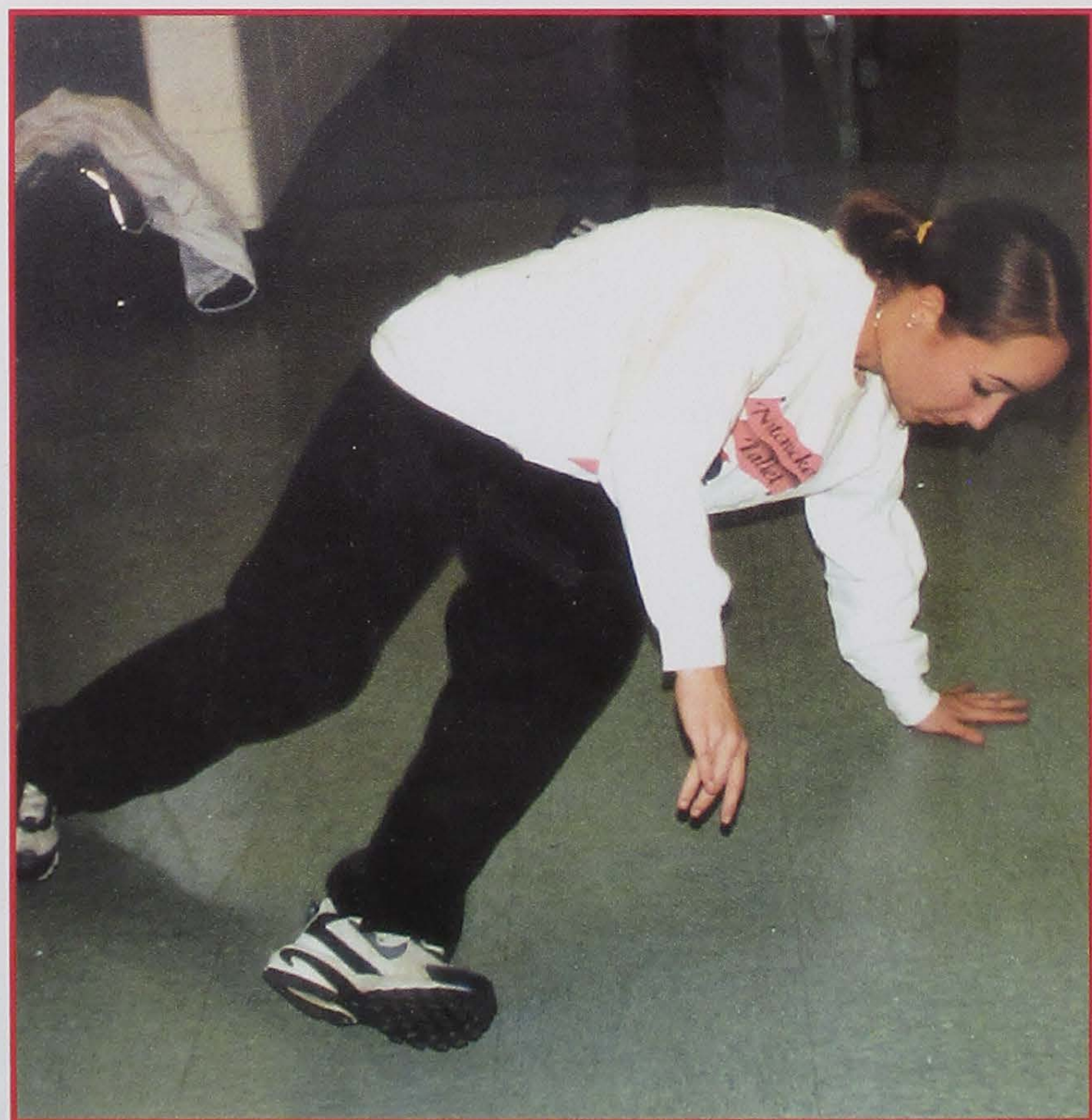
Sign On- Intending to play for the University of Iowa Men's Basketball team for the 2004-2005 season, senior Alex Thompson signs his letter of intent. "I'm just really happy to find a school that I really want to go to," Thompson said. Thompson was a key varsity player for Ames High for two years. (photo by A. Wiedemier)



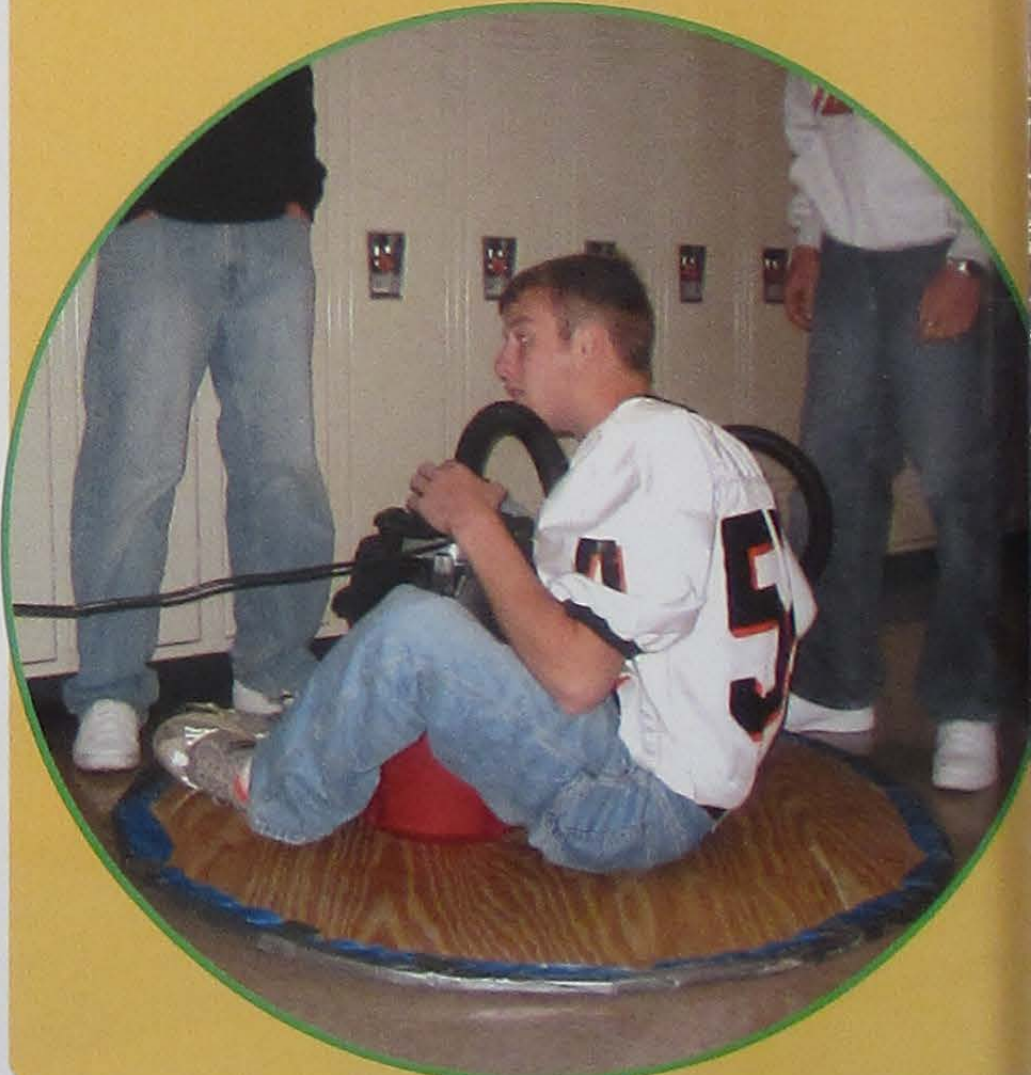
Extend That Hand Man- Doing a tableau for Mrs. Johnson's English class while studying the book *Night*, sophomores Nick Litwiler, Abe Valadez, Katie Kramer, and Austin Mein extend a hand. (photo by Shannon McCormick)



Break Down Tonight- Practicing in the back lobby for Dance Club, junior Abby Gaul shows off some cool moves as she tries to break dance. The dance club candidates were proud to meet in the back lobby every Friday after school. Unfortunately some of their moves were a little too difficult and lead to injuries as in the case of junior Max Choi, who hurt his neck from practicing too hard. (Photo by Rachel Nesbitt)

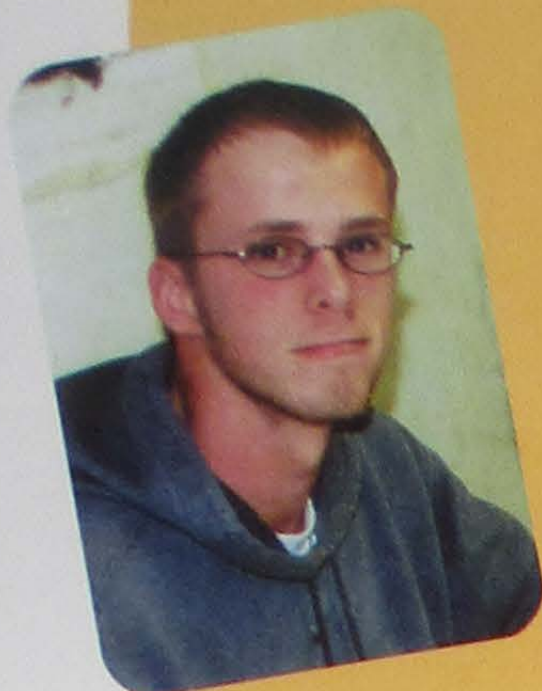


It's Like Floating On Air'- Doing a lab experiment for Mr. Lazere's Physics class, junior David Muehe experiments with what it feels like to float on air. Any volunteers who dared could take a turn on this hovercraft ride. (photo by Anna Horst)





The Sparks Of Chemistry- Working cautiously with her lab partner to complete a lab experiment, senior **Emily Tuttle** watches nervously as senior **arah Hansen** strikes a match. What could be more fun than explosions? Obviously, nothing beats chemistry. (Photo by Andrea Schliesman)



Seniors Top Ten Favorite Thanksgiving Dishes

- 1) What the hell kinda question is that! You know it's turkey all the way. --Senior Joel Harris
- 2) Totally the mashed potatoes! Minus the lumps my grandma leaves in them. -- Senior Christi Berg
- 3) That stuff that comes out of the turkey's butt! Oh yeah, stuffing. -- Senior Luke Chittendon
- 4) Pumpkin pie, pie is pie anytime! --Senior Chris Terry
- 5) Pizza, why should we celebrate killing the natives anyway? -- Senior Nick Roughton
- 6) Cranberry sauce, NOT!!-- Senior Ethan Whited
- 7) Rolls, I like to chuck them at my sister when my mom's not looking. --Senior Jess Fickbohm
- 8) Ham and bean soup. Turkey is just the precursor.. --Nick Kluesner
- 9) Ummm...I don't really like Thanksgiving food.---Senior Andrew Hefflinger
- 10) It's all about the gravy. --Junior Rob Vidimos



7.

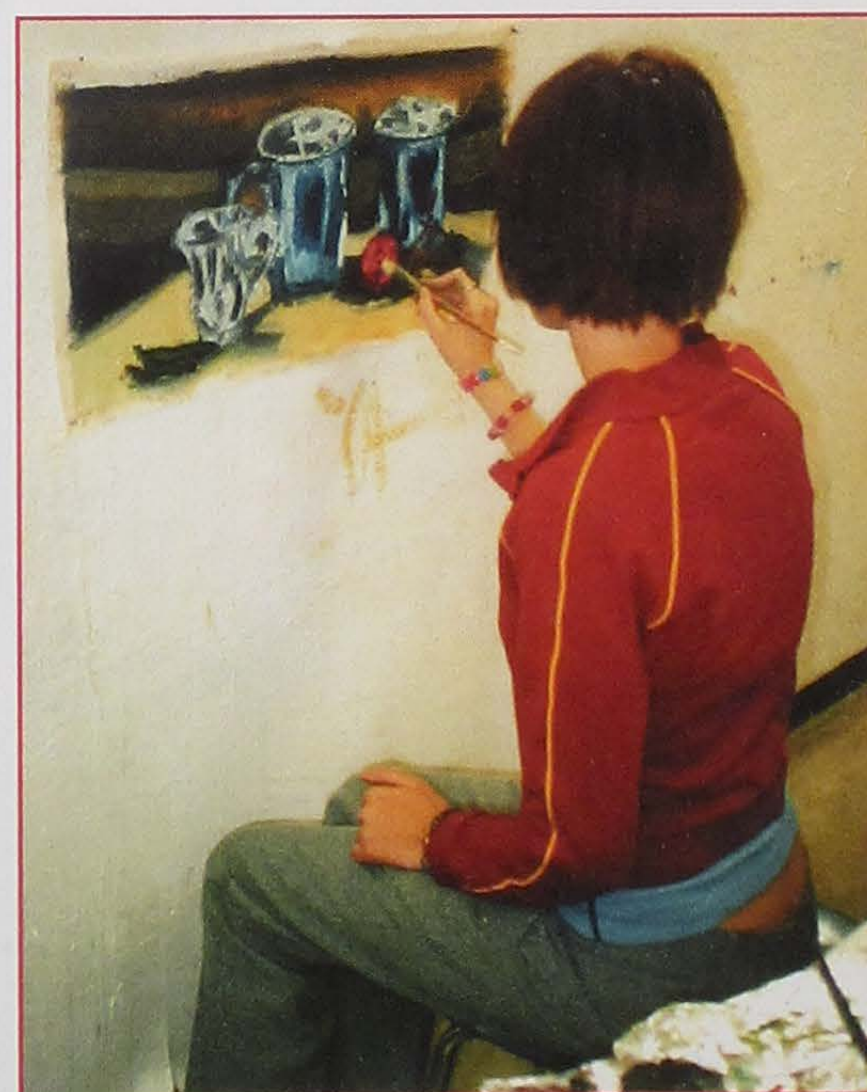
-G Swim State @ Fort Dodge



8.

-G Swim State @ Fort Dodge

Back It Up- Doing a back-one-and-one-half tuck, junior **Libby Utesch** dives into the pool. Utesch did this outstanding dive at the first swim meet with North High School. (Photo by Liz Wandling)



Oil on Canvas- Working hard on her still-life, senior **Shea Pruger** gives a little insight into the world of art. "I hate still-lives, I totally hate them, but to get into an art school they're a must for my portfolio," Prueger said. Apart from having to paint still-lives, she likes to draw. (Photo by Audrey Wiedemeier)



All Pucked Up- Skating fiercely across the ice, senior **Brent Swanson** hurries to destroy his opposition. The Ames hockey team lost their game against the Des Moines Capitols with a final score of 8-1. (Photo by Andrea Schliesman)



Extreme Limbo- Slithering under a jump rope, junior **Maya Lipert** operates in complete darkness. The obstacle course created by the National Guard was open to all students seeking an adventure. In addition to the random student visitors, numerous physical education classes participated in the course's festivities. (Photo by Elizabeth Wandling)

November



10.



11.

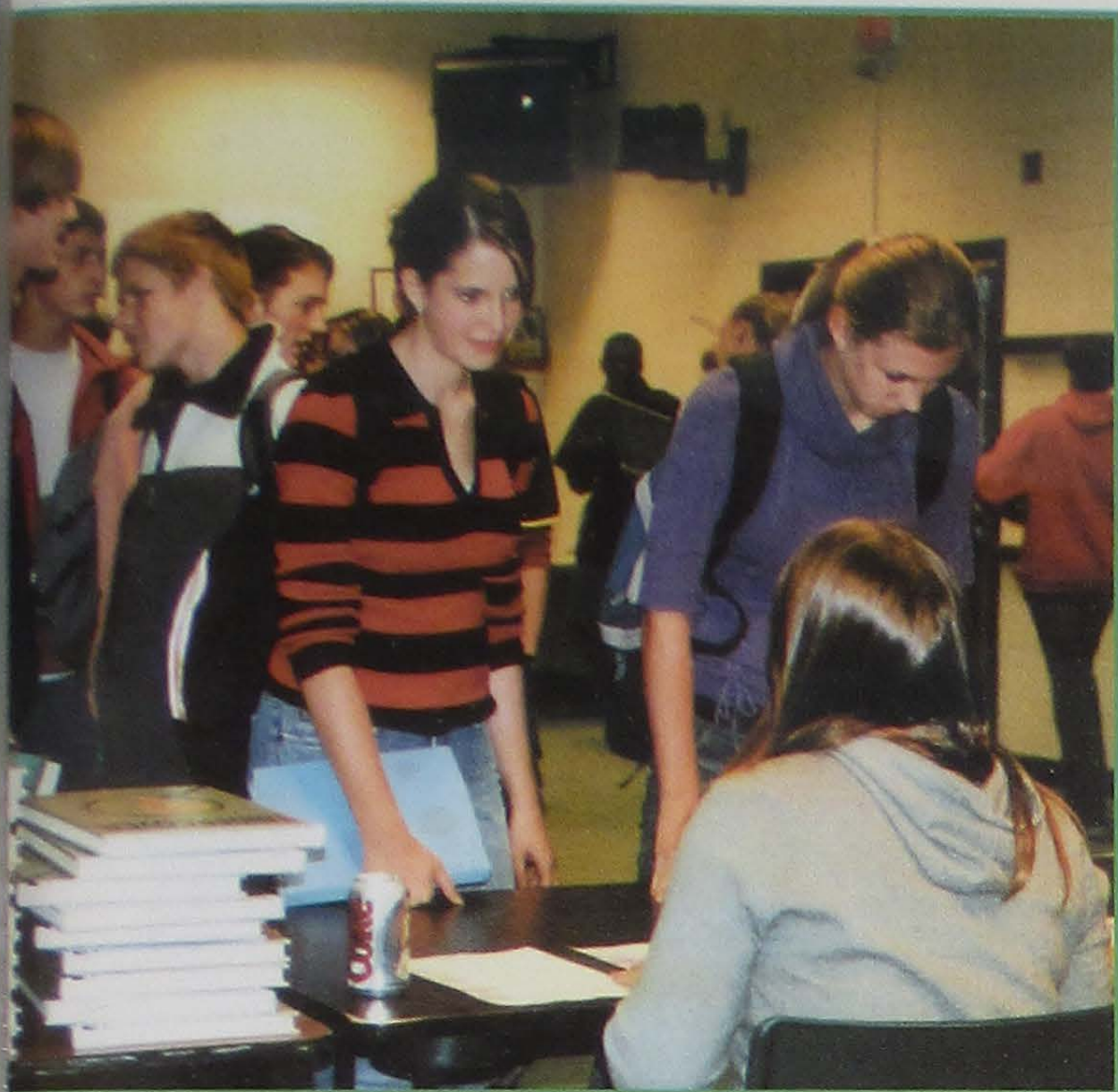


Tickle Me Seth- Reaching out to tickle his friend, junior **Seth Dodge** crosses the border onto the bathroom floor. The two were playing a quick game of tag before they left on a Friday night. (Photo by Rachel Nesbitt)

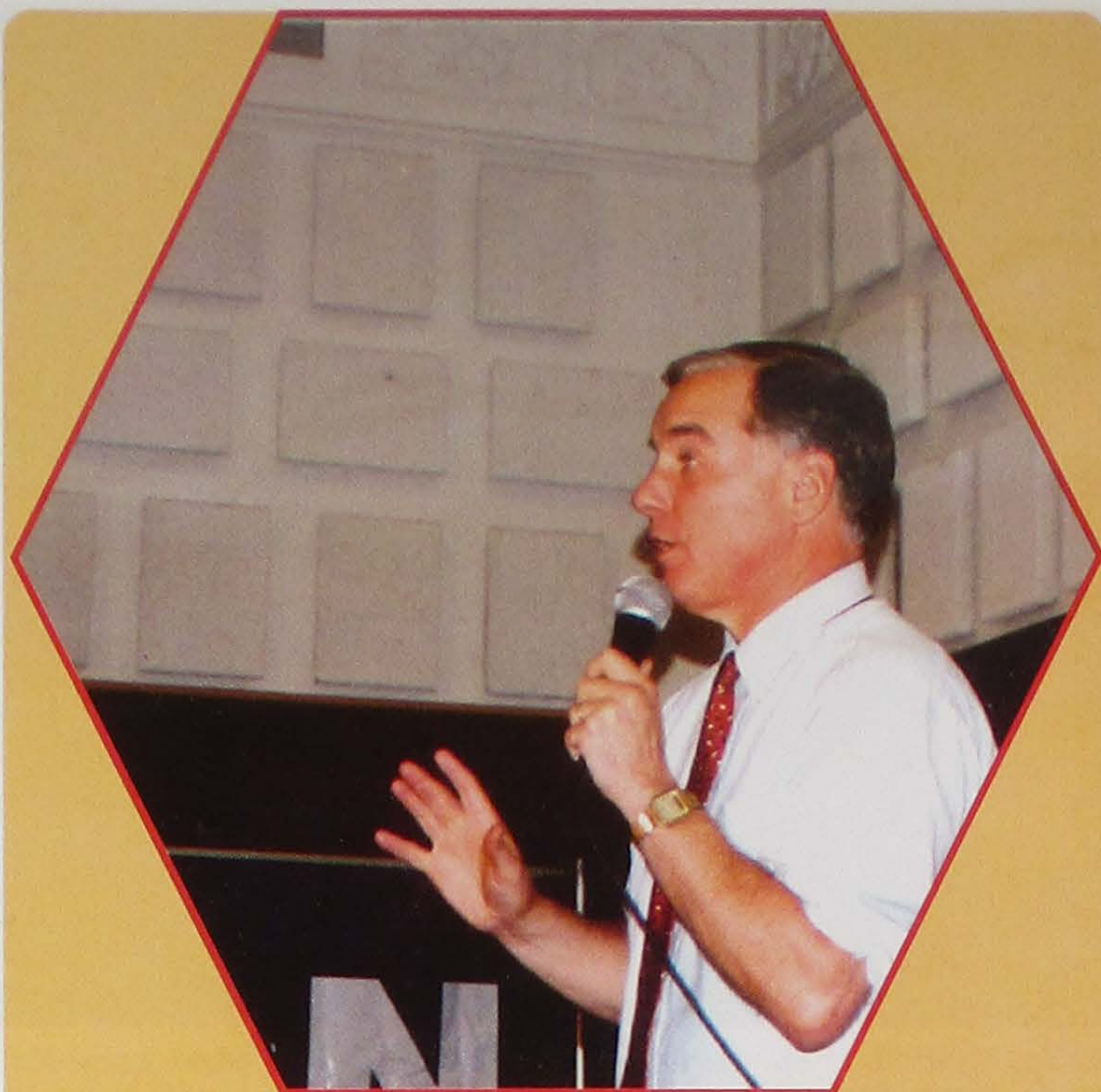
Rockin' Out- Dreaming of future days free from school, senior **Betsy Danneman** sculpts a tiny guitar in Jewelry-Making Class. Danneman formed the guitar from cutting scraps of copper from copper plate and using pieces of wire for the strings. (Photo by Emily Cohea)



Clay Mate- Spinning his ceramics wheel in 3-D Art, senior **Scott Koranda** molds a cylinder from a block of clay. Students in 3-D Art created pieces such as bowls, vases, sculptures, and jewelry, which were often displayed throughout the school. (Photo by Audrey Weidemier)



Uncovering Undercover- Waiting in anxious anticipation, sophomore **Virginia McCalmont** and senior **Claire Miller** approach the table to receive their coveted yearbooks. After a long and frustrating wait, the "Undercover" yearbooks arrived and were distributed among the Ames High students and staff. (Photo by James Webb)



Lean Mean Dean Machine- Former Vermont governor and 2004 presidential candidate **Howard Dean** delivers a campaign speech at Iowa State University. By January 2004, Dean found himself at the front of the pack of Democratic hopefuls. (Photo by A. Schliesman)

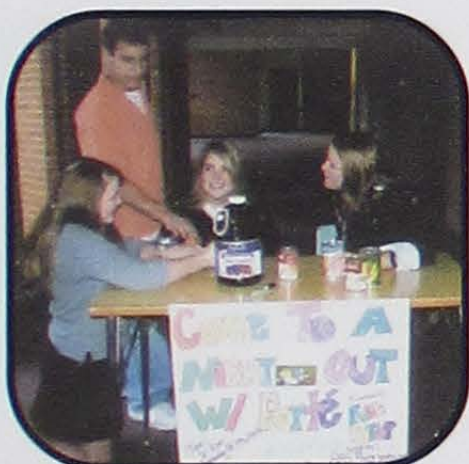


Deep Impact- Introducing the upcoming band performance, senior **Dan McClanahan** emcees the festivities at the second quarter Impact Rally. Impact Rallies throughout the year generally included guest speakers from the community, musical performances, student testimonies, and spirituality. (Photo by Miranda Eness)



12.

-VB State @ Cedar Rapids



13.



14.

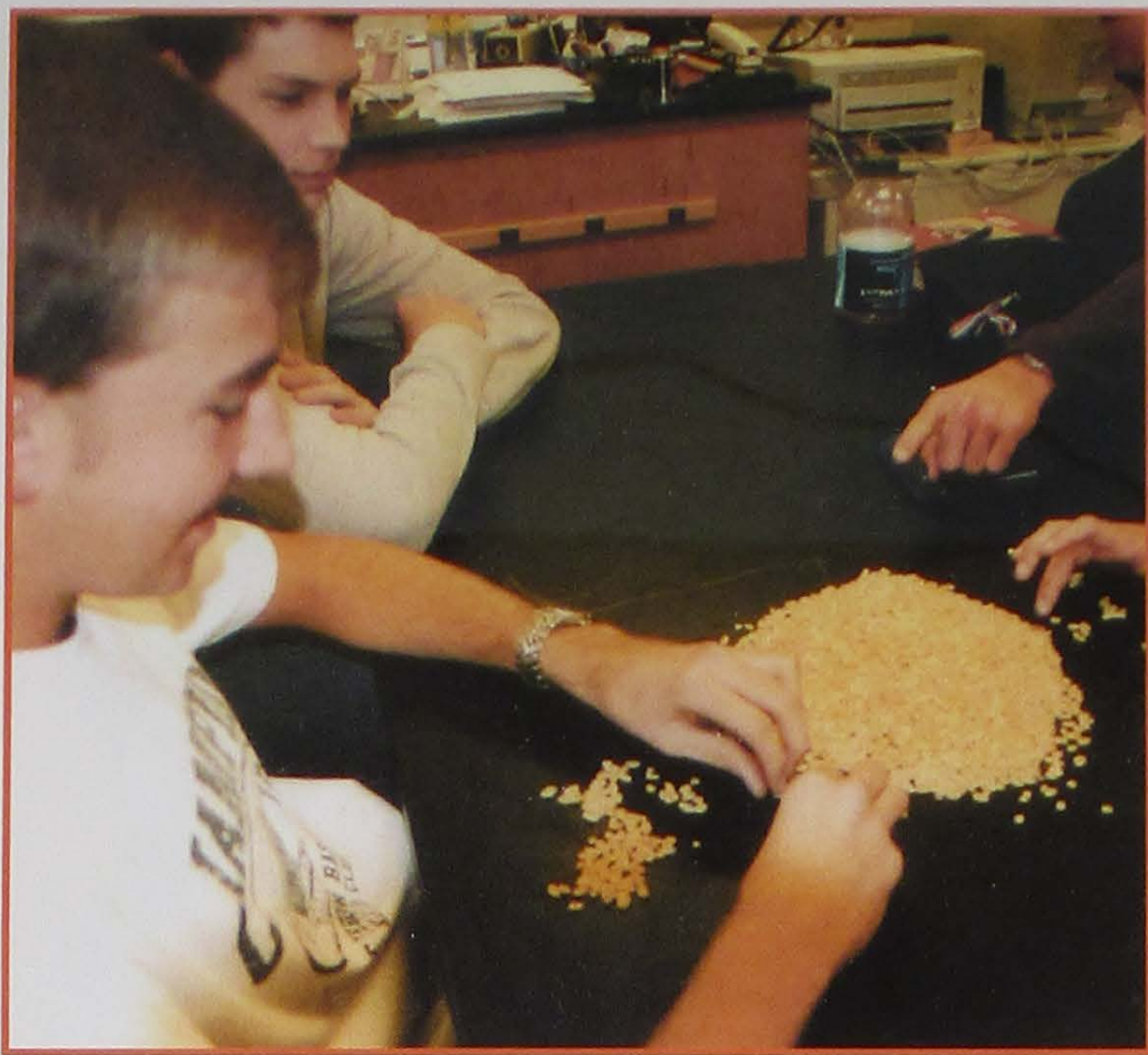


15.

-Orchestra Fall Festival



Conversation Piece- Flipping through the 2002-2003 yearbook, seniors **Stephanie Jarnagin**, **Ashley Weigand**, and **Ashley Holland** reminisce about last year's fond memories. This group gathered at Ashley Ward's house, as they did every weekend throughout the school year to be entertained by movies, conversation, and rounds upon rounds of delicious snacks brought out by Ward's mother. (Photo by Andrea Schliesman)



Snap, Crackle, Pop- Senior Chemistry students, **Matt Lambert**, **Chad Cullinhan**, and **Sarah Hansen** count Rice Krispies in a chemistry experiment. The Rice Krispies were used to represent atoms in a mole experiment. (Photo by Andrea Schliesman)



Slap Shot- Skating toward his own goal, junior **Mike Scebol** defends against a Kansas City Junior Blades forward. "We play well when we want to play well," senior Brent Swanson said. This year's hockey games were well attended by students and parents alike. (Photo by Andrea Schliesman)



Senior Moment- Senior **Jackie McEachran** watches on as senior **Andrea Schliesman** gives her senior speech at the Fall Cheer Banquet. Smiles and tears were aplenty as every senior rehashed her favorite memories and inside jokes from the girls' four years of cheerleading. (Photo by Rachel Nesbitt)

"Some guys like younger girls. I like younger guys. There is nothing better than the first day of school, checking out all of those hot little boys."

-Senior Patricia Manguadis

November

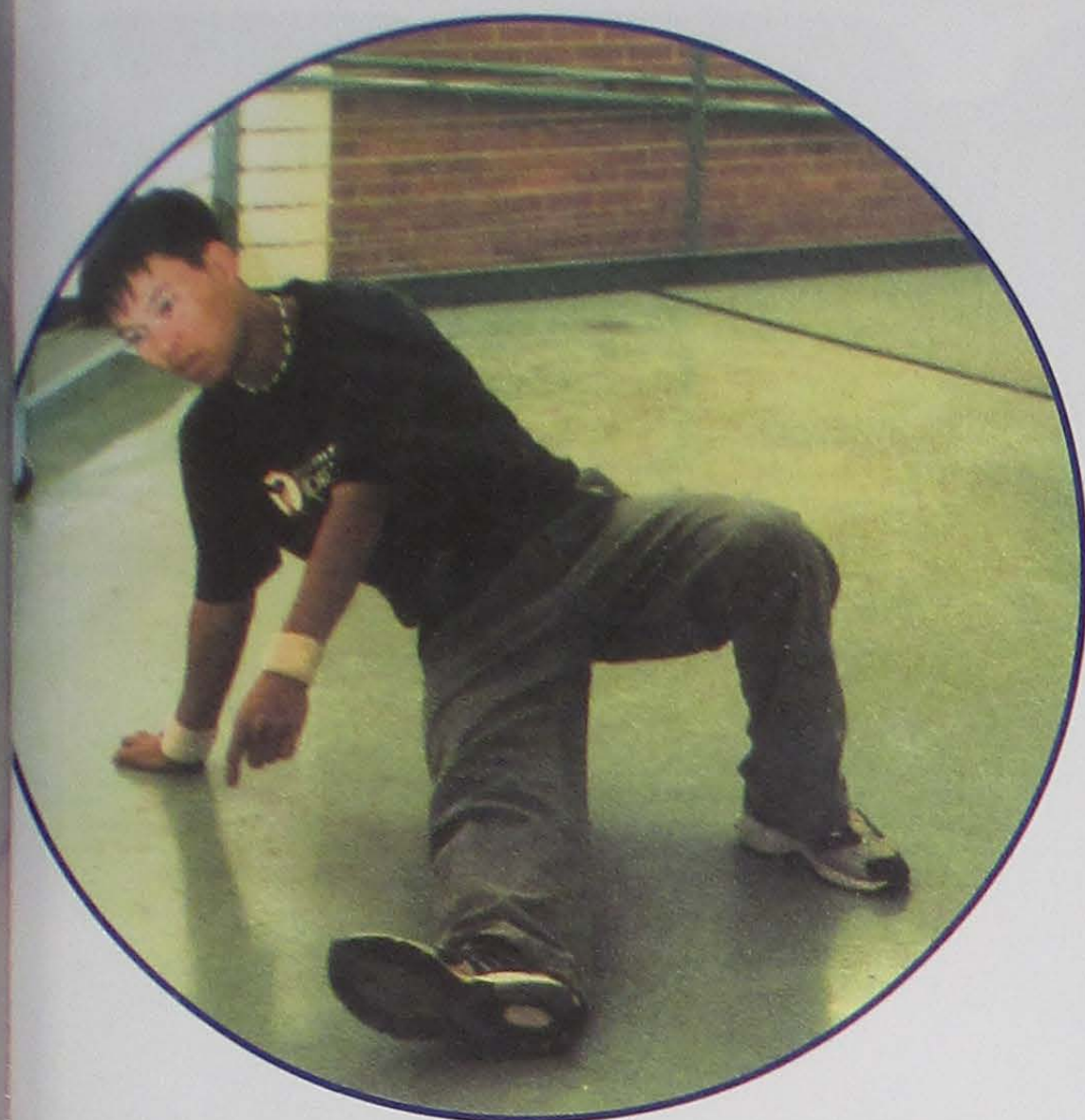


17.



18.

-Winter Sports Kick-Off



Just a Move- Perfecting the 6-Steps move, Ames Dance Club member junior **Max Choi**, works on his break dancing in the back lobby. Several boys studied the "art" of break dancing this year and could be seen at many dances, showing their stuff to anyone who wanted to see or learn. (Photo by of Andrea Schliesman)



Catch the Coins- Balancing a stack of pennies on a wooden ring, Principles of Physics students **Lee Wilkins** and **Katy Nelson** show how the Law of Inertia works. The students would try to knock the ring out from under the pennies, and have the pennies fall straight down into a bottle. Although many were unsuccessful, some did prove Newton's law. (Photo by Miranda Eness)

20.

-Opus Music Festival
-All-State Music Festival



21.

-All-State Music Festival



22.

-GBB CIML Jamboree
-BBB CIML Jamboree
-All-State Music Festival



19.

SURVEY

If you were an animal, what would you be, and why?

I would be a lion, because I am king of the jungle.

-Senior Wesely Norris

I think I would be a rabbit because they are pretty frisky animals.

-Senior Ashely Ward

A dolphin; they are all about having a good time.

-Senior Megan Edwards

I would be a dog, then I would have an excuse to sniff myself.

-Senior Darren Wheeler



Underclassman, Overachiever- "We have great athletes and good workethics," junior **James Teas** said. Teas is known for his high percentage of three pointers.



Cyclone Spirit- "I was really excited for this season because I have played with the seniors since I was little," junior **Megan Kerns** said. Kerns played the position of point guard.

Preseason Stars



26.



I kinda choked on a bone in the turkey and then my uncle tried to Heimlich me but we couldn't get the bone out and I had to go to the E.R. Then I found five dollars. -Senior Dan McClanahan

I had three thanksgiving dinners in one day. I felt more stuffed than the turkey! -Senior David Gustafson

November



24.

-GBB JV Valley



25.

-GBB 9/10/JV Ankeny

Sleeping Beauty- With her head resting on a backpack in the dining hall of the YMCA Camp outside of Boone, senior **Kelly Butler** enjoys a catnap. Andrea Schliesman and Butler were both attending a staff reunion at the camp they had worked at as summer camp counselors. (Photo by Andrea Schliesman)



Wrestle Mania- Taking a break during second period Paintin seniors **Laura Schoelkoph** and junior **Hoda Tabatabaei-Moghaddam** compete in a friendly arm wrestling competition. "I had been wrestling other people earlier. It felt like I broke my arm!" Tabatabaei-Moghaddam said. "I think that Laura won the match between us the end." (Photo by Audrey Weidimier)

27.

-Happy Thanksgiving--No School



28.

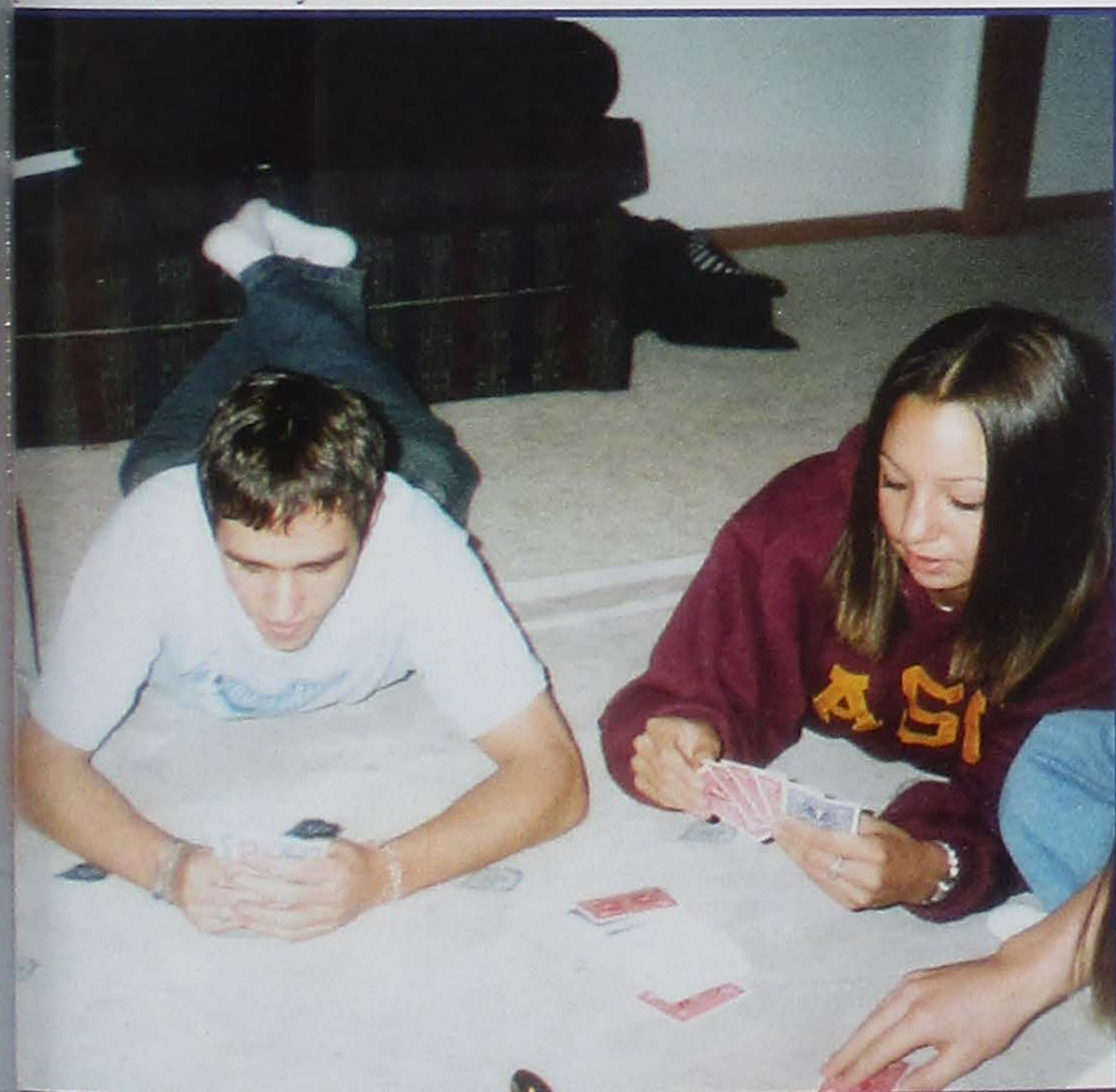
-No School
-GBB 9/
V@Indianola

29.



Grabbling David- Jumping against his defender, junior **David Muehe** attempts to take the ball to the hoop. "I was very nervous about our first game because I've never played in a varsity match-up," Muehe said. "I focused on the game once I got in, though." (Photo courtesy of The Ames Tribune)

Lucky Hand- As the cards zoom by in a dangerous game of poots, juniors **Luke Lowry** and **Megan Kerns** search for a four-of-a-kind. The players left the game with scratches and bruises on their arms because of the desperation to grab one of the last poots. (Photo by Miranda Eness)



Promising Preseason

Ames High Varsity Basketball
Story by Miranda Eness

Summer practices, new teams had major plays, and early-morning strengths; but along with workout and lifting sessions were just part of the hardwork and determination that went into preparing for the upcoming seasons of boys and girls varsity basketball. Division One schools. We

Preparation for the winter basketball season began two seasons earlier, in the summer. "We had 8 A.M. workouts and lifting along with summer camps and practices," junior **Megan Kerns** said. "We had about three different camps that we participated in." The boys team started as early as the girls in preparation. "We played in some summer leagues and scrimmaged at open gym," junior **James Teas** said.

With all of the pressure and excitement of the upcoming season, there were also high hopes and good attitudes. "I was really excited for my senior season. Our senior class is very close and we all have been playing together since fifth grade," senior **Danielle Stoops** said. "I knew we would be very competitive."

The boys team had high expectations as well. "With three of the starting five players being over 6'8", I was very optimistic," junior **David Muehe** said. "From what I can tell, we should make it to state with ease."

Both the girls and boys lot of fun."

For the girls' team, unity was a huge strength for the season. "Our strengths were our team unity because we have played together for so long." Kerns said. "Our major weakness was the fact that a lot of girls were out at the beginning of the season." With both the boys and girls teams working so hard outside of the season, there is a strong possibility for both teams to advance to state this year. "I have high expectations for our team," Teas said. "I think we are going to work really well together." Both teams are expecting a promising record as well. "Overall, I am really excited for this season," Kerns said. "I know it's going to be a lot of fun."

December



1.

-Workshop Day-No
School
-GBB JV @ Mason
City
-BBB JV Mason
City



2.

-GBB 9/10/V DM
Roosevelt
-BBB 9/10/V @ DM
Roosevelt

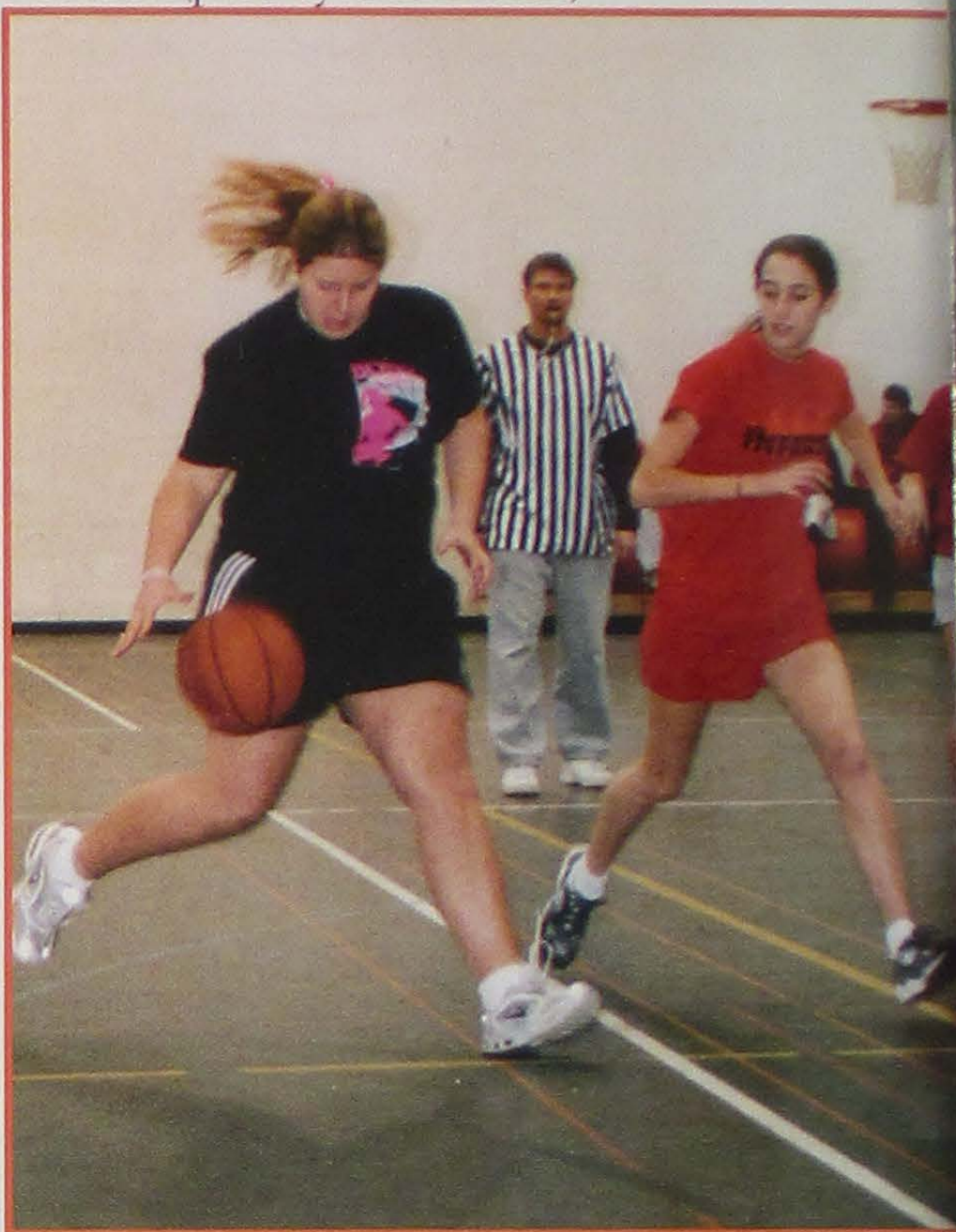


**Loop, Schwoop,
and Through-** At-
tempting to tie her
stylish, cool shoe,
sophomore **Jessi
Egli-Davis** puts her
foot on the cafete-
ria table during
study hall. (Photo
by Shannon
McCormick)

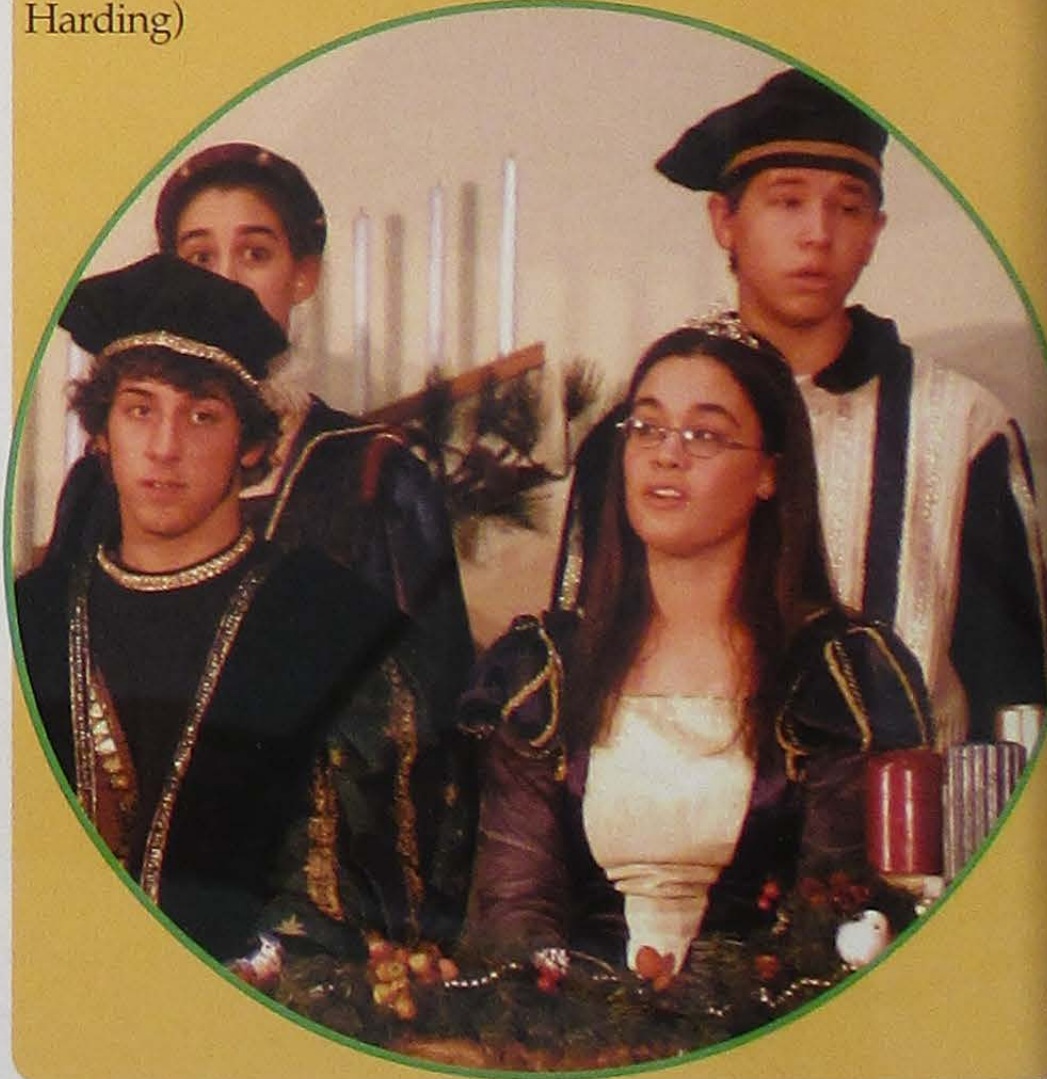
Off To A Good Start- At a swim meet against Valley, sophomore **Joe Weidemeier** dives into the water for his race. Weidemeier took part in the 4x1 relay exchange, which helped send him and his teammates to the state competition. The swim team placed fifth and Weidemeier won two relays. (Photo by Audrey Weidemeier)



Norlin, Katie Norlin- Dribbling the ball down the court during a basketball game, senior **Katie Norlin**, member of the intramural basketball team The Bond Girls, shows spectators true competition. "I really loved being on the team. There was such unity. We even had a Christmas gift exchange party!" Norlin exclaimed. (photo by A. Schliesman)



Vocal Focus- The Madrigal Dinner, an Ames High tradition, is a December event where members of the community are entertained by select AHS students. It included some of AHS finest acting and music performance. (photo courtesy of Nicole Harding)



Top Ten Favorite Snowy Activities

1) I enjoy co-ed snow wrestling. The reason I like it is...well I think that's self-explanatory. -Senior Katie Knapp

2) I spend all my free time snowboarding with Bob at Seven Oaks. Snowboarding is way better than all those other crappy winter sports, like skiing. -Sophomore Joe Folkmann

3) Snowfootball is great because it doesn't hurt so much when someone five times your size tackles you. -Senior John Chrisinger

4) I like driving in the snow because it presents a challenge and allows me to live on the edge. -Senior Anu Biswas

5) When I build snowwomen, I get the chance to sculpt my perfect woman. -Sophomore Ryan Catus

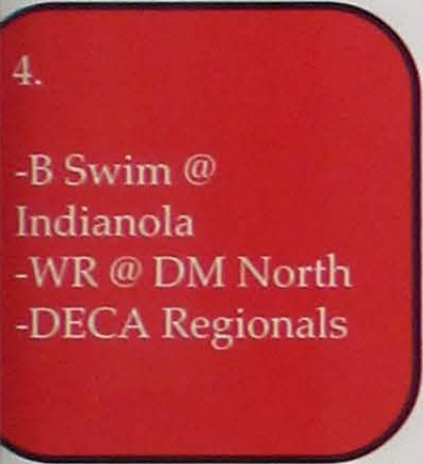
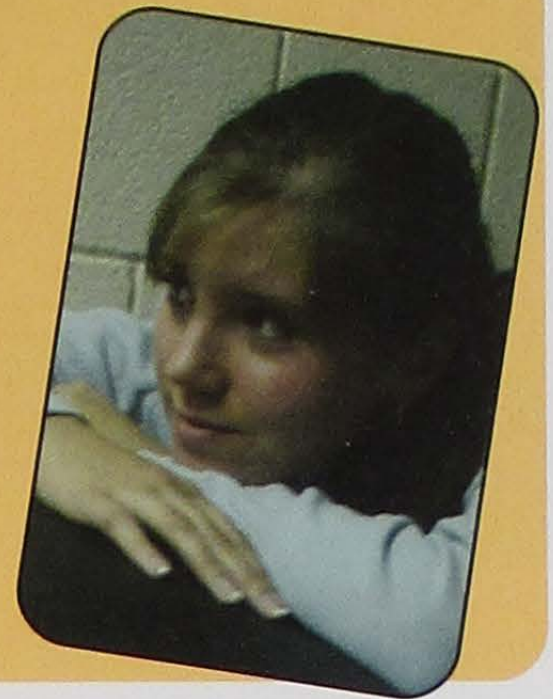
6) I love to sled with my Scandinavian life partner, Stephanie Nelson. -Senior Christina McClelland

7) I like to do doughnuts in the parking lot, because it makes me dizzy. -Junior Courtney Currie

8) Snowball fights are fun because I have an excuse to throw things (like snowballs) at people's heads. -Junior Whitney Sjulin

9) We like to go skiing and nature watching, because then we can go down the hills really fast and see all the hot snow bunnies. -Freshmen Michael Herriges and Robert Koehler

10) I bury my dogs in the snow and have snowball fights with them. -Freshman Courtney Larson



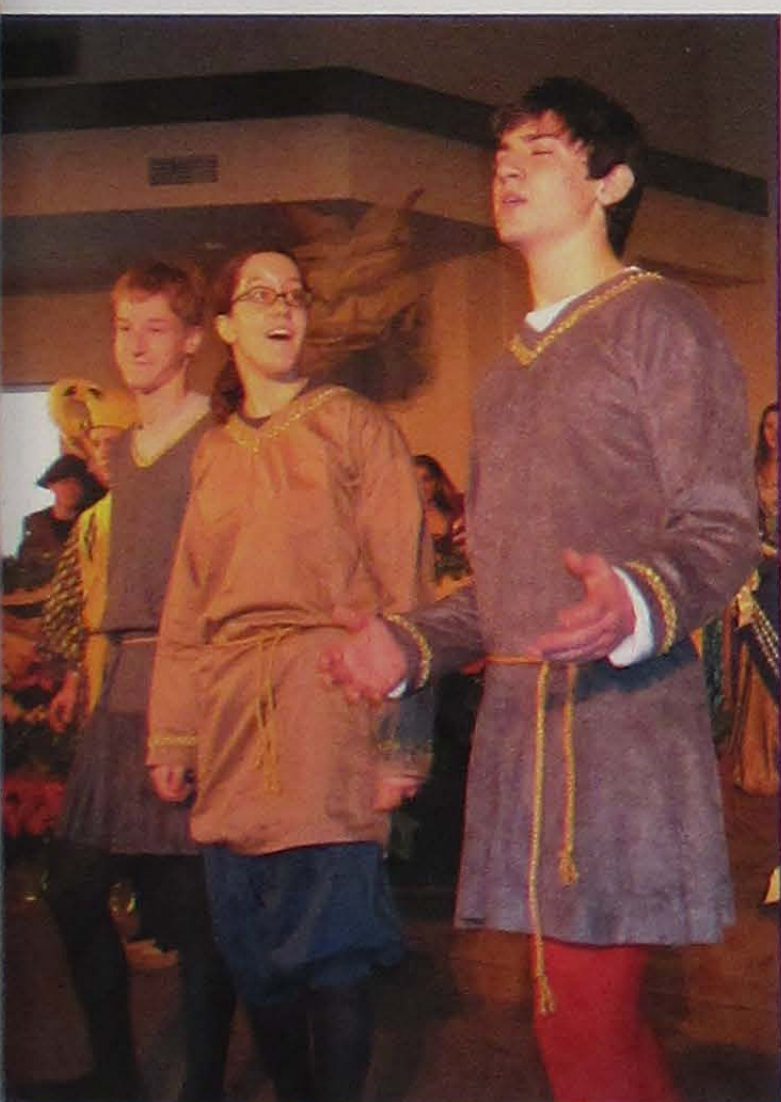
4.
-B Swim @
Indianola
-WR @ DM North
-DECA Regionals



5.
-GBB 9/10/V @
Newton
-BBB 9/10/V
Newton
-Madrigal Dinner
-State Drill Team

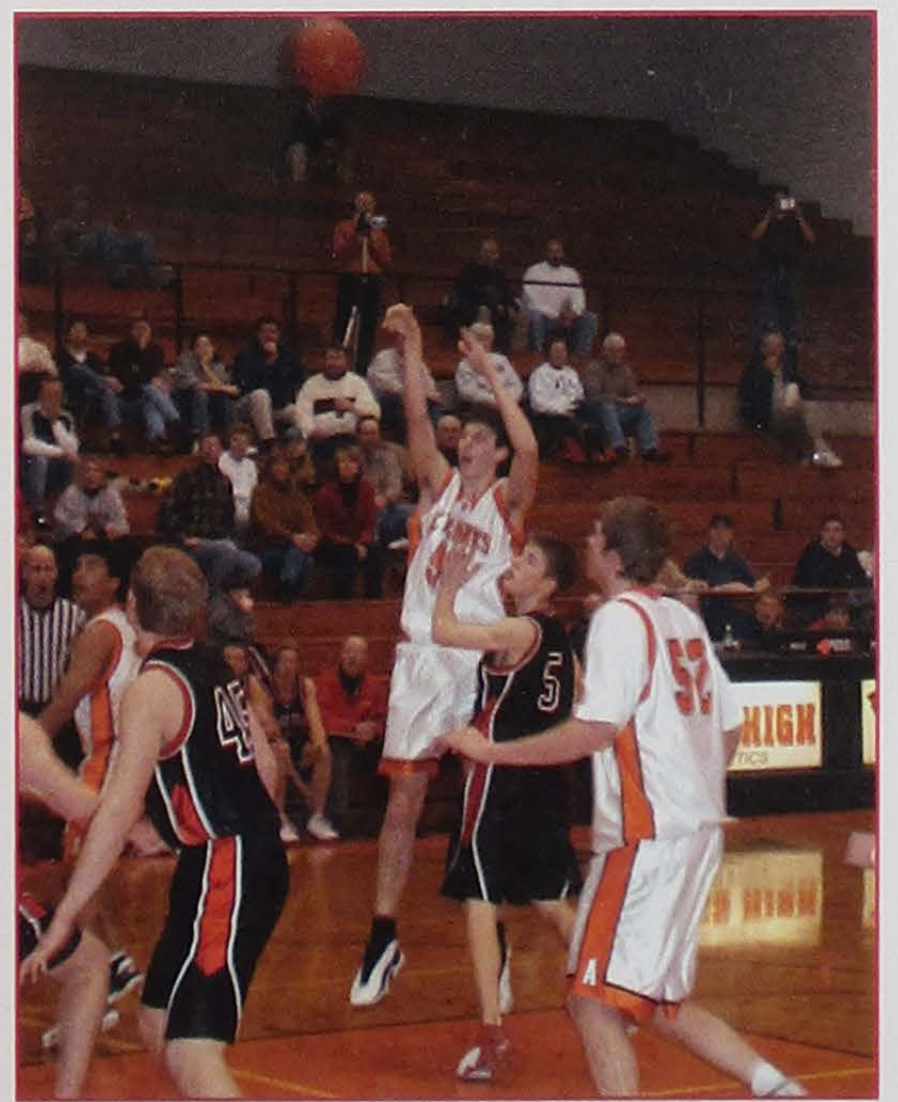
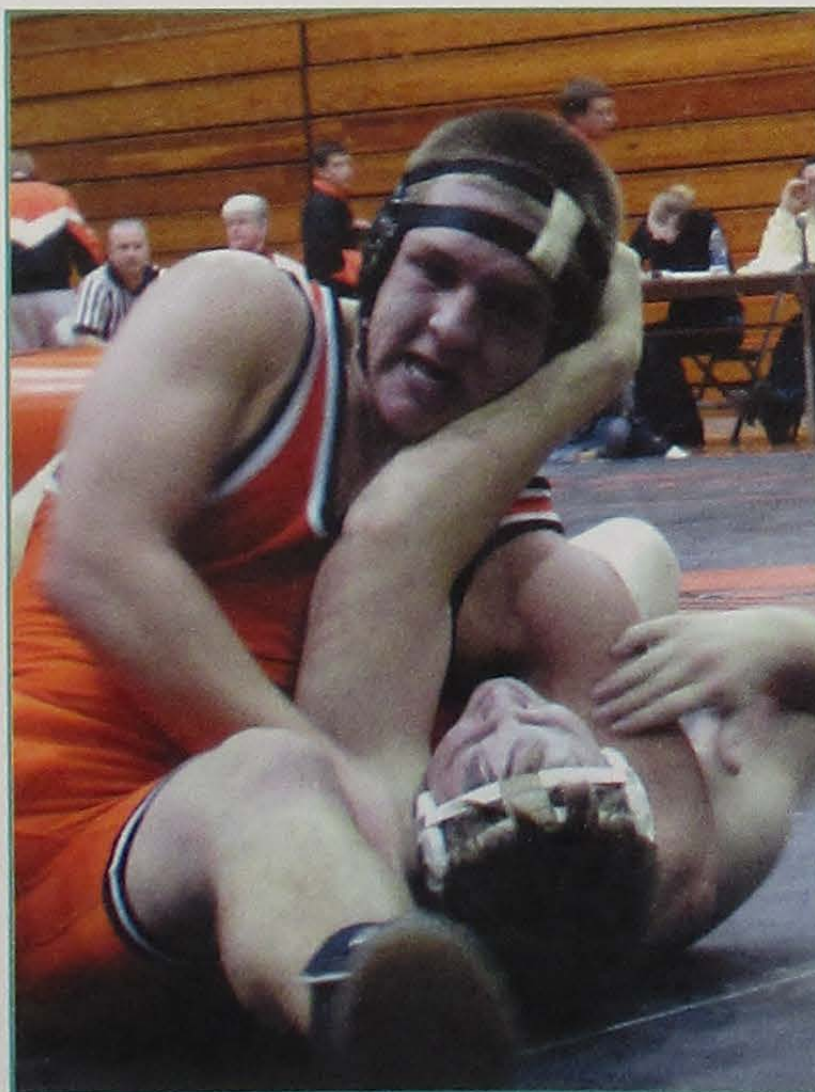


-BBB 9 @ Urbandale
-GBB 9 @ Urbandale
-WR 9-10 Ames
Invite
-B Swim Ames Invite
-Madrigal Dinner



Magical Madrigals-Acting in a skit during the Madrigal Dinner, sophomore **Ross Oppenhaver**, junior **Sarah Spencer**, and sophomore **Andy Richards** sing their hearts out. The Madrigal Dinner is a yearly performance by the best singers at Ames High. (Photo by Emily Cohea)

Smile for the Camera- Going in for a take-down, senior **Beau Knock** catches sight of the camera as he prepares to pin his opponent. Although the boys wrestling team could never attract the audience of football or basketball, it sent four team members to the state tournament. (Photo by Liz Wandling)



SWOOSH- At a varsity game against Newton, junior **Ross Marsden** shoots a two-point shot. The varsity team had a great season after their win against Newton. They advanced all the way to sub-state. (Photo by Emily Cohea)



Thrills and Frills- Fastening the tutu of her frilly friend, senior **Anna Domoto** aids junior **Abby Gaul**. Domoto and Gaul were two of approximately twenty-five dancers who performed as snowflakes in Ames's annual Nutcracker Ballet. (Photo taken by Miranda Eness)



Brave Shave- Grining widely at the camera, senior **Vinny Vittal** is ecstatic about his new hair-do. Constant hassling from peers finally convinced Vittal to chop off his long locks, and senior friend **Ben Hanson** was glad to aid in cutting Vittal's hair during their lunch break. Although the change was essential, dropping the cash for a cut wasn't. (Photo by Audrey Wiedemeier)

December



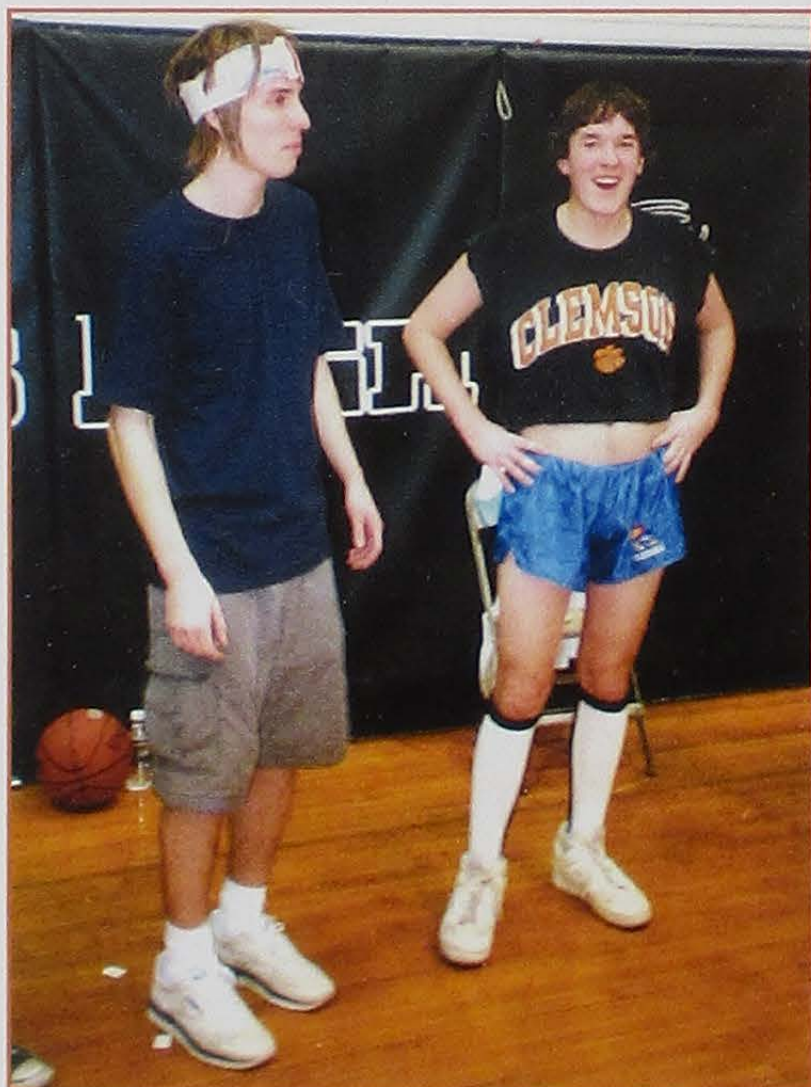
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-G BB JV Fort Dodge
-B BB JV @ Fort Dodge



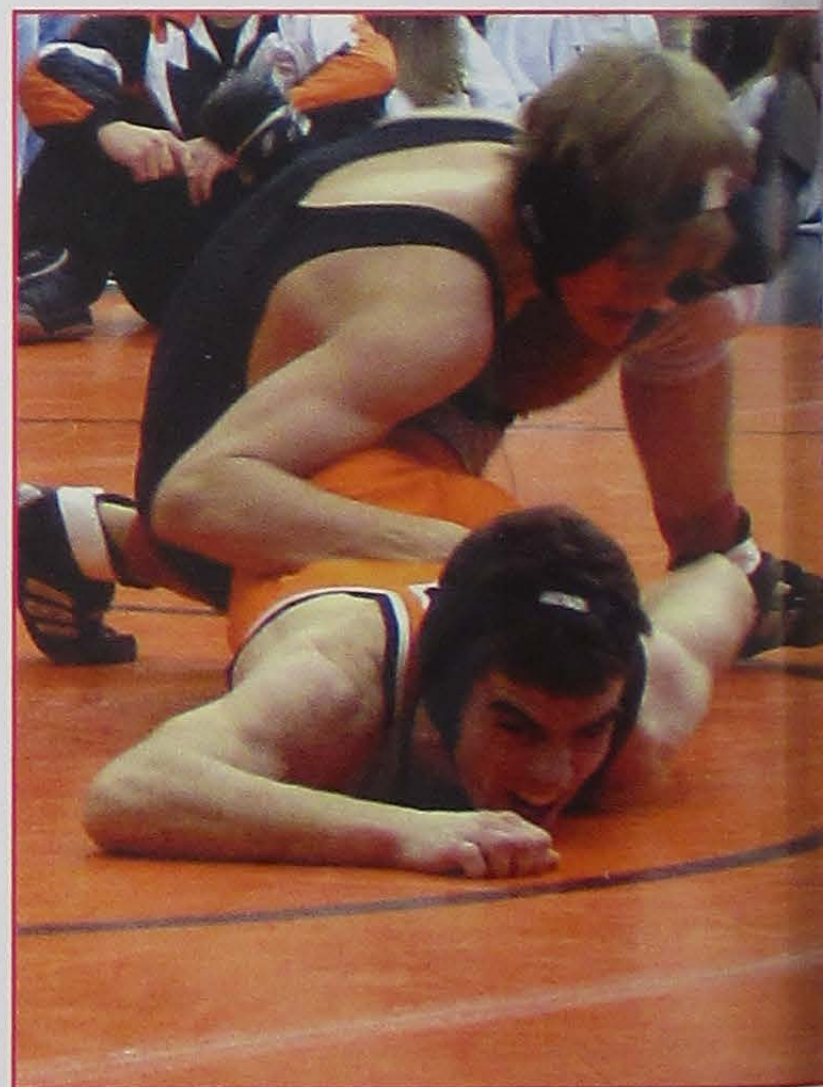
9.

-G BB 9/10/V @ Boone
-B BB 9/10/V @ Waukee
-Financial Aid



Street Look- Taking a breather from their I-Ball game, juniors **Joe Scott** and **Ricky Fields** model their attire. The team "uniform" consisted of each player wearing equally inappropriate clothing, while the team "effort" consisted of no wins (except one by forfeit). (Photo by E. Cohea)

Oxygen Break- Emerging from beneath the heavily chlorinated pool water, freshman **Josh Peterson** takes a deep breath of air to revitalize his lungs during a strenuous and competitive heat. Peterson had a successful freshman season while competing on the varsity team for the duration of the season. (Photo by Audrey Wiedemeier)



The Young and the Wrestlers- Desperate to regain the upper hand in his match against a Roosevelt Rough-Rider wrestler, senior **Matt Young** escapes the grasp of his opponent. The Ames Wrestling team showed off their improvements made in the beginning months of the season when they travelled to Roosevelt. (Photo by Elizabeth Wandling)



Provocative Paintings- Enthusiastic to support the varsity basketball team, freshmen Zachary Hagert, Justin Gleason, Antony Dempsey, and Jason Maars rally the crowd. The school spirit was needed in Ames High's rally against West Des Moines Valley. (Photo by Elizabeth Wandling)



Chillin' In the Snow- After an exhausting evening of sledding, seniors Andrew Burgason and Elizabeth Wandling sit and talk at Gateway Hills Park. Much of the senior class made the most of what would be their last winter in Ames. (Photo by Audrey Wiedemeier)



Brenner the First- Giving his best portrayal of Henry IV, senior Chad Brenner engages in a dramatic conversation with senior Mike Schaefer, playing the drunkard, Falstaff. The play was performed throughout Darin Johnson's Honors English 12 sections and enjoyed by the more creative actors of the senior class who supplemented their acting with additions such as choreographed swordfights. (Photo by Darin Johnson)

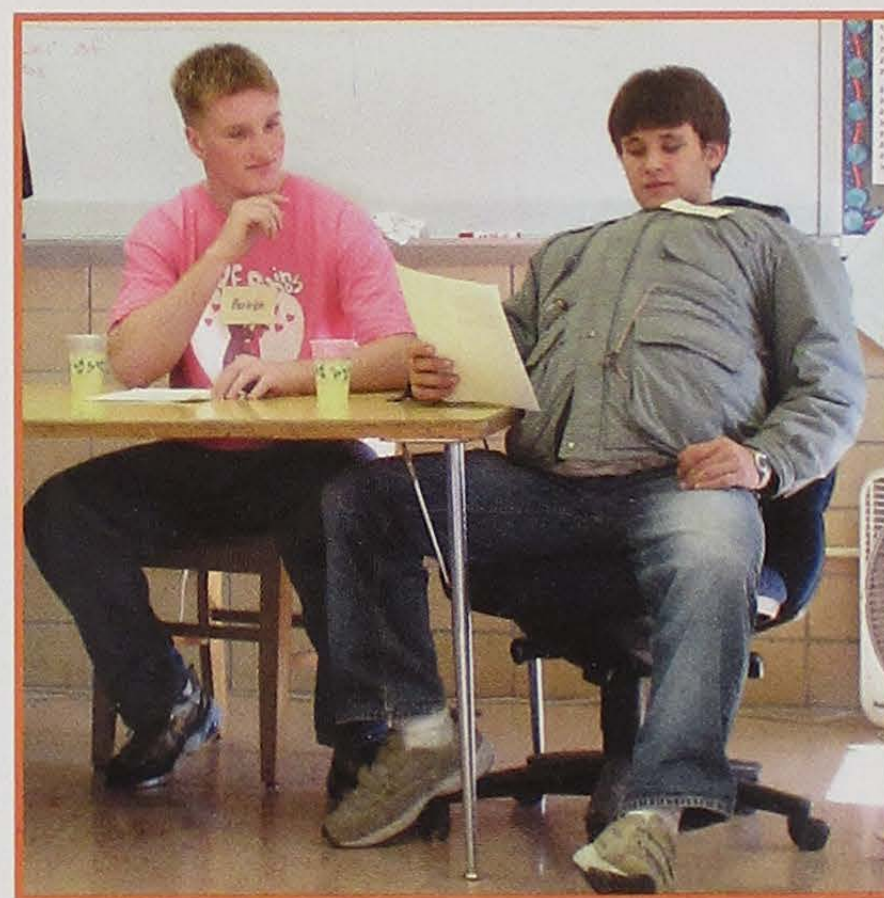
10.

-I Ball



11.

- B Swim DM
Roosevelt
- WR Roosevelt/
Boone
- Key Club Book
Drive



12.

-Key Club Book
Drive
-G BB 9/10/V @
Valley
-B BB 9/10/V
Valley

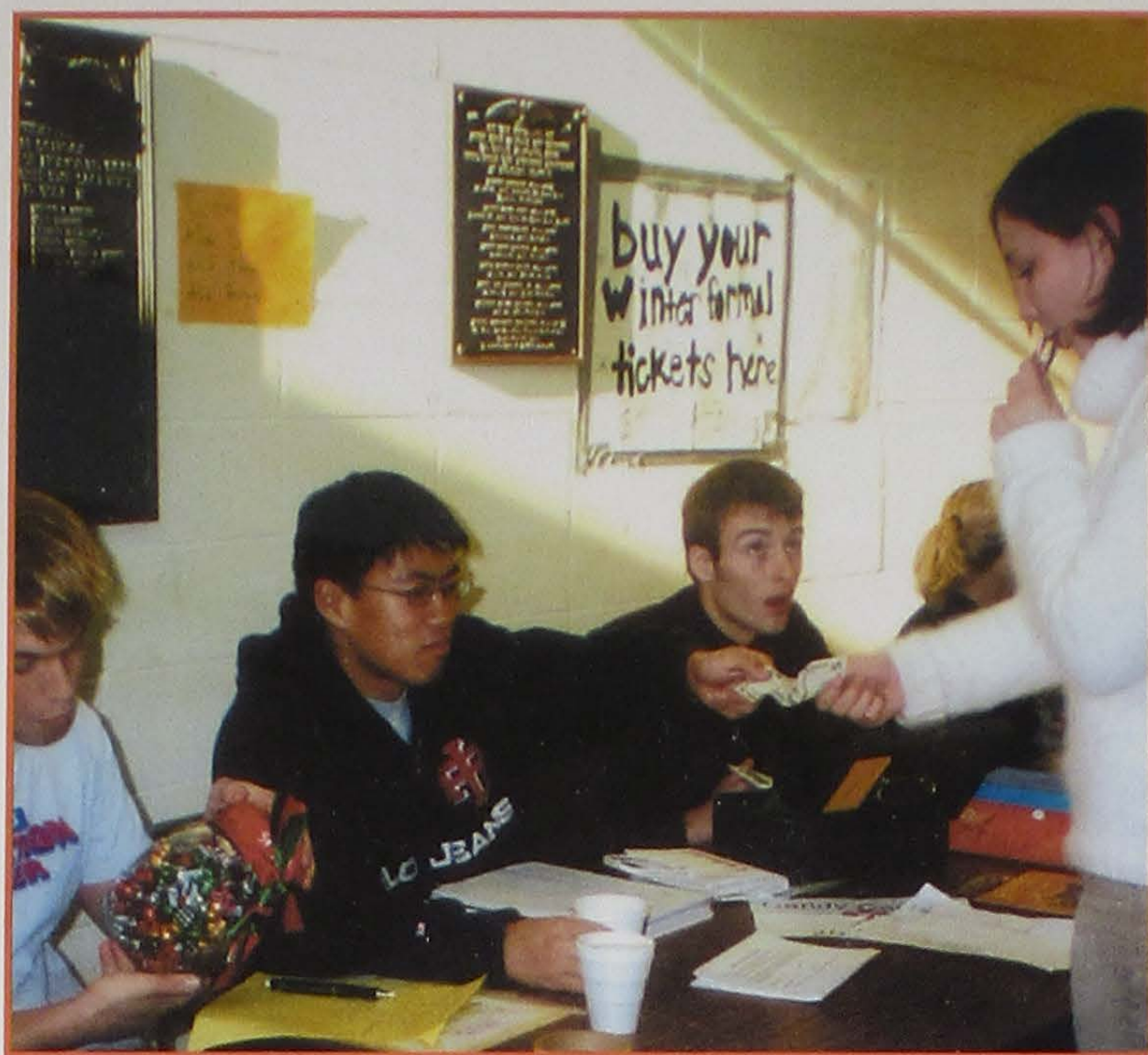


13.

-WR JV Webster
City Invite
-WR V Valley
Invite
-B BB JV @ M'town
-G BB JV @ M'town



Ya Go for Yoga? - In a painful attempt to tone and trim their thighs and rumps, members of the SPIRIT staff sustain the squatting position for an excruciating ten seconds. Junior Anna Horst led the group after stumbling across the helpful workout in a *Cosmopolitan* magazine. All members of the staff enjoyed the break to indulge in a spiritual breather. Not only did they each lose sixteen inches from their thighs, but the exercises also helped to relieve stress from a hard day's work. (Photo by Sara Bohn)



Bling Bling- Taking some money, senior **Andrew Kang** helps student council raise money for Winter Madness. All Winter Madness proceeds went to the purchase of presents for needy families in Ames. "It's all for a great cause," Kang said. (Photo by Miranda Eness)



Delicious- Senior **Meghan Dilks** attempts to scarf down as many pies as she can in a pie eating contest. The contest was part of the Winter Madness/Winter Formal assembly. Senior **Steve Volcko** won the competition, giving credit to his enormous hunger to win. (Photo by Emily Cohea)

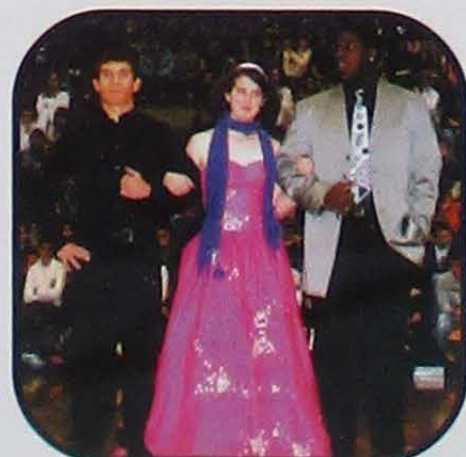


Foxy Lady- Escorted by two of the hottest boys in the school, seniors **Brad Schmidt** and **Wesley Norris**, senior **Mindy Heitzman** takes her turn in the introduction of the Winter Formal Court. Heitzman went on to be the Co-Queen of Winter Formal, sharing the role of queen with senior **Ashley Gilmore**. The Winter Formal Coronation Assembly was attended by almost every student the last day of school before Winter Break. (Photo by Rachel Nesbitt)

"I just want to know who is responsible for our walls being teal in the back lobby. Honestly, could it look any worse? It feels like we are in a bad 80's movie with that one chick from 16 Candles."

-Todd Maurer, Junior

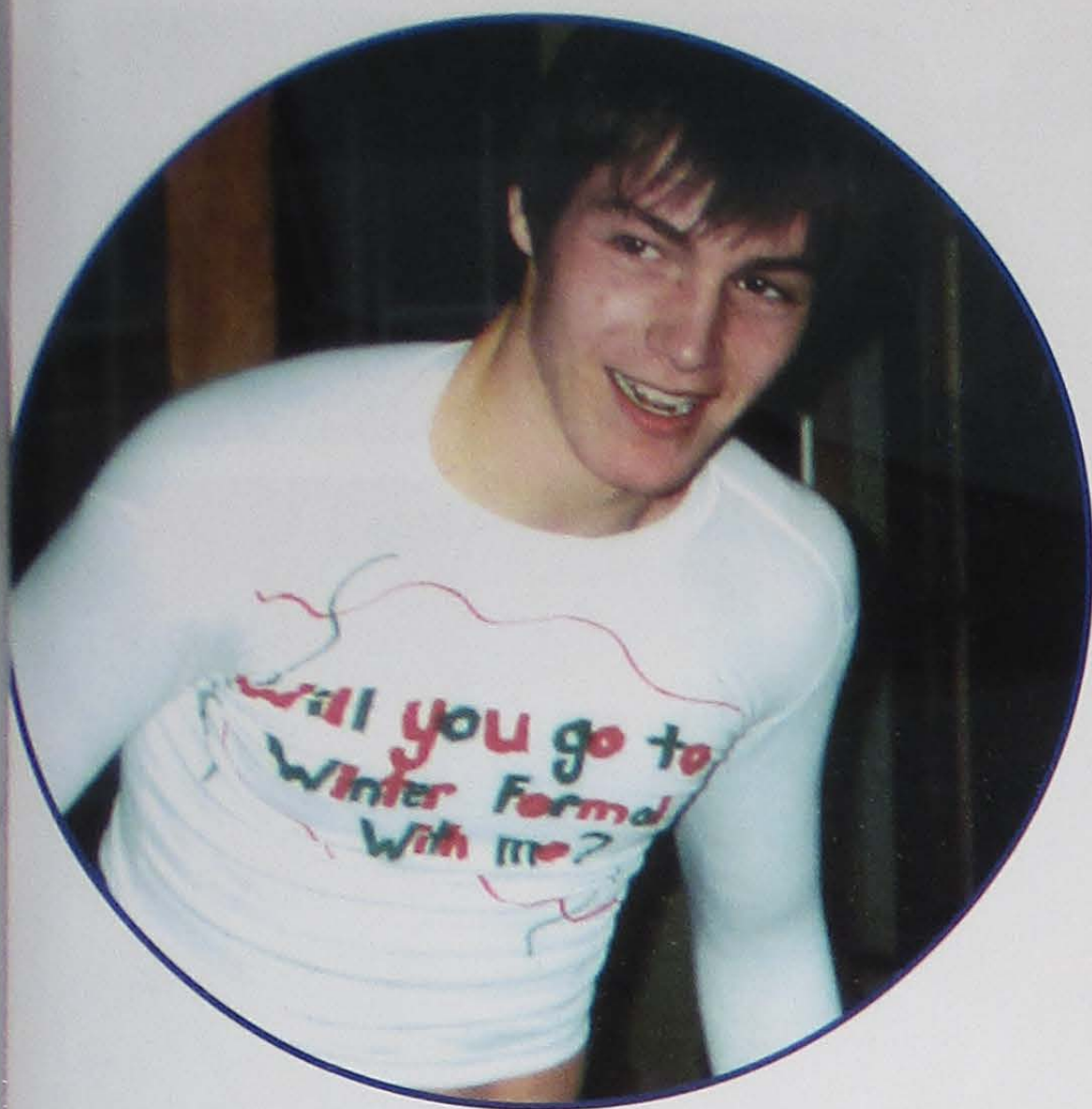
December



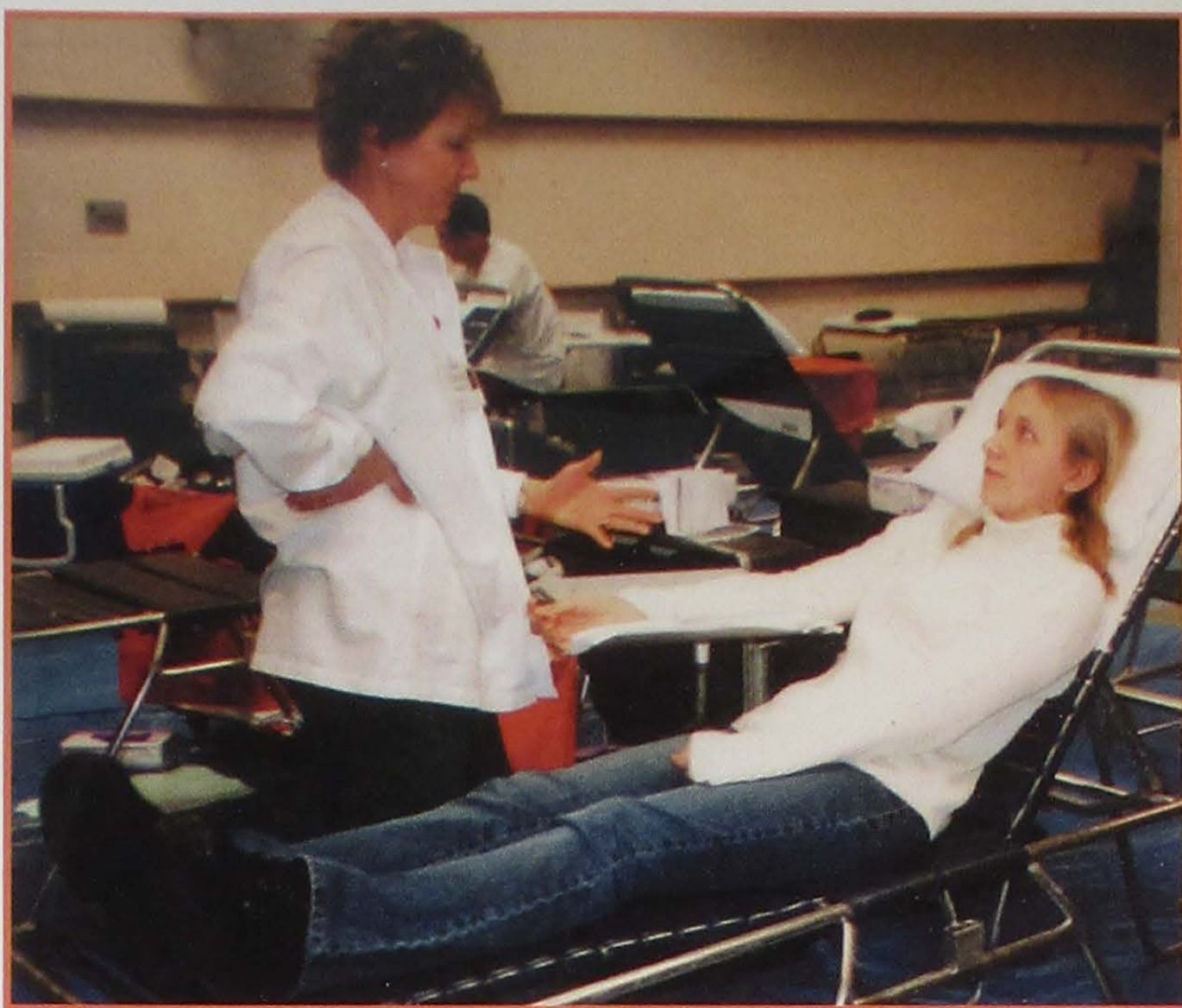
15.
-Holiday Band
Concert



16.
-B Swim Boone
-G BB 10/V
Urbandale
-B BB 10/V
Urbandale



Tiny Shirt For a Big Question- While modeling for the crowd, junior Beth Dodge happily accepted junior Julie Larson's invitation to accompany her to Winter Formal. "The shirt was so small, I knew that I couldn't fit into it myself, I swear they forced it on me!" Dodge exclaimed. (Photo by Miranda Eness)



Donating Blood- Saving a life, senior Diane Wilson donates blood during the Ames High Blood Drive. Students who donated blood received several perks for donating including a T-shirt, some cookies, and some juice. "The real perk was saving someone's life," senior Nick Roughton said. (Photo by Darin Johnson)

18.
- B Swim @
Ottumwa
- WR @ Ottumwa
-I Ball



19.
-G BB 9/10/V
Mason City
-B BB 9/10/V @
Mason City



20.
-WR Fort Dodge
Invite
-Hockey



17.
-Senior Senate
Blood Drive

SURVEY

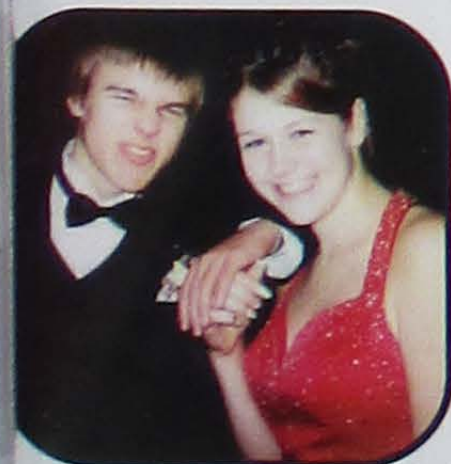
What act would you be in a carnival, and why?

I think I would be the ring leader, you know, the one with the whip, whsspp.
-Senior Megan Baughman

I would be the big person who deals with all of the big things because I am so huge.
-Junior Kristin Tierney

I'd be the three legged man because I already have three legs on my body.
-Freshman Joey Lien

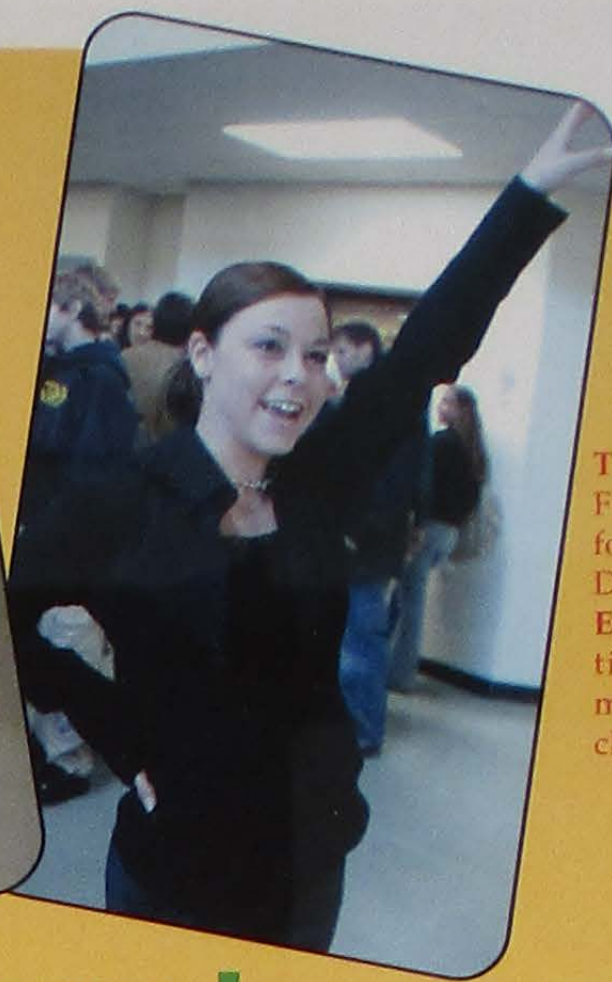
I would be the cannon guy because I am too lazy to walk.
-Sophomore Kurtis Furgason



Dancing Diva-
Sophomore **Lydia Lowry** shows-off her favorite dance move used at state competition this year for Ames High Drill Team.



Totally Thatcher-
Four-year dancer for the Ames High Drill Team senior **Erin Thatcher** practices her dance moves between classes.



Dance!



2.

-VB DM North 9/
JV/V
-B Golf @ Roosevelt
-G Swim DM North
JV/V



"Birds scare me. Especially peacocks. Never steal peacock eggs, I know from personal experience."
- Junior Pavla Brachova

"Being a freshman is fun, but senior year is what I live for."
- Freshman Stephanie Shuey

December



1.

-Labor Day--No School



2.

-VB DM North 9/
JV/V
-B Golf @ Roosevelt
-G Swim DM North
JV/V

Grabby Abby- Taking a chance at a mystery present, junior **Abby Gaul** hopes her present will be an exciting pick while junior **Jamie Carlyle** looks on. Gaul and Jamie were a part of the third annual "Dirty Santa Party" at Darsahna Bhattacharyya's house. (Photo by Miranda Eness)



Attack of the Angels- Making snow angels in the freshly fallen snow, senior **Ricky Thompson** and friends explore different ways to have fun in the winter weather. "Making snow angels was really fun. But it would have been way better if we had a snow day for once!" Thompson said. Seniors were especially hopeful for a snow day knowing they would not have to make them up. (Photo by Audrey Wiedemeier)

4.
-B/G CC Little
Cyclone Invite



5.
-FB V SE Polk



6.
-VB Ames Invite
-Pufferbilly Days
Parade



State Drill Team

Drill Team has high hopes for state
Story by Miranda Eness

Two minutes may seem like a short amount of time, but for the Ames High Drill Team hours upon hours are spent preparing for these two precious minutes. The Drill Team annually participates in the Iowa State Drill Team Competition and competes against hundreds of other teams from all over Iowa. This year the team had high expectations and were ready to see if all of their hard work had paid off.

The Ames High Drill Team is split up into two separate squads, the Gold squad and the Silver squad. Both squads compete in different dances, but also perform some dances together. The squads practice year-around to perfect their dances. The week before State, the teams practice every morning as the sun begins to rise at 5:30am.

Ames High sophomore **Lydia Lowry** has been a member of Drill Team and has competed twice at State. "We get two minutes for each routine to show the judges how good we are; if someone messes up or anything it can mean the difference," Lowry said. "It's a nerve-racking day, but also one of the most fun days spent with my sisters on the team!"

All the lost hours of sleep, hours of practice, planning, and excitement build up to the big day:

December 7th. The team leaves early on a bus to Veterans Auditorium in Des Moines. "The bus ride is filled with laughter and girls looking at small compact mirrors while putting on our make-up," says Lowry. "It's hard to breathe through the hairspray fumes. At Vets we line up and see our competition from backstage through a curtain. As we line up to go on we all are so nervous we suddenly have to pee!"

"While waiting for the music to begin, you feel like you forgot the entire dance!" senior **Erin Thatcher** said. "But performing is the best part of State. We get to go out there and show everyone exactly what we have worked on and what we are made of."

The Drill Team placed in every single dance they performed. They received Division One placements in more than nine dances. With State being such a success the Drill Team now has to look forward to going to nationals. "Although state, for most sports, is the end of the season, Drill Team just gets started," Thatcher said.

"All of the makeup, hairspray, and false eyelashes were worth the annual event," Thatcher said. "It has formed many memories for each individual dancer, including me!"

Awards Aplenty- Gathering around numerous trophies, the Ames High Drill Team celebrates all of their accomplishments at State. Both the Gold Squad and Silver Squad received Division One placements, as well as the Drill Team's coed squad. The Drill Team is coached by **Sarah Buss** who choreographs most of the dances. (Photo Courtesy of Jennifer Bean)

Cheers! Toasting to the holidays, juniors **David Bunting** and **Sarah Eggert** celebrate the holidays at a party that was thrown by local youth group, Escape 22. The youth group was taking part in progressive dinner and ate different parts of the meal at five different homes. (Photo by Miranda Eness)



Winter Formal

Januray 2nd 2004



Peace Out- Having a great time at Winter Formal, seniors **Laura Kim** and **Trystan Woods** flash their respective gang signs. Although their ghetto impressions tend to be false, Kim does owe her respect to the west borough of Ames. (Photo by Emily Cohea)



Picture Perfect- Gathering before venturing off to Winter Formal, seniors pose on the stairs for a picture. (Photo courtesy of Emily Cohea)



Break It Down- Break dancing at Winter Formal, senior **Yasse Obeid** shows off some of his cool moves. Many people stared in amazement as many students performed for the crowd. (photo by Brooke Strickler)


Building the Eiffel Tower-
 Seniors
Caitlin Knuth and
Alyssa Stum
 construct
 decorations
 the day
 before the
 dance. (photo
 by Andrea
 Schliesman)





"I had a ton of fun at Winter Formal. I had a date, but he got grounded so I just went with all of my friends. We danced a lot and had a great time."

-Sophomore Stephanie Enloe



"I loved Winter Formal. It was a great time, great friends, great music, and great dancing. I'm so sad that this was the last one for me."

-Senior Robin Bullock



"I love dressing up! It's too bad my camel pack didn't match my dress. Oh well, I drank punch instead to keep me hydrated."

-Senior Arriel Wayne



"Winter Formal was, well, amazing. Being a senior really enhanced the overall experience."

-Senior Rebecca Raab



YUM - Sophomores, Joe Folkman and Sarah Cram enjoy their dinner at Cafe Northwest. (photo by Andrea Schliesman)



Get Down-Teacher Jenny Hobbs and senior Jessica Keefe dance the night away. (photo by Brooke Strickler)



Picture Perfect-Doing her best to avoid puncture, senior Jackie Brannan pins a boutonniere on her date, senior John Misra. "For the first time EVER I actually fastened it onto my date. Usually the flower just flops around the rest of the night, hanging on by a mere pin," Brannan said. (Photo by Emily Cohea)



December



1.
-Workshop Day-No
School
-GBB JV @ Mason
City
-BBB JV Mason
City



2.
-GBB 9/10/V DM
Roosevelt
-BBB 9/10/V @ DM
Roosevelt



The Light of Her Life- Suspending the brilliant blue flame with her tongs, senior **Hannah Rothmayer** stares in awe at the light. Rothmayer enjoyed burning the various chemicals and observing the wide range of colors emitted. The flame's spectrums of colors ranged from hot pink to neon green and purple. (Photo by Andrea Schliesman)

Goal-ward Bound- Skating furiously toward the opposition's goal, junior **Kevin Woodward** prepares to receive the puck from an off-camera teammate. Woodward and fellow hockey players endured a rigorous schedule, travelling across the Midwest from late fall to early spring in an attempt to satisfy their hunger for war on ice. (Photo by Andrea Schliesman)



Victory is Ours- After a fierce competition, **Bobby Sundvold** takes a breather following the Ames High victory over Valley Sundvold came from behind to beat Valley in the 4x100 yard relay and to ultimately win the meet. (Photo by Emily Cohea)

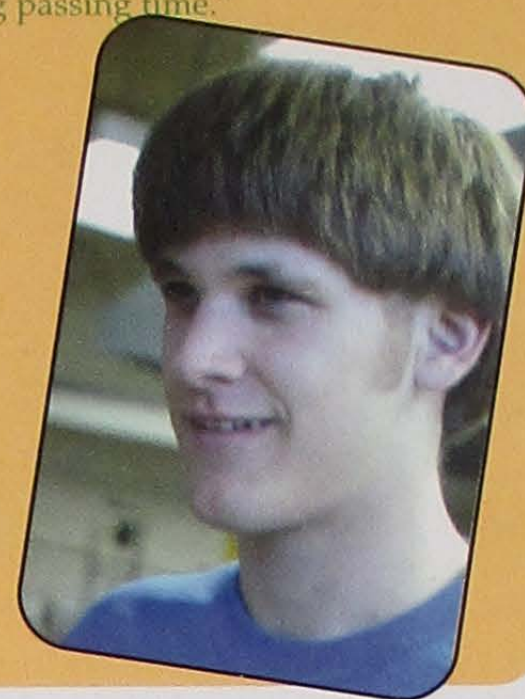




the Monthly Top Ten

What would you most like to hear over the intercom?

- 1) "The announcements in sign language since nobody can hear them anyway."
Senior Carmen Elliot
- 2) "Attention Justin Gilger: Your mom is now nice."
Freshman Justin Gilger
- 3) "Come to the office for a free makeover"
Senior Beau Knock
- 4) "Would the Senior Boys Club please stop streaking in the hallways."
Senior Andrew Miller
- 5) "Pink Floyd singing 'We don't need no education' during passing time."
Senior Nathan Weiss
- 6) "Happy 596th birthday to Mrs. Hanson."
Junior Clifford Corley
- 7) "No one talking--silence."
Junior Kyle Downard
- 8) "The lost and found is now open to scavenging (if you can beat Mooney to the goods)."
Junior Ricky Kinzler
- 9) "Russell is my god."
Senior Russell Jackson
- 10) "Weekly--no--daily updates of the administration's blunders."
Senior Mike Shaefer



4.

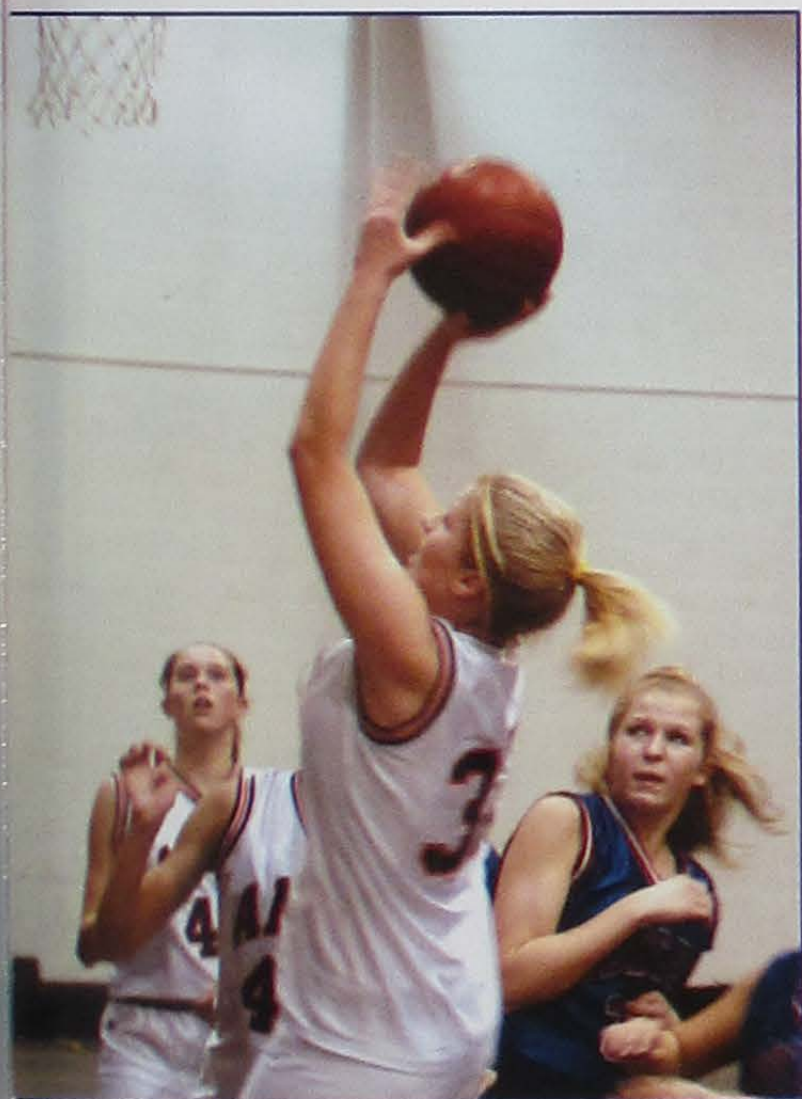
-B Swim @
Indianola
-WR @ DM North
-DECA Regionals

5.

-GBB 9/10/V @
Newton
-BBB 9/10/V
Newton
-Madrigal Dinner
-State Drill Team

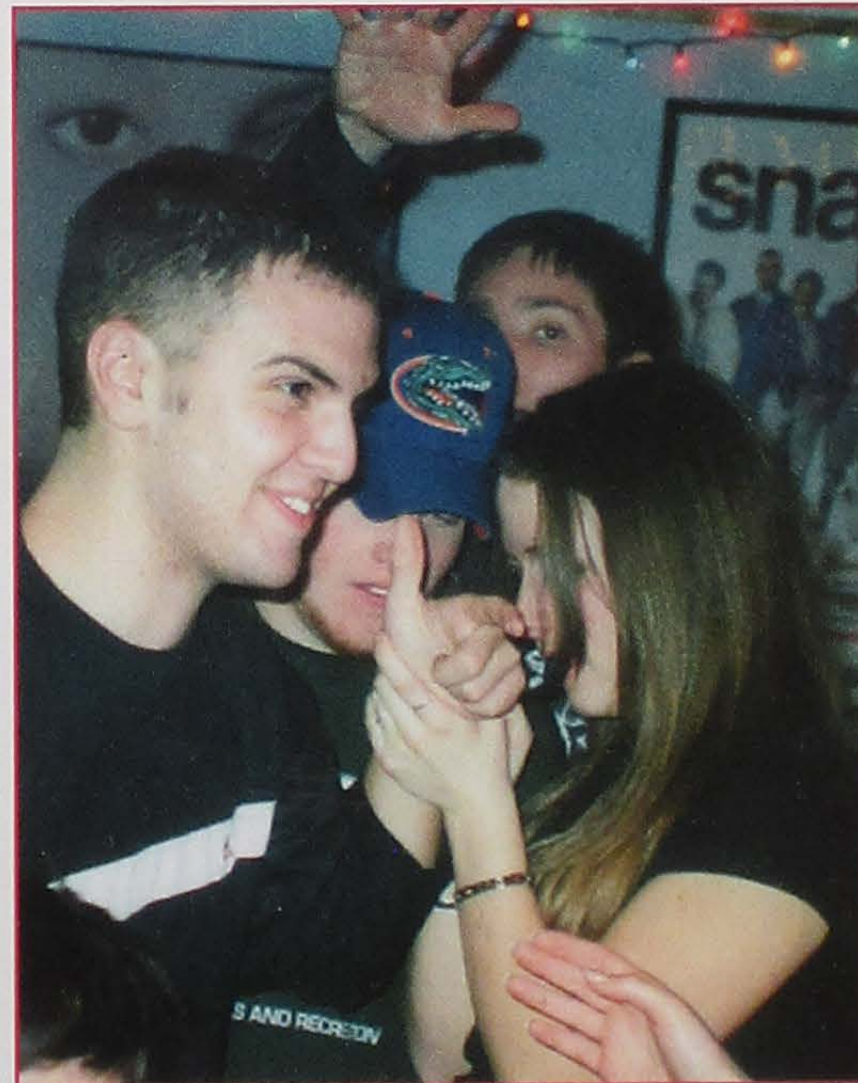
6.

-BBB 9 @ Urbandale
-GBB 9 @ Urbandale
-WR 9-10 Ames
Invite
-B Swim Ames Invite
-Madrigal Dinner



Freshmen Fury- Attempting to boost the score in favor of Ames, freshman **Beth Bystrom** shoots the ball. The freshman team dominated their intense game against the Newton Cardinals. The frequent away games proved to be a strain on the freshmen team. (Photo by Rachel Nesbitt)

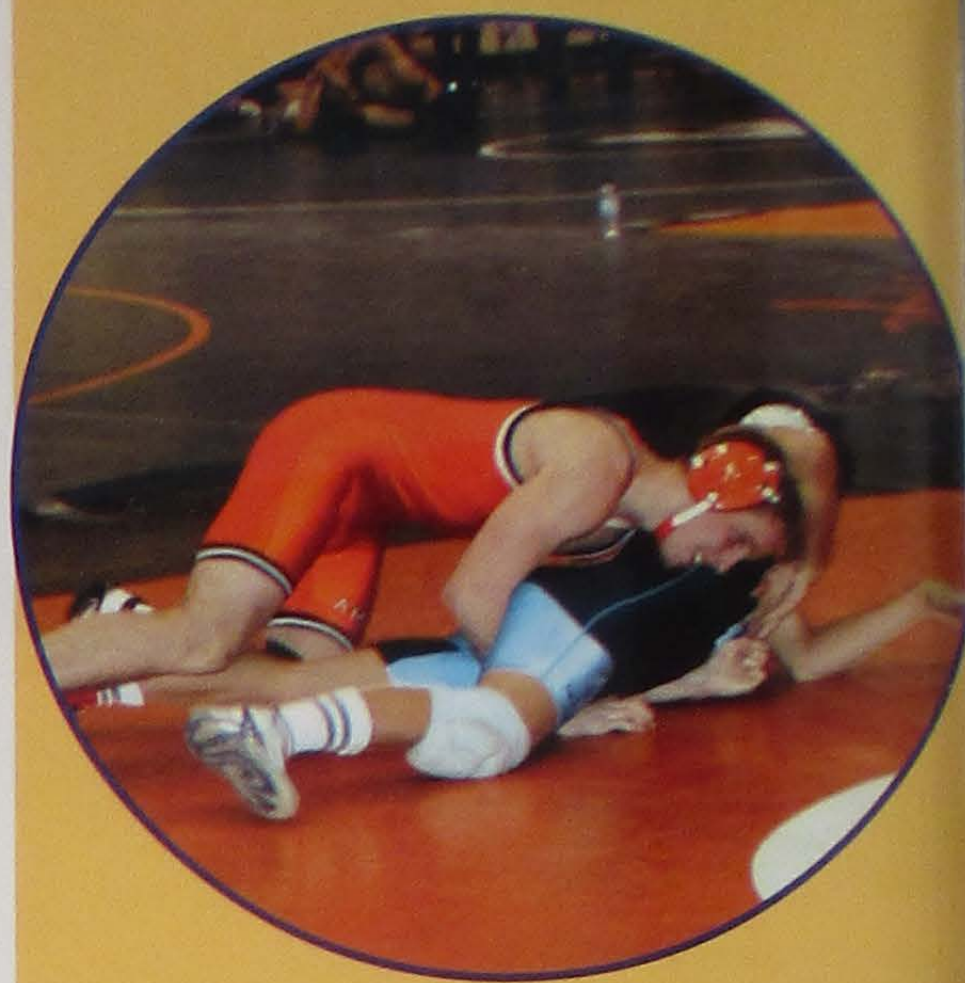
White Men Jumping- Straining for the basketball, juniors **Ben Ertz** and **Todd Mauer** soar in the air. Intramural basketball players enjoyed a long and competitive season, filled with scrappy play and at the buzzer shot gameplay. (Photo by Audrey Wiedemeier)



Smell My Finger- Ringing in the New Year with new sights and smells, a group of seniors gathers in senior **Joel Harris'** house to celebrate. The group decided to forego party hats and noisemakers in lieu of a new activity, the game with thousands of possibilities but only several real answers. (Photo by Audrey Weidemeier)



Resting- Taking a breather during a varsity basketball game, junior **James Teas** works on his focus before taking a three-point shot. "James is a dead eye shooter," said sophomore guard Austin Arnaud. (Photo by Audrey Wiedermeier)



Awkward Position- Wrestling during a varsity home meet, senior **Grant Lambi** attempts to pin his opponent. Lambi has wrestled for Ames High the past four years, and was a returning letter winner. "Going into each meet, Coach would tell me not to get 'fustrated' because it wasn't 'rocket science' and if we worked hard, we could succeed." Lambi said. (Photo by Emily Cohea)

January



2.

-VB DM North 9/
JV/V

-B Golf @ Roosevelt



2.

-VB DM North 9/
JV/V

-B Golf @ Roosevelt

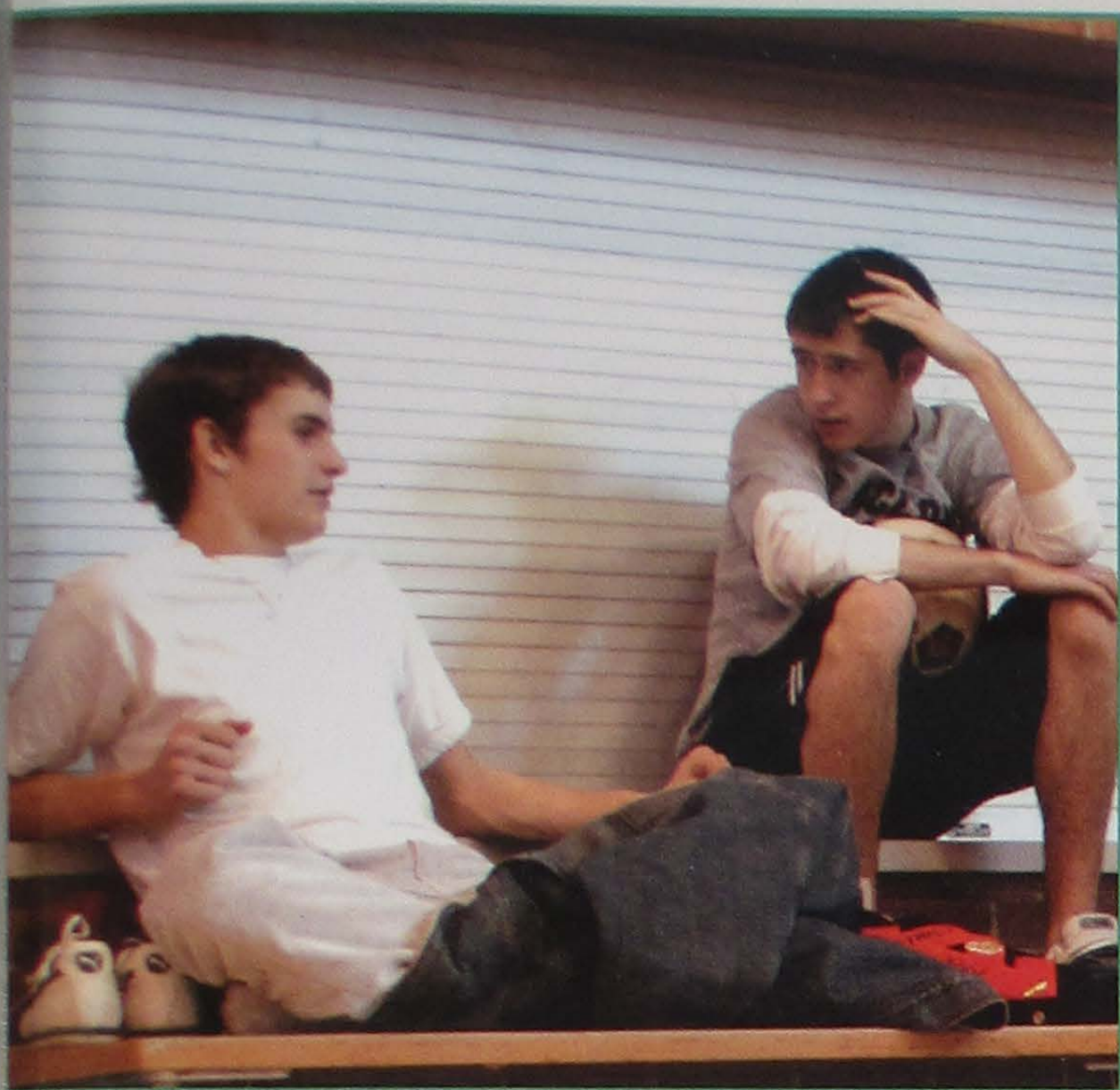


Watch the Ball- During a grueling day of pickleball in P.E, senior **Ryan Norlin** struggles to grasp the paddle-to-the-ball concept. "I heard that," yelled Ryan in response to a comment about his lack of hand/eye coordination. (Photo by Rachel Nesbitt)

Jammin'- Striking up a chord at the John Kerry rally at Ames High, these three fellow supporters play some tunes for the listening pleasure of students attending the Dem. Presidential candidate's speech. Kerry won the Iowa Caucuses that night. (Photo by Rachel Nesbitt)



Tight Squeeze- Struggling to fit herself into the *Toons* dispenser, junior **Katy Nelson** goofs around in the back lobby during passing time. "I was protesting because the lobby doesn't have chairs, and I was sad my donkey butt couldn't fit in the thing," Nelson said. (Photo by Miranda Eness)



Just Chillin- Taking a breather in the upper balcony, seniors **Andrew Burgeson** and **Nick DeKovic** hang out before afternoon soccer practice. The team started training by running the halls and stairs before they officially began practice in the spring. (Photo by Emily Cohea)



One Woman Show- Portraying both Romeo and Juliet at the infamous balcony scene in Act II, junior **Kate Gleason** turns classic Shakespeare into a monologue at the Fine Arts Assembly. (Photo by James Webb)



Clay Mate- Constructing her art project out of clay, freshman **Anja Dekkers** perfects her masterpiece during a free period for her art class. "Art class is a blast, I'm so happy I got to choose it as an elective, even as a freshman. It is really cool to get to work on these interesting projects. It is really fun and it doubles as a social hour." (Photo by Rahel Nesbitt)

2.

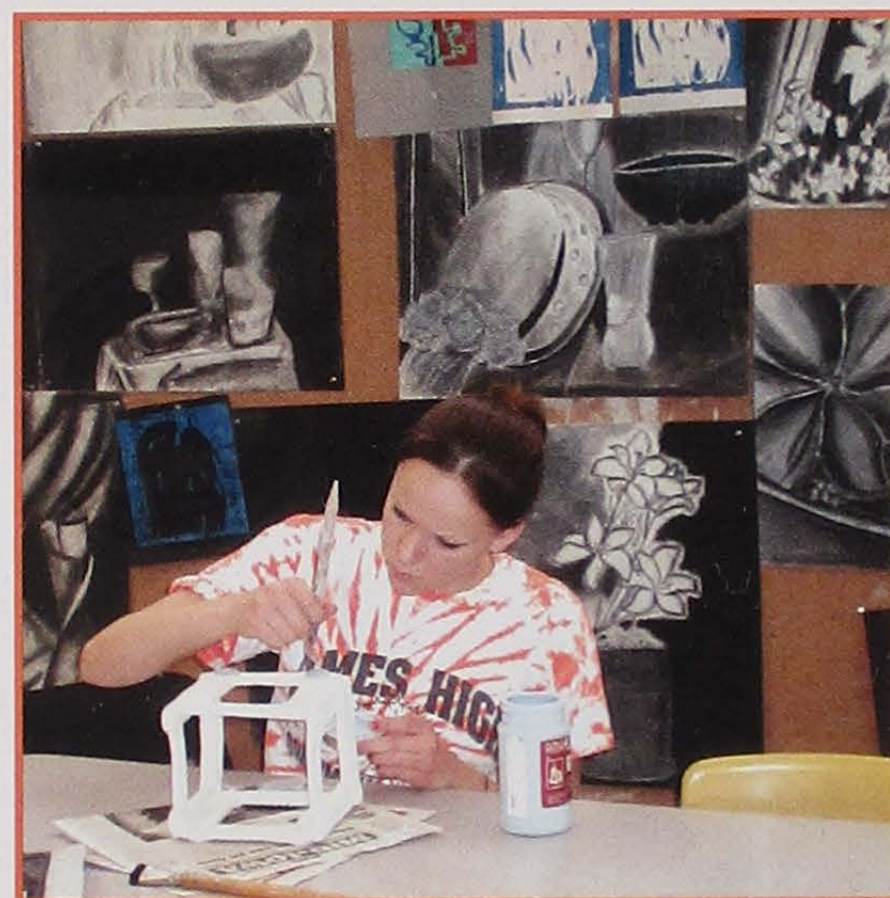
-VB DM North 9/
JV/V

-B Golf @ Roosevelt



5.

-Football Game?



6.

-VB Ames Invite

-Pufferbilly Days
Parade

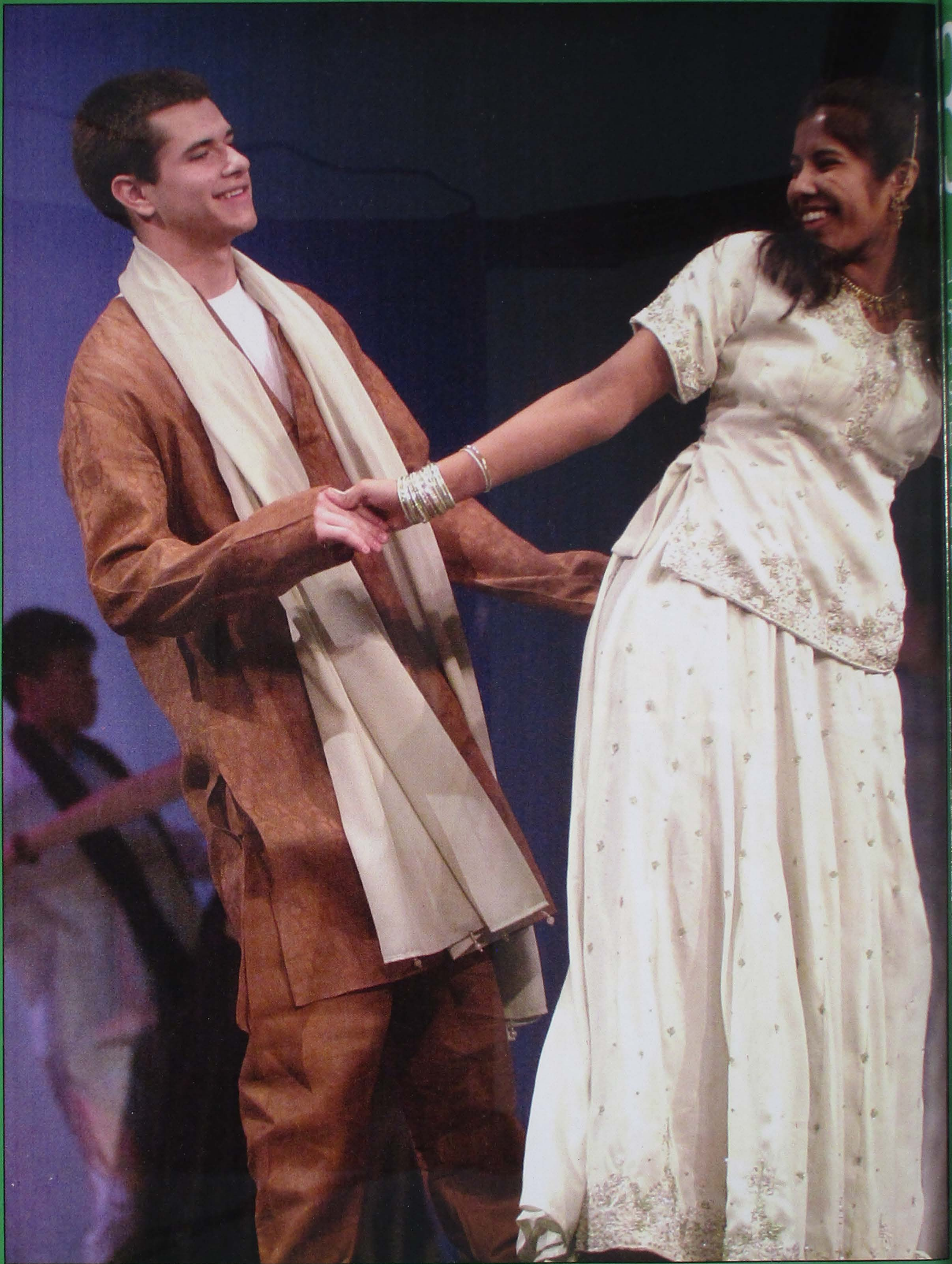


4.

-B/G CC Little
Cyclone Invite



Swim On- On the last length of the 100 meter backstroke, junior **Rob Acker** comes up from his turn. "That third flip turn is the worst," Acker said. "When your underwater doing your kick and you see the air above you and all you want to do is breathe. Oh man, its horrible." Ames went on to win the swim meet against Mason City. (Photo by Audrey Wiedermeier)



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BOARD QUARTER

Score

Students: 90

School: 90

Leap Year. Spring Play. *How to Succeed in Business Without Really Trying*.
Spring Break snow storm. LOTR: Return of the King. France Trip. Terpsich-

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Spain

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hall In-

Valenti

DECA

Tourn

Mistle-

Worst

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Girls'

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Iowa Cau-

Hockey State Tourney. Basketball Substate. Fashion Show. Spring Break.

Senior Pranks. St. Patrick's Day. Ski Club ski trip to Afton Alps. College visits.

Breaking out the tents to go camping. Rugby. The start of track. Snow days-

Oh wait. There weren't any. Bad public service announcements.



B a l l .

T r i p .

Ski Trip.

Trip. Bas-

playoffs.

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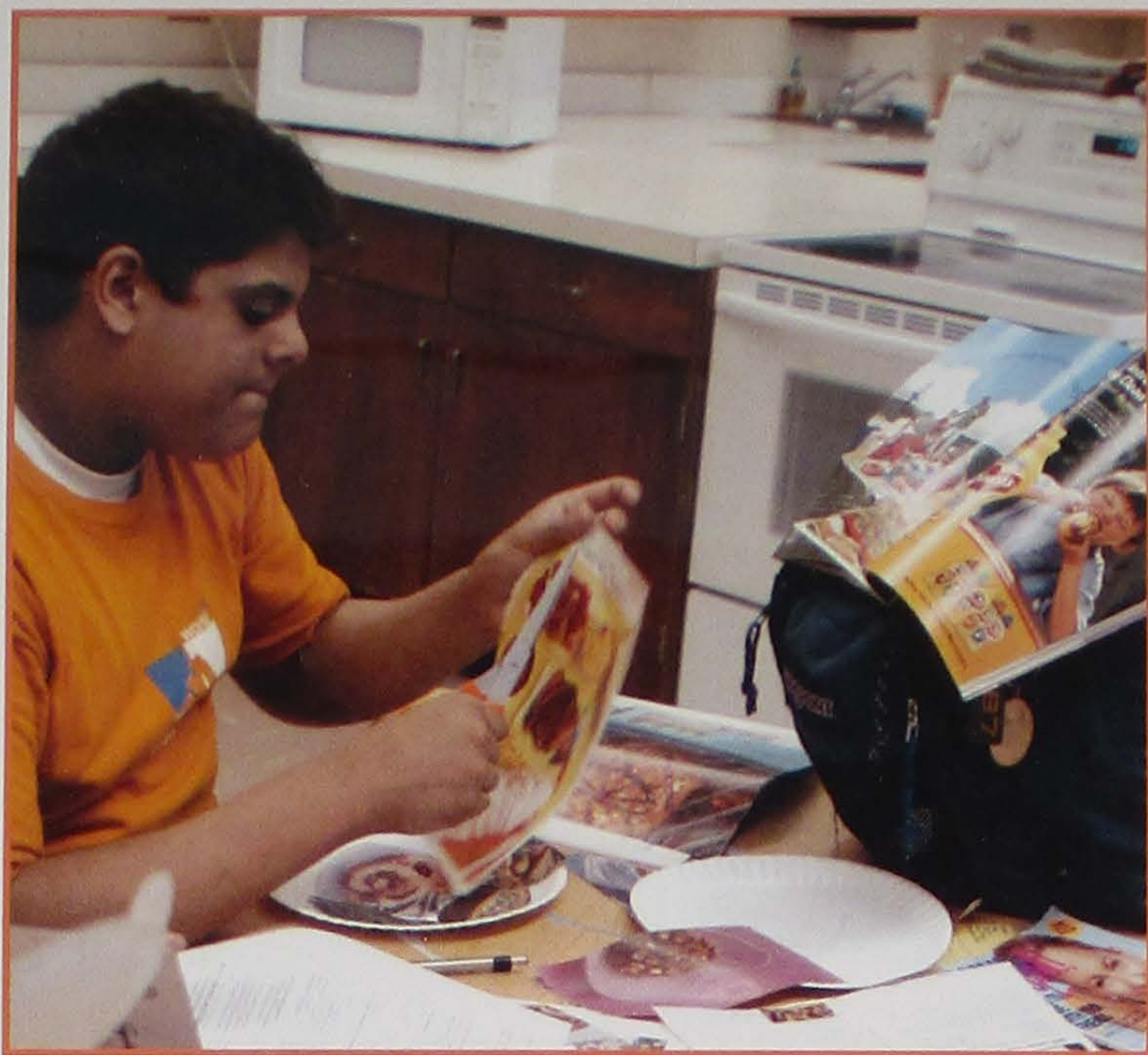
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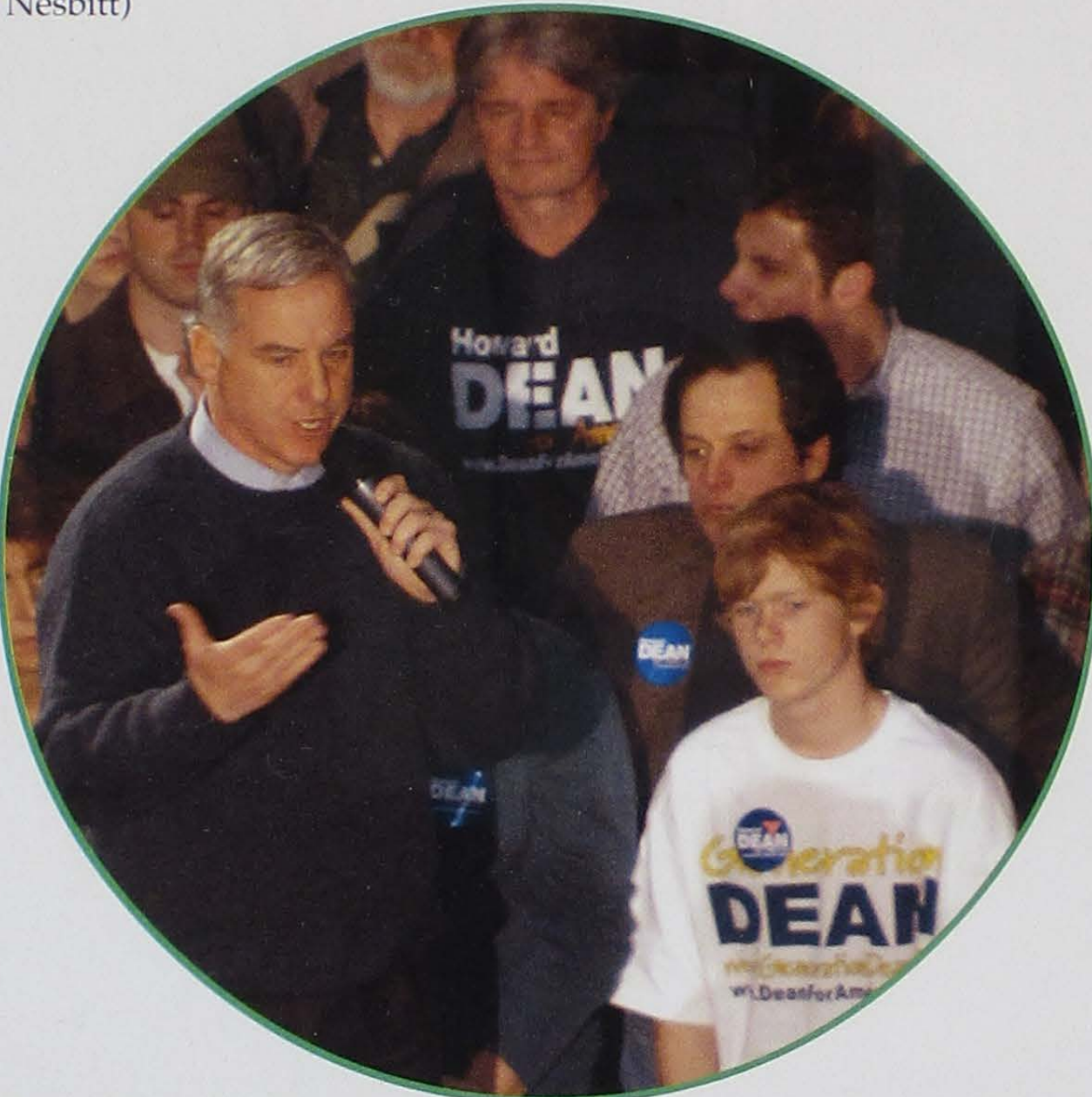
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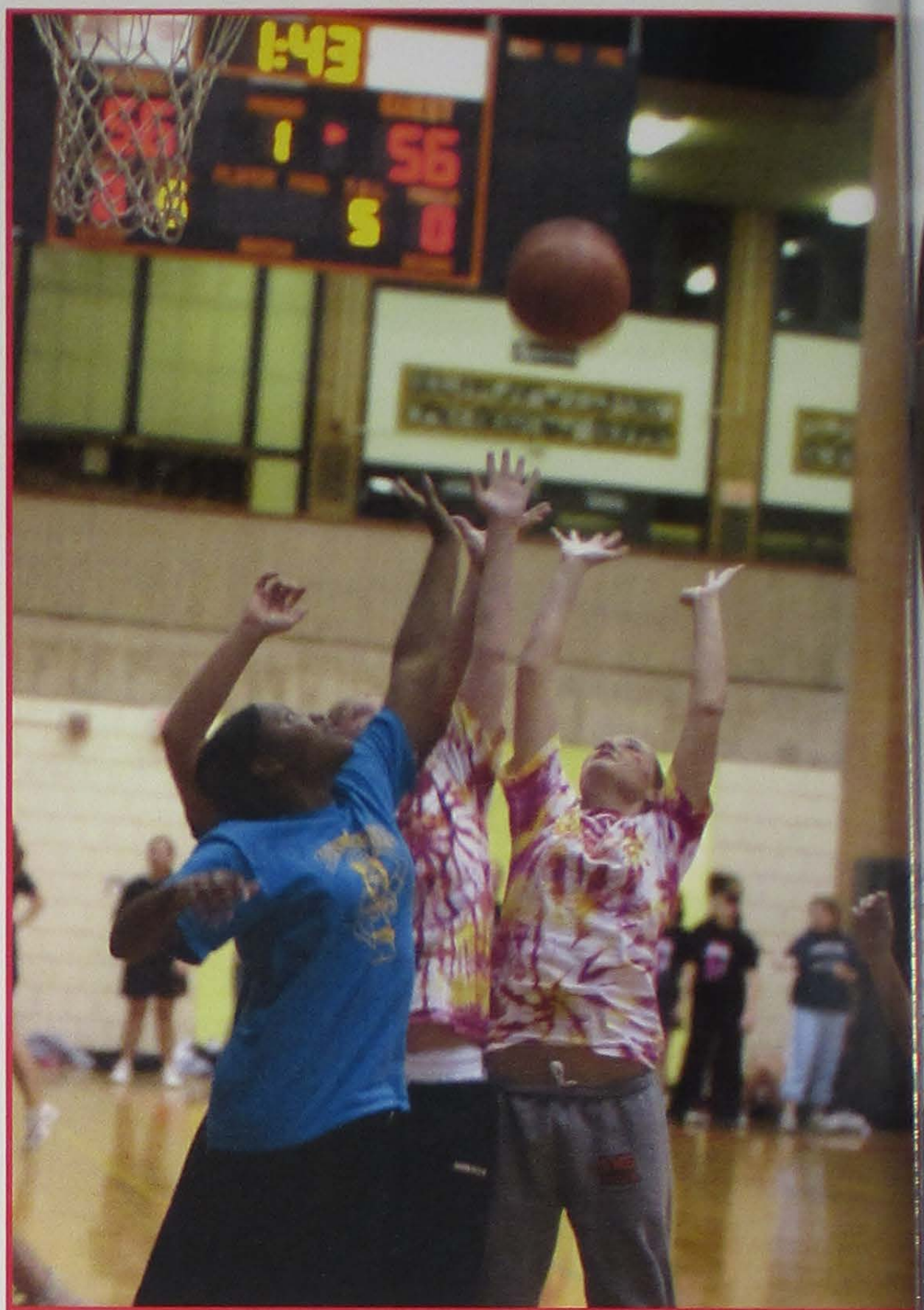
c u s e s .



Cutting School- Choosing his planned desert during eighth period Advanced Foods class, junior **Kaci Chandra** cuts out different foods from a magazine and makes a well-balanced meal. "It's too bad that I couldn't eat the magazine pictures!" Chandra said. (Photo by Rachel Nesbitt)



Persuading the People- Giving a speech on his political views, Democratic candidate **Howard Dean** holds a pre-caucus gathering at the Iowa State microbiology building. Dean aimed a lot of his campaigning towards a younger audience by throwing a high school party caucus night. (Photo by Andrea Schliesman)



Jumping Jubilee- Going up for a rebound, junior **Krystal Johnson** takes on seniors **Jackie McEachran** and **Jessica "JP" Polich**. Both The Supertroopers and The Blow Fish's opposing teams did not show up for the game, so the teams decided to play each other for fun. "We ended up playing The Blow Fish again later on in one of the final games and beat them," Johnson said. (Photo by Brooke Strickler)

"If a girl doesn't like it when I tuck my napkin in my shirt and cut my fries with a knife when I eat then she's not the girl for me!"
-Sophomore Josh Barnes

January



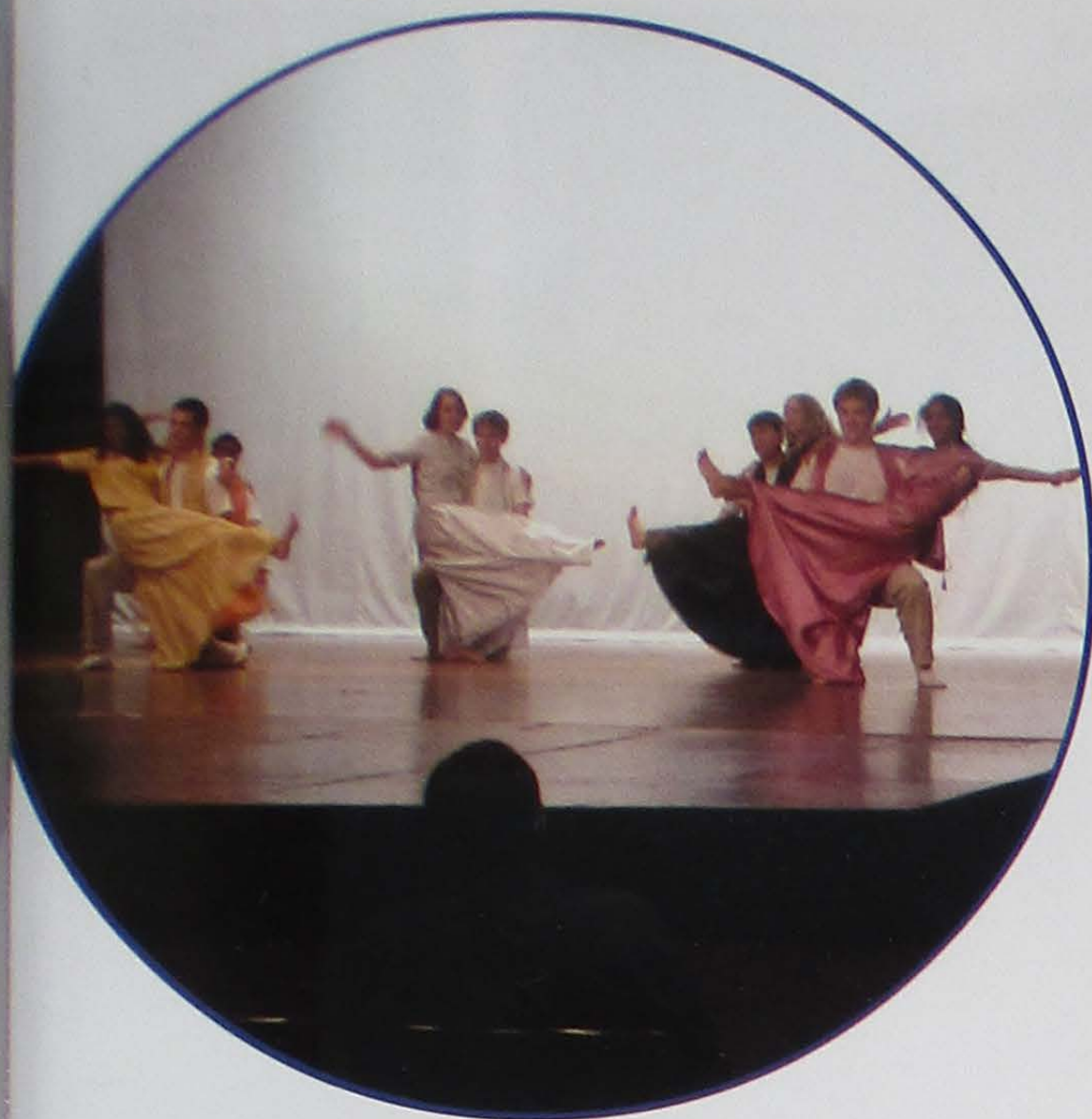
19.

-GBB JV @ Mason City
-BBB JV @ Mason City



20.

-GBB 9/10 @ Johnston



Leja Leja- Performing at the annual Terpsichore recital, the male members in the traditional Indian dance dip their female partners. The dance was choreographed by **Raathai Molian** and was performed to the song, "Leja, Leja." "Dan McClanahan was my partner," senior **Heidi Grove** said. "I wanted him to leja leja." (Photo by Anna Horst)



Merry Kerry Mob- Waiting in excitement outside of Ames High School, a mob of students cheer the arrival of John Kerry. Over 200 students and members of the community showed up to listen to the views of Kerry in light of the upcoming caucuses. "I wanted to hear the opinions of Kerry and figure out if I want to support him as a candidate," junior **Judy Awoniyi** said. (Photo by Rachel Nesbitt)

-B Swim @ Fort Dodge
-WR @ Fort Dodge



23.

-GBB 9/10/V @ Valley
-BBB 9/10/V @ Valley



24.

-WR JV @ M'town Invite
-WR V Ankeny Dual Team Invite



SURVEY

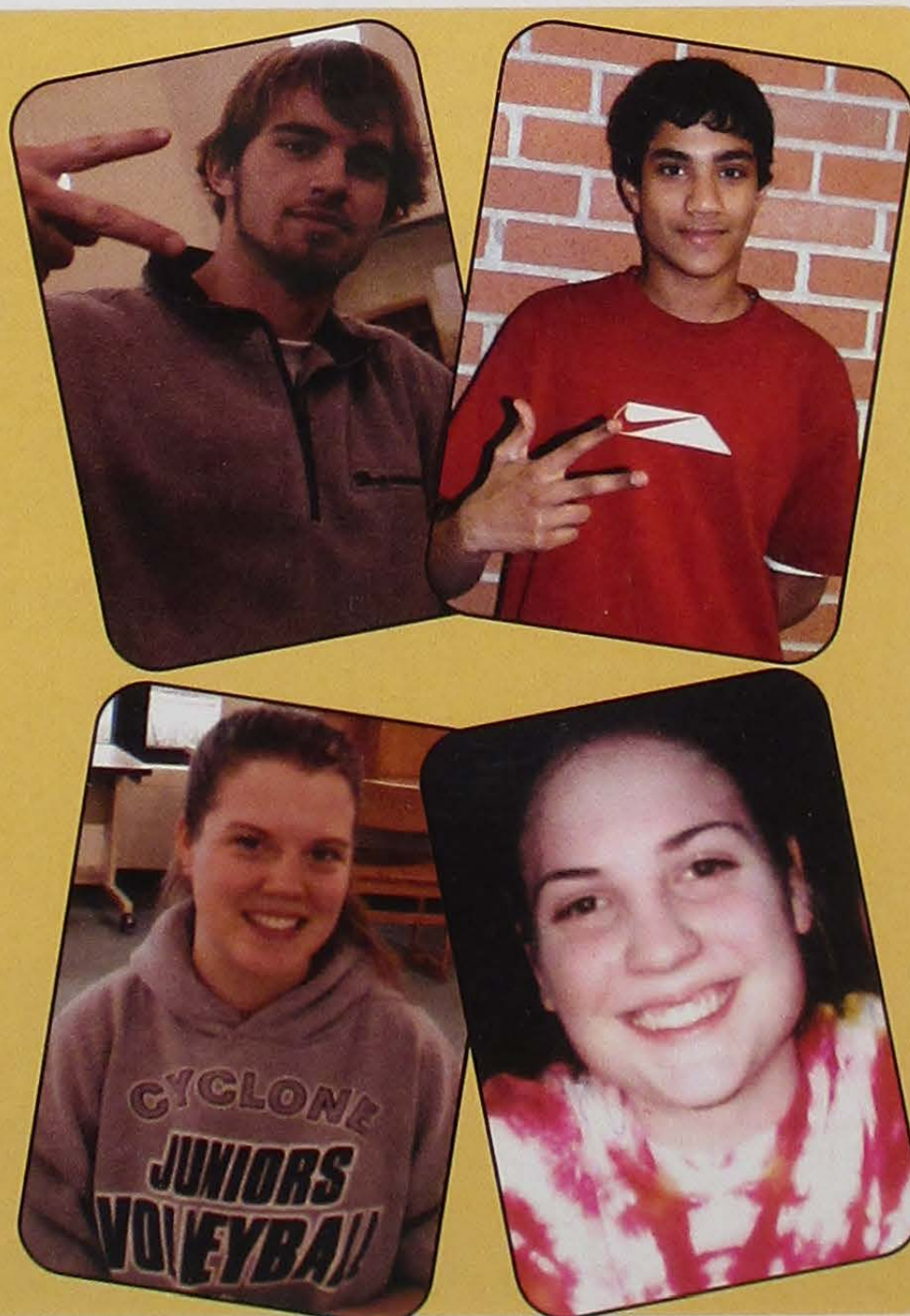
What was your favorite I-ball memory?

"Once when Kev was sucking it up (as usual) we took him out of the game and played with only four players. We actually did a lot better."
-Junior **Todd Maurer**, Dirty Dingos

"I enjoyed arguing with the refs and pretending to be a real basketball player."
-Freshman ("With the Wisdom of a Senior") Captain **Mukund Premkumar**, The Fabulous Five

"When we were playing The Blowfish, Mallory Engelen started dribbling toward the wrong basket and everyone was yelling at her telling her to turn around. She almost shot the basket!"
-Junior **Sarah Hanson**, Lucky Shots

"Tucker beat me up and I have scars on my knees. She plowed me over and then picked me up by neck! It was the scariest moment of my life."
-Senior **Jessica "JP" Polich**, Blowfish



Sled Dog- Flashing his famous smile, senior **Eric Bokhoven** prepares to sled down the hill at Gateway.



Freestyle- Performing an impressive ski-less maneuver, Senior **Luke Chittenden** shows his skills extend beyond the football field.



28.

-Band Young People Concert
-I Ball

Snow Fest!



"I heard that the earth is actually pear-shaped instead of being shaped like a sphere"

- Anonymous Geometry Student

"When pigs learn to fly...I sure hope I'm there to see it. That would be really cool!"

- Sophomore Laura Rich



January



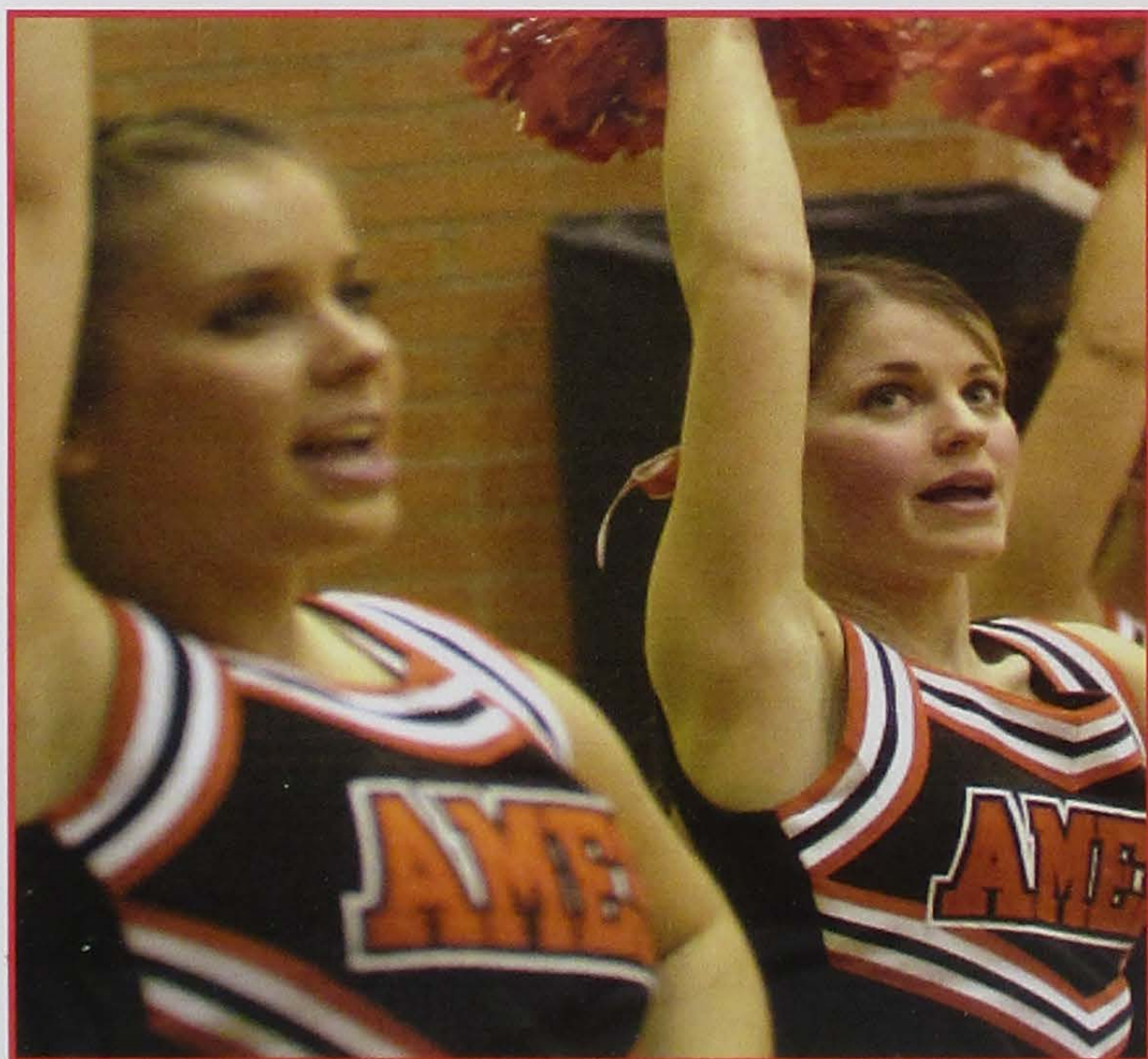
26.
-GBB JV @ Fort Dodge
-GBB 9 DM North
-BBB 9 DM North
-BBB JV Fort Dodge



27.

-GBB 10/V @ DM North
-BBB 10/V @ DM North
-DECA District @ Storm Lake

Let's Go Cyclones!- Firing up the crowd with an energetic cheer, seniors **Steph Jones** and **Brooke Strickler** lift their arms to accent a charge. With the varsity team picked by many to win the conference, attendance and energy were both up at this year's games. (Photo Audrey Wiedemeier)



Frolic on the Strings- Performing at the winter orchestra concert, senior **Vinny Vittal** and sophomore **Xin Pan** play a piece called *Frolic* along with several other pieces. The orchestra, conducted by Mary Kay Polashek, meets every day during 5th period and also over the weekend before the performance to perfect their pieces. (Photo by Andrea Schliesman)

29.

-B Swim M'Town
-WR M'Town
-Winter Orchestra
Concert



30.

-GBB 9/10/V @
Mason City
-BBB9/10/V @
Mason City
-Young Peoples
Concert

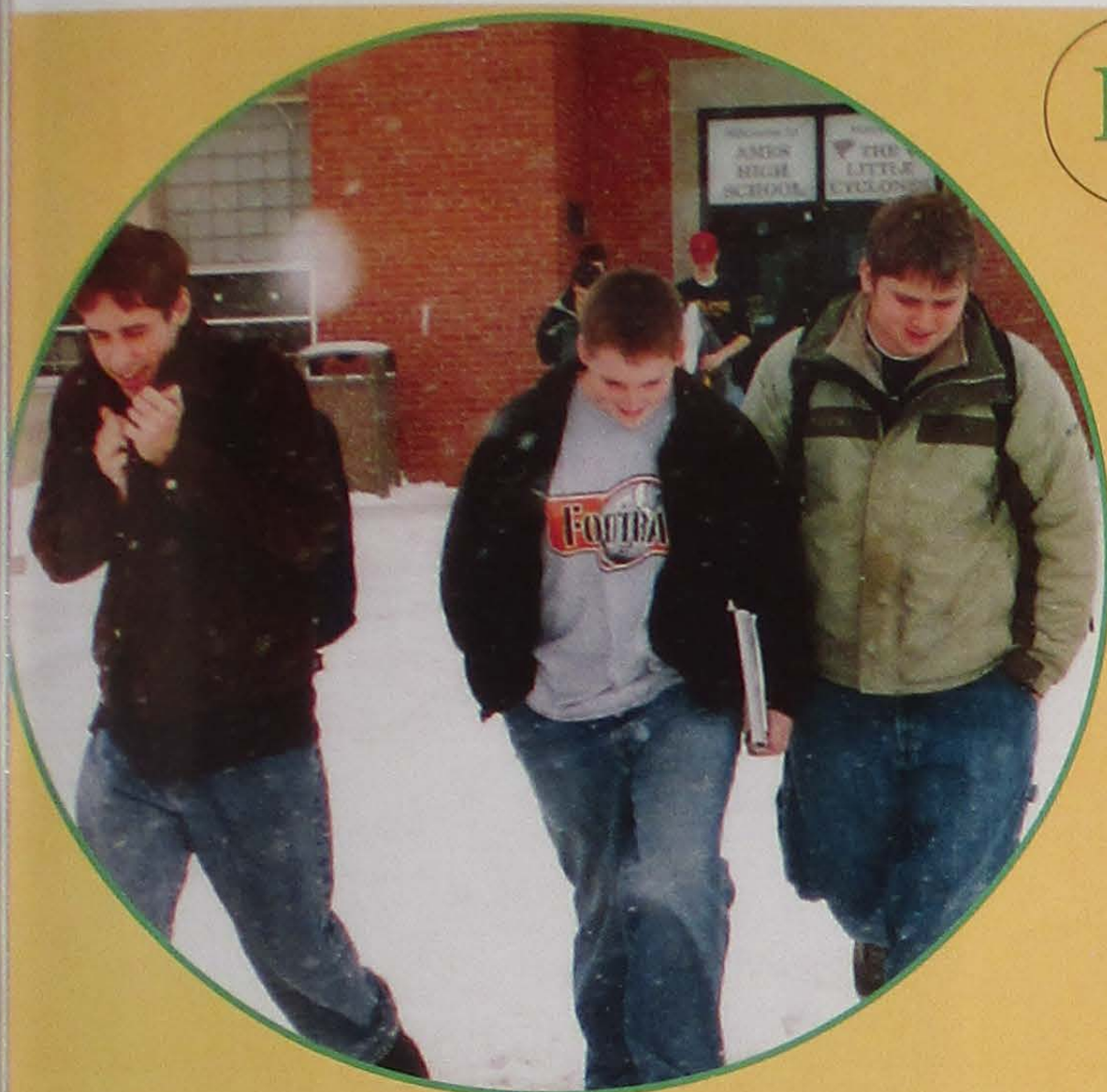


31.

-WR Mendenhall
Invite

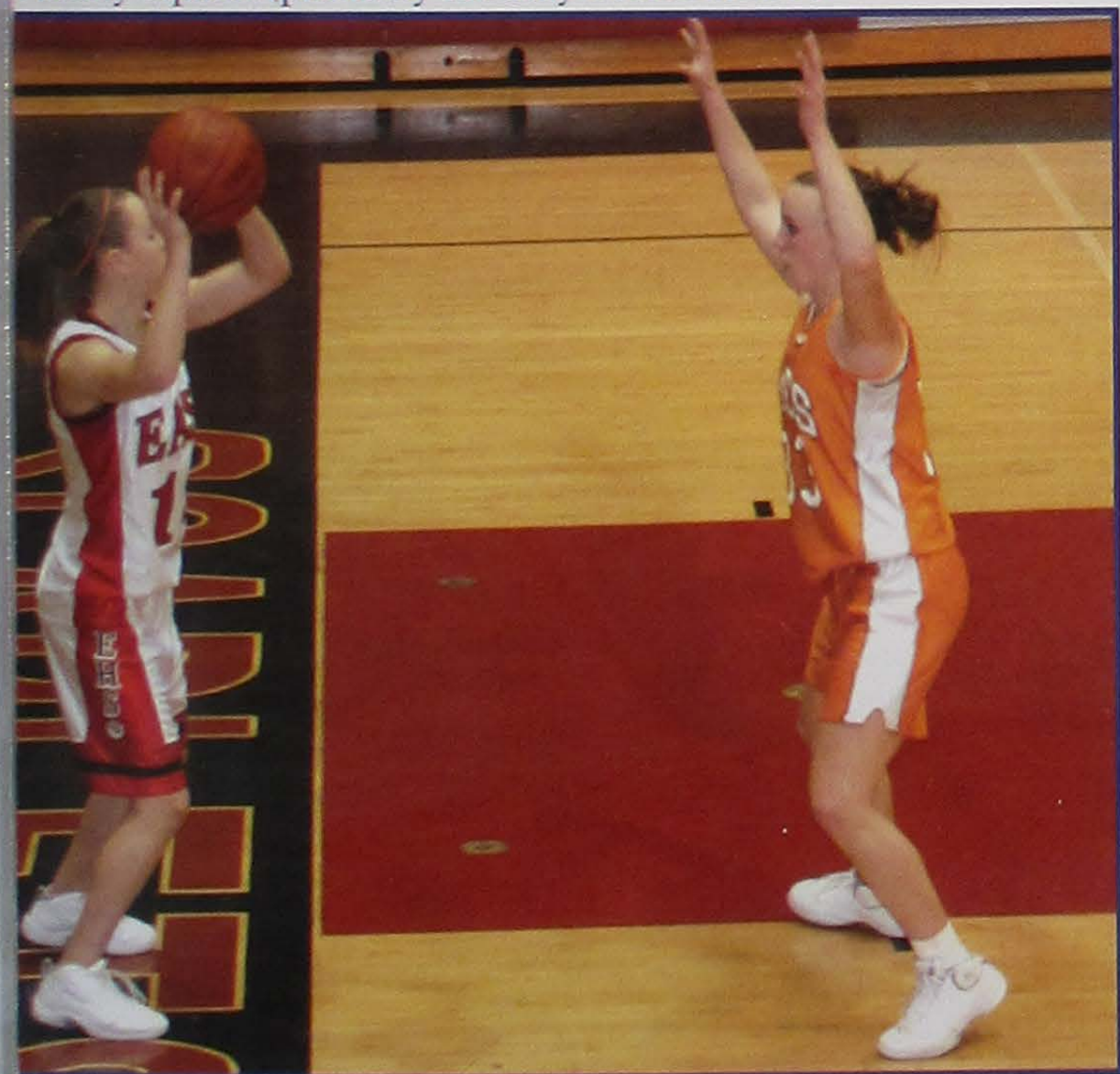
No Snow Day—NO School!

By Sianeh Flomo



'm Outta Here- Disgusted with yet another non-snow day, seniors **Nick Roughton**, **Ryan Davis**, and **Luke McDuff** take advantage of the chaos following the walk-out to get an early start on lunch. Many teachers were more lax on tardy policies due to the poor road conditions around town. (photo by Audrey Weidemeier)

Full-Court Press- Denying the inbounds pass, Sophomore **Katie Kramer** defends a Mason City guard's attempt to set up the offense. The sophomore girls had a strong season, and coaches expect many of the players to step into key roles on the next year's Varsity squad. (photo by Audrey Weidemeier)



Ranting and chanting in the back lobby on a cold, windy day in February, a group of about fifty seniors congregated, extremely disappointed, in Superintendent Richards' decision not to declare any snow days.

"Seniors don't have to make up snow days. It's not fair that on the one year they don't have to make up for it, they don't get it," senior **Charissa Millen** said.

After several weeks of complaints and no cancellation of school, several seniors decided to take matters into their own hands by staging a "formal" walk-out.

"We felt we should have had at least one snow day. It was unfair and unjust so we decided to act," senior **Will Woods** said.

Under the rights of the first amendment, students can express themselves peacefully on school grounds, unless it interferes with the learning of other students. Since the shouting in the halls disturbed the learning environment of other students, it was deemed impermissible by Superintendent Ray Richards or Principal Mike McGrory.

"I did it because I had to write an article for the Web about it and it was a good excuse to walk out," senior **Damien Snook** said.

Although seniors are excused from the building at any time, principal McGrory announced that participants

would have to clear their own absences and detentions.

Despite his warnings, however, many still decided to leave.

"I thought it was kind of stupid. Snow days are given to us as a privilege, and they're not something we should demand," senior **Peter Choi** said.

One senior later paid the price. "I had to take a quiz that day but since I didn't show up in class, I received a zero," senior **Jessica Keefe** said.

Many seniors returned quickly, realizing the futility of their protest.

"I saw the seniors walk out and some came back, but it wasn't effective at all," junior **Cristina Fernandez-Baca** said.

"I heard some say their mothers told them to come back to school," junior **Kay Mwanza** said.

Ironically, almost immediately after the seniors left, Mr. McGrory announced an early dismissal for school that day.

"I was frustrated when I heard that, but it was fun anyway," Woods said.

The walk-out wasn't a total disappointment, though. Through it, students set the precedent for seniors to come, which fortifies the need to have a snow day every year, or at least a half-day of school.

"I'm really glad we did it. It was time for someone to take action and I am glad we chose to," Woods said.

February



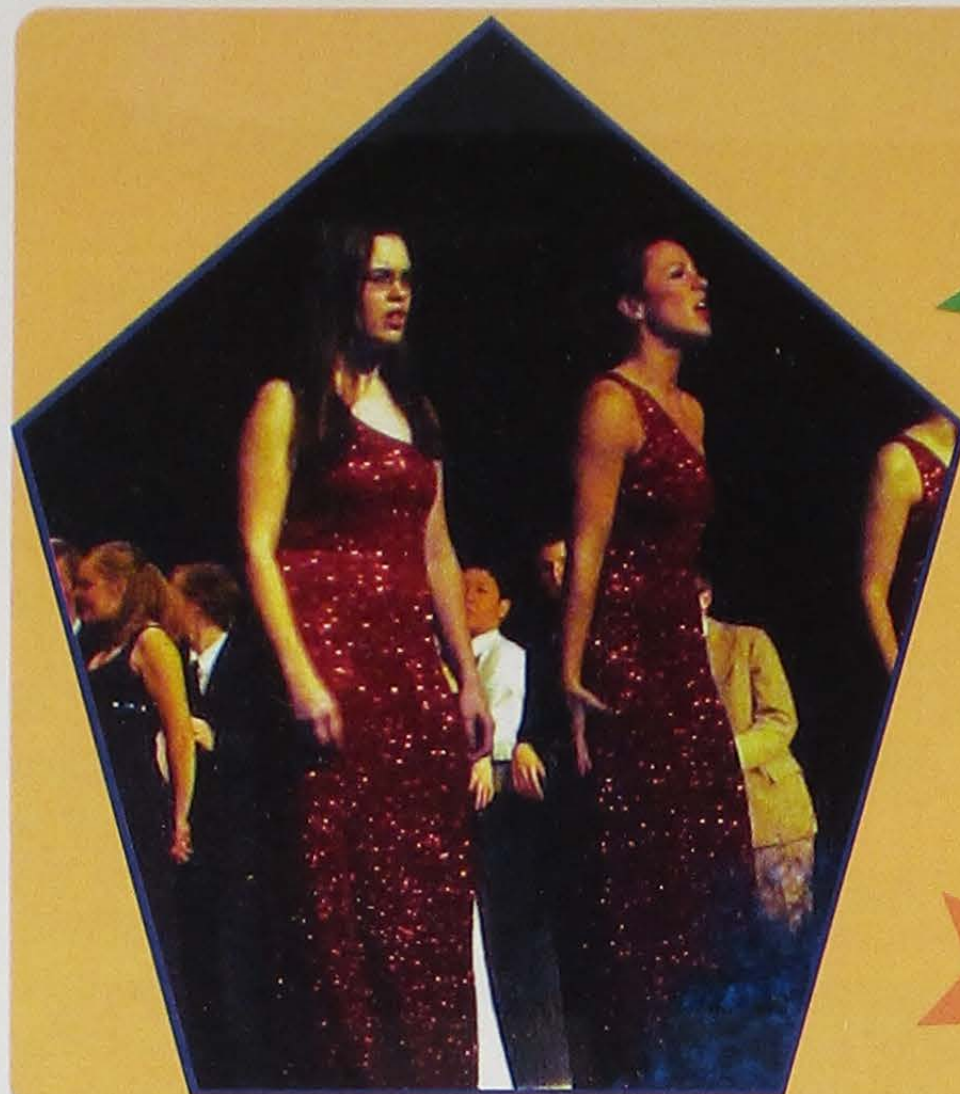
1.

-Workshop Day-No
School
-GBB JV @ Mason
City
-BBB JV Mason
City



2.

-GBB 9/10/V DM
Roosevelt
-BBB 9/10/V @ DM
Roosevelt



Play Time- Proclaiming a chorus line for the abundant audience, seniors **Britta Larson** and **Emily Tuttle** sing in unison. Larson and Tuttle were both a part of the cast in the school's well-attended production of *How to Succeed in Business Without Even Trying*. (Photo by Rachel Nesbitt)

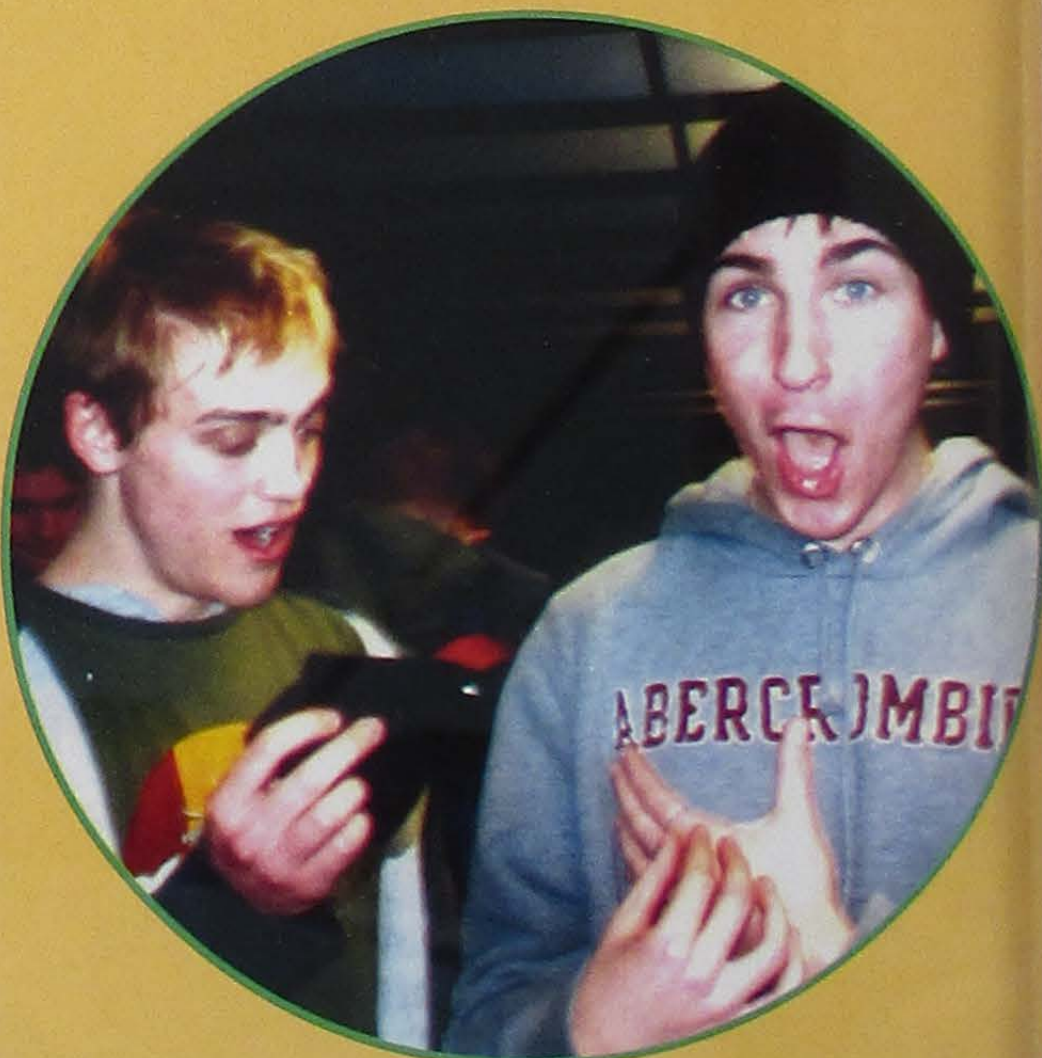
Hmmm...These Look Like Mine- Picking up a random pair of skis from the rack, junior **Jamie Carlyle** prepares to embark on another expedition to the top of a black diamond. Carlyle and others travelled to Afton Alps for skiing and later to the Mall of America in Minneapolis, Minnesota for a brief shopping outing. (Photo by Miranda Eness)



Ames High



Controversial Coverage- With overdramatic expressions, seniors **Dan McClanahan** and **Trystan Woods** imitate the infamous 2004 Super Bowl halftime show of Janet Jackson and Justin Timberlake. (Photo by Miranda Eness)



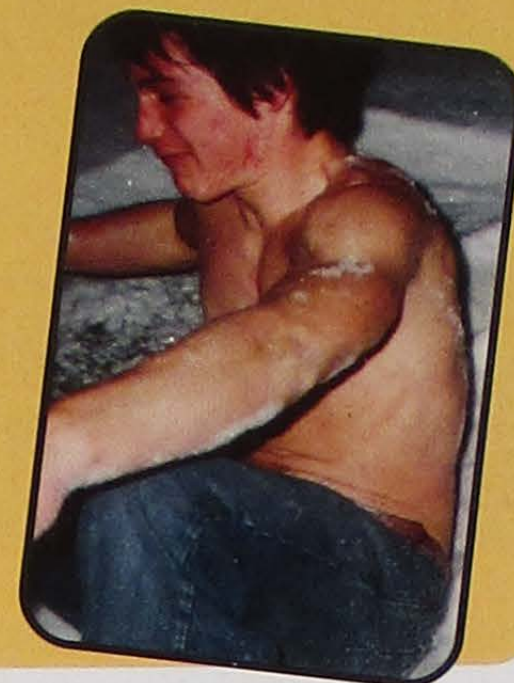


Breaking Away- Dribbling through a group of Indianola defenders, freshman **Eric Foley** turns to head up the court. The freshman basketball team turned in an impressive effort against the Indians, pulling out a tough game on Court 2. (Photo by Emily Cohea)

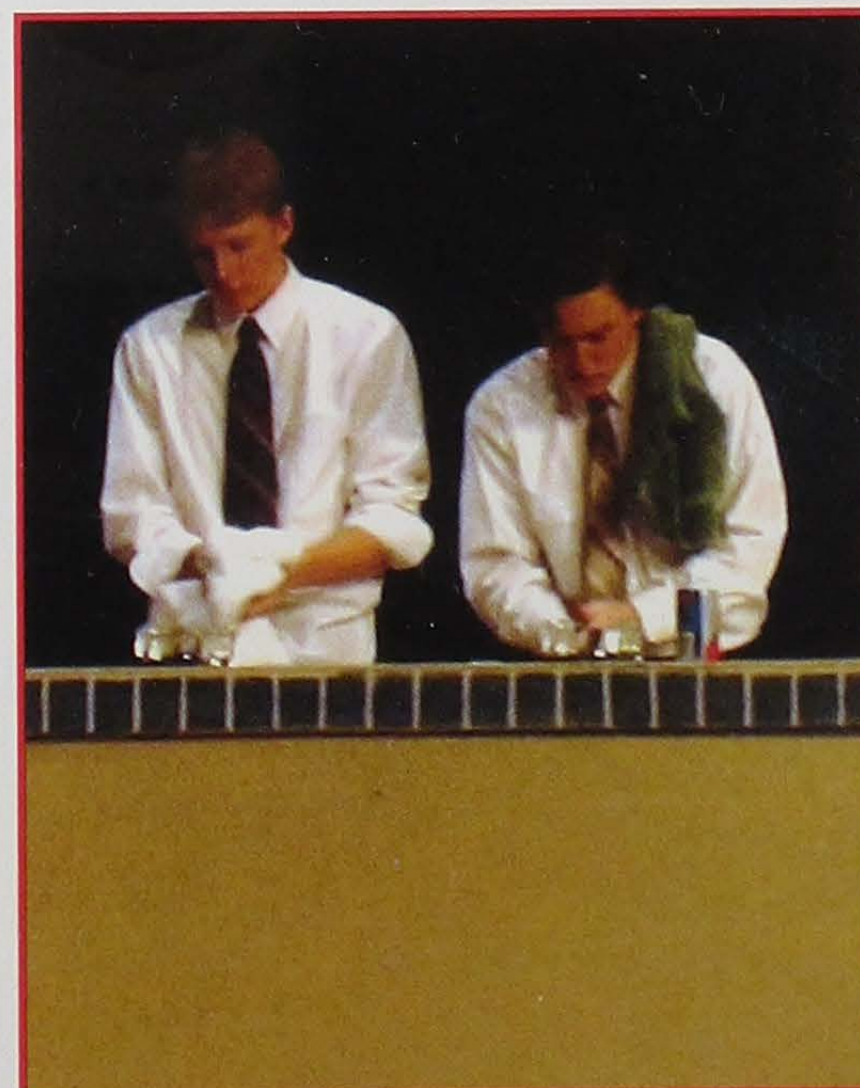
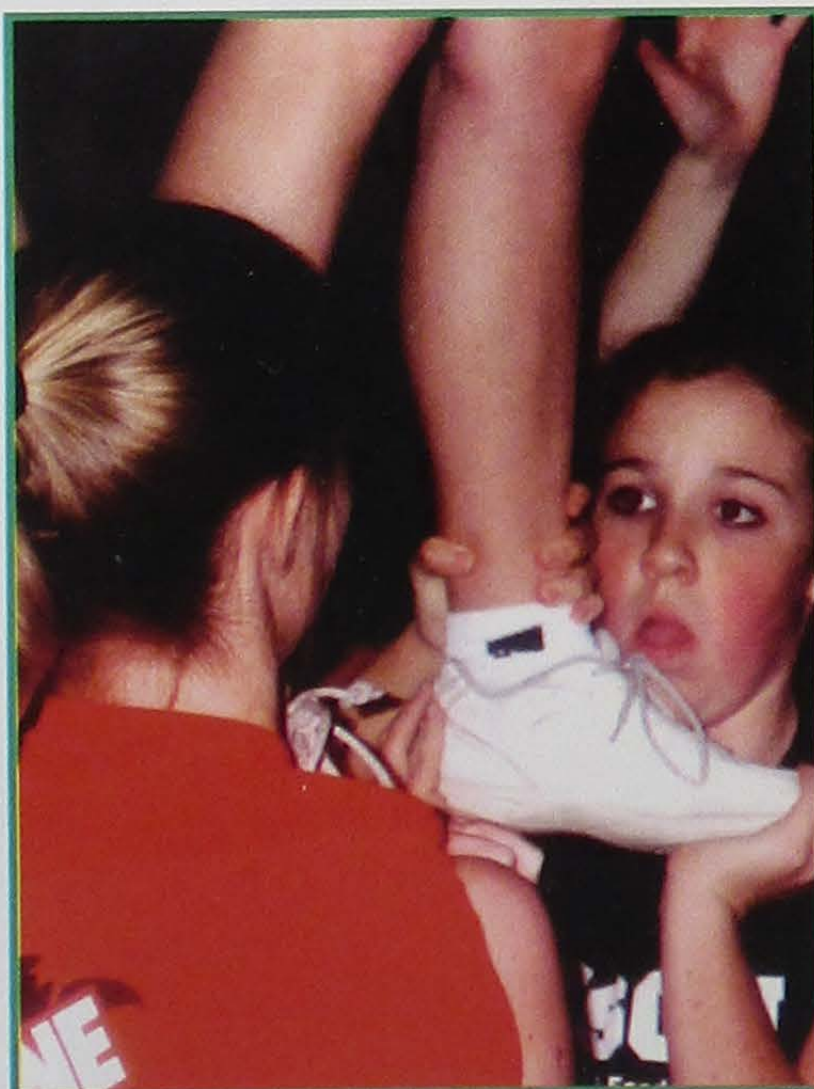


the Top Ten Snow Festivities

- 1) Going sledding after the first Senior Walk-Out in years!
- 2) Snowball fights in the courtyard.
- 3) Doing donuts into the Ames High parking lot just trying to park.
- 4) Shoveling out of driveways just to be able to go to school.
- 5) Sitting at the window in Mrs. Lawler's room, laughing hysterically at poor students falling on the ice.
- 6) Pick-up football games in the slush and mud.
- 7) Lunch in the courtyard for David Prater.
- 8) Building questionable sculptures out of snow and displaying them for the whole school to see.
- 9) Crashing automobiles.
- 10) Going to school all winter long without a snow day (woo!).



Foot in Mouth- Holding up a fellow cheerleader, freshman **Lauren Dougherty** prepares to lift her at arm's length. The freshman cheer squad fell victim to countless bumps and bruises as a result of challenging progress in their first year of High School cheerleading. (Photo by Miranda Eness)



Takin' Care of Business- Washing their hands and preparing for a day's work, sophomore **Andrew Olson** and Junior **Ricky Fields** act out a scene in the play *How to Succeed in Business Without Even Trying*. Each was trying to get the highest paying position with the least amount of effort. (Photo by Rachel Nesbitt).



Ladies in Waiting- Overcoming their depression of not having boyfriends on Valentine's Day, juniors **J. Larson**, **R. Nesbitt**, **J. Vu**, **M. Eness**, senior **E. Tuttle**, and junior **J. Bean** make the best of the night by dressing up and having a girl's night out. (Courtesy of Jennie Bean)



I have a Crush On You!- Sorting thousands of small pink slips symbolizing professions of undying love, junior **Brandon Gill** helps junior senate distribute Crush cans to homerooms in the spirit of Valentine's Day. "Crush cans make me feel special. My favorite crush can was from Jill Kasper. It said, 'You're Gill-icious!!!'" Gill said. (Photo by Rachel Nesbitt)

February



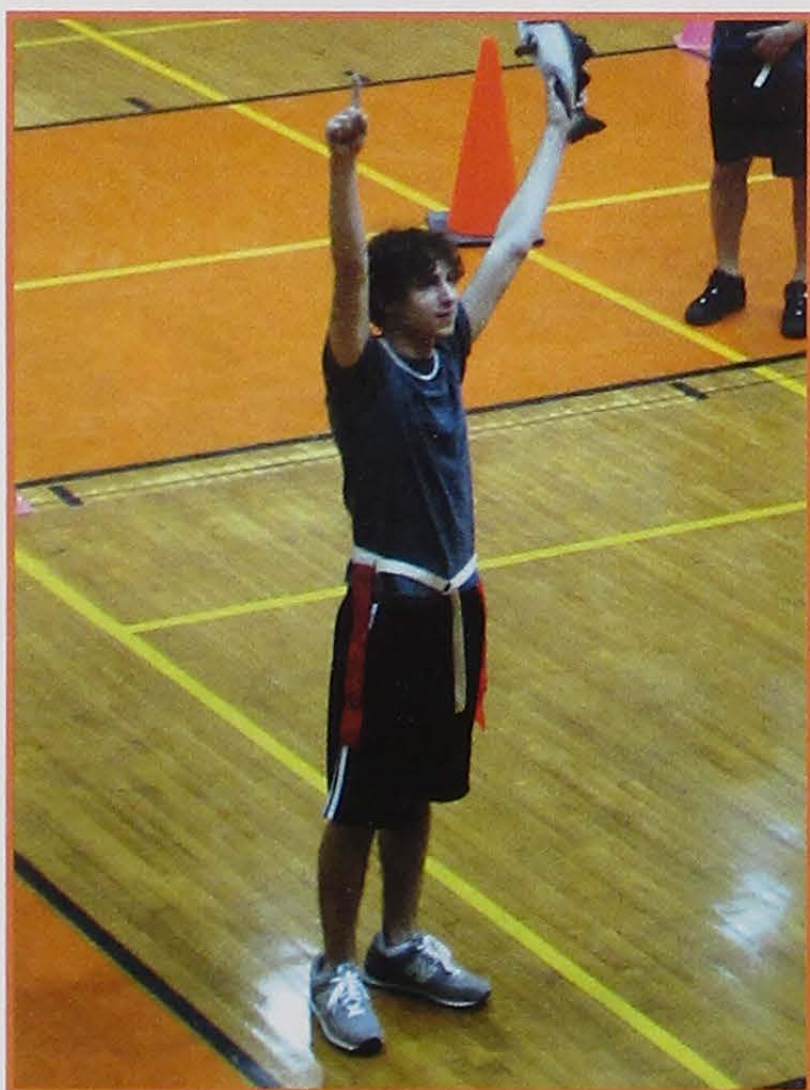
9.

-GBB JV @ Newton
-GBB 9 @ Dowling
-BBB 9 Dowling
-BB JV Newton



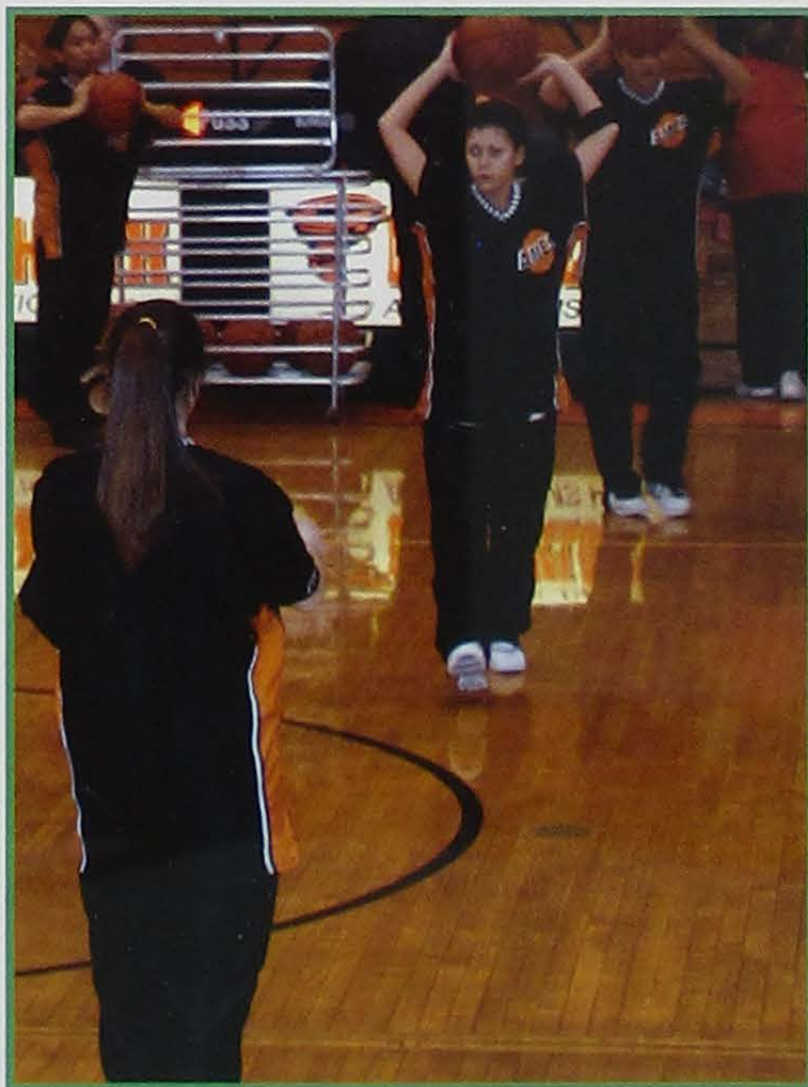
10.

-GBB 10/V
Dowling
-BBB 10/V Dowling



Fishy Fun- Successful at being a big P.E. All Star, senior **Gabriel Arato- Smidt** captures the fish in a competitive game of Capture the Fish. "Normally we play Capture the Chicken so I was a little disoriented," Arato-Smidt said. (Photo by Rachel Nesbitt)

Warmin' Up- Warming up for a varsity home game, junior **Debora Rock** passes the ball to senior team mate **Shannon Cross**. "The season went pretty well for us," Rock said. "Warming up with the team before each game was great!" (Photo by Emily Cohea)



Drive to the Hole- Dribbling the ball, junior **Stephanie Skladany** attempts to move the ball up court for her I-Ball team, The Super Troopers. "Stephanie was an awesome asset to our team. She made a great half court shot one time. It was crazy!" fellow teammate Anna Horst said. (Photo by Brooke Strickler)



Game Strategy- Explaining how crooked the intramural refs are, seniors **Kyle Christiansen** and **Ryan Henriksen** of team The Happy Campers tell senior **Charlie Webber** of the Snuggy Bees what to expect. "The refs screwed us every opportunity they had," Henriksen said. (Photo by Emily Cohea)



Behind the Canvas- Displaying her painting "Between the Pauses I," senior **Christina McClelland** explains its meaning. "The painting is about heaviness and pressure," McClelland said. "Wow, that sounds deep." (Photo by Rachel Nesbitt)



Winter 'Crappy'land- Braving the cold during an 'Almost Snow Day,' Junior **Linsay Adams** attempts to clear the mounds of snow from her car. "I had so much snow on my car! I left it outside for a few days, and the snow just piled up. That's one of the worst things about winter, ridding your car of snow and ice. That and not having snow days when you should!" Adams said. (Photo by Miranda Eness)



11.
-I Ball



12.
-I Ball



13.
-WR JV/V Iowa
Conf. @ Newton
-GBB 9/10/V
M'town
-BBB 9/10/V @
M'town

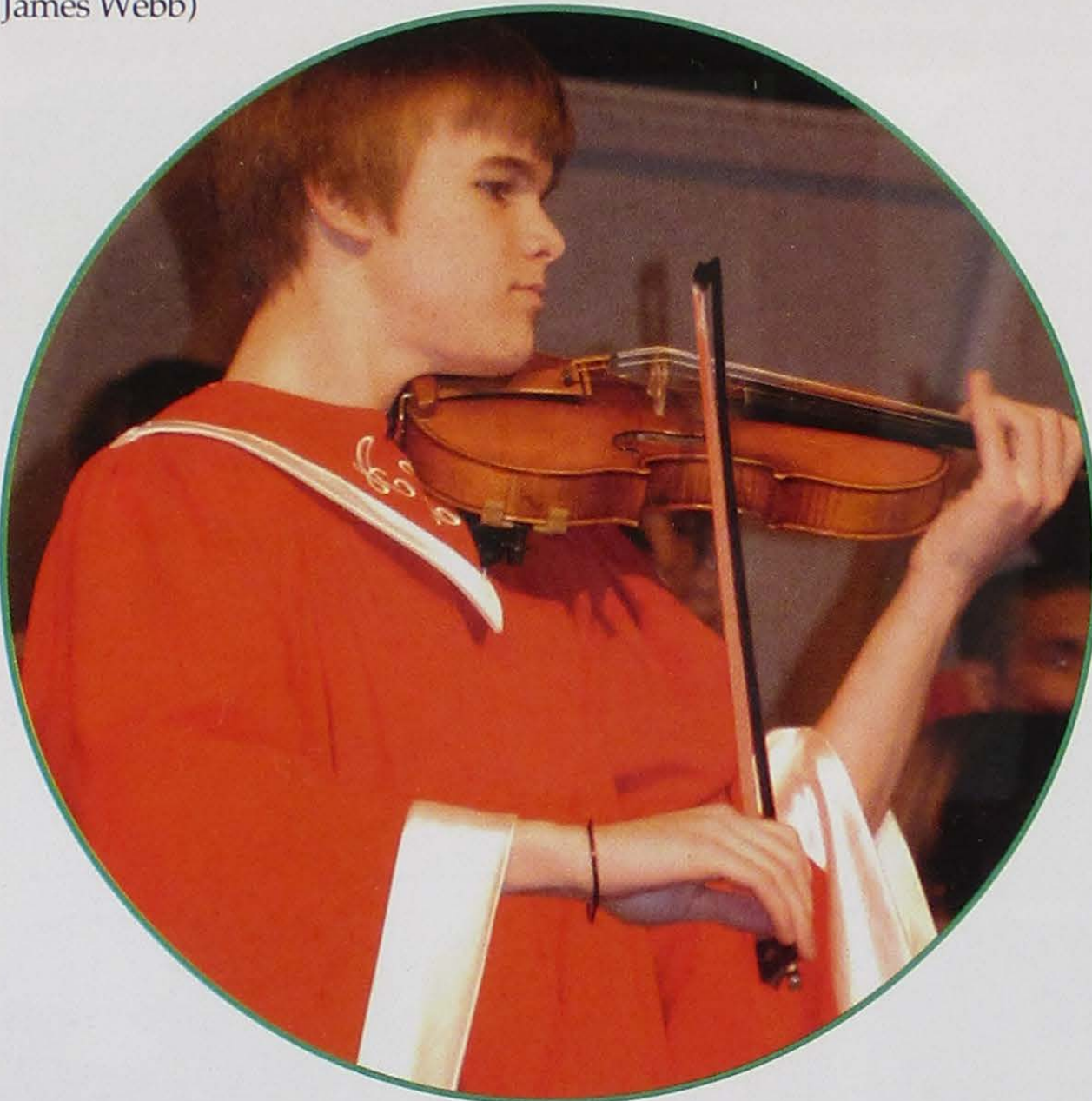


Furry Fidgit- Holding on to his new friend, Sophomore **Jason Huston** cuddles his class pet. The guinea pig made himself a home in room 123, and the students spent time with their furry friend daily. "He's a lot of fun," Huston said, "but he's very fidgety!" (Photo by Audrey Wiedemeier)

14.
-B Swim Districts @
Fort Dodge
-State Piano
Concert
-Valentine's Day



Maladie My Ladies- After reading the book *Interpreter of the Maladies*, juniors **Lucy Chidister**, **Rachel Cox**, and **Mindy Twetten** give a presentation dressed in Indian clothing as a visual aid for their Honors American Lit class. "The book was one of the best I've read this year," Chidister said. (Photo by James Webb)



Classical Caleb- Accompanying the Ames High Concert Chorale, sophomore **Caleb Polashek** plays his violin to a song. "I've been playing the violin for eleven years!" Polashek said. "It was good to get recognition and play with the chorus. I'm glad I was given the opportunity." (Photo by Rachel Nesbitt)



The Erin Radach Experience!- Entertaining an auditorium of grade-school students, senior **Erin Radach** plays his upright bass. The Ames High Orchestra took time during free periods to perform. "I've been playing since I was really little," Radach said. "It was fun. Maybe the kids will want to play the cello or a violin or something after seeing us." (Photo by Rachel Nesbitt)

"Food is awesome. Yum. Chicken fried steak. Strawberry smoothies. Get some people and food and you will have a good time".
-Juniors Maria Hindt and Lucy Chidister

FEBRUARY



16.

-B Golf @ Boone



17.

-B Golf DM North



At The Potter's Wheel-During her fourth period pottery class, junior **Krystal Johnson** attempts to create a bowl. "I love making bowls in ceramics," Johnson said. "I'm in ceramics 2, 3, and 4 as an independent study and I love being able to work at my own pace by myself." (Photo by Anna Horst)



Breaking Ground-Showing off their national and state winning routine, the male drill team performs at the Fine Arts Assembly for the community. Break dancing was a popular form of dancing this year as well as a crowd favorite. "It's a pretty laid back time," junior **Lee Wilkins** said. "You sit, learn the dance, watch the girls... it's good fun." (Photo by James Webb)

19.



20.

-Fall Sports Kick-off



21.

-B Golf Fort Dodge Invite



18.

SURVEY

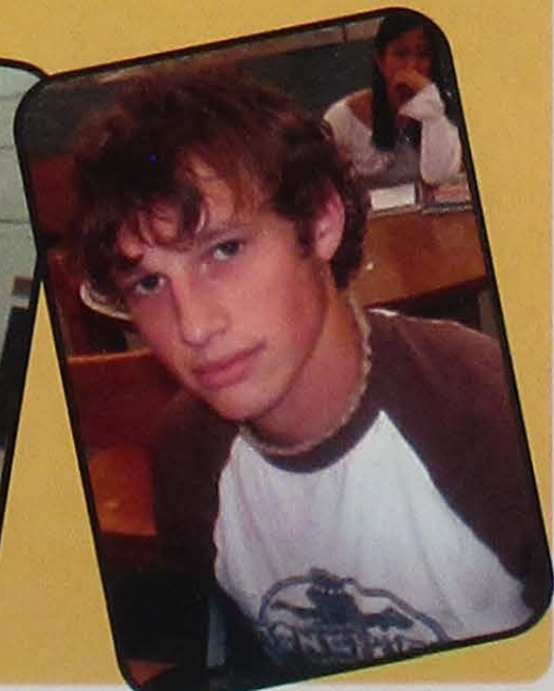
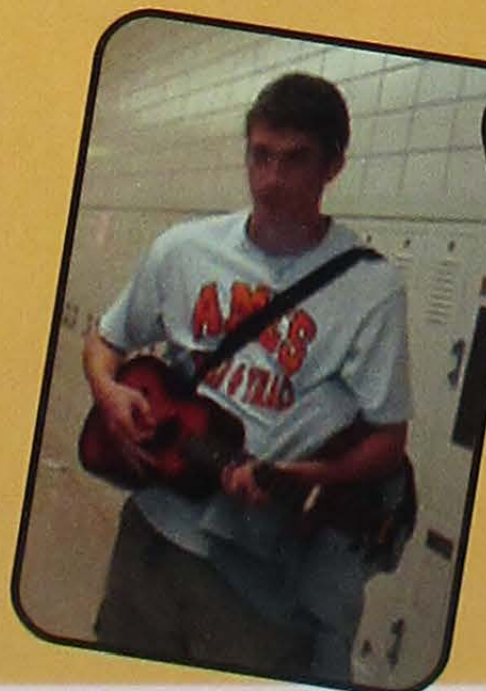
If you could perform a cruel and unusual punishment on a freshman, what would it be?

"I would make them eat all the lady bugs in the school cause they both annoy the crap out of me."
-Junior Luke Peterson

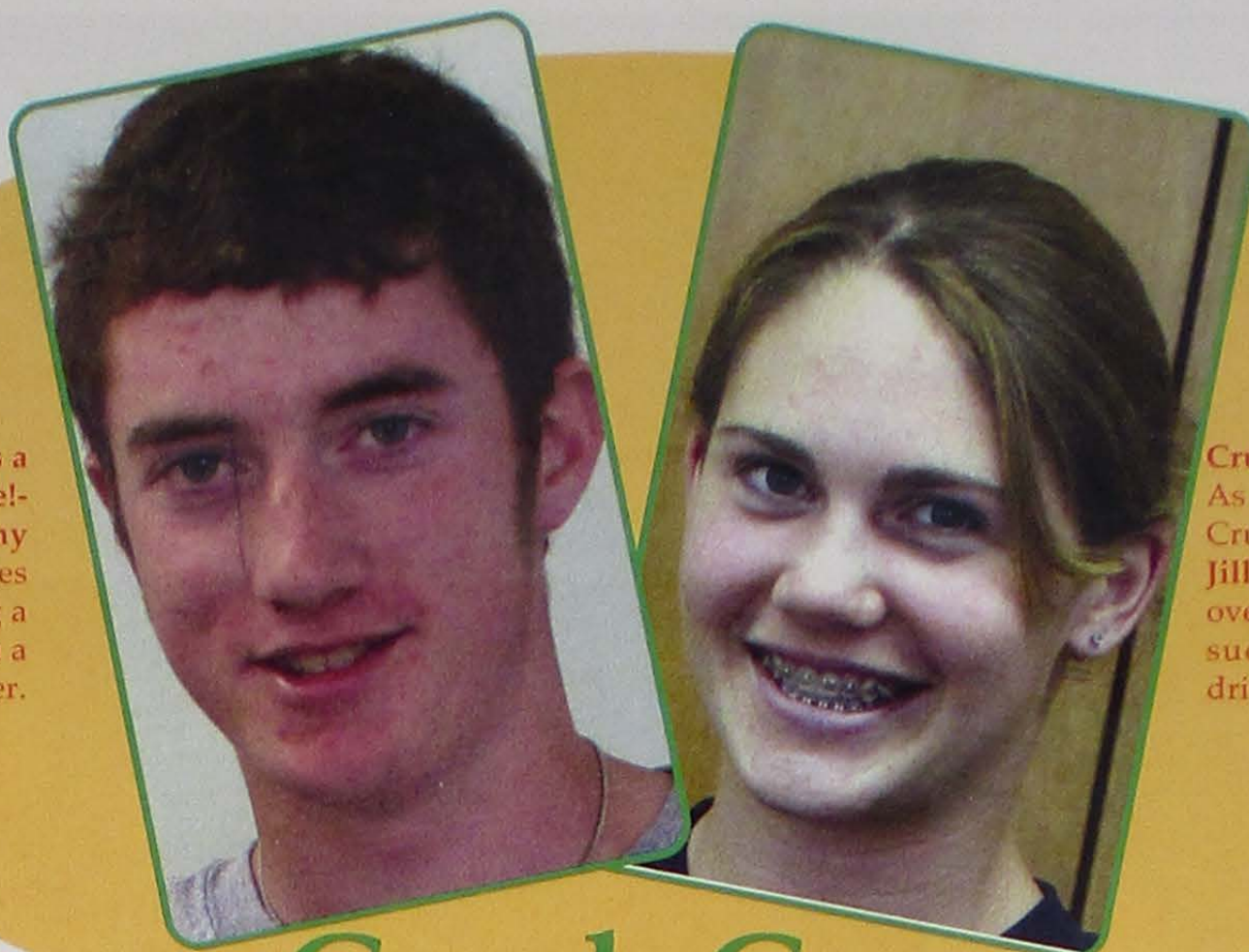
"I would love to ban those short skirts and teased hair. I think the freshman girls would go crazy if they couldn't dress skanky!"
-Junior Katie Gieseke

"I would make them sit through eight full periods of Mr. Jerdee's class."
-Senior Danny Hallihan

"I would tie them down and let water drip on their heads. Then I would shave their whole body so it itches, but they wouldn't be able to itch it."
-Junior Robin Archer



Someone has a crush on me!- Senior Danny Hallihan smiles after receiving a Crush Can from a secret admirer.



Crush Can Queen- As chair of the 2004 Crush Cans, junior Jill Kaper reigned over one of the most successful can drives ever.

Crush Cans



25.
-Math AMC 10/12 Exam



"We should use Mountain Dew cans instead of Crush Cans because 'I wanna dew you'." - Junior Carmie Spicer

"Valentine's Day is the only day I don't mind PDA's in the hallway. Good for them!" - Senior Emily Morris



February



23.



24.
-BBB 9/10/V Johnston

Pom Poms- Practicing their routine for nationals, the Ames High Drill Team performs in front of an audience in the auditorium. The Drill Team worked extremely hard this season and excelled at nationals in Orlando, Florida. (Photo by Anna Horst)



Cookies, Anyone?- Standing in the frozen foods aisle in Cub Foods, Senior Suzie Bretz and Junior Andy Novack debate over brands of frozen cookie dough. The cookies were to be baked for a homeless shelter by members of the St. Cecilia Youth Group. (Photo by Andrea Schliesman)

26.

-WR State



27.

-WR State
-GBB District TBA
-BBB 9/10/V
Indianola



28.

-WR State
-Drill Team Spring
show



Be Mine!- Showing off the card they just spent the last hour creating for senior Tyler Barrett, seniors **Andrea Schliesman**, **Megan Edwards** and **Ashley Ward** demonstrate how much fun it is to give. Many students found a thoughtful handmade card more meaningful than something store-bought, though most went for a combination of the two. (photo courtesy of Andrea Schliesman.)

Snowflakes- Trudging to the parking lot on a wintry day, students are excited to see the "white-stuff" after months of waiting for it to finally snow in Ames. This excitement led many students to wish for a snowday, but they never received their wishes. (Photo by Audrey Weidemeier)



Crush Cans

Delicious drink raises money for good cause

Interview by Andrea Schliesman

For the students of Ames High, Crush Cans have become a symbol of Valentine's Day. The sweet orange pop is sent to other students as a token of friendship, love, and the occasional Valentine's Day crush. This year, this grandiose fundraiser was headed by Junior **Jill Kasper**.
Andrea: What did the money go to?

Jill: We donated the \$1000 to Mr. Mooney's Africa project.

A: How and why did you come to be in charge of Crush Cans?

J: I first wanted to be a part of Crush Cans my freshman year. I had only got three Crush Cans, and two were from random upperclass boys. That made me really happy, so this year I volunteered for the job during a Student Council Meeting.

A: What were the best messages you read while assembling the Crush Cans?

J: One boy sent one for every day of the week to his girlfriend, with a different reason why he loved her on each one, and that was really cute. But there were a lot of weird ones, especially to this boy named Noah Mendelson, that said stuff like "This is from a man...". And there was a lot of excessive Crush Can sending. One girl got 38 cans that said the same

thing from her boyfriend.

A: What was the best and worst part of doing the Crush?

J: The best part was definitely reading all the messages that people sent. I also liked peeking in the box while we were selling them and seeing which ones were for me. The worst part was "the mystery crush cans." People would send cans without putting homeroom numbers on them! It was so annoying. Also, at the poster-making party, Krishna Prahbu brought some tape of early-90's Teenage Mutant Ninja Rap, and it was...interesting to listen to.

A: Did anything scary happen?

J: Yeah, I needed to go to Fareway to buy the Crush pop. When I got there, they took me up to this big tower that looks over the whole store. It was really tall and crowded, and I was scared that I was going to fall off. Another thing that happened was while we were delivering the cans, a janitor came up to us and said that he saw someone stealing the cans from the rooms. We were all panicking then, but luckily everything turned out alright.

A: Well thank you for this informative interview! You did a nice job running the Crush Cans this year.

J: You're welcome. I'd like to thank everyone that helped out - you guys were awesome! 75

March



1.



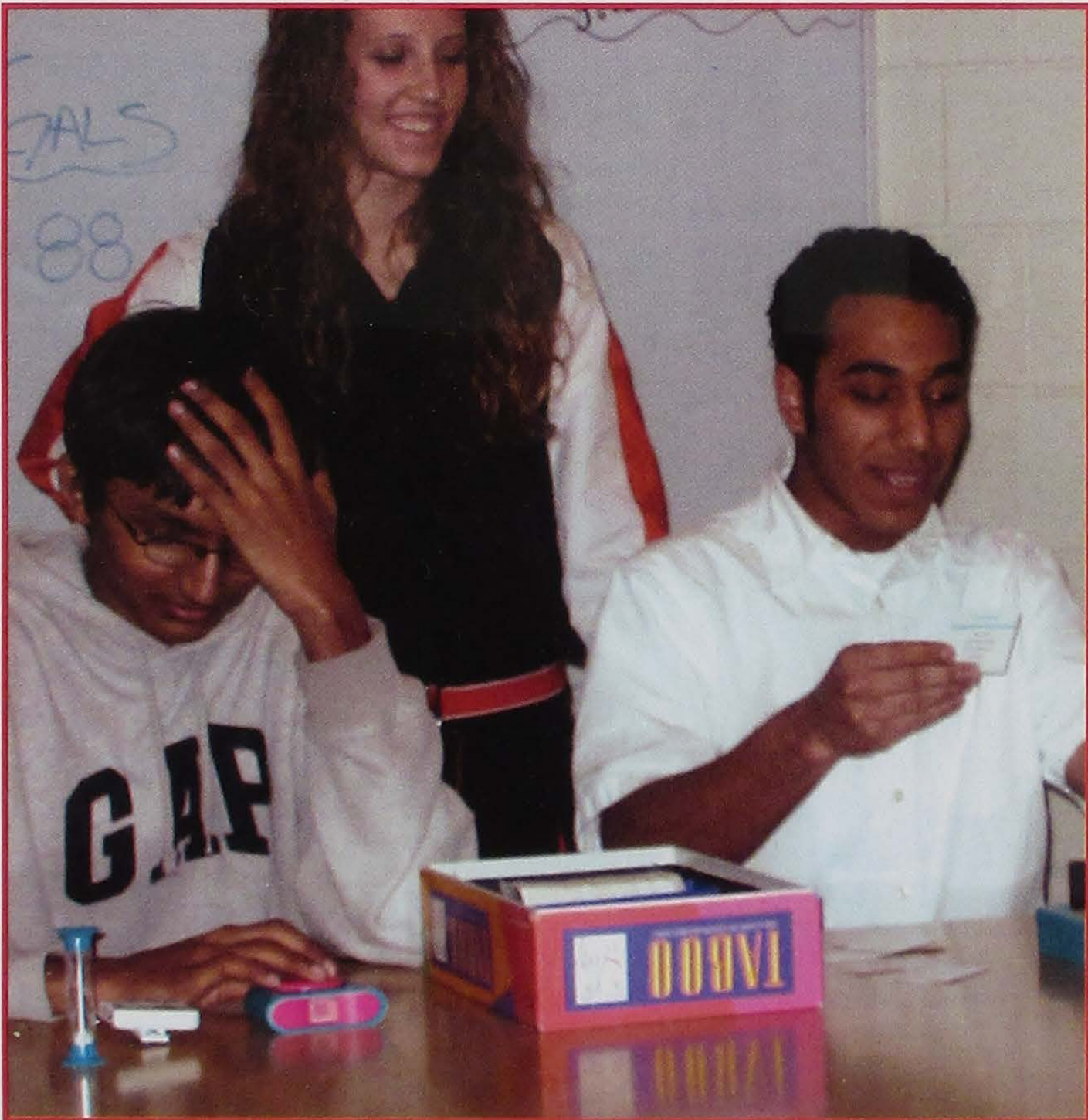
2.

-BBB Districts
-DECA State @ Des Moines

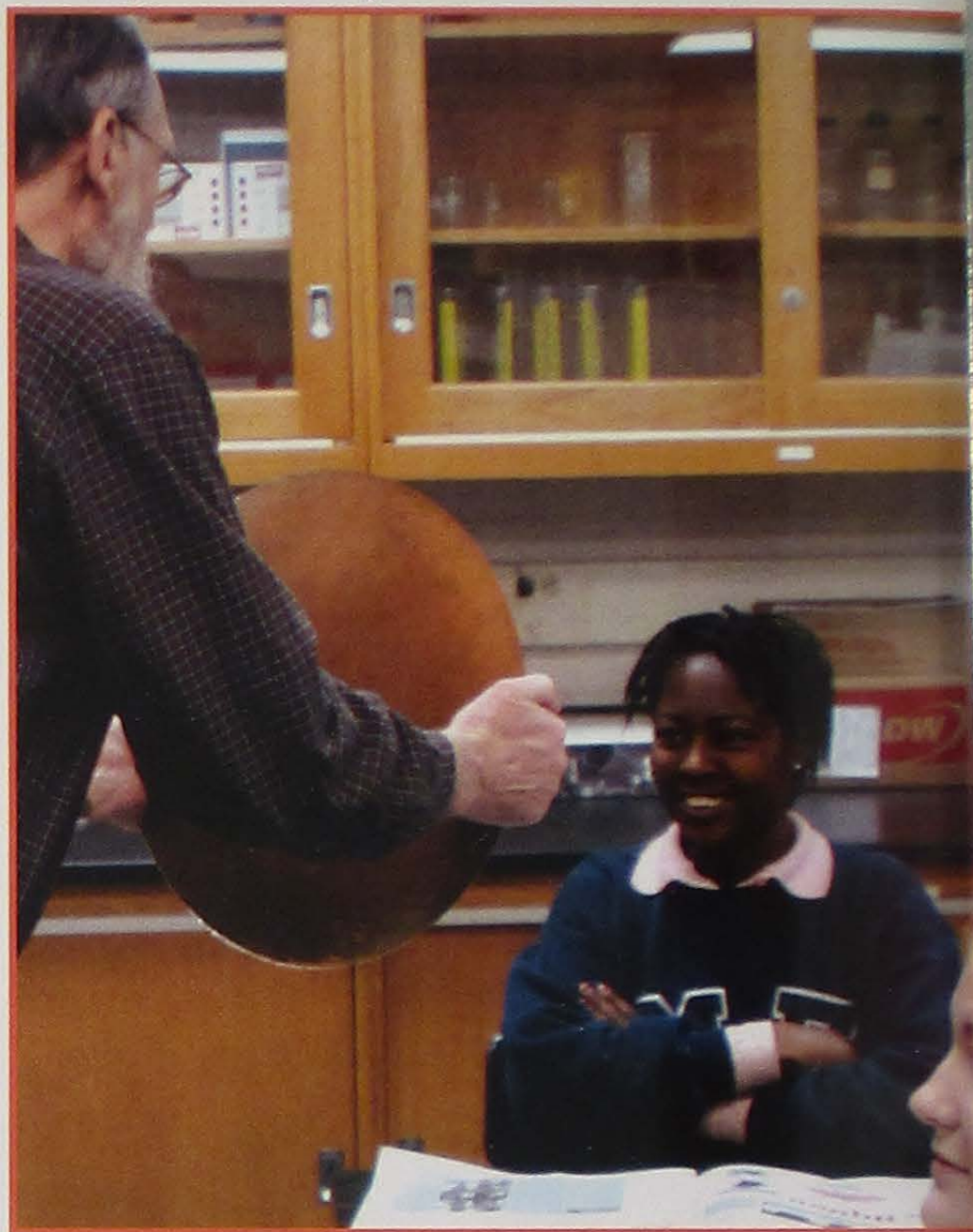


Spring Sounds- Presenting a new earful of new sounds, the Ames High Symphonic, Concert, and Freshmen Bands perform their spring show. The band members astonished the audience with a total of nine songs. (Photo by Anna Horst)

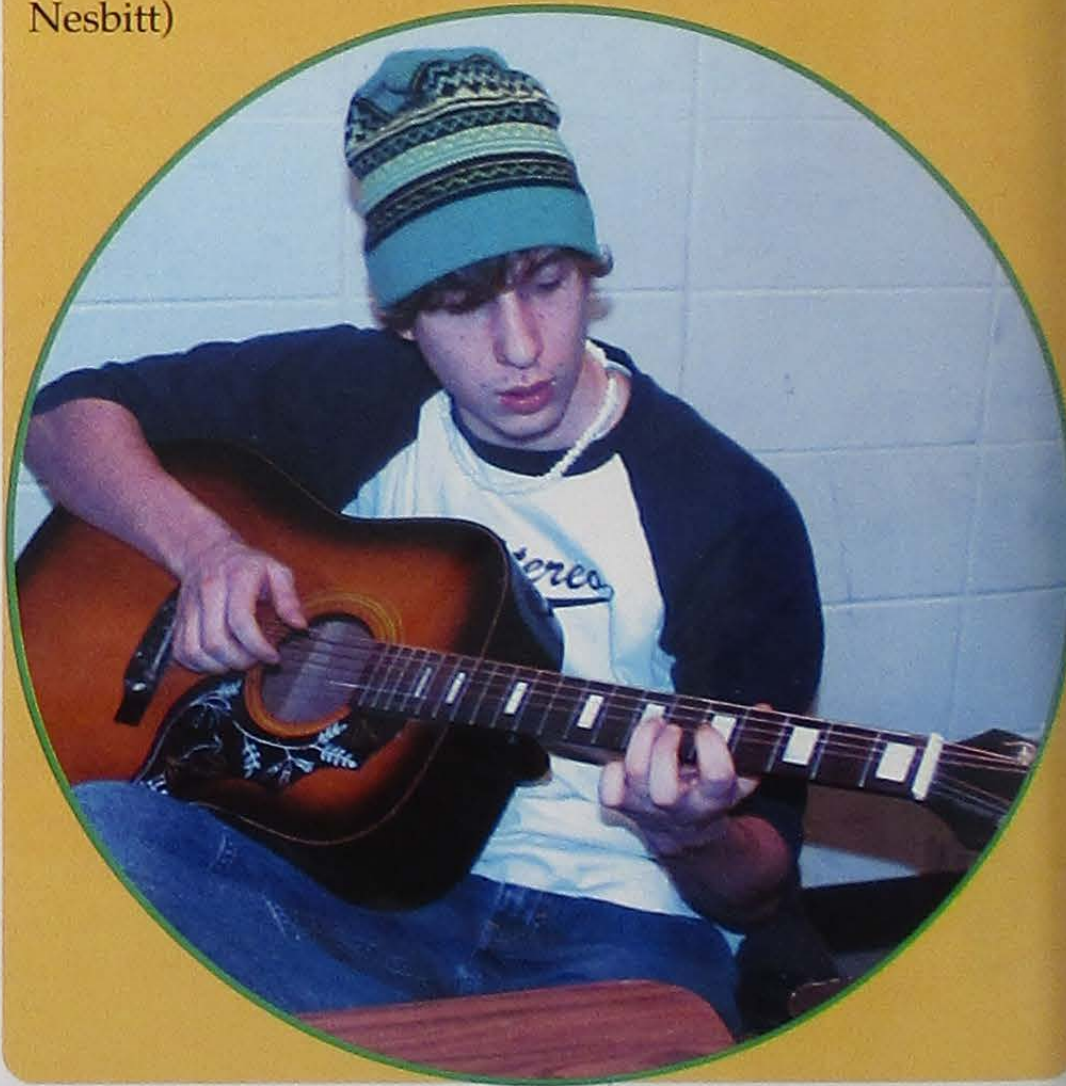
Classroom Games- Breaking away from the typical classroom games, seniors **Ronna Belz**, **Yassir Obeid**, and **Ishan Singh** partake in an intense game of Taboo. The entire eighth period speech class enjoyed exciting games every Wednesday. "My favorite game we play is Charades because Mr. Jerdee makes a fool out of himself whenever he tries to act out his part," Singh commented. (Photo by Elizabeth Wandling)



Mirror, Mirror... Gazing into a mirror, junior **Sianeh Flomo** laughs at her distorted reflection. Flomo and her fellow classmates were uncovering the mysterious qualities of mirrors and lenses. The students enjoyed the innovative demonstrations and activities Mr. Peterson planned throughout the year. (Photo by Rachel Nesbitt)



Strummin' For Change- Earning money for a Spanish Club meeting/dinner at Cazador, senior **Gabriel Arato-Smidt** strums a few random chords in the back lobby. Arato-Smidt earned over six dollars before stopping. (Photo by Rachel Nesbitt)





3.

-Senior Senate
Graduation Audi-
tions
-DECA State @Des
Moines



4.

-Drill Team Na-
tionals
-Winter Band
Concert



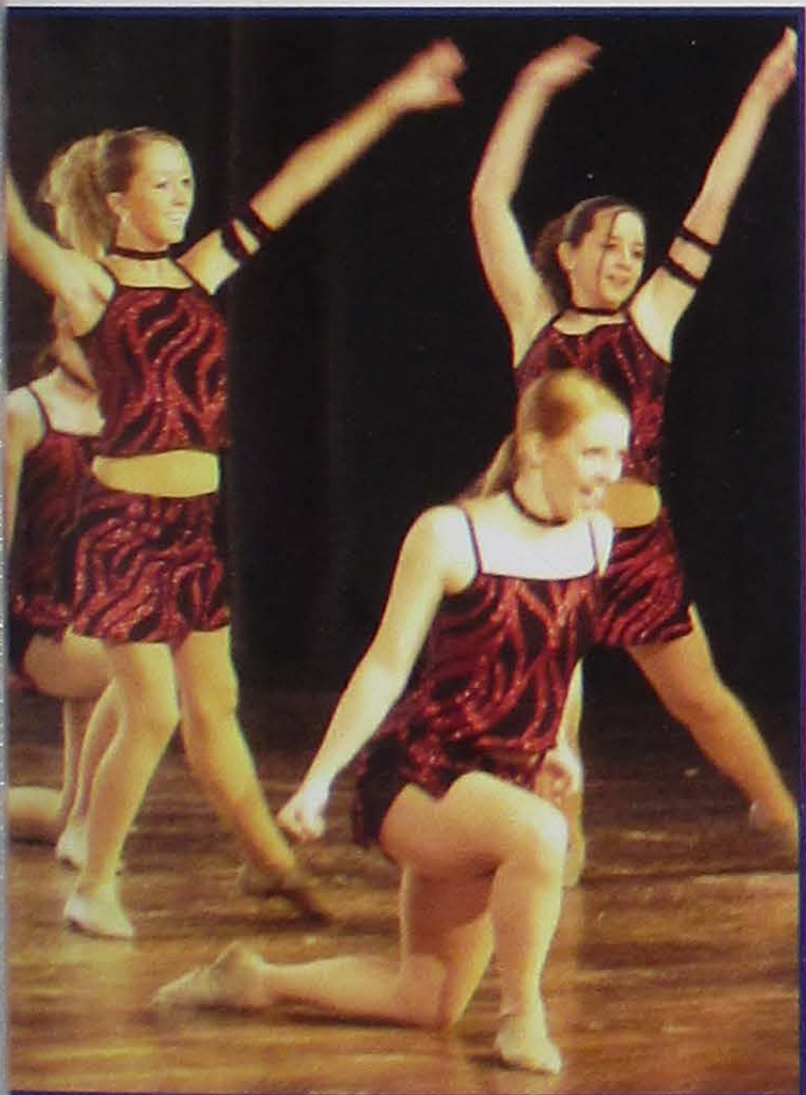
5.

-Drill Team Na-
tionals
-BBB Districts



6.

-Drill Team Nation-
als



Dancin' For Dollars- In an effort to garner financial support from local businesses for a national competition in Orlando, senior **Mindy Heitzman**, freshman **Rachel Thompson**, and junior **Alison Vigoya** perform on stage with the Ames High Drill Team. (Photo by James Webb)

Super Mario- Using uncanny artistic ability, sophomore **Mario Reyes** sculpts together a bracelet in Jewellery. Reyes participated in several art classes throughout the year, and was selected to design and illustrate a mural in the band hallway. (Photo by Emily Cohea)



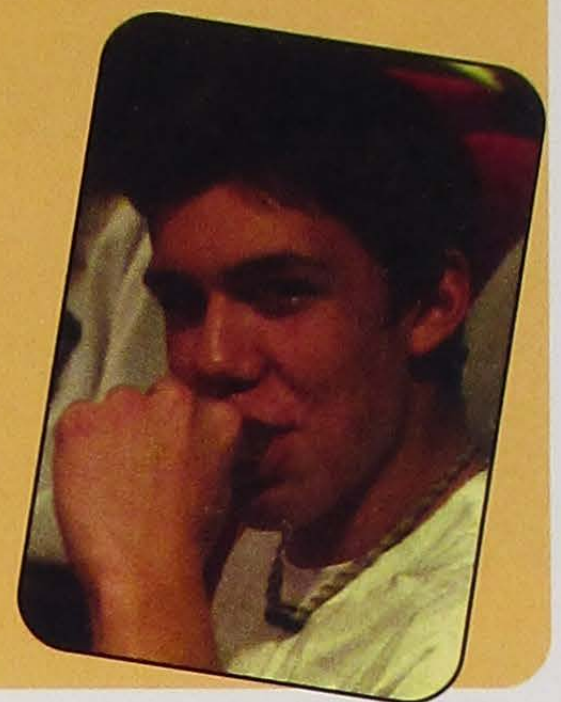
Severe Storm Warning- Voicing disdain over an officiating decision, members of the Ames High Storm let the referee know how they feel the call should have gone. Chants like, "Boo that man," "Rogaine," and "diarrhea" caused mid-season controversies with community members. (Photo by Anna Horst)

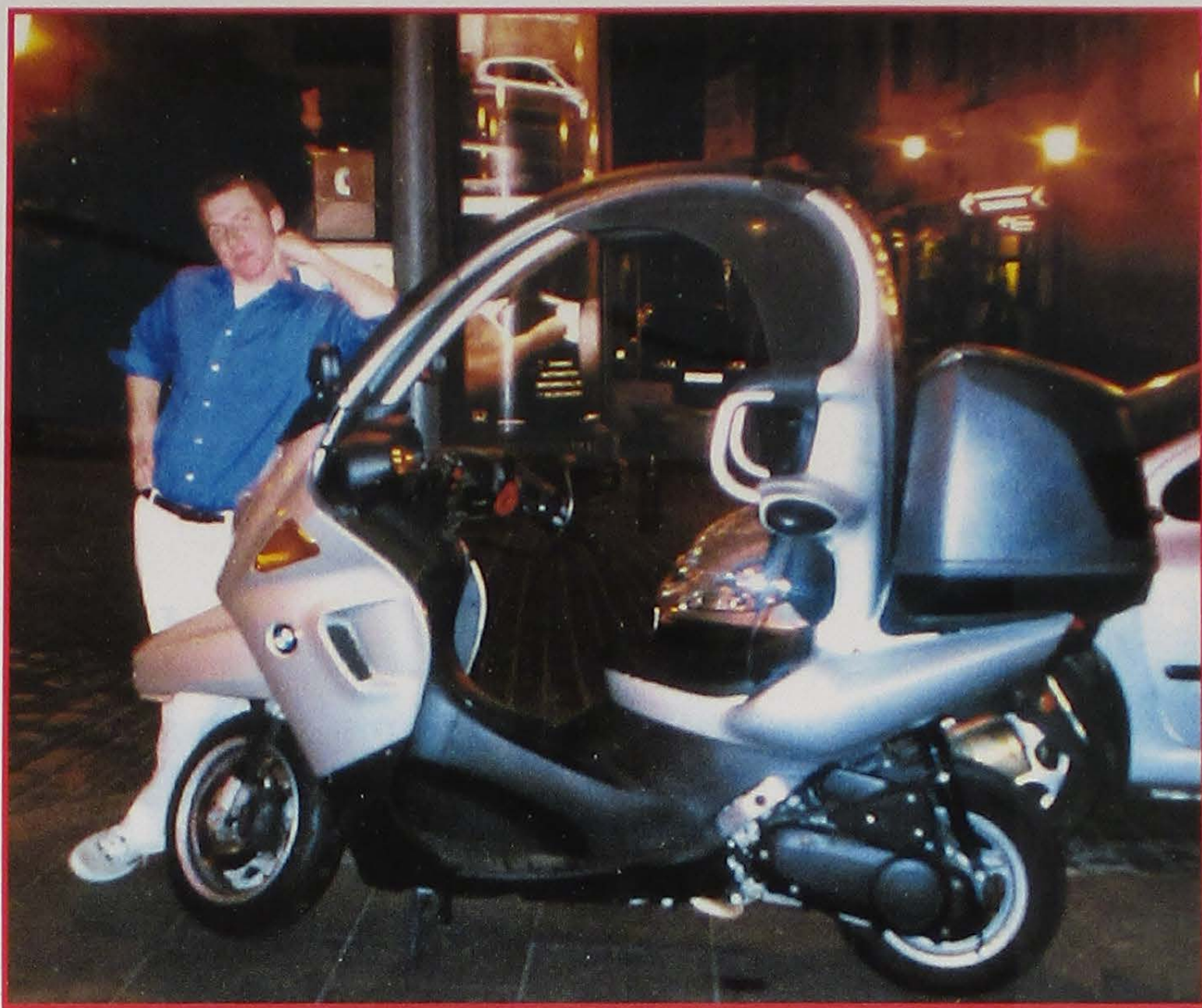
Top Ten Spring Break Hot Spots



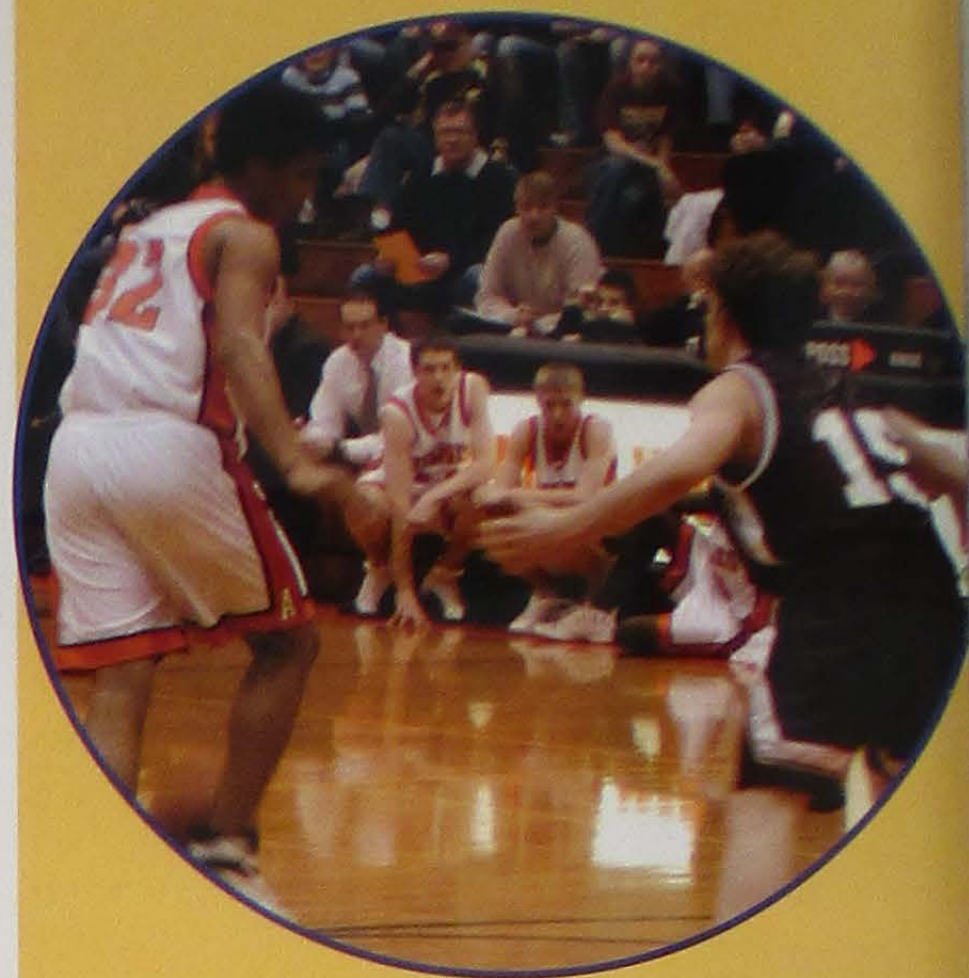
- 1) Mexico because it's hot and it's a spot.
-Freshman Jay Jensen
- 2) The North Pole...I like the Eskimos.
-Sophomore Daniel Schuldies
- 3) My bed because many magical things happen there.
-Sophomore Kyle Nelson
- 4) Home, so I can catch up on the latest Jerry Springer dramas.
-Sophomore Dana Howell
- 5) Hawaii because it's fun getting lei-ed.
-Senior Beth Gibbons

- 6) Florida so I can mingle at the retirement homes.
-Sophomore Brice Rial
- 7) A nudist colony...enough said.
-Sophomore Austin Arnaud
- 8) Key West because it's not here!
-Mrs. Bartine
- 9) Jamaica, everything's legal there.
-Junior Anna Horst
- 10) Canada, the excess body hair is HOT.
-Sophomore Charlie Krabbe





"Hey Baby...Wanna Ride?"- Always conscientious of the environment, senior **Tyler Barrett** stands next to a motor bike in Spain during the Spanish foreign language trip. (Photo by Emily Cohea)



Fast Break- Moving towards the ball, sophomore **Austen Arnaud** runs down the court as fellow teammates senior **Chad Cullinan** and junior **Erik Bunker** anxiously wait to sub- in. "We were all getting tired late in the season, but we were also really excited for sub-state so we could get a chance at state. We just needed to stay focused," Arnaud said. (Photo by Emily Cohea)

March



8.

-Choral Solo/Duet
Recital



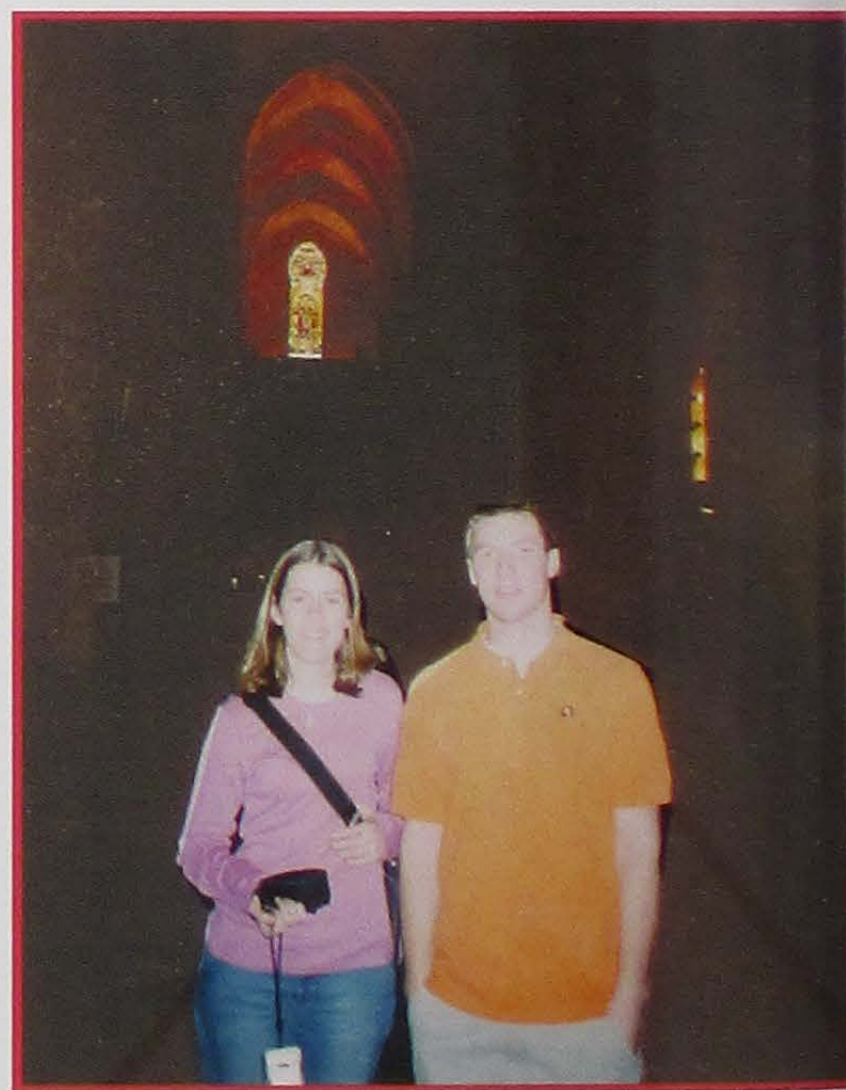
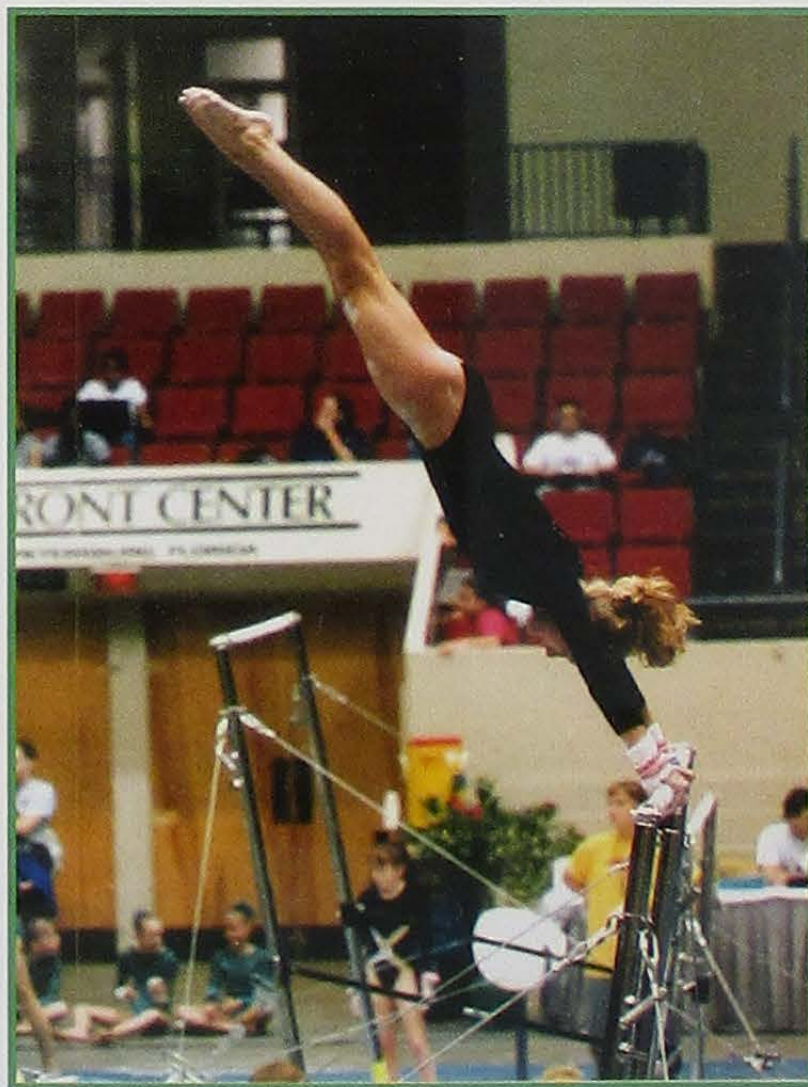
9.

-Band S/E Concert
Prelims
-BBB Districts



Balancing Act- Working on the stabilizing muscles, freshman **Jeffrey Kroll** attempts to keep his balance while tossing a ball back and forth with a trainer. Many athletes found the trainers' services necessary for their pre-game warmups. (Photo by Emily Cohea)

Bar Hopping- Defying gravity on the uneven bars, junior **Courtney Crandall** wraps up her 1st place routine on bars in a competition in Florida. "Bars are definitely my favorite event. Practicing to perfect my routine is really hard work, but it pays off in the end," Crandall said. (Photo by Emily Cohea)



Hola- Posing in front of a Mosque in Cordoba, seniors **Veronica Hindt** and **Tyler Barrett** capture perspective on the overwhelming size of this awesome sight. Barrett and Hindt were part of the annual foreign language trip to Spain during spring vacation. (Photo by Emily Cohea)



Clue In- Discovering each other's gold, sophomores of Mr. Forssman's Honors English 10 class discuss the lessons and meaning of the books read in class. These clue conversations, as they were called, gave students a chance to listen to others' ideas about the literature. (Photo by Emily Cohea)



Chug-a-lug- Feeling the burn, soccer players train for the season by running up hills. "It makes your legs feel like jello, and it hurts so much," senior **Nadia Hashemi-Torogi** said. (Photo by Emily Cohea)



Check Mate- Pondering his next move, sophomore **Dave Gan** contemplates the chess board during his seventh period study hall. "I play chess because it is better than studying," Gan said. "I guess I am also pretty good; I usually win when I play." (Photo by Emily Cohea)

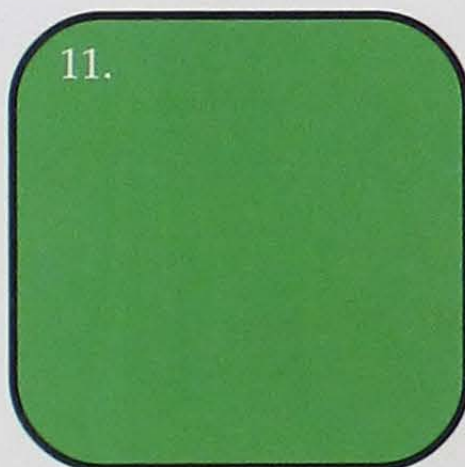


10.

-Senior Senate
Blood Drive



11.



12.



13.

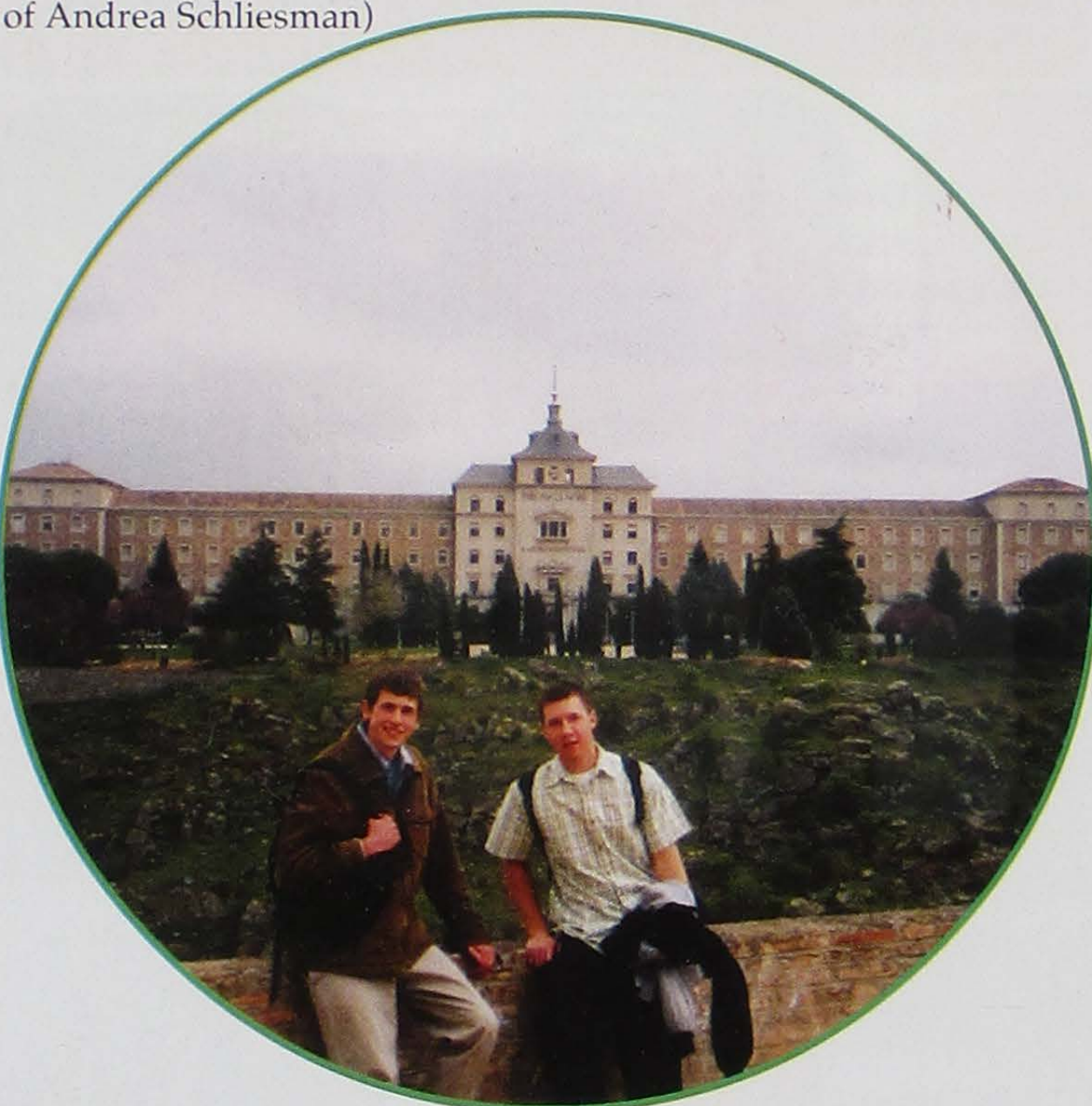
-GTR V Iowa City
Indoor
-BTR JV/V Iowa
City Indoor
-Mock Trial
Regional



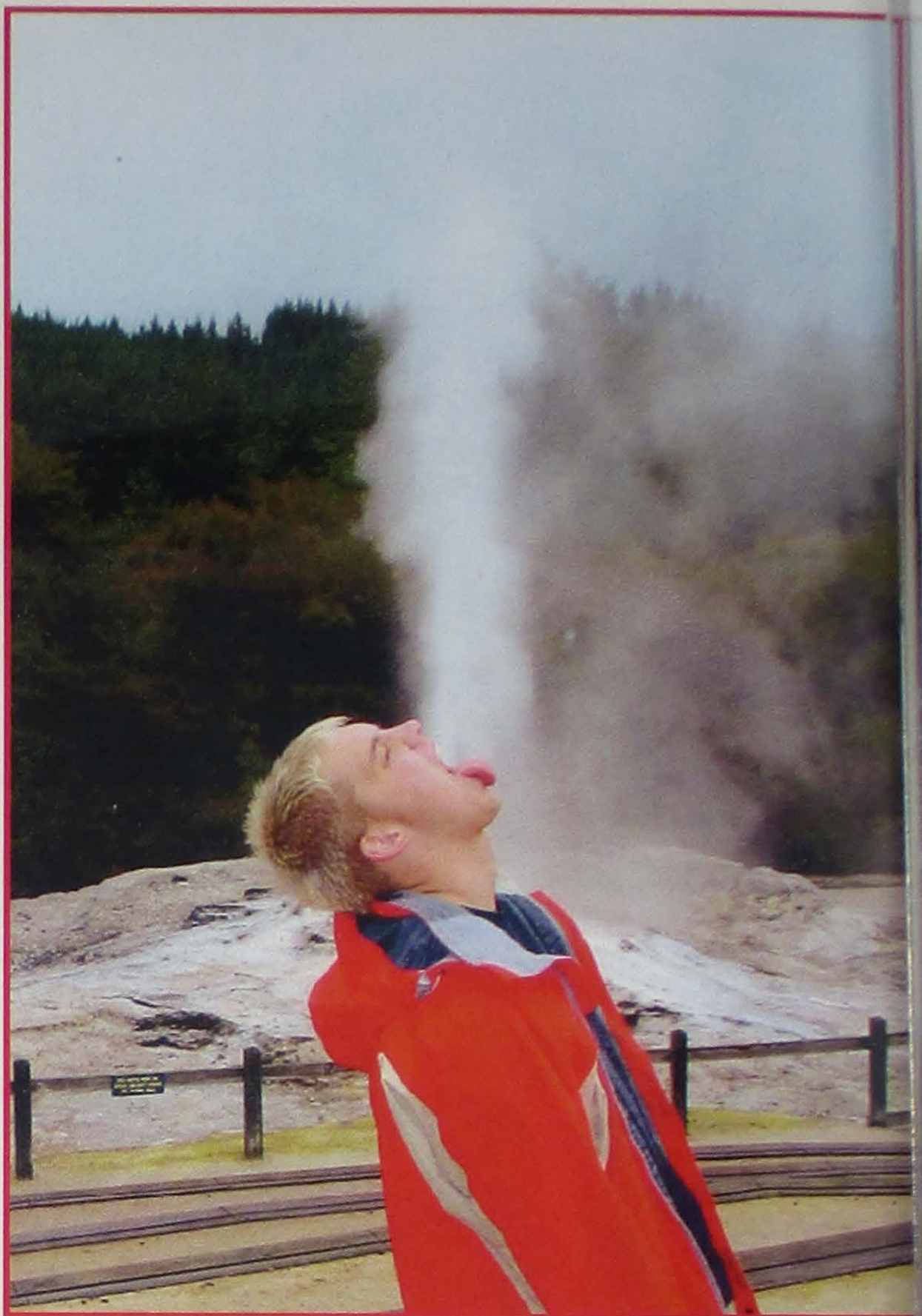
Fashionable Adhesive- Inspecting his duct tape masterpiece, Senior **David Gustafson** lays out his newest creation in the media center. After modeling it for his friends, David had to take a minute to work. "I've loved Duct Tape since Boy Scouts. I used it to make my outfits for both prom and Senior One Acts. My most recent work of art is an astronaut named Premier - I finished it in two hours the day of One Acts!" Gustafson said. (Photo by Emily Cohea)



Posing In Paris- On their first day in Paris, students on the French Trip stop at historical Norte Dome. "We were so tired but it was worth it to go to all of the different tourists stops," senior **Amy Barrett** said. "Paris was so dirty and gross though!" (Photo courtesy of Andrea Schliesman)



Exploring Freedom- After eating lunch, seniors **Ben Staniforth** and **Tyler Barrett** spend the day roaming Spain. "We had the day to ourselves," Staniforth said. "We were able to go to the places that we didn't have enough time to see with the group and spend as much time as we wanted there." (Photo courtesy of Danny Hallihan)



Blowing Off Some Steam- On a family vacation to New Zealand junior **Rob Acker** poses in front of a gyser at a park. "I went to New Zealand with my mom and dad. We went to visit my big brother," Acker said. "It was the best Spring Break I've ever been on!" Photo courtesy of Rob Acker)

"Last week I tried to drink milk out of my cereal bowl like a cat. It didn't work very well. I don't see how those tricky cats do it."
-Junior Katie Gieseke

March



15.

-Spring Break
-GTR V ISU
Indoor



16.

-Spring Break
-BTR V ISU
Indoor



Who's Who?- Touring one of the many castles in Europe, senior **Meredith Talbert** poses beside a statue while on the French Trip. Students given a few hours to tour the castle especially liked taking creative pictures with the castles props. (Photo by Andrea Schliesman)



A True Friend- During a Spring Break trip to Cayman Islands, junior **Natalie Sengbusch** washes junior **Whitney Mayes'** hair in the hotel's shower. "I didn't feel like taking a shower, but I needed to wash my hair," Mayes said. "So I just made Natalie do it for me. Later on I got my hair braided all over." (Photo by Audrey Wiedemeier)

-Spring Break



19.

-Spring Break
-Mock Trial State



20.

-GTR JV/V
Central Indoor
-Mock Trial State

SURVEY

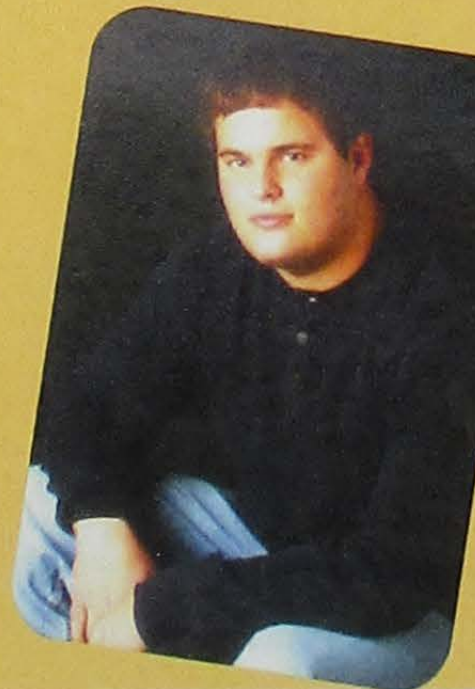
If You Could Be Your Own Action Hero, What Would Your Powers Be?

"I would be President Man. I'd have the power to grow dead presidents out of my fingers!"
-Freshman Jon Link

"I would be Camelete (like a Cameleon!). I would be able to go up against walls and turn into that color! No one could see me... but I could see them!"
-Junior Gretchen Gerbracht

"I would be The Chief. I would obtain super speed and be able to get in and out of places very, very fast."
-Senior Misha Kolosov

"Dancematic Super Dude. I would be super awesome with super dude powers. And I would solve all of life's problems with dancing."
-Junior Rob Acker



Stay at Home Blues- Trying to make the most of her stay at home over Spring Break, senior **Kelly Butler** enjoys a relaxing lunch with her friends.



Grindin'- Taking advantage off the rare combination of free time and warm weather, senior **Jared Savage** relaxes at the Ames Skate Park.



24.

Spring Break



"It was the worst Spring Break ever! I spent most of my time painting my whole house... But I still made time for fun!"

- Senior Sarah Klinkel

"Over Spring Break, I learned to be careful on the beach because the water tastes really bad!"

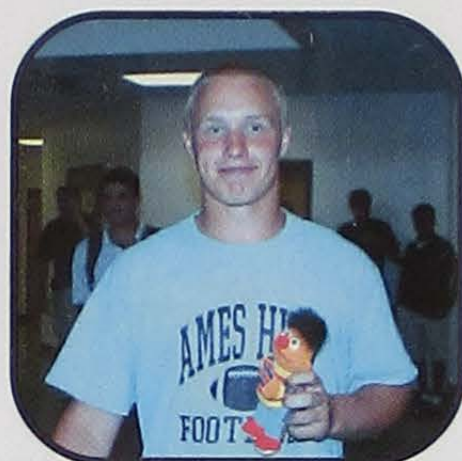
- Freshman Crystal Weltha



23.

-Math AIME Exam

March

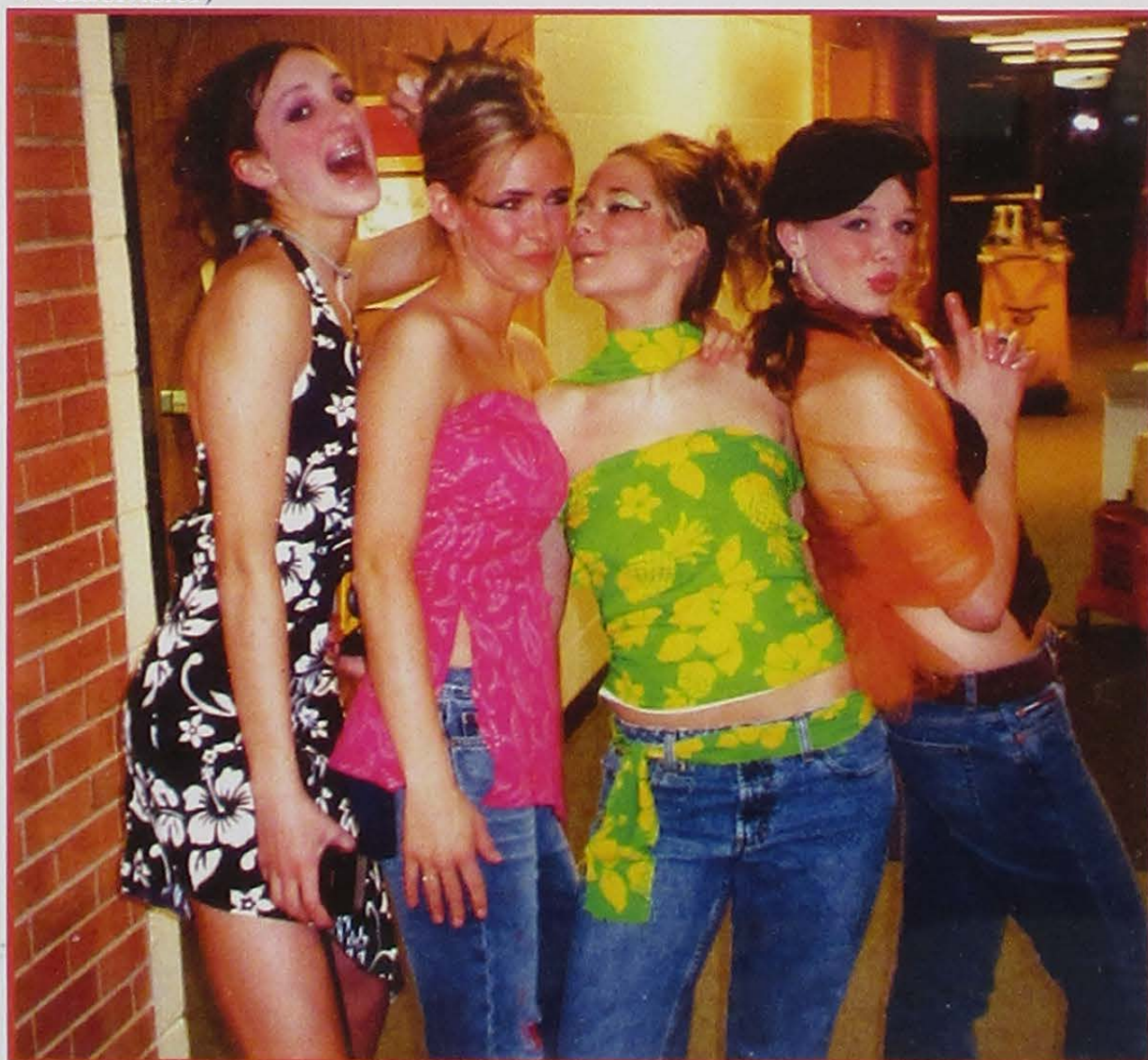


22.

-Classes Resume



Stylin'- Preparing for the fashion show, sophomores **Neva Hibbing**, **Mary Beth Kluesner**, **Annie Scoles**, and **Brittany Rover** strike their best poses. "I always like to quote *Zoolander* and say 'there's more to life than being really, really...really, outrageously good-looking,'" Hibbing said. (Photoby Audrey Weidemeier)



Bon Appetit- Preparing to dig into their ice cream sundaes and dessert French students **Christina McClelland**, **Andrea Schliesman**, **Claire Mill**, **Ellen Hedendorf**, and **Rebecca Raab** relax at posh cafe in France. While France, the students enjoyed beautiful sights, delicious food, and lots practice speaking French. (Photo courtesy of Andrea Schliesman)

25.

-GTR V Dickinson
Relays @ Cedar
Falls



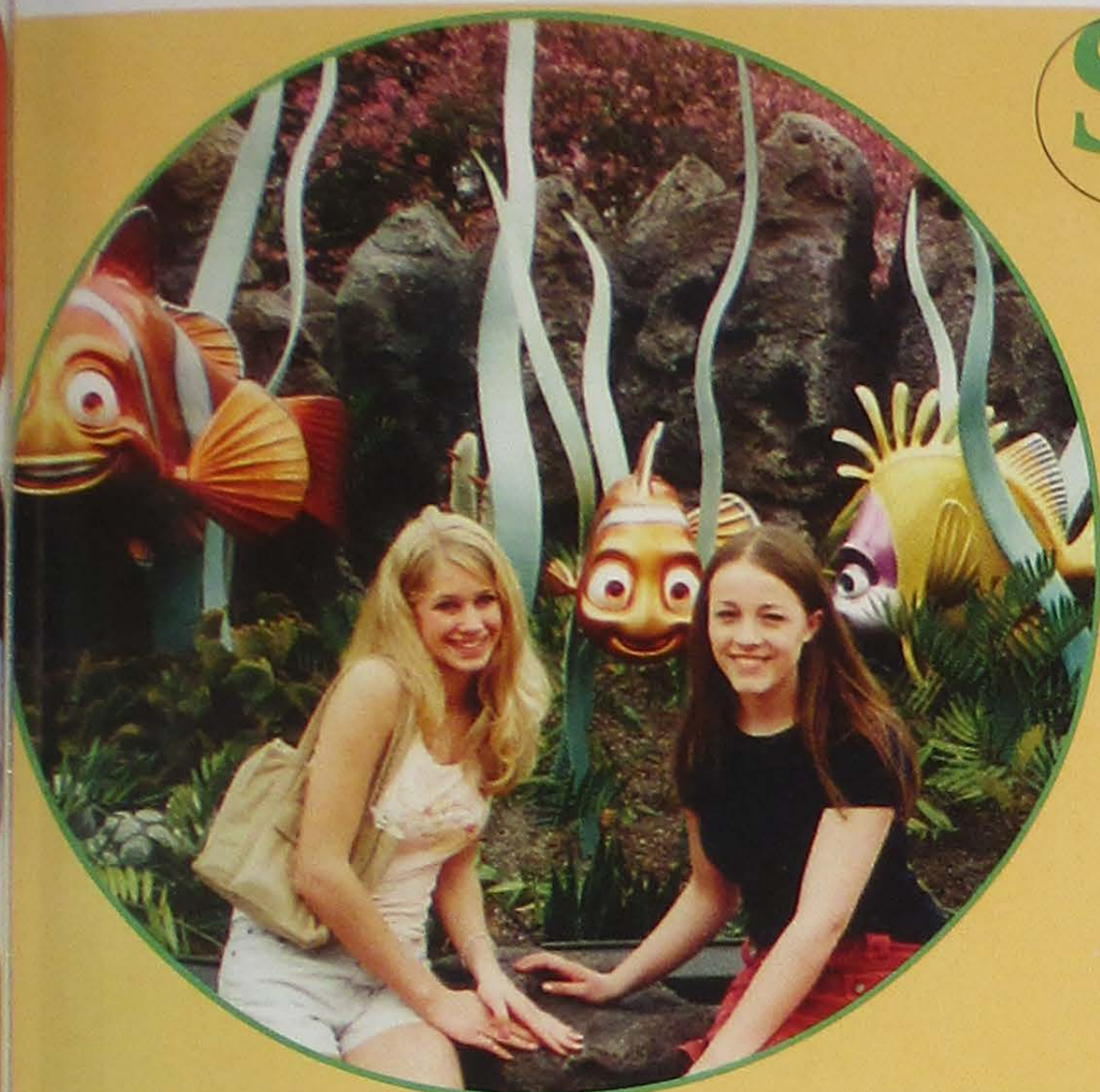
26.

-GTR JV/V
Waukee Invite
BTR Dickinson
Relays
-Thespian Film
Festival



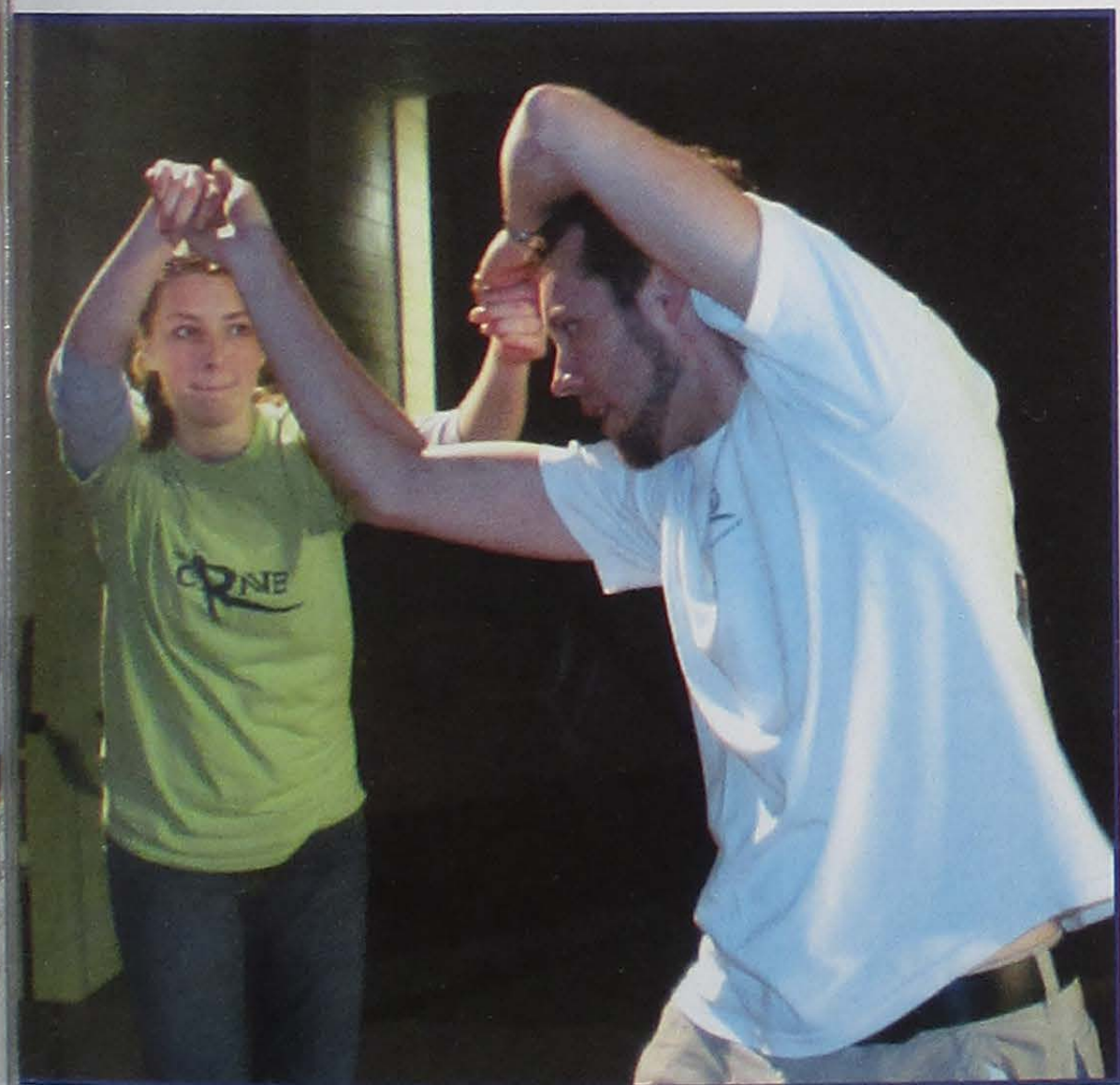
27.

-State Band/
Orchestra/Choral
-Solo/Ensemble
Contest ISU



Disney Magic- During their Spring Break Vacation, sophomores **Ashley Finer** and **Amanda Hinderks** pose in front of a *Finding Nemo* display in Orlando, Florida. "We had a lot of fun over Spring Break. There was so much to do!" Finer said. (Photo courtesy of Amanda Hinderks.)

Swingin'- At a retreat in Boone with her church, sophomore **Lisa Grace Duvick** swing dances with her church youth leader. "I always like to go back to the dance crazes of the fifties and sixties. I love swing dancing!" (Photo by Rachel Nesbitt)



Spring Break

Students Enjoy Spring Break Week
Story by Shannon McCormick

Spring Break is viewed in many different ways by high school students. Some view it as a time to go on vacation and spend some quality time with their family, while others view it as a time to have fun with their friends. Others find themselves just relaxing at home.

Many students wouldn't think spending time with family could be fun, but for sophomore **Alex Budd**, spending time with her family was a blast. "I went on a Disney Cruise," Budd said. "We started off in Orlando, and went to the Cayman Islands, Casamel, and spent a day at Disney World."

Freshman **Crystal Weltha** also went on vacation with her family. "Over Spring Break, I went to Florida. We went to Disney World and the beach, which was really exciting because I had never seen a large body of water before," Weltha said.

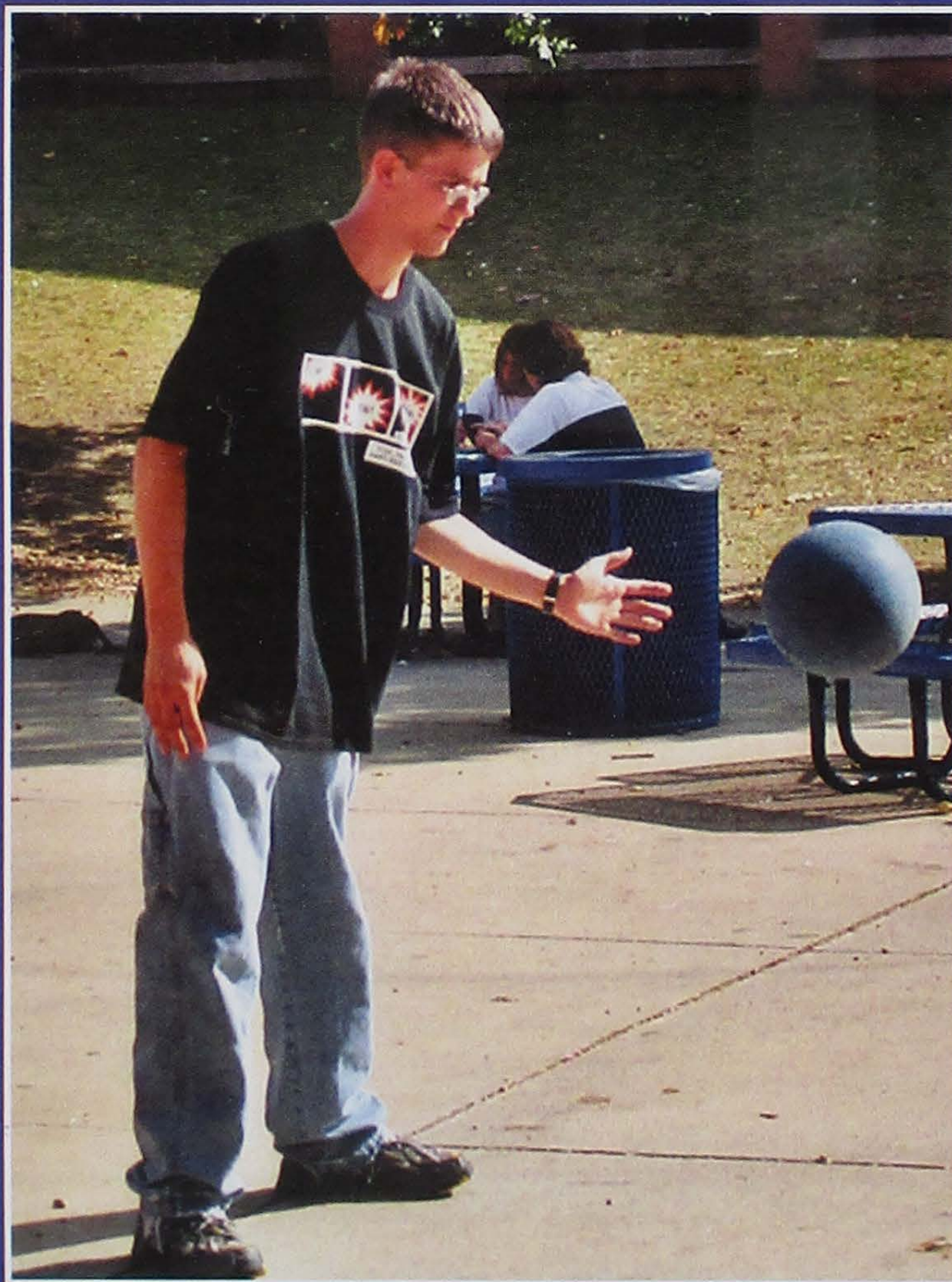
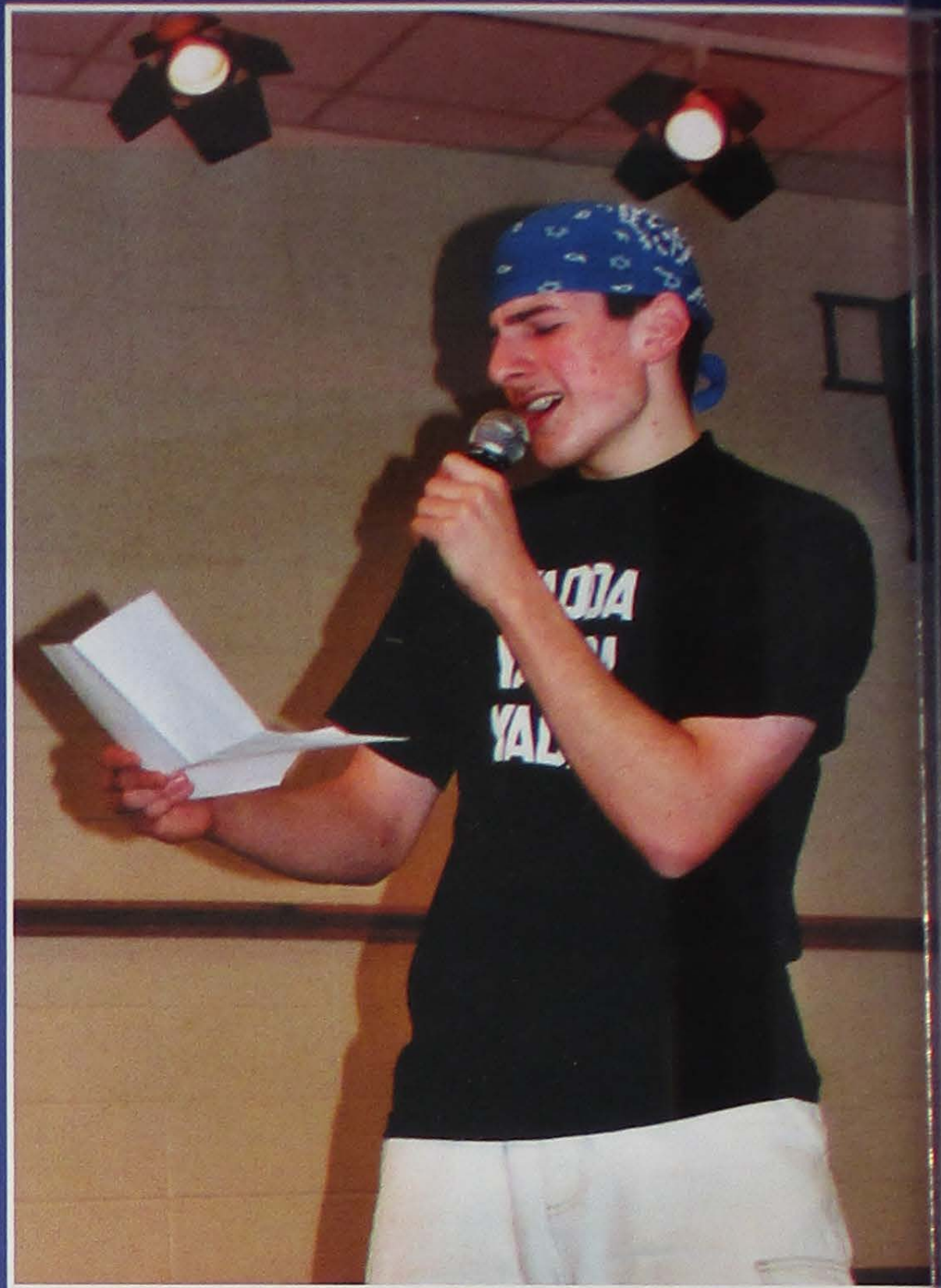
While vacationing with family can be fun, going with friends can be much more fun. Sophomores **Ashley Finer** and **Amanda Hinderks** spent Spring Break together. "We went to Kissimmee, Florida. There was so much to do there! We went to the beach, MGM studios and Disney World. We ate at IHOP a

ton," Hinderks said.

"They have awesome food. We also went shopping like every day. We didn't bring home much stuff, though, because we mostly bought junk food. My best purchase was a pair of pink princess slippers," Finer said. "This was the first time I had spent Spring Break with a friend and it made the vacation so much more fun! It was also the first time flying on a plane for me," Hinderks said.

While many students were vacationing in Florida, some were stuck at home. "Over Spring Break, I enjoyed the lovely environment of my basement," sophomore **Becky Sidles** said. "I sat in front of my computer with an away message that said 'Thanks for leaving me, guys!'" Adding insult to injury, those students that stayed home also got hit by the biggest snow storm of the school year.

Whether students left the country or never left their living room, it was still a much-needed time of rest and relaxation. Representing the last break of the year, everyone made the most of the time they had.



4TH QUARTER

Score
Students: 180
School: 0

Last day of school. Girls Tennis. Boys Soccer. Baseball. Softball. Girls Golf. Senior Skip Day. Senior Picnic. Locker cleanout. Semester Tests. Advanced Placement Exams. Frolf. Ultimate Frisbee. Graduation. Open Houses. Dress Code Violation. Honors American Literature Final paper. Special Olympics.



Bocce.
dent
Coun-
C o -
dent
tion.
of the
Bands.

n i s .
o r s
quet.

Post Prom. Awards Assembly. Senior Art Show. VEISHA (wasn't it a riot!). Girls Track. Pops Concert. Chemistry Tye-Dye T-shirt Day. Girls Soccer. Camping at the Ledges. Senior Pranks. Drake Relays. Dracula. Picnics. Goodbyes. Senioritis. Boys Track. Prom: Paradise City.

March



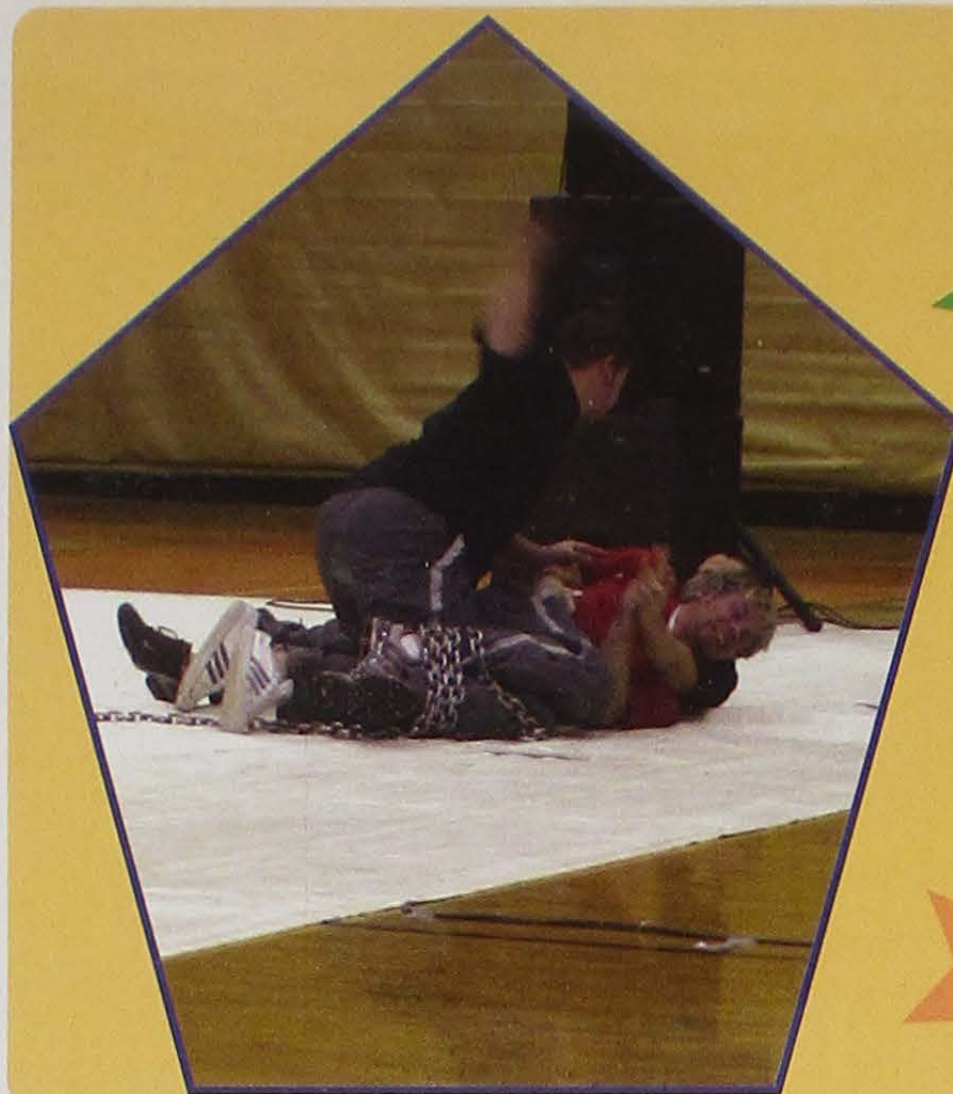
29.

-GTR 9/10 Ames
Invite



30.

-BTR 9/JV/V @
Ankeny
-ITED and PLAN
Tests

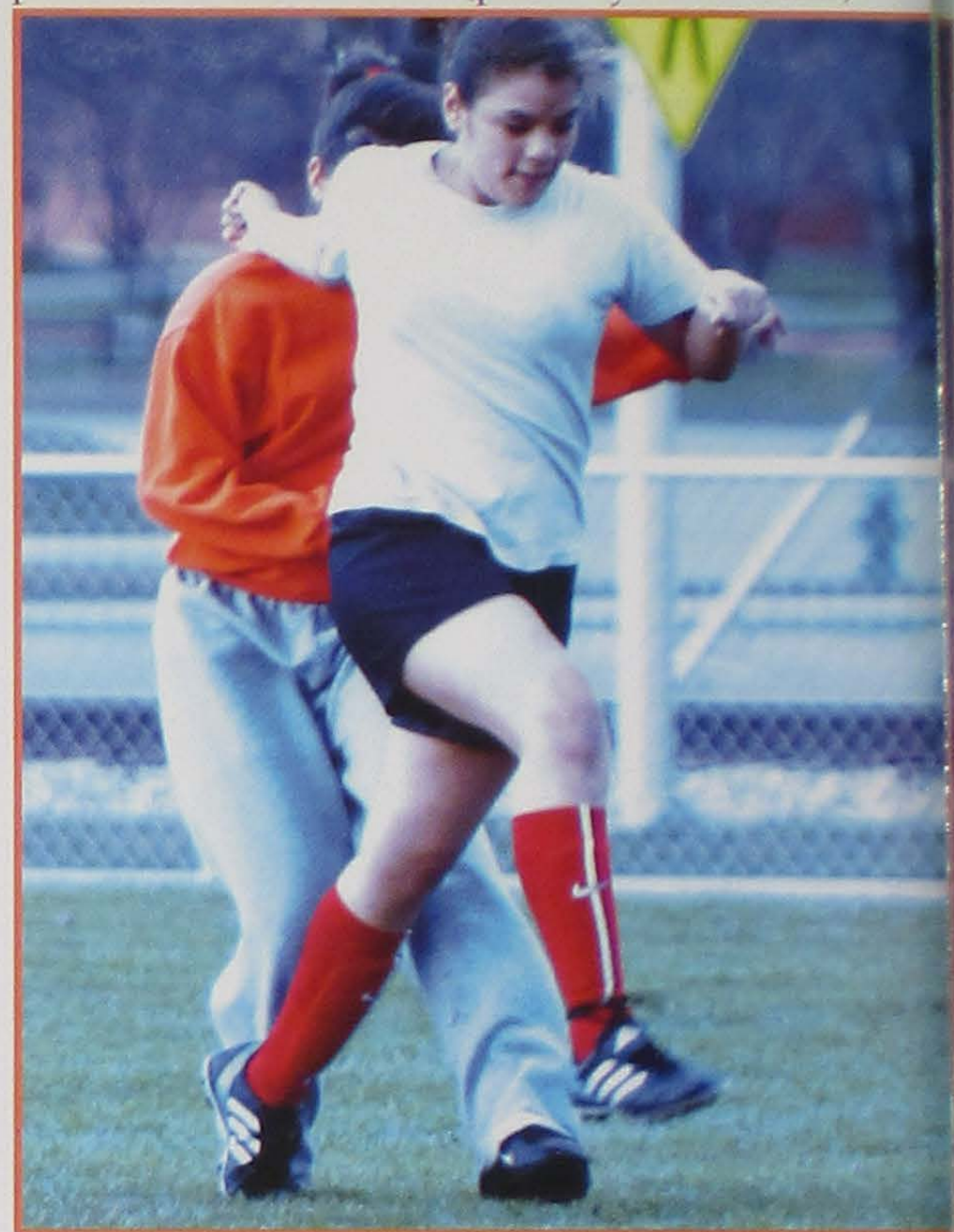


Knock Out- In a violent rage, a threesome of guest speakers appall the audience with a true fight. The Revolution Five group moved students with their performances dealing with substance abuse and family issues. (Photo by Anna Horst)

Back Lobby Bargains- Pausing between passing time, senior **Ashley Tucker** shells out her cash to purchase prom tickets from junior table workers **Miranda Eness, Jane Vu, Melanie Wanzek, and Jordan Osborne**. Little did Tucker realize that she was buying not only a night of pure happiness, but also a year's supply of scratch paper as the tickets were overwhelmingly large. (Photo by R.N.)

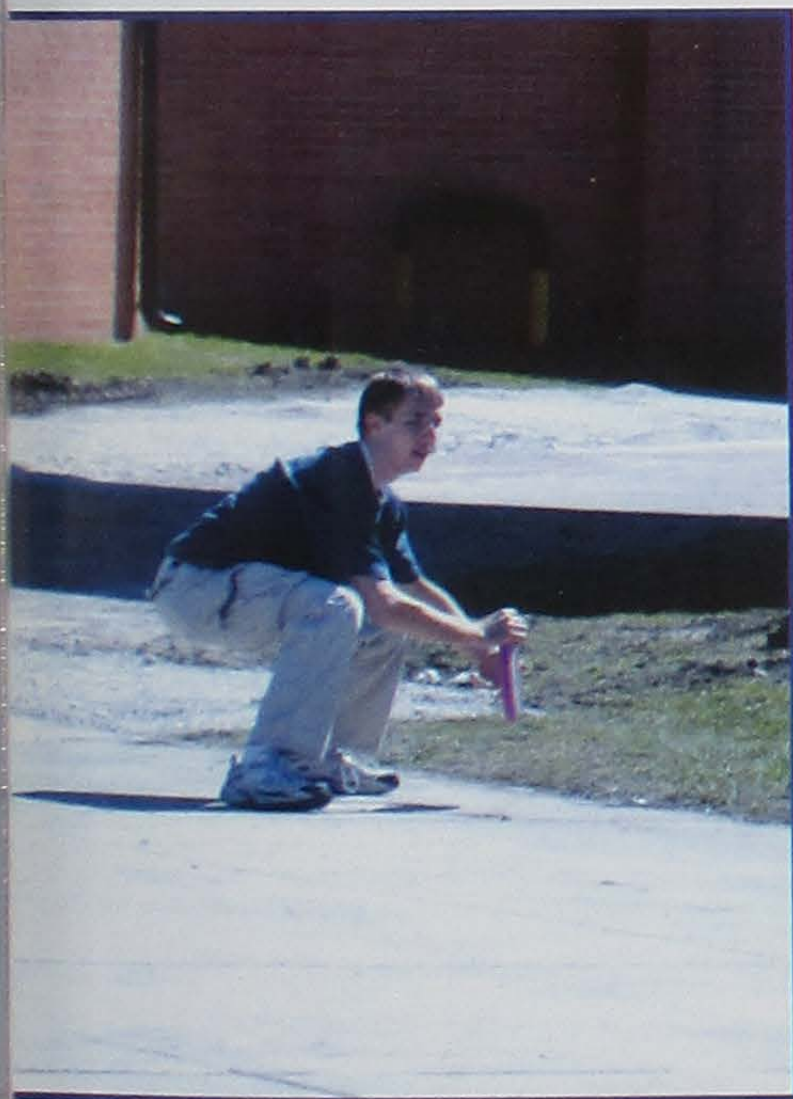


Swift Kick to the Ball- Following a forward pass to a teammate, sophomore **Vanessa Ninaquispe** dashes to the soccer field toward the goal during tryouts. Girls soccer players endured a pre-season that began in the winter with running and conditioning, and a season that pushed into the summer. (photo by Sarah Bohn)



Tearin' It Up- With the entire gymnasium watching, seniors **Jason Wang** and **Jung Suh** attempt to rip a telephone book in half. The exercise was part of the anti-drug, anti-violence, and alienation production put on by Revolution Five. (Photo by Rachel Nesbitt)



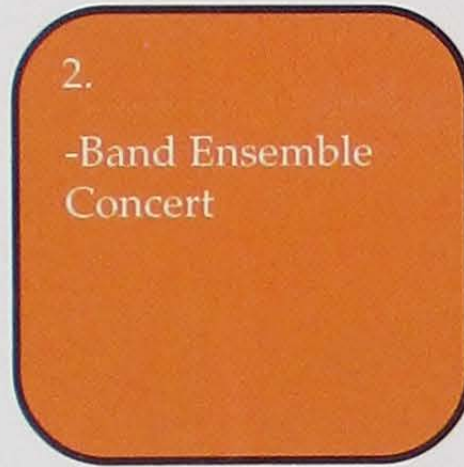
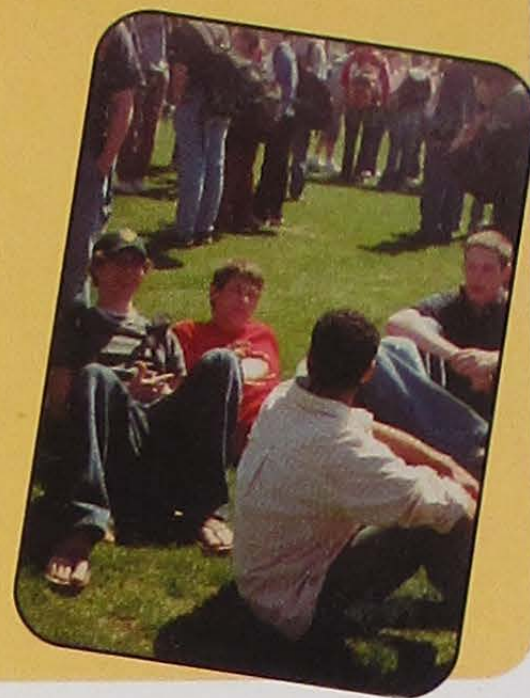


Ready Stance- Both mentally and physically prepared to dominate, senior **Andrew Miller** catches a frisbee in the courtyard. Students often congregated during times of nice weather to partake in intense games such as frisbee, four square, and hackey sack. (Photo by Rachel Nesbitt)

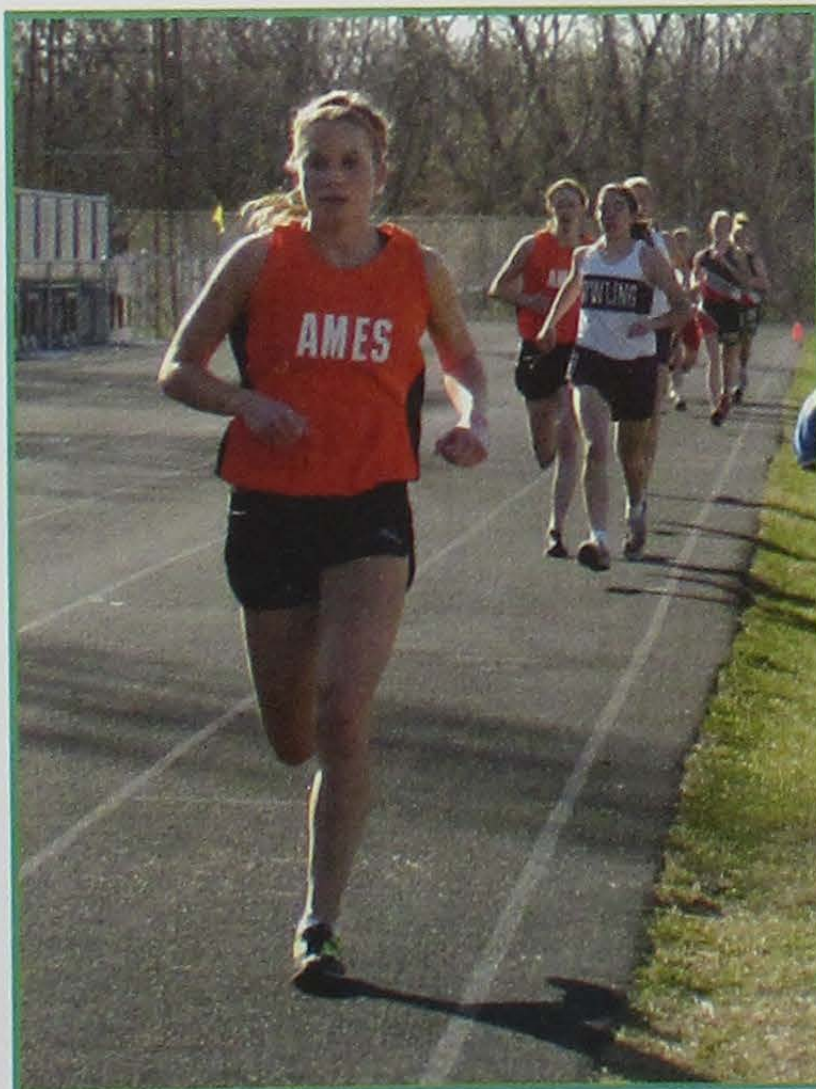


the Top Ten Signs of Spring

- 1) More referrals are issued for dress code violations than for any other offense.
- 2) Senioritis starts to kick in for students of all grades.
- 3) Heiberger owns the mound as softball pitcher/prankster.
- 4) Tanning bed usage declines as melanoma becomes naturally available.
- 5) Rooms in the art wing maintain a constant temperature of 97 degrees Fahrenheit with nothing but fans to blow around the hot air.
- 6) No more shoveling out of drive ways and sliding into makeshift parking spots.
- 7) Freshmen can taste deliverance as they prepare to leave the bottom rung unoccupied.
- 8) The courtyard becomes an obstacle course of flying frisbees, hackey sacks, and freshman girls laying out for a tan.
- 9) Seniors finally face the horrifying realization of four years of collective media center and parking fines.
- 10) Palm Pilots crash due to an overload of Open House entries and reminders.



Smokin' 'Em- Striding easily ahead of the pack, senior **Traci Hawley** shows why she's one of the top runners in the state. Hawley ran Varsity Track and Cross Country all four years of high school, dominating competition of all ages. Hawley spent much of her year in preparation for the State Track Meet. (Photo by E.C.)



Piece of Cake- Pleased with the results of his prom proposal, senior **John Chrisinger** enjoys a piece of cake with senior **Anu Biswas**. Chrisinger asked Biswas to go to prom with him on a gigantic cake that took him nine hours to make (or maybe he bought it at Hy-Vee). (Photo by Andrea Schliesman)

PROM: Paradise City

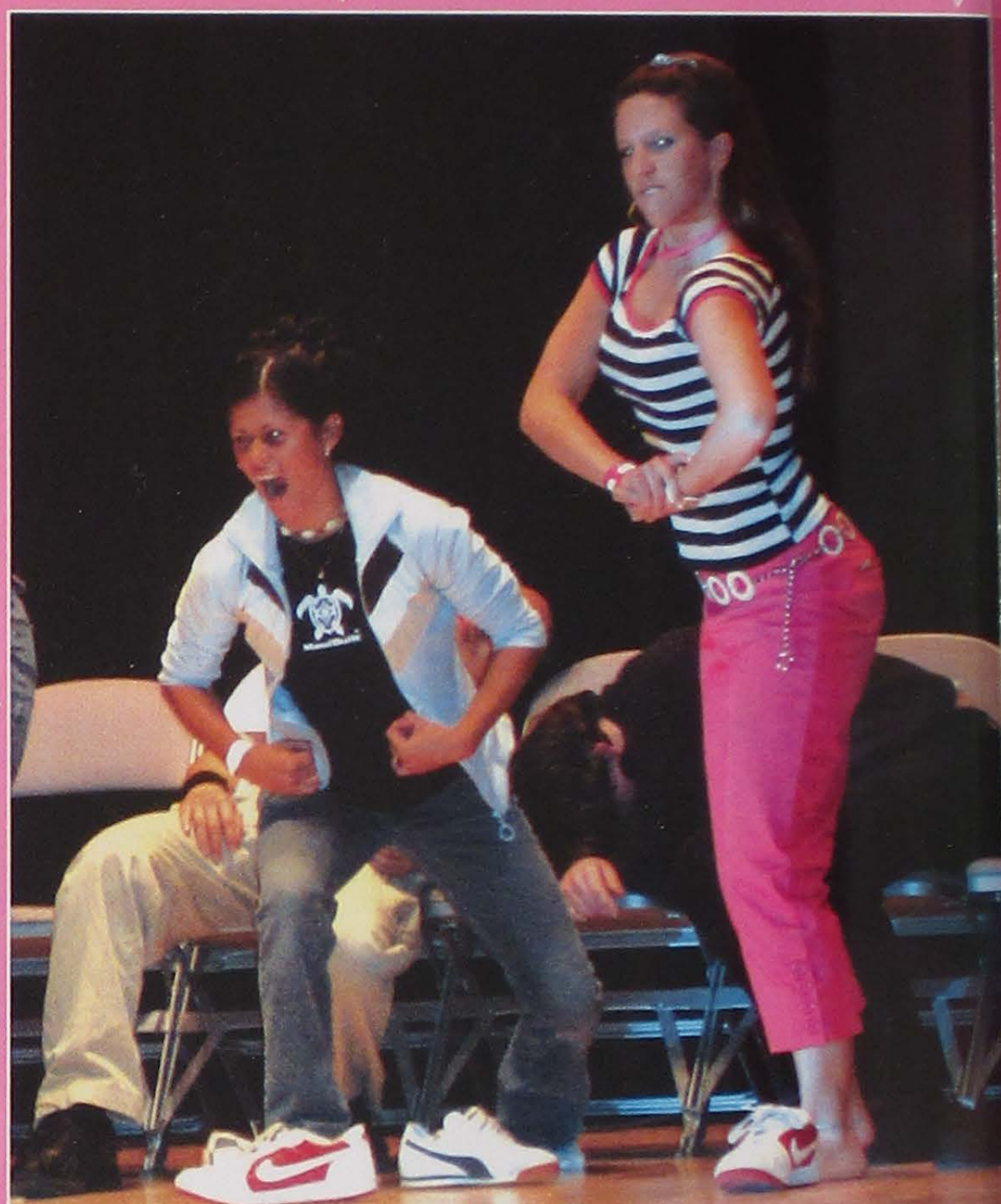
April 3, 2004



Labor Pains- Imitating a woman experiencing labor, Junior Lucas Warth lays down to relieve the pain. "Fortunately, I don't remember any of the pain I apparently experienced while hypnotized. However, from the stories I've heard and pictures I've seen of myself, I will never again say that labor isn't hard!" Warth said. (photo by Rachel Nesbitt)



The Big Prep - Prepping for the big night, Senior Ashley Harding perfects senior Trisha Thompson's hair. (photo by Emily Cohea)



Macho - Seniors Deborah Rock and Ronna Belz flaunt their muscles.



Proud Parents - Junior Carmi Spicer nurses his hypnotic baby while senior Emily Morris looks on. (photo by Rachel Nesbitt)





Sophomores Molly Golemo, Iris Harlan, and Chelsea Cottrill show they are old enough to know something about having a good time.



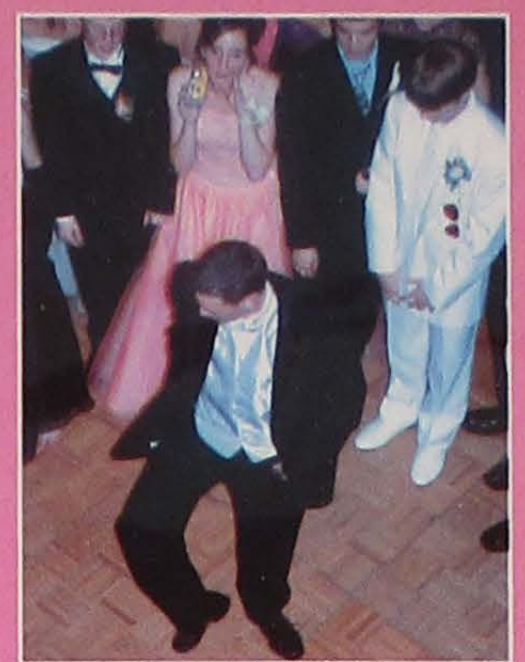
"Having matching duct tape ensembles for prom was great. The shiny duct tape served as a reflector and I was always able to pinpoint my date's location"

-Junior Elizabeth Lott



"I loved dancing with Misha, aka hot russian dancer. Prom was awesome, but it wasn't actually Paradise City because it was missing pink yard flamingos"

-senior Candy Huffman



"Watching the fierce dance competitions from front and center was really exciting. The way they move their feet and spin on their heads really fascinates me!"

-senior Jackie Brannan



Your Royalty- Senior King Kai Martin is congratulated on his recent crowning by a loyal commoner. (photo by Meg Wade)



Building Paradise- Juniors Nadya Pecharsky and Lindsey Adams construct palm trees for the picture area. (photo by Rachel Nesbitt)

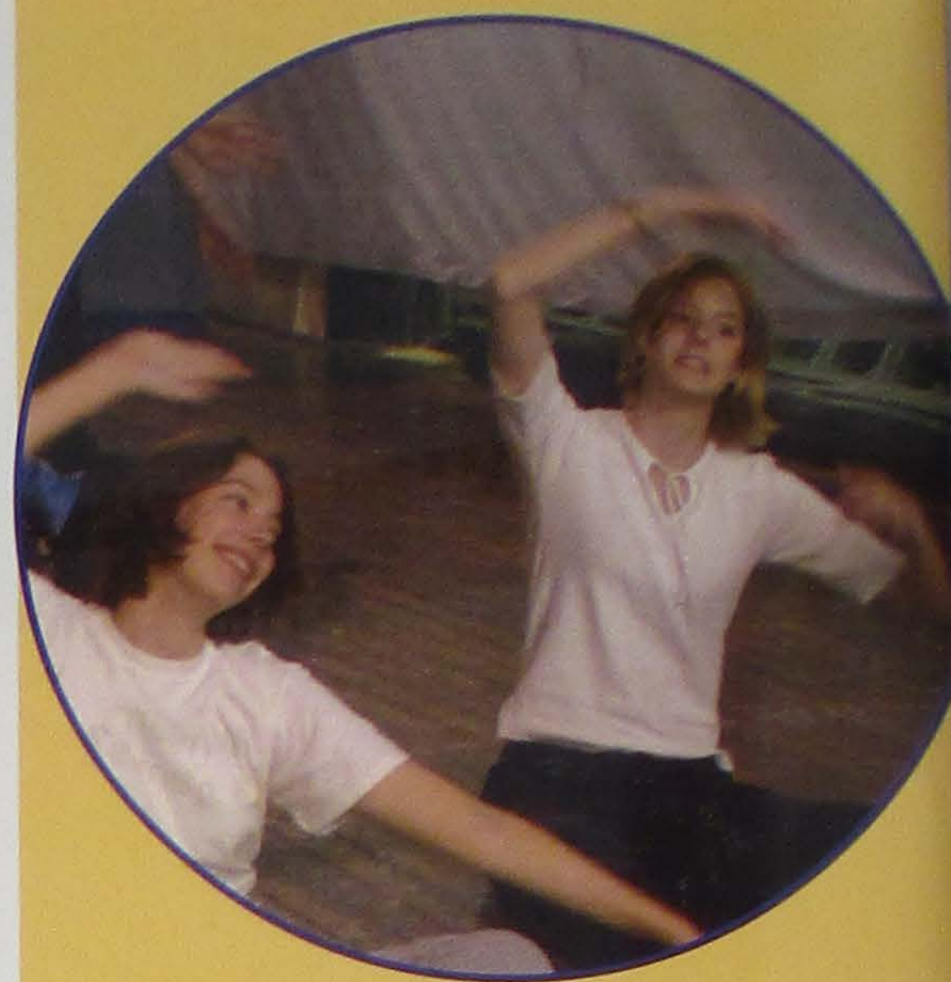


Arriving in Style- Ames High Students opt out of a limo and instead choose a school bus as their mode of Transportation to Prom. A. Weigand, K. Knapp, K. Butler, K. Berg, J. Barnes, R. Townsend, and S. Klinkel were among the lucky few who rode in the bus. (Photo Courtesy of Kelli Berg)





Sharing A Word- At the ever popular Ames High coffee house, junior **Miranda Hug** recites an insightful poem. "Coffee houses are great because everyone has an equal opportunity to share what they want to say." (Photo by James Webb)



Such Grace! Such Beauty!- During an intense day of modern dance, sophomores **Kelsey Torgerson** and **Chantel Roberts** perform the new moves they learned from modern dance teacher Mrs. Kausky. Students learned different elements of dance such as sway, vibratory, and level changes. The most popular activity was the school renowned "relaxation technique." (Photo by Anna Horst)

April



5.

-G Soc Newton
-BSoc @ Newton
-BTR 9/10 @ Valley



6.

-GTR JV/V Ames
Invite
-BTR JV/V Byrnes



Speech Star- Posing in front of the honorable speech banner, senior **Heidi Grove** is awarded a speech association scholarship for her talented presentation at state speech competition. Grove won one of the top places. (Photo Courtesy of Heidi Grove)

Holding Up The Walls- Searching the halls for their teachers, seniors **Danny Hallihan** and **Matthew Lambert** frantically fill out their priors for the end of the week. Priors were a necessity for students planning to be gone for a few days or for leaving school early. (Photo by Anna Horst)



Secrets Don't Make Friends- Strolling the halls during the SPIRIT period, senior yearbook staffers **Ryan Guffy** and **Tushar Dayal** amaze fellow senior **Aviv Luban** with the mysterious scandals and secrets that occur at Ames High. (Photo by Anna Horst)



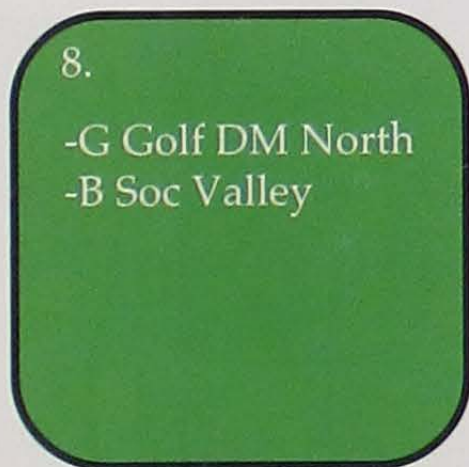
Back Attack- Waiting for assistance from a trainer in the training room, freshman **Jenna Jensen** endures the pain from her soccer injury. Compton hurt her back while playing forward for the freshman team. (Photo by Rachel Nesbitt)



Dinner and a Movie- Having fun before his Advanced Foods final, senior **Nick Dekovic** attempts to work the video camera. "Mrs Strausser films us as we present our final," Dekovic said. "Then she puts it on TV!" (Photo by Rachel Nesbitt)



Poker Hall- Making effective use of time during seventh period study hall, senior **Brent Swanson**, juniors **Trent Heithoff**, **Jordan Funkhouser** and **Andy Novack** play their typical game of poker in the school cafeteria. The students would play poker nearly every day, never betting money of course... (Photo by Rachel Nesbitt)



8.
-G Golf DM North
-B Soc Valley



9.
-B Soc @ SE Polk
-G Soc SE Polk
-G TR @ Simpson

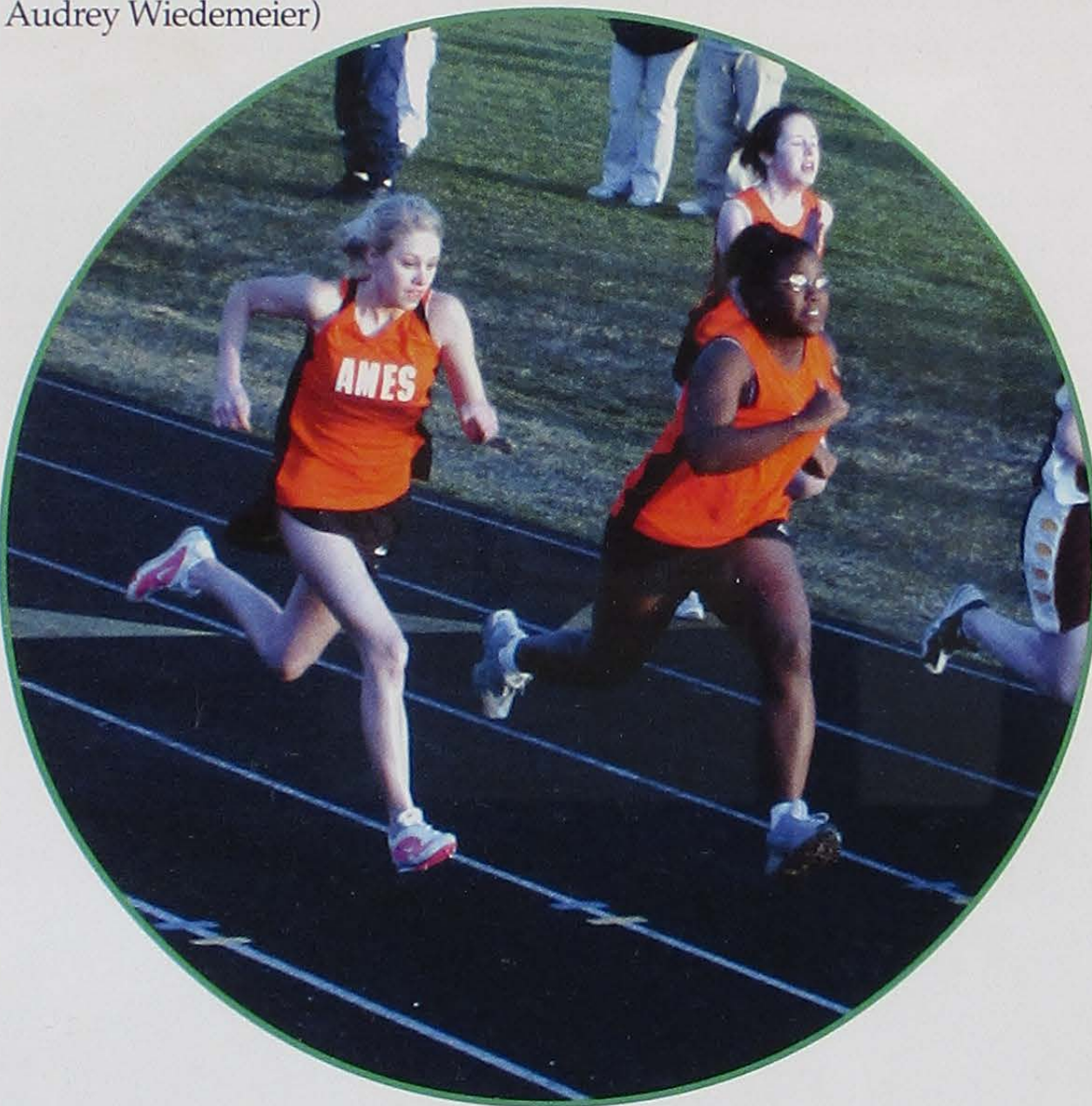


10.
-B TR JV/V Hi
Covey Relays

Go, Greenlaw!- Playing a folk cover on his guitar while vocalizing, teacher **Reggie Greenlaw** swoons students at the Ames High Coffee House. Greenlaw had performed at each of the other coffee houses and his outstanding talent was always an added bonus to students as they sipped at their coffee. (Photo by James Webb)



Worthy of Raphael- Acting out "School of Athens," seniors **Katie Lutz**, **Andrea Schliesman**, **Damien Snook**, and Junior **Mandy Pirog** pose on stage during the Terpsichore performance of a Still Life. Senior **John Obrycki** choreographed the performance and performed in it as well. (Photo by Audrey Wiedemeier)



Sprint Your Way In- During the Jim Duea Invite, sophomore **Ashley Finer** and freshman **Acquavia Lagrone** sprint to the finish line in the 100 meter dash. (Photo by Shannon McCormick)



Shake It- During their terpsichore performance, seniors **Deepa Kunapu** and **Steven Gerbracht** dance to the Indian song, "Leja Leja," choreographed by senior **Raathai Molian**. "This was a dance passed down to me, and I wanted to share a cultural experience with other students," Molian said. (Photo by Audrey Wiedemeier)

"April is a great month because you know that you will soon get out of school. The flowers are also pretty and the weather is nice!"
-Sophomore Evan Hudson

April



12.

-G Golf V
Urbandale Invite
-GTR 9/10
Newton Invite
BTR 9/10 Ames
Invite



13.

-G Golf JV/V@DM
Roosevelt
-B Soc 9/JV/V
Urbandale
-B TN JV/VDM North
-G TN JV/V@DM North
-GTR JV/V JimDuea
Invite



Spring Manace- With a determined look in her eyes to go the extra mile, senior **Meg Wade** prepares to slice a second serve at her opponent. During second semester tennis, many girl tennis players took advantage of the beautiful sunshine to get plenty of practice before their big events. (Photo by Audrey Wiedemeier)



A Victorious Band- Marching down the streets of Lincoln Way and around Campus town, senior **Andrew Kang** leads the band as they play out triumphantly behind him during their performance at the VEISHA parade in Ames. Unfortunately, what was traditionally a family day ended in a night filled with riots and police interrogations. (Photo by James Webb)

15.
-GGolf JV/V@M'town
-BSoc 9/JV/V@
Dowling
-CSoc 9/JV/V@DM
Roosevelt
-GTN JV/V@M'town
-State TSA Contest @
DM



16.
-G TR Dodger
Relays
-CY Tech Challenge
-State TSA Contest



17.
-VEISHA Parade
-B Soc V Valley
Invite TBA
-BTN M'town
Doubles



SURVEY

What is the best April Foolsprank you have ever played on someone?

"I put a fart machine in my teacher's desk in 5th grade. Every time I turned it on it made a fart sound. She was like, 'Oh, excuse me,' because she thought it was her. It was halarious!"

-- Freshman Tyler Hansen

"The worst was when I pushed a BIG truck down the stairs. It sounded like someone had fallen. So when it hit the floor, I pretended I had fallen and started to yell. My mother came in and looked really afraid until I yelled, 'April Fools!' She was not very happy because she did not like to be scared."

--Teacher Jenny Hobbs

"One morning I switched my mom's cereal from something that was healthy to Cocoa Puffs and poured milk onto it. She couldn't tell the difference... until she tried it."

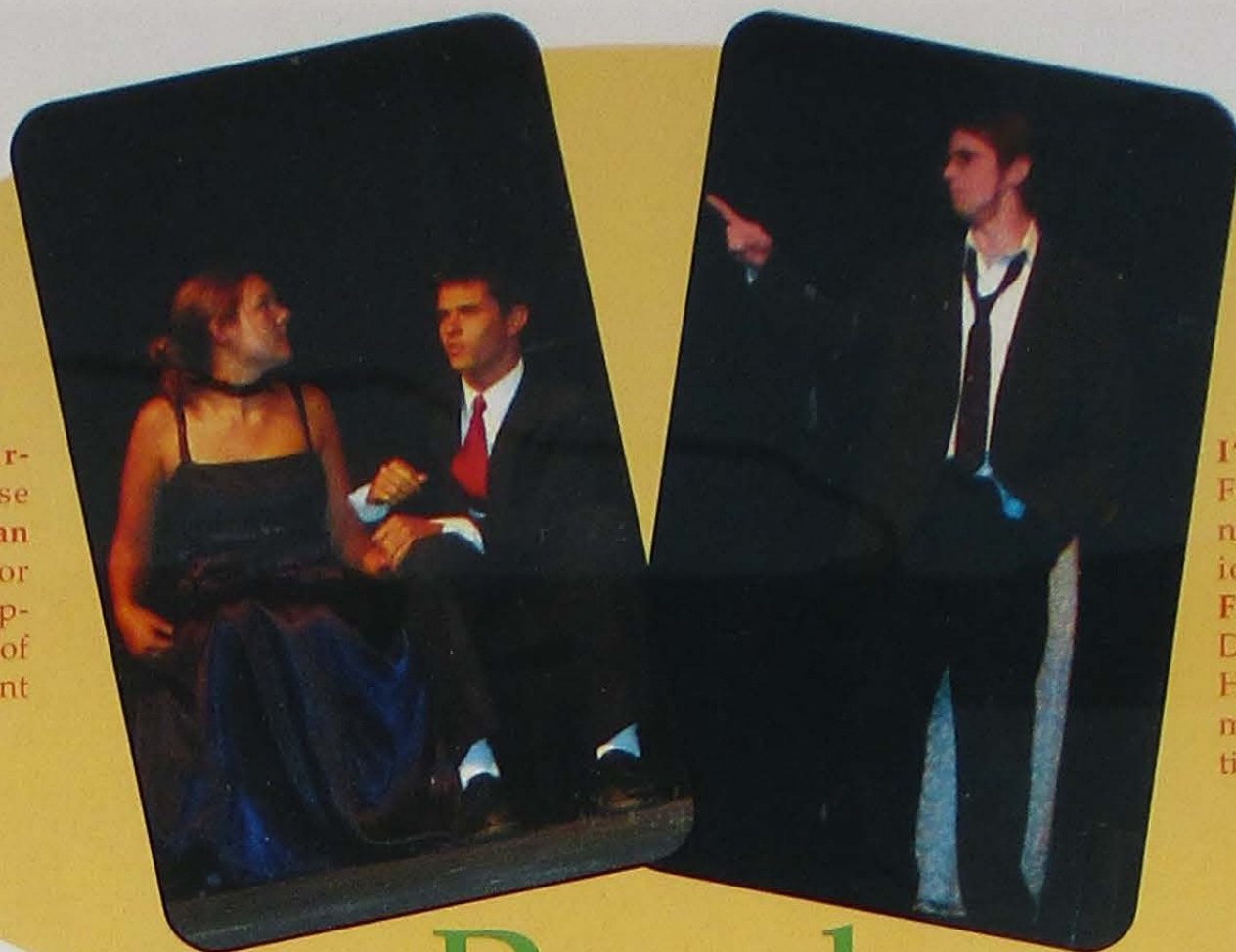
--Junior Susan Fratzke

"Well, I told my younger sister that a mole grew on her face overnight. She fell for it and became insecure thinking a mole really was on her face. I guess she couldn't figure out I had played a prank on her."

--Junior Kristina Gudfrey



Living in Fear-
During a tense scene, senior **Ryan Guffy** and junior **Katie Sloter** capture the drama of being in a constant state of fear.



I'll Get Him!
Forcefully coordinating his help, junior **Sam Larson-Feree**, playing Dracula hunter **Van Helsing**, takes command of the situation.

Dracula



21.

-BTR 9/JV @
Ankeny
-Honors Banquet



"I don't have a random quote. Wow, There were twelve of them, and people are going to read this and think I'm really intellectual or something."

- Junior Ethan Little

April



19.

-G Golf Valley
Classic
-G Soc 9/JV/V @
Valley
-BTR 9/10 @
Urbandale



20.

-BTN JV/V
Ottumwa
-GTN @ Ottumwa

All Made-up- Adding a few last finishing touches, senior **Andrea Voss** completes junior **Andy Lamp**'s makeup for the student production *Dracula*. Lamp had the starring role of Dracula and was privileged to wear creepy red contacts as part of his costume. (Photo by Audrey Wiedemeier)



Let the Race Begin- In anxious anticipation, senior **Kate Polush** waits for the handoff from a fellow teammate at the Drake Relays. The varsity track team travelled back to the stadium in May to compete in the state meet. (Photo courtesy of Lissa Catus)

22.

-B&G Soc 9/JV/V
DM Roosevelt
-B&G TN JV/V
Newton
-Drake Relays



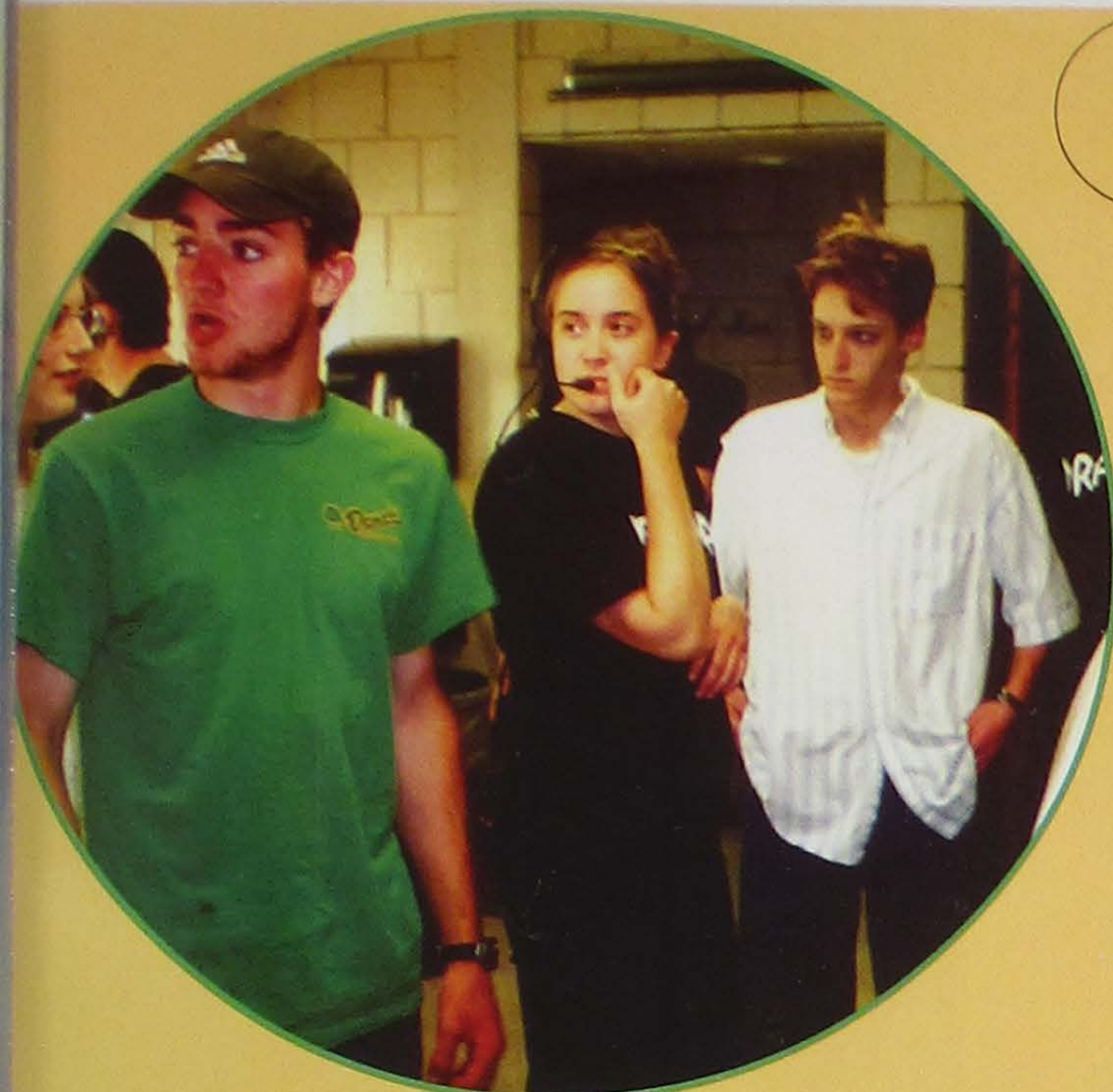
23.

-Spring Play
-G Golf V DM
North Invite
-Drake Relays



24.

-Spring Play
-B&G Soc V @
Waukee
-Drake Relays
-GTN V Ames
Invite



Waiting Sucks . . . Blood?- Anxiously anticipating the curtain being raised for the first night of the play *Dracula*, seniors **Eric Redmond** and **Jessica Balvanz** and sophomore **Ross Koppenhaver** watch as the rest of the cast finishes up makeup and prepares to put their weeks of hard work to the test. (photo by Andrea Schliesman.)

Fight Club- Acting out a fight scene, senior **Ryan Guffy** is pinned by sophomore **Ross Koppenhaver** in the drama production, *Dracula*. Koppenhaver played a schizophrenic who was saved by Guffy's character Jonathan Harker from jumping out of a window in fear of being killed by Dracula. (Photo by Emily Cohea)



White: Behind the Drama

Student director finds success with *Dracula*
Story by Tyler Barrett

Drama performances at Ames High have always packed the auditorium with eager and excited students and parents. This year senior **Thomas White** was given the unique opportunity to direct *Dracula*, working behind the curtain as director instead of behind the soundboard window as light and sound coordinator as he had in years past.

The play, starring junior **Andy Lamp** as Dracula, sophomore **Ross Koppenhaver** as Renfield, junior **Ricky Fields** as Dr. Seward, junior **Sam Larson-Ferree** as Van Helsing, junior **Katie Slotter** as Mina, senior **Ryan Guffy** as Jonathon Harker, and freshman **Rachael Mansbach** as Sibyl was the only major drama production at Ames High directed by a student in 2004. "The performance far outdid any of my expectations," White said. "The actors and actresses did an amazing job."

White, who co-directed the 2004 freshman/sophomore One Act Plays, seemed to take the full responsibility of directing and coordinating a play in stride. He said much of the success of *Dracula* was due to the cooperation and flexibility of the actors and actresses during rehearsal. As a relatively young and inexperienced director, White was pleased by the responsiveness and maturity of his actors and actresses.

Senior Ryan Guffy made his debut high school performance with *Dracula*. "Acting under White was a good experience, there was a lot less pressure in having a director that's the same age as me," Guffy said. "I hadn't been in a play since middle school,

and I really missed being involved with drama. *Dracula* was a good opportunity to work with some great actors and actresses and do something productive with my time."

The crew went through months of practice and perfecting until a packed auditorium on a Thursday night signaled the long awaited premier of *Dracula*.

Eager spectators were delighted with Lamp's brilliant performance as the mysterious Dracula, whose wardrobe included a vicious set of fangs, red contacts for his eyes, and a hairstyle straight out of *A Night at the Roxbury*. Equally electrifying was Koppenhaver's violent rages of insanity that kept the audience bug-eyed.

A thunderous round of applause marked the finale of *Dracula* as the cast bowed for a final curtain-call. For some of them, it would be the last time standing atop the Ames High Auditorium taking in applause from a filled house. For most, *Dracula* seemed like a fitting good-bye, an intense performance symbolic of the mental and psychological endurance of actors and actresses. This student-directed production showed just what High Schoolers are capable of, and what hard work and dedication can do for anyone.

For White however, the end of *Dracula* marked a new beginning. After such a complete success in his first ever major directing role, White has decided to keep the ball moving in this new direction by studying Theatrical Arts in college with an emphasis in directing.

"[*Dracula*] was a fantastic experience," White said. "In all the long hours put into organizing and rehearsing to make this play happen, I couldn't have imagined it would turn out this well."

April



26.
-B & G Soc 9/JV/V
Mason City
-G Golf Ames Invite
-G&B TN JV/V @
Dowling
-G Spc 9 @ Waukee



27.
-GSoc 9 @ M'town
-BTN JV/V @Valley
-GTN JV/V Valley
-Spring Choral
Concert



Hit Me With Your Best Shot- Displaying his athleticism, sophomore **Michael Dunlay** chases down a ball on court 5 during the Ames/Dowling tennis meet. Ames won the meet 7-4. (Photo by Emily Cohea)

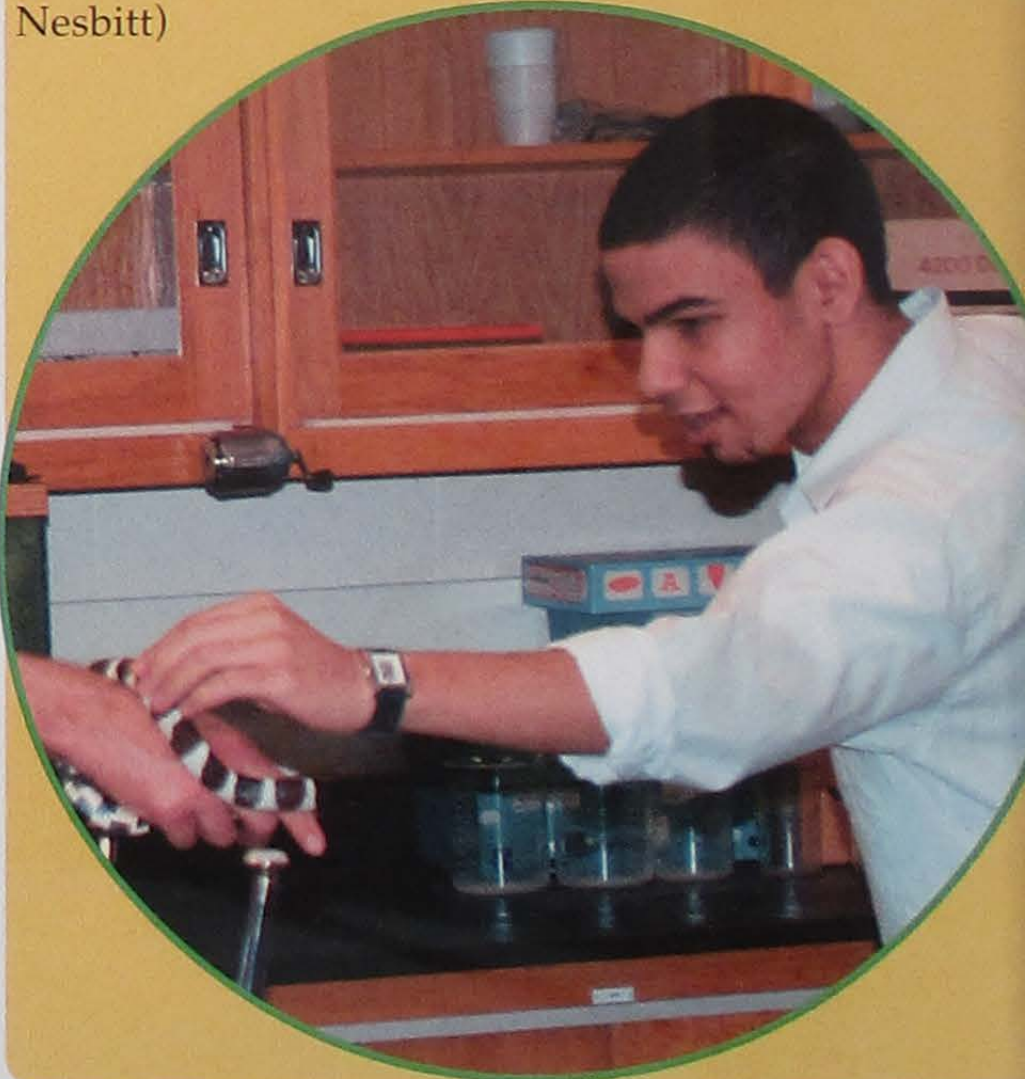
Rocket Men- In an experiment of static and kinetic friction, senior football players **Stephen Gerbracht** and **Nick Pribyl** demonstrate a simple physics concept by pushing themselves off the wall while sitting in a chair. They made a contest out of it by seeing who could travel furthest in the chair. "Nick beat me a couple of times," Gerbracht said. "It's just because he's such a light weight." (Photo by Rachel Nesbitt)



It's All in the Hips - Keeping her eye on the ball, senior golfer **Kelli Berg** tees off during the Ames Invitational Golf Meet. "I didn't always have stellar performances on the green, but we always had a good time and we were able to make personal improvements," Berg said. "The only bad part was missing the last day of school and the senior picnic!" (photo by Sarah Boh)



My Serpent Friend- Petting the "Physics Snake," junior **Koram Salih** strokes the head of a snake while Dr. Peterson holds it. Dr. Peterson was known for his exotic snake which he raised himself at his home. (Photo by Rachel Nesbitt)





29.

- G Golf JV/V Fort Dodge
- B & G TN JV/V @ Mason City
- BTR JV/V Ames Invite



the Monthly Top Ten

Top Ten April Fools Jokes!

- 1) Stealing all the toilet paper from every bathroom in the entire school.
- 2) Changing all the schools lights to black lights to see who really has clean clothes.
- 3) Freezing cans of shaving cream and putting them in strategic locations to thaw and EXPAND!
- 4) 'Sketching' facial hair on fellow classmates with permanent marker while they are dozing off in class.
- 5) Rigging the kitchen sink hose to spray directly at an unfortunate bystander as soon as the water is turned on.
- 6) Super Glue a quarter to the floor in front of a pop machine.
- 7) Replacing the yummy cream of the oreo with delightfully crusty toothpaste.
- 8) Putting jello in a shampoo bottle and pudding in the conditioner.
- 9) Icy Hot in a speedo....Ouch!
- 10) Last but certainly not least, the old standby: Seran wrap over the toilet seat... Works every time!!



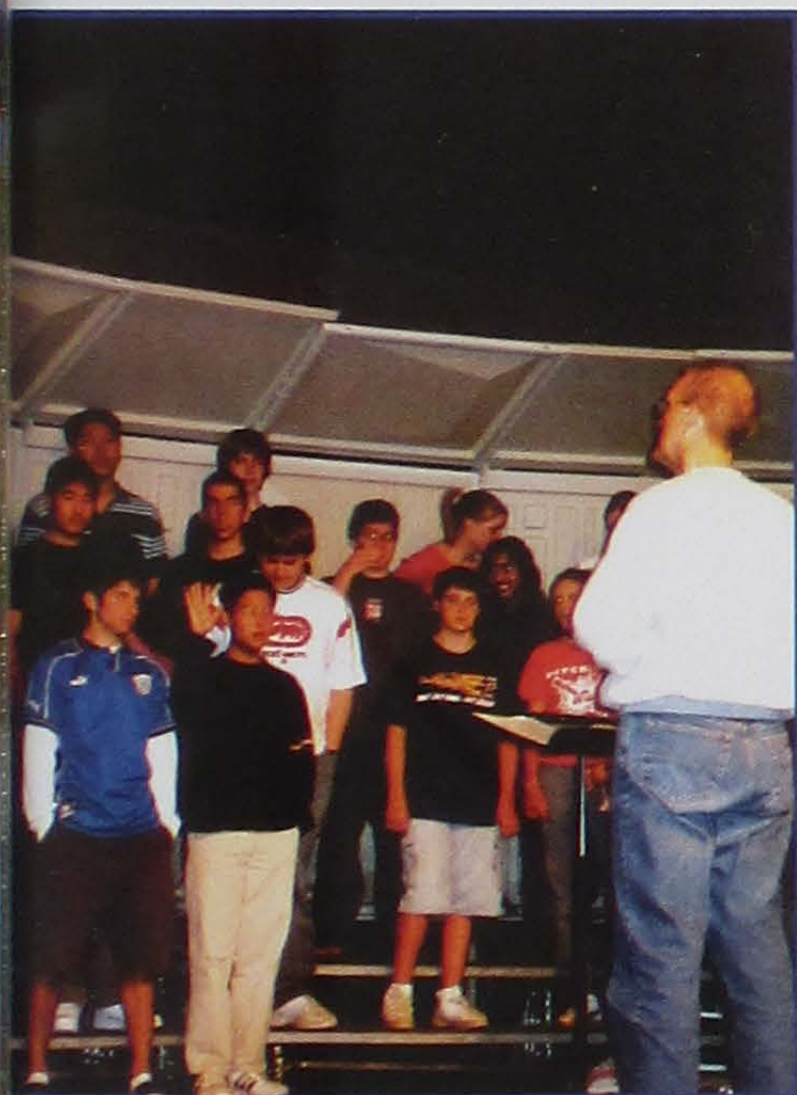
30.

- G Soc 9 Nevada
- Choir Tour @ St. Louis
- DECA Conference @ Nashville



1.

- G Soc Adel Tourney
- Choir Tour @ St. Louis
- DECA Conference @ Nashville



a, La, La- Whetting their whistles as they listen to instructions, the Ames High bass choir gathers for a practice as their final concert approaches. The choir all rehearsed in the auditorium the day of their concert. The entire choir showcased their talents together at the spring concert, led by director Steve Linn. (Photo by Emily Cohea)

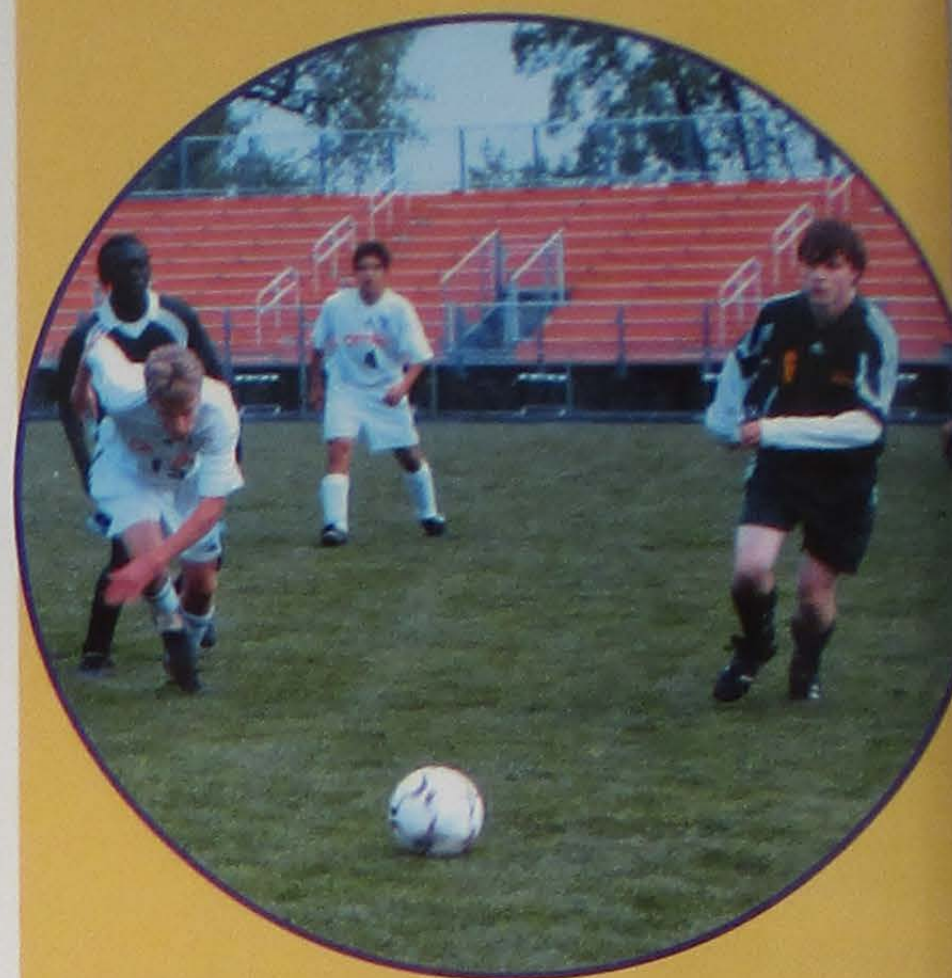
Look Ma, No Hands!- Expertly maintaining his balance, senior David Gustafson rides his unicycle in the courtyard during a free period. Gustafson displayed his one-wheeled talent to many throughout the school year. "This is an excellent way to show off to the girls," Gustafson said. "I mean, how many people know how to ride a unicycle." (Photo by Rachel Nesbitt)



Write him up!- During a routine parking lot check, parking attendant, Lynn Tilly writes up a ticket for a violator in the parking lot. Several tickets were written up every day, and at fifteen dollars per ticket, fines accumulated very quickly. "For some reason, students seem to think I won't notice if their car is missing a parking permit. Silly them! I actually like catching these sneaky drivers," Tilly said. (Photo by Emily Cohea)



Soaking Up the Sun- Taking advantage of the warm weather seniors **John Chrisinger**, **Steve Volko**, and **Chad Brenner** spend time enjoying each other's company as the days left of school quickly dwindle away. (Photo by Rachel Nesbitt)



We're Big and Mean and Tough- Fighting a Hoover defender, junior **Garrett Russell** receives an assist from teammate **Augusto Conales**. Only moments later Russell scored a goal for the Ames High Boys JV team, increasing their lead and helping push towards a victory over Hoover High School and a winning season. (Photo by Rachel Nesbitt)

May



3.

- G Golf @ Newton
- Choir Tour @ St. Louis
- DECA Conference @ Nashville
- AP English/French



4.

- G Golf Mason City / M'town
- B&G TN Fort Dodge
- BTR Ames Relays
- DECA @ Nashville
- AP Test Comp / Science-Stat

Watered Down- After a school meeting, junior **Mallory Engelen** and friends decide to go and play in a major rainstorm. "We got so drenched!" Engelen said. "We smeared mud all over our face and rolled in huge puddles of water and then went and scared people through the weight room window." (Photo by Miranda Eness)



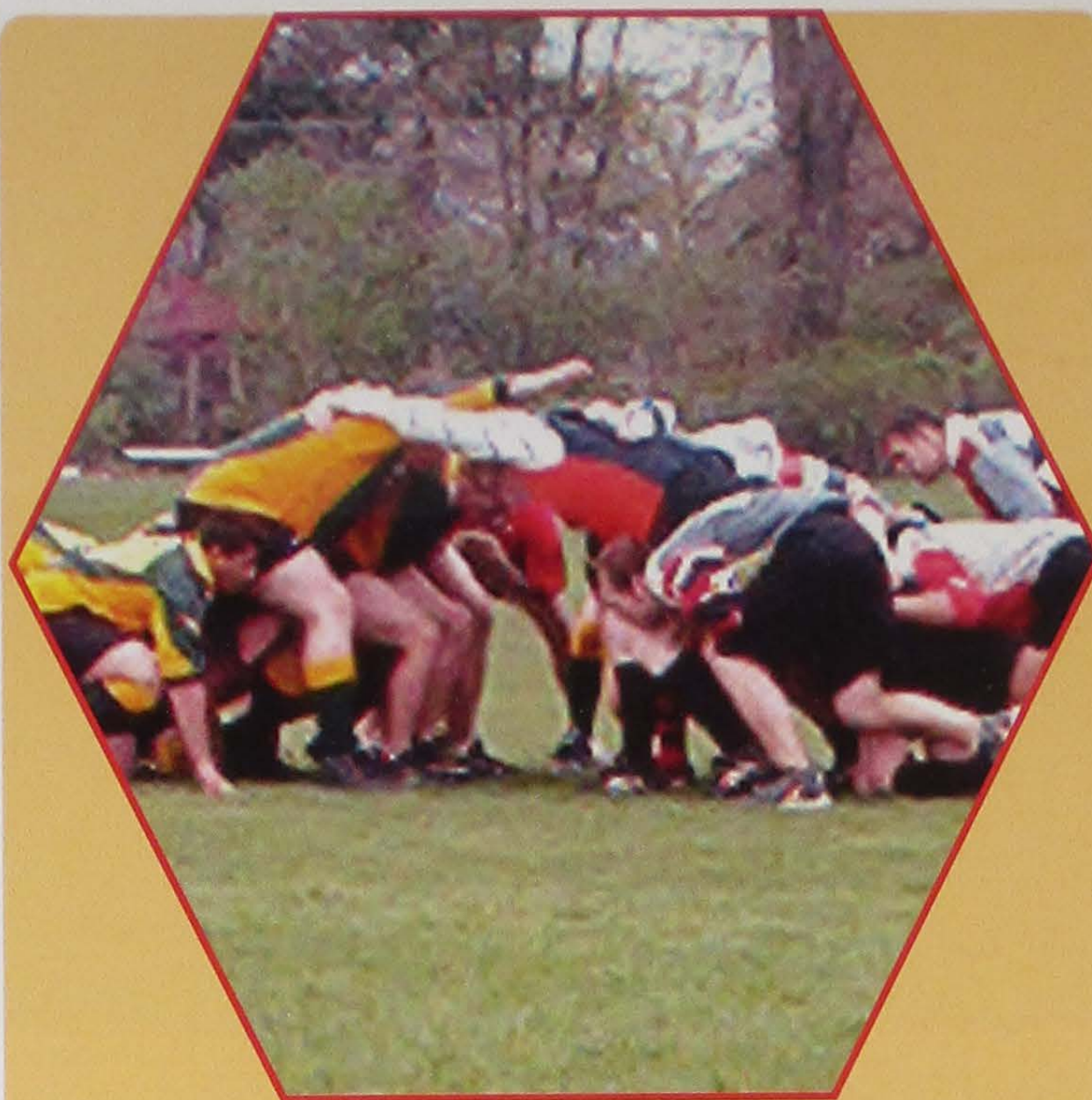
Not A Laughing Matter- Auditioning for a school-wide event like the Battle of the Bands would seem intimidating to many, but senior **Jeff Wall** makes the most of the opportunity. Wall's band "Yeti On a Budget" took first place! (Photo by A. Weidimier)



Follow the Leader- Leading a pack of runners, junior **Mat Clark** finds himself in the lead of the varsity boys at the Ames Relays. Clark competed through much of the track season with mono, yet still performed for districts and even qualified for state. (Photo by Shannon McCormick)



Joining With Josh- Select Ames High chorus members had the honor of singing with sensation Josh Groban at his concert at Hilton Collosium. "We were singing in front of around 10,000 people!" **Jane Vu** said. "I'm a huge fan of Josh, so I couldn't believe I was singing with him and got to meet him!" (Photo courtesy of Ashley Harding)



Group Hug- At the one and only home game of the year, Ames Rugby club fights to get the ball from Marshalltown. "We were surprised at all the people who came to watch us, even though we lost," senior **Cody Burgduff** said. (Photo by Miranda Eness)



Serious Matters- Discussing the problems of relationships, intimacy, and relationships, sophomore **Evan Hudson** and senior **David Prater** entertain the community at the Senior One Acts in the play, "Pillow Talk." The One Acts drew in large crowds and were a great fundraiser for the Thespians. (Photo by Andrea Schliesman)

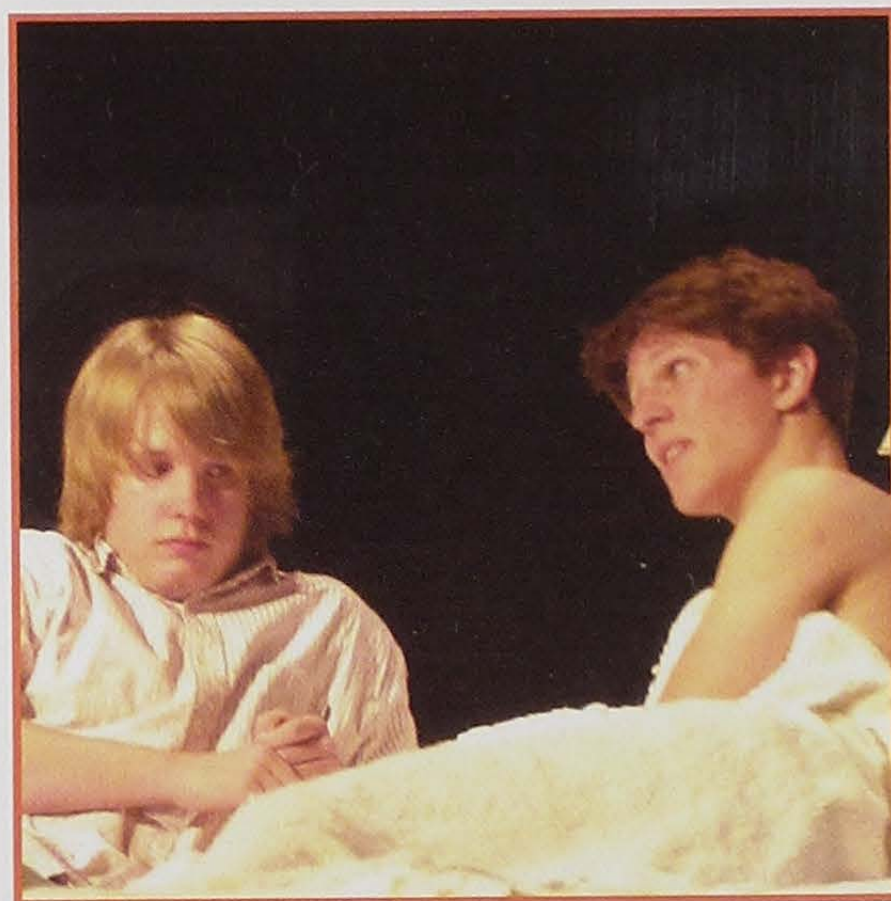
5.

-Scholarship Night
-DECA @ Nashville
-AP Calculus



6.

-G Golf V Ottumwa Classic
-B&G Soc Ft. Dodge
-G/B TN M'town
-BTR 9 @ Ankeny
-GTR IA Conf. @ Valley



7.

-B Soc DM Hoover
-Thespian One Acts
-AP Test US/Euro History
-I-Tech @ SE Polk Expo

JOSH GROBAN

CHORUS

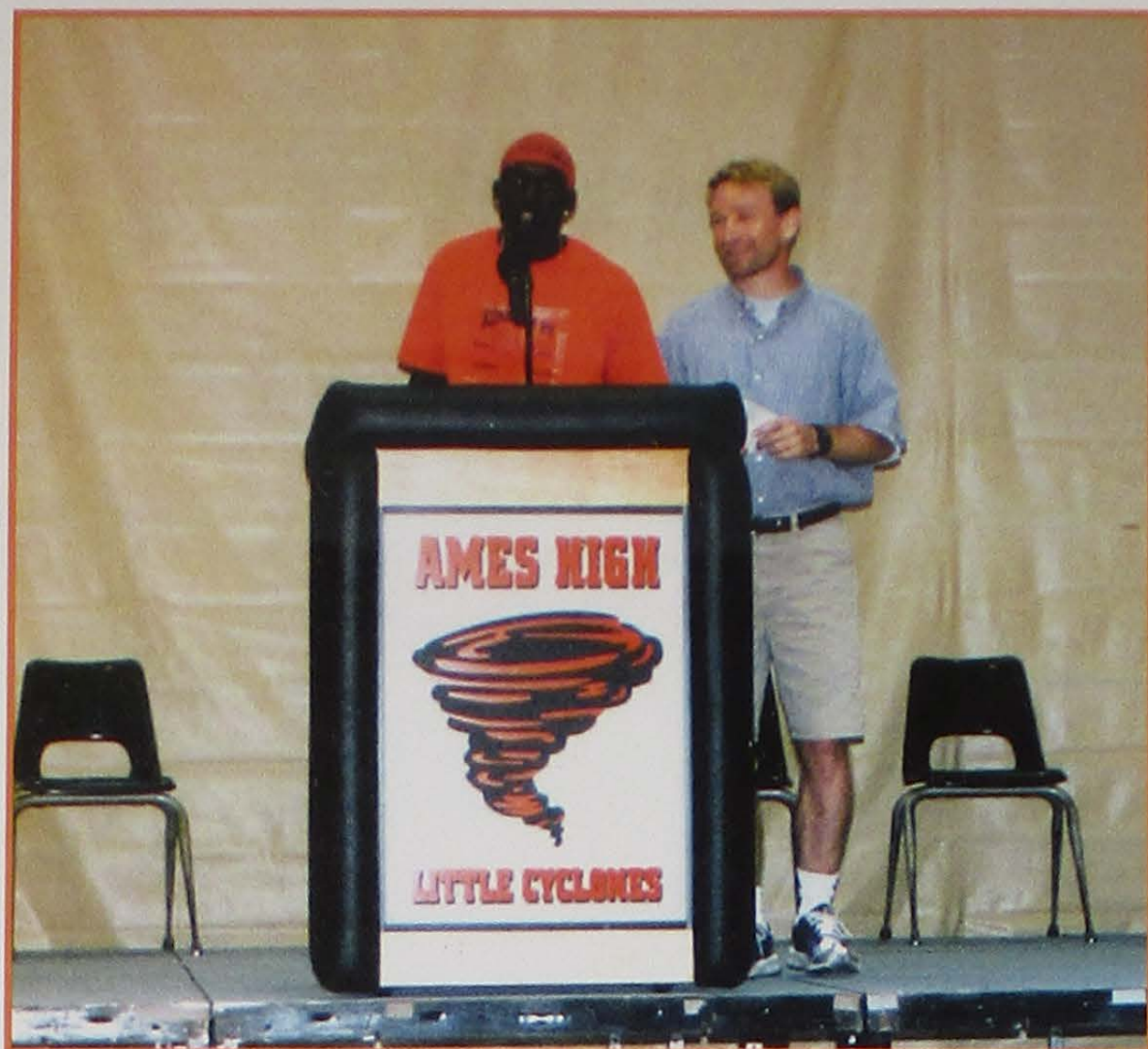


8.

-B Soc 9 Urbandale Invite
-GTN JV Ames Invite
-Thespian One Acts
-State Large Group Chorus



I've Fallen and Can't Get Up- Helping up her fellow actor, seniors **Megan Wright** and **Andrew Miller** perform their skit at the annual Senior One Acts. "The One Acts took so much practice and a lot of hard work, but it was really fun performing," Wright said. "I got to know a lot of different people and we had a great time." (Photo by Emily Cohea)



Uganda- During the Awards Assembly, social studies teacher **Tim Mooney** and senior **Joe Maduol** speak about the Uganda Trip. Nineteen students and three chaperones were preparing to travel to Uganda to help build a school. The trip was planned for May 29 th to June 24th. (Photo by Emily Cohea)



Hand It Off- At the last home track meet, sophomore **Katie Kramer** hands off the baton to senior **Jackie Brannan**. Brannan and Kramer were half of the varsity 4 X 800 relay team for the Little Cyclones. (Photo by Emily Cohea)



Drummer Man- During the Pops Concert, senior **Ben Johnson** holds a snare drum over his head while junior **Drew Robinson** plays the drum. The Pops Concert was an annual event held at the end of the year. The band, orchestra, and chorus all spent class time practicing a selected piece to play at this concert. (Photo by James Webb)

"You have not given a truly great presentation at Ames High until you've ended a clue conversation with a swear word."
- senior Damien Snook

May



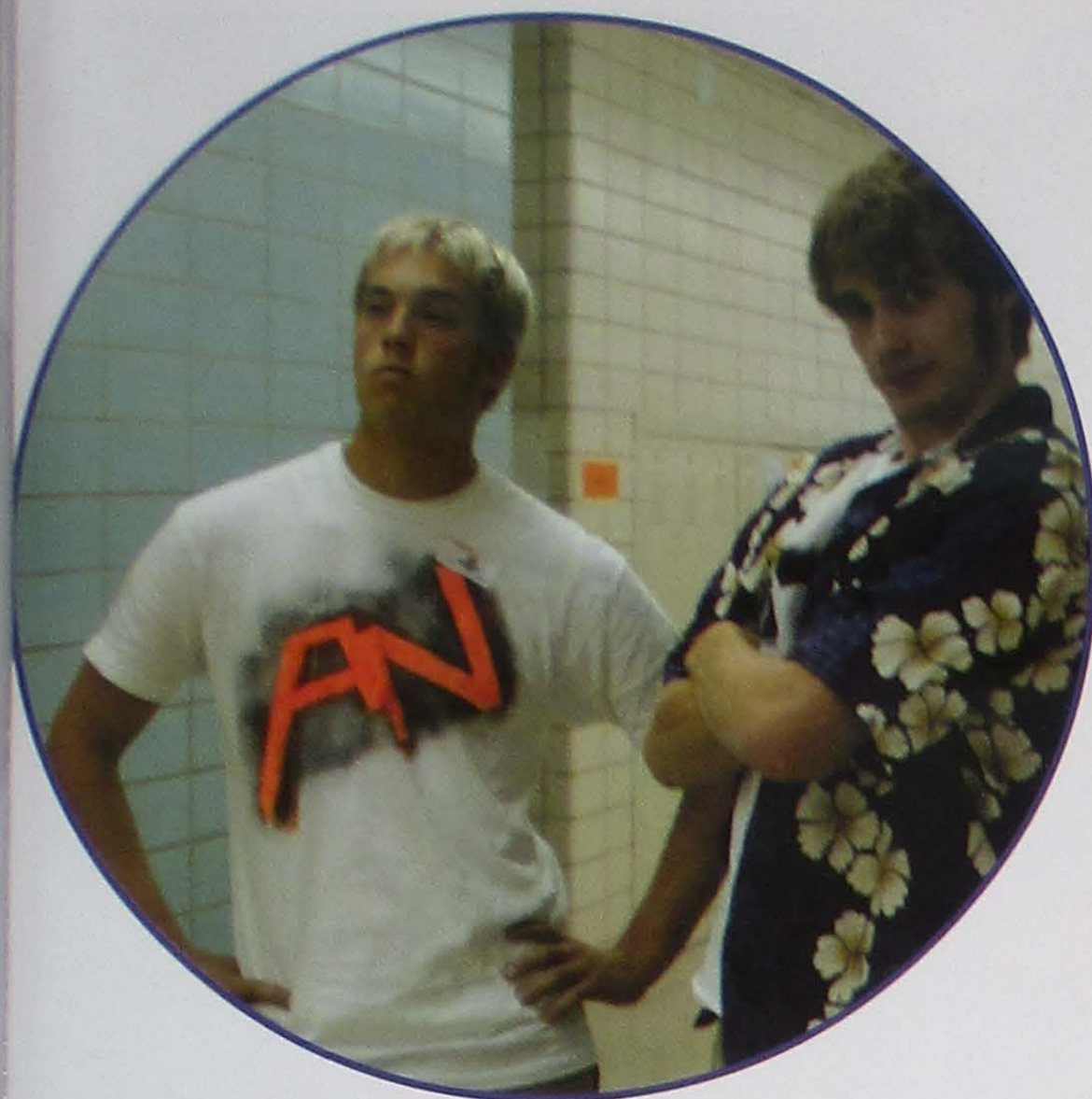
10.

-B Soc 9/JV/V
M-Town
-G Soc 9/JV/V @
M-Town
-G/B TN JV/V
Hoover

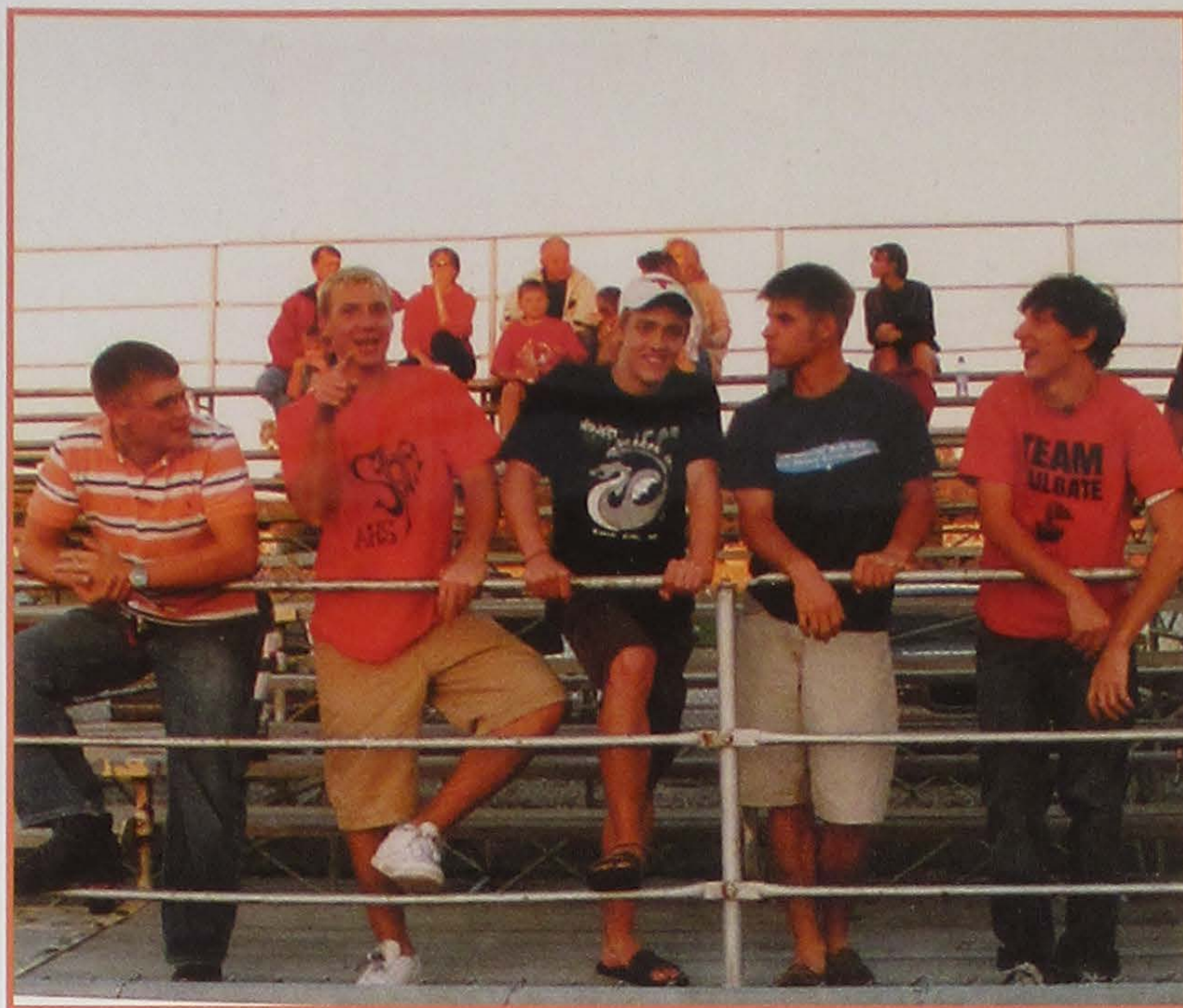


11.

-Awards Assem-
bly
- AP Psychology
-BTR JV/V @
Ankeny



Vote for Me!- Juniors Jon Nau and Rob Acker pose sporting their campaign t-shirts. Nau and Acker were one of three groups campaigning to be co-presidents for next year's student council. Students voted that Wednesday in homeroom and the results were announced during eighth period. (Photo by Emily Cohea)



Corner Kick - In faithful support of their team, seniors Nick Kluesner, Tyler Barrett, Trystan Woods, Steve Volko, and Gabi Arato-Smidt cheer on the varsity soccer squad. Although Americans are not as passionate about their soccer teams as European footballers, high school soccer rivalry games still ensued in heated verbal exchanges between opposing fans. (Photo by Emily Cohea)

13.

-G Soc JV/V @ DM North
-B Soc JV/V North
-G Soc 9 Johnston
-BTR 9 @ Ankeny

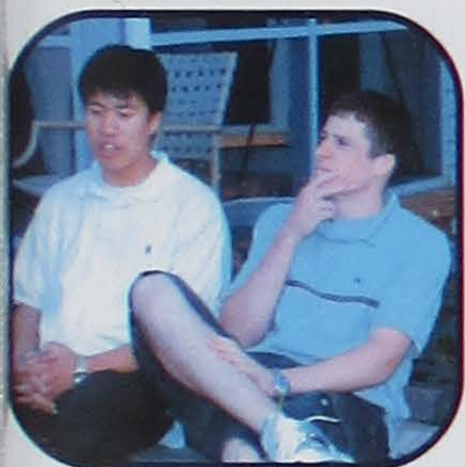
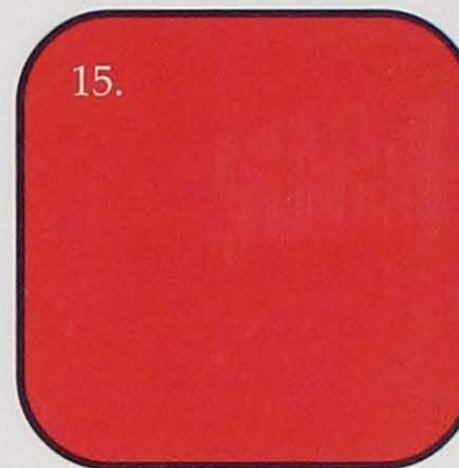


14.

-GTN JV/V @ Carroll Kemper
-G/B TR Districts



15.



12.

-AP Government



SURVEY

Are AP Exams worth the stress and preparation time?

Freshman Kristine Kearney

"I'm not planning on taking an AP test because everyone says they are too hard and too stressful."
Kristine took: no AP exam

Sophomore Shannon Risius

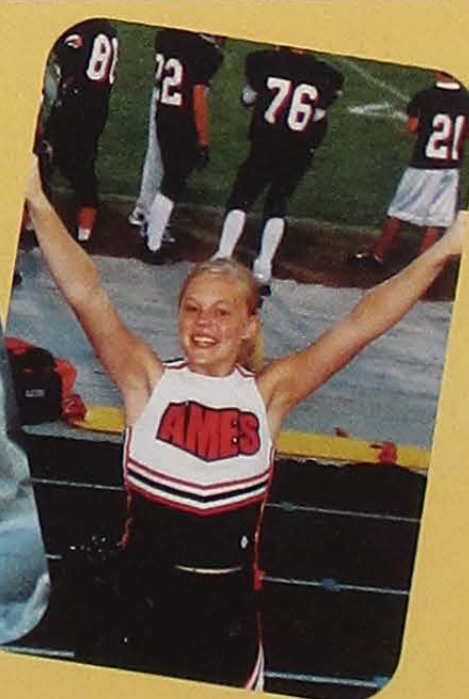
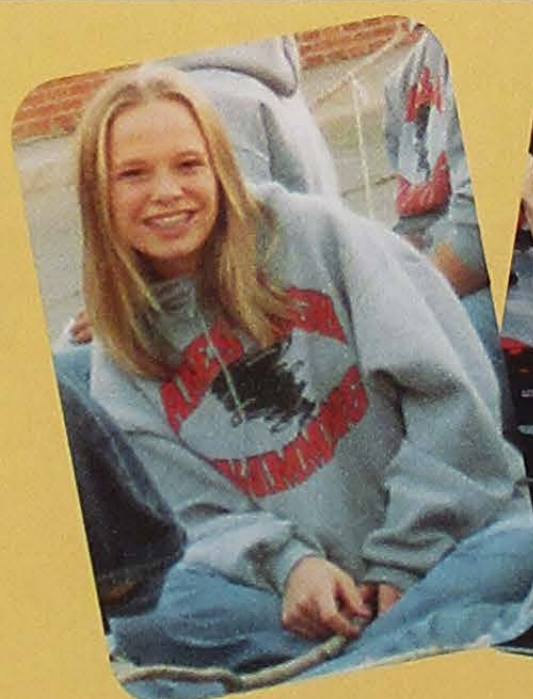
"Well, I haven't received the results of my exams, but I can tell you that these tests aren't worth the havoc on my fellow classmates' nerves."
Shannon took: AP US History

Junior Jennie Bean

"I was planning on taking an AP test, but my parents said I wasn't smart enough."
Jennie (tried to) take: AP Western Civilization

Senior Anu Biswas

"I think AP tests are great. They get classes out of the way for college so we're not overloaded."
Anu took: AP English, AP Calc, and AP Western Civilization



Am I Cool Now?- Excited to be experiencing the last day of sharing the school with seniors, junior **Andy Novack** shows he's ready to be at the top of the foodchain.



I'm Outa Here!- Striking a "nerd pose," senior **Brent Swanson** relishes his last few moments in the school building by symbolically surrendering seniority to nearby junior **Andy Novack**.

Feelin' Giddy



19.



I want to feel good about graduating, I'm sad to leave high school, but I'm also excited, if that makes any sense!

- Senior **Ryan Guffy**

- Senior **Susie Bretz**



May



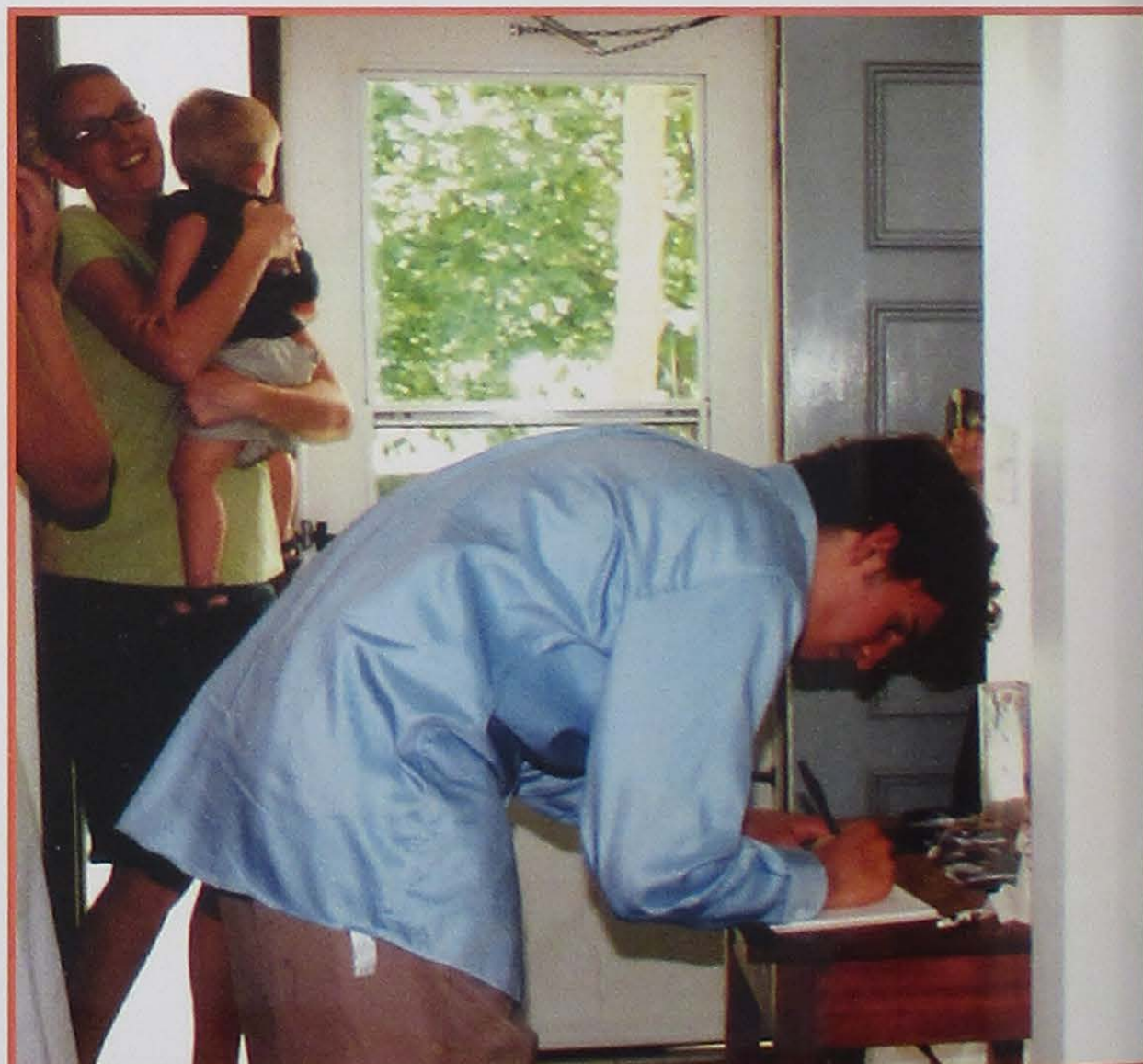
17.



18.

-Band/Orchestra
Concert @ CY
Stephens

Just Like the Good Old Days- Celebrating their final hours of high school, seniors **Nick Pribyl** and **Chad Brenner** don their football uniforms in remembrance of fall days in the back lobby, giving high-fives to everyone who passed through. (Photo by **Andrea Schliesman**)



"Stay Cool. Your Friend, Kai"- Signing a guestbook at one of many graduation open houses, senior **Kai Martin** takes a minute to reminisce before pouring his heart out on a line of paper. Students found graduation open houses to be a good opportunity for socializing, looking at photos, and eating a year's supply of cake in a just a few days. (Photo by **Emily Cohea**)

20.

-BTR Iowa Conference @ M'town
-G Soc 9/JV/V @ Urbandale



21.

-G TR State
-Special Olympics State Meet



22.

-G Soc 9 @ Urbandale
-Girls TR - State



And So it Begins- In a chaotic swarm of hats, robes, and balloons, the graduating class releases their swirling emotions in an energized display of celebration. The balloon-fall was a traditional element of commencement and served as an apt representation of the closing of this chapter of life. (photo by Emily Cohea)

Two in Tune- Performing at Ames High Baccalaureate, seniors **Shivgami Arora** and **Caitlyn Knuth** bless the audience with divine singing for the annual religious service. Baccalaureate was a chance for students of all faiths to praise their chosen God or gods in a diverse and broad setting. (Photo by Emily Cohea)



Graduation

Various events bid seniors farewell
Story by Tyler Barrett

Four years ago, Ames High seniors would never have imagined the endless list of perks that comes with being a senior. Owning the top rung of the school ladder, devising a strategically scheduled lunch period, and skipping second semester finals all had seniors making the most of their final year at Ames High. As May rolled around, and freedom was in the air, seniors had many opportunities for a final goodbye.

The first of events, seeming to come out of nowhere, were the open houses. Before many students even realized they were seniors, they were blindsided with stacks of graduation open house invitation, begging them to come be part of their last social hurrah. With stacks of invitations reaching over the 100 mark, many students looked to some form of gimmick or specialty in order to set them apart from the rest. From snowcone mobiles, to video games, some students seemed to do everything they could to draw a large attendance and treat them to the best.

After most of the open houses had come to an end, the second of "final good byes" come: the last day of school. Despite high anticipation of tear-shedding and

senior pranks, the day passed much like any other day of high school, with the exception of a few hugs and handshakes from friends and teachers.

Baccalaureate came next, as graduated seniors took some time off to remember their religious roots and be recognized by their family and religious institutions. The service included several speakers, singing by Ames High students, and more wishes of good luck in the future.

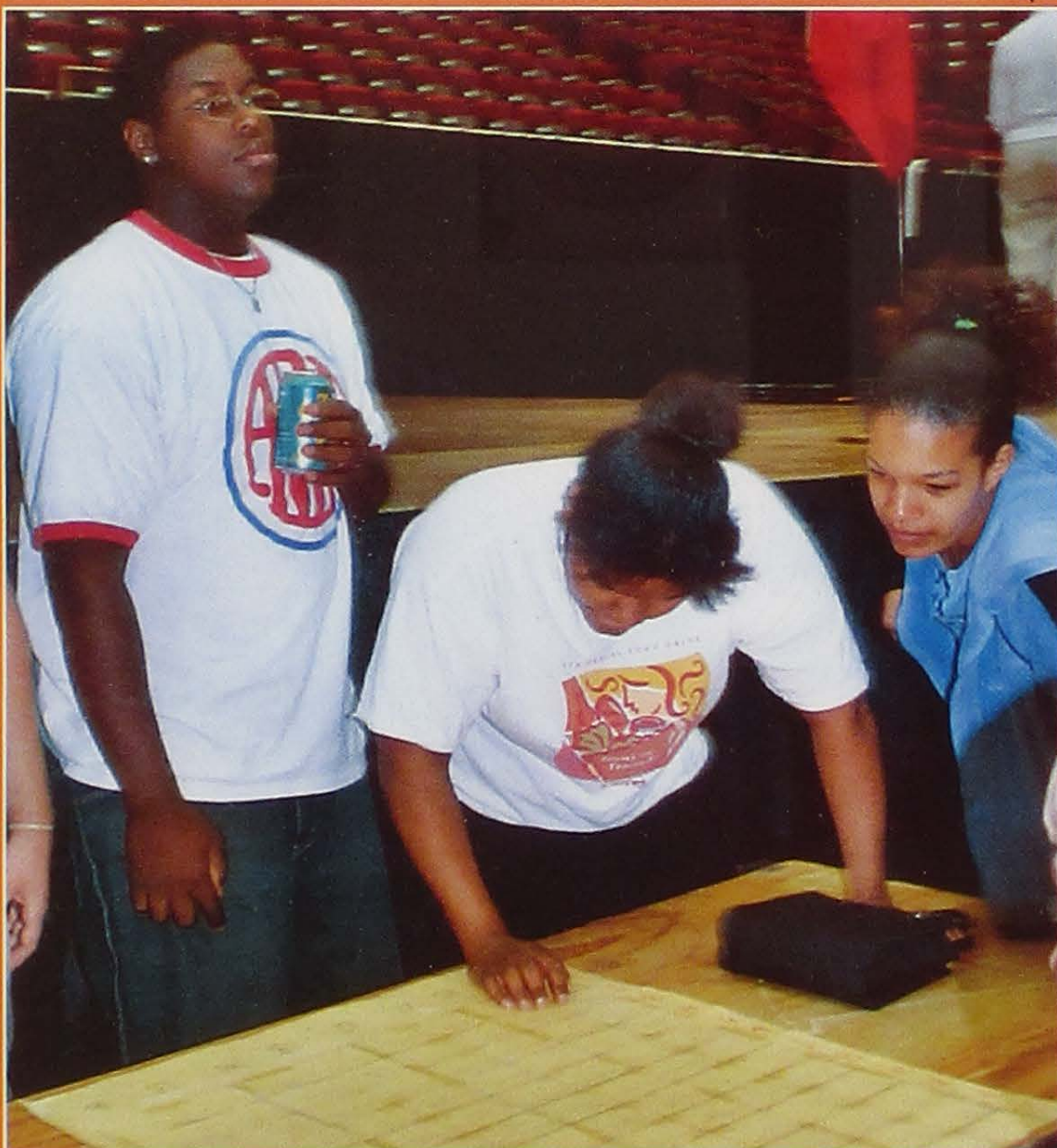
Finally, on May 26th, the big night arrived: Commencement. After a 9:00 am rehearsal the previous day, the atmosphere of Hilton Coliseum was filled with excitement, as students finally had their chance to walk across the stage as family and friends looked on, and say goodbye forever to Ames High School. For some, the day could not have come soon enough, as they were finally liberated from the agonizing monotony of high school. But for the rest, who had made the most of high school and enjoyed every moment of it, the final chapter in their high school affairs was a chance to reminisce about all that had happened in the last four years, and look forward to all that will happen because of those four years. High school has ended, but a lifetime of opportunity awaits.

Game Over

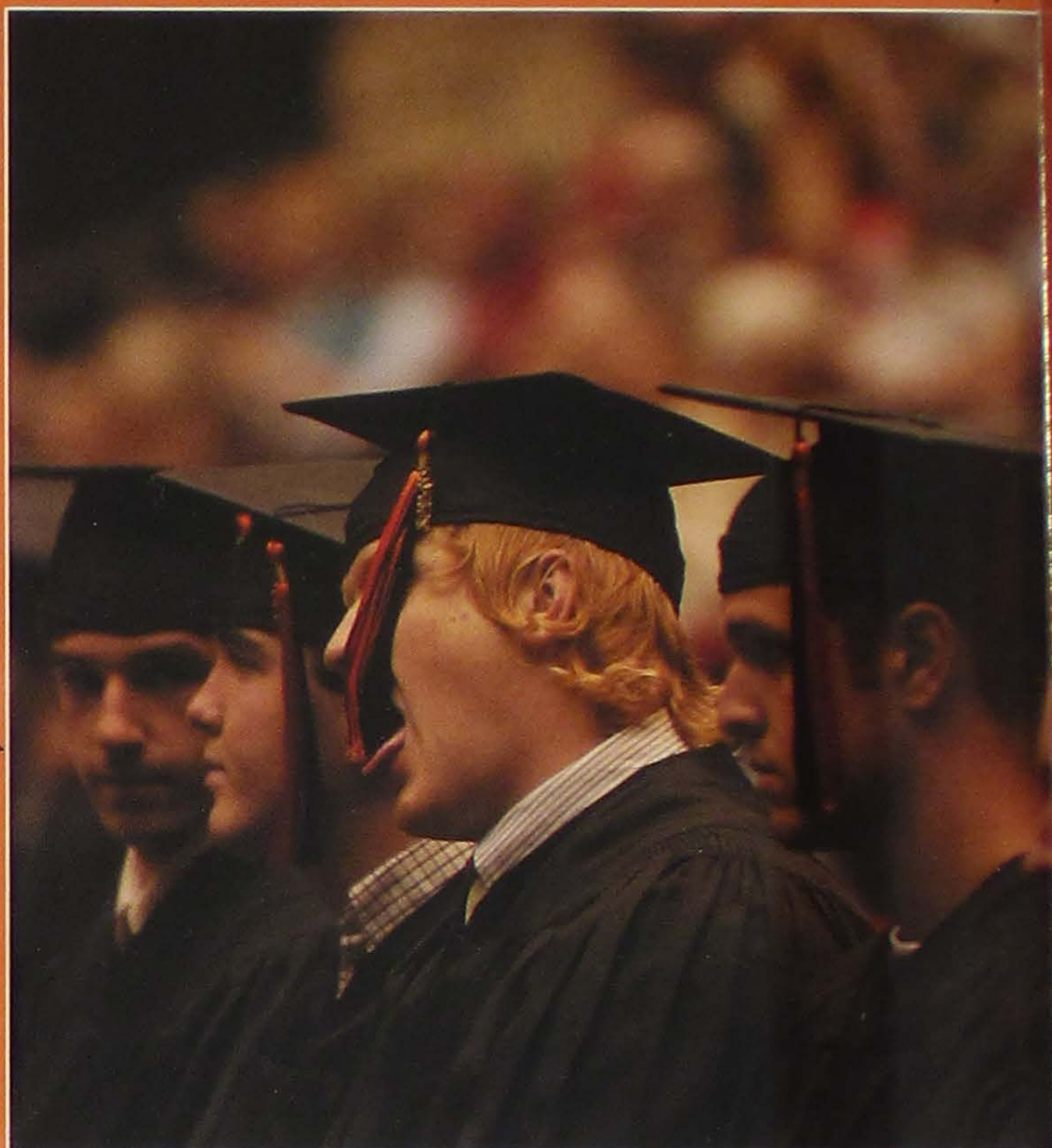
Graduation 2004



Two Thumbs Up- Giving the thumbs-up sign, Graduates **Sarah Hansen** and **Cassandra McConkey** indicate they are done. "I am so thrilled to be done with high school. Now on to another four plus years of more school! Yippee!" Hansen said. After graduates collected their diploma, many stuck around to say goodbye to friends. (photo by Meg Wade)



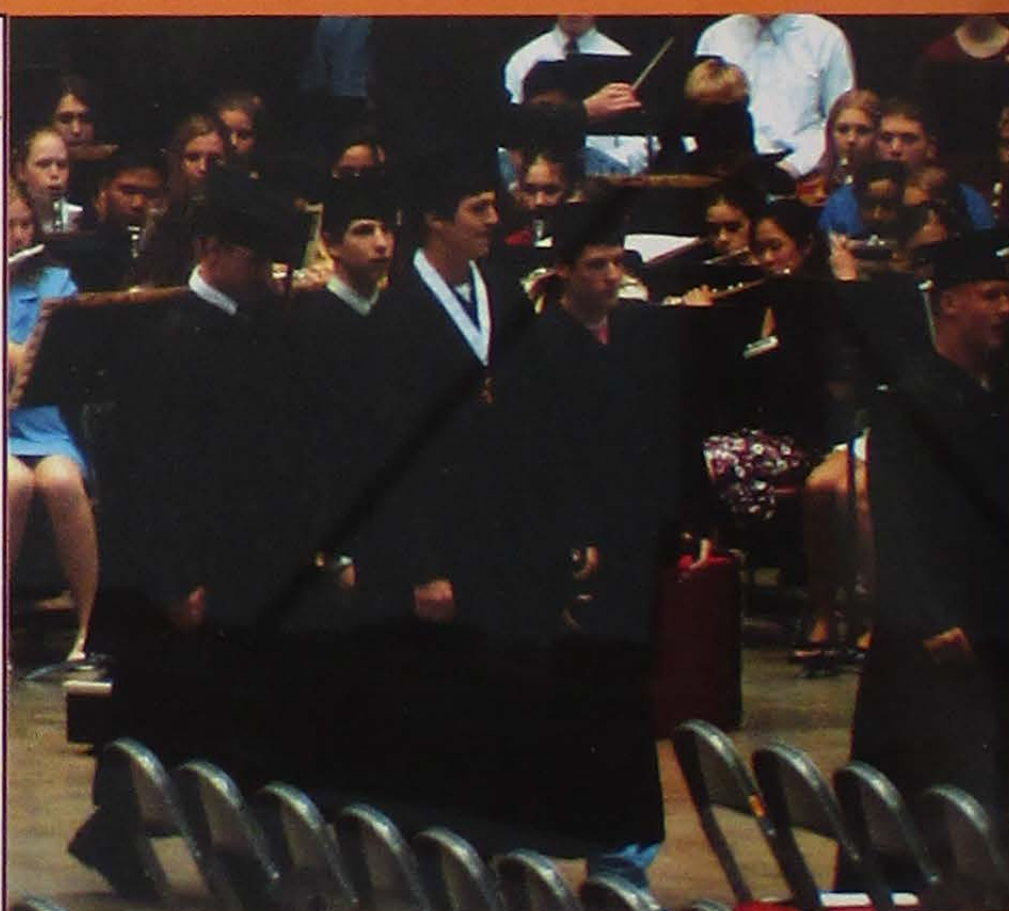
Musical Chairs- Locating their position, Seniors **Wes Norris**, **Petra Salazar**, and **Tia Hobbs** attempt to find their seats for commencement at rehearsal. (Photo By Meg Wade)

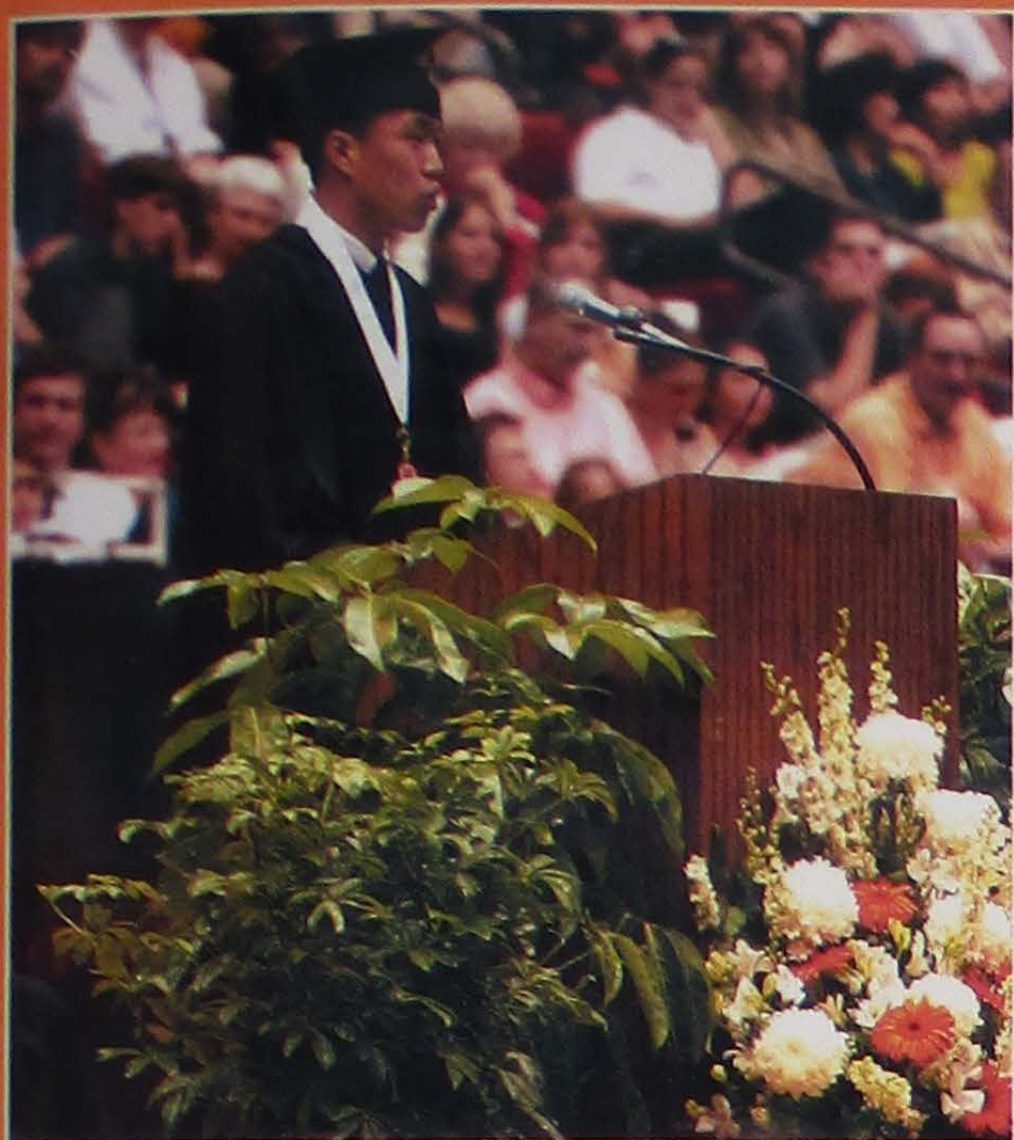


Sweet Taste of Success- Diverting his attention from the class address, senior **Cody Burgduff** attempts to eat his tassel. (Photo by Jon Britton/ Ames Tribune)

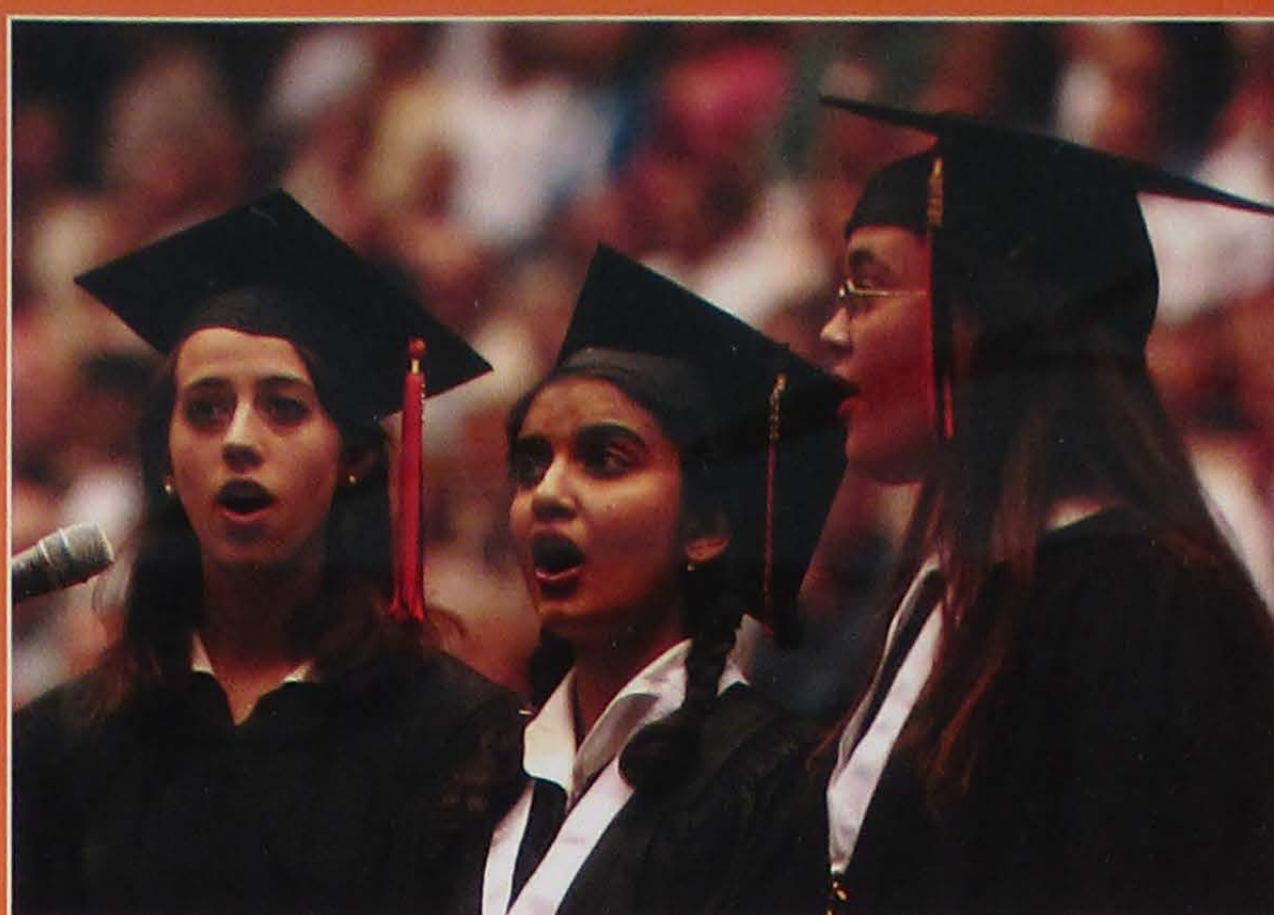


As the band plays in the background, graduates await their turn to walk across the stage.





Informing the seniors how many days (720) they have been institutionalized at Ames High, senior **Andrew Kang** gives the class address following that of **Ronna Belz**.



O' Say, Can You Graduate?- Accompanying the color guard and the graduates joining the military, seniors **Ashley Harding**, **Shivgami Aurora**, and **Britta Larson** sing the national anthem. (Photo by Jon Britton/Ames Tribune)



Graduates **J. Homstad**, **E. Bochoven**, **K. Loftin**, **O. Keeling**, **K. Walker**, **J. Bell**, **M. Bullen**, leaving for the armed services, are recognized.



Balloon Bonanza- In a demonstration of sheer joy, graduates cheer as they are showered with orange and black balloons. "The floor of Hilton became a sea of school colors, and faces of friends, both happy and sad...this is the end." senior **Beth Gibbons** said. (Photo By Meg Wade)

Tonight We Begin- As the commencement ceremony begins, senior **Meg Wade** addresses her fellow graduates with the traditional introduction speech. (photo by Emily Cohea)

May



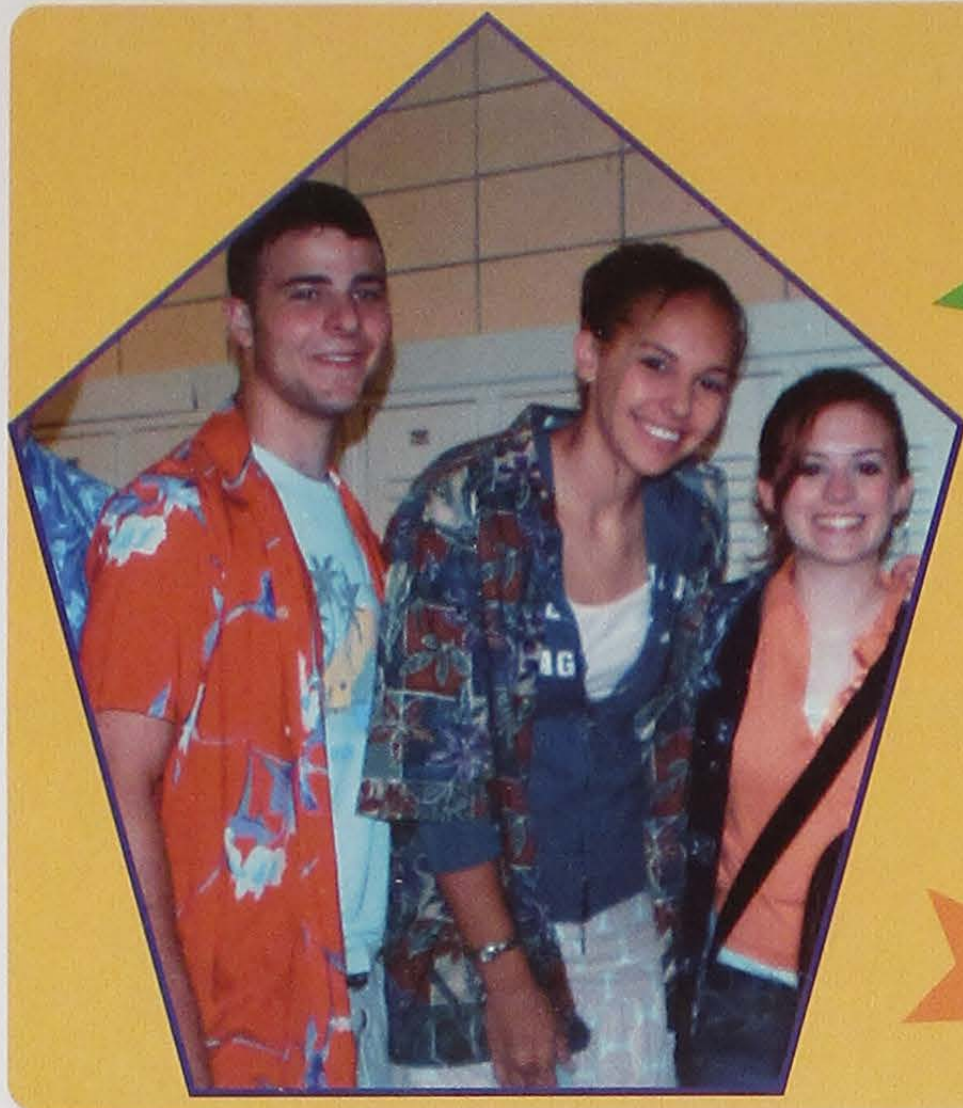
24.

-BBB JV/V @ DM
North



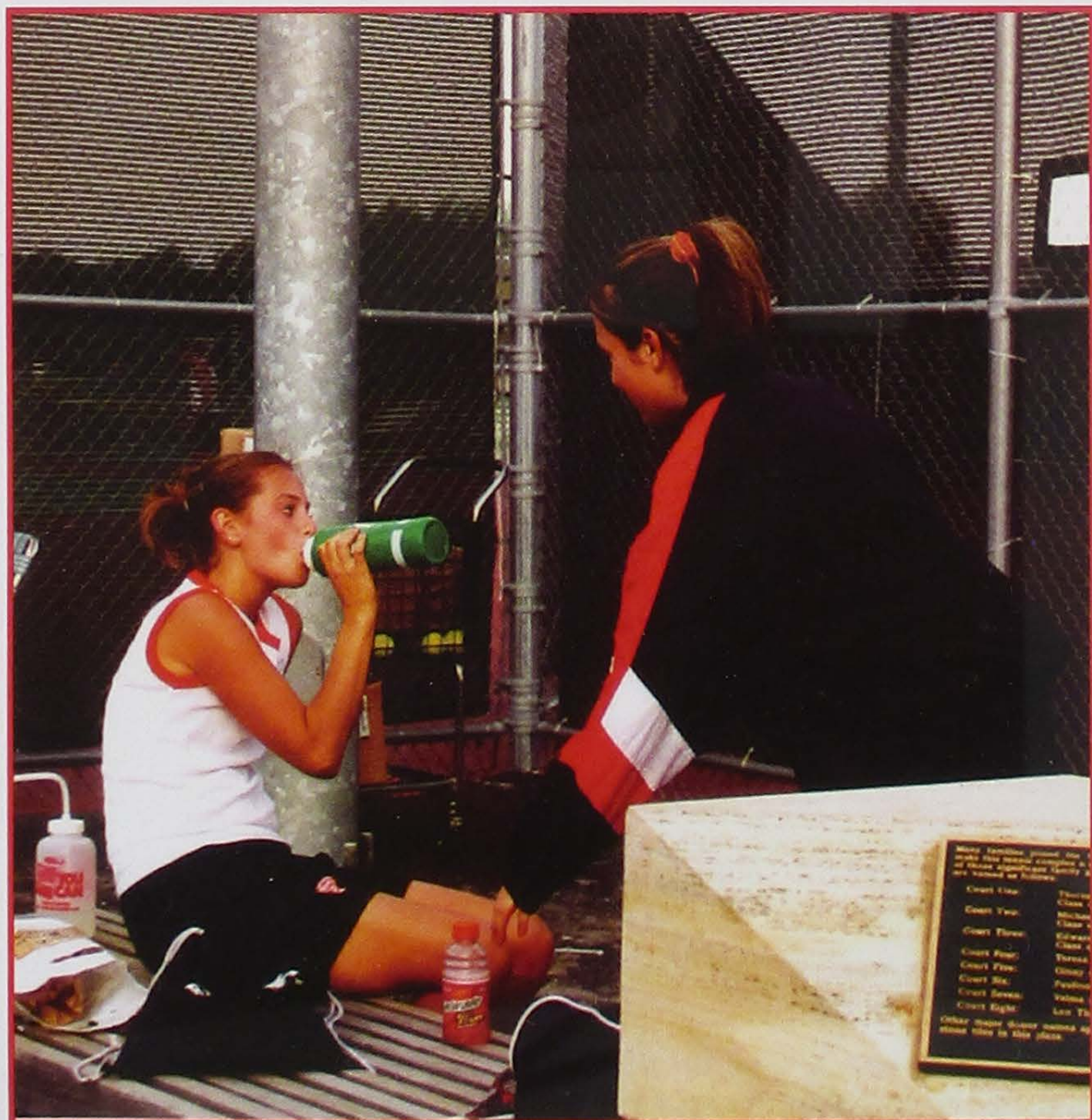
25.

-BBB JV/V @
Dowling
-Senior Class
Picnic



A Day At The Beach-
Celebrating the last
day of "real school"
the junior class de-
vised a Hawaiian
Shirt Day for the rest
of the school to par-
take in. Many stu-
dents dressed in their
Hawaiian attire that
day. (Photo courtesy
of Rachel Nesbitt)

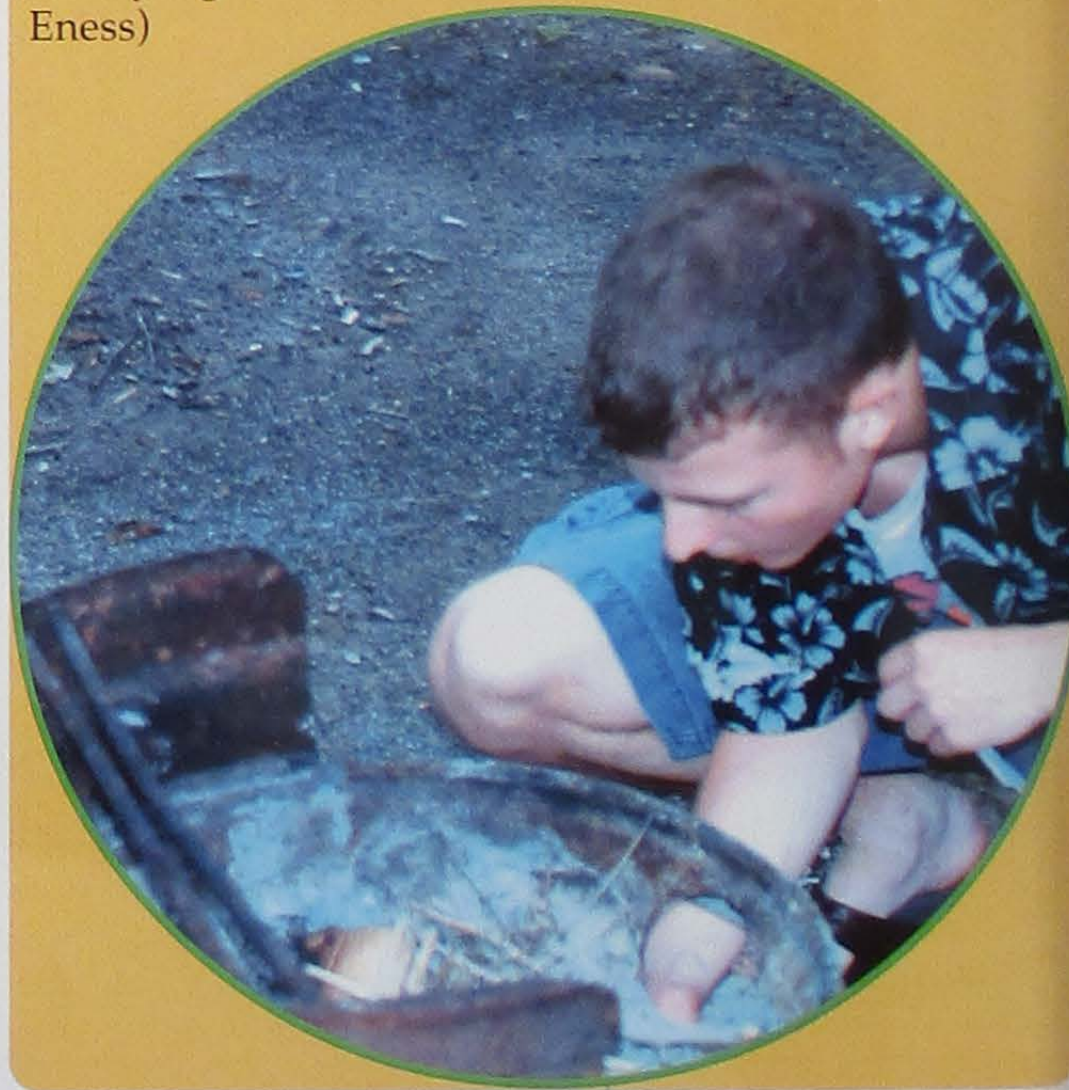
Tennis Menaces- After a hard tennis match, seniors **Sarah Litwiller** and **Kelli Berg** take a break to cool down and talk over their matches. The Girl's tennis team had another strong showing this year with several girls qualifying for state. (Photo by Andrea Schliesman)



A Strange, Long Trip- Walking down the sidewalks of Ames High, senior **William Woods** drags his supplies for the Senior One Acts into the school. "I was just taking a stroll, carrying my props and things into the school," Woods said. Woods received many strange looks from fellow students. (Photo by Rachel Nesbitt)



Light My Fire- During a free period between finals, junior **Cliff Corley** attempts to start a fire at the Ledges. After many failed attempts Corley had to drive to nearest town to buy lighter fluid and matches. (Photo by Miranda Eness)





26.

-Commencement @
Hilton
-Final Exams



27.

-Final Exams



Fabulous Food- Sipping on a sno-cone and making a sandwich, senior **Charlie Weber** helps himself to the free food offered. Seniors could eat the catered Hickory Park, sno-cones, and other tasty treats while they reminisced with fellow classmates. (Photo by James Webb)



the Monthly Top Ten

Why are you looking forward to next year?

- 1) "So I can hit anyone whenever I want to and not feel ashamed." - Junior Jessica Young
- 2) "Cause it's one year closer to college girls." - Junior Kevin Woodward
- 3) "Two words: leprechauns." - Junior Jane Vu
- 4) "It means one more year closer to getting out of Ames!" - Junior Lucas Warth
- 5) "Beauty is in the eye of the beer holder. Oh, so I can rule the school." - Junior Megan Dobbs
- 6) "What is that supposed to mean? Freak!" - Junior Perv Cartwright
- 7) "We can do whatever we want to do and be whoever we want to be, because after this year, we're out of here!" - Junior Jenny Shen
- 8) "So I can ride through the hallways on a velociraptor in my cowboy get-up." - Junior Willy Svec
- 9) "It's just one step closer to that Homecoming Queen tiara. Oh tiara, how I long to caress your cold, metal frame." - Junior Adam Schmidt
- 10) "Why are you asking me this question? I'm a senior! What, I'm not graduating...?" - Senior Cody Burgduff



28.

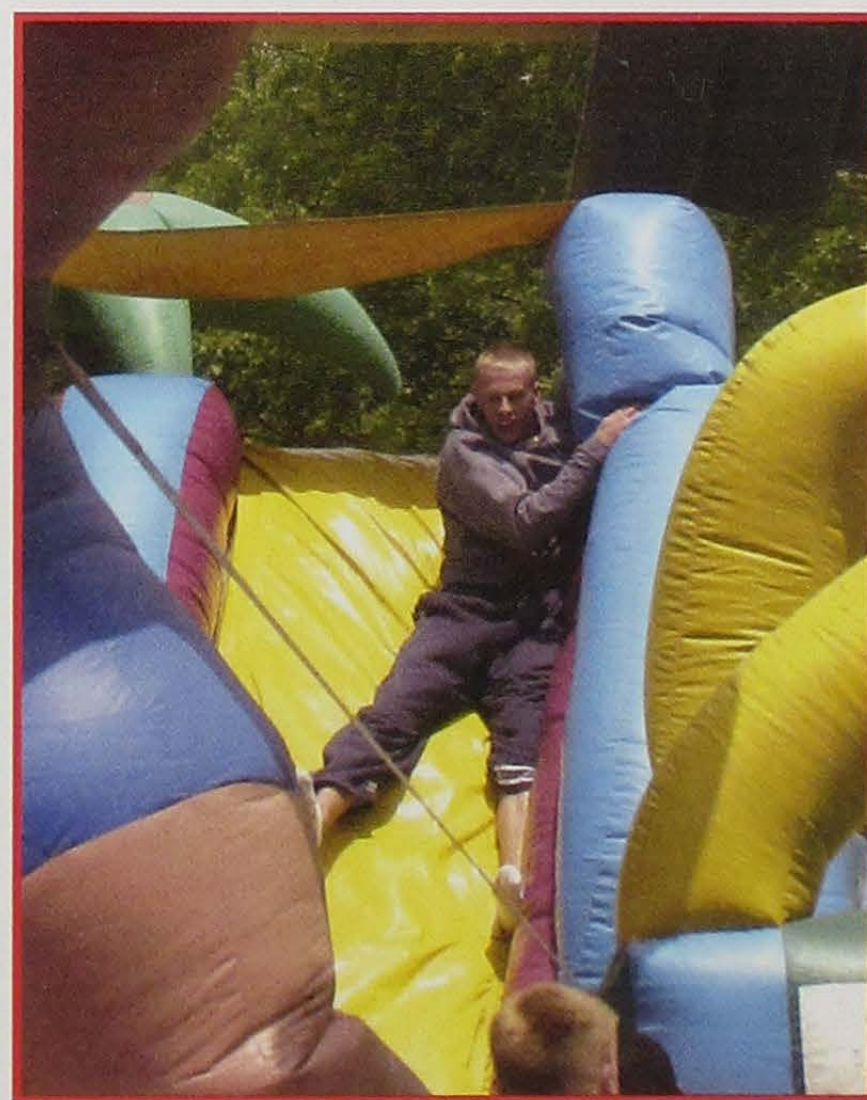
-Final Exams
-B TR State



29.

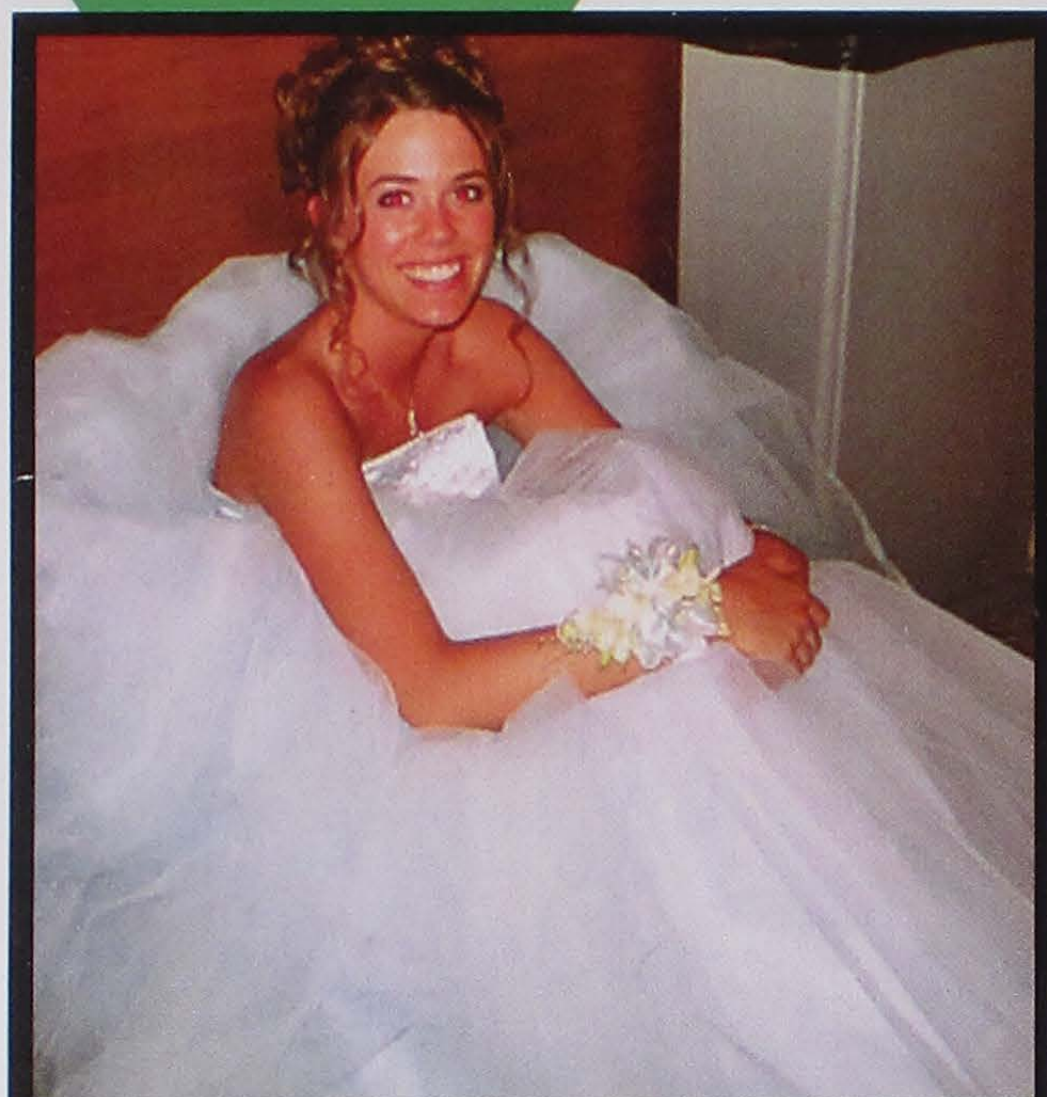
-B TR State
-BB Ames High
Classic
-G Soc Denison
Invite

Swing Batter, Batter- Taking an aggressive cut at a high fastball, Ames High varsity sophomore **Austen Arnaudt** sends a ball out of play against Johnston. The Little Cyclones had a strong non-conference showing but struggled with consistency during their conference schedule. (Photo by A. Wiedemeier)



Slide Of Doom- Grabbing on for dear life, senior **Eric Bokhoven** risks his life on the inflatable slide at the senior picnic. The senior picnic offered many activities for the students to do, such as the inflatable rides, games to play, and lots of food to eat. (Photo by James Webb)

FRESHMEN. SOPHOMORES. JUNIORS. SENIORS. STAFF. FRESH- M O R E S . J U N I O R S . S E N I O R S . S T A F F . F R E S H - M E N . M O R E S . N I O R S . S T A F F . F R E S H M E N . S O P H O M O R E S . J U N I O R S .



Poofie - Taking a break during Prom, junior **Morgan Johnson** sits down in a sea of tulle. After resting her feet, Johnson jumped back on the dance floor. (photo by Meg Wade)



SHHHH! - Reading the suspenseful French IV novel, *Le Silence de la Mer*, seniors **Erin Thatcher** and **Andrea Vos** uncover the mystery of the silence of the sea. (photo by Andrea Schliesman)



"I celebrated my 15th birthday on the Model UN trip. My friends made it really festive by decorating our hotel room with a birthday banner and then they sang to me really loud!"
-freshman Ann-Charlotte Wade



"All work and no play is no fun. Ames High is like Seymour Glass, both awe-inspiring and conflicted."
-junior Ben Barclay



"Winter Formal was bad...the music really sucked. But dressing up was a blast and my date [Andy Richards] was really cute!"
-sophomore Annika Anderson

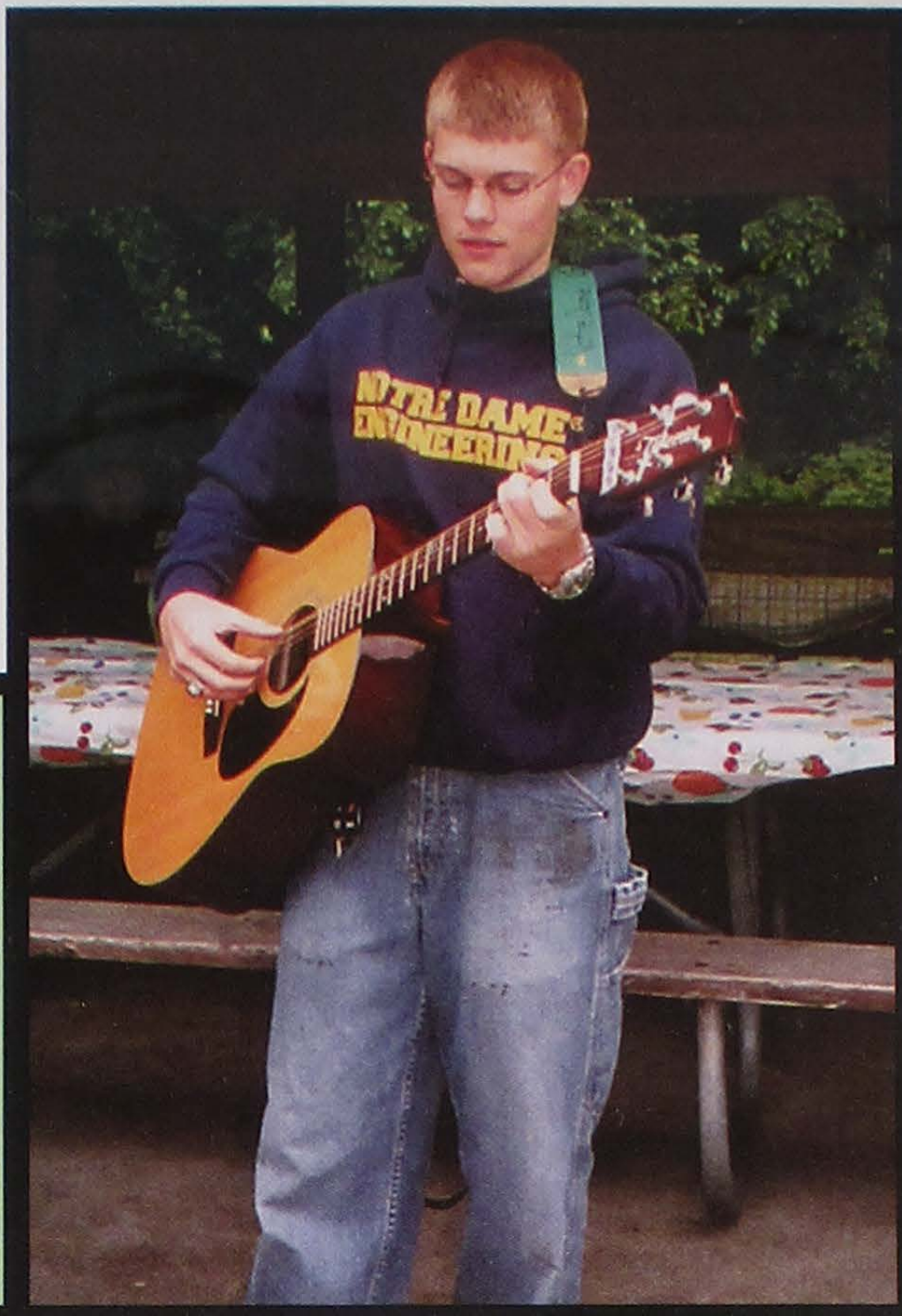


"I guess I was having a really wacky day. I really like making a fool of myself and Team Tailgate rocks!"
-junior Katy Nelson



Round the Bend - Playing miniature golf at the senior picnic, senior **John Haugo** gets ready to make his putt, while senior **John Herriges** waits his turn. Haugo and Herriges stayed warm with a friendly game of putt putt. (photo by Meg Wade)

Jam Master K - Playing a tune on his guitar at the senior picnic, senior **Nick Kluesner** fills the park with his acoustic music. On his last day of school, Kluesner remembered his lunchtime jam sessions with other guitar aficionados during lunch in Mr. Schmidt's room or the infamous room 202. (photo by Meg Wade)



Dance Off - Enjoying the activities of Post Prom, senior Jason Wang and junior Max Choi play Dance Dance Revolution at the ISU Union. From hours of break dancing, they transferred their skills to the fast-paced game. (photo by Meg Wade)



the

FRESHMEN

Hansaa Abbasi
Hiwot Abebe
Jonathan Ackerman
Brandon Adams
Rohan Agarwal
Ji-Hyeon Ahn
John Alexander



Jessica Amaya
Jessica Anderson
Spencer Arritt
Samantha Artese
Anthony Ashley
Brendan Babcock
Erin Bagnall



Joseph Bak
Bret Ballantine
Josh Barclay
Jenna Barrett
Melissa Baughman
Rebecca Bean
Nathaniel Behning



Austin Bell
Roman Bell
Hannah Bentrott
Maria Beresnev
Tanya Bergeson
Eric Bierwagen
Alexandra Blount



Jennifer Boccella
Jessica Boelman
Caylon Borich
Brittany Borrill
Alexandra Bortle
Elizabeth Boswell
Renee Bovinette



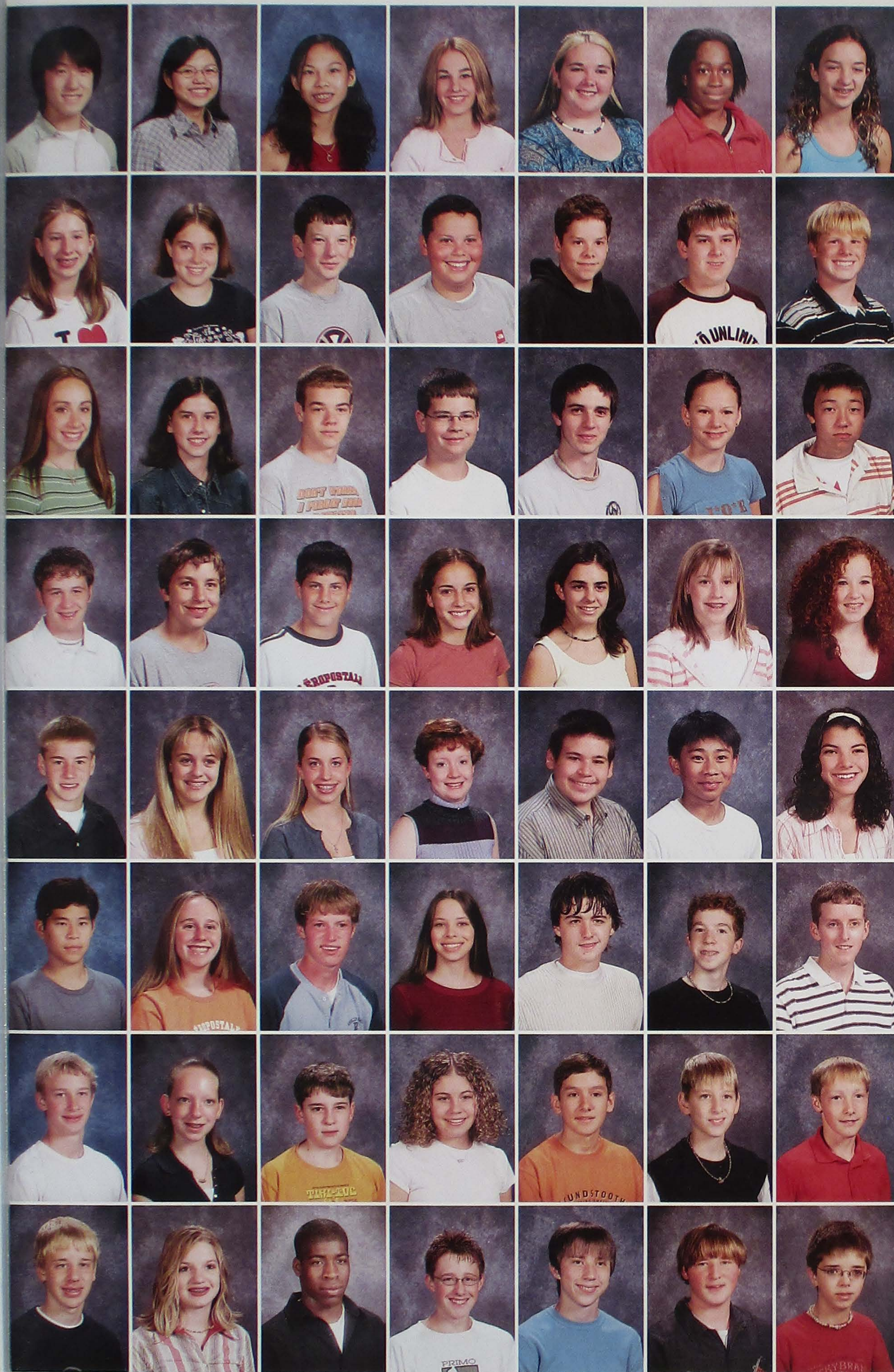
Braden Boydston
John Boylan
Zachary Brenner
Sarah Brimeyer
Melissa Brockway
Annisa Brown
Austin Brown



Lauren Brown
Steven Burianek
Carianne Burns
Elizabeth Bystrom
Dustin Cakerice
Kelsey Carney
Kayse Carter



freshmen



Justin Chang
Yu-Ting Chen
Jennifer Cheuk
Lauren Chitty
Terrisa Clark
Jeromeo Cobbs Jr.
Elizabeth Cohea

Jennifer Compton
Kelsey Comstock
MacKenzie Cross
Matthew Cross
Steven Crouse
Nicholas Crumpton
Nolan Currie

Jessica Curry
Chelsea Davis
Keith Davis
Michael Davis
Sean Deal
Anja Dekkers
Antony Dempsey

Scott Dillavou
Andrew Di Orio
Benjamin Dobbs
Joanna Dobson
Lillian Dobson
Audrey Dodge
Lauren Dougherty

Jared Downard
Katelyn Dunshee
Allison Dye
Kelsey Elliott
Kyle Endreland
Joseph Fabiosa
Emily Falk

Mark Fang
Sarah Federle
Steven Fennelly
Rebecca Ferguson
John Fitzsimmons
Kyle Fogleman
Eric Foley

Ethan Forsgren
Lauren Forth
Adam Fox
Lauren Frandsen
Joseph Fuller
Lukkas Gartin
Richard Gaunt

Lucas Gehlsen
Kristin Geiger
Noah Gildermaster
Justin Gilger
Justin Gleason
Ben Glick
Bryce Gonzales

freshmen

Elizabeth Grant
Ulfur Grant
Anna Greenwald
Theresa Gruetzmacher
Meghan Hackerson
Samantha Hackerson
Jenni Hagen



Zachary Hagert
Amy Hamilton
Matthew Hansen
Michael Hansen
Tyler Hansen
Jeffrey Hanson
Rebekah Hanson



Caitlin Harrington
Edward Hartwick
Alice Hartzler
Natalie Hashemi-Toroghi
Katie Hasstedt
Daniel Haugo
Travis Heithoff



Kristina Hellmich
Michael Herriges
Adam Hinders
Alexander Hinders
Marcus Hippen
Thomas Hoffman
Laura Holub



Kylie Hopper
Jeffrey Houk
Sarah Hundertmark
Brandon Hurley
Jeremey Hurley
Ege Inanc
Anastasia Ingham



Sarah Jackson
Aaron Jacobson-Swanson
Alex Jarnagin
Jay Jensen
Jenna Jensen
Andrew Jiles
Alec Johnson



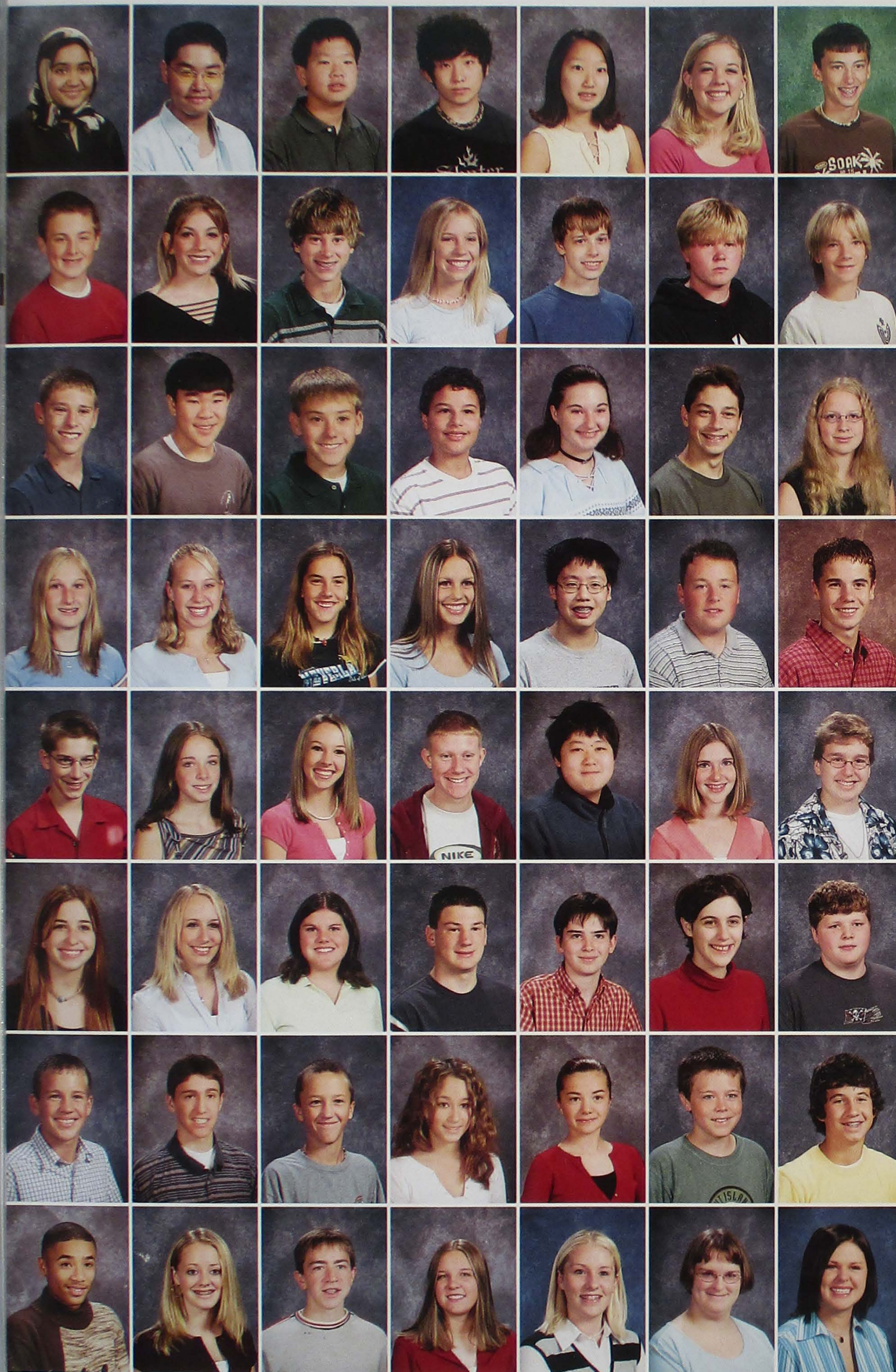
Alleah Johnson
Jacob Johnson
Jason Johnson
Kristopher Johnson
Kyle Johnson
Jacob Johnson-Muyengwa
Alexander Jones



Paul Joo
Abigail Jungjohan
Hannah Kaloupek
Yung Jung Kang
Kristine Kearney
Nichole Kearney
Rebecca Kerr



freshmen



Anamil Khiyami
Ghahyun Kim
Ji Kim
Minyoung Kim
Stephanie Kim
Cassandra Kindred
Jacob King

Joseph Klinkel
Kyra Knuth
Robert Koehler
Kerry Kohler
Jeffrey Kollasch
Nicholas Korf
Michael Kraemer

Jeffrey Kroll
Dennis Kuo
Matthew Laczniak
Trent Lamar
Jennifer Lambert
Eric Lane
Alysia Larson

Courtney Larson
Kelsie Larson
Emily Lawlor
Brianna Lelonek
Benjamin Leung
Andrew Lewis
Tyler Lewis

Joseph Lien
Sarah Linahon
Katelyn Linduska
Jonathan Link
Xiaoteng Liu
Alyson Loes
Aaron Lott

Sarit Luban
Katie Lundstrom
Amanda Lutz
Adam Maahs
Maurice Macdonald Jr
Rachael Mansbach
Derick Marquardt

Jason Marrs
Glenn Martin
Alex Maschoff
Tess Matibag
Rachel Mattson
Curtis Mayberry
David Mayes

Maurice McClain
Morgan McCormick
Brian McDonald
Erin McGonigle
Alexa McGrory
Kyrieanne McKelvey
Chelsea McMillen

freshmen

Matthew McPhail
Sharon McRoberts
Noah Mendelson
Cori Milan
Caitlin Mills
Christopher Moore
Alan Moss



Aaron Mostrom
Justin Mull
Rachael Myrick
David Naylor
Sarah Nelsen
Benjamin Nelson
April Nikkel



Haema Nilakanta
John Norris
Alanna O Hara
Ivo Oliveira
Luei Ong
Jessica Oster
Felix Owusu



Christopher Parsons
Meredith Parsons
Madeline Paschen
Bo Peng
Ryan Pesch
Joshua Peterson
Larry Peterson Jr



Kristi Philips
Rowan Pirtle
Stephanie Plander
Jacob Pleasants
Stephanie Poffenberger
Nicholas Pospisil
Krishna Prabhu



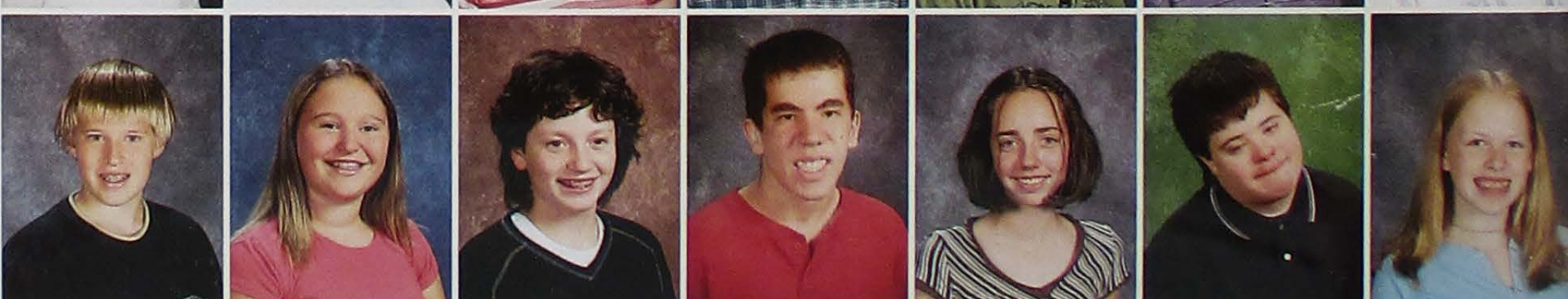
Ryan Praska
Mukund Premkumar
Colin Pritchard
Brighton Prueger
Michael Qiu
Supraja Rajagopalan
Wesley Rebarcak



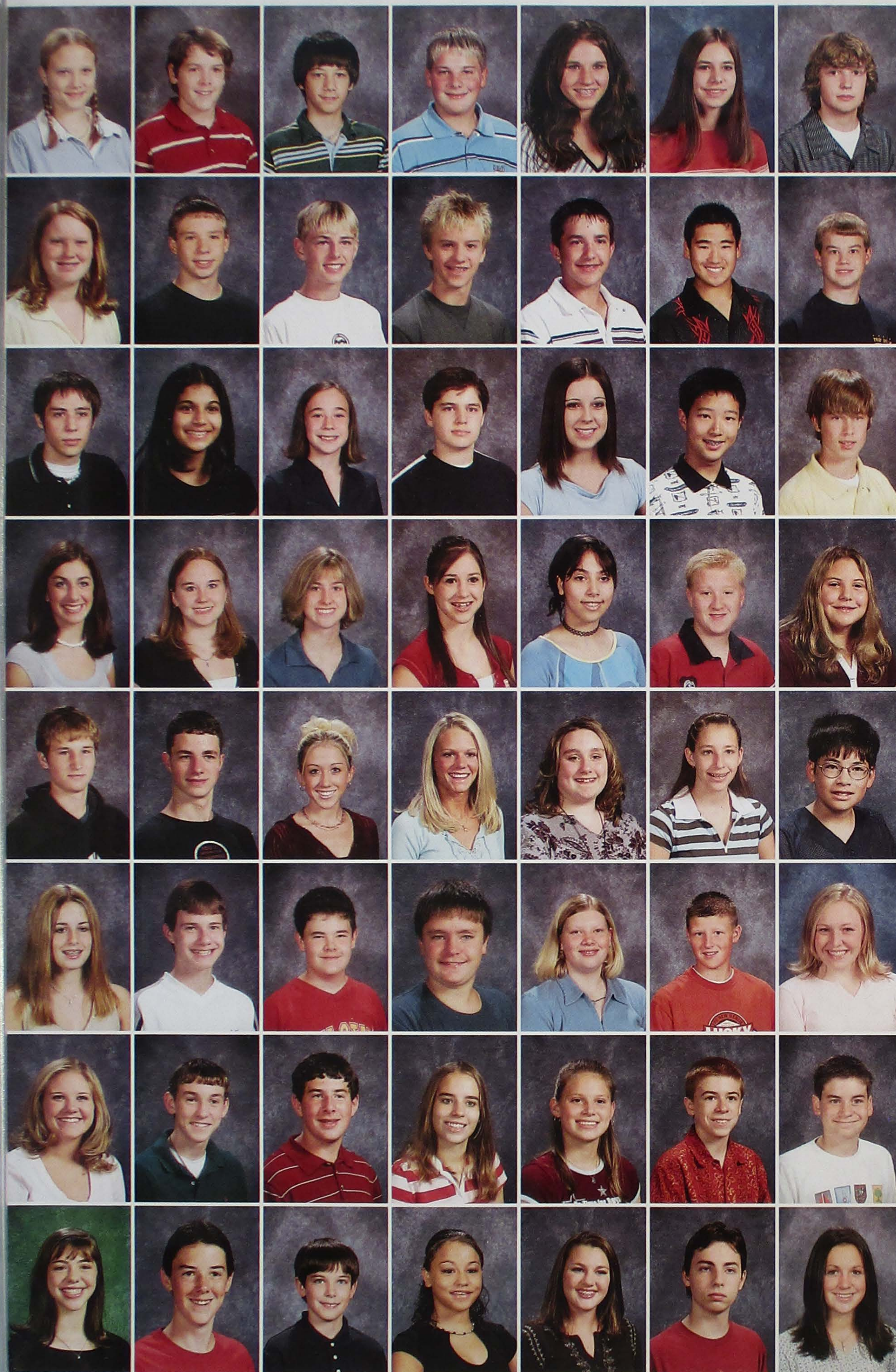
Melissa Redding
Steven Reints
Lindsay Roach
Nicholas Romsey
Jacob Rosenberg
Benjamin Ruppert
Alfonso Sanchez



Ben Scallon
Hannah Scebold
Corey Schmidt
Benjamin Schnable
Kirsten Schoenrock
Steve Schoenrock
Sarah Schreitmueller



freshmen



Ashley Searcy
Christopher Seeman
Nathanial Sejaan
Bryan Server
Amber Sexton
Sara Shafer
Bryan Shrader

Stephanie Shuey
Sean Siberski
Derek Siedelmann
Christopher Simonson
Grant Simpson
Micah Simpson
Austin Skarshaug

Bradley Smith
Anju Somani
Jayne Strand
Jim Strickland
Alissa Struble
Wei-Li Suen
Ryne Sundvold

Jessica Svec
Amy Swanson
Lauren Swanson
Mashette Syrkin-Nikolau
Hodeis Tabatabaei-Moghadam
Joseph Thien
Brittany Thompson

Joseph Thompson
Joshua Thompson
Rachel Thompson
Kersten Thorgaard
Tiffany Tope
Janel Tott
Jason Trail

Samantha Tucker-Sieberg
Tanner Twetten
Phillip Uhde
Justin Upah
Lauren Vidimos
Brock Vosberg
Ann-Charlotte Wade

Alyse Wandling
Robert Wanzek
David Warning
Elizabeth Warth
Crystal Weltha
James Weltha
Joseph Wendel

Alicia Wengert
Joshua Westover
Michael Wheelock
Leah Willson
Anne Wilson
Dayle Wilson
Amanda Winkleblack

freshmen

Conner Wright Schoenrock
Hyungseok Yang
Traci Yates
Maryam Zamanian
Kenneth Zuerner
Paul Zunkel



Not Pictured:

Laura Ballanger
Angelica Bartmess
Angela Beckwith
Zachary Borg
Andrew Bovenmeyer
Aaron Busch
David Castillo
Emily Chance
Nathan Chang
Kudzai Chikwamba
Gemma Chung
Keenan Clap
Jacqueline Clark
Eric Clements
Jennifer Compton

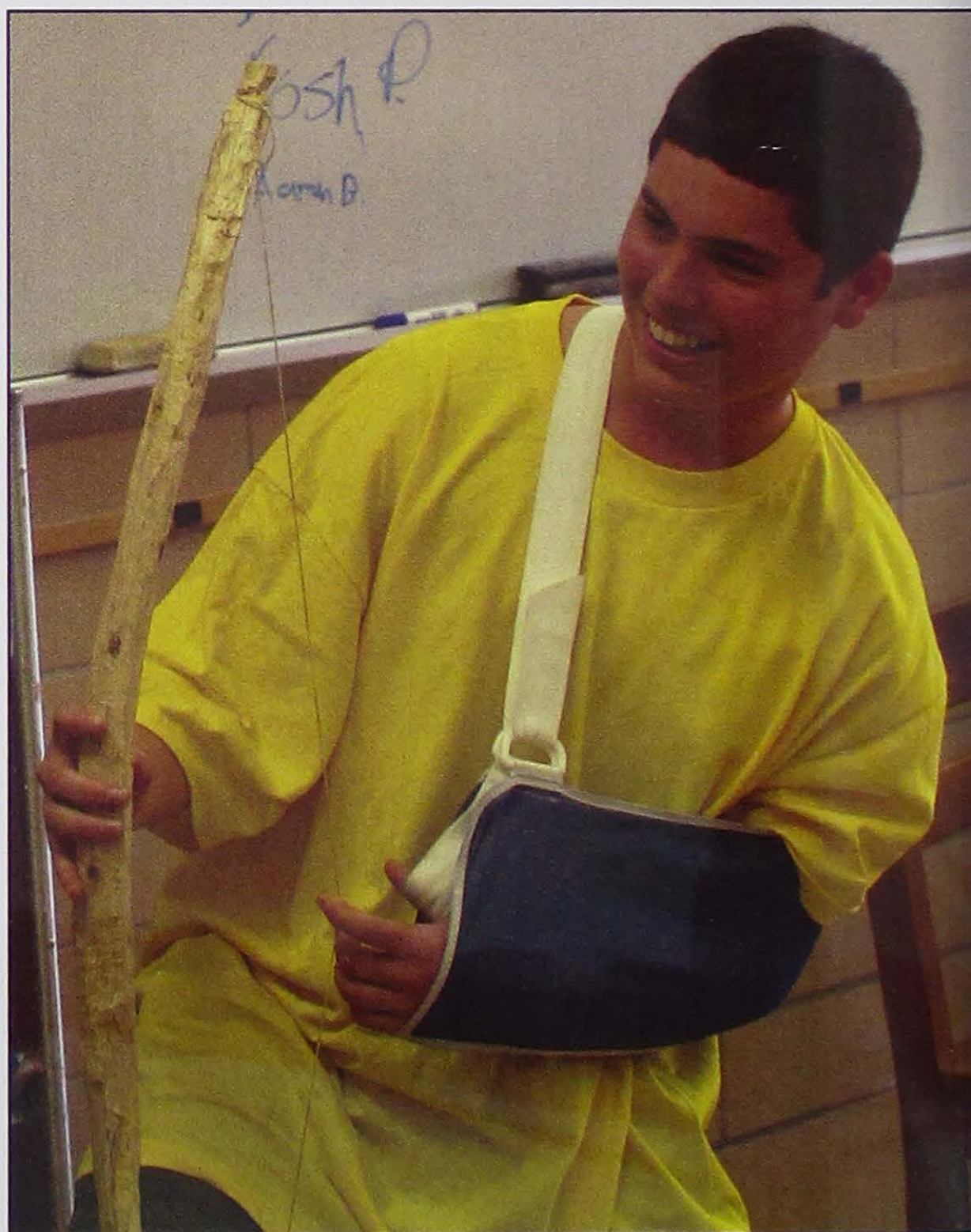
Ryan Cornelis
Cassandra Correa
Michael Cortinas
Christina Couture
Donavan Cross
Stephanie Cue
Benjamin Dalglish
Joshua Davis
Donavan Day
Fabian Delgado
Andrew Di Orio
Shayna Leighton
Caroline Meyer
Peter Mitchell
Andrew Mungons

Jackline Mwaniki
Christopher Ochieng
Kunal Patel
Rebecca Peterson
Brett Quigley
Brian Ray
Robert Reza
Billie Jo Ridnour
Dixie Jo Lee Rockey
Joel Sanford
Ashley Savage
Alfonso Sanchez
Aakash Sheth
Sean Shickell
Brady Smith

Nicholas Stead
Ryan Steward
Gavin Stone
Austin Thompson
Ryan Thompson
Jordan Troxel
Georgie Tsushima
Wesley Underkofler
Insung Yoo
Maurice Wilson-Birt
John Winkler
Arnold Wood-Davila
Antoine Worthum

"My favorite game this year was to make a bunch of noise down in the media center and then pretend I was someone else when I got in trouble. There was always the risk that someone would blab, I guess. But no one did because it was too funny to see the media center ladies' faces get red. Yeah, that was my favorite game. Well, that and Halo..."

-Anonymous Freshman



the SOPHOMORES



Kayla Ackerman
Leah Ackerman
Faruk Al-Hassan
Annika Anderson
Nicole Anderson
Tyler Anderson
Austen Arnaud



Adam Arthur
Taylor Ashburn
Charlotte Ashlock
Joy Awoniye
Jacob Balough
Marissa Banks
Matt Barclay



Joshua Barnes
Alison Bazylnski
Joshua Beckman
Debra Bennett
Anthony Benson
Kevin Berg
April Bettis



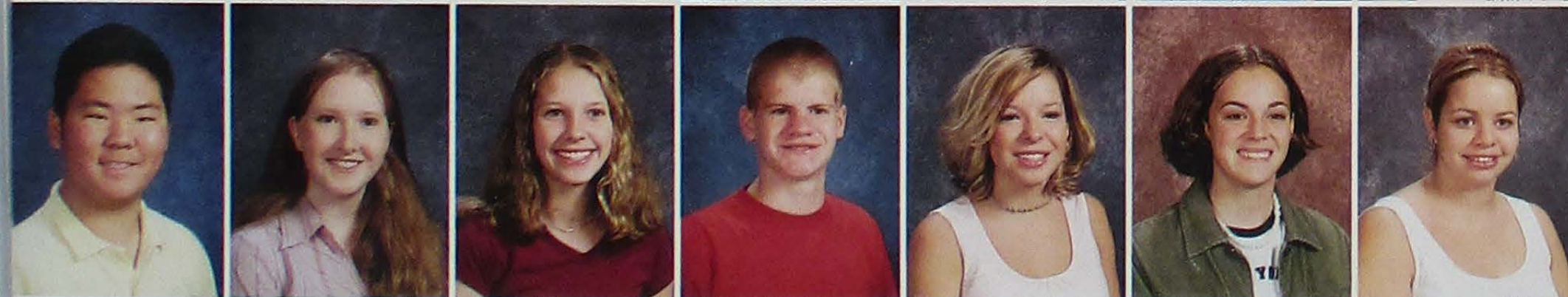
Kathryn Bierwagen
Bari Blanford
Danny Blum
Craig Boeke
Beth Bonnicksen
Mason Borich
Nicholas Braland



Lisa Brekke
Victoria Breshears
Delesa BriseOo
Alexandria Budd
Jennifer Calsyn
Aenea Carlson
Ashley Carlson



Ignacio Carranza-Morales
Elizabeth Casey
Ryan Catus
Matthew Chellew
Han Chen
Michelle Chester
Alarm Cho



Edward Cho
Georgia Chrisinger
Laura Clark
Charles Cleary
Traci Coney
Theresa Cook
Gabriela Corzanego

sophomores

Chelsea Cottrill
Sarah Cram
Dylan Cunningham
Lara Curtis
Emily Davenport
Rachel Davis
Elizabeth Deppe



Elizabeth Dilla
Brooke Dohrmann
Aaron Dooley
Ryan Dougherty
Emily Drapal
Nolan Dreesman
Michael Dunlay



Carrie Dunne
Elizabeth Duwick
Sean Edwards
Jessica Egle-Davis
Sarah Ehrhardt
Ilya Ellern
Eric Ellingson



Jackie Elliott
Kate Elliott
Kellie Engelman
Kelsey Englin
Stephanie Enloe
Eric Enslow
Matthew Erickson



Maria Fabiosa
Garrett Farni
Andrew Feller
Kurtis Ferguson
Emma Feuchter
Ashley Finer
Joe Folkmann



Rosemary Fonseca
Jennifer Fulton
Jan Galik
Qi Gan
Branden Geil
Adrienne Geske
Ryan Gibson



Sarah Gidlewski
Jordan Gilmore
Jeremy Girton
Jacob Gohlmann
Molly Golemo
Jennifer Green
Jonathan Gregoire



Nathaniel Greving
Garrett Hamilton
Christopher Harder
Katherine Harmelink
Adam Harmon
Antonia Hasselman
Anna Hauser



sophomores



Tricia Hawley
Ellen Heddendorf
Melissa Heitzman
Brittney Henderson
Priscilla Hendricks
Grant Hendrickson
Elizabeth Hensen

Andrew Herrick
Caitlin Herrnsdtadt
Alyssa Hesar
Neva Hibbing
Amanda Hinderks
Sara Holt
Dana Howell

Evan Hudson
Caitlin Hug
Andrew Hunziker
Jason Huston
Walter Hyde
Kim Ihle
Iris Ilarslan

Emma Israel
Hayley Jackson
Alicia Jacobs
Sarah Jacobson
Danielle Jansen-Bibeau
Emily Janssen
Chelsea Jensen

Torin Johansen
Kristin Johnson
Brian Jones
Emily Kawaler
Alex Keefe
Shane Kelly
Amanda Kerper

Hyowon Kim
Daniel Kinker
Mary Beth Kluesner
Victoria Knight
Kelsey Knutson
Ross Koppenhaver
Anthony Koranda

Charles Krabbe
Katie Kramer
Alexander Krumm
Brooke Kvach
Brian Lange
Olivia Langenberg
Aaron Langlois

Laura Larabee
Bryan Larson
Jonathan Larson
Ryan Larson
Thomas Lawless
Bryant Leamen
Michael Lee

sophomores

Michelle Leininger
Aaron Lenhoff
Derek Lewis
Nicholas Litwiller
Qiang Liu
Ying Ying Liu
Anna Lochray



Brandon Long
Candice Long
Sean Lou
Nicole Loughren
Lydia Lowry
Rachel Lowry
Kevin Lu



Matthew Ludemann
Scott Lynn
Jenna Magnuson
Ashley Mahan
Robert Manatt
Justyna Marcinow
Kelly Matters



Jennifer Matteson
Virginia McCalmont
Sarah McClanahan
Shannon McCormick
Lindsay McGowan
Gabriel McNunn
Manuel Melendez



Michael Mendonca
Britta Mennecke
John Meraz
Scott Mettelle
Allison Metzger
Amy Metzger
Christen Meyer



Austin Meyn
Paulo Michelini
Jason Misra
Joshua Moloney
Andrew Montgomery
Kayti Montour
Timothy Morgan



Emily Moschini
Chassidie Mosley
Pauline Mulale
Kyle Nelson
Renee Nesbitt
Huong Nguyen
Alexandria Nickerson



Samantha Nimmo
Vanessa Ninaquispe
Nicole Nostwich
Andrew Olson
Meira Osness
Micheal Owen
Jessica Palo



sophomores



Xin Pan
Megan Pappas
Rebecca Park
Emmanuel Parker
Anne Pastiak
Ankit Patel
Megan Pearson

Ryan Pei
Cole Peiffer
Douglas Pepe
Laura Peperkorn
Brandon Pohlman
Caleb Polashek
Ryan Pool

James Pringle
Isaac Prior
Sarah Raaii
Muhammad Rahim
Daniel Ramey
Alyssa Rasmussen
Mario Reyes-Juarez

Brice Rial
Laura Rich
Andrew Richards
Ashley Ricketts
Billie Ridnour
Robert Ridpath
Shannon Risius

Jessica Rivera
Chantal Roberts
Aubrey Robertson
Samuel Robson
Matthew Rodgers
Jonathan Rohlf
Catherine Rohrsen

Eric Rojas
Brittany Rover
Jasmine Rude
Alicia Sacco
John Sappington
Anna Sawyer
Morgan Scheppler

Robert Schliesman
Nicole Schmidt
Rachel Schmidt
Daniel Schuldies
Peter Schumacher
Michael Schuster
Ann Scoles

Amanda Searcy
Gregory Shirbroun
Jessica Shoemaker
Rebecca Sidles
Megan Siebens
Emmet Siev
Jamaine Simmons

sophomores

Scott Simpkins
Cassidy Simpson
Scott Simpson
Carter Slagell
Holly Smith
Matthew Smith
Laura Snell



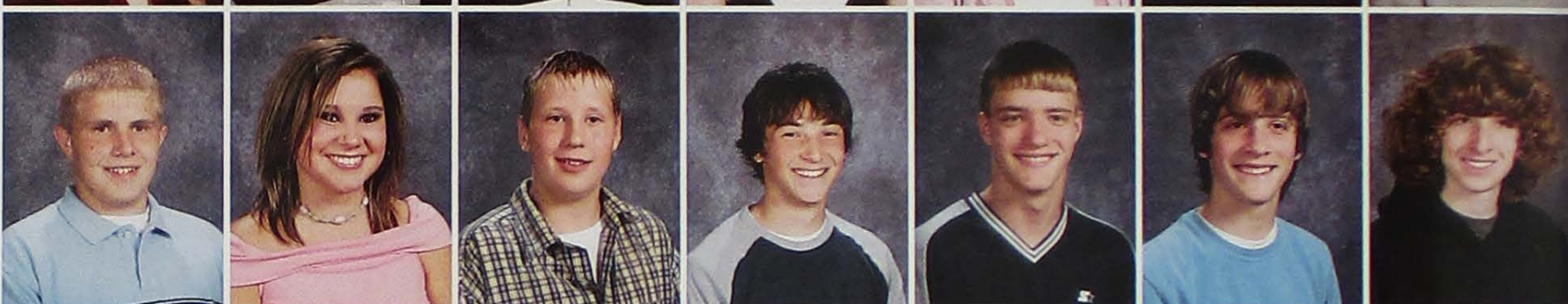
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Samuel Sorden
Chelsea Spear
John Stark
Cody Steltzer
Matthew Stephenson
Michael Stoecker



Amy Stolmeier
Johnathon Stone
Thomas Strehlow
Tricia Stubbs
Gee Suh
Lucas Taege
Haider Tamton



David Tapper
Omelia Terronez
Allen Thomas
Kyle Thomas
Christopher Thompson
Erik Thompson
Gregory Thompson



Katherine Thompson
Larah Thorgaard
Emily Thurmaier
Kelsey Torgerson
Taisia Tsukruk
Andrey Ukhanov
Asaf Vaknin



Abraham Valadez-Rosales
Berenice Valderrabano
Sara Van Marel
Andrew Veysey
Christopher Voss
Nathan Vu
Emily Wang



Andrew Wass
Samantha Webster
Laura Weible
Curtis Weigel
Candace Weis
Brian Weiss
Jarrett Wendt



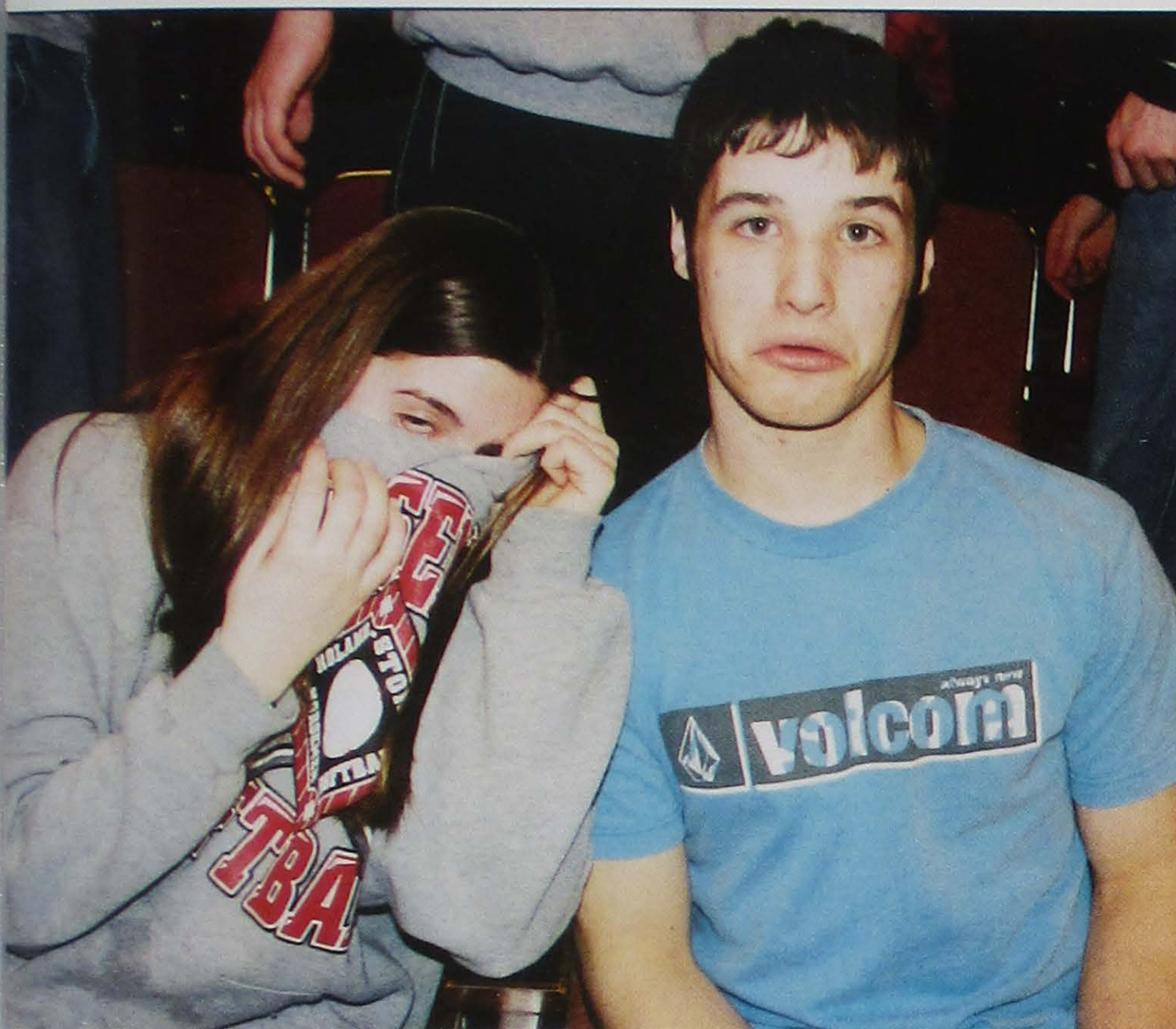
Joe Wiedemeier
Joseph Wiegel
Chelsea Wiersen
Thomas Wilke
Brittney Wilson
Iain Wilson
Kelly Wilson



sophomores



Sarah Windsor
Lezhi Wu
Travis Young



Mohammed Abduljalal	Aleisa Hobkins	Joseph Wernau
Maria Alechina	Wen-Hua Hsieh	Alex White
Brent Allen	Tamara Ioudina	Nathaniel Williams
Ruth Anderson	Jared Jackson	Sylvia Williams
Ryan Anton	Jessie Johnson	Keith Winefeldt
Sara Arthur	Kang Kang	Kevin Winefeldt
Babangida Bafaraua	Melanie Kessler	William Wright
Treymane Bashir	Mendora Kimbrough	Jessica Zahn
Mohammed Bashir	Sheila Kimbrough	
Anna Bawn	Jacob Kochel	
Ryan Beaston	Ronald Kope	
Brandon Becker	Livia Krivda	
Melissa Becvar	Emmanuella Kwaw-Mensah	
Tiffany Bennett	Anne Laferriere	
Brian Berry	William LaPietra	
Katie Bettis	Lora Laverty	
Peter Bracha	Jacob LeCount	
Christopher Branyard	Antorniece Lee	
Jordan Brown-Behrends	Amanda Leuch	
Jennifer Bunting	Tracy Li	
Matthew David Canott	Brittany Linder	
Garrison Carter	Daniel Lizaso	
Thomas Chartier	Timothy Lozano	
Moazzem Chowdhury	Patrick Mahoney	
Deandran Clark	Cody Markley	
Janthony Collazo	George Marks	
Derek Colvin	Iaina McMillen	
Luke Colvin	Leigh Miller	
James Crockett	Ryan Mohn	
Dexter Davis	Shoshannah Moore	
Crystal Day	Emily Morris	
Tim Deubel	Darius Nelson	
James DiSalvo	Clayton Petty	
Kyle Domino	Kaitlyn Rabideau	
Daniel Doyle	Joe Reza	
Kortez Flagg	Jessica Richardson	
Griselda Flores	Dana Riecken	
Jessica Foley	Julia Saldana	
Cassandra Fowler	Jessica Sanders	
Justin Fox	Katherine Sargent	
Kenneth Ganzer	Ashley Savala	
Nicole Gassman	Albert Shin	
James Gilbert	Amanda Shin	
Maeryn Goldman	Christina Simental	
Matthew Grotheer	Jerrad Six	
Ashley Hall	James Smith	
Nicholas Halton	Durand Somsavath	
Holly Hanysh	Olivia Sorenson	
Debra Hardy	Michael Tang	
Eddie Hargrove	Iulia Tarata	
Michael Hauptman	Michael Tinta	
Nicholas Haltom	Arturo Tobias	
Holly Hanysh	Nathan Tomer	
Debra Hardy	Krystal Turner	
Eddie Hargrove	Andrew Ulvestad	
Michael Hauptman	Poojya Vellareddy	
Nikolas Hawkins	Jesus Vera	
Chance Heath	Emily Vinci	
Jessica Hiatt	Amanda Wassenaar	
Megan Hiatt	Joseph Weigel	
Cody Hibbs	Amanda Wentzel	

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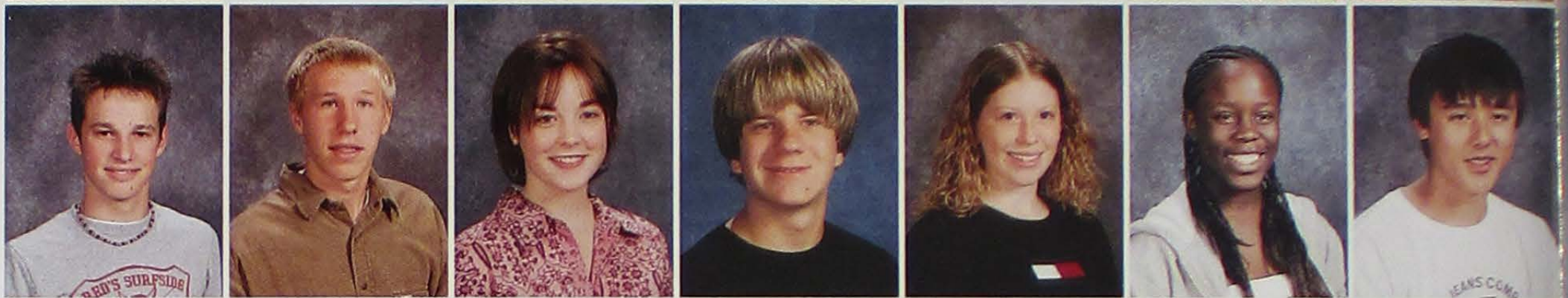


the JUNIORS

Michael Aagesen
Robert Acker
Ryan Adam
Lindsey Adams
Alexander Almer
Jonathan Anderegg
Heather Anderson



Robin Archer
Bryce Arneson
Kelly Ashburn
Ryan Asklof
Krista Atwood
Judith Awonyi
Devin Azeltine



Farin Babaei-Bourojeni
Dianna Bai
Jason Bailey
Chad Baker
Erica Baker
Benjamin Barclay
Landon Baumhover



Jennifer Bean
Jordon Bell
Alyssa Bergman
Amanda Bertelsen
Darshana Bhattacharyya
Emily Bird
Erin Bonnichsen



Amanda Borrill
Pavla Brachova
Chris Breyfogle
Katie Brimeyer
Jessica Brown
Brant Bumgarner
Erik Bunker



David Bunting
Melissa Burnett-Larkins
Amanda Buseman
David Buttery
David Cameron
Augusto Canales
Alex Carlson



Jamie Carlyle
Daniel Carswell
Cade Cartwright
Koushik Chandra
Robert Chang
Stephanie Chang
Edward Chen



juniors



Lucy Chidister
Erin Chrusciel
Nicole Ciccotti
Kaylyn Clark
Mathew Clark
Andrew Clayton
Christopher Coady

Justin Cook
Clifford Corley
Taneeka Cosby
Rachael Cox
Steph Cox
Courtney Crandell
Darreyl Crausby

Erik Croyle
Travis Cruise
Elizabeth Cue
Alexander Culver
Isaiah Cunnally
Courtney Currie
Jianna Dakin

Brian Davis
Joseph Demarie
Marketa Deveckova
Megan Dobbs
Seth Dodge
Kadina Donovan
Kelsey Dunshee

Levi Duvick
Jaime Dye
Chase Eckley
Sarah Eggert
Thomas Elston
Miranda Eness
Mallory Engelen

Matthew Erickson
Benjamin Ertz
Penny Fang
Cristina Fernandez-Baca
Frederick Fields
Sianeh Flomo
Olga Florea

Mark Fogleman
Kathryn Formaker
Tristan Frangos
Susan Fratzke
Andrew Fullhart
Jordan Funkhouser
Rachel Gallagher

Abigail Gaul
Darren Geil
Gretchen Gerbracht
Katharine Gieseke
John Gilarski
Brandon Gill
Catherine Glatz

juniors

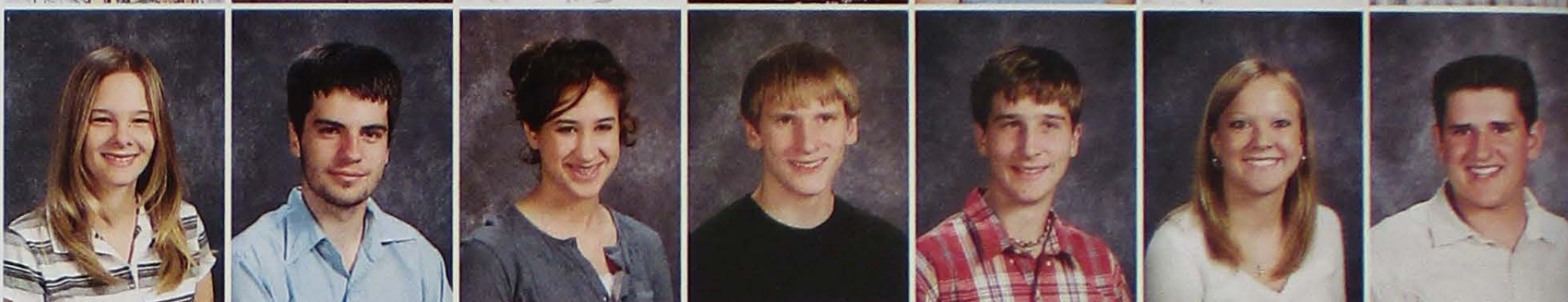
Katherine Gleason
Christina Godfrey
Carolyn Goedeken
Stephanie Gong
Ashley Grogg
April Grove
Sawyer Hade



Jaret Hagen
Scott Hagen
Justin Hallberg
Constance Hames
Ashley Hamilton
Sarah Hanson
Peter Hapke



Jill Harris
Timothy Hart
Oriana Hashemi-Toroghi
Paul Heideman
Trent Heithoff
Ashlee Helling
Mark Hennager



Brandy Hibbs
Tyler Hinderks
Kyle Hinders
Maria Hindt
John Holub
Anna Horst
Patrick Howell



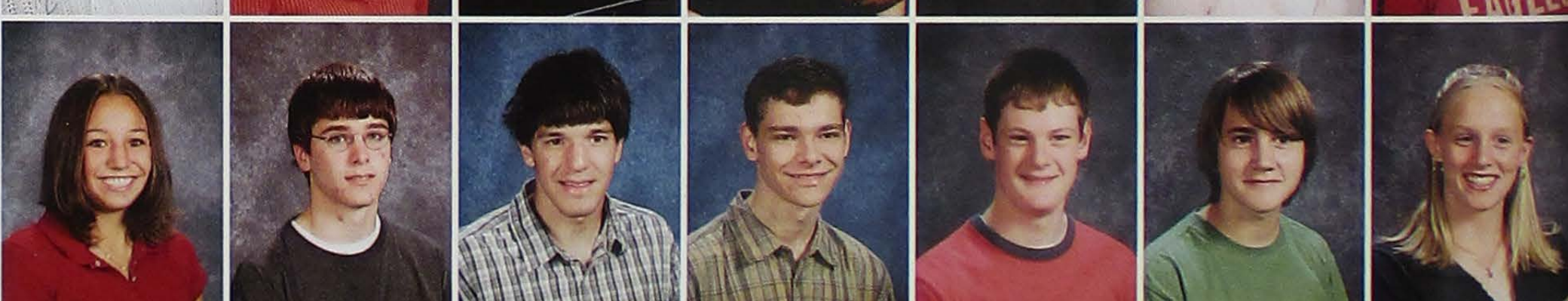
Miranda Hug
Kevin Huisman
Gregory Hunter
Alexandra Ingham
Ben Jackson
Andrew Johnson
Chelsea Johnson



Krystal Johnson
Morgan Johnson
Chris Johnston
Jill Kaspar
Emma Kaster
Amanda Keller
Benjamin Keller



Megan Kerns
Richard Kienzler
Ryan Knight
Jonathan Kollasch
Benjamin Kolner
Colin Kraemer
Sara Kramer



Anna Kurkalova
Chelsea Lamar
Anderson Lamp
Patrick Lanning
Samuel Larsen-Ferree
Anthony Larson
Julie Larson



juniors

Nathaniel Larson
Rebecca Lecount
Brandon Lee
Skyla Leighton
Audrey Leung
Samantha Lewis
Mark Linahon

Maya Lipert
Ethan Little
Nicole Lograsso
Laura Logsdon
Elizabeth Lott
Luke Lowry
Benjamin Lueth

Chesterton Macdonald
Joseph Maduol
Eman Mahgoub
David Manu
Neal Marasinghe
Yury Markushin
Ross Marsden

Whitney Mastin
Crystal Mathews
Cristobal Matibag
Joshua Matthews
Todd Maurer
Whitney Mayes
Peter McCuskey

Beth McKiernan
Heather McMichen
Sarah McRoberts
Michelle Mekemson
Aaron Mendelson
Kacy Merseal
Jai Millen

Stephen Miller
David Muehe
Jason Mull
Kay Mwanza
Jonathan Nau
Andy Neff
Adam Nelson

Heath Nelson
Kathryn Nelson
Rachel Nesbitt
Emily Newton
Louis Ng
Katherine Norris
Andrew Novak

Heather Oakes
Jordan Osborne
Emmanuel Owusu
Jeonghoon Park
Fredd Patterson
Nadya Pecharsky
Chad Pedersen

juniors

Dana Peterson
Karl Peterson
Lucas Peterson
Timothy Peterson
Vanessa Pflug
Amanda Pirog
Marit Place



Kyle Poward
Nathan Prindle
Eric Rahn
Susan Raich
Jesse Ramey
Cole Rasmussen
Brady Rebarcak



Lauren Reynolds
Jared Rickert
Lauren Riddle
Jordan Rietz
Leah Ritz
Ashley Robertson
Drew Robinson



Debora Rock
Michael Ross
Garrett Russell
Nathan Sacks
David Saide
Kathryn Sawyer
Adam Schmidt



James Schreitmuller
Brian Scott
Joseph Scott
Natalie Sengbusch
Jenny Shen
Susan Shen
Travis Shonkwiler



Michael Shriver
John Sibbel
Brandon Sidles
Elias Simpson
Nidhan Singh
Whitney Sjulín
Stephanie Skladany



Katie Slotter
Emily Smith
Erin Smith
Sarah Spencer
Carmi Spicer
Samantha Stair
Lindsay Stephan



Derek Stickfort
Christopher Strehlow
Blair Struble
Sarah Sundberg
Robert Sundvold
William Svec
Jeremy Swain



juniors

Zac Swan
Hoda Tabatabaei-Moghaddam
Chasity Taylor
James Teas
Melissa Ten Clay
Brian Tesdall
Jeffery Thomas

Johnon Thomas
Ronnie Thompson
Kristin Tierney
Jennifer Tillo
Christina Tim
Erin Todey
Rachel Townsend

David Trevillyan
Brandon Turner
Mindy Twetten
Gabrielle Tyler
Kyle Uhlmeier
Elizabeth Utesch
Elizabeth Valadez-Rosales

Joshua Vander Zwaag
Jamie Veale
Robert Vidimos
Allison Vigoya
Samantha Villwock
Daniel Voss
Jane Vu

Ryan Wagner
Melanie Wanzek
Lucas Warth
Alexa Warwick
Clara Weber
Lacy White
Hank Wierson

Lee Wilkins
Luke Wilkins
Sarah Willert
Rachel Wilson
Justin Wissink
Alice Woods
Allyscia Woodward

Kevin Woodward
Nicholas Worthington
Jessica Young
Nicholas Zdorkowski
Jessica Zuerner

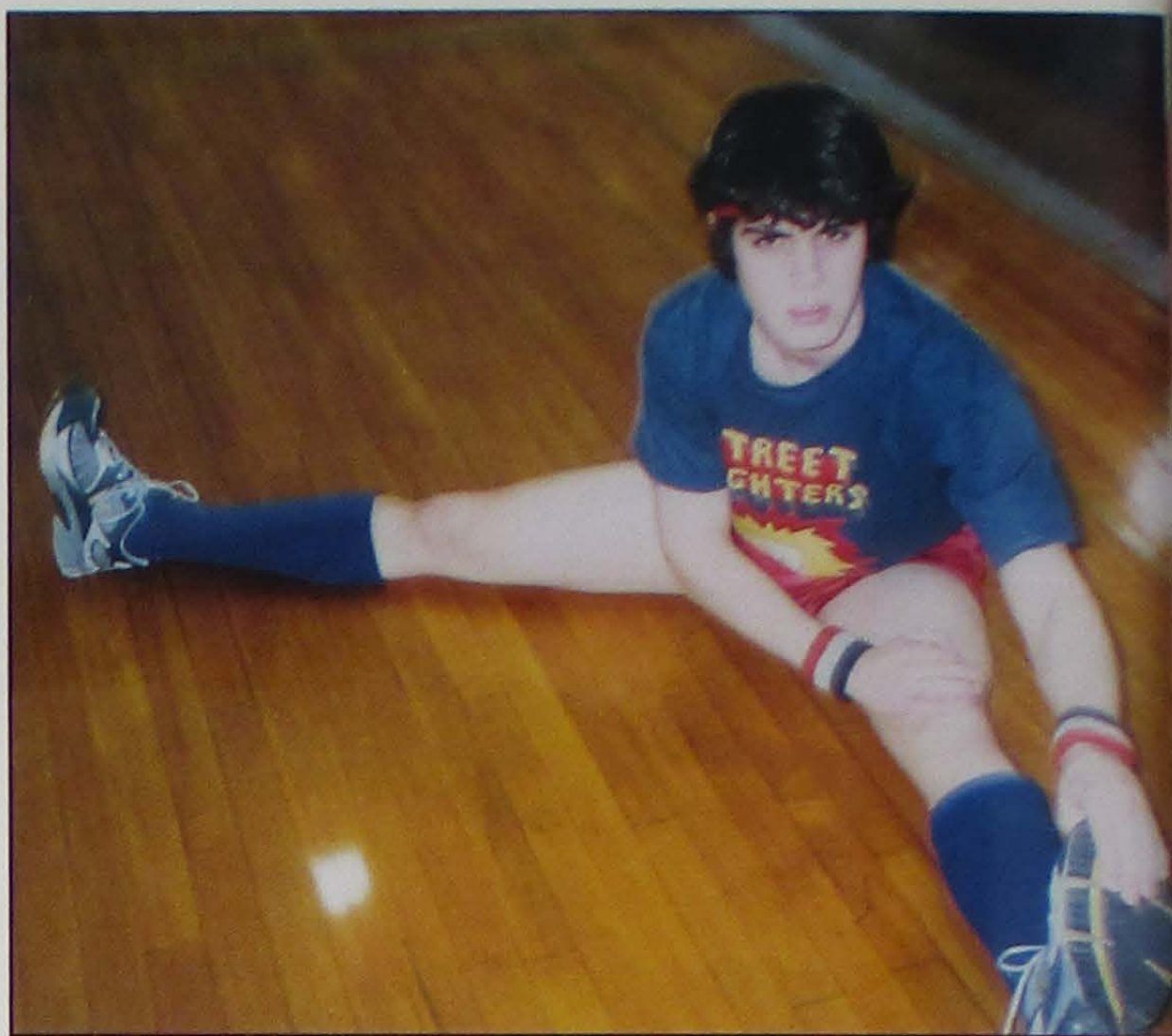
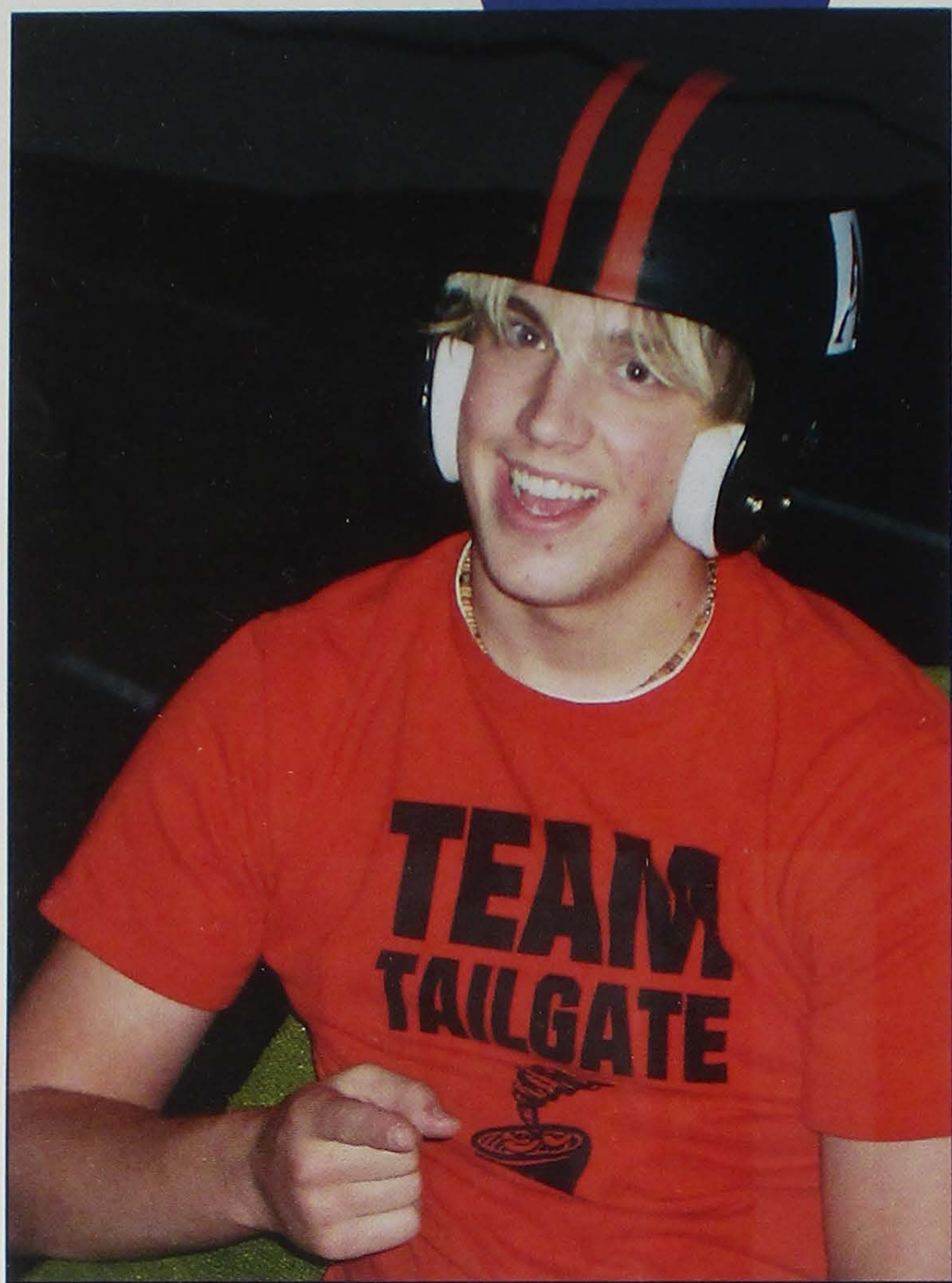
Auttaibah Abbasi
Mazen Adam
Marcus Allman
Daniel Appatiga
Peter Ariik
Taryn Baker
Stephanie Ball
Lisa Balvanz
Cesar Becerra
Rachel Bouenmyer
Alex Bruner
Natalie Brunia
Zach Bugg

Kim Buss
Nicolas Cardwell
Stephen Cheuck
Byoung-Woo Choi
Bree Cobb
Stephen Coleman
Marc Couture
Salvador Cruz
Jon Culbertson
Chris Day
Richard Deubel
Ashley DeWall
Ashley DeWitt

Not Pictured

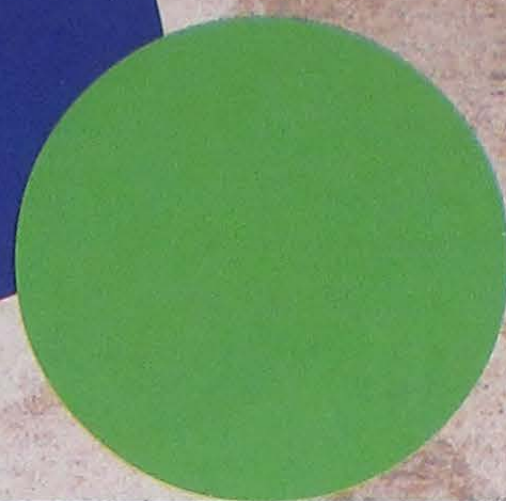
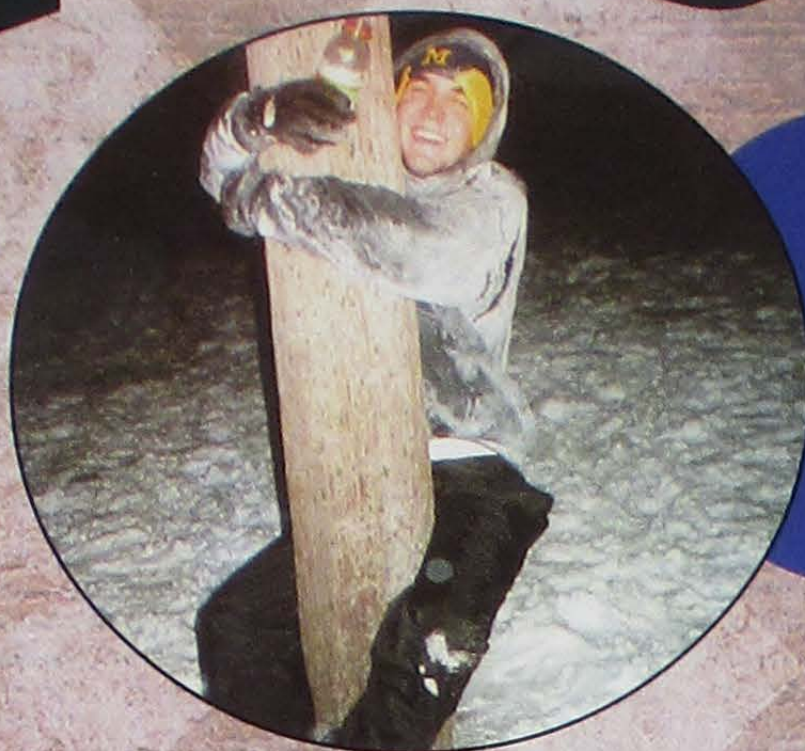
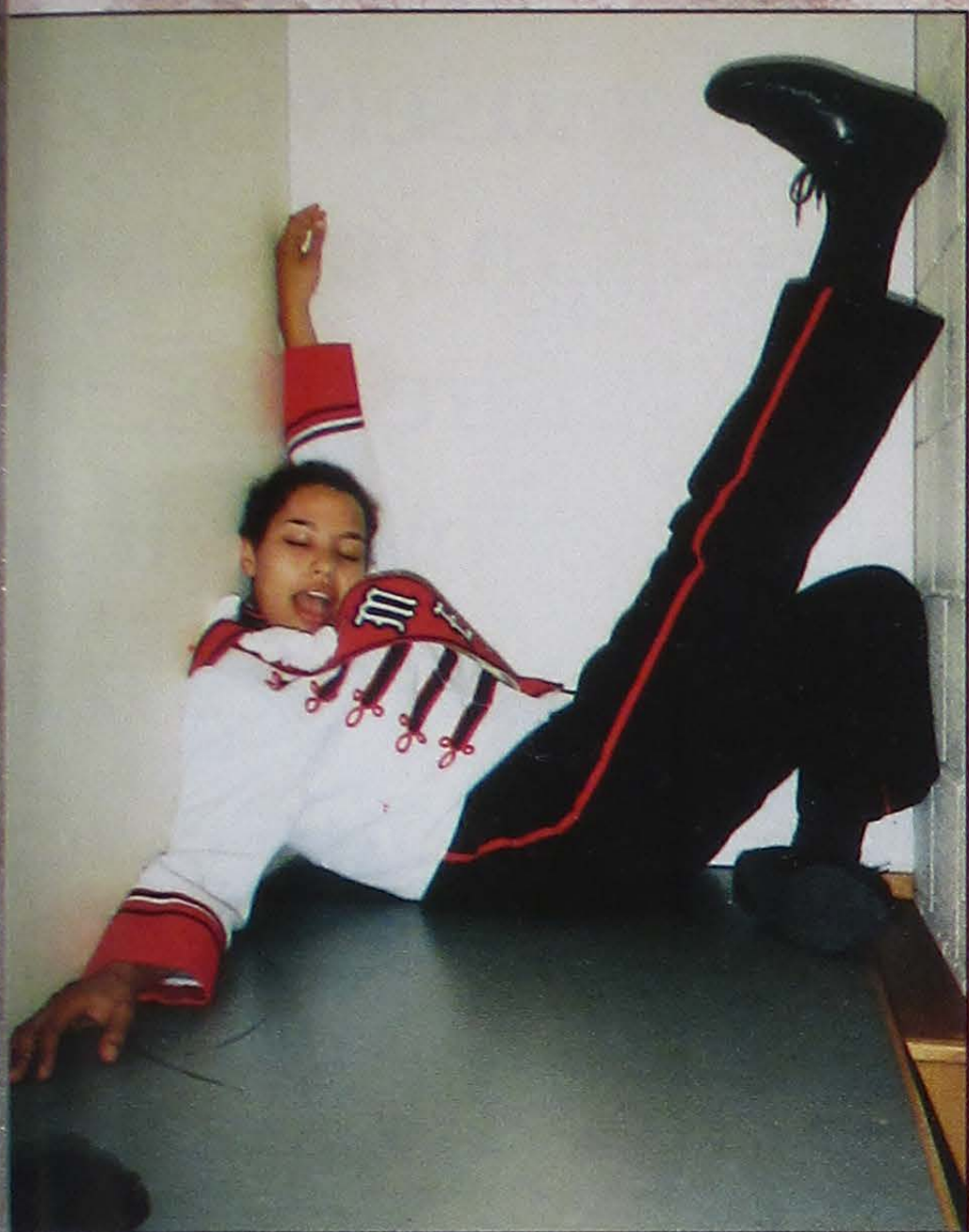
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William Dilla	Whitney Hansen	Meba Kamal	Nichole LeCount	Elizabeth Maxwell	Obariakasemi Ollor	Nicole Reynolds	Kevin Smith	Arthur Torres
Justin Dillavou	Nicolas Hardcastle	Ahmad Kamyab	Jim Li	Michael McCoy	Jennifer Olson	Catherine Rice	Thomas Smith	Jasen Torres
Andrey Diomidou	Michael Harmison	Jessica Kane	Amber Linn	Casey McDonald	Chris Ortiz	Eric Richardson	Minnie Smith-Keys	Jyoshu Tsushima
Kyle Downward	Cody Hartman	Selah Kang	Jaime Lopez	Antoinette McHerron	Nyawour Par	Nicole Ross	Kelli Snyder	Timothy Tucker
Each Easley	Zahir Harun	Zindzi Karluki	Jon Loutzenhiser	Alexander McKay	Devon Parks	Robb Ruben	Justin Sorenson	Desmond Turner
Jennifer Edmondson	Brandon Masley	Vivian Khatounian	Terrance Lowe	Cassandra Medina	Chandrakant poe	Michael Russell	Maria Sotnikov	Bryant Ullerich
Monte Edwards	Adam Hein	Hoffman Kim	Mirelle Luecke	Eric Melchart	David Porto	Rachel Saikaly	Amy Stuart	Joulia Vasseilieva
Carl Flagg	Timothy Holbrook	Matt Karmbeck	Ben Luna-Vazquez	Blake Millard	Bradd Quigley	Karem Salih	Angelo Taylor	Jordan Walker
Paul Galligan	Kim Holliday	Jurah Krivda	David Lunsford	Jerri Mimes	Mark Rabideau	Scott Savely	Andy Thomas	Ying Wang
Matt Grimstad	Larry Hopkins	Min Kyung Kwan	Jessica Manchester	Santana Morgan	Travis Ramsey	Greg Scallon	Matthia Thompson	Rishan Ware
Brian Guillion	Shingai Hove	Sheena Larson	Ulysses Martinez	Todd Morrison	Adam Raya	Victoria Schoenman	Randy Thompson	Kyle Wilson
De Habhab	Katelyn Jeong	David Leathers	Liliana Marta	Jennifer Munday	Jenny Register	Navneet Sharma	Sebastian Thompson	Elizabeth Wong

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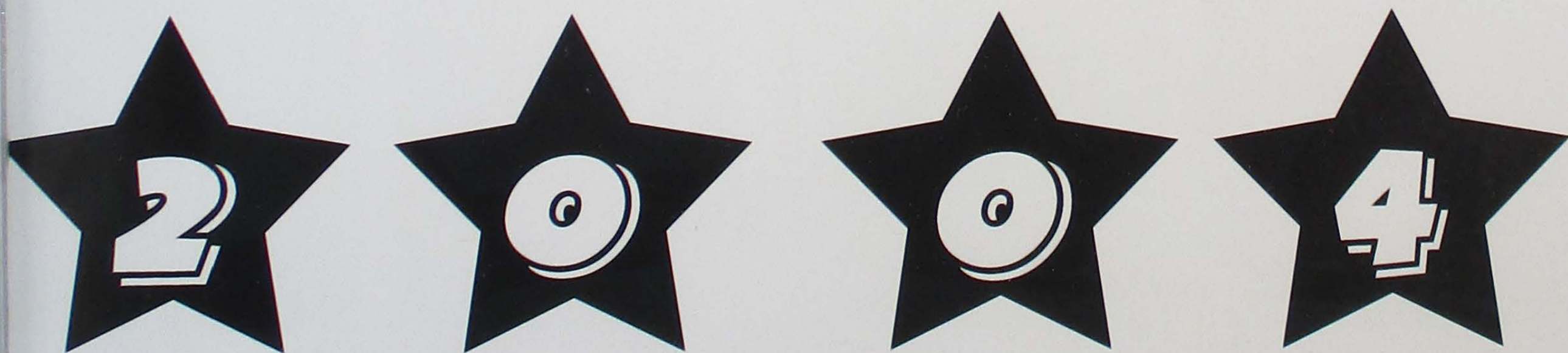
SENIORS



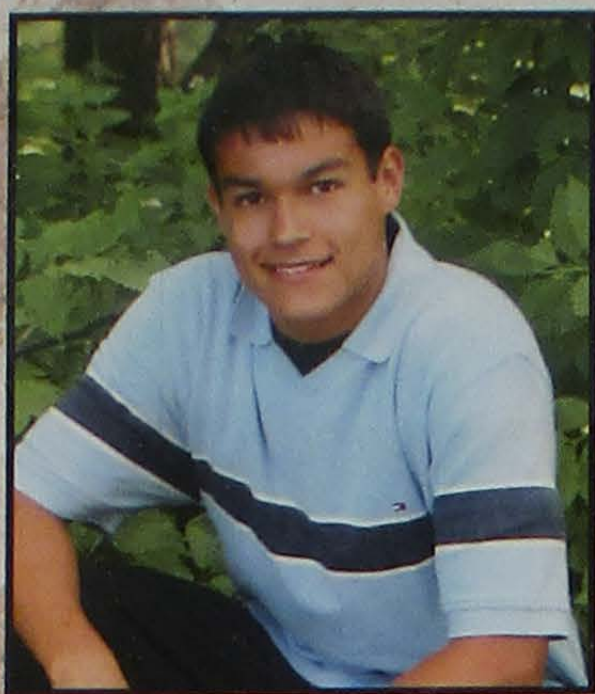
In ourselves our future lies. In ourselves our future
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lies.

ourselves our future lies

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SENIORS



Bryan Ackerman



Laura Alexander



Alissa Anderson



Frances Anderson



Annie Apatiga



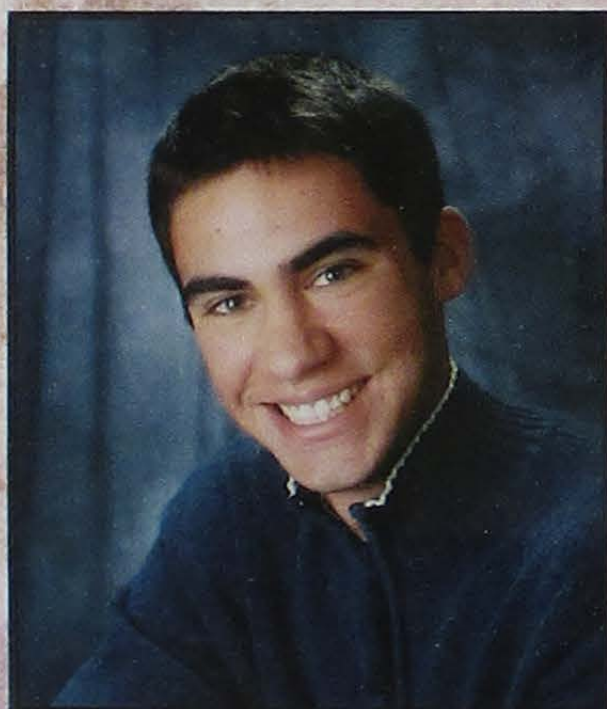
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Colleen Armstrong



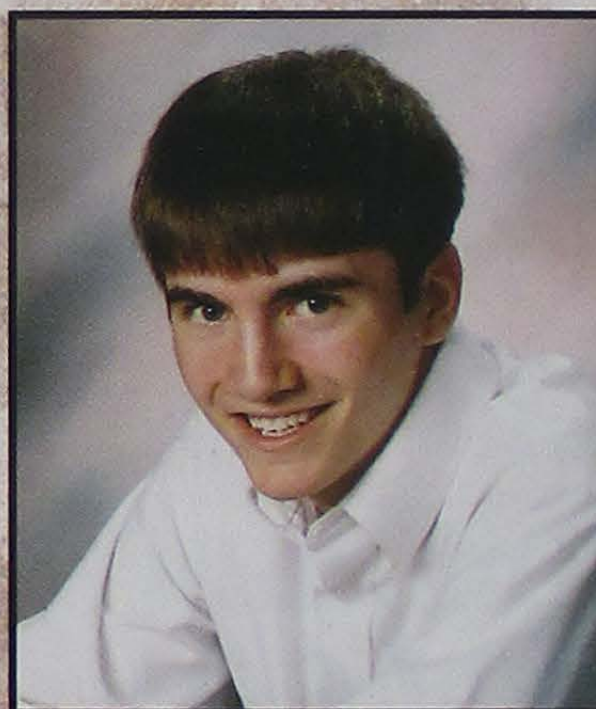
Shivgami Arora



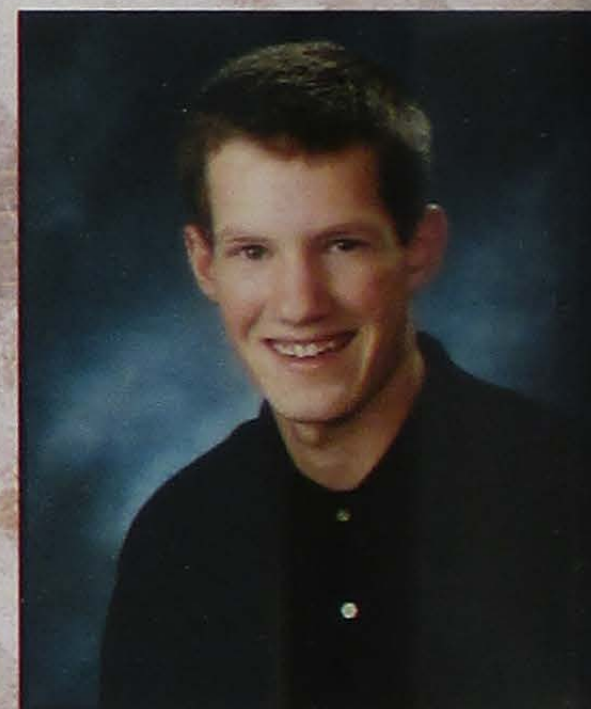
Jake Babcock



Amy Bader



Tyler Bailey



Andrew Balough



Bailey Barnard



Megan Barnes



Amy Barrett



Tyler Barrett

SENIORS



Lisa Bassett



Katie Bates



Megan Baughman



Jeffery Becker



Jonathan Bell



Ronna Belz



Brandon Berg



Kelli Berg



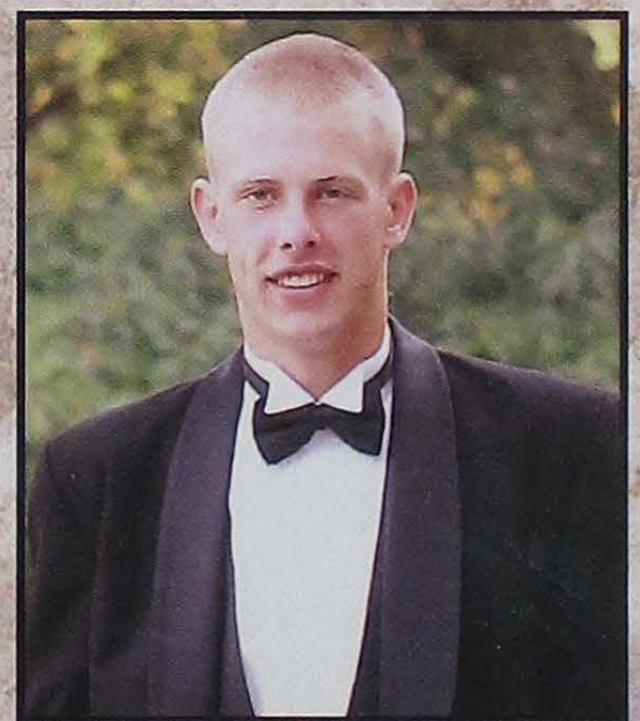
Anu Biswas



Cortney Boelman



Sarah Bohn



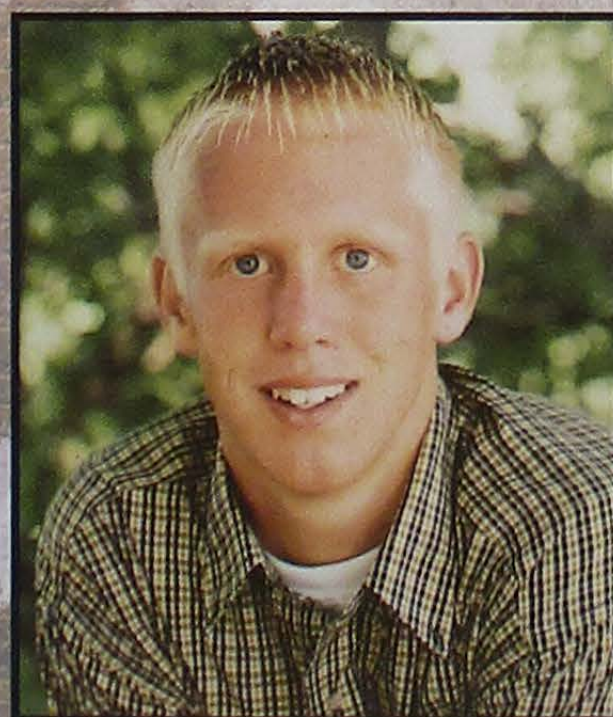
Eric Bokhoven



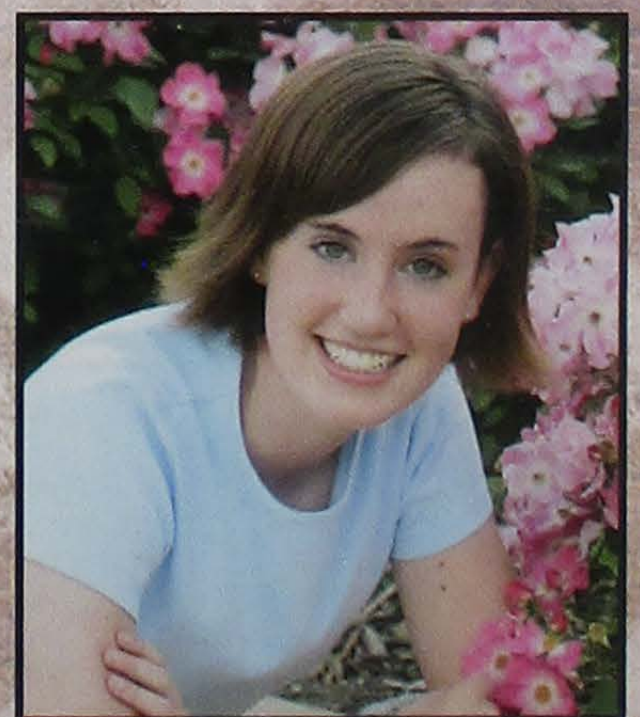
Debra Borcharding



Seth Bowen



Tyler Braland



Jackie Brannan

SENIORS



Chad Brenner



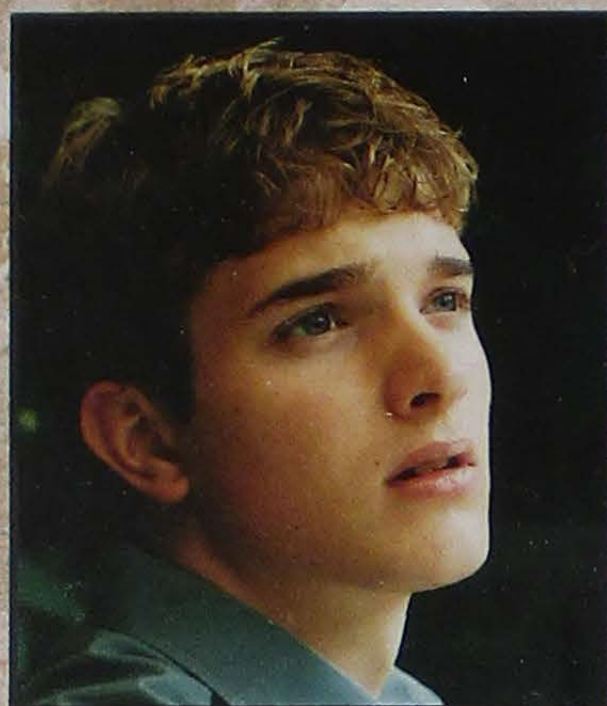
Suzanne Bretz



Emma Bryant



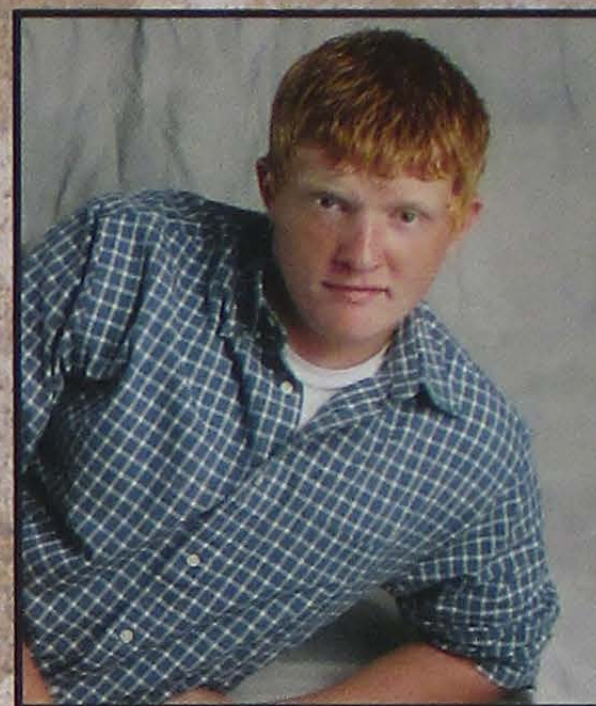
Stacia Buck



Mark Bullen



Robin Bullock



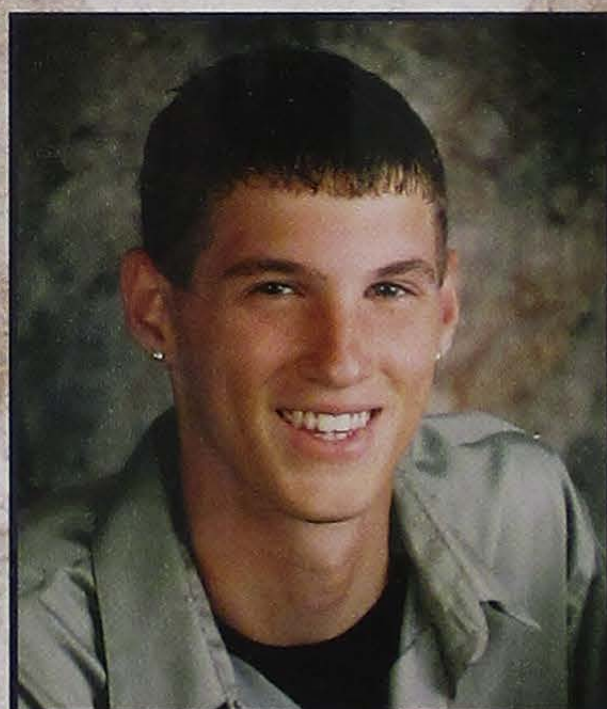
Cody Burgdoff



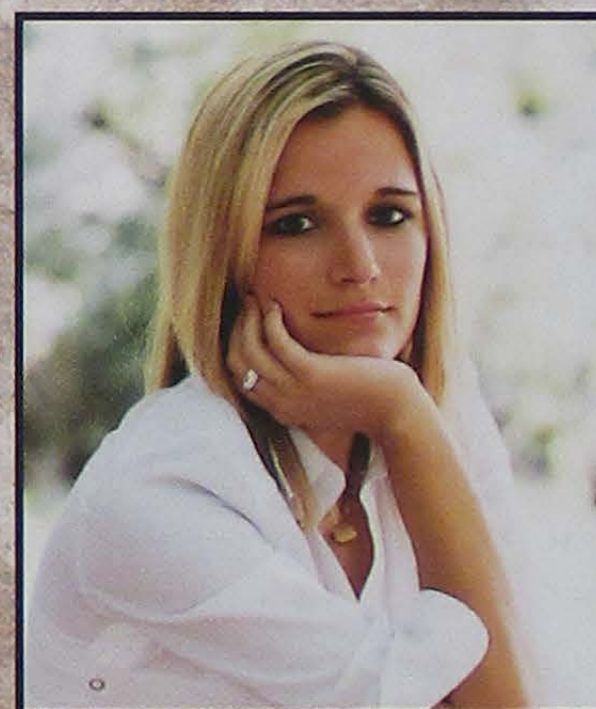
Cody Burns



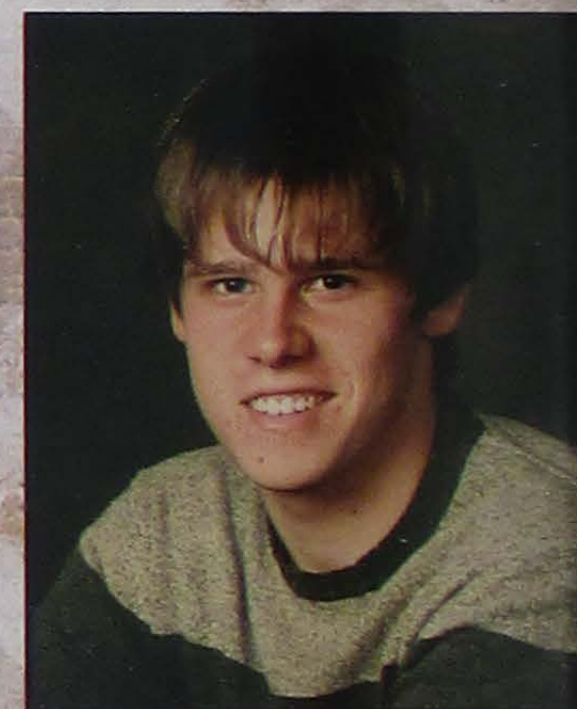
Kelly Butler



Brandon Buzzell



Christen Calentine



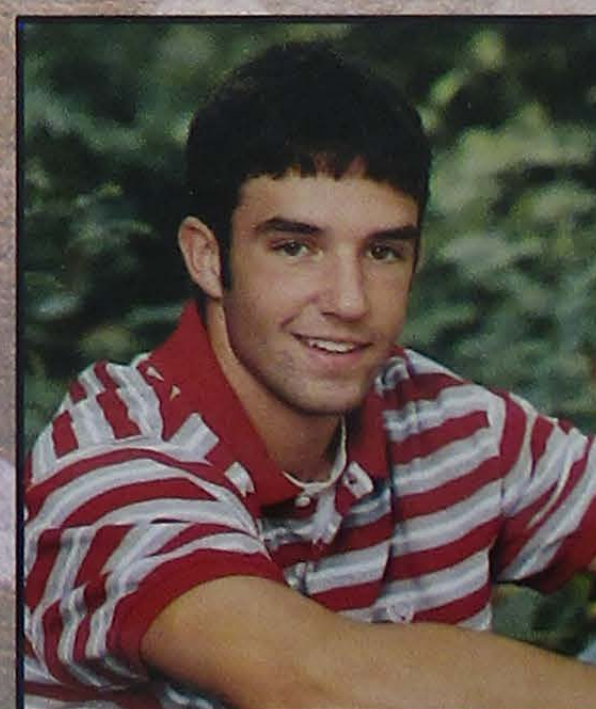
Brandt Carlson



Molly Carpenter



Lissa Catus



Brandon Chick



Luke Chittenden

SENIORS



John Chrisinger



Kyle Christiansen



Daniel Christensen



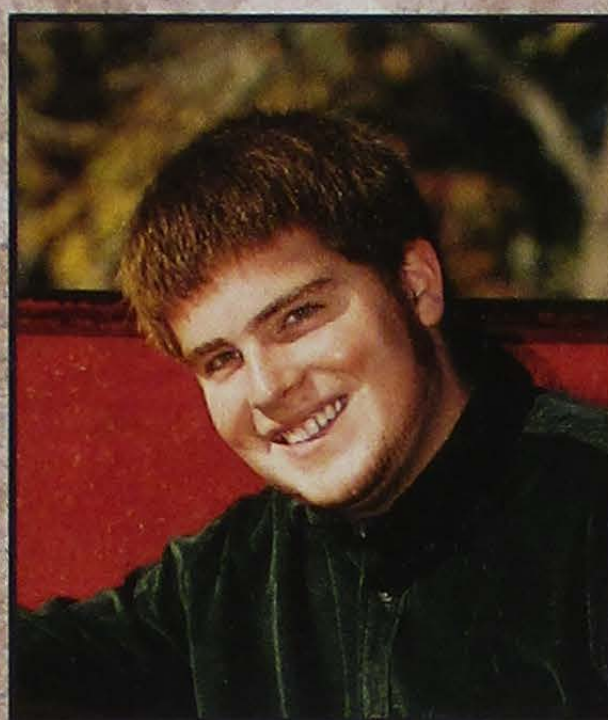
Denise Clark



Lindsey Coady



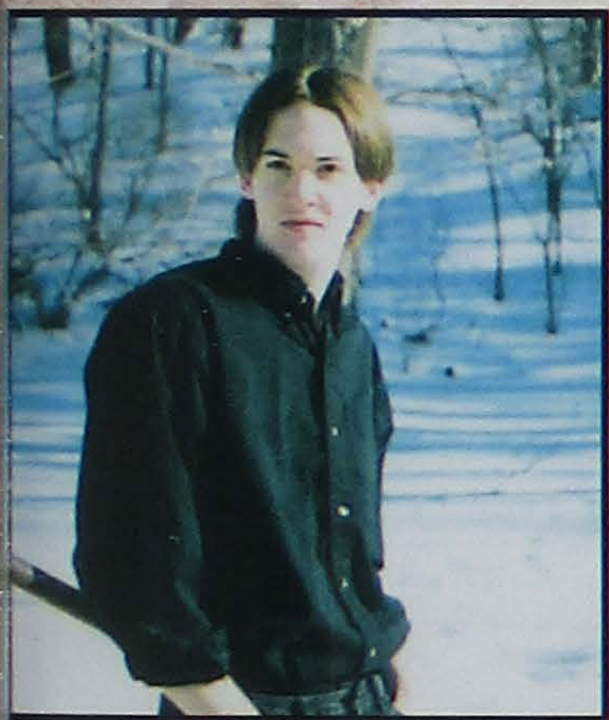
Emily Cohea



Grant Cooper



Anna Cowan



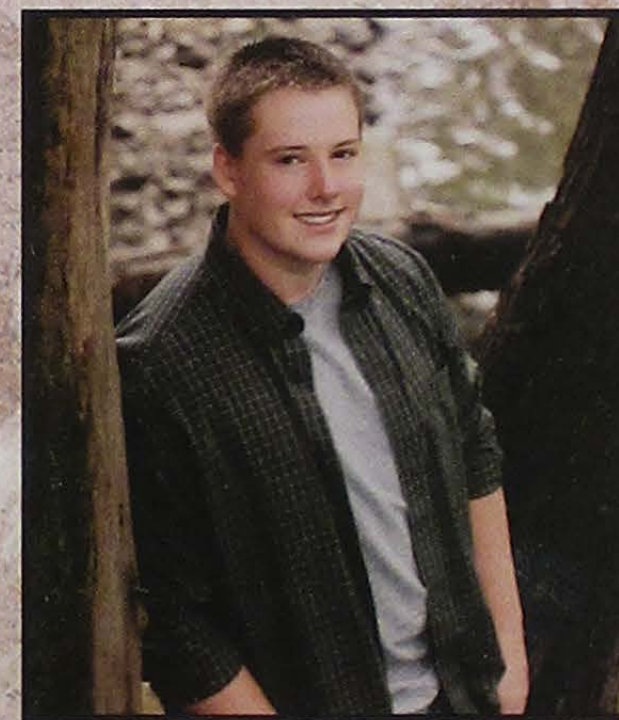
Travis Crawford



Shannon Cross



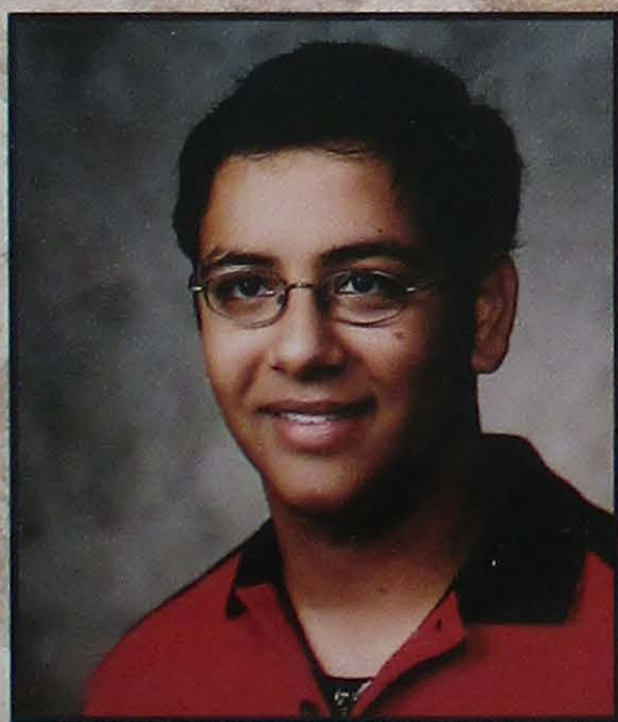
Chad Cullinan



Ryan Davis



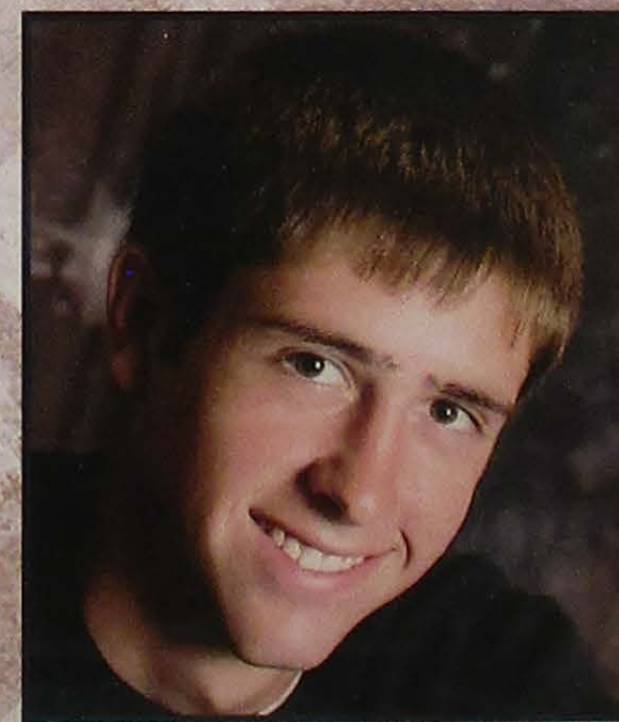
Samantha Davis



Tushar Dayal



Alison Deiter



Nick DeKovic

SENIORS



Meghan Dilks



Jake Dobberke



Anna Domoto



Jeremy Downs



Anne Dressler



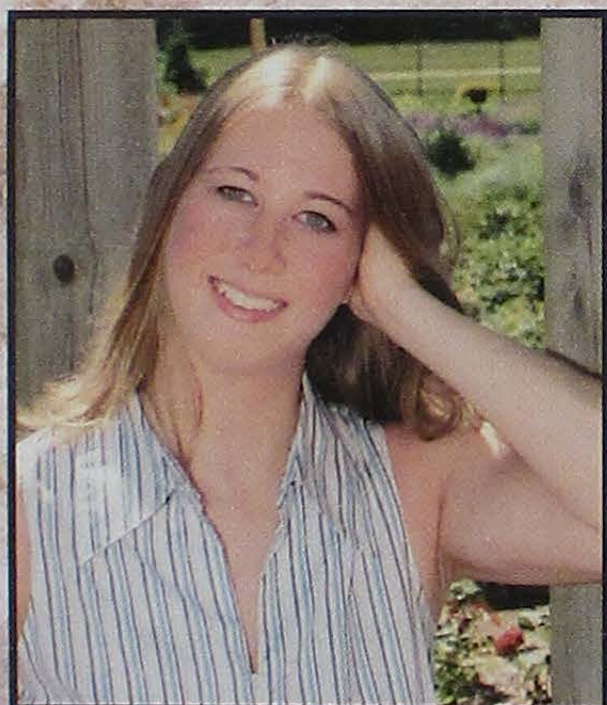
Kara Drzycimski



Jaclyn Duden



Andy Duffelmeyer



Megan Edwards



Drew Eichorn



Carmen Elliott



Rachel Endreland



Tim Erbes



Jessalyn Estill



Stacy Evans



Jessie Ewald

SENIORS



Stephanie Ferguson



Jessica Fickbohm



Aaron Foley



Suzanne Forbrig



Kari Foster



Andrew Fowler



Keighley Fowler



Sara Freeman



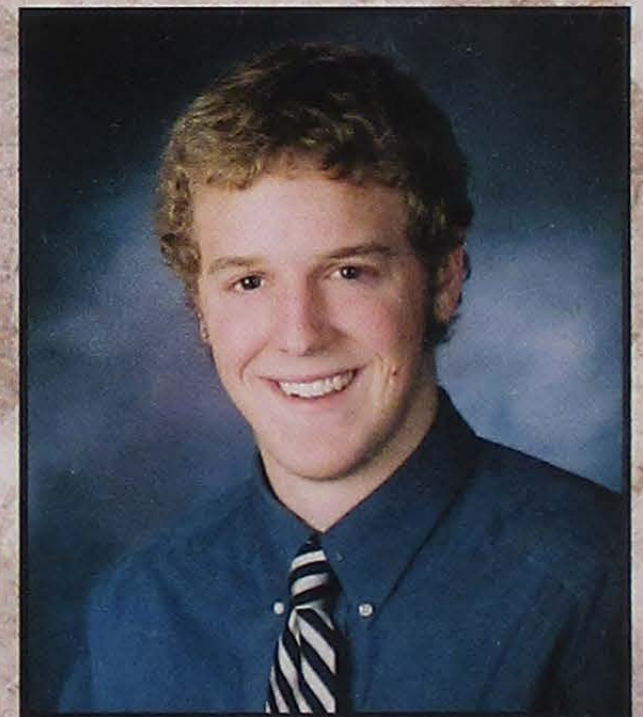
Franklin Fuller



Jackie Gard



Sarah Gaunt



Stephen Gerbracht



Elizabeth Geske



Beth Gibbons



Michael Gill

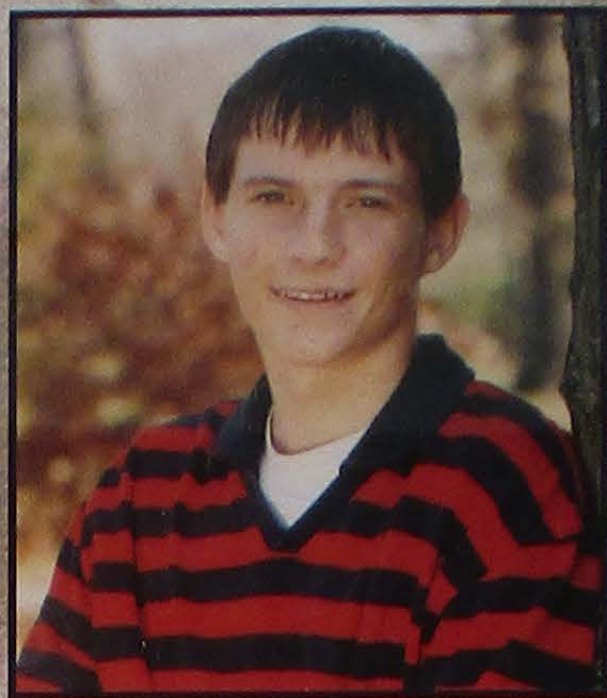


Ashley Gilmore

SENIORS



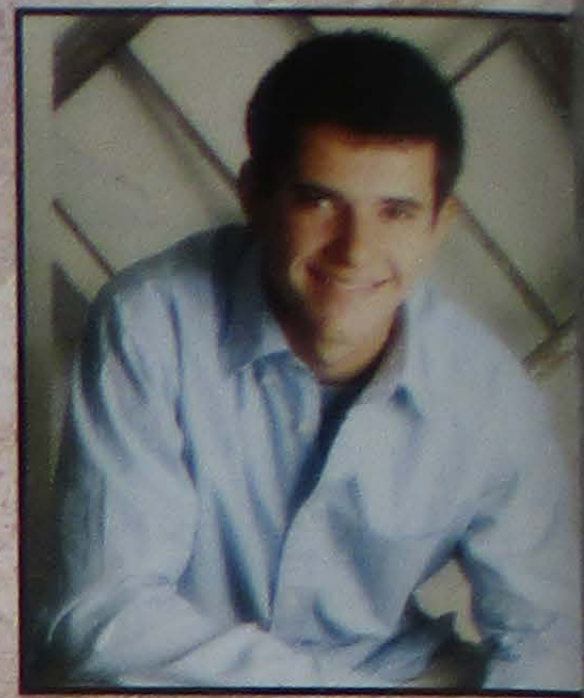
Rachael Gonzales



Blake Graham



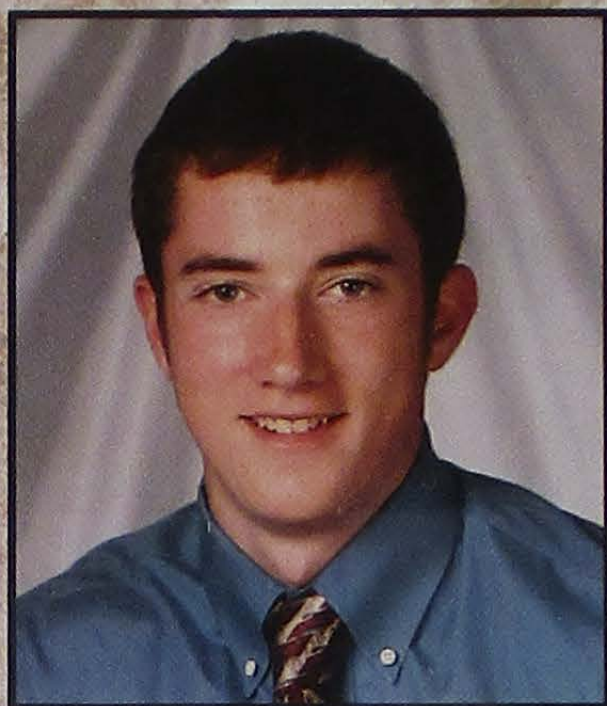
Heidi Grove



Ryan Guffy



David Gustafson



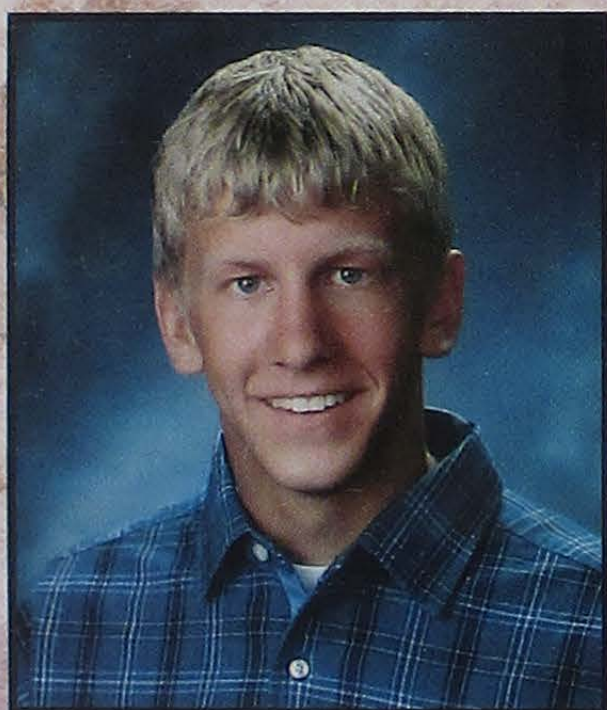
Danny Hallihan



Tess Hannapel



Sarah Hansen



Ben Hanson



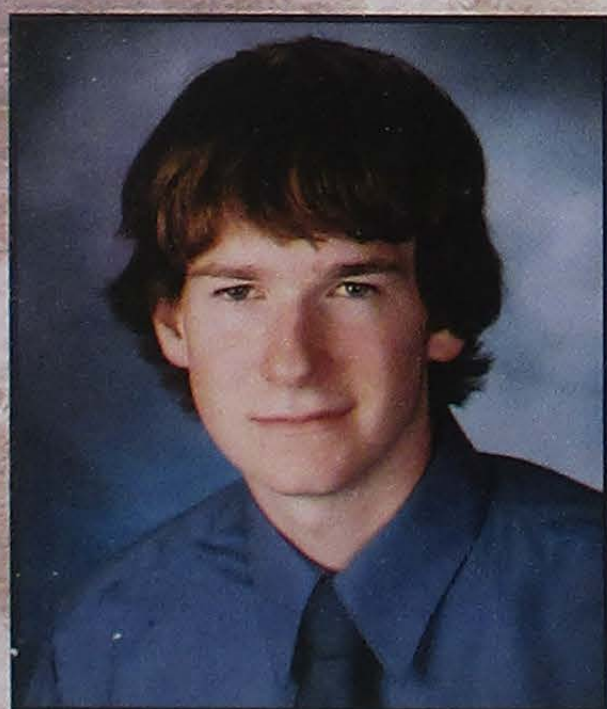
Mathew Harder



Ashley Harding



Chris Harris



Joel Harris



Nadia Hashemi-Toroghi



Kristopher Hasstedt



Jonathan Haugo

SENIORS



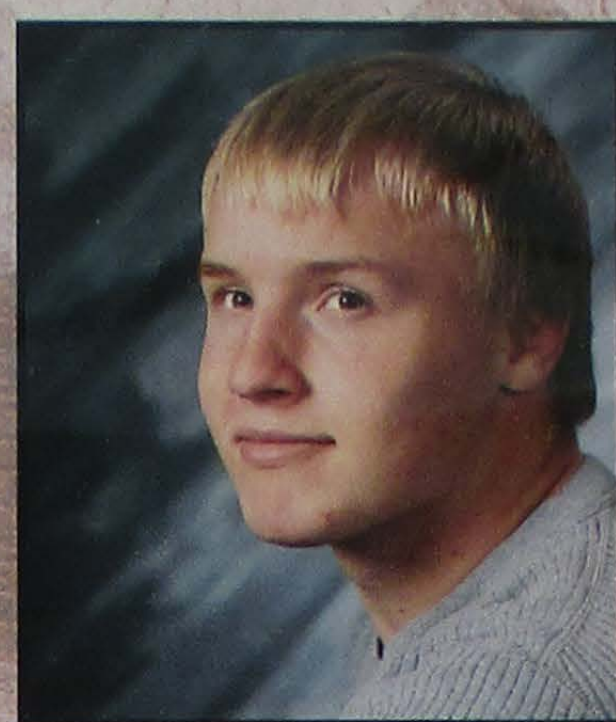
Traci Hawley



Andrew Heilgenthal



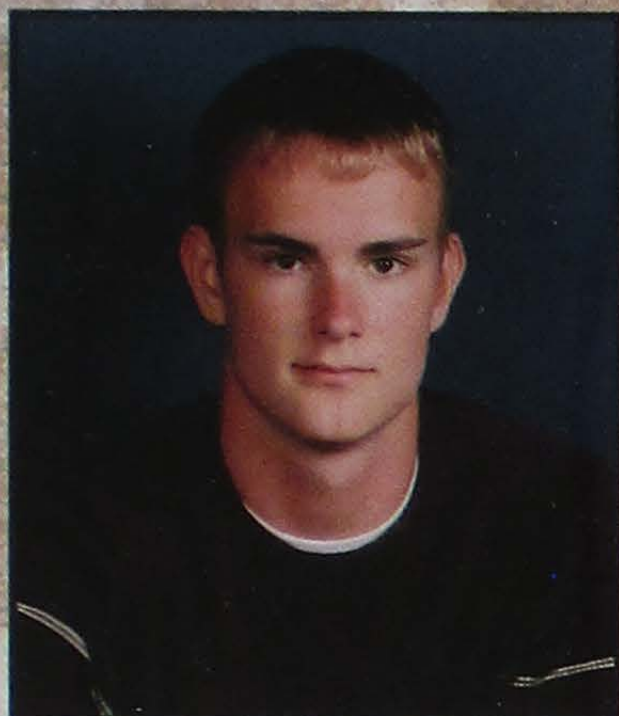
Mindy Heitzman



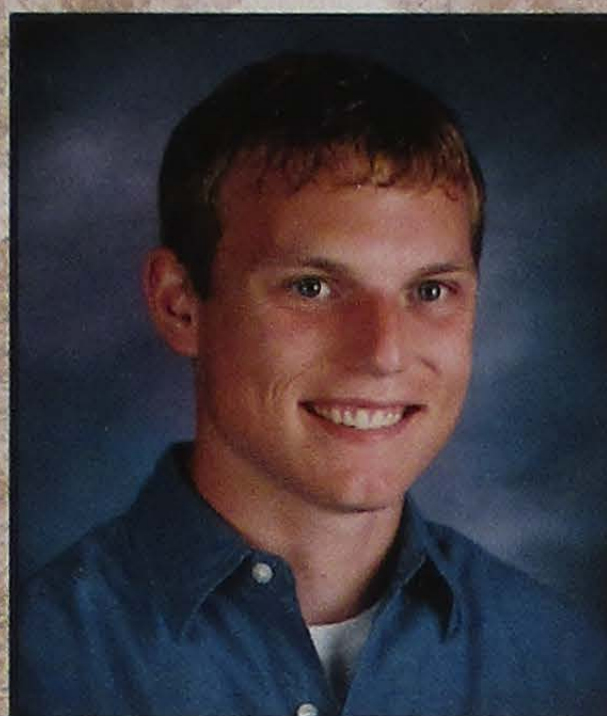
Ryan Henriksen



Nicole Hepperle



John Herriges



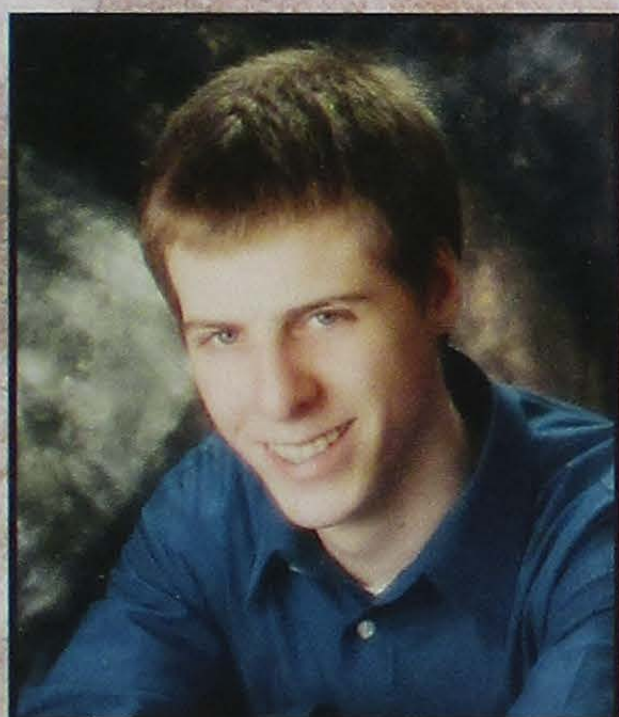
Justin Hesar



Veronica Hindt



Ashley Holland



John Homstad



Eve Honeyman



Jordan Hoshor



Zach Hostetter



Emily Houge



Candy Huffman



Jason Jackson

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Russell Jackson



Muji Jacobsen



Stephanie Jarnagin



Mark Jensen



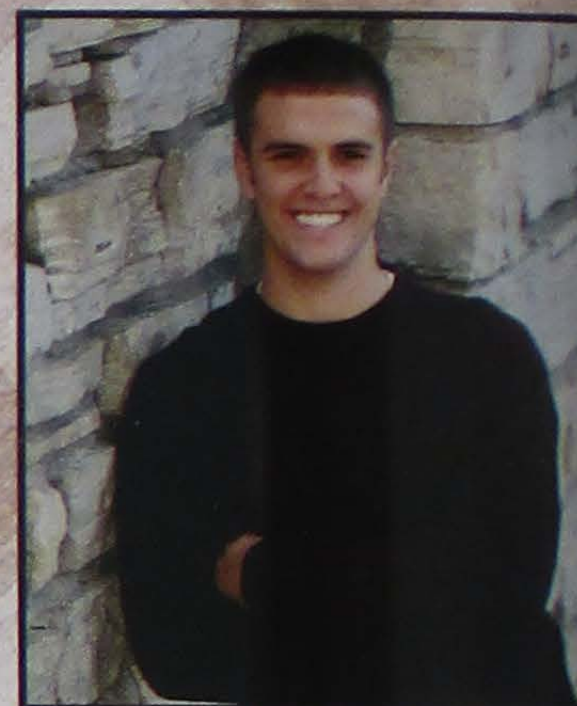
Christina Johannes



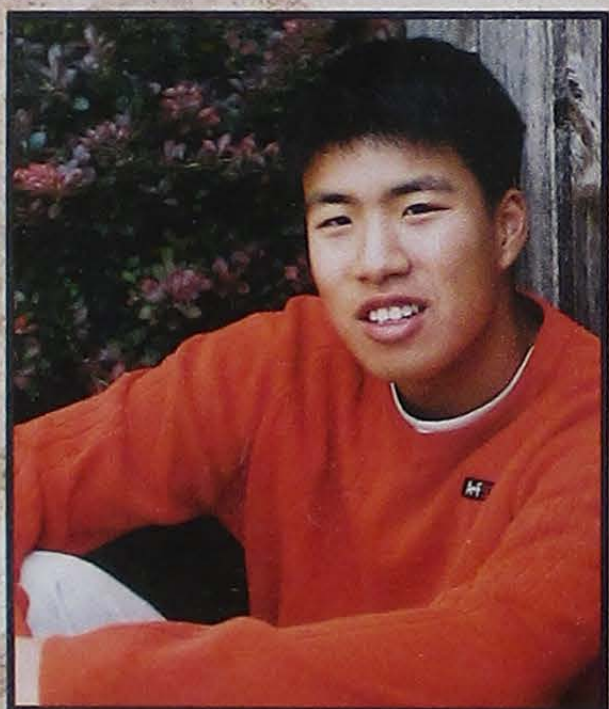
Laura Johnson



Stephanie Jones



Travis Jones



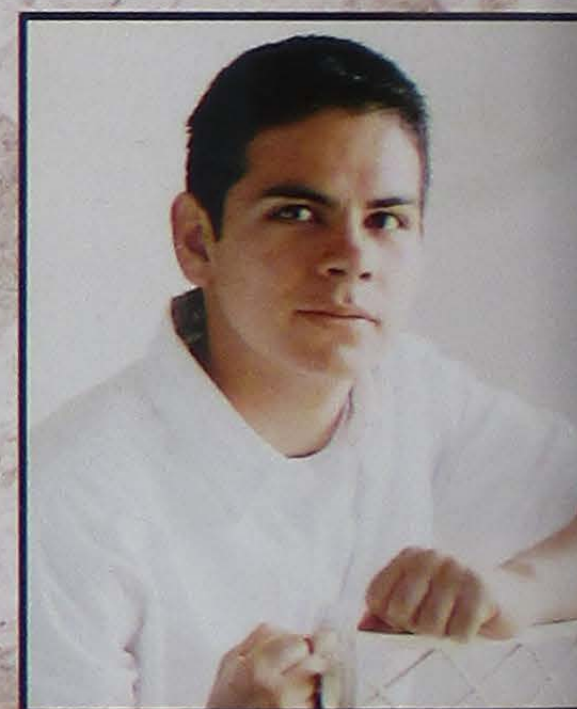
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Samantha Kapaun



Rachel Kapke



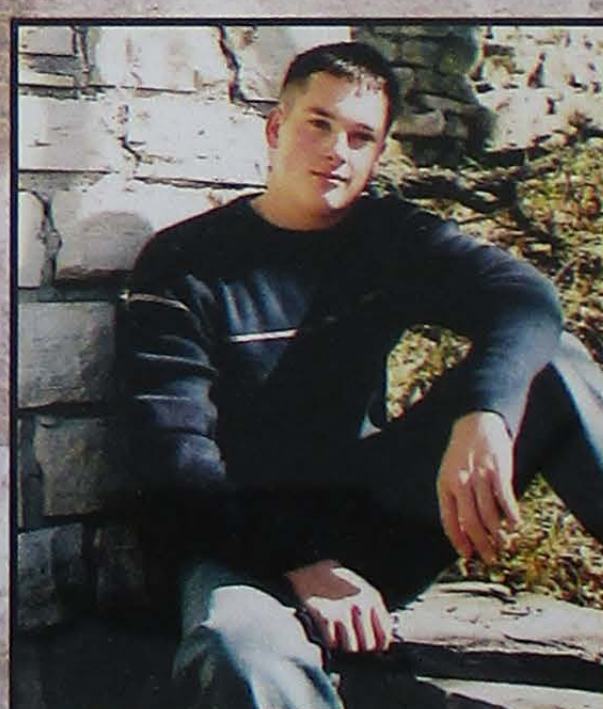
Julian Kassis



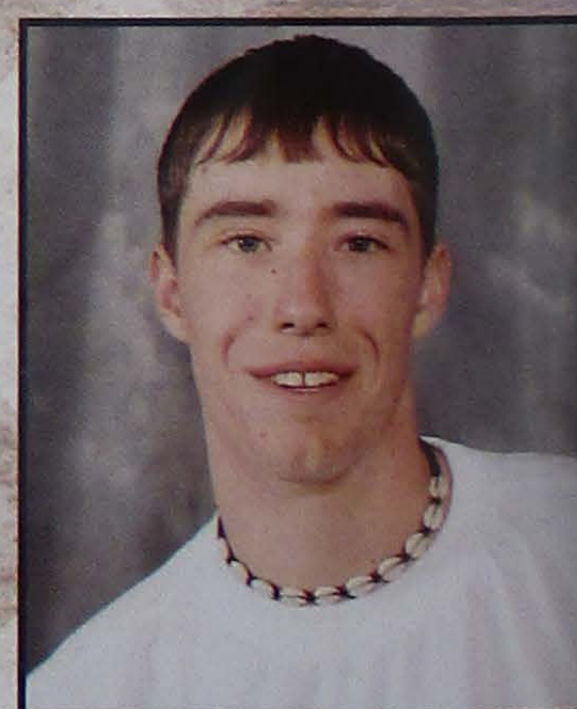
Paul Kearney



Jessica Keefe



Oliver Keeling



Devin Kelly

SENIORS



Anna Kemis



Hangyul Kim



Laura Kim



Megan Kingsbury



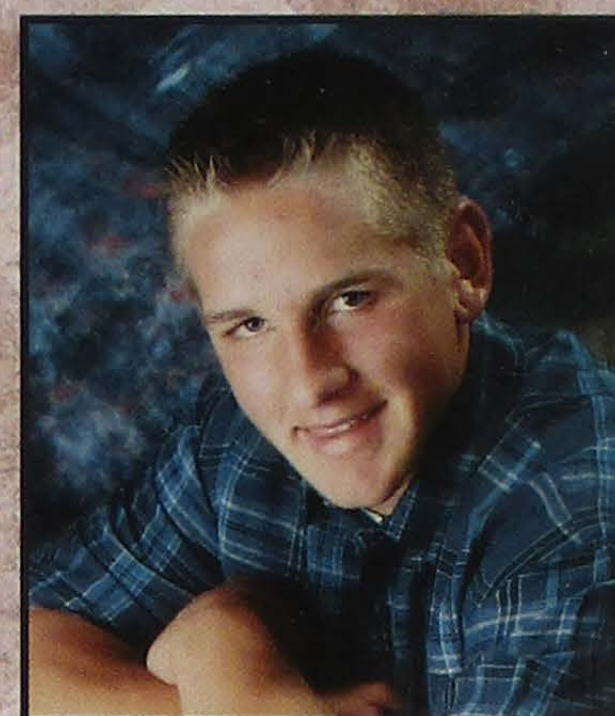
Sarah Klinkel



Nick Kluesner



Katie Knapp



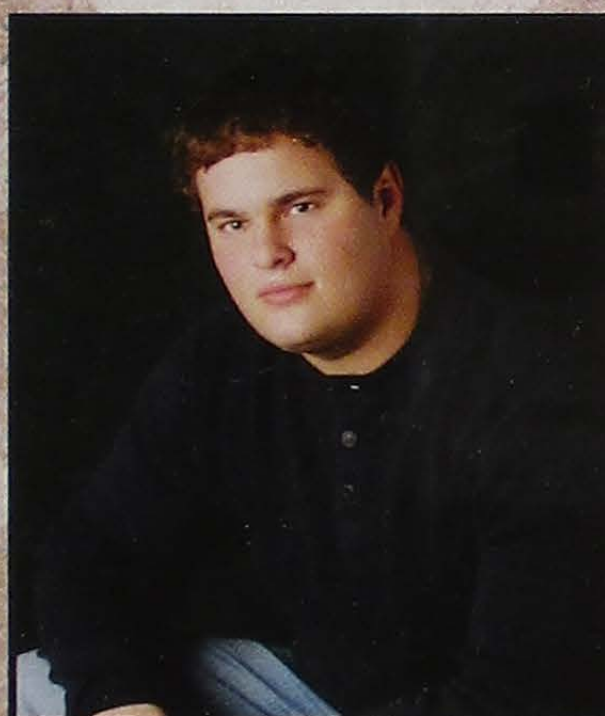
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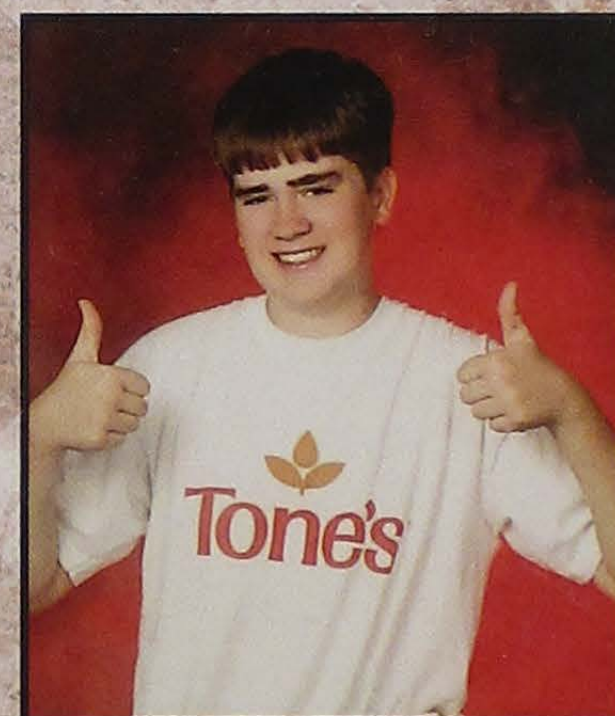
Caitlyn Knuth



Rachel Koch



Mikhail Kolosov



Scott Koranda



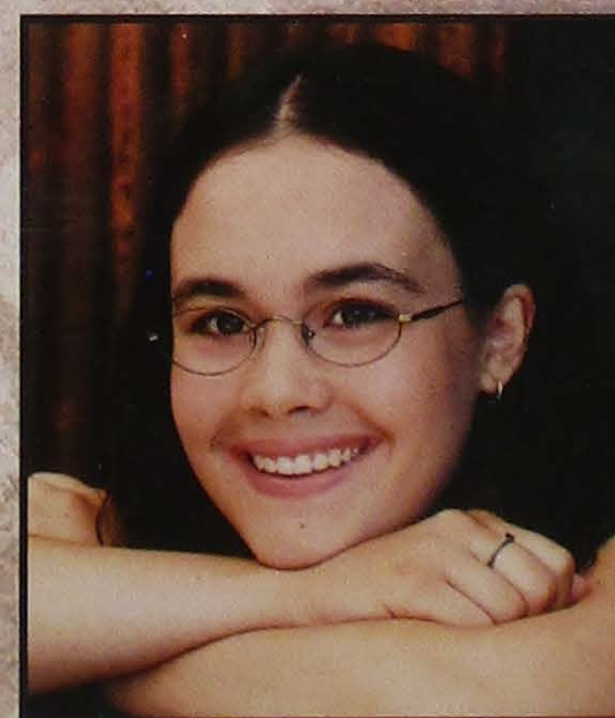
Deepika Kunapuli



Kay Marie Lamar



Andy Lamont



Britta Larson

SENIORS



Deanna Lassegard



Matt Lambert



Eric Ledet



Justin Lewis



Zhen Ni Li



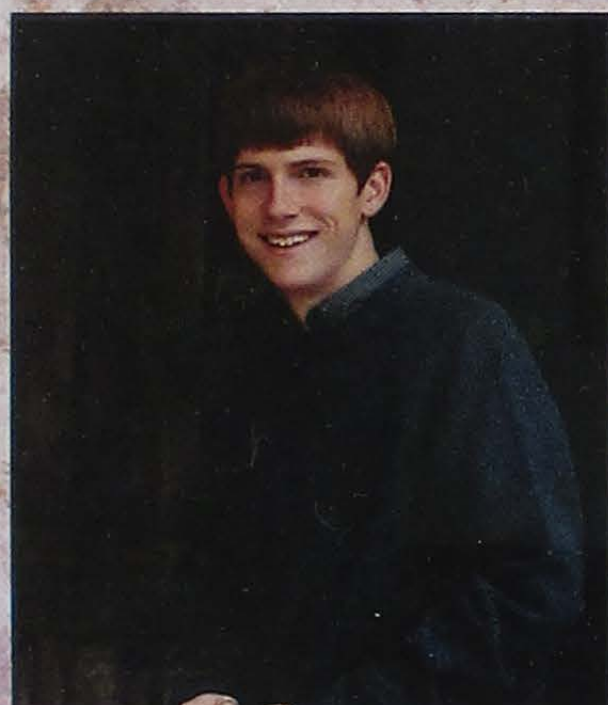
Seth Levings



Sarah Litwiller



Allison Lodermeier



Joel Loes



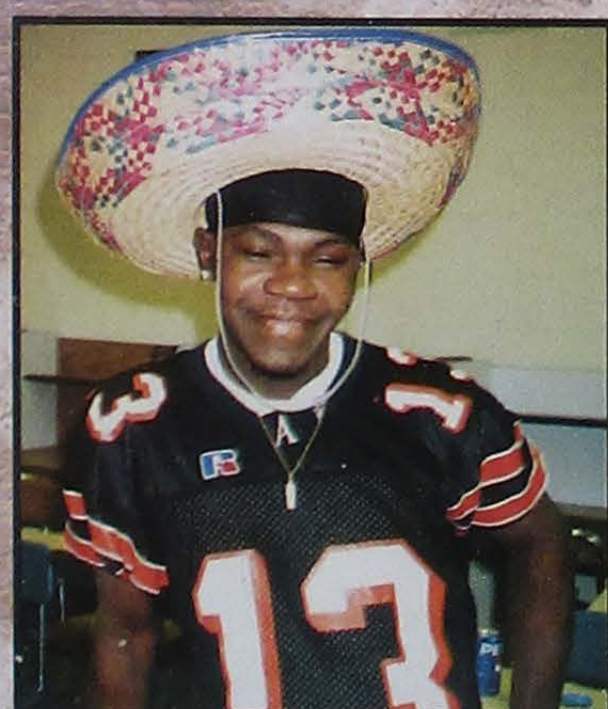
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Emily Lowry



Kari Lubow



James Lacy



Katie Lutz



Neil Lutz

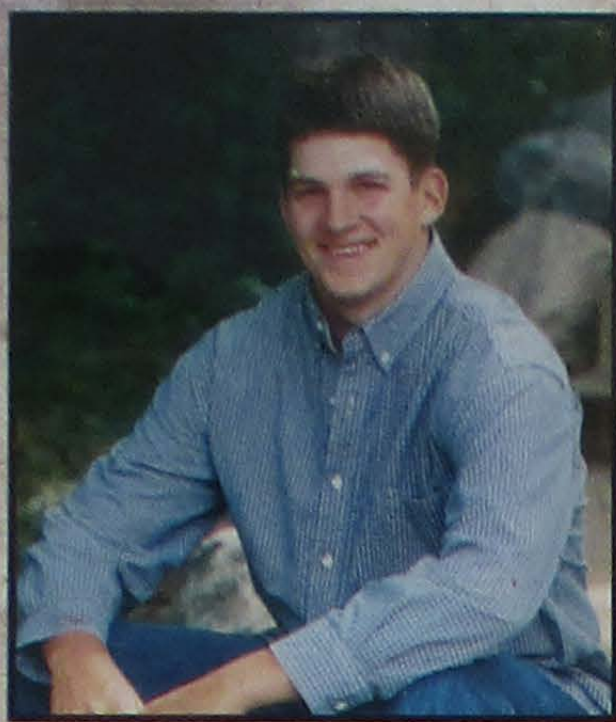


Jessica Maher-Lewis

SENIORS



Patricia Mangaudis



Ben Marsden



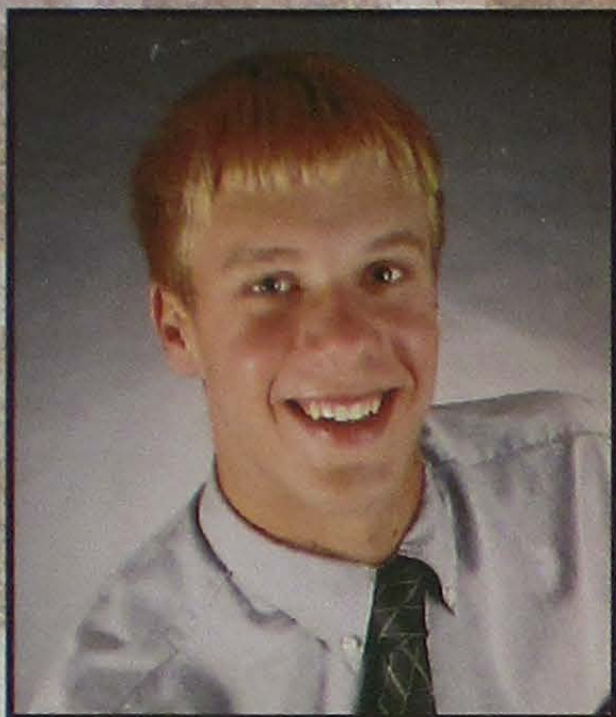
Alicia Martin



Kai Martin



Matthew Martens



Brett Maysent



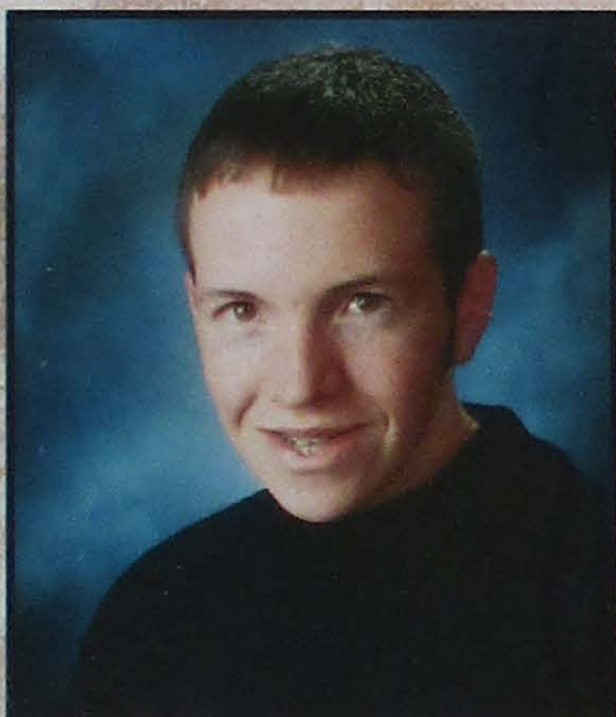
Dan McClanahan



Christina McClelland



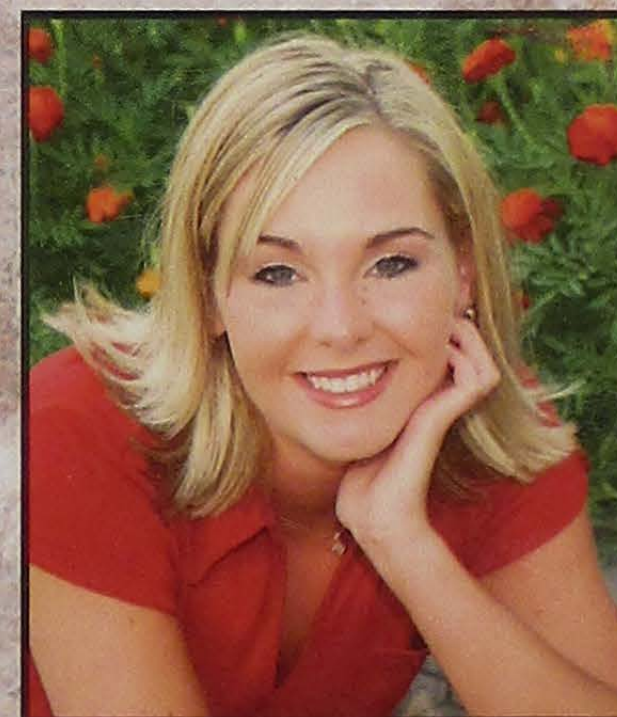
Cassandra McConkey



Eric McDonald



Luke McDuff



Jacklyn McEachran



Charissa Miller



Claire Miller



John Misra



Timothy Mitchell

SENIORS



Allison Mohlke



Raathai Molian



Alyssa Moore



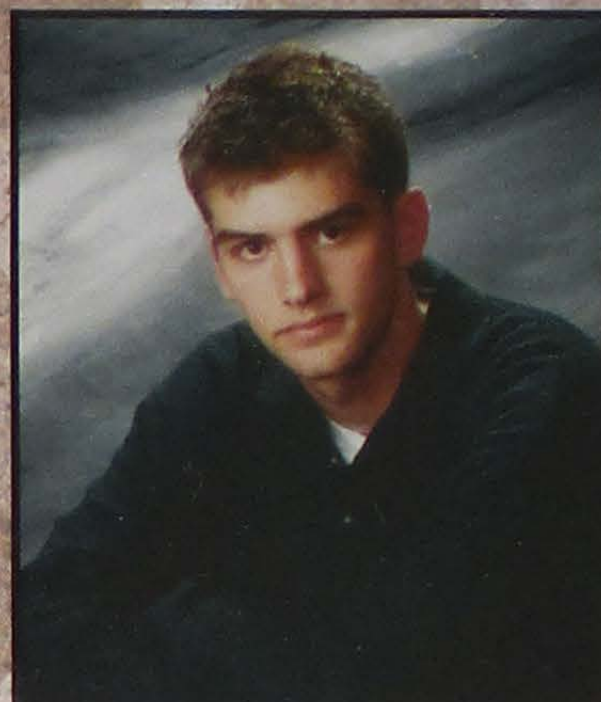
Emily Morris



Romila Mukerjea



Helen Myers



Dylan Nelson



Harmony Nelson



Stephanie Nelson



Mark Newton



Sidhartha Nilakanta



Kristin Noack



Katie Norlin



Ryan Norlin



Wesley Norris



Brooke Novey

SENIORS



Dariela Ochoa



LeeAnna Olson



Nathaniel Oster



Emi Oyama



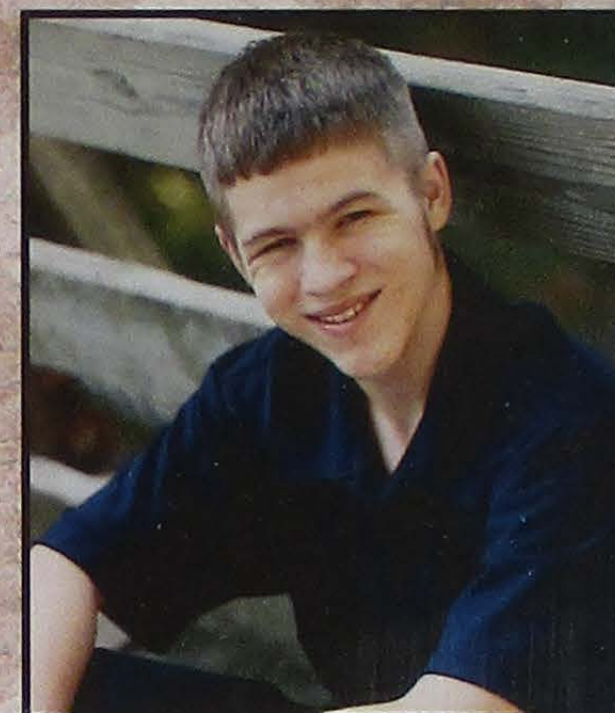
Pierre Palo



Hannah Park



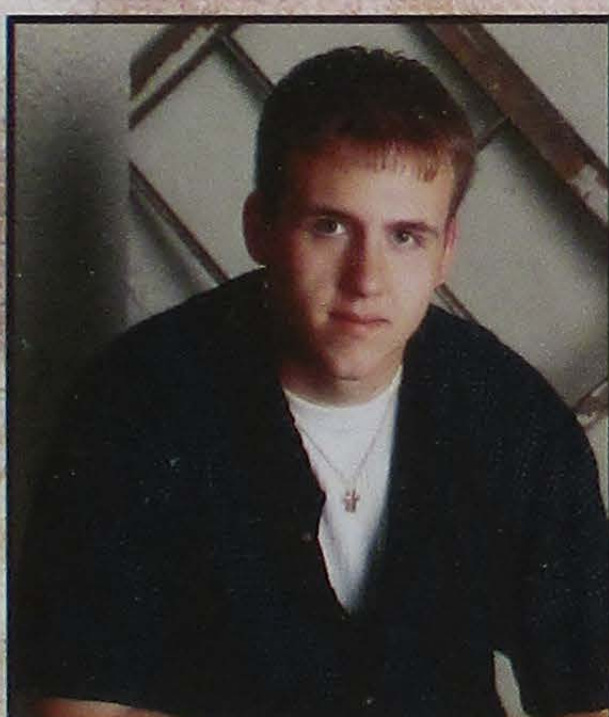
Jonathan Park



Nick Paul



Maureen Petersen



Brad Petersen



Mitchell Pick



Melissa Pierce



Jessica Polich



Kate Polush



Kraig Popelka



Laura Pospisil

SENIORS



David Prater



Kara Prior



Jenna Pritchard



Heidi Purcell



Rebecca Raab



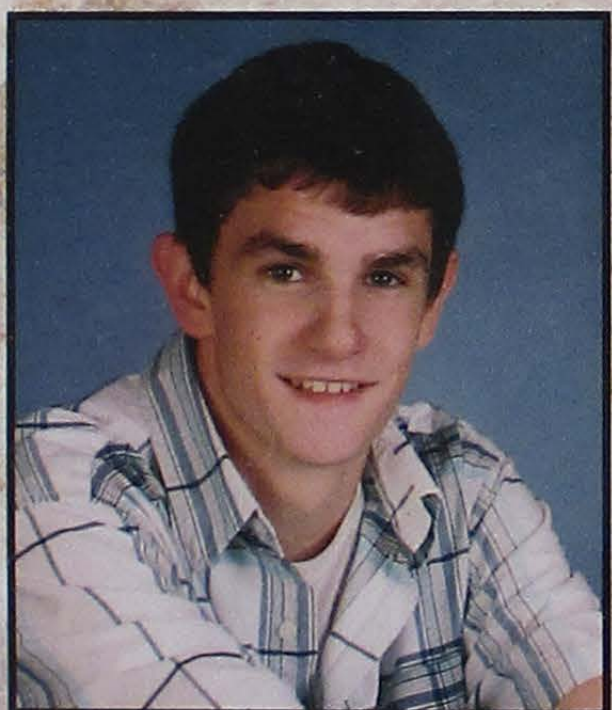
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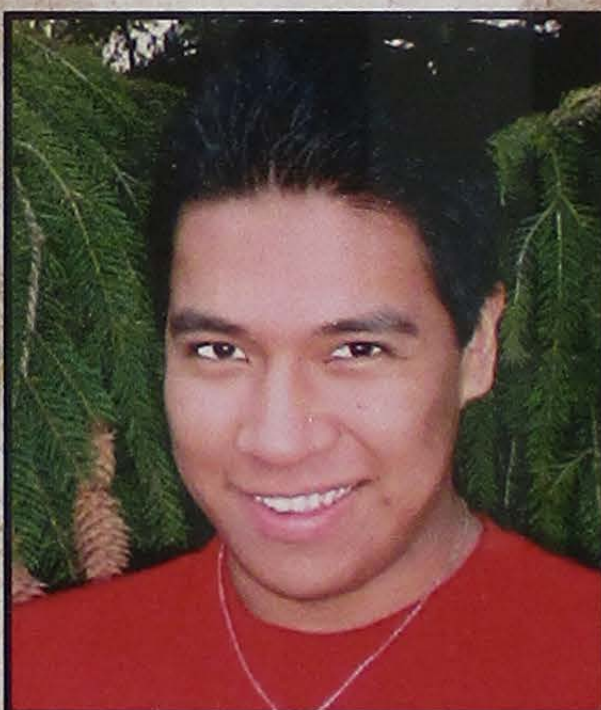
Torey Ready



Eric Redmond



Sean Retz



Raphael Reyes-Juarez



Carly Riecken



Beth Rients



Jimmy Roach



Valerie Roarck



David Roberts



Matt Rohlf

SENIORS



Nathan Rollenhagen



Hannah Rothmayer



Leah Ruggle



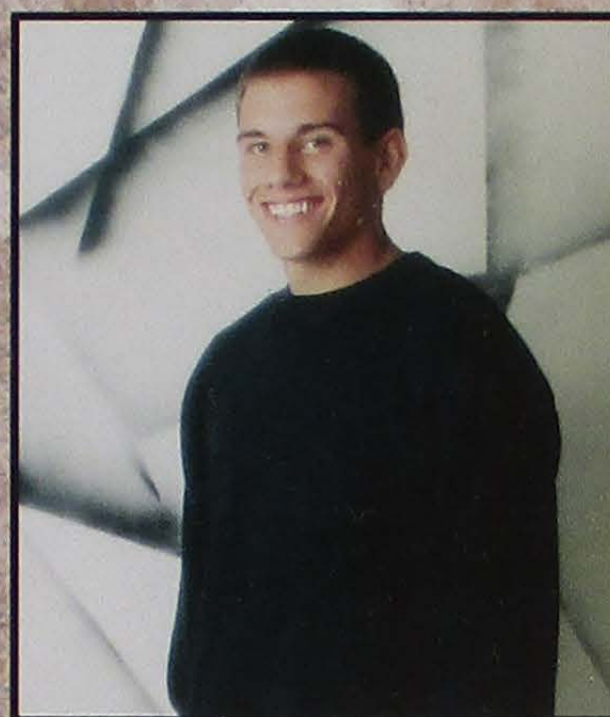
Kristen Russell



Meredith Scanes



Andrea Schliesman



Brad Schmidt



Laura Schoelkoph



Jennifer Scoles



Matthew Secrist



Elizabeth Sharpe



Brandon Shaw



Elizabeth Shehorn



Emily Shehorn



Tom Sherman



Morgan Siefert

SENIORS



Travis Simpson



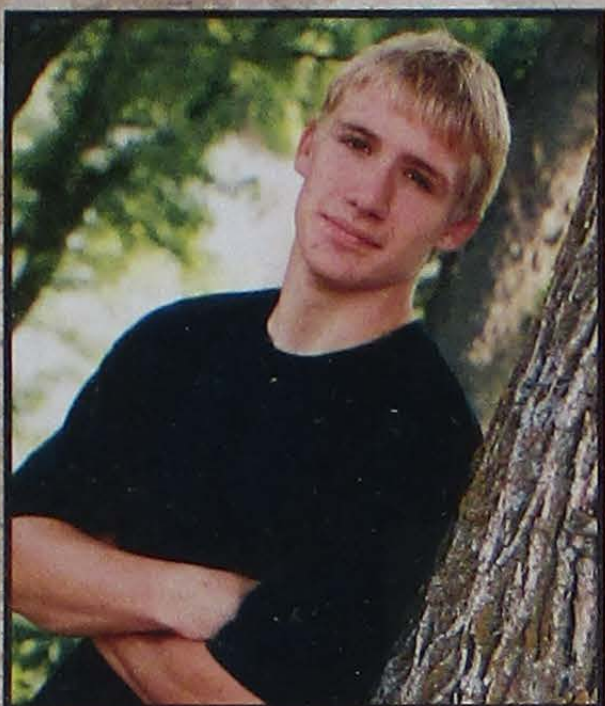
Lydia Smith



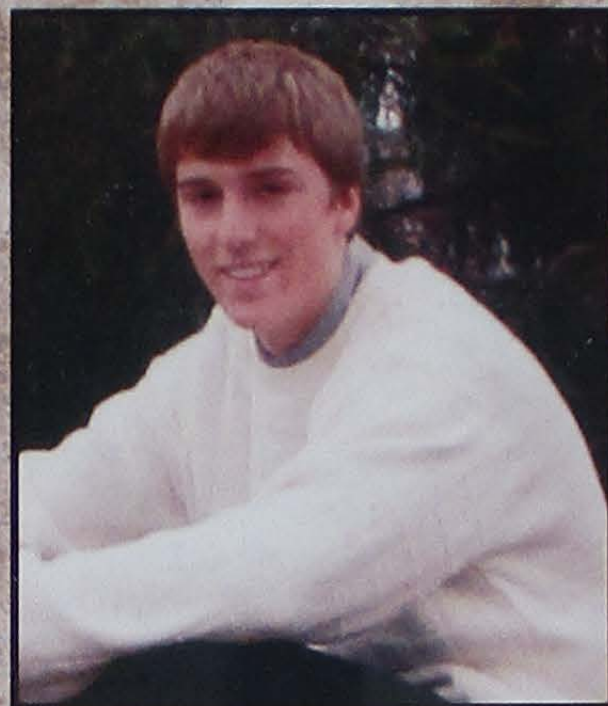
Matthew Sommers



Ashley Sornsen



Matt Sorenson



Travis Stair



Ben Staniforth



Emily Stark



Kristine Stasko



Joe Stigler



Danielle Stoops



Brooke Strickler



Alyssa Sturm



Jung Suh



Brent Swanson



Meredith Talbert

SENIORS



Michael Tamashunas



Kai Tanaka



Travis Taylor



Erin Thatcher



Kelsey Thien



Amanda Thomas



Alex Thompson



Trisha Thompson



Ashley Tucker



A.J. Turner



Emily Tuttle



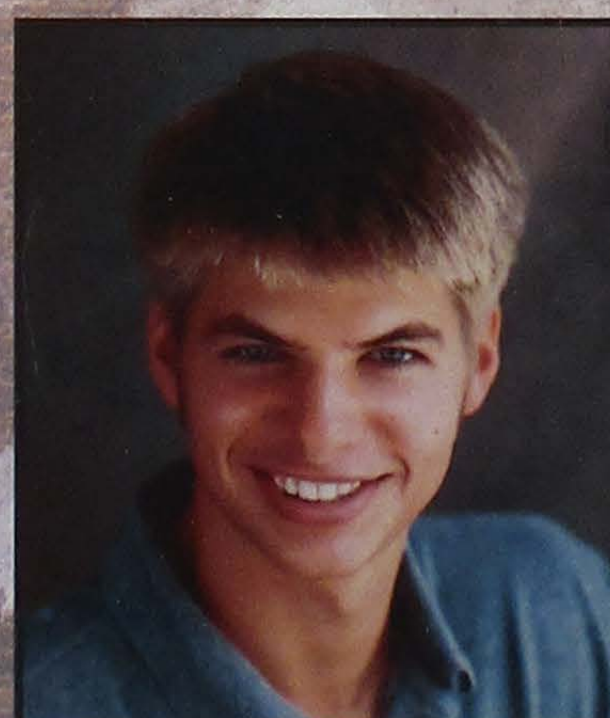
Cherith Tyler



John Tyler



Vinayak Vittal



Steve Volcko

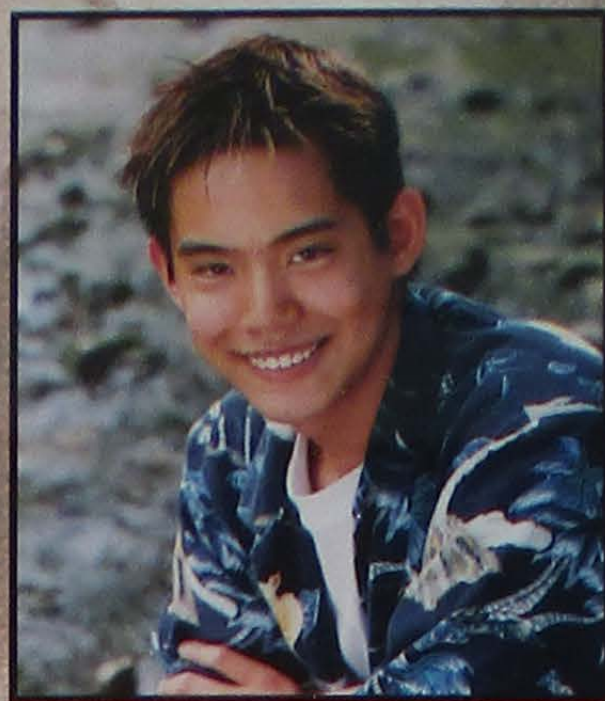


Andrea Vos

SENIORS



Margaret Wade



Jason Wang



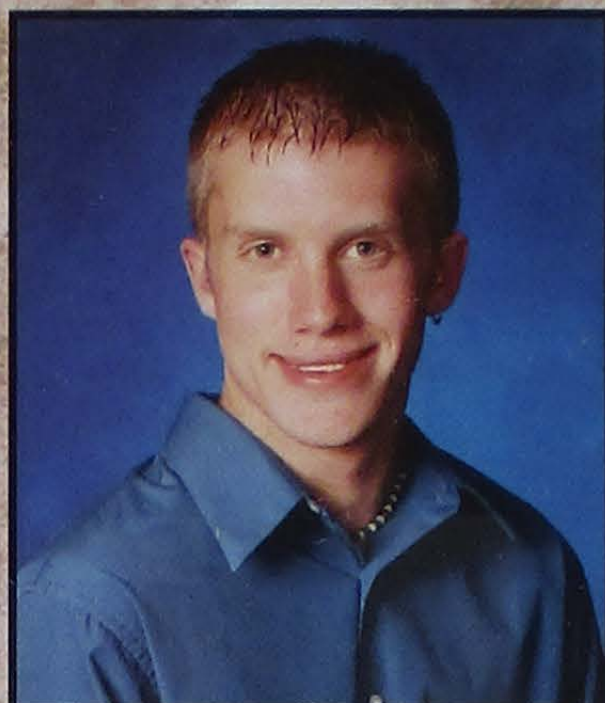
Bethany Wagner



John Wagner



Samantha Wakefield



Kyle Walker



Jeff Wall



Elizabeth Wandling



Ashleigh Ward



Ashley Ward



Ben Ward



Arriel Wayne



Charlie Weber



Nathan Weiss



Lori Welch



Darren Wheeler

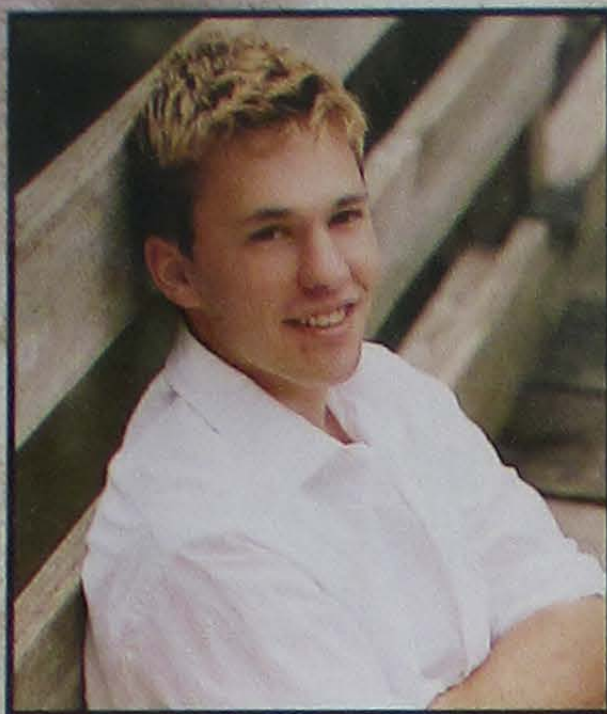


Shea Prueger

SENIORS



Thomas White



Ethan Whited



Audrey Wiedemeier



Ashley Wiegand



Brittany Wierson



Chris Williby



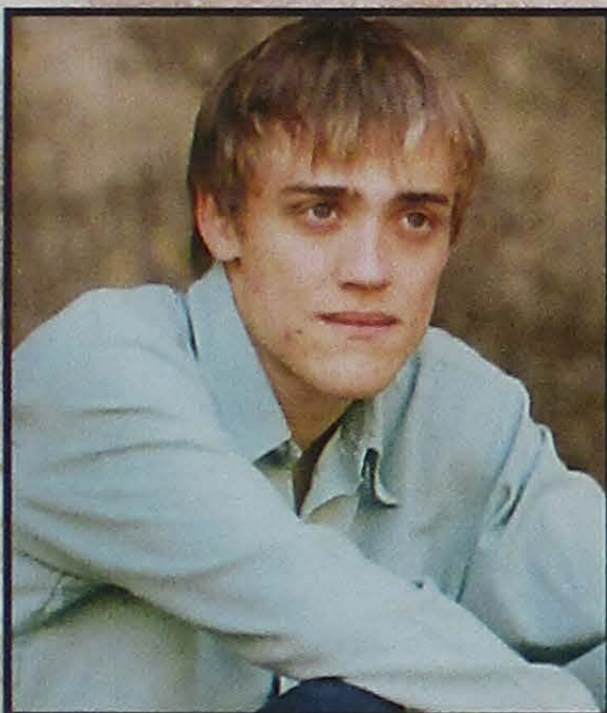
Ashley Wilson



Diane Wilson



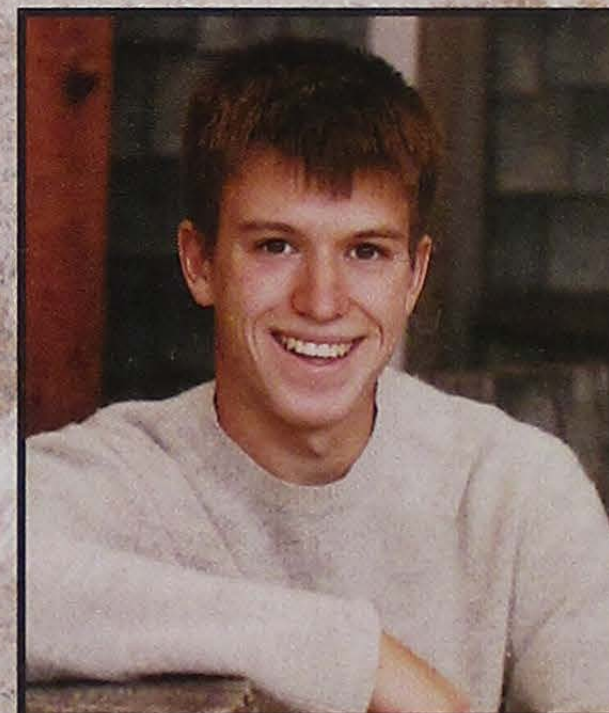
Kimberly Wilson



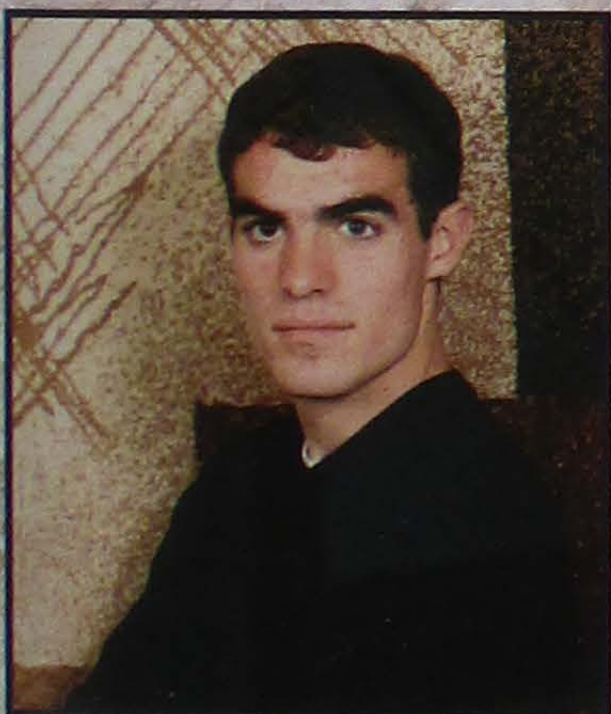
Trystan Woods



Megan Wright



Kyle Young



Matt Young

MISSING PIECES

Charmian Aaron
Misbakh Abbasi
Darajun Abel
Jonathan Anderson
Jessica Balvanz
Jessica Bean
Daniel Beck
Christen Berg
Mark Bovenmyer
Cody Burgduff
Stephanie Cecil
Peter Choi
Gatlauk Chuol
Travis Crawford
Betsy Danneman

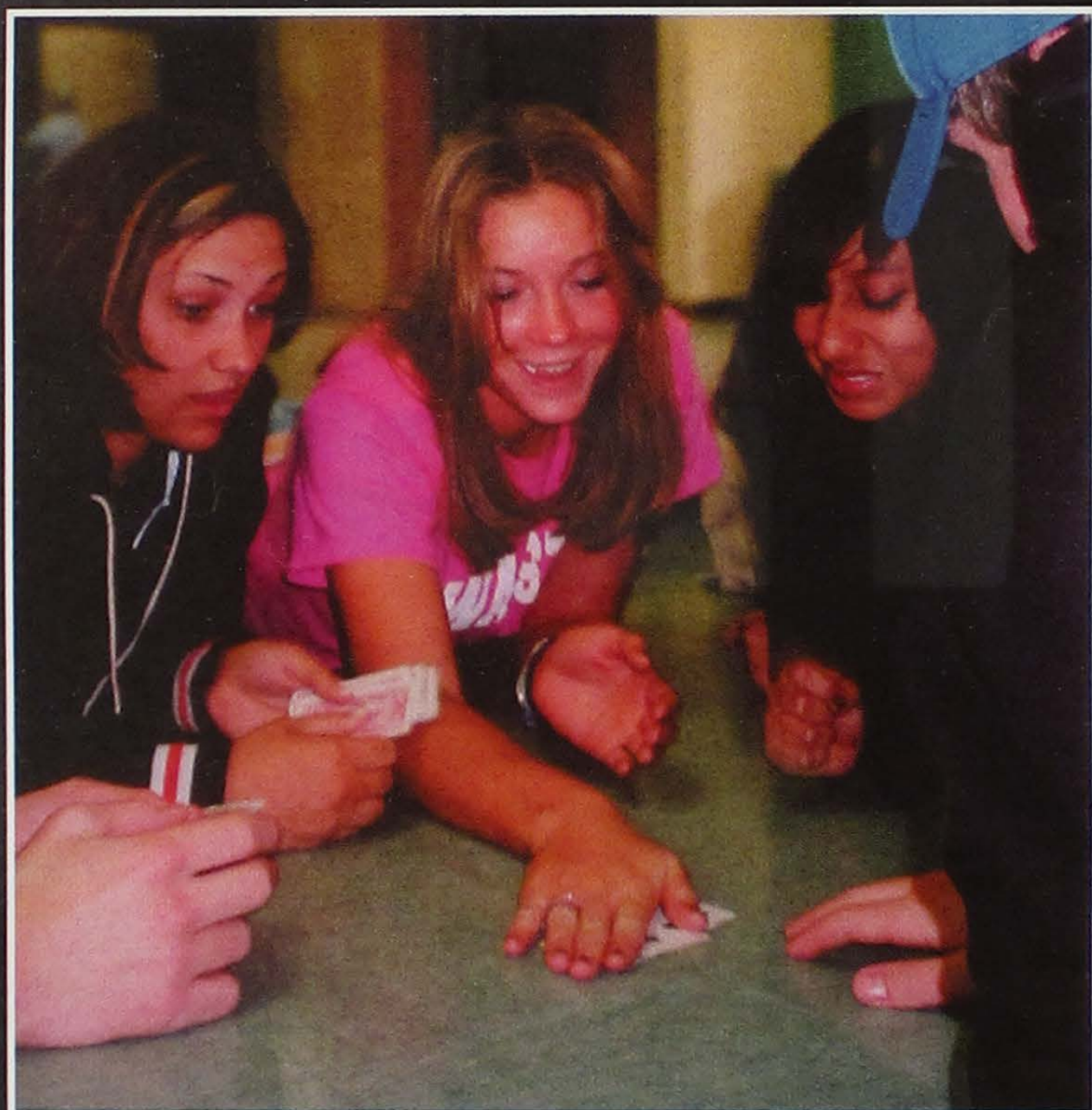
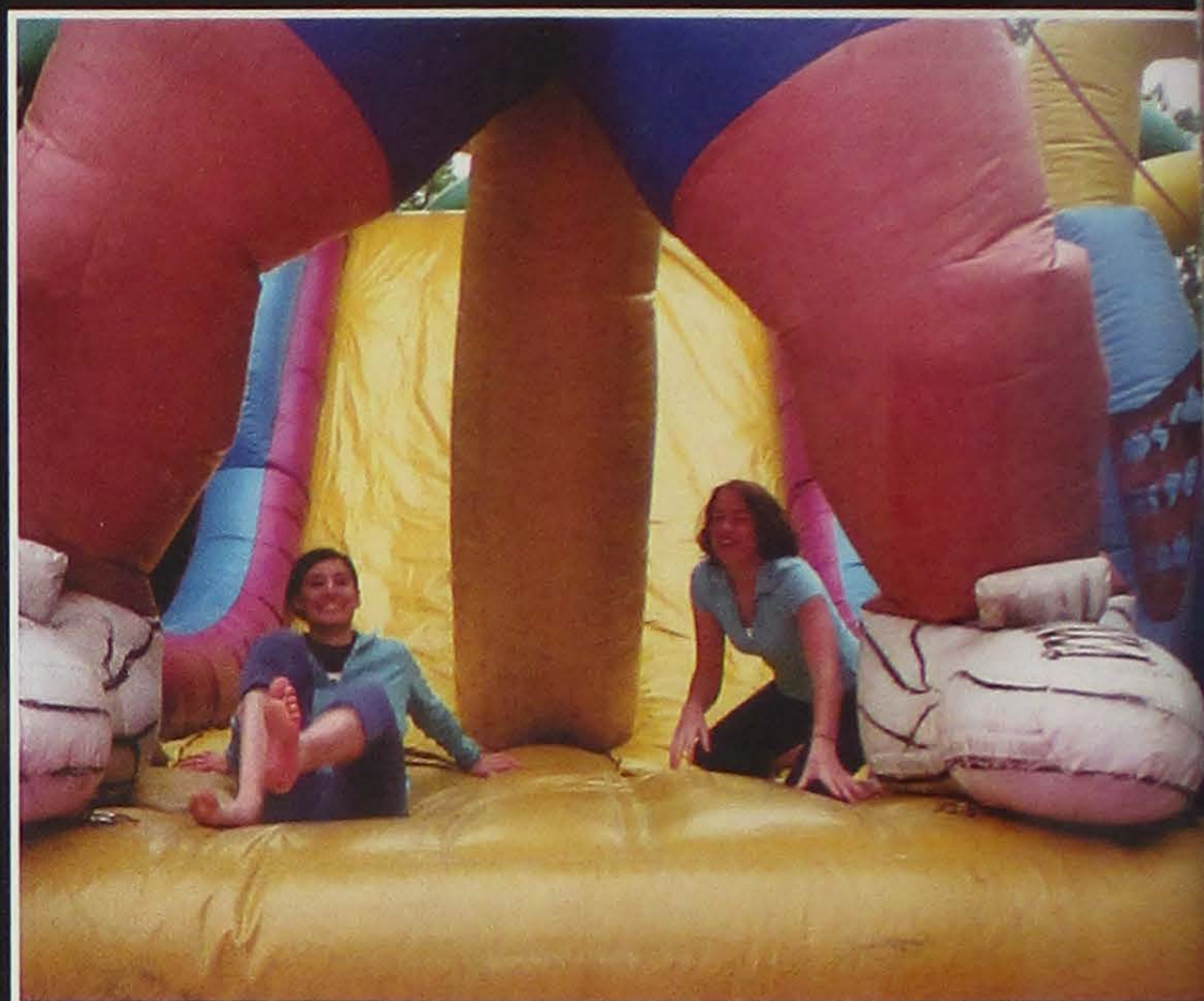
Kur Deng
Jeremy Downs
Adam Eikenbury
Timothy Erbes
Stacy Evans
Jessica Fickbohm
Andrew Fowler
David Gerhard-Ewing
Stephanie Cecil
Tommy Chan
Peter Choi
Gatlauk Chuol
Danielle Cornwell
Travis Crawford
Betsy Danneman
Kur Deng
Jeremy Downs
Adam Eikenbury
Timothy Erbes

Stacy Evans
Jessica Fickbohm
Andrew Fowler
David Gerhard-Ewing
Lawrence Gong
Bryan Goodall
Johnathan Green
Aimee Haltom
Sammy Hawana
William Heinen
Kevin Hewitt
Ashley Holland
Zachary Hostetter
Mohamed Humad
Elizabeth Jiles
Christina Johannes
Benjamin Johnson
Whitney Johnson
Oliver Keeling

Jakub Kornaga
Michael Liu
Kyle Loftin
Kellen Lowe
Amber Malone
Pranav Mankad
Alicia Martin
Andrew Miller
Benjamin Montour
Luke Murrell
Benjamin Myers
Michael Neal
Kyle O'Connell
Diana O'Riley
Yamen Obeid
Yassir Obeid
John Obrycki
Dariela Ochoa
Anna Osmundson

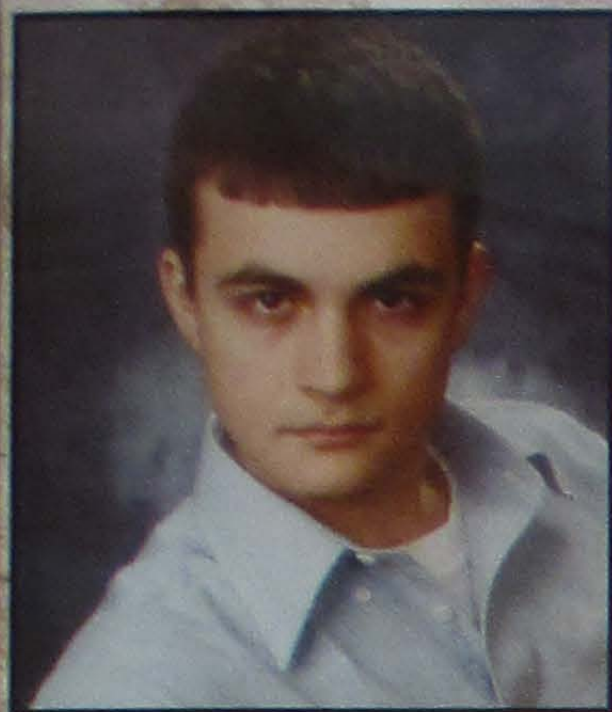
Hannah Park
Jonathan Park
Troy Pepperkorn
Sean Perkovich
Matthew Peterson
Erin Radach
Devin Rasmussen
Torey Ready
Richard Roberts
Nicholas Roughton
Petra Salazar
Vanessa Sanchez
Jared Savage
James Schnable
Mathew Secrist
Ishan Singh
Tori Sipes
Coda Skeffinton-Vos
Damien Snook

Jenna Swenson
Amanda Thomas
Rickey Thompson
Wei-Chih Tsai
Cherith Tyler
John Whaley
Deborah Wiph
Jesse Woods
William Woods
Thomas Yates



CLASS OF 2004

OVERTIME SENIORS - late submissions



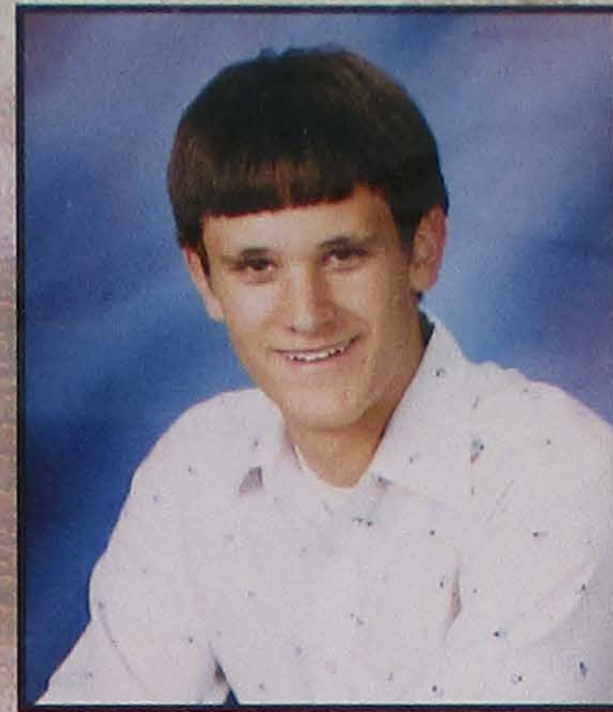
Sascha Antropov



Gabriel Arato-Smidt



Vitalli Brand



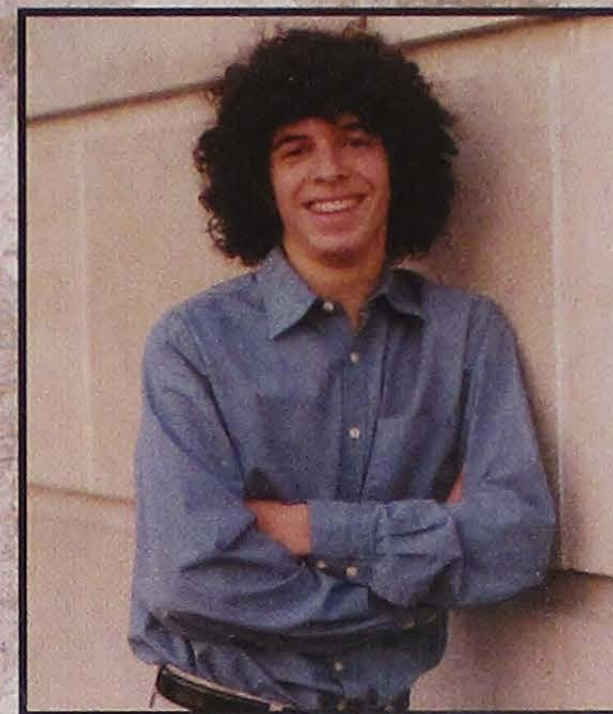
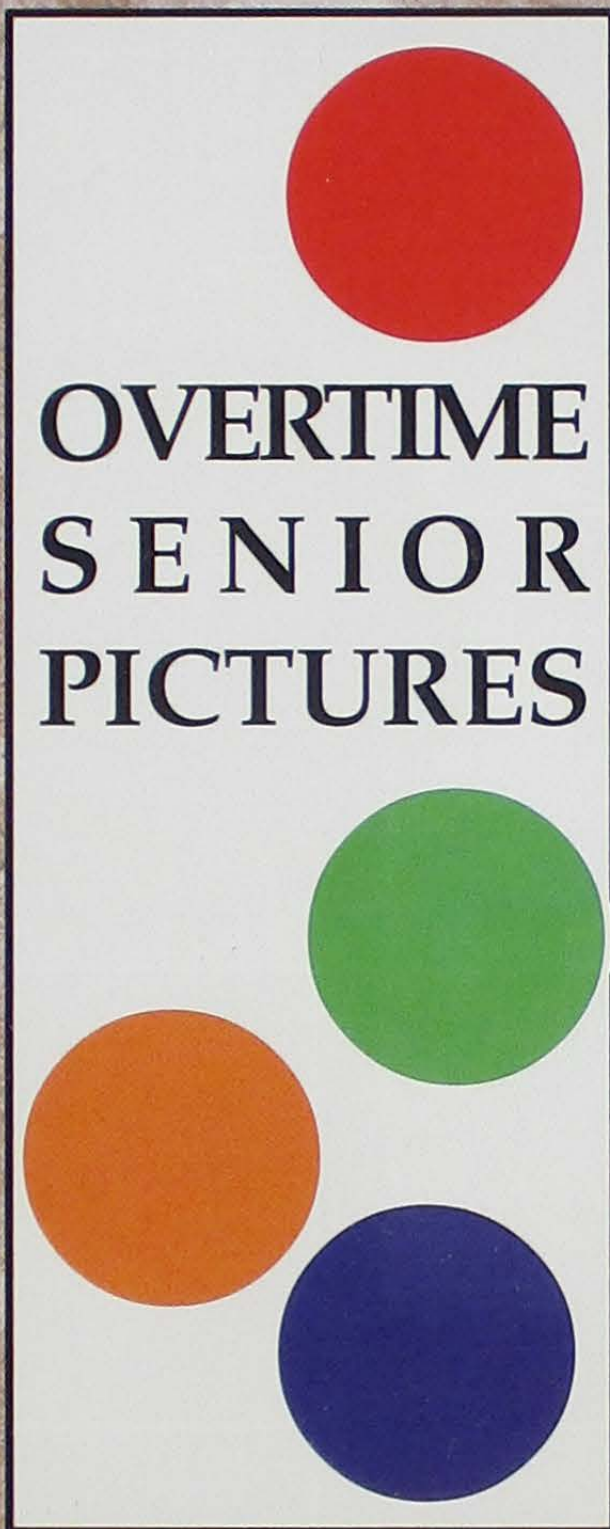
Andrew Burgason



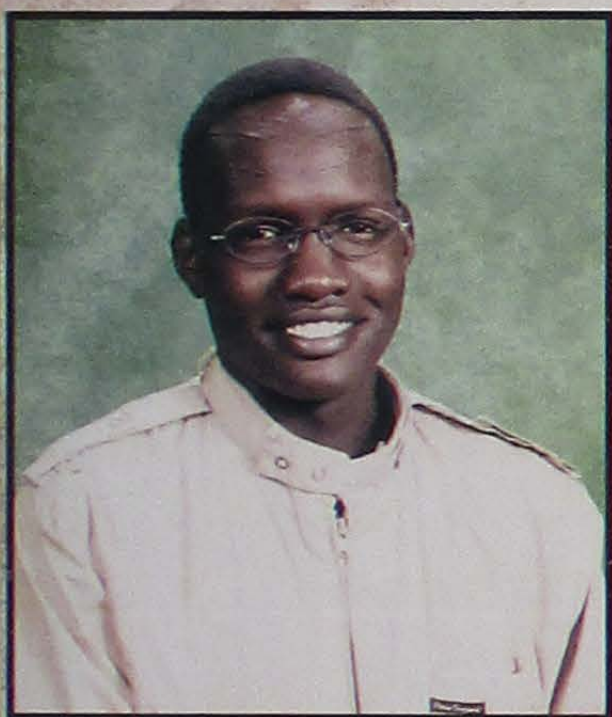
Tommy Chan



Danielle Cornwell



Aviv Luban



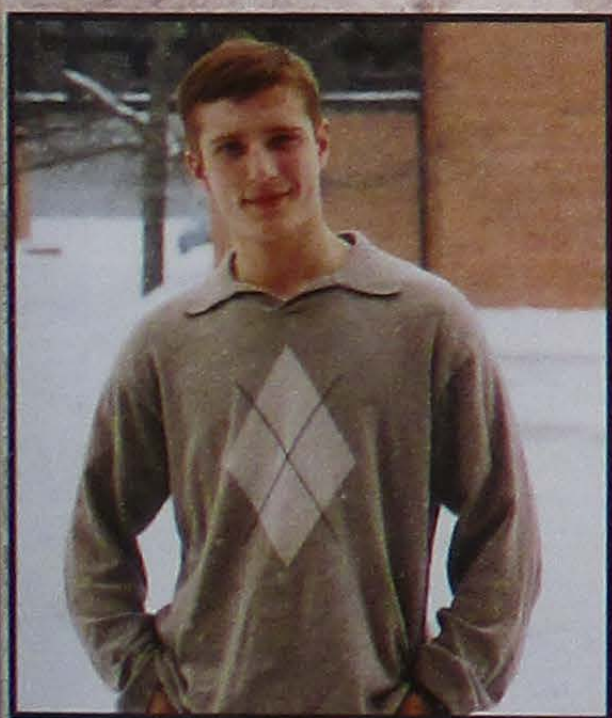
Joe Maduol



Greg Musgrove



Shea Prueger



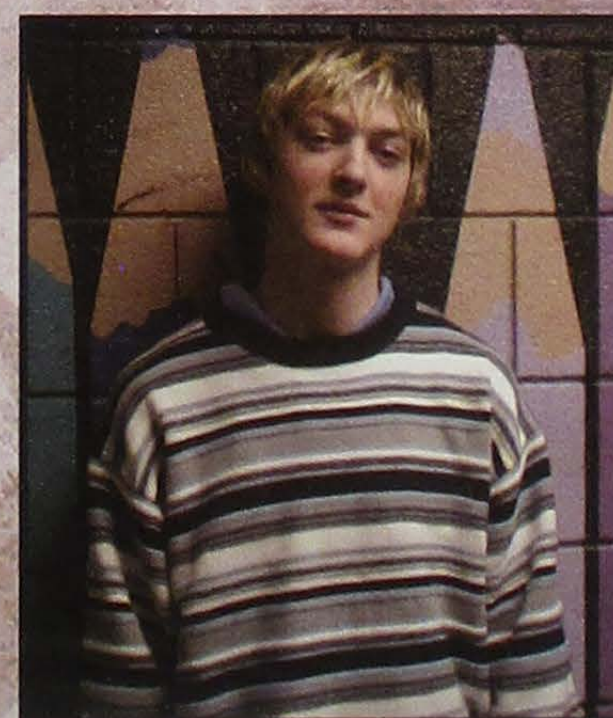
Michael Schaefer



Stephanie Schoeller



Jeff Smith-Becker



Jordan Troxel

Band - Driver Education - English - Family Consumer Science
 Foreign Language - Industrial Technology - Math - Media Center
 -Music

S c i -
 Social
 E x -
 Learn-

Orchestra
 Science
 Studies
 Extended
 Learning Program

gram - Art Education - Business Education - Physical Education
 - School Nurse - English as a Second Language - Special Needs -
 Custodial - Accelerated Learning Program - Main Office - Student
 Services Office - Guidance Department

Rule Enforcers

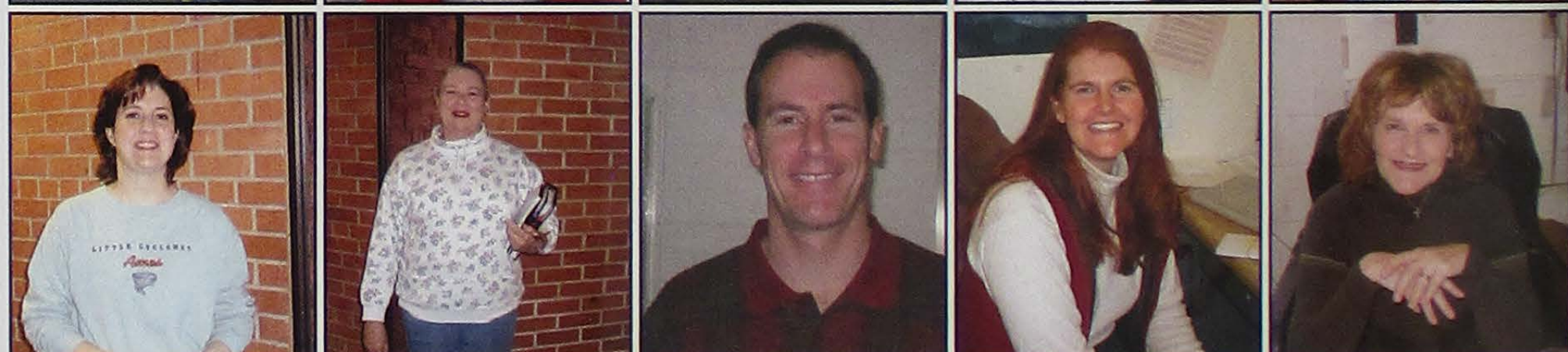
STAFF

Candy Albaugh
 Mike Avise

Christie Berger
 Kay Billings
 Craig Boylan
 James Brockway
 Judy Brunner

Julie Bryant
 Mary Buck
 John Burke
 Julie Camara
 Lucy Carey

Dennis Cullinan
 Kirk Daddow
 Justin DenAdel
 Allison DiBlasi
 Jeff Dilks

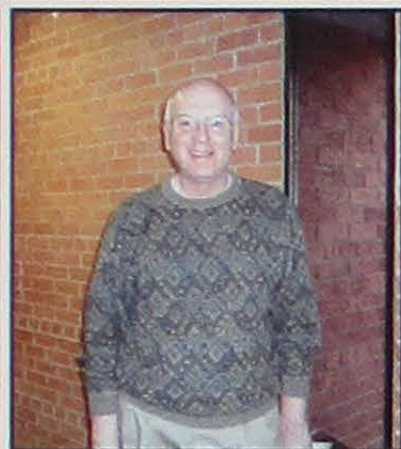




Stacy Dobernecker
Bret Dorton
Vance Downs
Dave Duit
Karen Eagen



J. Douglas Elliott
Chris Ewan
Otto Faaborg
Traci Faber
Laura Fank



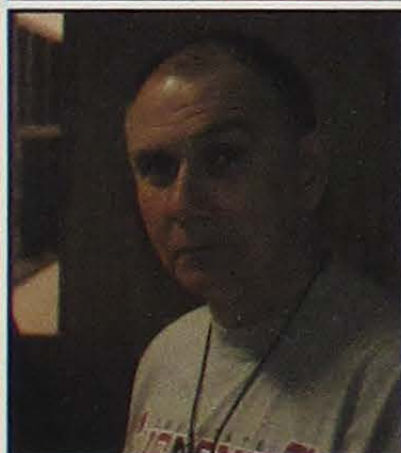
Dan Flannery
Dorothy Ford
John Forssman
Patricia Garner
Bob Gibbons



Kris Glick
Dana Goodwin
Tonja Goodwin
Reggie Greenlaw
Michel Gude



Katie Gustafson
Janet Haman
Marilyn Hanson
Nicole Harding
Shelli Hassebrock



Pat Hatfield
Larry Hayslett
Bob Heiberger
Brent Helmkamp
Roseanne Hesper



Troy Hill
Nola Hirdman
Betty Hollander
Cecilia Horner
Steve Hosch

Clemmye Jackson
Kent Jahn
Al Jerdee
Darin Johnson
Trisha Johnson



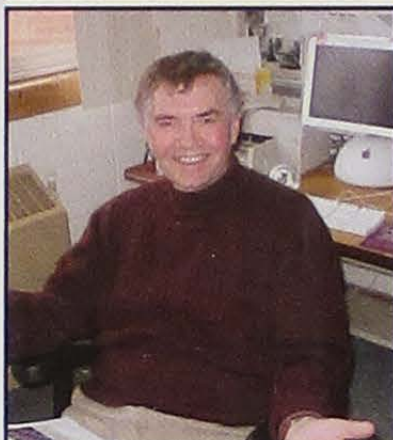
Judge Johnston
Jane Jorgensen
Alan Junck
Jane Jurgensen
Mark Jurgensen



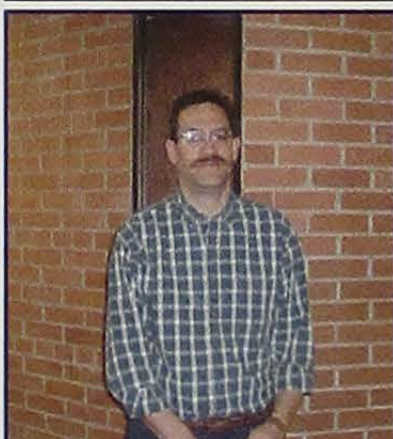
Mary Kautzky
Anne Kern
Joyce Knol-Digby
Jamie Kohl
Sally Lapan



Leonard Larsen
Diane Larson
Patrice LaSourd
Chad Latch
Sue Lawler



Michael Lazere
Ann Lee
Steven Linn
Willie Lodermeier
Warren Lofgren



Sandy Loucks
Yun Madsen
Eric Mains
Heather Mallady
Amy Martinson



Sally Matters
Thelma Maxwell
Bridget McCarley
Kathy McCarty
Mike McGrory





Mary Mekemson
Janet Mickelson
Kirsti Minion
Tim Mooney
Sharon Morford

Carla Mulvaney
Hy Nguyen
Jackie Norris
Sue Nutter
Janet Olson

Mary Padilla
Michael Petersen
Barb Peterson
Aiddy Phomvisay
Mary Kay Polashek

Sandy Quintero
Sherry Rapay
Wendi Reger
Samuel Reichart
Regina Reinier

Tracy Rial
Mark Ritland
Joel Rivera Rios
Shaeley Santiago
Theresa Schleisman

Kirk Schmaltz
Rhonda Schmaltz
Del Schmidt
Sally Schonhorst
Tim Selfert

Holly Sharpe
Vince Simon
Sorn Somsanith
Kristie Steege
Chuck Stevens

Karen Stewart
Margaret Strasser
Aileen Sullivan
Joel Sullivan
Kirstin Sullivan



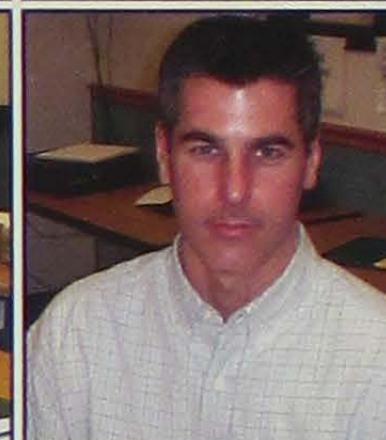
Nancy Svien
Stephanie Swan
Kathy Swanson
Virginia Swenson
Linda Telleen-Martens



Teresa Testroet
Oudone Thevathath
De Anna Tibben
Eileen Tramp
Dung Trinh



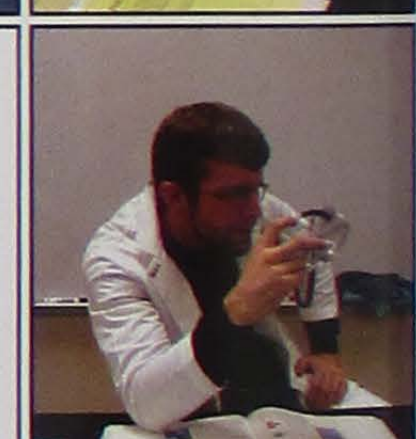
Robert Uetz
Bruce Vertanen
Jerry Vos
Craig Walter
Bonnie Ward



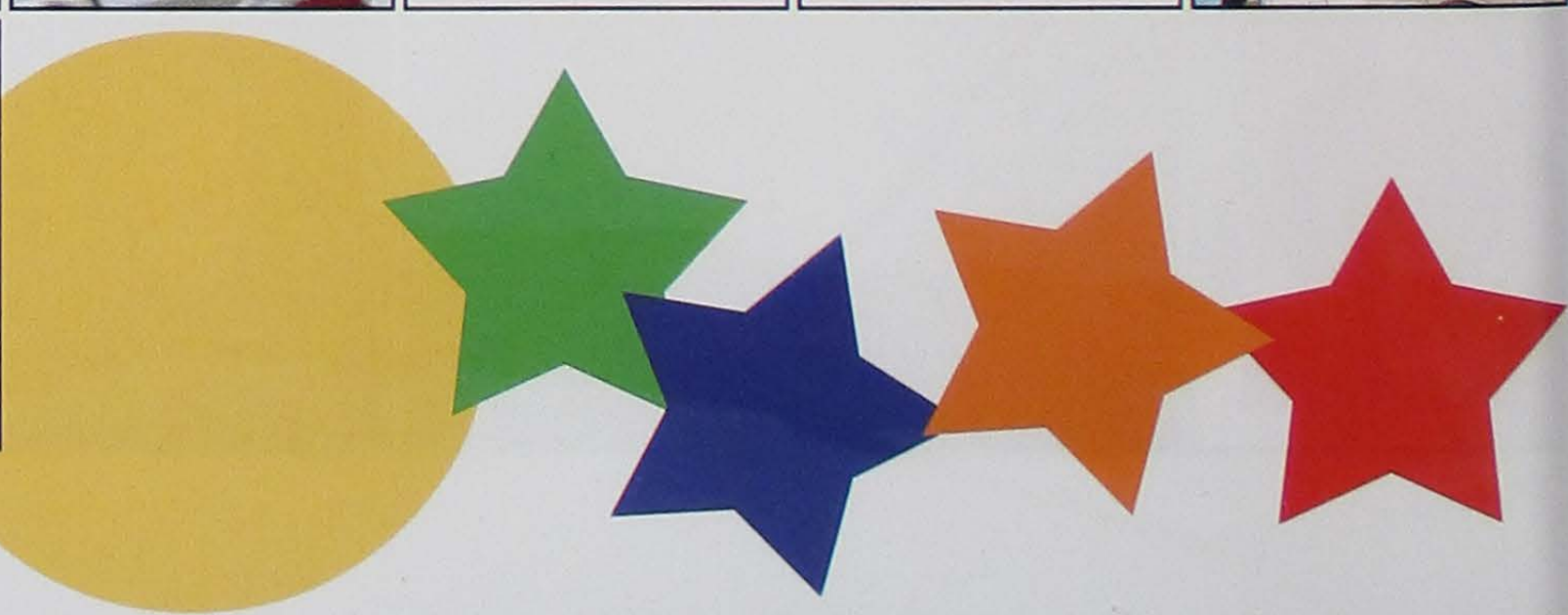
Linda Ward
Mary Wauson
James Webb
Barbara White
Teri Wilson



Michael Wittmer
Nikki Wittmer
Jessica Wuebker
Hilary Ziebold
Chad Zmolek



Jasmin Zulic



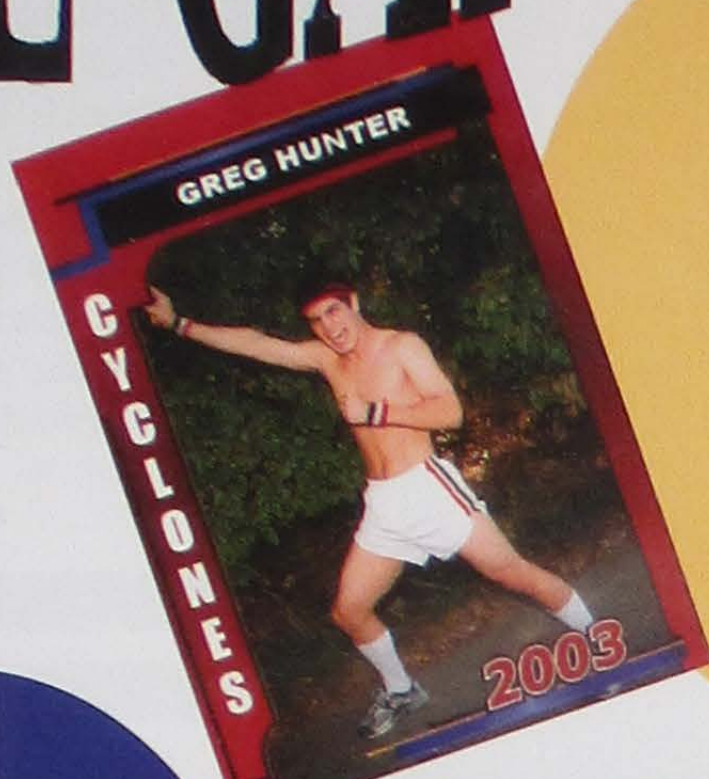
THE GAMES WE PLAYED

Clubs

Drama

Music

Sports



Soaring with Spirit - Flying with confidence and determination, junior Kristin Tierney executes a basket toss as the crowd erupts in applause. The Varsity squad positions to catch Tierney on her descent.



Delegate PJ Party - Seniors Deepa Kunapuli, Alissa Anderson, Laura Kim, and Meg Wade watch movies on the Model UN trip.

Precise Percussion - During an assembly, junior Ross Koppenhaver and senior Jason Wang fill the gym with music.



CLUBS

Team Tailgate

Team Tailgate is the 12th man on the football field, an organization dedicated to good meat and good football...

Presidents: Ben Staniforth, Chad Cullinan, and Ryan Guffy



Row 1: Ryan Guffy
Row 2: Gabriel Arato-Schmidt, Nick Kluesner, Kyle Young, Jake Babcock, Rob Acker, Andy Duffelmeyer, Vinny Vittal, Seth Levings
Row 3: Matt Harder, Joe Maduol, Nick DeKovic, Ryan Norlin, Steve Volko, Joel Harris, Alex Thompson
Not Pictured: Ben Staniforth

Science Olympiad

The Science Olympiad team won the State Olympiad Competition and proceeded to compete at nationals in Pennsylvania.



Row 1: Emma Israel, Ben Leung, Dennis Kuo, Jeffery Kim, Michael Herriges, Zach Borg, Hannah Park
Row 2: Penny Fang, Kevin Lu, Mark Fang, Wern Ong, Xin Pan, Adam Liu, Justyna Marcinow, Sarah Spencer, Audrey Leung, Maryam Zamanian
Row 3: Mrs. Glenn, Ryan Norlin, Neil Lutz, Kai Tanaka, Josh Maloney, Nick Kluesner, Franklin Fuller, Molly Carpenter, Mrs. Krusi, Mrs. Barbour

Movie Club

What: Watch awesome movies

When: Every Friday

Where: Speech Room

Why: "I looked forward to Movie Club all week; it was my favorite part of High School." - Tushar Dayal



Row 1: Nathaniel Oster, Kai Tanaka
Row 2: Claire Miller, Meghan Dilks, Emily Lowry
Row 3: Neil Lutz, Rebecca Raab, Maria Hindt, Christina McClelland, Tushar Dayal, Aviv Luban, Evan Hudson
Row 4: Harmony Nelson, Andrew Fowler, Eric Rahn, Laura Jean Clark, Sarah Gidlewski
Row 5: Will Woods, Georgia Chrisinger, Melissa Bullock

Model UN

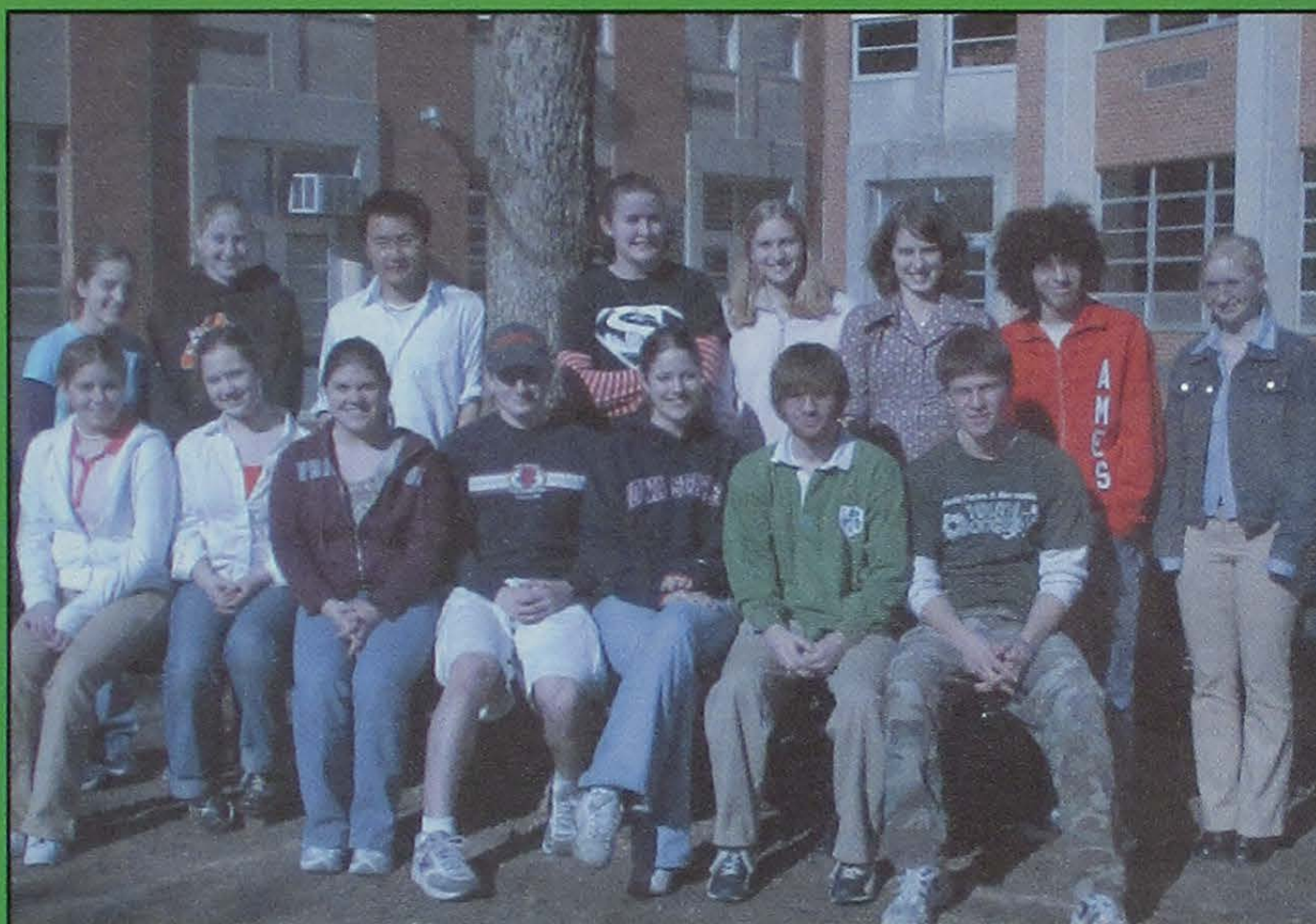
President: Ben Barclay
Advisor: Tim Mooney
Head Delegate: Andrew Kang
Outstanding Delegate: Deepa Kunapuli
Motto: "Thus ushering a new era of peace"
 Model UN attended the Iowa High School Model United Nations Conference in Iowa City.



Row 1: Meg Wade, Divya Kunapuli, Annie Wade, Anju Somani, Aqiava LaGrone, Jason Misra
Row 2: Deepa Kunapuli, Alissa Anderson, Maryam Zamanian, Sarah Gidlewski, Georgia Chrisinger
Row 3: Stephen Gerbracht, Ben Barclay, Laura Kim, Betsy Dilla, Matt Grotheer, Drew Vesey, Tim Mooney

100th Green Butterfly

Mission: Promote Environmental Awareness
Activities: Ames High's Recycling and care for the prairie
When: Monday and Wednesday after school
President: Stephanie Nelson
Advisor: Mr. Lazere



Row 1: Melissa Brockway, John Obrycki, Meredith Scanes, Damien Snook, David Prater
Row 2: Joey Dobbson, Tommy Chan, Emily Lowry, Stephanie Nelson, Christina McClelland, Aviv Luban

Honors Banquet

Honors Students earned a GPA of at least 3.9 and were recognized at the Class of 2004 Graduation Ceremony.



Row 1: Katie Lutz, Melinda Heitzman, Alissa Anderson, Hannah Rothmayer, Anu Biswas, Molly Carpenter, Stephanie Nelson, Ashley Wison
Row 2: Kristine Stasko, Shivgami Arora, Penny Fang, Kristin Noack, John Misra, John Crisinger, Nathaniel Oster, Megan Kingsbury, Anne Dressler, Britta Larson, Patricia Mangaudis
Row 3: Nick Kluesner, Meredith Scanes, Arriel Wayne, Andrew Miller, Andrew Kang, Ben Marsden, Franklin Fuller, Jessica Keefe, Colleen Armstrong, Mike Schaefer

CLUBS

Spanish Club

"Spanish Club is about getting together in the Spanish way and celebrating Spanish culture, language, and FOOD. The Spanish Club has an annual trip to Pilsen, Illinois, the second largest Hispanic community in America." -Ben Staniforth

Advisor: Mrs. Jurgensen



Row 1: Tyler Barrett, Gabby Arato-Smidt
Row 2: Ben Staniforth, Ben Barclay, Aaron Foley

Senior Girls Club

Co Presidents: Jess Estill and Caitlyn Knuth

Advisor: Linda Ward

The Senior Girls Club held a successful car wash in the summer of 2003 in order to help pay for the annual Winter Formal Dance. This Dance is the event the girls plan for all year long.



Row 1: Audrey Weidemeier, Megan Wright, Jessica Balvanz, Shea Prueger
Row 2: Jenny Scoles, Suzie Bretz, Alyssa Sturm, Brooke Strickler, Bethany Wagner, Emily Houge
Row 3: Jess Estill, Anu Biswas, Stephanie Jones, Jessica Polich, Anne Dressler, Emily Cohea, Caitlyn Knuth

Student Council

co-presidents: Caitlyn Knuth and Dan McClanahan

Advisors: Mrs. Diblasi and Mr. Burke

Secretary: Meg Wade

Treasurer: Ashley Wilson

Web Master: JF Obrycki

Announcement reader: Emily Tuttle

Meetings on Wednesdays at 8 am in room 112



Row 1: Amanda Winkleback, Kyra Knuth, Meg Wade, Mindy Heitzman, Jane Vu, Brittany Rover
Row 2: Elizabeth Warth, Darshana Bhattacharyya, Andrew Olsen, Andrew Richards, Annie Wade, Krishna Pravu, Jess Estill, Jackie McEachran
Row 3: Caitlyn Knuth, Dan McClanahan, Andrew Lamp, Rachel Cox, Jamie Carlyle, Rob Acker, Trystan Woods, Ryan Guffy, Jill Kasper, Heidi Grove, Sarah McClanahan, Alyssa Heser

Senior Senate

Meeting time: Friday mornings

President: Molly Carpenter

Advisor: Dr. Leonard Larson

Activities: senior picnic, Fall & Spring blood, drives, graduation, bake sales

Sponsored Fundraisers: Africa Project, Shrine Bowl, ACCESS, Homeless Shelter, Media Center



Row 1: Molly Carpenter, Ronna Belz, Meg Wade, Aaron Fowley
Row 2: Jimmy Roach, Megan Kingsbury, Mindy Heitzman
Row 3: Nick Kleusner, Heidi Grove, Ashley Weigand, Katie Knapp, Dr. Larsen

"The best part of senior senate was watching people bleed for a worthy cause," senior Molly Carpenter said.

Junior Senate

Junior Senate has the responsibility of planning the junior/senior prom. Fundraising all sophomore year and selling school directories helps to pay for the big event.

CoPresidents: Jenny Shen and Jennie Bean

Advisor: Mrs. Goodwin



Row 1: Andrew Johnson
Row 2: Jane Vu, Sarah Eggert, Miranda Eness, Lindsey Adams
Row 3: Jennie Bean, Melanie Wanzek, Jenny Shen, Jamie Carlyle, Emily Bird, Dana Petersen
Row 4: David Muehe, Rob Acker

Croquet Club

Croquet club was dedicated to the reviving the timeless tradition of croquet.

Co-presidents: Andrew Miller and Will Woods



Row 1: Lauren Reynolds, Aviv Luban
Row 2: Anna Kurkalova, Meredith Talbert
Row 3: Stephanie Nelson, Christina McClelland, Meghan Dilks, William Woods
Row 4: Andrew Miller

CLUBS

Madrigal

The Madrigal Dinner was performed for Ames High students and various parents and community members in early December. It featured the acapella Madrigal Singers, the Madrigal Brass, a jester, the Madrigal Play, and a fantastic medieval feast.



Jester David Prater performs in front of the Madrigal Singers and for the audience.

Senior Mentors

What: Senior Mentors aided in the freshmen transition from Ames Middle School to Ames High.

Where: All over the school, but usually in the multipurpose room.

Why: "I just love helping all of the little people become tried and true Ames High schoolers." - Erin Thatcher



Row 1: Rebecca Appleton, Keighley Fowler, Hannah Park, Meg Wade, John Obrycki Row 2: Sara Freeman, Kelly Butler, Andrea Schliesman, Caitlyn Knuth, Cristen Calenting, Lori Welch, Amy Barrett, Romila Mukerjea, Megan Kingsbury Row 3: Nick Kluesner, Sarah Hanson, Erin Thatcher, Rachel Koch, Kristine Stasko Row 4: Anne Dressler, Claire Miller, Row 5: Heidi Grove, Kristen Noack, Mindy Heitzman

Deca I

What: DECA morphs both the schoolplace and the workplace into a hybrid learning environment

When: Everyday

Where: Business Department, Individual workplaces

Why: "Chillin' with Mr. T (Instructor Tim Siefert) was an entirely new experience." -Senior Jon Bell



Jon Bell and Alyssa Strum

Deca II

What: DECA morphs both the schoolplace and the workplace into a hybrid learning environment

When: Everyday

Where: Business Department, Individual workplaces

Why: "Chillin' with Mr. T (Instructor Tim Siefert) was an entirely new experience." -Senior Jon Bell



Row 1: Nick Litwiller, Tim Siefert

Row 2: Ashley Gilmore, Jon Bell, Alyssa Strum

Key Club

President: Emily Bird
Vice President: Meg Wade

Secretary: Erin Todey
Treasurer: Mark Hennager

Key Club is dedicated to helping the community. Through many service projects and fundraisers; Key Club was responsible for putting smiles on many faces.



Row 1: Mark Hennager

Row 2: Anna Greenwald, Ann-Charlotte Wade, Emily Bird, Margaret Wade, Mandie Pirog, Maria Hindt, Jessica Zuerner, Justyna Marcinow, Elizabeth Deppe

Row 3: Susan Raich, Jordan Rietz, Deb Rock, Jill Kaspar, Erin Todey, Rachael Cox, Derek Lewis, Peter McCuskey

Row 4: Jamie Carlyle, Maya Lipert, Sarah Hansen, Tim Siefert, Wayne Ostendorf

Philosophy Club

Philosophy Club met every Thursday to debate intense theories from the Nihilist, Existentialist, Dadaist, and deconstructionist periods, among others. However, most of the time the members would debate their own philosophies on life.



Row 1: Betsy Dilla, Lissy Woodward, Jianna Dakin

Row 2: Andrew Fowler, Bradley Gilbert, Will Woods, Sam Larsen-Feree, Peter Hapke

CLUBS

ON STAGE

Students apply for a one credit course where they are required to attend a variety of shows at CY Stephens. After each production, they have the opportunity to meet the cast and have a snack. Every show is free of charge, however a review is written by every student and is turned in the following week, just like a regular high school class!



Row 1: Isian Cunnely, Gilbert Student, Susan Raich, Alyssa Anderson, Darsharna Row 2: Alexa Warmck, Gilbert Students Row 3: Surrounding School Students Row 4: Elizabeth Lott, John Tyler, Edward Chen

Gravity Club

This group was in a constant battle with the most basic element of our existence: gravity itself. Their goal was to constantly check to make sure it was still working.



Harmony Nelson, Alissa Anderson, Erin Thatcher, Andrew Miller, Meghan Dilks, Neil Lutz, and Aviv Luban

Scratch Pad

Scratch Pad compiles student art, poetry, and writing into a literary magazine which is published at the end of the year. The Editorial Board had frequent meetings to judge works and create the magazine.

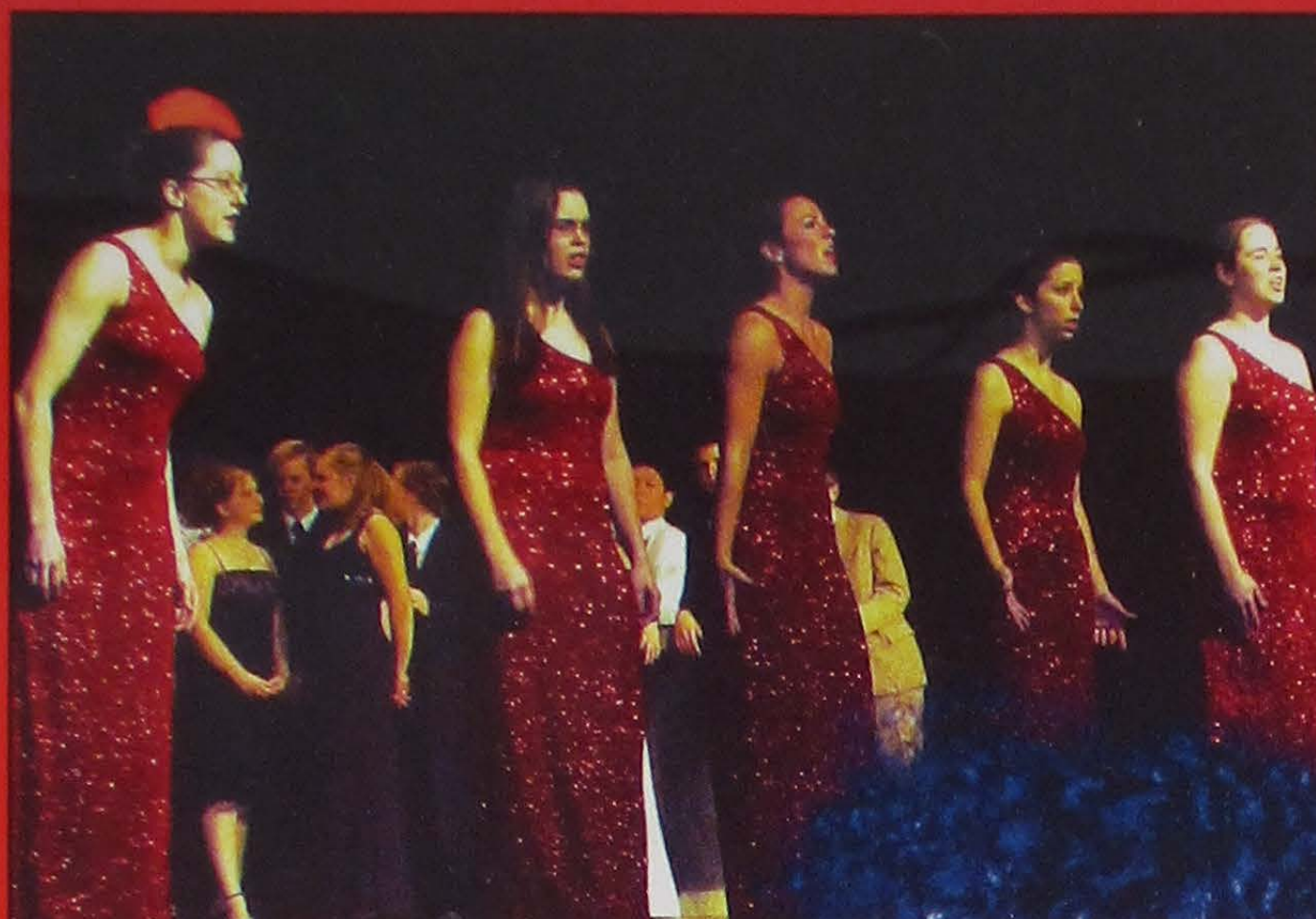
Sponsor: Joyce Knol-Digby



Row 1: Penny Fang, Charlotte Ashlock, Bethany Wagner, Emily Hogue, Alissa Anderson Row 2: Neil Lutz, Christina McClelland, Andrew Miller, Claire Miller, Evan Hudson,

How to Succeed in Business: The Red Dress Gals

How to Succeed in Business Without Really Trying was the Spring Musical of the 2004 Drama season. It not only featured these red-dressed girls, but also shrewd businessmen and their secretaries.



Row 1: Sarah Spencer, Britta Larson, Emily Tuttle, Meghan Dilks, Jessica Balvanz

The Hound of the Baskervilles

The Hound of the Baskervilles was loosely based on a Sherlock Holmes tale, and was also the featured Fall Play for the 2003 season of Ames High Drama.

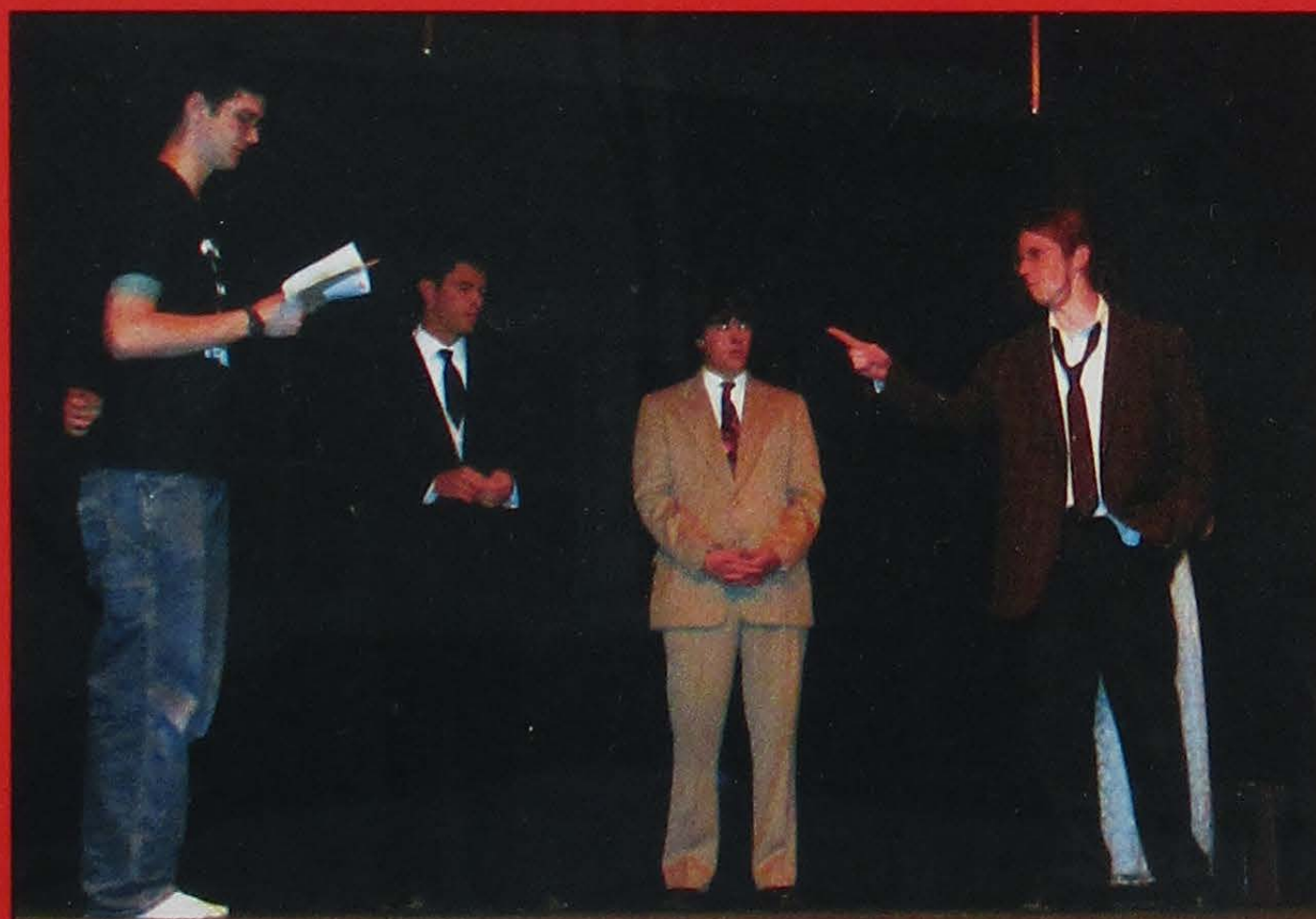


Row 1: Ross Koppenhaver, Liz Geske, Alissa Anderson, Bethany Wagner, Emily Lowry, Meghan Dilks

Row 2: Sam Larsen-Ferree, John Tyler, Nate Larson, William Woods, Ben Ward

Dracula

Dracula, featuring the directing debut of Thomas White, centered on vampire-hunter Van Helsing's quest to seek out and destroy the undead creature Dracula who has feasted upon and terrorized innocent people for centuries.



Junior Sam Larsen-Ferree acts out a scene with senior director **Thomas White** while senior **Ryan Guffy** and junior **Ricky Fields** await their next cues.

MUSIC



Orchestra Strings

Row 1: Glen Martin, Kathy Formaker, Ilya Ellem, Carter Slagell, Aviv Luban, Veronica Hindt, Joshua Moloney, Alexa Warwick, Jenny Suh, Edward Cho **Row 2:** Alisha Martin, Lyzette Hinojo, Anu Biswas, Hannah Park, Stephanie Gong, Maria Hindt, Christina Godfrey, Penny Fang, Alex Ingham, Sianeh Flomo, Ben Scallon **Row 3:** Sant Lubau, Andrea Mallarino, Renee Bovinette, Jenny Cheuck, Emily Kawaler, Ying Ying Liu, Shivgami Aurura, Laura Johnson, Tiffany Bennett, Michelle Leininger, Rachel Bovenayre **Row 4:** Susan Shen, Brittney Rover, Stephanie Kim, Rebecca Raab, Hunguyl kim, Tessa Cook, Wei Lie Suen, Mindy Heitzman, Joseph Wendel Catie Glatz **Row 5:** Elizabeth Valadez, Rebecca Ferguson, Sara Holt, Cindy Hsieh, Lydia Lowry, Betsy Dilla, Ashley Holland, Laura Kim, Ege Inanc **Row 6:** Sarah Jackson, Asya Tsukruk, Nikki Renyolds, Alicia Wengert, Grey Scallon, John Misra, Dave Lan, Sean Lou, Luke Lowry **Row 7:** Mark Fang, Brian Ray, Ethan Forsgren, Jacob Pleasents, Nick Romsey, Joseph Ahn, Kevin Lum Xin Dan, Vinny Vittal, Caleb Polashek **Row 8:** Mark Bovenmyer, Chris Johnston, Rebecca Park, Erin Radach



Concert Chorus

Row 1: Jessie Young, Judy Awoyni, Erin Thatcher, Jane Vu, Jessica Zuerner, Shivgomi Arora, Katie Brimeyer, Elizabeth Wong, Megan Dilks, Beth Wagner **Row 2:** Natalie Brunia, Sarah Eggert, Tess Cook, Alexa Warwick, Dana Peterson, Jennie Register, Sarah Hanson, Laura Logston, Emily Thurmeyer, Georgia Chrisinger **Row 3:** A.J. Turner, Lucy Chidister, Sarah Spencer, Luke Lowry, Jimmy Roach, Kari Lubow, Rachel Kapke, Rachel Schmidt, Sara Holt, Laura Pospicil, Ronna Belz **Row 4:** Scott Simpkins, Ben Ward, Kristin Johnson, Shannon Risius, Trisha Stubbs, Jessica Egli-Davis, Jackie Brannon, Jessica Balvanz, Ashley Harding, Britta Larson, Emily Tuttle **Row 5:** Andy Olson, Andy Richards, Mindy Heitzman, Veronica Hindt, Caitlyn Knuth, Ashley Hamilton, Nicole Cicotti, Sarah Bohn, Kelsey Dunshee, Kay Mwanza, Laura Snell **Row 6:** Carmi Spicer, Kai Martin, Adrien Geske, Nick Kluesner, Andy Lamp, Caleb Polashek, Maureen Peterson, Brian Weiss, Nathaniel Oster, Russell Jackson **Row 7:** William Woods, Troy Peppercorn, Scott Metille, Jonathan Gregoire, T.J. Lawless, Andy Lamont, Chad Pederson, Karl Peterson, James Pringle, Audsin Meyn, Paul Heideman



Concert Choir

Row 1: Allison Bazylnski, Doug Pepe, Susan Fratzke, April Bettis, Cristina Fernandez-Baca, Keighley Fowler, Allison Metzger, Alex Ingham, Katie Sawyer **Row 2:** Joy Awoniyi, Diane Wilson, Renee Nesbitt, Amanda Thomas, Megan Pearson, Vanessa Ninaquispie, Amamnda Hinderks, Carmen Elliot **Row 3:** Candice Weis, Emily Morris, Mellisa Heitzman, Carrie Dunne, Justina Marcinow, Sara Van Marel, Ashely Finer, Emily Moschini, Heather Oaks **Row 4:** Asaf Vaknin, Liz Shehorn, J.C. Meraz, Lindsey Adams, Aaron Langlois, DeLesa Briseño, Paul Heideman, Chelsea Cottrill, Emily Wang, Caitlin Hernstadt, Alex Budd, Tony Larson, A.J. Johnson **Row 5:** Daniel Apatiga, Katie Norris, Kyle Thomas, Betsy Dilla, Christen Meyer, Neva Hibbing, Ginny McCalmont, Hayley Jackson, Liz deppe, LeAnna Olsen, Jenna Pritchard, Zach Bugg **Row 6:** Michelle Mekemson, Becky Sidles, Ryan Askolf, Lucas Warth, jeff Wall, Ricky Fields, Evan Hudson, Chelsea Jensen, Dana Howell, B.J. Dilla **Row 7:** Lue Taege, Raphael Reyes Juarez, Joe Maduol, Jason Wang, Kelsey Englin, Aubrey Robertson, Chantal Roberts, Samantha Villwock, Kate Harmalink, Chirs Breyfogle, Chris Johnson, Chirs Thompson



Freshman Chorus

Row 1: Amanda Lutz, Melissa Brockway, Sarah Federle, Ana Ingham, Terrisa Clark, Anja Dekkers, Hannah Kaloupek, Lisett H, Morgan McCormick, Joey Dobson **Row 2:** Supraja Rajaopalan, Joe Wheelock, Rachel mattson, Sharon McRoberts, Kyra Knuth, Jennifer Boccella, Jenna Jensen, Ann-Charlotte Wade, Stephanie Kim, Jennifer Compton **Row 3:** Aquavia Lagrone, Hannah Bentratt, Alleah Johnson, Elizabeth Boswell, Rebekah Hanson, Lauren Chitty, Alissa Struble, Aaron Mostrom, Sarah Brimeyer, Kristine Kearney **Row 4:** Emily Falk, Lindsay Roach, Stephanie Poffenberger, Sarah Hundertmark, Elizabeth Warth, Becky Kerr, Katie Linduska, Audrey Dodge, Sarah Jackson, Amy Hamilton **Row 5:** Derek Siedelmann, Hiwot Abebe, Aaron Lott, Yu Ting Chen, Rachel, Wei Li Suen, Jennifer Lambert, Courtney Larson, Allyse Hellmich, Jessica Curry, Jonathan Ackerman **Row 6:** Ben Ruppert, David Castillo, Ben Schnable, Micah Simpson, Sarah Nelsen, Alicia Wengert, Kristin Geiger, Samantha Hackerson, Jessica Oster **Row 7:** Marcus Hippin, Jeff Kollasch, Glenn Martin, Christopher Simonson, Nicholas Crumpton, Andy Lane, Collin Pritchard, Michael Qiu, Sean Siberski, Tanner Twetten, Jacob King

MUSIC

Marching Band



Symphonic

Row 1: Kathy Formaker, Merideth Scanes, Kathryn Bierwagen, Ashley Mahan, Lissy Woodward, Elizabeth Deppe, Jianna Dakin, Laura Snell, Clara Weber, Shannon Risius, Carolyn Goedeken, Blaire Struble, Audrey Leung, Megan Kingsbury, Sam Davis **Row 2:** Annika Anderson, Christina Godfrey, Alissa Anderson, Teresa Cook, Jane Vu, Eman Mahgoub, Stephanie Chang, Anna Cowan, Nathan Behning, Egrin Bagnall, Richard Gaunt, Keighley Fowler, Bryce Gonzalez, Joseph Fabiosa, Daniel Ramey, Jessica Zuerner, Sarah McRoberts, Natalie Brunia, Meghan Dilks, Elizabeth Lott, Allison Bazylnski, Maria Fabiosa **Row 3:** Steph Cox, Madeline Paschen, Rachel Mattson, Sarah Schreitmuller, Molly Golemo, Kayla Ackerman, Toni Hasselman, Nicole Schmidt, Kay Marie Lamar, Michael Herriges, Krishna Prabhu, Emily Cohea, Elizabeth Cohea, Jennifer Compton, Heather Anderson, Luke Wilkins, Laura Frandsen, Emma Israel **Row 4:** Scott Simpkins, Tyler Hinderks, Haema Nilakanta, Jenna Barrett, Dana Peterson, Traci Hawley, Sarah Klinkel, Heidi Grove, Amy Barrett, Britta Larson, Anne Dressler, Jackie Brannan, Andrew Kang, Abby Gaul, Brian Server, Joseph Fabiosa, Ben Scallon, Lucy Chidister, Laura Logsdon, Laura Jean Clark, Jordan Reitz, Meg Wade, William Wundt, Ellen Heddendorf **Row 5:** Rachael Cox, Greg Scallon, Joseph Fuller, Brighton Prueger, Alysia Larson, Chris Seeman, Chris Ewan, Andrew Buttermore, Kari Lubow, Ryan Pesch, Emily Thurmaier, Melissa Burnett-Larkins, Jonathan Park, Sawyer Hade, David Manu, Neal Marisinghe, Tricia Hawley, Emily Morris **Row 6:** David Roberts, Rachel Gallagher, Catie Glatz, Kenneth Zuerner, Ricky Fields, Jim Schreitmuller, Ross Koppenhaver, Andy Feller, Andy Wass, Denise Clark, Stacey Evans, Claire Miller, Harmony Nelson, Kristen Noack, Greg Shimboun, Jared Wendt, Emily Bird, Jamie Carlyle, Manuel Melendez, Rachel Lowry, Melissa Bullen **Row 7:** Mindy Twetten, Andy Lamp, Michael Hansen, Robert Kohler, Robert Chang, David Gustafsen, Lisa Balvanz, Travis Simpson, Jeunghoon Park, Kelly Wilson, Lara Larabee, Laura Clark, Derick Lewis, Walter Hyde, Kelsey Torgerson, Chris Simonson, Lucas Gehlsen, Jessica Oster, Sam Robson **Row 8:** Dan McClanahan, Nathaniel Oster, Jesse Ramey, Kraig Popelka, Sid Nilakanta, Kris Hasstedt, Peter Choi, Tommy Chan, Garrett Hamilton, Makund Premkumar, Franklin Fuller, Andrew Miller, Eric Redmond, Jason Wang, Iris, Sarah McClanahan, Edward Cho, Andy Richards, Micael Dunlay, Ashley Robertson, Craig Boecke **Row 9:** Adam Schmidt, Jon Rohlf, Ben Kolner, Brian Davis, Kyle Uhlmeier, Shea Prueger, Arriel Wayne, Andy Fullhart, David Prater, David Naylor, Jeff Hansen, Travis Heithoff, Cole Pfeiffer, Zach Bugg, Ben Ertz, Karl Peterson, Garrett Russell, Drew Robinson, Darren Geil, Tim Morgan, Curtis Weigal, Aubrey Robertson, Kai Martin, Ben Johnson **Row 10:** Ben Barclay, Max Choi, Eric Robertson, Susan Raich, Andrea Vos, Stephanie Nelson, Meredith Talbert, Emily Lowry, Nathan Larson, Chris Harder, Jessica Balvanz, Lauren Renyolds, Jill Kaspar, Tyler Bailey, Elias Simpson, Thomas White, Matt Rohlf

Freshman Band



Row 1: Ji-Hyeon Ann, Chelsea Davis, Rachel Mattson, Becky Kerr, Anju Somani, Haema Nilakanta, Benjamin Leung, Erin Bagnall **Row 2:** Brittany Thompson, Elizabeth Boswell, Kristina Prabhu, Lauren Swanson, Jennifer Compton, Jessica Oster, Lillian Dobson, Meghan Hackerson, Lauren Forth, Dennis Kuo **Row 3:** Travis Heitoff, Alice Harteler, Sara Schreitmuller, Jenna Barrett, Brittany Borrill, Mukund Premkumar, Jeffrey Hanson, Ryan Pesch, Joshua Westover, Alysia Larson, Joseph Fabiosa, Nathaniel Behning, David Naylor, Jim Strickland **Row 4:** Lauren Frandsen, Zach Brenner, M. Kang, Chris Simonson, Alexandra Bortle, Eric Bierwagen, Jacob Rosenberg, Lucas Gehlsen, Melissa Brockway, Anna Greenwald, Aaron Lott, Jacob Pleasants, Ben Scallon, Michael Herriges, Richard Gaunt, Michael Hansen, Xiaoteng Liu, Sean Siberski, Ghahyun Kim

Concert Band



Row 1: Edward Cho, Max Choi, Ellen Heddendorf, Katie Glatz, Clara Weber, Stephanie Chang, Kayla Ackerman, Annika Anderson, Maria Fabiosa **Row 2:** Molly Golemo, Blair Struble, Robert Chang, Kathy Formaker, Jamie Carlyle, Beth Casey, Rachel Park, Emily Bird, Nicole Schmidt, Katie Slotter, Amy Metzger, Ashley Mahan, Jianna Dakin, Christen Meyer, Jessica Zuerner **Row 3:** Lissy Woodward, Sarah McRoberts, Eman Mahgoub, Laura Snell, Ashley Robertson, Katie Bierwagon, Ben Barclay, David Manu, Emily Morris, Tricia Hawley, Cole Peiffer, Elias Simpson, Tommy Chan, Andy Wass, Jane Vu, Derek Lewis, Andy Richards **Row 4:** Dana Peterson, Ricky Fields, Stephanie Cox, Laura Jean Clark, Heather Anderson, Jeunghoon Park, Darren Geil, Iris Ilarslan, Kate Gleason, Matt Rodgers, Garrett Hamilton, Melissa Bullock, Christina Godfrey, Sam Robson, Andy Feller, Kelsey Torgerson, Emma Israel, Daniel Ramey, Kyle Uhlmeyer, Jim Schreitmueller, Shane Kelly, Kurtis Flerguson, Jordan Reitz, Chris Harder, Ryan Gibson, Jeremy Gilmore, Lauren Reynolds **Row 5:** Andrew Buttermore, Luke Wilkins, Sawyer Hayde, Ross Koppenhaver, Tim Morgan, Ben Johnson, David Roberts, Thomas White, Garrett Russell, Aubrey Robertson, Tyler Hinderks, Tessie Cook

Symphonic Band



Row 1: Sarah McClanahan, Walter Hyde, Emily Lowry, Andrea Vos, Meredith Talbert, Anne Dressler, Kristin Noack, Mindy Twettan, Rachel Lowry, Meg Wade, Manuel Melendez **Row 2:** Stephanie Nelson, Anna Cowan, Claire Miller, Kay-Marie Lamar, Kacy Merseal, Andy Lamp, Rachel Gallagher, Denise Clark, Laura Larabee, David Gustafson, Jacquelyn Brannan, Carolyn Goedeken, Lisa Balvanz, Meghan Dilks, Sidhartha Nilakanta **Row 3:** Neal Marisinghe, Jessica Balvanz, Sarah Klinkel, Tracy Hawley, Kraig Popelka, Kari Lubow, Laura Logston, Frederick Fuller, Gregory Scallon, Ariel Wayne, Peter Choi, Ben Kolner, Karl Peterson, Andrew Kang, Kristopher Hasstedt, Adam Schmidt, Jarrett Wendt, Mirelle Luecke, Andy Fullhart, Michael Dunlay, Jesse Ramey, Britta Larson **Row 4:** Jill Kaspar, Audrey Leung, Harmony Nelson, Kai Martin, Emily Cohea, Heidi Grove, Amy Barrett, Alissa Anderson, Eric Redmond, Scott Simpkins, Brian Davis, Jon Rohlf, Lucy Chidister, Ben Marsden, Elizabeth Lott, Stacy Evans, Nathan Larson, Susan Raich **Row 5:** Mr. Ewan, Emily Thurmeyer, Drew Robinson, Rachel Cox, Jason Wang, Daniel McClanahan, Greg Shirbroun, Mathew Rohlf

Boys Tennis

Varsity



Row 1: Scott Simpkins, David Saide, Eric Croyle, Sasha Antropov, Krishna Pravu, Edward Cho, Micheal Dunlay
Row 2: Timothy Peterson, Ryan Guffy, Peter Brachova, Coach Ryan Brown, Jonathan Larson, Patrick Howell, Paul Kearney

JV



Row 1: Anthony Ashely, Joey Thien, Brian Server, Jason Misrah, Chris Johnston, Llya Ellern
Row 2: Micheal Tsai, Wei Lee, Matthew Chelew, Ben Scallon, Sean Lou, Joseph Fuller
Row 3: Rohan Agarwal, Mcoond Prekund, James Pringle, Matthew Smith, Jeff Kim, Ishan Singh, David Ghan, Evan Bassler, Coach Ryan Brown

Girls Tennis - Girls Golf

Girls Tennis



Row 1: Stephanie Gong, Ann-Charlotte Wade, Anna Greenwald, Mandy Winkleblack, Alissa Anderson, Meg Wade, Raathai Molian, Melissa Brockway
Row 2: Maya Lipert, Nadya Pecharsky, Pavla Brachova, Sarah Litweiler, Rachel Wilson, Coach Len Thiede, Asya Tsukruk, Lydis Lowry, Jessica Oster, Iris Ilarslan, Hannah Chen, Anne Wilson, Jamie Carlyle

Girls Golf



Row 1: Ronna Belz, Suzie Bretz, Jenny Scoles, Ashley Sornsen, Kelli Berg, Heidi Purcell
Row 2: Erin McGonigle, Amanda Buseman, Courtney Currie, Sara Shaffer, Whitney Sjulín, Stephanie Suey, Coach Bob Heiberger, Jessican Boelman, Morgan Scheppler, Kelsie Larson, Jenny Cheuk, Holly Smith, Leah Ackerman

Boys Soccer

Varsity



Row 1: Andrew Heilegenthal, Jake Babcock, Travis Jones, Nick DeKovic, Robin Archer, Peter McCuskey, Augusto Canales, Paulo Michelini, Brian Scott, Michael Gill

Row 2: Coach Chad Zmolek, Andrew Burgason, Ryan Henriksen, Tommy Strehlow, Chad Pedersen, DJ Stickfort, Nick Cardwell, Kyle Talbot, Blake Graham, Sebastian Thompson, Ben Ertz, Ryan Adam, Asst. Coach Ankur Amin

JV



Row 1: Mo Abdultalal, Kyle Thomas, Andrew Montgomery, Cody Markley, Iain Wilson, Torin Johanson, Julian Kassis, Nathan Oster **Row 2:** Coach Chad Zmolek, Garrett Russell, Bryan Larson, Jon Nau, Dan Kinker, Rob Acker, Ace Valatez, Asst Coach Ankur Amin

Freshman



Row 1: Justin Gleason, Ryan Pesch, Jeff Kroll, Davron Knamdamov, Joeseph Fabiosa, Justin Chang, Jonathan Ackerman

Row 2: Marcus Hippen, Ethan Forsgren, Brain McDonald, Michael Kraemer, Brendan Babcock, Matt Laczniak, Jason Marrs, Kris Johnson, Kyle Talbot

Row 3: Coach Chad Zmolek, Steven Reints, Robert Koehler, Rob Wanzek, Joe Thompson, Nolan Currie, Chris Simonson, Zac Berg, Jared Downard, Asst. Coach Ankur Amin

Girls Soccer

Varsity



Row 1: Nicole Lograsso, Melissa Heitzman

Row 2: Jessica Maher- Lewis, Laura Pospisil, Morgan Siefert, Deb Rock, Sarah Eggert, Renee Nesbitt

Row 3: Kelsey Engelen, Beth Bystrom, Maria Fabiosa, Jessica Polich, Ruth Anderson, Sara Freeman

Row 4: Coach Kenny Graham, Rachel Cox, Nadia Hashimi-Toroghi, Leah Ritz, Kristin Johnson, Jessica Palo

JV



Row 1: Oriana Hashimi-Toroghi, Ashley Holland, Jennie Bean, Brittney Henderson Row 2: Britta Menneke, Alyssa Hesser, Julie Larson, Amanda Keller, Kelsey Dunshee, Katie Elliot, Jane Vu, Lindsay McGowan, Abby Gaul, Laura Logsdon, Suzie Forbrig; Row 3: Natalie Sengbusch, Stephanie Skladany, Jenny Calsyn, Rachel Nesbitt, Kellie Engelman, Elizabeth Valdez, Laura Johnson, Nicole Schmidt, Alyssa Rasmussen, Chelsea Wierson

Freshman



Row 1: Elaine Ertz, Emily Lawlor, Meghan Hackerson, Allyse Hellmich, Jenna Jensen Row 2: Amy Hamilton, Kristine Kearney, Jen Boccella, Sarah Brimeyer, Elizabeth Warth, Sarah Jackson Row 3: Kirsten Schoenrock, Kelsey Carney, Jayne Strand, Natalie Hashemi-Toroghi, Jessie Curry, Rachel Mattson, Melissa Baughman, Coach Bobby Myers

Softball

Varsity 2003



Row 1: Laura Weible, Rachel Koch, Heather Anderson, Jessica Zurner, Sarah Sundberg Christen Calentine, Nicole Loughren, Toni Hasselman **Row 2:** Rachel Gallagher, Sarah Kramer, Lindsay Olsen, Sarah Klinkel, Ashley Weigand, Shannon Cross, Jordan Osborne, Katie Kramer **Row 3:** Coach Weber, Amy Rodgers, Anna Kemis, Megan Brownfield, Rachel Taege, Sarah Nelson, Danielle Stoops, Jenny Tillo, Stacey Evans, Coach Bob Best

Varsity 2004



Row 1: Nicole Loughren, Rachel Koch, Tessa Matibag, Nicole Nostwich, Katie Hasstedt **Row 2:** Megan Pearson, Jenna Magnuson, Carrie Kohler, Sarah Kramer, Ashley Weigand, Toni Hasselman, Amy Metzger, Jordan Osbourne **Row 3:** Coach Weber, Kayla Ackerman, Sarah Klinkel, Katie Kramer, Jenny Tillo, Jennifer Green, Alissa Hesar, Laura Weile, Kelly Matters, Coach Best

Softball

Freshman 2003



Row 1: Nicole Nostwich, Megan Pearson, Tessa Matibag, Jenna Magnuson, Molly Golemo, Amy Metzger

Row 2: Coach Kelly, Kayla Ackerman, Sarah Nelsen, Amber Sexton, Jennifer Green, Kelly Matters, Victoria Knight, Katie Hasstedt

8th Grade 2003



Row 1: Sarah Loukes, Rachel Hasselman, Nina Carlson

Row 2: Coach Schmaltz, Diane Kraus, Krisi Philips, Kerry Kohler, Emily Falk, Leigh Howell, April Nikkel

Freshman 2004



Row 1: Katie Hasstedt, Laura Pedersen, Lauren Naeve, Paige Olson, Emily Falk, April Bettis

Row 2: Abby Adkins, Caitlin Anderson, Lauren Frandsen, Coach Kelly, Kristi Philips, Katherine Marsden

8th Grade 2004



Row 1: Brittany Strickler, Mercedes Michalson, Sarah Loukes, Lauren Naeve

Row 2: Coach Schmaltz, Clare Kohler, Lindsay Nhien, Rachel Hasselman, Paige Olsen, Nina Carlson, Anne Today

Baseball 2003

Varsity



Row 1: Chris Harris, Tyler Barrett, Joe Bappe, Chase Ekley, James Teas **Row 2:** Seth Levings, Nathan Greving, Tyler Brayland, Eric Nau, Trevor Smith, Michael Christy, Ian Smith, Ishan Singh, Coach Eric Bappe, Coach Nate Loensor, Cody Burgduff, Jake Dunshee, Daniel Wandling, Trevor Burge, Ben Marsden, Brett Maysent, Coach Stevens

Freshman



Row 1: Adam Author, Daniel Schuldies, Chris Voss, Steve Finelley, Evan Hudson **Row 2:** Brice Ryle, Andy Feller, Daniel Blum, Kyle Nelson, Alex Keefe, Grant Simpson **Row 3:** Coach Jamie Smith, Andy Olson T.J. Lawless, Austin Arnaud, Garrett Farni, Brian Weiss, Coach Pat Lawler

Sophomore



Row 1: Levi Duvick, Cole Rassmussen, John Nau, Bryce Arneson, Andy Neff, Kaci Chandra **Row 2:** Coach Aaron Rosheim, Daniel Carswell, Todd Mauer, Ross Marsden, Ryan Knight, Landon Baumhover, Coach Beau Hampton

Baseball 2004

Varsity



Row 1: Joe Bappe **Row 2:** Chase Eckley, Kaci Chandra, Nate Greving, Navneet Charma, Landon Baumhover, Ryan Knight, Tim Erbes **Row 2:** Coach Eric Bappe, Dan Blum, Chris Harris, Andy Neff, Chris Voss, Tyler Barrett, James Teas, Coach Chuck Stevens **Row 3:** Jon Nau, Dan Carswell, Brett Maysent, Ben Marsden, Austin Arnaud, Cole Rasmussen

Sophomore



Row 1: Kyle Nelson, Grant Wilson, Ryan Anton, Stephen Fennely, Adam Arthur, Chris Voss, Ignacio Carranza-Morales **Row 2:** Coach Matt Murphy, Daniel Schuldies, Brian Weiss, T.J. Lawless, Bryant Lamen, Andy Olson, Coach Jamie Smith

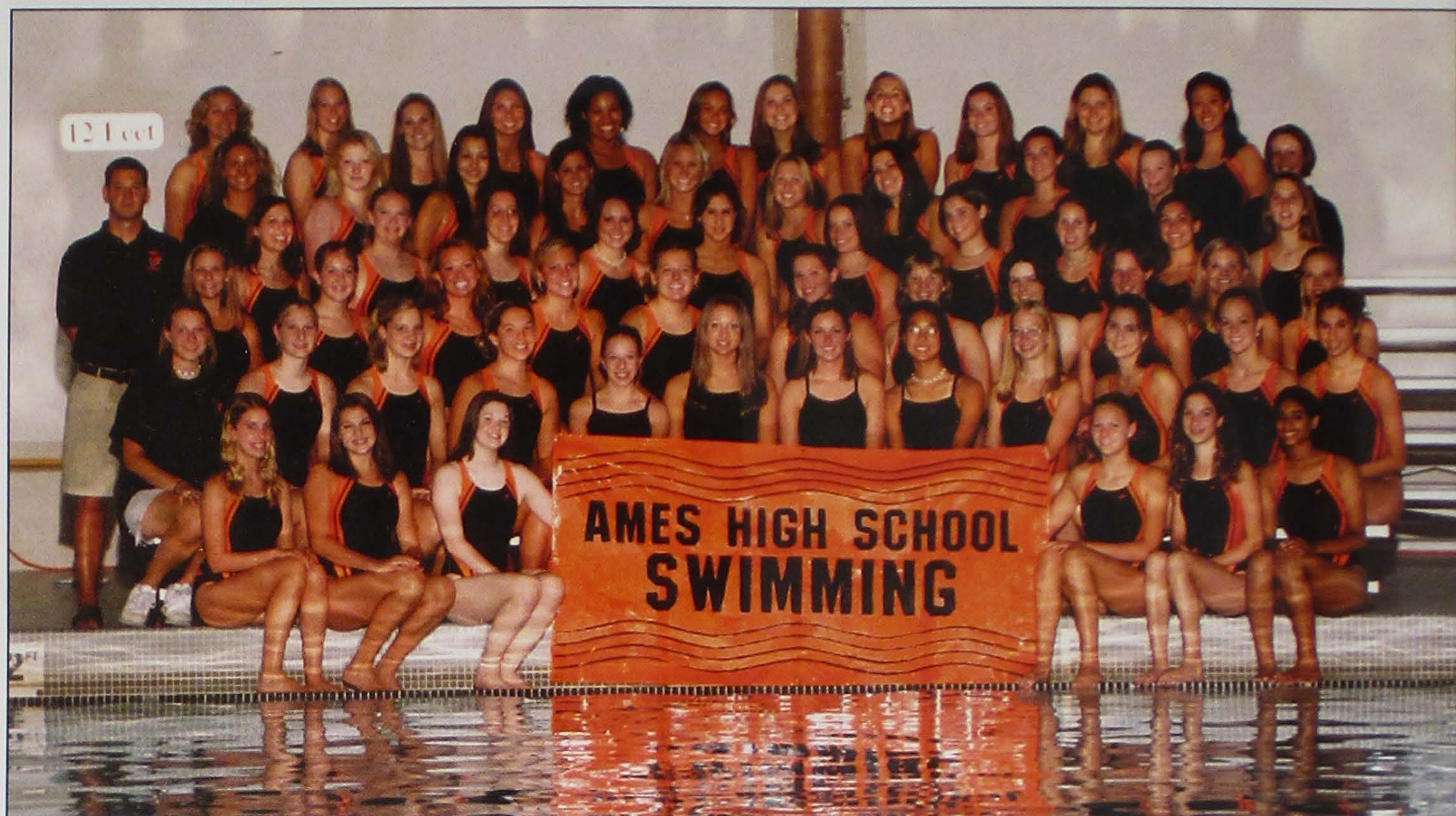
Freshman



Row 1: John Alexander, Tyler Lewis, Chris Johnson, Anthony Dempsey, Danny Haugo, Paul Zunkel **Row 2:** Joe Klinkel, Jeff Houk, Brandon Hurley, Eric Foley, Lucas Gehlsen, Tyler Hansen, Coach Peterson **Row 3:** Benny Nelson, Zach Haggert, Benjamin Dobbs, Tanner Twettan, Ryne Sundvold, Luei Ong

Swimming - Diving

Girls Swimming



Row 1: Alison Dye, Anne Wilson, Renee Bovinette, Anja Dekkers, Elizabeth Cohe, Haema Nilakanta **Row 2:** Rachel Wilson, Courtney Larson, Kristen Geiger, Caitlyn Harrington, Steph Enloe, Libby Utesh, Bailey Barnard, Ying Ying, Alysia Larson, Emily Jansen, Libby Grant, Natalie Hashemi-Toroghi, Annie Scoles, Chelsea Wiersen, Larah Thorguaard, Kelly Matters, Jenna Maanuson, Trisha Hawley, Cheryl Tibben, Katie Rocshell, Katie Harmelade, Alyse Wandling, Kristine Kearney **Row 4:** Mandy Priog, Catie Glatz, Sarah Spencer, Gabby Tyler, Oriana Hashemi-Toroghi, Samantha Lewis, Katie Gleason, Erin Chrusciel, Jane Vu, Amanda Bertilson **Row 5:** Coach Dan Flannery, Coach Christine Van Meter, Sarah Peters, Muji Jacobsen, Suzie Bretz, Emily Stark, Helen Meyers, Sarah Hansen, Jenny Scoles, Coach Susan Sultveldt, Assistant Al **Row 6:** Merideth Talbert, Megan Edwards, Emily Morris, Candy Hoffman, Ashley Holland, Audrey Weidemeier, Elizabeth Wandling, Colleen Armstrong, Kelly Buttler, Katie Norlin, Laura Kim

Diving

Row 1: Libby Utesh,
Steph Enloe

Row 2: Ying Ying, Bailey
Barnard



Fall Cheer

Varsity



Row 1: Kristin Tierney, Marit Place, Rachel Gonzalez, Brooke Strickler, Samatha Kapaun, Melanie Wanzak, Erin Thatcher, Ronna Belz
Row 2: Rachel Nesbitt, Megan Baughman, Alyssa Strum, Ashley Wilson, Caitlyn Knuth, Ashley Ward, Andrea Schliesman, Jackie McEachran, Libby Cue, Kaylyn Clark

Sophomore



Row 1: Michelle Chester, Delisa Briseno, Alex Budd, Dana Howell, Shannon Riscius, Debbie Bennit
Row 2: Annika Andersen, Beth Bonnichson, Allison Bezlinski, Rachel Davis, Ashley Finer, Amanda Henderks

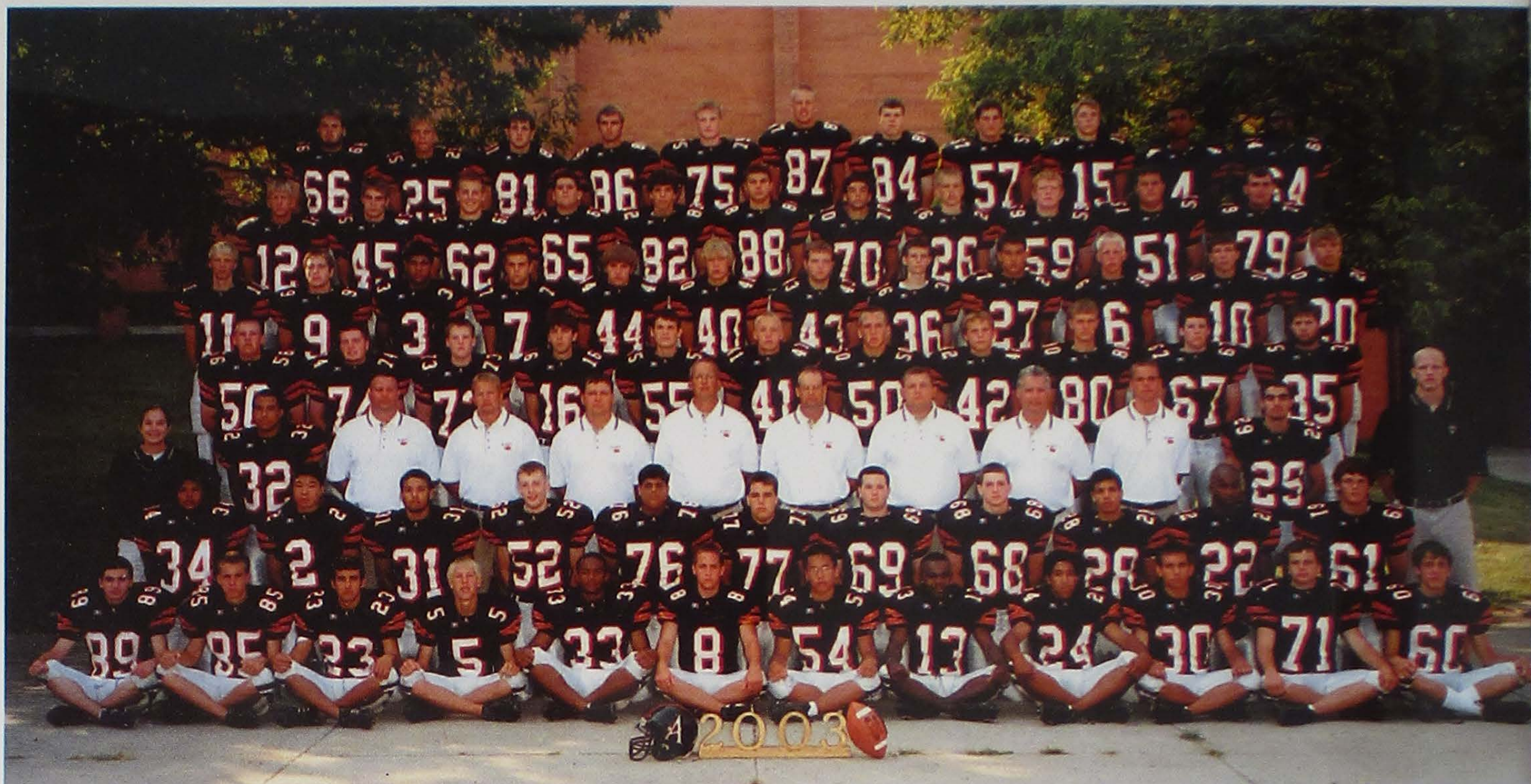
Freshman



Row 1: Leah Wilson, Kyra Knuth, Maria Beresev, Alex Blount, Jessica Amaya, Morgan McCormic
Row 2: Melissa Baughman, Alison Loes, Sarah Lennahan, Crystal Weltha, Brianna Lelonick, Becky Kerns

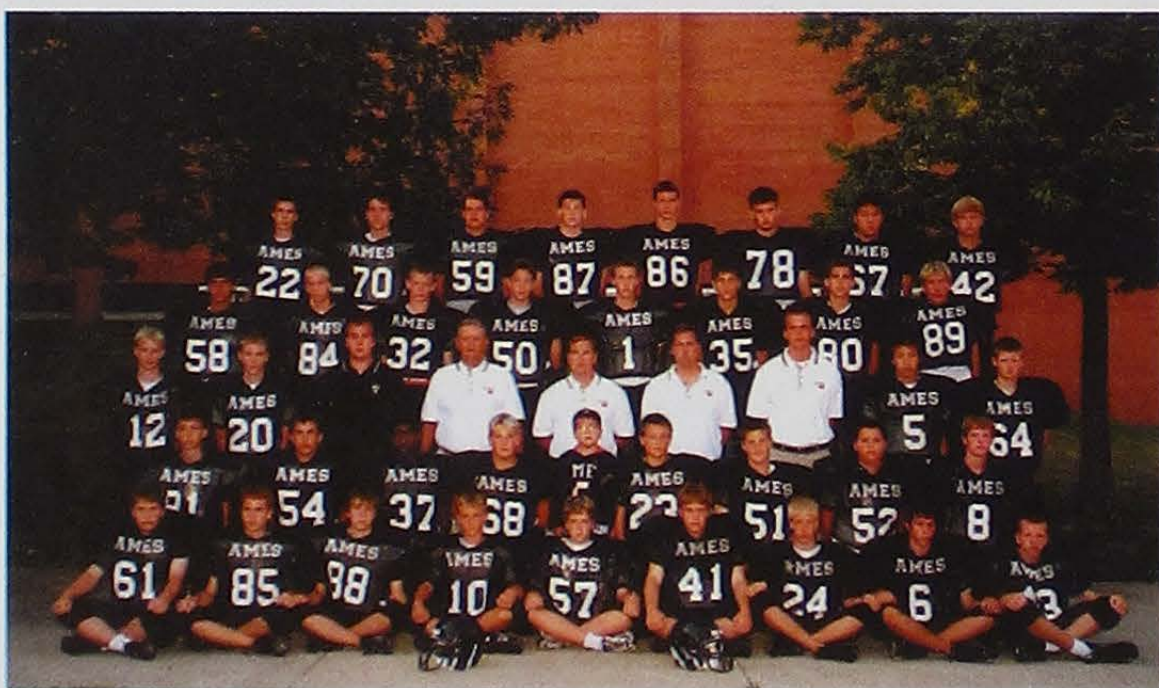
Football

Varsity



Row 1: Cole Rasmussen, C.J. Strehlow, Michael Shriver, Bryce Arneson, Brian Jones, Ryan Wagner, Lee Wilkins, James Lacy, Ronnie Thompson, Brad Schmidt, Matt Martins, Mark Linahon **Row 2:** Jamal Hayes, Louis Ng, Andy Neff, David Muehe, Kaci Chandra, Nate Pringle, Jacob Clark, Lucas Peterson, Cesar Becerra, Angelo Taylor, Patrick Lanning **Row 3:** Rickey Thompson, Mike Shane, Jamie Kohl, Tracey Rial, Bruce Vertenan, Cance Downs, Joel Sullivan, Tom Schliesman, Aaron Rosheim, Matt Young **Row 4:** Chris Breyfogle, Grant Cooper, Ryan Davis, Mitch Pick, Daren Wheeler, Ryan Hendricksen, Beau Knock, Justin Hesser, Andrew Heilegenthal, Nick Pribyl, Seth Levings **Row 5:** Luke Chittenden, Charlie Weber, Nathan Greving, Travis Jones, Nick Cardwell, Chad Pederson, Kyle Christensen, Blake Graham, Bryan Ackerman, Tyler Brayland, Brandon Berg, Paul Kearney **Row 6:** Ben Hanson, Jon Nau, Stephan Gerbracht, Mark Henneger, Ryan Knight, Brady Rebarcak, Brandon Chick, Joe Stigler, Cody Burgduff, Mikhail Kolosov **Row 7:** Drew Eichorn, Bret Maysent, Travis Cruise, Todd Mauer, Chand Brenner, Eric Bokhoven, Aaron Lott, Ben Marsden, Travis Stair, Austin Arnaud, Wesley Norris

Freshman



Row 1: Alec Johnson, Tyler Lewis, Justin Gleason, Jeff Houk, Derek Siedelmann, Scott Dillavou, Lucas Gehlsen, Danny Haugo, Chris Moore **Row 2:** Jacob King, Grant Simpson, Noah Gildermaster, Bryan Server, Joe Bappe, Joe Klinkel, Jacob Johnson, Matt Cross, Stephen Fennelly **Row 3:** Ethan Forsgren, Jeff Kroll, Coach Drew Veysey, Coach Bappe, Coach Lawler, Coach Rosheim, Tony Dempsey, Brock Vosberg **Row 4:** Michael Hansen, Ben Ruppert, John Boylan, Eric Lane, Paul Zunkel, Ben Dobbs, Wesley Rebarcak, Austin Bell **Row 5:** Bret Ballantine, Ryan Praska, Jeff Hanson, Adam MAANS, Joshua Thompson, Austin Brown, M> Kang, Zach Haggart

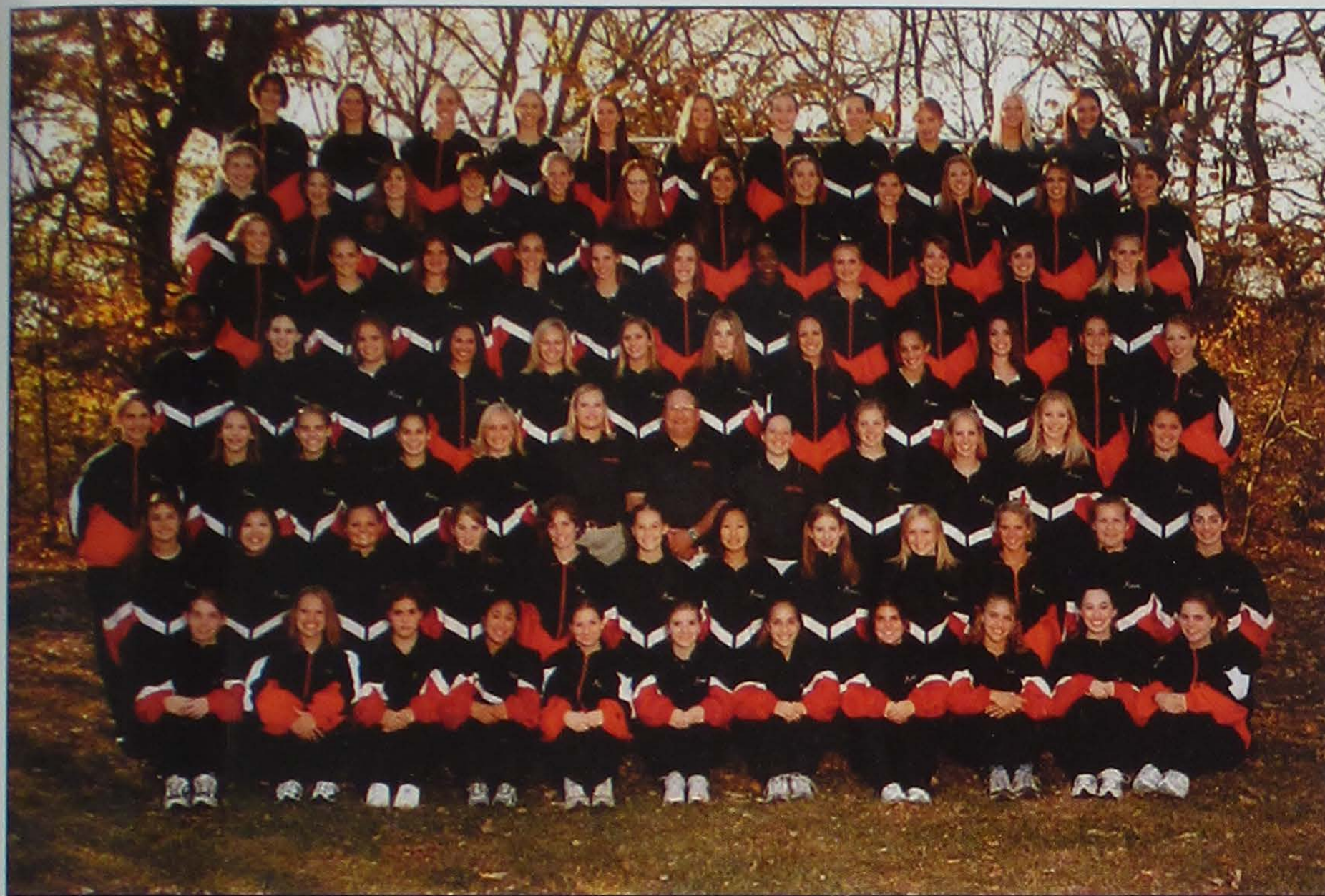
Sophomore



Row 1: Andy Richards, Danny Blum, Tyler Anderson, Nathan Vu, Kyle Nelson, David Tapper, Bob Schliesman, Rob Mannatt **Row 2:** Adam Arthur, Jake Gohlmon, Bryce Rial, Nolan Dressman, Drew Vesey, Chris Voss, Matt Ludeman **Row 3:** Coach Hutchinson, Doug Beck, Greg Matters, Dale Tramp, Jim Duea, Ed Schweigert, Richie Harman, Ahad Mujeeb **Row 4:** Bryant Leman, Brian Weiss, Austin Mein, Kevin Berg, TJ Lawless, Matthew Smith, Mason Borich, Garrett Hamilton, Ryan Catus **Row 5:** Tommy Strehlow, Nick Litwiller, Matt Stephenson, Josh Beckman, Luke Taege, Daniel Kinker, Jacob Balough, Bryan Larson

Cross Country

Girls Cross Country



Row 1: Valerie Roarck, Renee Nesbitt, Gretchen Gerbracht, Stephanie Chang, Lindsay Beckwith, Allisen Metzger, Joey Dobson, Amanda Lutz, Tonya Bergeson, Stephanie Ferguson, Katie Lutz **Row 2:** Mallorey Engelen, Jenny Shen, Jordon Hoshor, Sara Brimeyer, Katie Brimeyer, Angela Beckwith, Stephanie Kim, Jennifer Compton, Annie Wade, Kersten Thorgaard, Molly Carpender, Jessica Svec **Row 3:** Jill Kasper, Justyna Marcinow, Elizabeth Warth, Emily Mosquini, Robin Bullock, Asst Coach Beth S., Coach Schmaltz, Asst Coach Tonya, Sarah Brimeyer, Sarah Hundertmark, Carrie Kohler, Laura Logston **Row 4:** Christi Tim, Susan Raich, Patty Mangaudis, Anna Domoto, Meg Wade, Jess Estill, Kate Poluch, Emily Tuttle, Olivia Langdenburg, Morgan Johnson, Brighton Prueger, Brittany Rover **Row 5:** Leah Ritz, Hayley Jackson, Liz Deppe, Alice Helmitich, Rebecca Raab, Chrissa Millen, Traci Hawley, Lissa Catus, Jacky Brannan, Mary Beth Kleusner **Row 6:** Emily Hogue, Neva Hibbing, Katie Norris, April Grove, Lisa Jean Clark, Kim Ihle, Anne Dressler, Kristine Stasko, Denise Clark, Claire Miller, Lydia Lowry, Emily Bird **Row 7:** Shea Prueger, Katie Elliot, Katie Kramer, Caylon Borich, Veronica Hindt, Jane Strand, Kristi Phillips, Laura Weible, Lindsay Adams

Boys Cross Country



Row 1: Joseph Fuller, Wern Ong, Greg Shirbon, Ryan Phesh, Luke Wilkins, Nate Benning, Rich Gaunt, David Mayes, Jason Mull, Jaret Wendt, Peter McCuskey, Jow Wheelock, Jason Misra **Row 2:** Tim Hart, Nathan Rollenhagen, Andy Feller, Greg Scallon, Michael Gill, Ryan Pool, Aviv Luban, Nick Zdorkowski, Brandon Long, Ethan Whited, John Misra, Freddy Patterson **Row 3:** Michael Punlay, Alex Carlson, Luke Lowry, Brandon Gill, Lucas Warth, coach Tim Mooney, coach John Sletten, coach Tim Hibbing, Mat Clark, Cade Cartwright, David Trevillian, Brandon Shaw, Bo Peng **Row 4:** Kai Martin, Seth Dodge, Willy Svec, Jake Dobberke, Chris Johnson, Josh Vander Zwaag, Cole Peiffer, Jon Andreg, Andy Lamp, Rickey Fields, Greg Hunter, Franklin Fuller **Row 5:** Nate Weiss, Russel Jackson, John Fitesimmons, Kyle Uhlymeyer, Brant Bumgarner, Nick Ramsey, Jacob Pleasants, Andrew Millen, Zach Borg, Gabe Wilson, Jordan Funkhowser, Nate Osher, Sean Siberski **Row 6:** A.J. Johnson, John Gilarski, Matt Rogers, Matt Lambert, Drew Robinson, Dan McClanahan, Dan Hallihan, B.J. Dilla, Garret Russell, Elias Simpson

Volleyball

Varsity



Row 1: Debra Borcheding, Ashely Tucker, Jamie Dye, Christen Calentine, Kara Drzycimski

Row 2: Coach James Brockway, Stephanie Skladany, Marissa Banks, Danielle Stoops, Jessica Keefe, Alison Mohlke, Sarah Klinkel

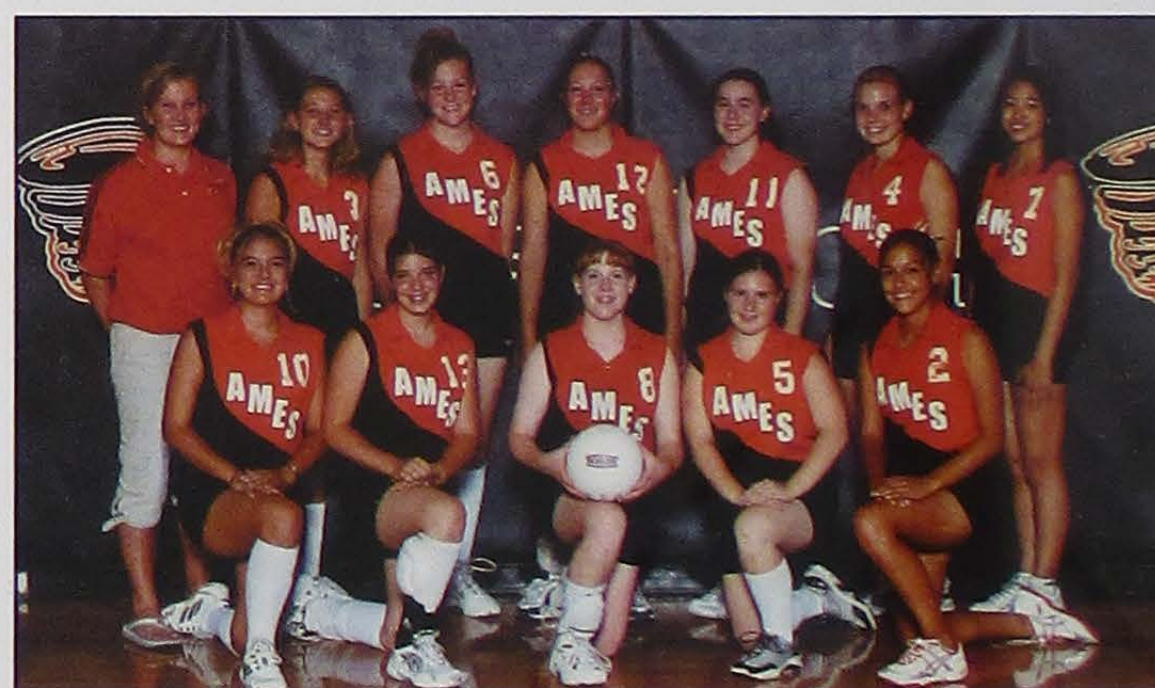
JV



Row 1: Sarah Hanson, Amanda Kerper, Lindsay Stephew, Beth Bystrom, Sam Stair

Row 2: Melissa Burnett-Larkin, Tricia Stubbs, Jessica Oster, Jenny Tillo, Laura Rich, Kelsey Dunshee, Mindy Twetten, Coach Julie Terry

Sophomore



Row 1: Iris Ilarslan, Emily Morris, Megan Pearson, Beth Casey, Kayla Ackerman

Row 2: Coach Rachel Miller, Toni Hasselman, Becky Sidles, Jenny Calsyn, Rachel Lowry, Alyssa Heser, Emily Wang

Volleyball - Boys Golf

Freshman A



Row 1: Hannah Bentrott, Melissa Brockway, Tessa Matibag, Alyssa Strubble, Amy Hamilton, Mandy Winkleblack

Row 2: Amber Sexton, Megan Hackerson, Alexa McGrory, Sarah Nelson, Katie Lenduska, Anna Greenwald

Freshman B



Row 1: Jessica Anderson, Katie Hasstedt, Elizabeth Boswell, Alexandra Bortle, Kelsey Comstock

Row 2: Coach Gavin Granneman, Sam Hackerson, Janel Tott, Cori Milan, Lauren Vidomos, Jennifer Lambert, Manager Terrisa Clark

Boys Golf



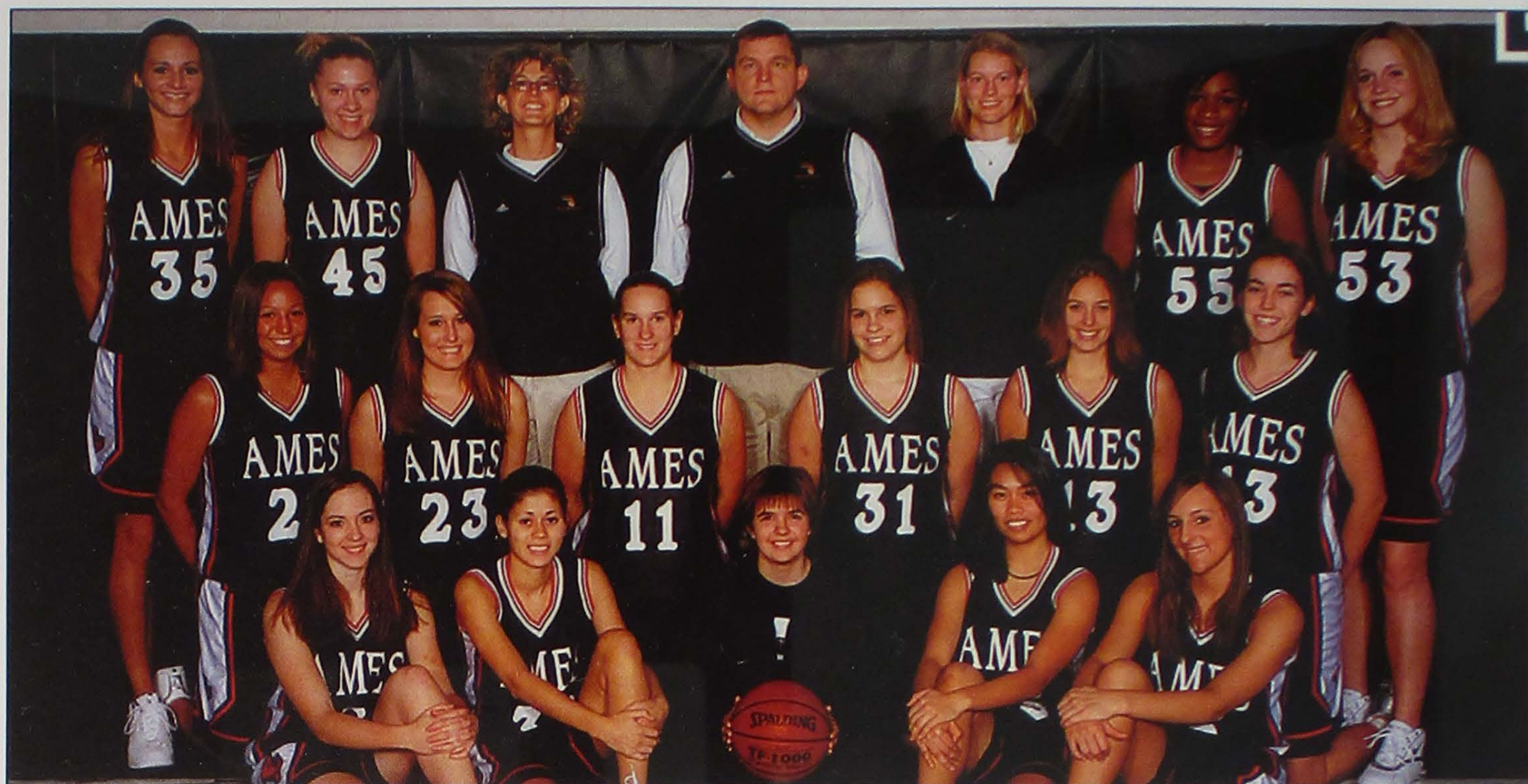
Row 1: Alex Jarnagin, Jason Marrs, Nolan Currie, David Warning, Ryne Sunvold

Row 2: Alex Keefe, Andy Herrick, Ryan Dougherty, Brandon Pohlman, Andy Wass, Garrett Farni

Row 3: Asst. Coach Kim Kain, Kyle Young, Andrew Kang, Mark Newton, Erik Bunker, Bobby Sunvold, Kevin Woodward, Nick DeKovic, Head Coach RJ Voss

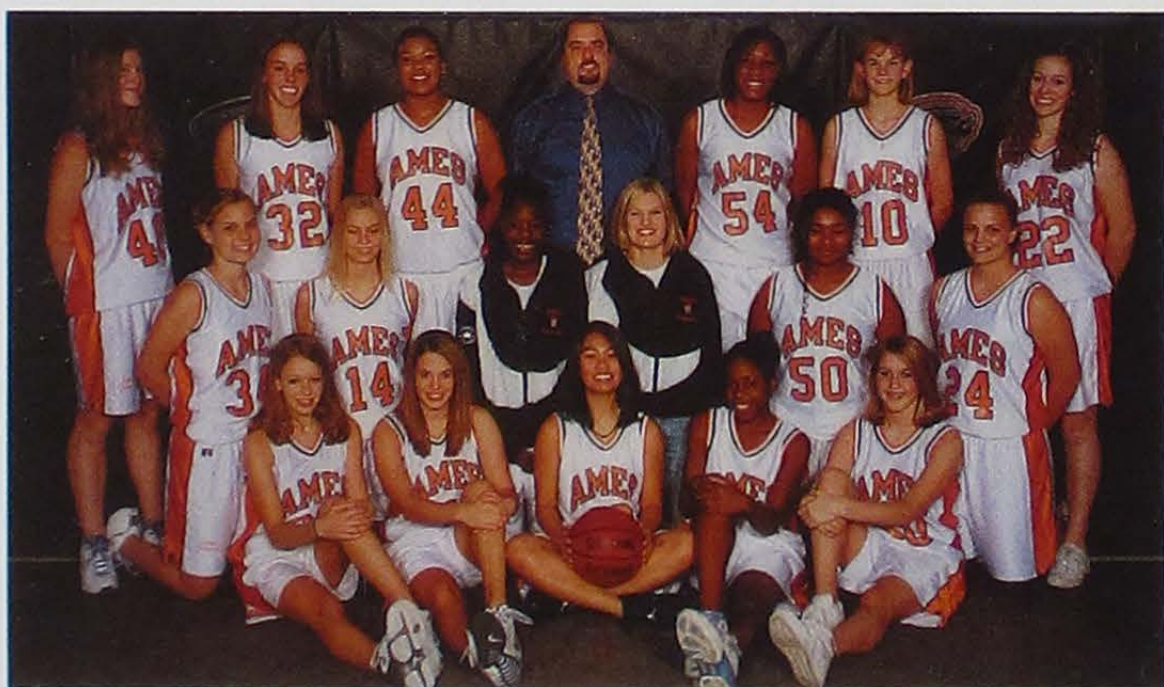
Girls Basketball

Varsity



Row 1: Shannon Cross, Debora Rock, Chelsea Johnson, Maria Fabiosa, Kara Drzycimski **Row 2:** Megan Kerns, Sam Wakefield, Debra Borchering, Patti Manguadis, Sarah Litwiller, Rachael Cox **Row 3:** Jessica Keefe, Kelsey Thien, Coach Jenny Hobbs, Coach Joel Sullivan, Coach Ashley Welk, Marissa Banks, Danielle Stoops

Sophomore



Row 1: Brittany Rover, Lindsay McGowan, Maria Fabiosa, Joy Awoniyi, Chelsea Wierson **Row 2:** Alyssa Hesar, Laura Weible, Jessica Palo, Debbie Bennett, Victoria Knight, Melissa Heitzman **Row 3:** Lara Curtis, Katie Kramer, Chassidy Mosley, Coach Chuck Stevens, Marissa Banks, Kelsey Englin, Tricia Stubbs

Freshman



Row 1: Kelsey Larsen, Natalie Hashemi-Toroghi, Meghan Hackersen, Coach Rob Kain, Coach Julie Terry, Alexa McGrory, Caylen Borich, Jayne Strand **Row 2:** Jessie Svec, Jessie Curry, Kristi Philips, Beth Bystrom, Kirsten Schoenrock, Allyse Hellmich, Kelsey Carney **Row 3:** Amy Hamilton, Kersten Thorgaard, Kristine Kearney, Jenn Boccella, Jenna Jensen, Sarah Brimeyer, Laura Chitty, Libby Grant

Boys Basketball

Varsity



Row 1: Bryce Arneson, David Muehe, James Tease, Erik Bunker, Cole Rasmussen, Chase Eckley, Justin Hallberg, Hank Weirson **Row 2:** Austen Arnaud, Chad Cullinan, Erick Bokhoven, Ross Marsden, Alex Thompson, Brandon Sidles, Mark Jensen, Ben Lueth

Sophomore



Row 1: Mason Borich, Ryan Catus, Chris Voss, Nate Greving, Josh Barnes, Brian Larson, Jon Stone, Coach Slykhouse **Row 2:** Coach Vance Downs, Jordan Gilmore, Brandon Pohlman, Chuck Cleary, Josh Beckman, Nick Litwiller, Michael Lee, Coach Ed Schwiegert

Freshman



Row 1: Jeremy Hurley, Robbie Wanzek, Mackenzie Crozz, Joseph Thompson, Kyle Talbot, Brandon Hurley, John Boylan, Jacob Johnson **Row 2:** Eric Foley, Minyoung Kim, Daniel Haugo, Steven Fennelly, Kris Johnson, Joseph Fabiosa, Tyler Hansen **Row 3:** Zachary Brenner, Tanner Twetten, Bret Ballantine, Adam Maahs, Wesley Rebarcak, Ryne Sundvold, Jay Jensen, Coach Aaron Rosheim

Boys Swimming - Drill Team

Boys Swimming

Row 1: Ben Ward, Eric Bierwagon, Jared Downard, Justin Gilger, Ben Scallon, Arron Lenhoff, Michael Herriges **Row 2:** Drew Robinson, Josh Peterson, Danny Lizaso, Ryan Guffy, Jeffrey Kim, Carmi Spicer, Joesph Ahn, Scott Mettillie, Ass. Head Coach, Coach Vanmeter **Row 3:** Head Coach Dan Flannery, Joe Wiedemeier, Rob Acker, Seth Levings, Andy Duffelmeyer, Luke McDuff, Justin Hesser, Robert Chang, Rob Vidimos, Kaci Chandra **Row 4:** Michael Shriver, C.J. Strehlow, Bobby Sunvoldt, Tommy Strehlow, Matt Harder, Kyle Downard, John Herriges, Jason Wang, Johnny Stark



Drill Team

Row 1: Brooke Novey, Ashely Sornsen, Melinda Heitzman, Erin Thatcher, Emily Tuttle **Row 2:** Chasity Taylor, Caylyn Clark, Amanda Keller, Jennie Bean, Melanie Wanzak, Libby Utesch, Ricki Baker, Darshana Bhattacharyya, Abby Gaul, Alison Vogoya, Judy Awoyni **Row 3:** Erin Bavnall, Emily Kawaler, Alison Bazelinski, Lydia Lowry, Shannon Risius, Chelsea Jensen, Genny McCalmont, Emily Drappal, Alyssa Rassmussen, Emily Davenport **Row 4:** Mashett Syrkin-Nikolau, Katie Lundstrom, Lauren Sorth, Kristen Geiger, Katie Linduska, Anne Wilson, Melissa Baughman, Rachel Thopmson, Coach Sarah Buss



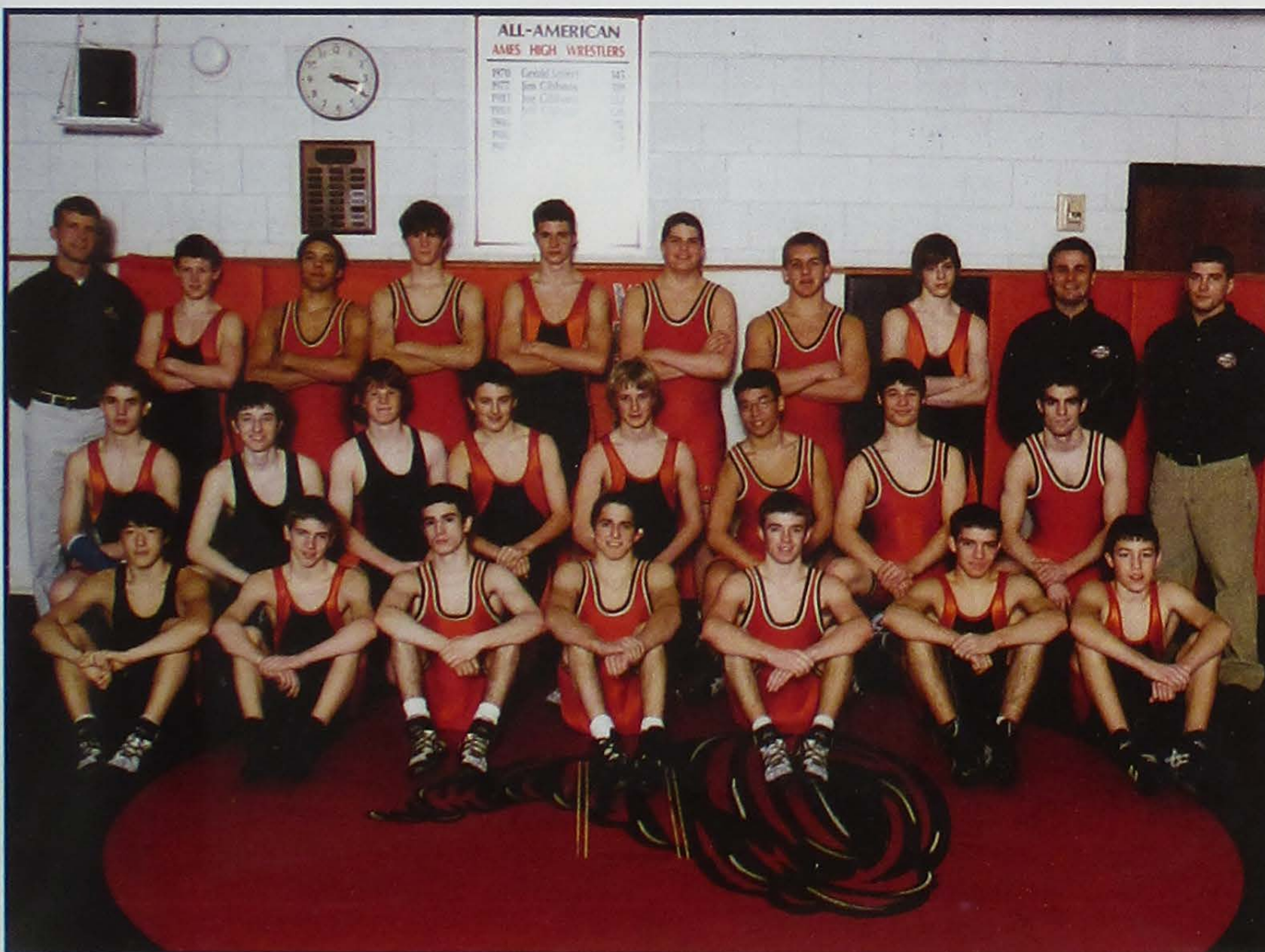
Hockey - Wrestling

Hockey



Row 1: Elsie Jeong, Mike Owen, TeJay Meredith, Alex Jarnagin, Ben Dobbs, Scott Dillavou **Row 2:** Aaron Taylor, Andy Hunziker, Erik Thompson, Alex Kuuttila, Chad Ziebol, Brendan Babcock, Aaron Mostrom **Row 3:** Russ Moore, Nate Newman, Matt Polito, Mike Scebold, Austin Hennesey, Trent Heithoff, Asat Vaknin, Abraham Naladez, Travis Heithoff, Tom Elston, Rob Rose **Row 4:** Burton Hable, D.J. Stickfort, Brandt Carlson, Kevin Woodward, Adam Weber, Jordan Cook

Wrestling



Row 1: Justin Chang, Dan Voss, John Smith, Joey DeMarie, Kyle Nelson, Jacob Johnson, Jarrett Wendt **Row 2:** Tyler Lewis, Greg Thompson, Noel Currie, Joe Klinkel, Ethan Forsgren, Lee Wilkins, Bob Thompson, Matt Young **Row 3:** Coach Chad Zmolek, Brock Vosberg, Andy Neff, Matt Stephenson, Josh Thompson, Jeff Hanson, Beau Knock, Jeff Kollasch, Coach Jeff Gibbons, Coach Andy Wollner **Not Pictured:** Cliff Corley and Ronnie Thompson

Winter Cheer

Varsity



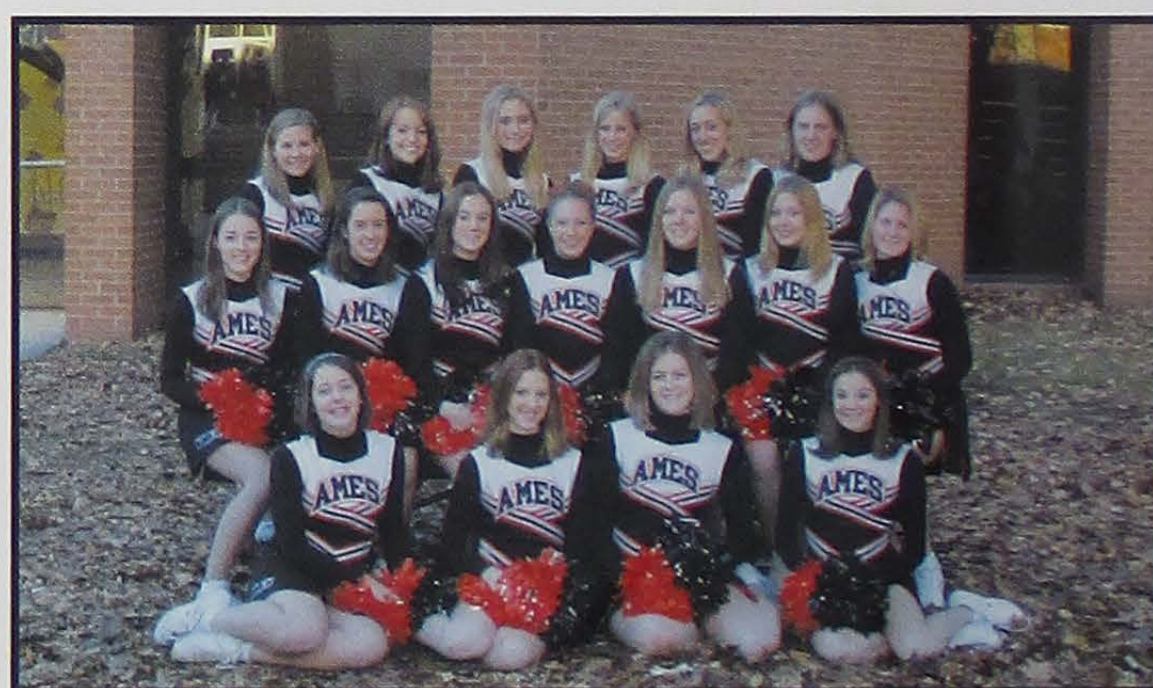
Row 1: Rachel Townsend, Ronna Belz, Brooke Strickler, Stephanie Jones, Tess Hannapel, Emily Stark
 Row 2: Kristen Tierney, Emily Smith, Elizabeth Wandling, Sam Stair, Audrey Weidemeier, Jenny Scoles, Ashley Helling
 Row 3: Jamie Veal, Miranda Eness, Ashley Ward, Alyssa Sturm, Suzie Bretz, Jess Estill, Jessica Maher-Lewis, Heidi Grove, Gabby Tyler

Freshman



Row 1: Stephanie Paffenberger, Morgan McCormick, Tessa Matibag, Maria Beresnev, Andrea Mallareno, Leah Willson
 Row 2: Kyra Knuth, Kate Dunshee, Brianna Lelonik, Allison Loes, Amber Saxton, Alyse Wandling
 Row 3: Alicia Wengert, Lauren Dougherty, Becky Kerr, Laura Haleb, Emily Falk, Annie Wade

Sophomore



Row 1: Candace Weis, Kim Ihle, Becky Sidles, Mandy Kerper
 Row 2: Amanda Hinderks, Emily Smith, Laura Cram, Stephanie Enloe, Ashley Mahan, Chelsea Catrill, Laura Rich
 Row 3: Annie Scales, Delesa Briseno, Dana Howell, Ashley Finer, Alex Budd, Shannon McCormick

Boys Track



Row 1: Greg Shirbron, David Tapper, Andy Clayton, Jai Millen, Rich Gaunt, Luke Wilkins, Jow Wheelock, Joe Fuller, Nathan Vu, Ryan Wagner, Brian Jones **Row 2:** Andy Wass, Josh Peterson, Michael Hansen, Brandon Shaw, Drew Vesey, Prandon Long, Nathan Rollenhagen, Manuel Melendez, Alex Carlson, Freddy Patterson, Brandon Gill, Rob Manat **Row 3:** Jordan Bell, Mat Clark, Coach Edward Schweiger, Coach Tim Hibbing, Coach Carl Pelzer, Coach John Sletton, Coach Jim Duea, Coach Bruce Vertnand, Coach Tim Mooney, Lucas Warth, Andrew Feller **Row 4:** Luke Lowry, Rickey Thompson, Luke Chittenden, Clifford Corley, Ethan Little, Angelo Taylor, Brandon Giel, Greg Hunter, Matt Ludeman, Cade Cartwright **Row 5:** Charlie Weber, Nick Romsey, Drew Robinson, Sam Robson, Scott Lynn, Brandon Berg, Kevin Berg, Zac Easley, Trystan Woods, Wily Svec **Row 6:** John Gilarski, Peter Ariik, Jacob Balough, Mark Henneger, Bo Peng, Nathan Weiss, Kurtis Pesghson, Ryan Catus, Edward Cho, Andrew Miller **Row 7:** Michael Qnien, Danny Hallahan, Matt Lanebert, Lucus Tage, A.J. Johnson, Ben Lueth, Brady Rebarcak, Brandon Lee, Louis Ng

Girls Track



Row 1: Jessica Zuerner, Rebecca Park, Romila Mukerjea, Racheal Koch, Stephanie Plander, Allison Metzger, Anju Somani, Stephanie Enloe, Beth Casey, Lindsay Beckwith, Katie Lutz, Nichole Laughren, Diane Wilson, Eman Maqhoob **Row 2:** Chelsea Cottrill, Aquavia Lagrone, Candice Weiss, Tessie Cook, Kersten Thorgaard, Allison Dye, Mashette Syrkin-Nikolau, Angela Beckwith, Stephanie Ferguson, Katie Brimeyer, Stephanie Kim, Amanda Thomas, Kristen Russell **Row 3:** Toni Hasselman, Priscilla Hendricks, Ashley Finer, Chelsea Davis, Coach Julie Terry, Coach Jamie Kohl, Coach Beth Schluzacek, Coach Kirk Schmaltz, Coach Aileen Sullivan, Cary Justmann, Tricia Hawley, Kayla Ackerman, Sara Van Marel, Ying Ying Liu **Row 4:** Amy Swanson, Rebecca Gergusson, Sarah Schreitmuelen, Mallory Engelen, Jenna Magnuson, Debra Borchending, Ashley Tucker, Anna Domoto, Sarah Hansen, Kayse Carter, Jessie Svec, Mary Kluesner, Olivia Langenburg **Row 5:** Olga Herrera, Kristine Stasko, Denise Clark, Kristin Noack, Megan Kingsbury, Laura Kim, Kelly Butler, Brittany Rover, Jenna Barrett, Emely Falk, Lauren Chitty, Sarah Hundermark **Row 6:** April Grove, Katie Linduska, Christy Phillips, Jenna Pritchard, Traci Hawley, Lissa Catus, Emily Tuttle, Jackie Brannan, Charissa Millen, Hiwot Abebe, Heba Kamal **Row 7:** Amber Sexton, Sarah Klinkel, Candy Huffman, Kate Polush, Kristin Geiger, Laura Jean Clark, Laura Larabee, Kay Mwanza, Nikki Reynolds, Jill Kasper, Tricia Stubbs **Row 8:** Trainer Tim Moran, Laura Snell, Caylon Borich, Katie Kramer, Kim Ihle, Christian Tim, Neva Hibbing, Colleen Armstrong, Lauran Brown, Katie Norlin, Emily Morris

Advertising

MEMORY GAMES

Baby Ads
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Friendship Ads
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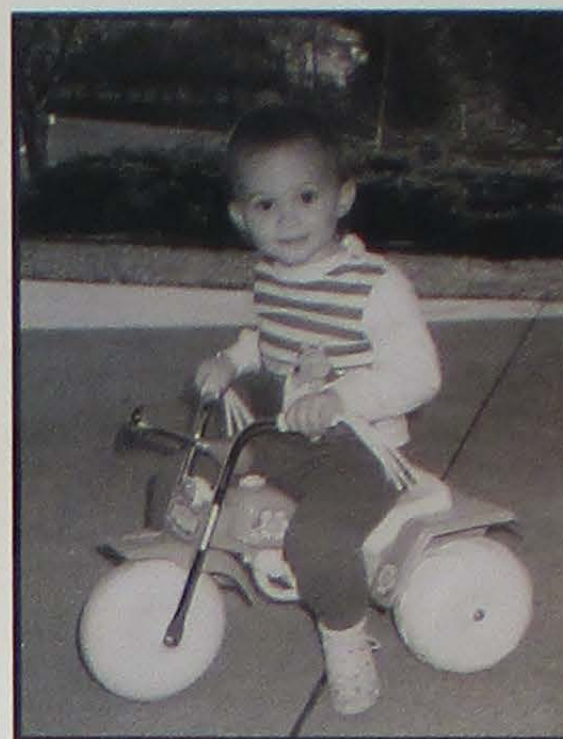
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MEMORY GAMES

baby ads

Jessica Keefe



"To give anything less than your best is to sacrifice the Gift."

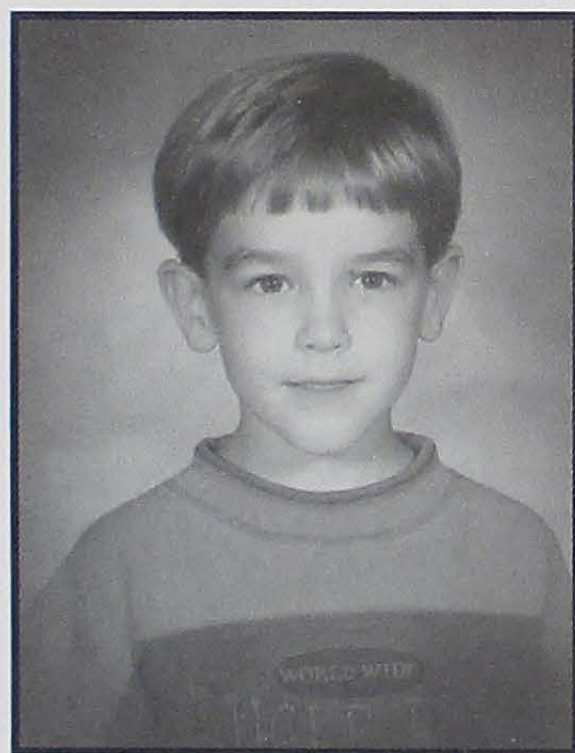
- Steve Prefontaine

You have always given your best.
Your success in the classroom, on
the court and in life is testimony to
that.

Continue to celebrate your Gifts!

We are so proud of you!
All our love,
Mom, Dad and Alex

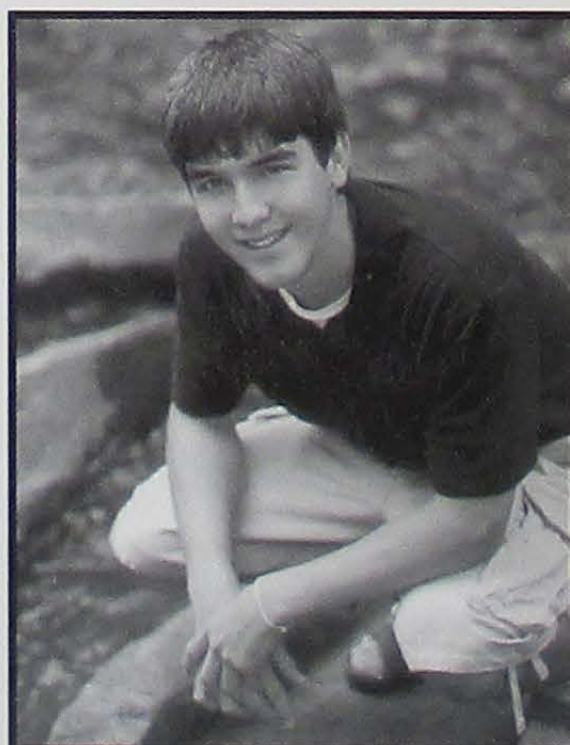
Mitchell Jon Pick



**You have
become a
terrific
young man.**

**Set your
goals high
and enjoy
the rest of
your life.**

**Love,
Mom, Dad,
Lindsay, Haley,
Marty, Rocky**



Karianne Foster



Congratulations, Kari! If you keep your
sights set on your goals & believe in yourself,
you can accomplish anything. We're proud
of you and you'll always have our support.

Love,
Dad, Mom, and Brian

Gabriel Arato-Smidt

Loved you then,
love you now,
love you forever.



We are so pleased with
you!
Mom, Matt & Shelagh

Denise Clark

*Two roads diverged a wood, and I, I took the
one less traveled by,
And that has made all the
difference.*

-Robert Frost



Denise, may you find happiness and success in all
your future journeys. Congratulations!

We love you so much and are so very
proud of you,
Mom, Dad, Jason, Brian & Laura Jean

Allison Mohlke

Listen to your heart,
Follow your dreams,
Enjoy the journey!

Love,
Mom, Jeff and Grant



Jordon Hoshor

Every single day
you amaze us!
Congratulations,
Jordon!

Love,
Mom, Dad & Haley



Grant Cooper

Keep the pedals
turning, Grant.

Good Luck,
Denny and
Jordan



Emily Tuttle

Thank you for all the
love and memories that
we share. We are so
proud of you, Emily,
and Dad is always with
you.
We cherish your smile!
Love,
Mom, Chris, & Jenny



Margaret Ellen Wade



*Up
Up
and
Away*

*Meggie,
Go out for
adventure,
Come home
for love.*



Valerie Roark

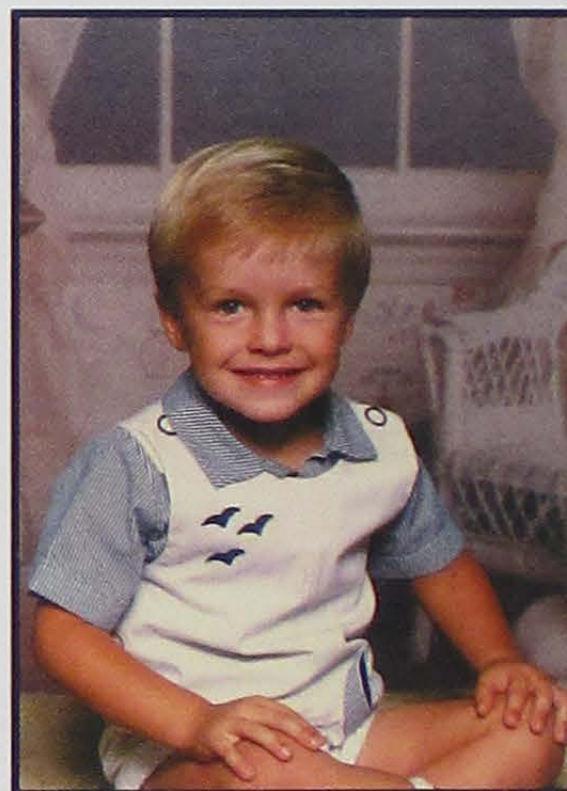


*Valerie,
Tips for a happy life:
Read Desiderada
once in a while.
Stay positive- you
can afford to.
Keep your goals in
mind, but enjoy life.*

*Be thankful for the
good things. Always
remember you are
loved.
Love,
Mom and Dad*



Timothy Mitchell



CONGRATULATIONSTIM!
**We are all so proud of
you. You will always have
our love and support.**

**All our love,
Mom & Scott, Grandma &
Grandpa, Joey, Tony, Holly,
Jami and families**

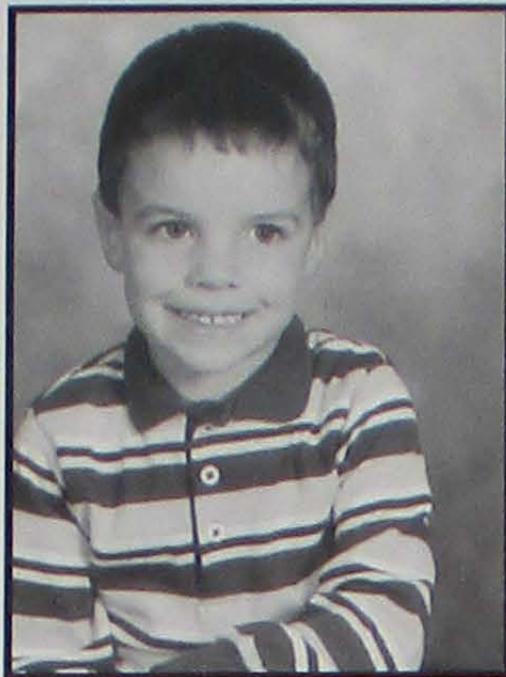
Zach Hostetter

**Zach,
We are proud you
are our son and
brother.**

**Tom, Becky, Ron
Chelsea
Nate
Alex**



Mark Jensen



Congratulations
Mark!

We're proud of you.

Love,
Mom, Dad and Jay

Tushar Dayal



**The whole world is in front
of you.**

Go get it.

**We are proud of you.
Mom, Dad & Tuhina**

Jessica Ewald

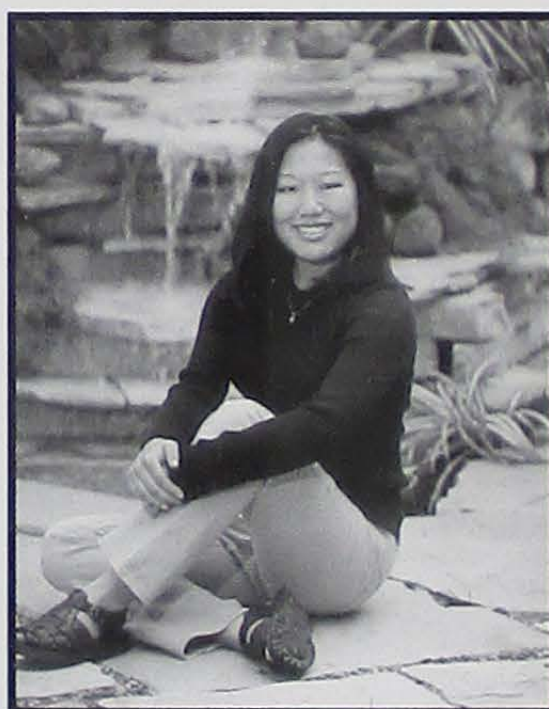


Congratulations,
Jess!

You are our
sweetheart!

Love,
Mom, Dad,
James
& Daisy

2004



Matt Young



The "big catch" awaits you.
Dare to live your dreams.

Love,
Mom, Dad, Leah & Mike

Katie Norlin



Wherever the road
of life leads you,
remember how spe-
cial and
loved you are!

Love,
Mom

Emily Morris



Reach out for
your dreams.
May all your wishes come
true.
You'll always be our little
princess.

We love you,
Mom, Dad & J.C

Paul Kearney

Keep smiling &
follow your
dreams.

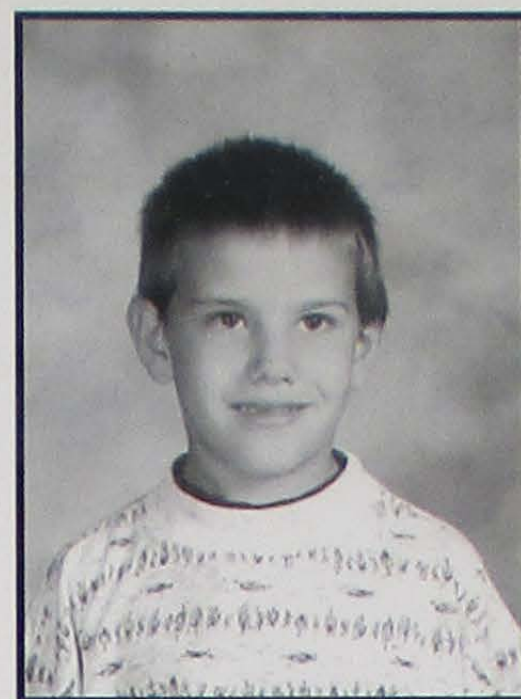
We love you,
Dad, Mom, Carrie,
Katie & Kristine



Brad Schmidt

We are so proud of you
and your accomplish-
ments. May life treat you
as kind as you have
always treated others.

Love you,
Dad, Mom, Lynse
& Chelsey



Lissa Catus

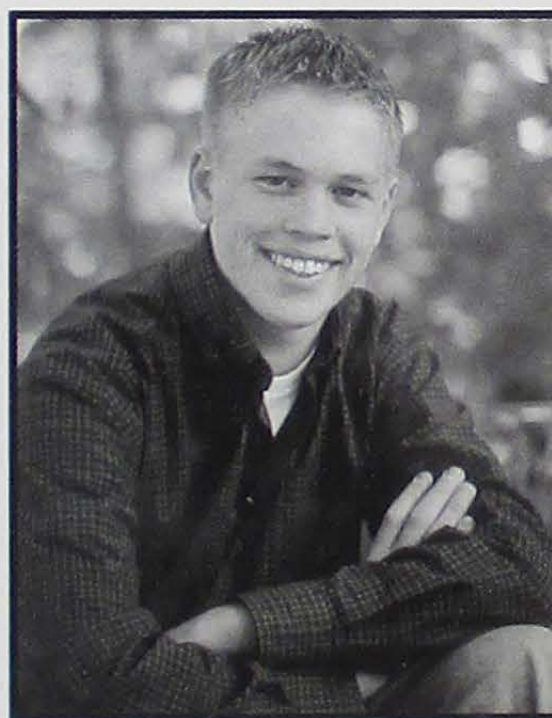


Way to go, Lissa!

We Love You.

Joe Stigler

You have added such joy
to our lives.
From the sweet little boy
to the young man you
have become.
You have been a
wonderful son
and brother.



We are so proud of you!
follow your dreams and
most
importantly, be happy!

We'll love you always!
Mom, Dad & Luke

Eve Honeyman

"Sing your
own special
song."

Love,
Mom, Dad,
Jay & Robin



Christi Berg

**Congratulations,
Christi!**

I am so proud of you!

**Love,
Mom**



Suzanne Bretz



**Congratulations,
Suzanne!**

**We love you,
Mom, Dad and Daniel**

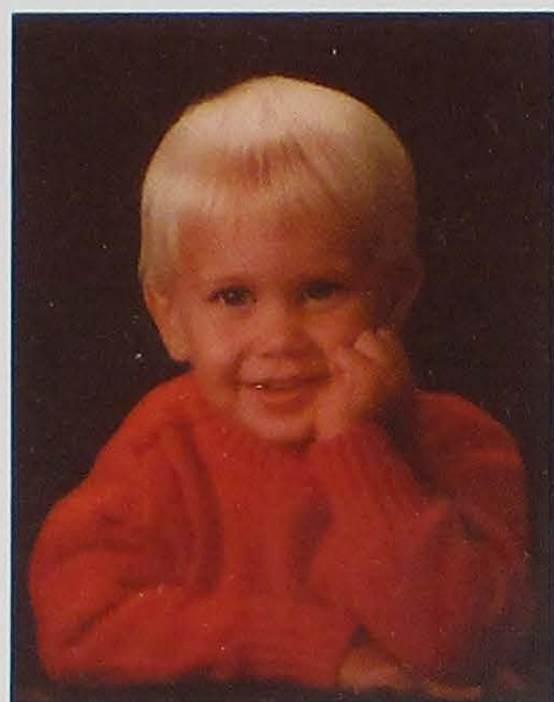
Meri Scanes



*You are as sweet now
as a little girl.
We are so proud of
you and your
accomplishments!*

*Love,
Dad, MomCake, & Beth*

Tim Erbes



*"Those who hope
in the Lord
will renew
their strength.
They will soar
on wings like
eagles..."*

Isaiah 40:31

*May you con-
tinue to soar
on your journey
through life.*

*Love,
Mom, Dad, Ben,
and Emily*



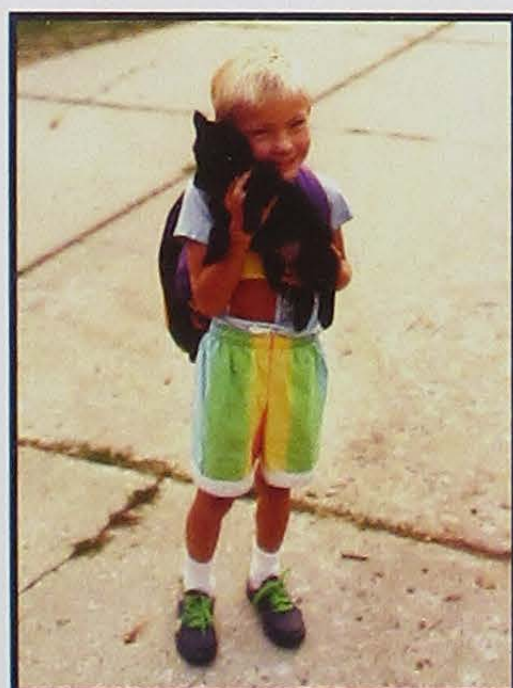
Amanda Thomas



You have come a long way, baby!

**Congratulations,
Dad, Mom, Jeff, John, Allen, Allen,
Linzey, Landon, and Linus**

Kraig L. Popelka



*From the first to the last
You've always done
your best.*

*Congratulations!
We love you!
Mom, Dad, Kris,
Taz & Skippy*

Tyler Braland



**CONGRATULATIONS,
TYLER!**

**WE ARE PROUD OF YOUR
ACCOMPLISHMENTS AND
WISH YOU HAPPINESS
AND SUCCESS!**

**LOVE, BRIAN, MOM,
NICK & LINDSEY**

Allison Lodermeier

Congratulations,
Allison!
We wish you much
happiness and success in
your future!

Love,
Mom, Dad and Luke



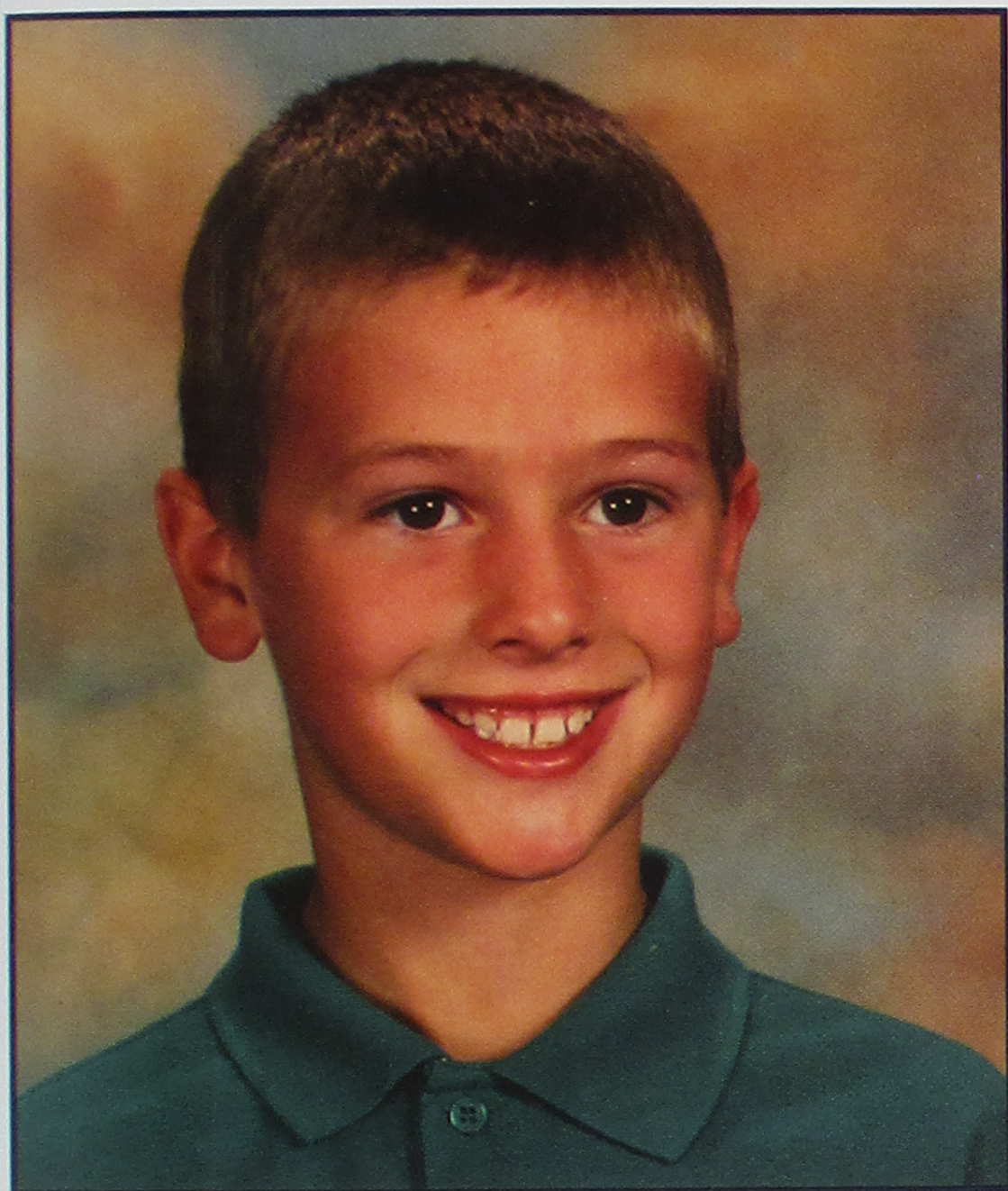
Kay-Marie Lamar

**You are the sun-
shine of our
lives!**

**Love,
Mom and Dad**



Ben Staniforth



Go far Ben.
But come back often!

Jenny Scoles

*"Go confidently in the
direction of your
dreams! Live the life
you've imagined"*

- Henry David Thoreau



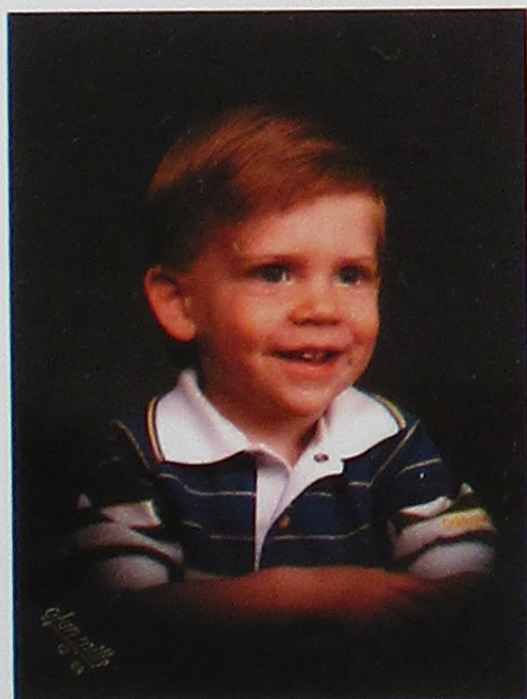
Congratulations!!

*We love you,
Mom, Dad and Annie*

Joel Loes

You make us smile with
that twinkle in your
eyes... be true to your-
self & you will always
be happy. We are very
proud of you,
"Joe-Winkle."

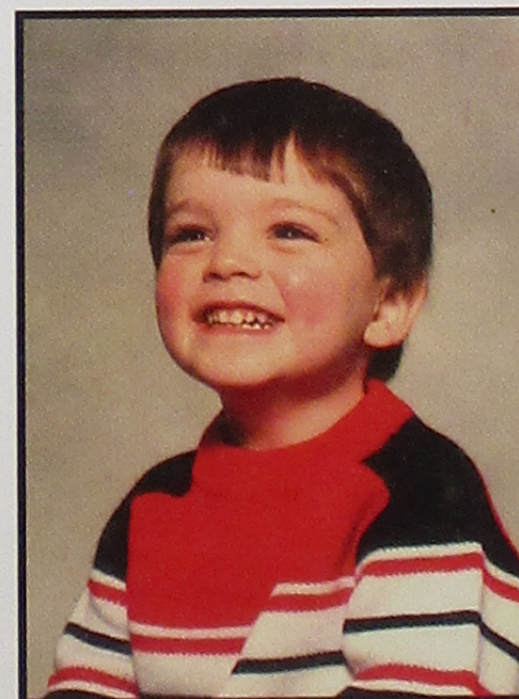
Love, Mom, Dad,
Ryan & Alyson



Chris Harris

Life is full of
experiences. We have
had many great ones!
"You make us proud."

Congratulations!
Love, Dad, Mom, Brad &
Brandon Harris



Candace Huffman



Colossians 3:23
Whatever you do, work
at it with all your heart,
as working for the Lord,
not for men.

We love you
Mom, Dad, Alex &
Hannah

Nick DeKovic



Born under blue Colorado skies and raised in
the heart of Iowa.

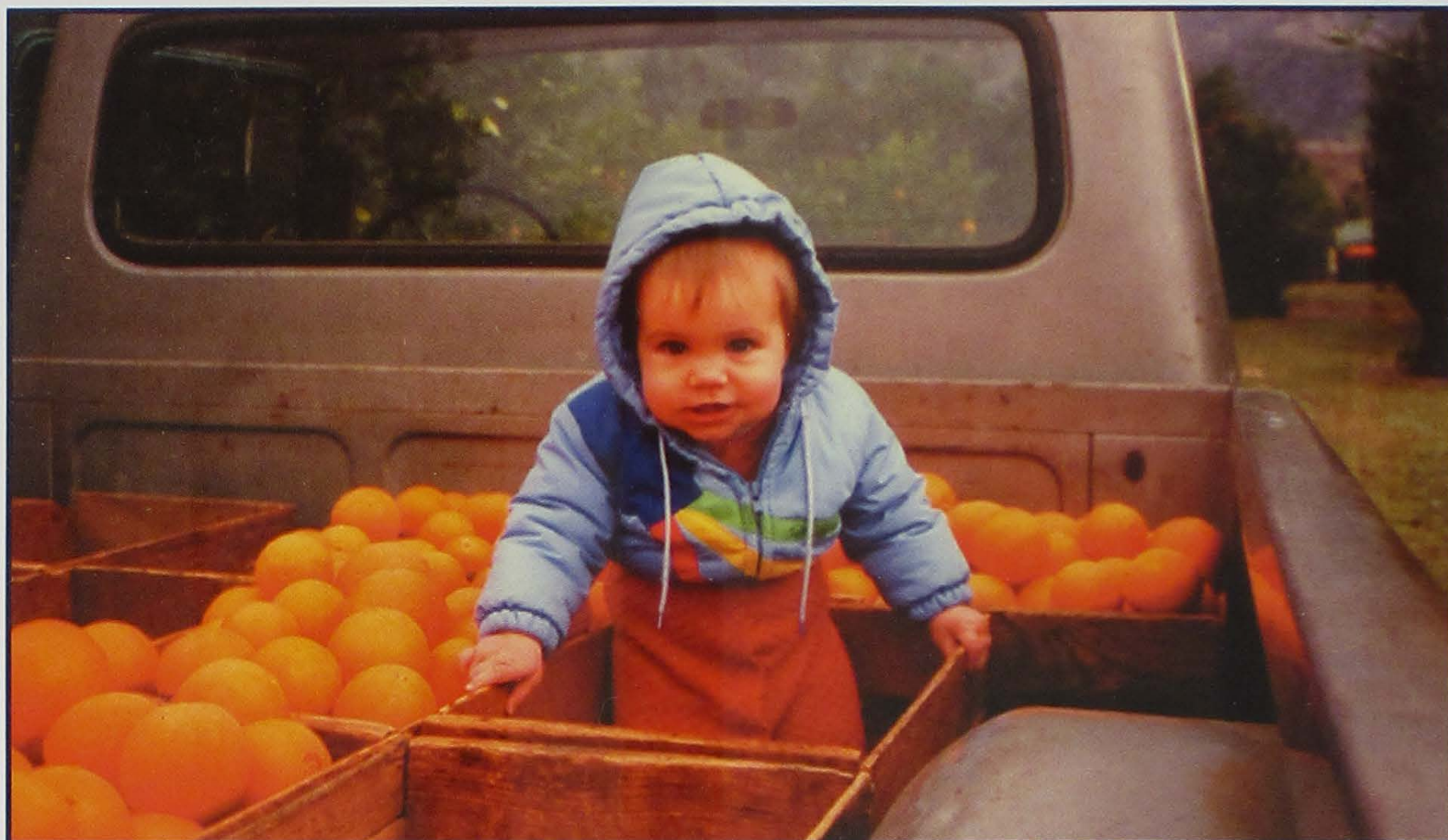
It's time to begin a new adventure.

As you begin to make your life choices, take
your memories, experiences and knowledge
with you as you embark on your own adventures!

Our spirit will always be with you...

We love you,
Mom, Dad & Tanner

Jake Babcock

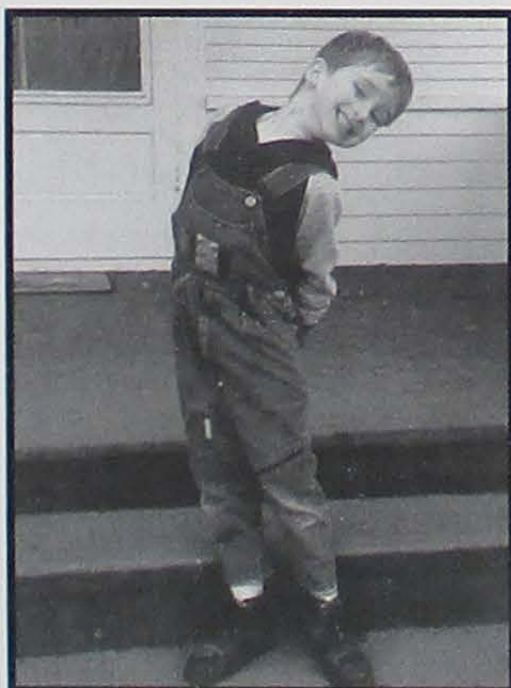


"This land is your land, this land is my land, From California to..."

The future is yours, Jake. Good Luck!

Love, Mom, Dad, Brendan, Spencer & Kevin

Luke McDuff



You're one of a
kind! May all of
life's
adventures bring
you happiness.

We love you,
Mom, Dad, Matt &
Sarah

Heidi Grove



**WATCH OUT OPRAH
HERE COMES HEIDI**

**GOOD LUCK, WE
KNOW YOU CAN DO
IT!**

**LOVE,
MOM, DAD, APRIL &
BRIAN**

Megan Baughman

*Congratulations,
Megan.*

*We are so proud of the young woman
you have become.*

*Continue on your faith journey
and you will be blessed
with happiness and success
in your future.*

*We love you,
Mom, Dad, Chris, Melissa,
Cory, Kelsey & Madison*



Danny Hallihan

*Thanks for all the fun &
wonderful memories
you have given us. We
are very proud of you!*

*We love you,
Mom, Dad, Kelly,
Jennifer & Mark*



Ashley Noelle Holland

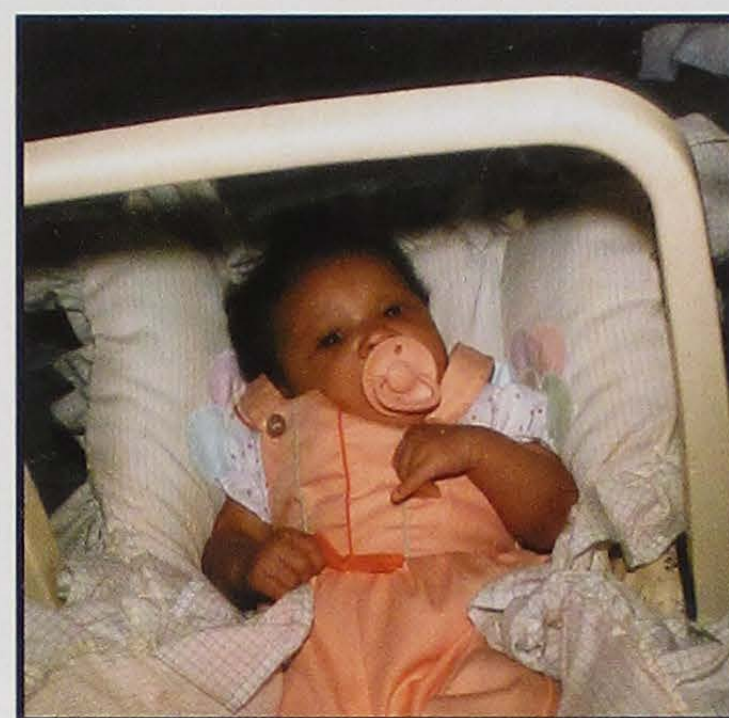
For You We Wish

*We wish for you a contented life, filled with love and grace
For there is no greater joy for us than a smile upon your face
But when times get hard and you feel pain, I hope that all your pride
Won't keep us from where we want to be, and that is by your side
We wish for you a life of great wealth, if that's for what you yearn
But if it's not, we'll be just a proud, no matter what you earn
For you see, my dear, it's not those things that set some folks apart
It's not what's in you bank account, but what's truly in your heart
We wish for you a life of your own... The way you want it to be
The path you choose and where it may lead will not be up to me
Wherever you go, whatever you become, not matter what you do...*

*You'll always have our love and support
We wish the best for you.*

George E. Young

*Love,
Mom, Dad, & your lil sis, Simone*



Travis Simpson

*Keep smiling, the future
is yours. We are proud of
you and excited to share
the next adventure.*

*Love,
Mom, Dad, Shawna &
Michah*



LeeAnna Olsen

*You were our "miracle"
at birth and now life
will show you a
"miracle."*



Aaron Lott



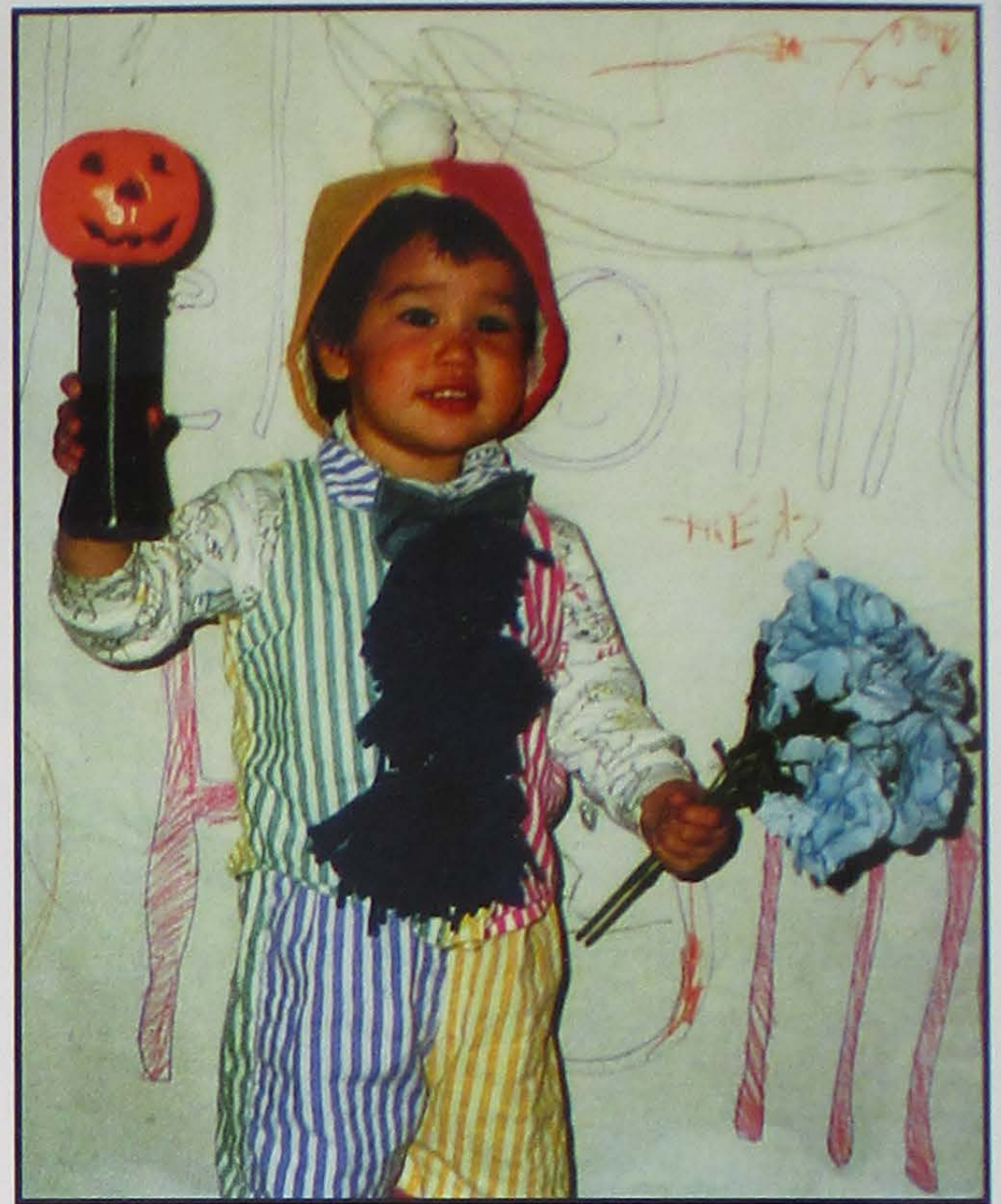
You have made us
so proud!
It is hard to believe
how fast time as
flown by.....

Reach for the stars....
And never let
anything stand in
your way.

Love,
Mom & Dad



Anna Domoto



Anna, You're The Magic!

Jenna Faith Pritchard



Follow your heart
Believe in yourself &
your abilities to suc-
ceed
Dare to dream the
impossible
Then make it happen...
When all else fails...

Smile!!!
We are so proud of
everything you gave
accomplished.
Reach for the stars!!

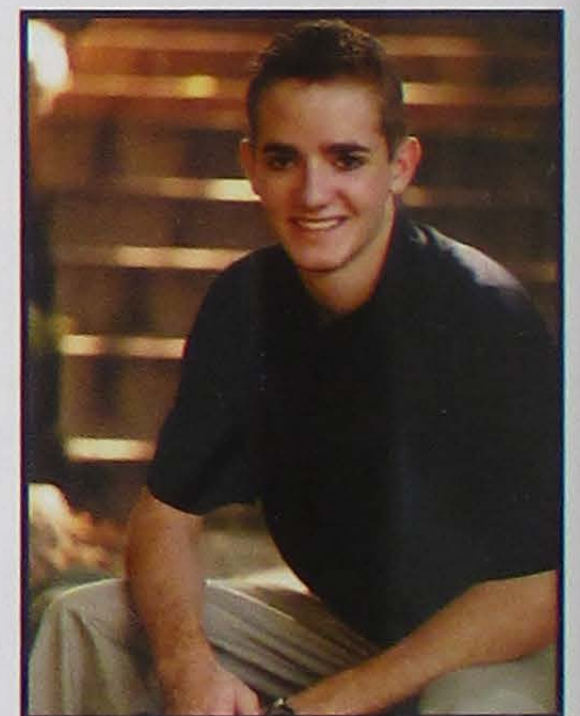
Love,
Mom, John & Colin



Eric Redmond

**"To know is nothing at all;
to imagine is everything."**

-Anatole France



We are very proud of you!

**Love,
Mom, Dad, Beth & Nicholas**

Charlie Weber

You run,
you tackle,
you hit,
you throw,
you bounce,
you catch,
you rock,
you roll.



We've loved the ride
so far, and hey, it
doesn't end on
graduation day!

We Love You,
Choochie,
Mom & Dad

Bailey Barnard

"May your walls
know joy
May every room
hold laughter
And every window
open to great possibility"

Maryanne
Radmacher-Henry



We're so proud of you
Bails! Good luck, and
God bless you in all
your
endeavors.

We Love You,
Mom, Dad, Erin &
Andrew

Meredith Talbert

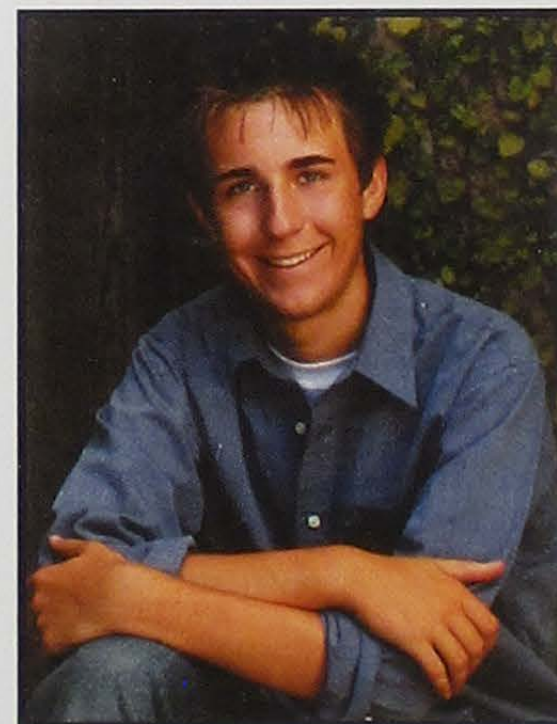
Congratulations, Meredith!



With love from all of us!

Dan McClanahan

Dear Dan,
Every step has been a real treasure.
Thanks for filling our lives with joy!



Love,
Mom, Dad, Sarah, Marc,
Crandma & Grandpa

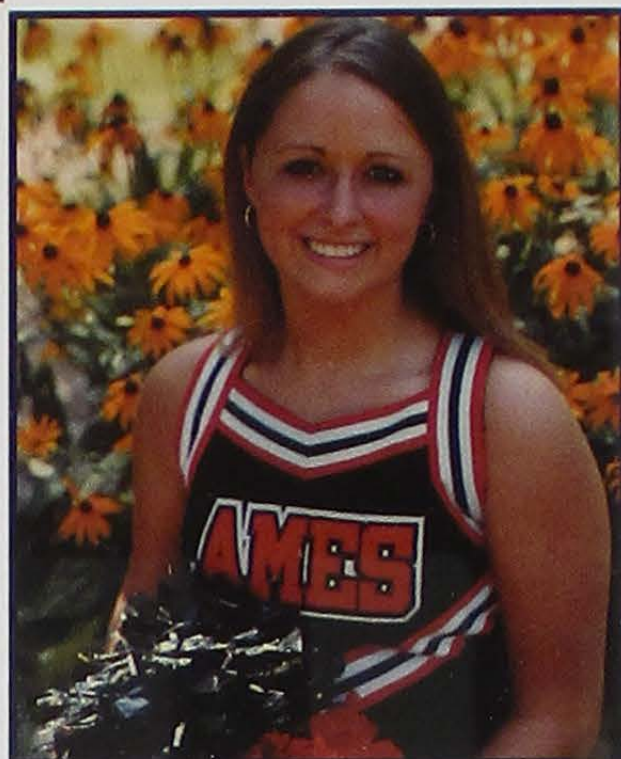
Alyssa Sturm



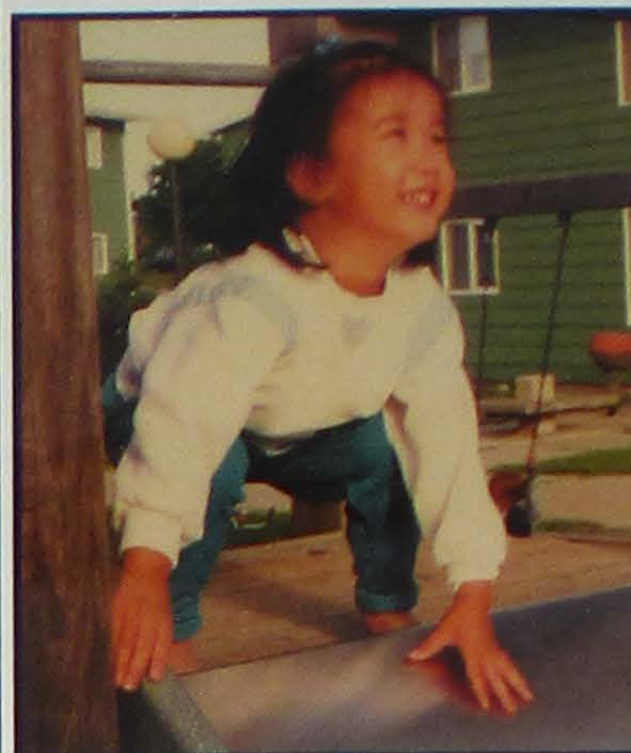
*Ask and it will be
given to you
Seek and you will find,
knock and the door
will be opened to you
-Matt 7:7*

*You've warmed
my heart with your
smile and love.
You've blessed me
with your life.*

*Congratulations!
Love,
Dad & Chris*



Laura Soyun Kim



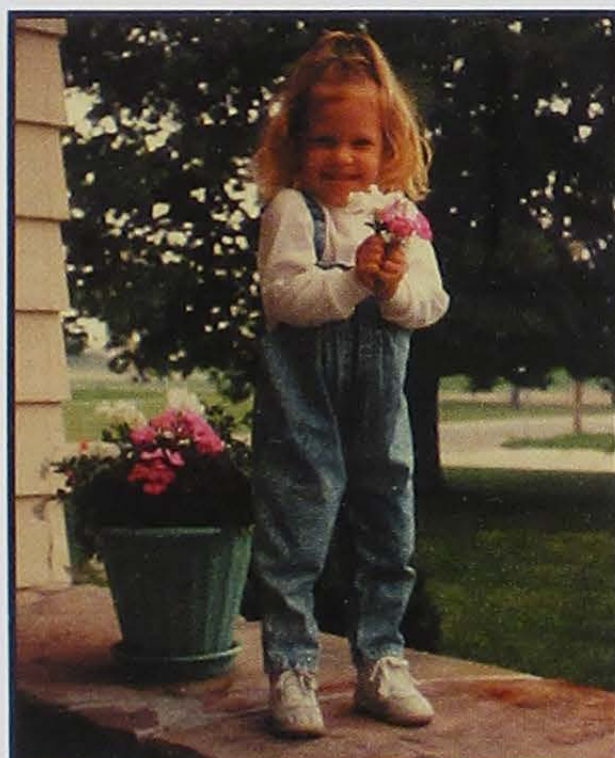
**Spread your wings
and fly as high
as you can.**

**Always remember
that we love you
very much.**

**Mom, Dad
& Stephanie**



Ronna Belz



**Congratulations,
Ronna!**

**It has been a joy to
watch you bloom
and grow into
such a beautiful
young woman!**

**Thanks for being such
a great daughter and
sister. We couldn't
be more proud!**

**Love,
Mom, Dad & Kinsey**



Brooke Novey



**From the innocence
of youth, to the
wonder of tomorrow
our love, support,
and prayers are
with you forever.**

**We love you
very much!**

**Mom, Dad,
& Brent**



Cortney Boelman

**Congratulations,
Cortney!!**

**Keep smiling that beau-
tiful smile!**



**May all your hopes and
dreams
come true!**

**Love always,
Dad, Mom & Jess**



Brooke Lee Strickler

Since the day you were
born you have made us
proud.

You have always
put forth 100% in
everything you do.



Continue that through the
rest of your life
& you will be all
that wish to be.

We love you
very much!

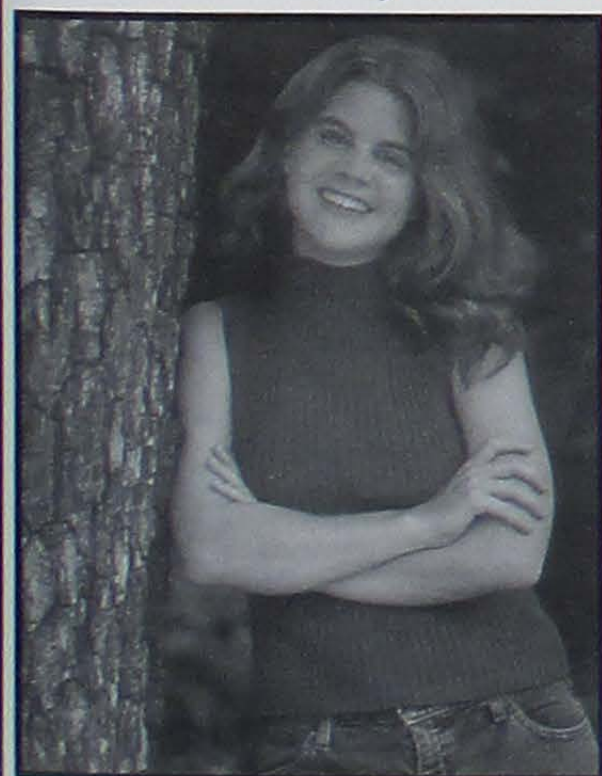
Mom, Dad
& Brittany



Katie Lutz

"Having fun is simply
holding on to the joy of
each day. It's looking
up at the sky and tak-
ing a deep breath just
because it feels good...
The joy of being a kid,
and a girl-kid at that,
is one that you can
hold on to forever."

-J. Harlan



With all our Love,

Mom, Dad
and Amanda

Ashley Sornsen

**You have a heart of
gold, and we have
loved having
you in our lives!**



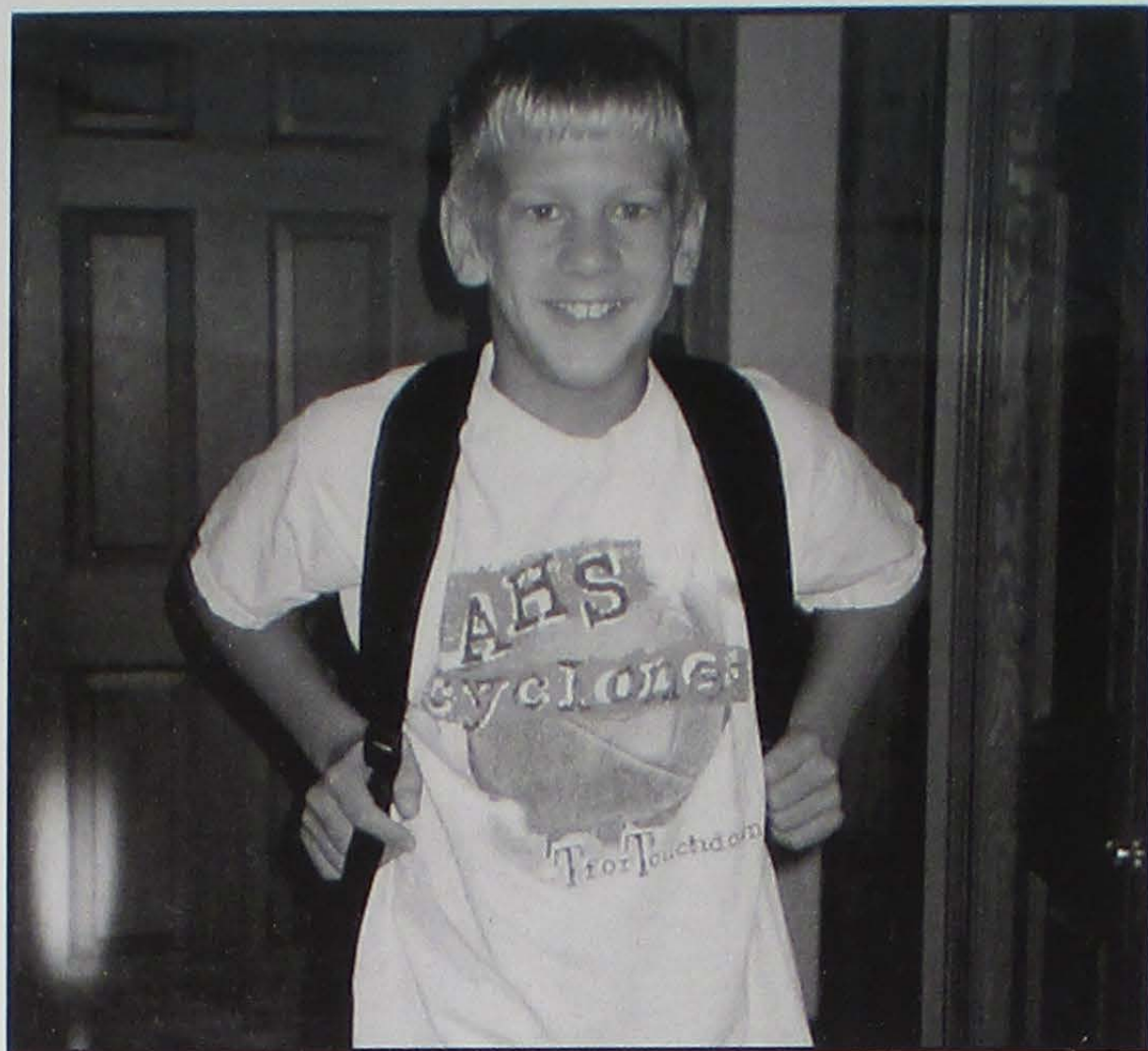
**Follow your
dreams and they
will take you far.**

**We are very
proud of you!**

**Love,
Mom, Dad, Brooke
& Mallory**

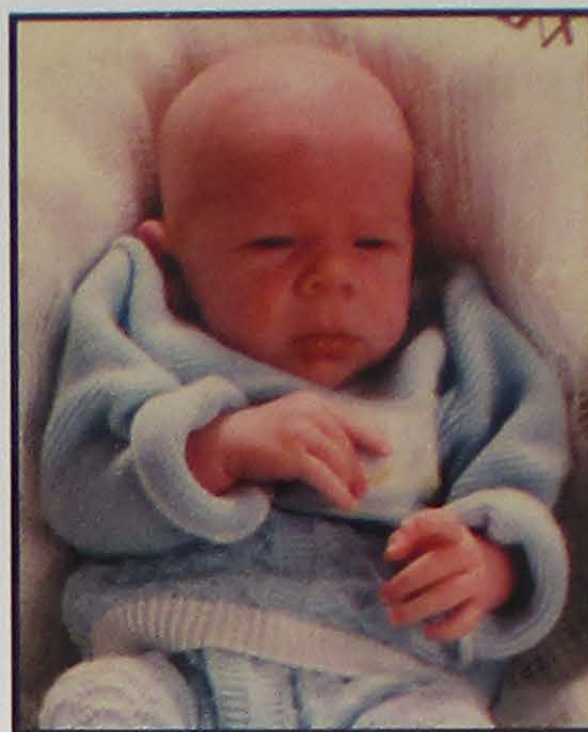


Ben Hanson
Congratulations, Ben!!



We are so proud of you! Go for the
 opportunities that are ahead of you!!
 We Love You,
 Mom & Dad
 Jake, Katie & Tucker

Seth William Wesley Bowen



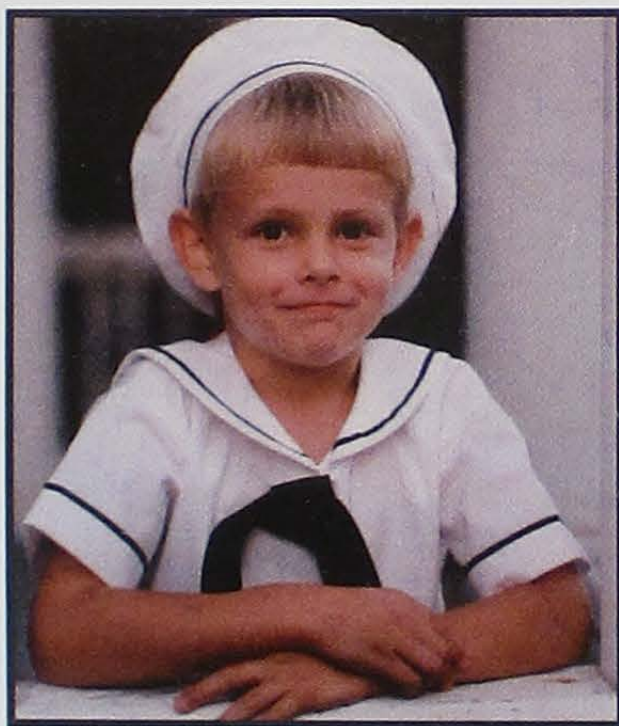
We wish you all
 the best.
 Our love and hope
 for a bright and
 wonderful
 future go with you!

You have become a
 fine young man.

Blessings & Light,
 Mom, Dad,
 Shawna, Sarek



Eric William Bokhoven



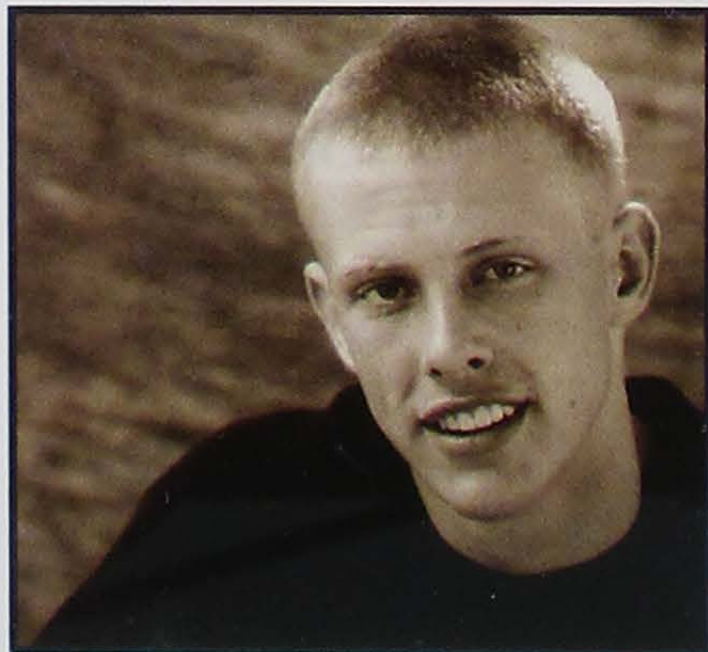
As you sail through
 the seas of life.
 Remember that He
 who walked on
 water is with you
 always.

You are forever in
 our hearts and
 prayers.

Congratulations!

With all our love
 and admiration,

Mom, Dad,
 Nicolas & Mark



Neil Lutz

Congratulations, Neil!



Let your goals be steps to your dreams.

Love,
 Mom, Dad & Laura

Andy Duffelmeyer

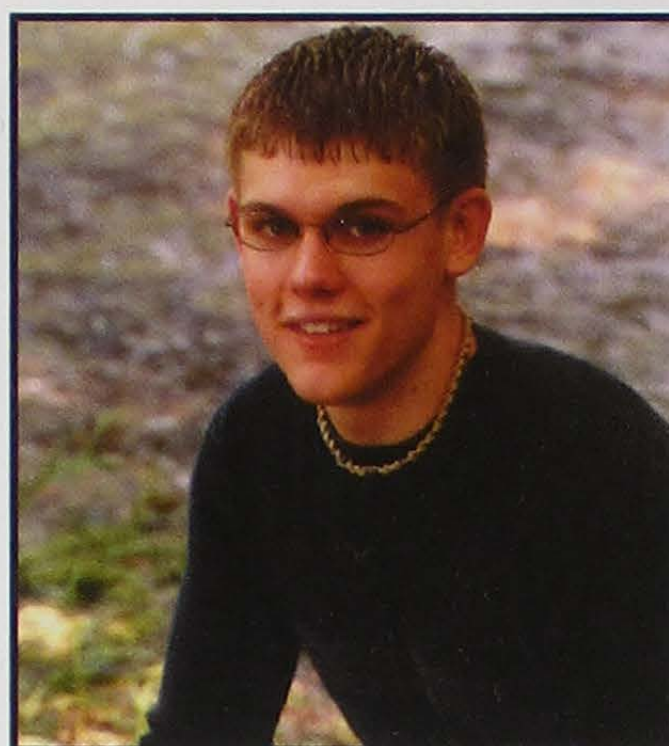


For our "Ander-Man." We are so proud of you. You are the best son & brother ever! Keep up the good work,
Have fun, the sky's the limit!
Love, Mom & Dad, Em & Soren

Nicholas Kluesner

You have made
us proud!

Congratulations
on your
accomplish-
ments!



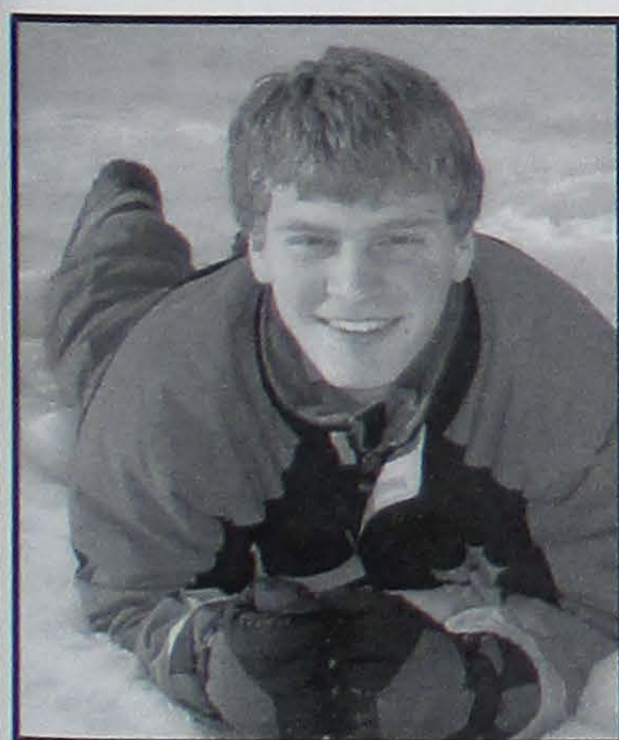
Go Irish!

Love,
Mom & Dad

Nathaniel Oster

**To our very own
Gerber Baby!**

**You are a joy
for
your parents
and sister!**



**Your love for life,
happy smile and
your great sense of
humor has always
been a joy for us.**

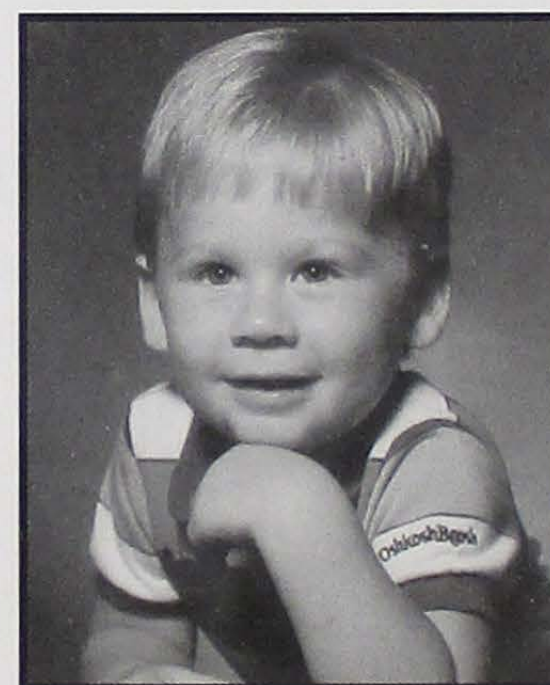
**We wish you all the
happiness in your
future.**

Mom, Dad & Jessica

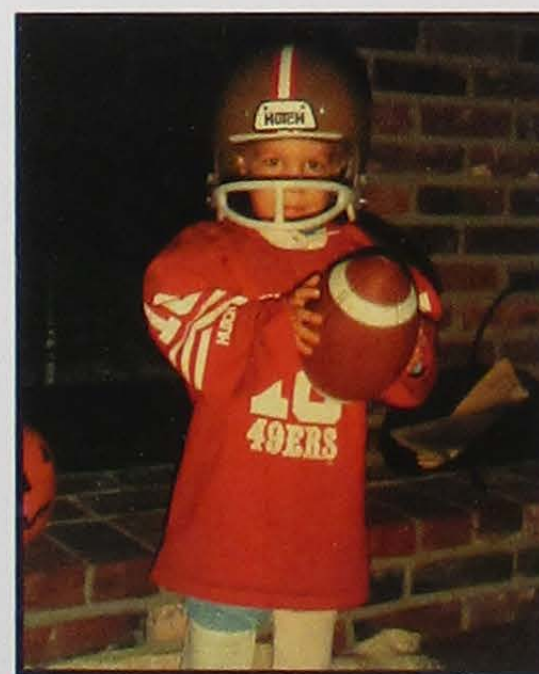
Michael Tamashunas

**You were always so
HAPPY. Our lives would
surely have been dull
without you. Wishing
you a lifetime of suc-
cess and happiness.**

Mom, Dad, and Sara



Brett Maysent



**Always believe in
yourself and follow
your dreams. We are
so proud of you and
all you have accom-
plished!**

**We love you-
Mom, Dad, Andy and
Erin**

Megan Kingsbury



Congratulations,
Megan! Thank you for
18 wonderful years.
We are so very proud
of you. We love you.

Dad, Mom, Andrew,
and Aspen
Micah 6:8

Jaclyn Duden



Congratulations, Jacks!
You have been, and
always will be, one of
the greatest joys in our
lives.

Love,
Mom, Dad, Josh, Trish,
Paul, and Amber

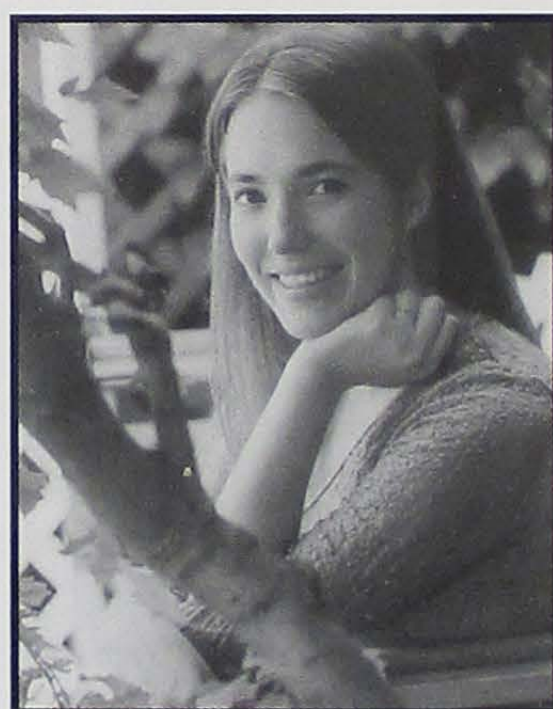
Andrea Vos



Congratulations,
Andrea!

"Those who hope in
the Lord will renew
their strength. They
will soar on wings
like eagles..."
Isaiah 40:31

You are a special
part of our family.
We are so proud of
you and excited
about your future!
We love you,
Mom, Dad, Nathan,
and Eric



Erin Thatcher

Erin~
Remember always-

Phillipians
4:13: "I can do
everything
through HIM who
gives me
strength."



Congratulations!
We're proud of
you.

Love,
Mom, Dad, Andi,
and Juan



Andrea Schliesman



*The roads you will travel
will lead the way to great
things in life and memories
that will marvel when you
come home for a stay. Go
for it!*

Love,
Mom, Dad, Bob, Mary
Beth, and Marissa

Anne Elizabeth Dressler



Success is not the key to
happiness. Happiness is
the key to success. If you
love what you are doing,
you will be successful.

-Albert Schweitzer
Congratulations, Anne!
We wish you every
happiness.
Love, Mom and Dad

Stephanie Jones

**I am so proud of who
you are and what you
have accomplished.
You are a wonderful
daughter. Follow
your dreams.**

**I love you bundles!
Mom**



Elizabeth Sharpe

*Remember:
"What you are is God's
gift to you; what you
make of it is your gift to
God."*

*We love you,
Mom, Dad, Leisa, and
Jordan*

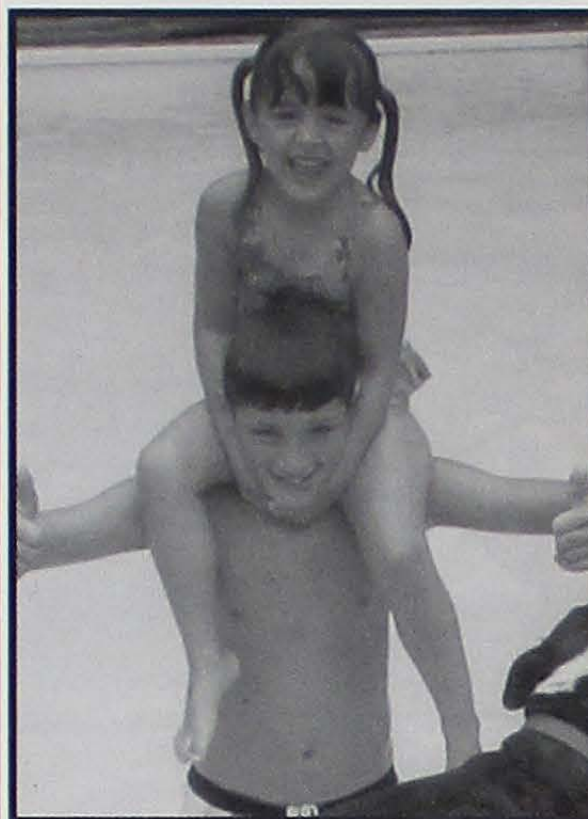


Ashley Gilmore



Ashley-
Live, love, laugh, and be
happy. You hold a special place
in our hearts and we are very
proud of you. Love always,
Mom, Dad, and Jordan

Colleen Armstrong



Colleen-
From tears to cheers
You came to Ames
Worked hard and succeeded
The future is yours...

With pride and love,
Mom, Dad, Linc, Ross, & the boys

Rebecca Appleton

Follow your dreams.

We love you, Rebecca
Jane.

Mum and Dave



Rachel Kapke

*We are proud of you
and your "crowning
achievement!"*

*Love,
Mom and Dad*



Rachel Enderland



Look out world!
She's **busting** out!

Rae-
We love you lots!
Mom, Dad, Kyle,
Marisa, and gang

Eric Ledet

Wherever
you go
in the
world,
some-
thing
wonder-
ful will
be
there...



You!

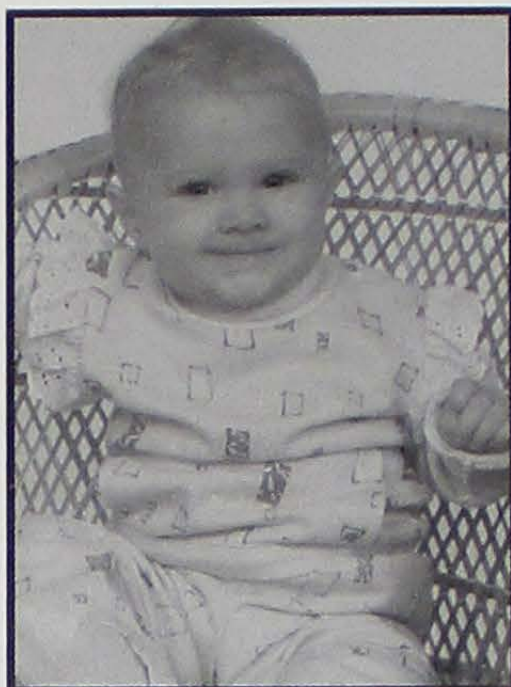
We are
so proud
of you!

-Mom,
Dad, and
Lauren

Kelsey Thien

We love you, are
proud of you, and we
know you'll succeed
in whatever you
choose to do.

Love,
Mom, Dad, and Joe



Alissa Anderson



All too soon it is
time for you to
move on to life's
bigger stage, Alissa.
It has been our joy
to watch you per-
form. May you
contine to find *joie
de vivre* in all your
pursuits.

Thomas White



**Act enthusiastic
and you'll be en-
thusiastic**

**All the best,
Love Mom, Dad,
Sarah, and Cop-
per**

Here's looking at
you, kid.
With all of our love,
Mom, Dad, Annika,
and Erica



Elizabeth Wandling

*Elizabeth,
We are so proud of you and
love you more than you will
ever know.*

*God bless,
Mom, Dad, Chip, Daniel,
and Alyse*



Kristin Noack



Kristin,
Congratulations!
May your journey
through life bring you
much joy and happiness.

Love,
Mom and Dad

Stephanie Jarnagin

Hey, Steph!
You always
make us
proud and we
love you
very
much...



Now Go
Get 'Em!

Love, Mom,
Dad, and
Alex

Megan Barnes

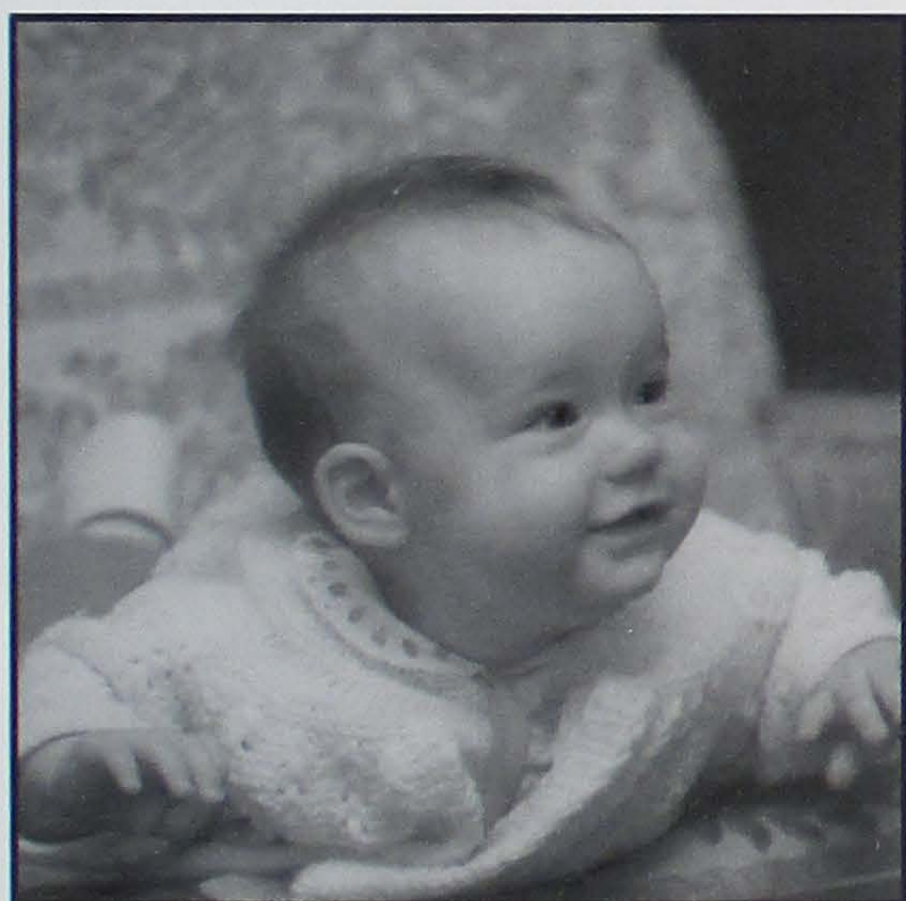


Congratulations, Megan!
We are very proud of you!
Keep smiling that contagious
smile of yours!

Love, Mom, Dad, and Josh

Laura Schoelkoph

*Always "soar on wings like an
eagle." (Isa. 40:21)*



Remember: It's not nearly as
important what you do as who
you are or become.

We are proud of you and love
you very much!
Love, Mom & Dad

Kelli Berg



We are very proud of you
For being who you are,
For making something of yourself
For making it this far

Follow your dreams
Challenge yourself
Your talent and determination
Will take you far

Love,
Mom, Dad, and Jeremy

Maureen Kristel Petersen



*May you
ride the trails
of life with
success and
confidence.*



Congratulations!
Love, Mom, Dad, and Monica

Bethany Joy Wagner



Bethany,
You'll always be our
Boo!

Love always,
Mom and Dad

Ashley Ward



Trust your heart
and follow your
dreams! We love
you so much and
we are very
proud of you,
"mouse."



We loved you first!!
Love, Mom, Dad, and Allyson

Jo

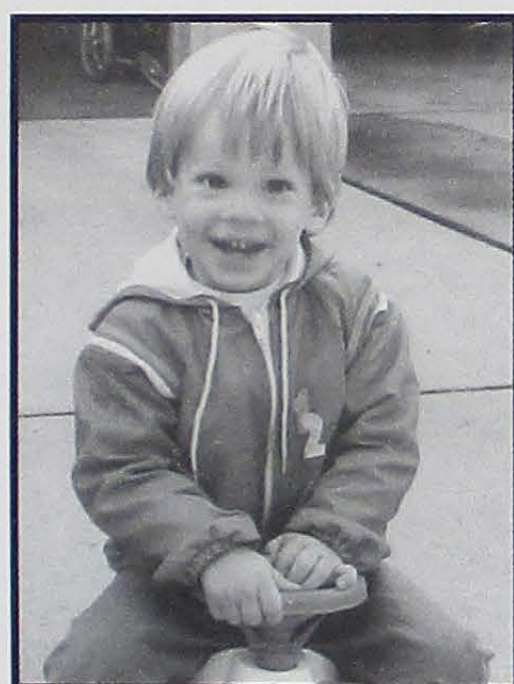


From "Sunny"
days in Texas to
the "Bailey" days
of high school, the
years have flown
by. We could not
be more proud of
you.



We love you!
Mom, Dad, and Rachel

Ben Marsden



Ben,
We are so proud of
you and your
accomplishments!

We love you!

Mom & Dad

Leah Ruggle



Congratula-
tions, Leah
Ruggle!

We are
very proud
of the
young
woman you
are.
Love,
Your family

*"We cannot direct the wind, but we can adjust
the sails." -Bertha Calloway*

Rachael Gonzales



Rachel! Where did the
years go!? Whoa! We
love you and hope you're
guided towards happi-
ness!

Love,
Mom and Bryce

Sarah Klinkel



Congratulations!
You have always
made us proud.



Love,
Mom, Dad, Joe, Scott, and Justin

Kara Drzycimski

Kara,
You are truly a blessing
in our lives and may the
rest of your life be as
happy and beautiful as
our lives have been
because of you,

Love ya always!
Mom, Kylie, and Cole



Robin Anne Bullock

"For I know the plans I have for
you... plans to prosper you and
not to harm you, plans to give
you hope and a future."
Jeremiah 29:11

We are so proud of you!
With love, Dad & Mom



You light up
the stage

mom & dad

Melinda Heitzman

THE FUTURE

IOWA

VIRGINIA

KANSAS



Mindy,
May the Lord
always keep you on your toes

Kelly Butler

Kelly Babe,
From that 1st
day you have
amazed us with
your strength.
Love you forever,
Mom, Dad,
Nicholas, Tiffany,
Angel and Corduroy
XO



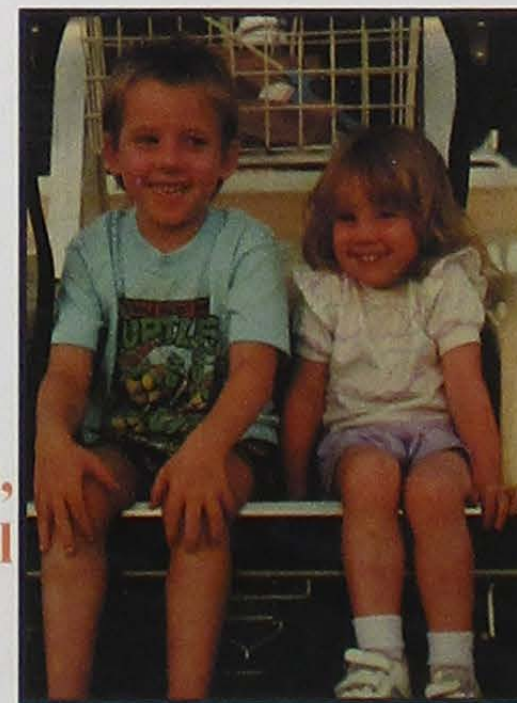
Ryan Davis

Ry-

Thanks for being an
awesome big brother and
always letting me tag along.
Have fun at college.

I love you,
Rachel

P.S. Ninja Turtles rock!



Aviv Luban



Your terrific
'fro you might
one day lose...
But your ideal-
ism, solid moral
values, intellec-
tual, creativ-
ity, curiosity,
and kindness will
live in you for-
ever.

These are what you
are.
We love and admire
you,
Imma, Abba, Dekel,
Sarit, and Barak



Ashley Harding



Ashley,
While you may not be
climbing many more
trees, may you find
success and happiness
climbing the tree of life

We are so proud of
you! Congratulations.

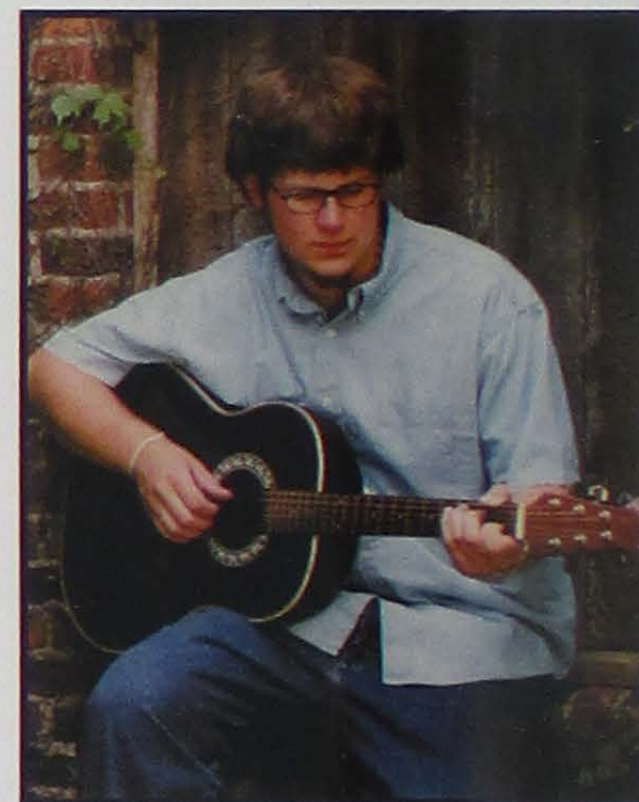
Love always,
Dad, Mom, and
Victoria



Andy Lamont



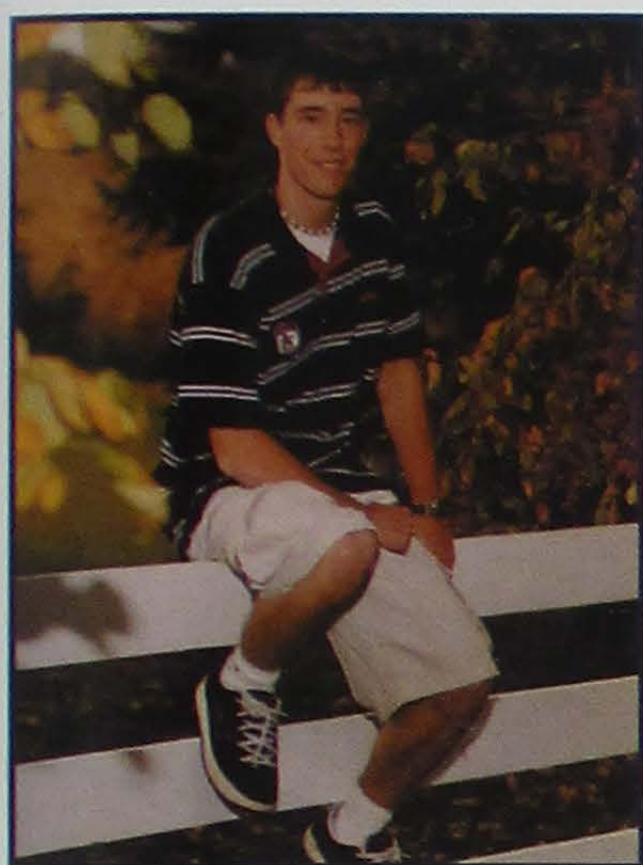
**Dear Andy,
We wish you joy
and success in
your life. And
wheels and food
and music!**



**Love,
Mom & Dad**

Devin Kelly

Hey D!
You're a great kid;
become a great adult!



Love you
lots,
Your
family



Ryan Davis



You could always make us smile!

Your great attitude has helped you take on every challenge with strength and courage.

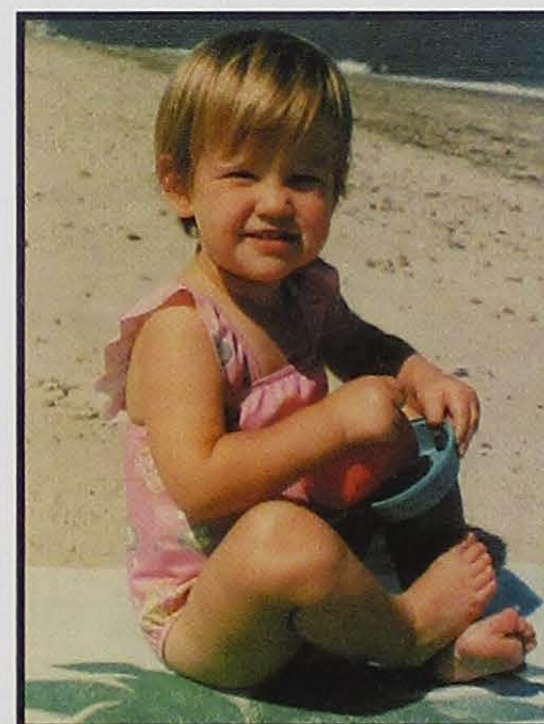
Thanks for all the love and respect you have given us.

We couldn't have asked for a better son and brother.

Love,
Mom, Rachel, Ross, and Regan

Beth Gibbons

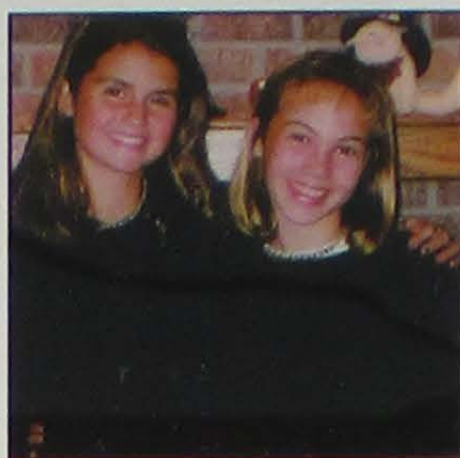
Beth,
You have given us
so many reasons to
be proud of you!



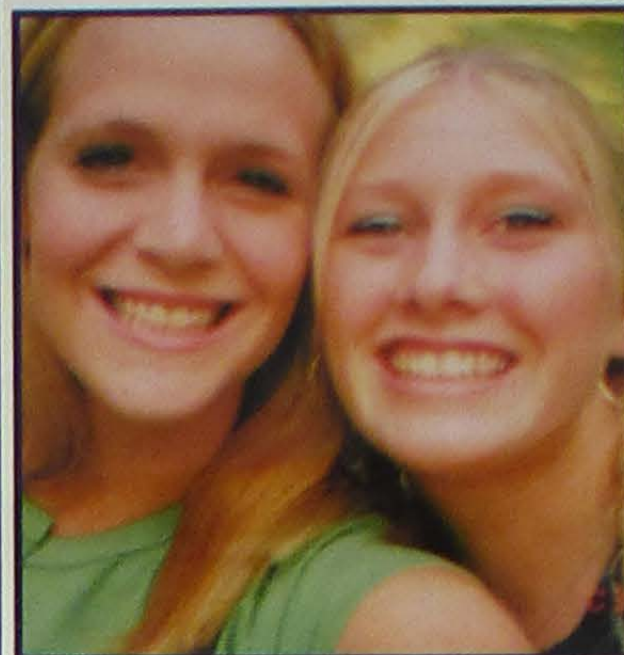
We will always
be here for you.

Mom & Dad

BROOKE & ASHLEY

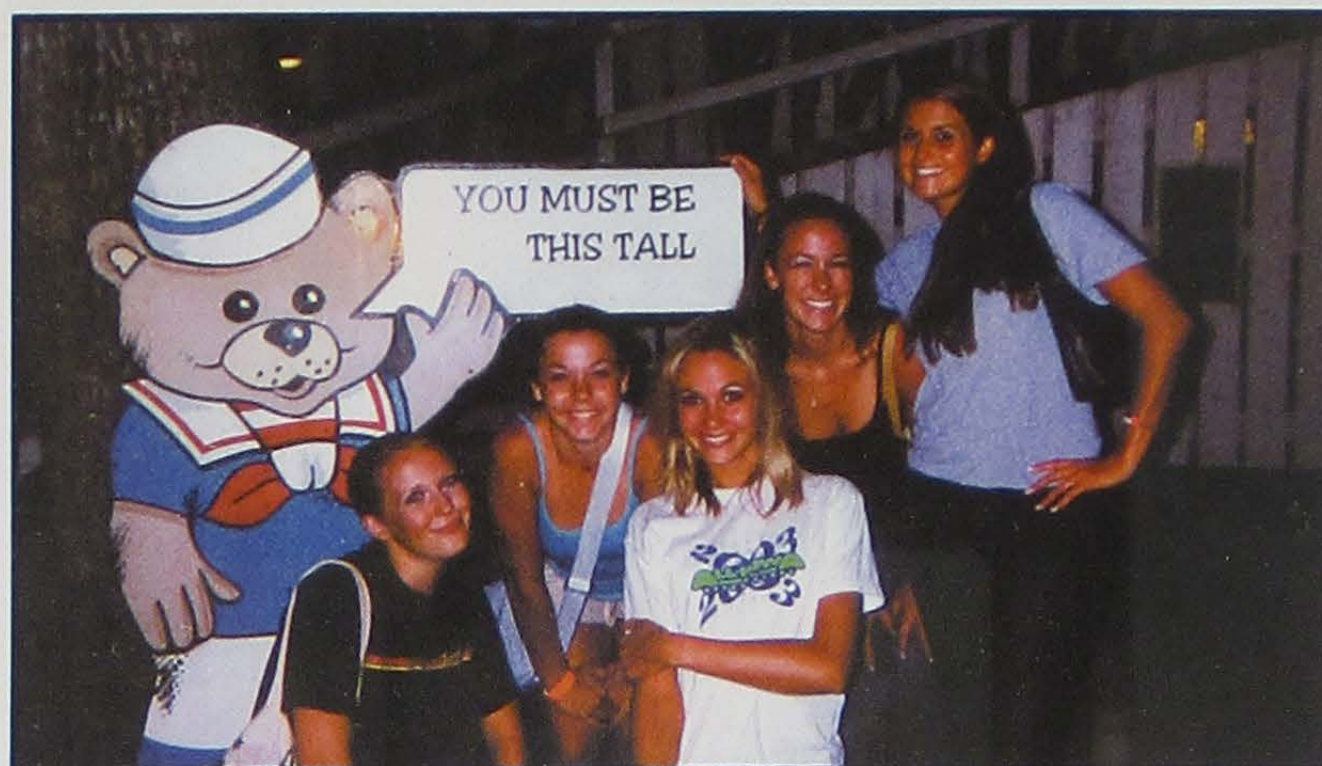


FOREVER FRIENDS



Tucker & Stoops

When you're soaring
through the air
I'll be your solid
ground
Take every chance you
dare
I'll still be there
When you come back
down
When you come back
down...



Drill Team Seniors

Rock Our World

your parents



~Katie & Beth~

Katie & Beth

True friends are those who know **EVERYTHING** about
you and still love you!

Kelsey Sarah Katie Shannon

Clear Lake, TRAMPS, SNES, and so many other
great memories. Friends through thick & thin.

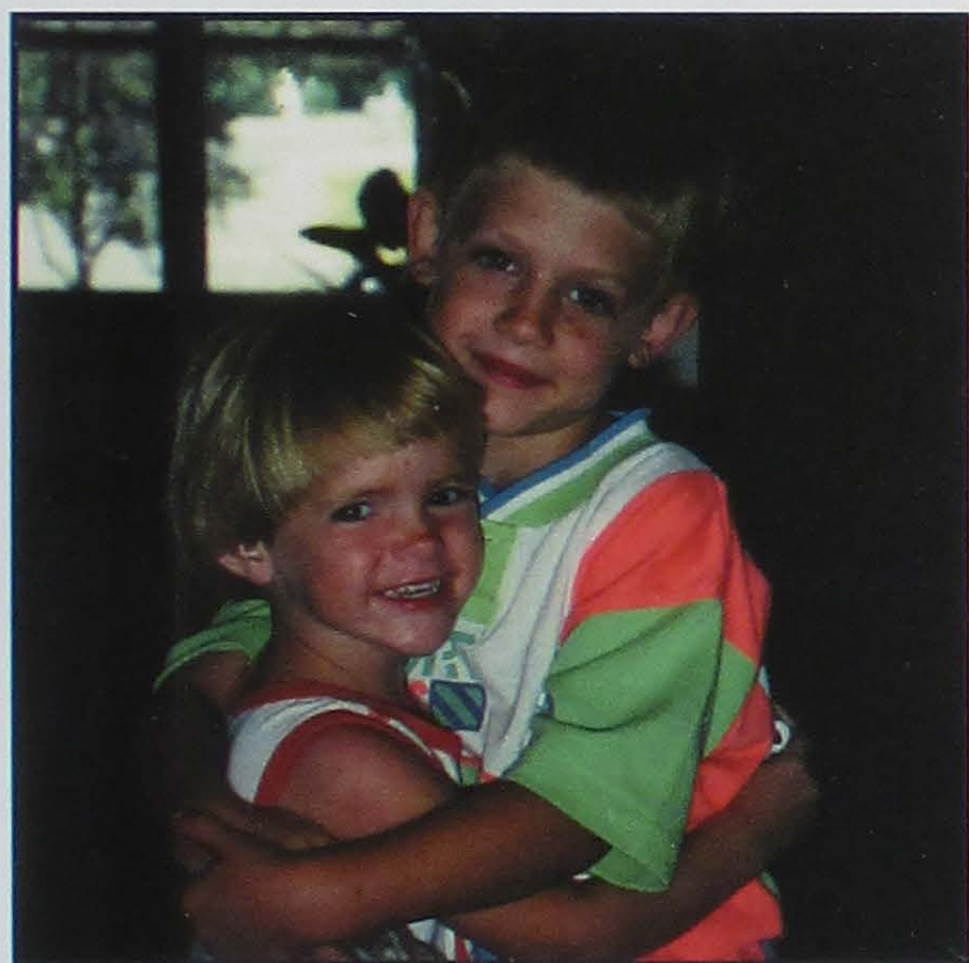




CONGRATULATIONS, SENIOR DANCERS...
THANK YOU FOR SHARING WITH ME YOUR LOVE OF
DANCE.



Front row, left to right: Ashley Sornsen, Brooke Novey, Christen Calentine, Stephanie Jarnagin. Row 2: Alissa Anderson, Katie Lutz, Heidi Purcell. Row 3: Darajun Abel, Cortney Boelman, Stephanie Jones, Katie Popp, Megan Baughman, Kristine Stasko, Allison Mohlke

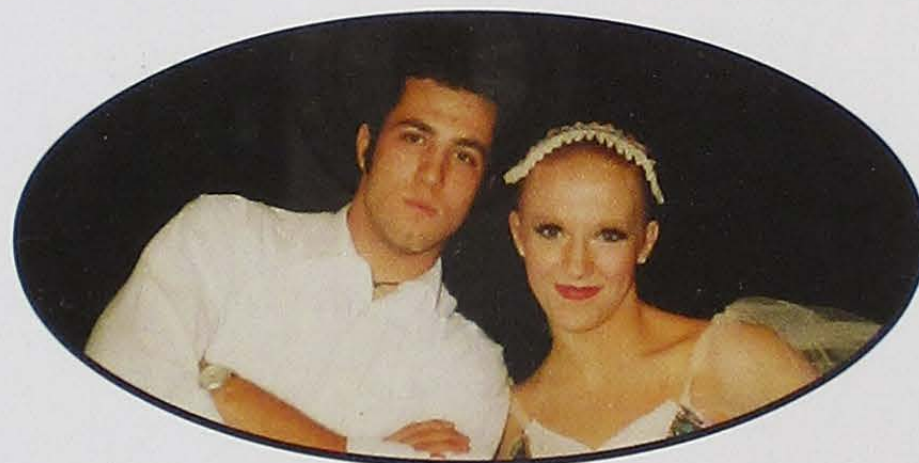


Nick-
Good luck at Notre
Dame. I'll miss you!

Go Irish!

Love,
Mary Beth

Mindy Heitzman



May the men in your life
always be
the strong, silent type



Ronna & Kara



Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything.

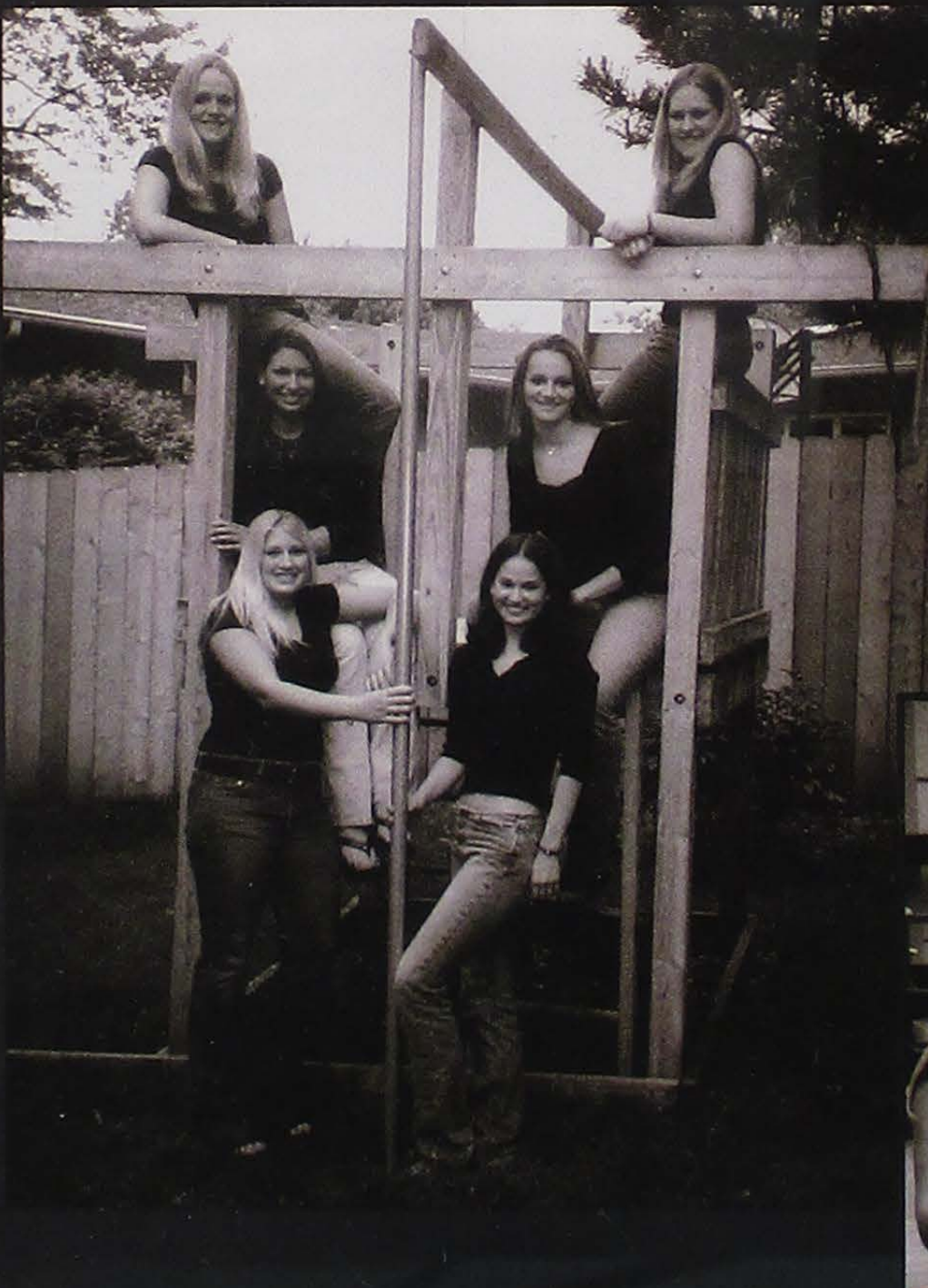
Muhammad Ali

2004



Ya-Ya's Forever

Anna, Dani, Ashley, Shannon,
Sarah



"A good friend will bail you out of jail, but a better one will be sitting next to you saying 'Damn, that was fun!'"

**Dani, Candy, Ashley, Emily,
Jessica, Anna--
The "Girls" of 2004**



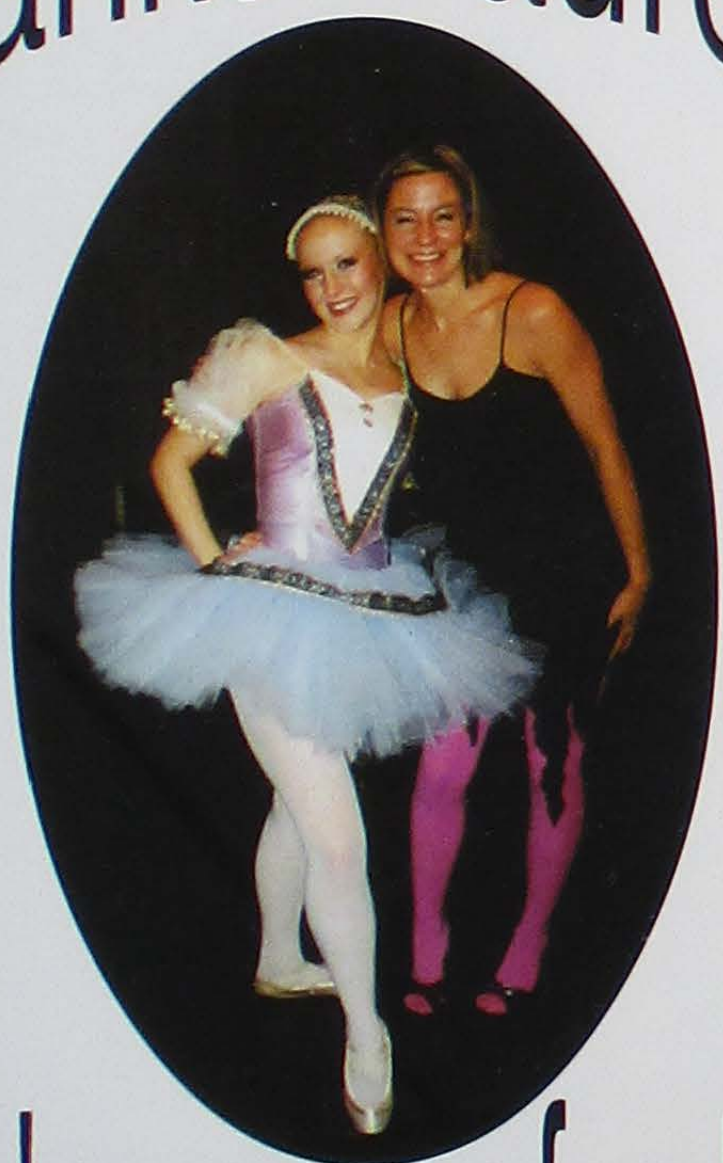


Oh, dear god.
Shirt! Pants! I
don't like the
flower on your
butt. Wookie
purse. Beef!
Nooooooooo! He
oozes.

Dedicated to the
Movie Night
Crew.
Thank you for the
best times of high
school.

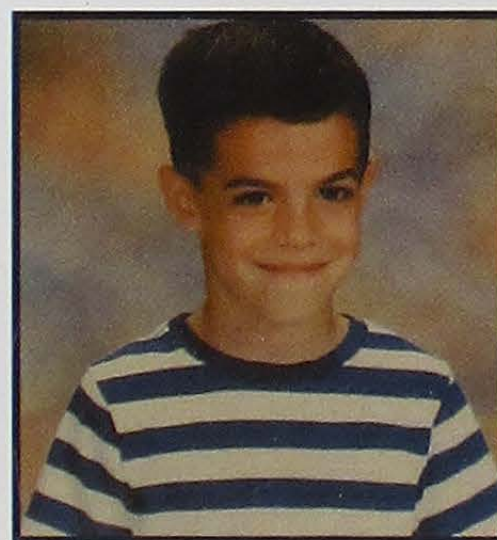
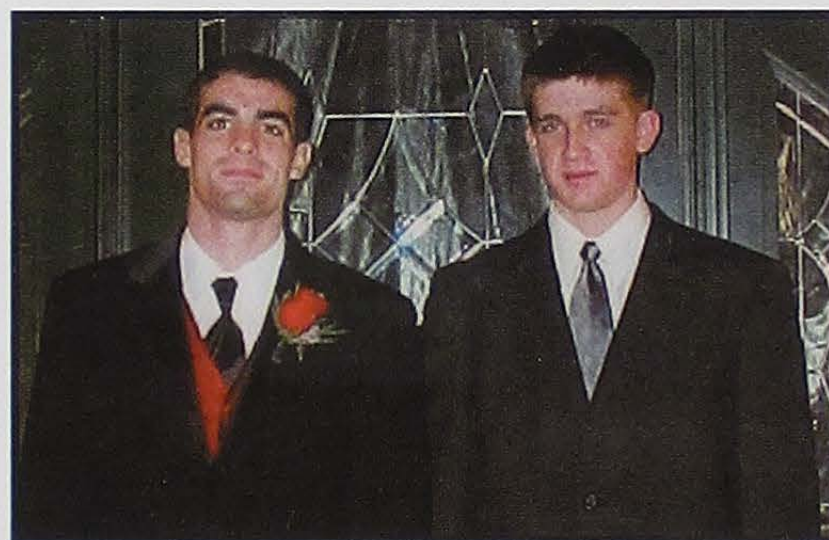
Emily Houge

Thanks Maureen

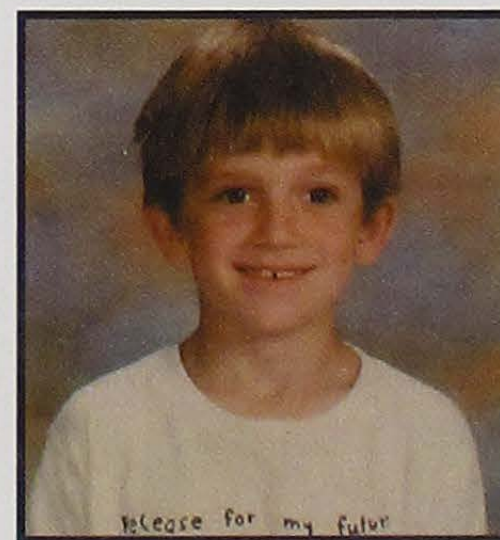


You're one of a kind
mindy

The Best of What's Around



MATT



DANIEL

and

"Seeking, Searching, never stop..."
You guys are awesome

Morgan



**Real life road trip...
You think you know...
But you don't know...I
mean...
You ain't got no idea!
Best of friends
Atlantic Beach, NC 2004**

**"From the first day to the last..
Our friendship has been a
blast!"**



**Jenny & Ronna
Friends Forever**

Pretty in Pink



Annie & Meggie

Spring 2004

Sponsorship for the Games of Life: Business Advertisements

The SPIRIT Staff and especially myself would like to thank the multiple businesses who have supported Ames High and the yearbook. The yearbook would not be in color without these businesses, nor would it be at its current length. Once again, thank you for supporting Ames High School.

Sincerely,
Ben Barclay
Managing Editor

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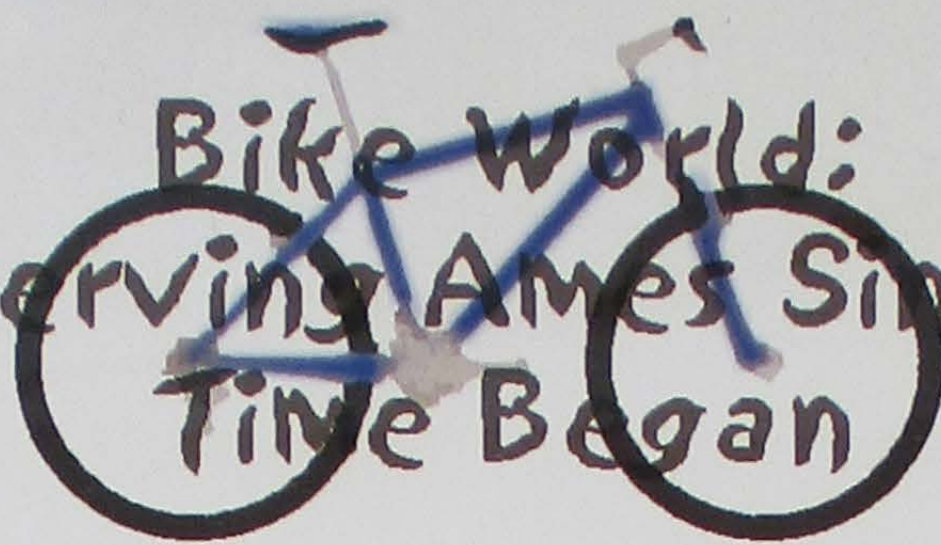
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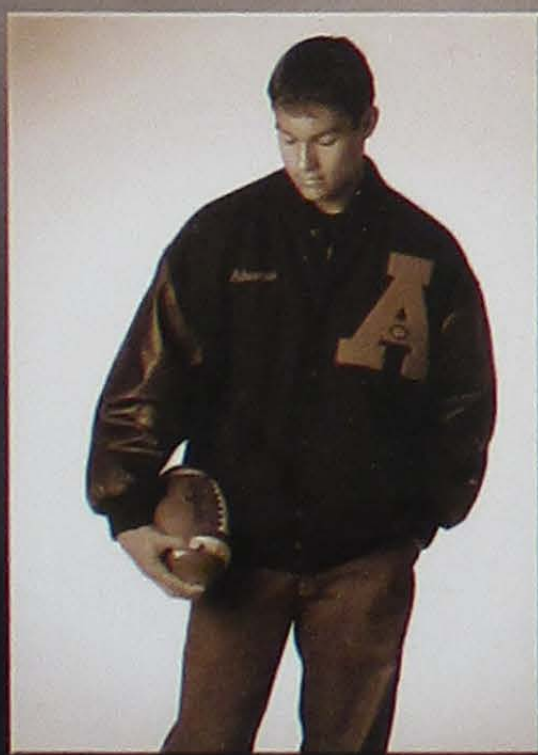
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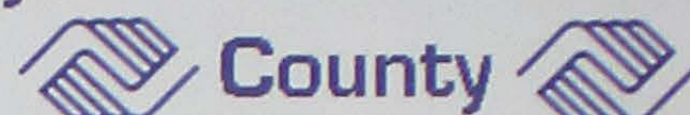
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OTHER STUFF

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Chocolate Chip or Oatmeal Raisin . . \$1.00
• Lay's Chips, Jumbo Kasher Dill . . \$54/75¢
• Extra load of meat, extra veggies . \$1.25
• Extra cheese or avocado 75¢
Extra charge per item for delivery . . . 25¢

GOURMET SANDWICHES \$3.25

All my gourmet sandwiches are 8 full inches of home-baked French bread, fresh veggies and the best meats & cheeses we can buy!

1. PEPE

Smoked Virginia ham and provolone cheese garnished with lettuce, tomato and mayo. (Awesome!)

2. BIG JOHN

Shaved medium-rare roast beef topped with lettuce, tomato and yummy mayo.

3. SORRY CHARLIE

California tuna mixed with celery, onions and our gourmet sauce, then topped with sprouts, cucumber, lettuce and tomato.

4. TURKEY TOM

Fresh sliced turkey breast topped with sprouts, lettuce, tomato and Hellmann's mayo.

5. VITO

The original Italian sub with Genoa salami, capicola, provolone, lettuce, tomato, onions & real Italian vinaigrette.

6. VEGETARIAN

Layers of provolone cheese separated by avocado, cucumber, sprouts, lettuce, tomato and mayo. (Truly a gourmet sandwich — not for vegetarians only!)

J.J.B.L.T.

Loaded with smoked bacon, lettuce, tomato and plenty of Hellmann's real mayo.

PLAIN SLIM JIMS™ \$2.25

Same bread, meats, and cheese as our gourmet sandwiches, but no veggies or sauce.

SLIM 1 ~ Ham & cheese SLIM 4 ~ Fresh sliced turkey
SLIM 2 ~ Roast beef SLIM 5 ~ Salami, capicola, & cheese
SLIM 3 ~ Gourmet tuna SLIM 6 ~ Double provolone

THE GARGANTUAN™ \$6.25

Huge-Giant-Monstrous-Unbelievable! This sandwich was invented by Jimmy John's brother Huey. It's huge enough to feed the hungriest of all humans! Tons of Genoa salami, sliced smoked ham, capicola, roast beef, turkey and provolone cheese jammed into one of our homemade French buns, then smothered with lettuce, tomato, onion, mayo & our homemade Italian dressing.

GIANT GOURMET CLUBS \$4.25

Our clubs have twice the meat of the gourmet sandwiches and are stacked on your choice of my thick 7-grain honey wheat bread or our famous yummy French bread.

7. GOURMET SMOKED HAM CLUB

A full 1/4 pound of smoked Virginia ham with provolone cheese and tons of lettuce, tomato and mayo. (A real stack!)

8. BILLY CLUB

Sliced roast beef, provolone & Grey Poupon mustard topped with shaved ham, lettuce, tomato and mayo! (Here's to my old pal Billy Burns who invented this great combo!)

9. ITALIAN NIGHT CLUB

Real Genoa salami, capicola, smoked ham and provolone with lettuce, tomato, onions, mayo and our homemade Italian vinaigrette.

10. HUNTER'S CLUB

A full 1/4 pound of fresh sliced medium-rare roast beef, provolone, lettuce, tomato & Hellmann's real mayo!

11. COUNTRY CLUB

Fresh sliced turkey breast, smoked ham, provolone and tons of lettuce, tomato and mayo. (The very traditional yet always exceptional classic.)

12. BEACH CLUB

Sliced turkey breast, avocado and sliced provolone on the bottom, sprouts, lettuce, tomato, cucumber and mayo on top. (It just doesn't get any better!)

13. GOURMET VEGGIE CLUB

Tons of cheese, avocado, alfalfa sprouts, cucumber, lettuce, tomato & Hellmann's real mayo! (One need not climb mountains and eat granola to enjoy this world-class club.)

14. BOOTLEGGER CLUB

Medium-rare roast beef and fresh sliced turkey loaded with lettuce, tomato & mayo. A classic certainly not invented by JJ but definitely tweaked and fine-tuned to perfection!

15. CLUB TUNA

The same as our Sorry Charlie, except this one's got more! A scoop of our homemade tuna with provolone, sprouts, cucumber, lettuce and tomato.

16. CLUB LULU

Sliced turkey breast and real smoked bacon with lettuce, tomato & real mayo. (What's not to love about this classic combo?)

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CAMPUS
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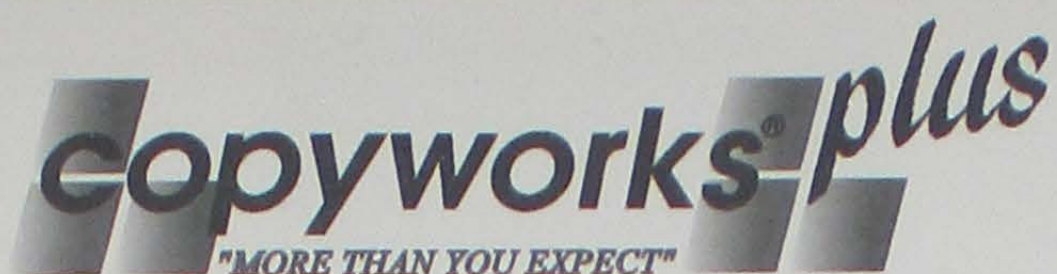


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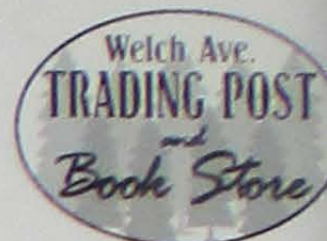
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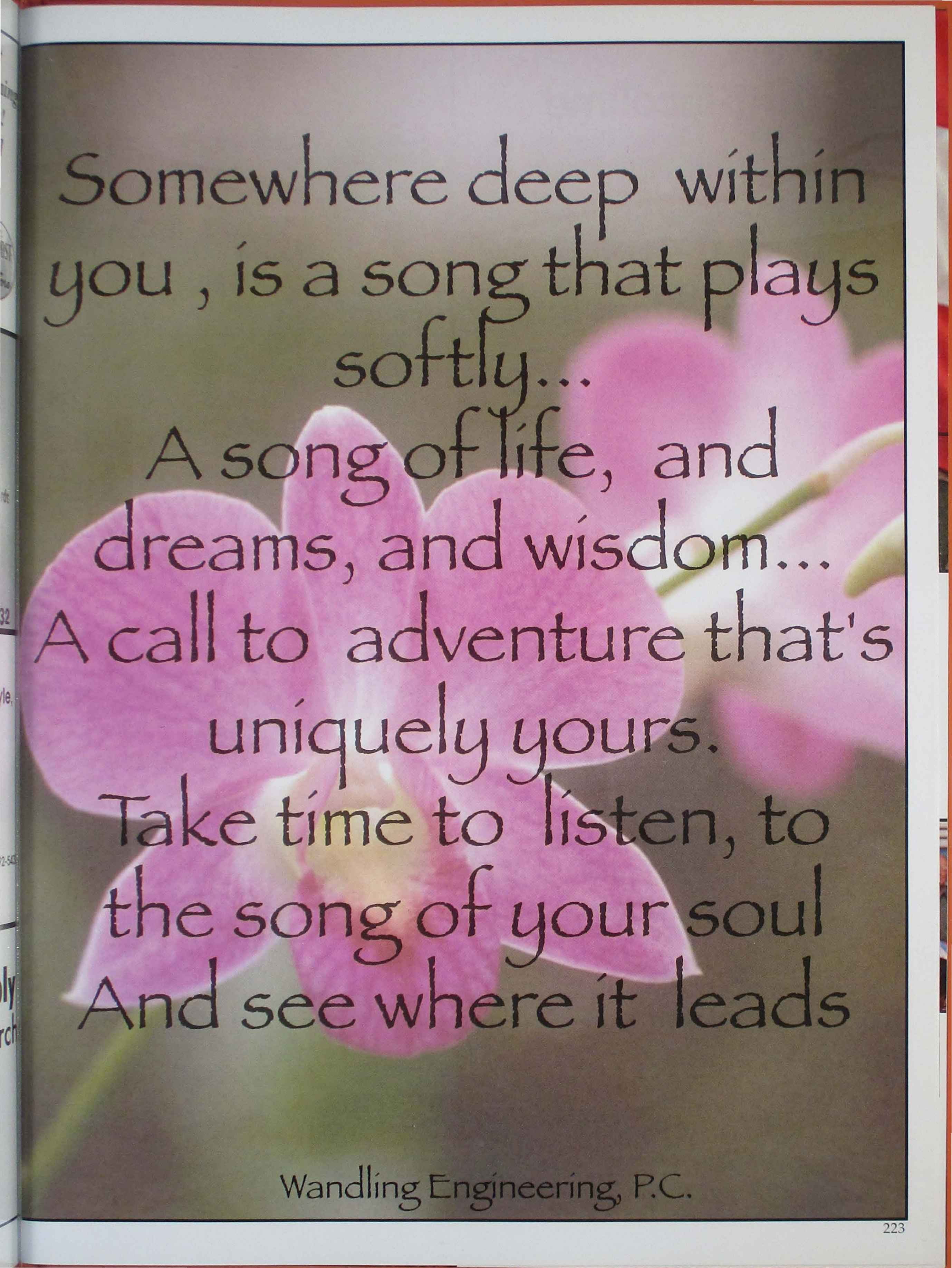
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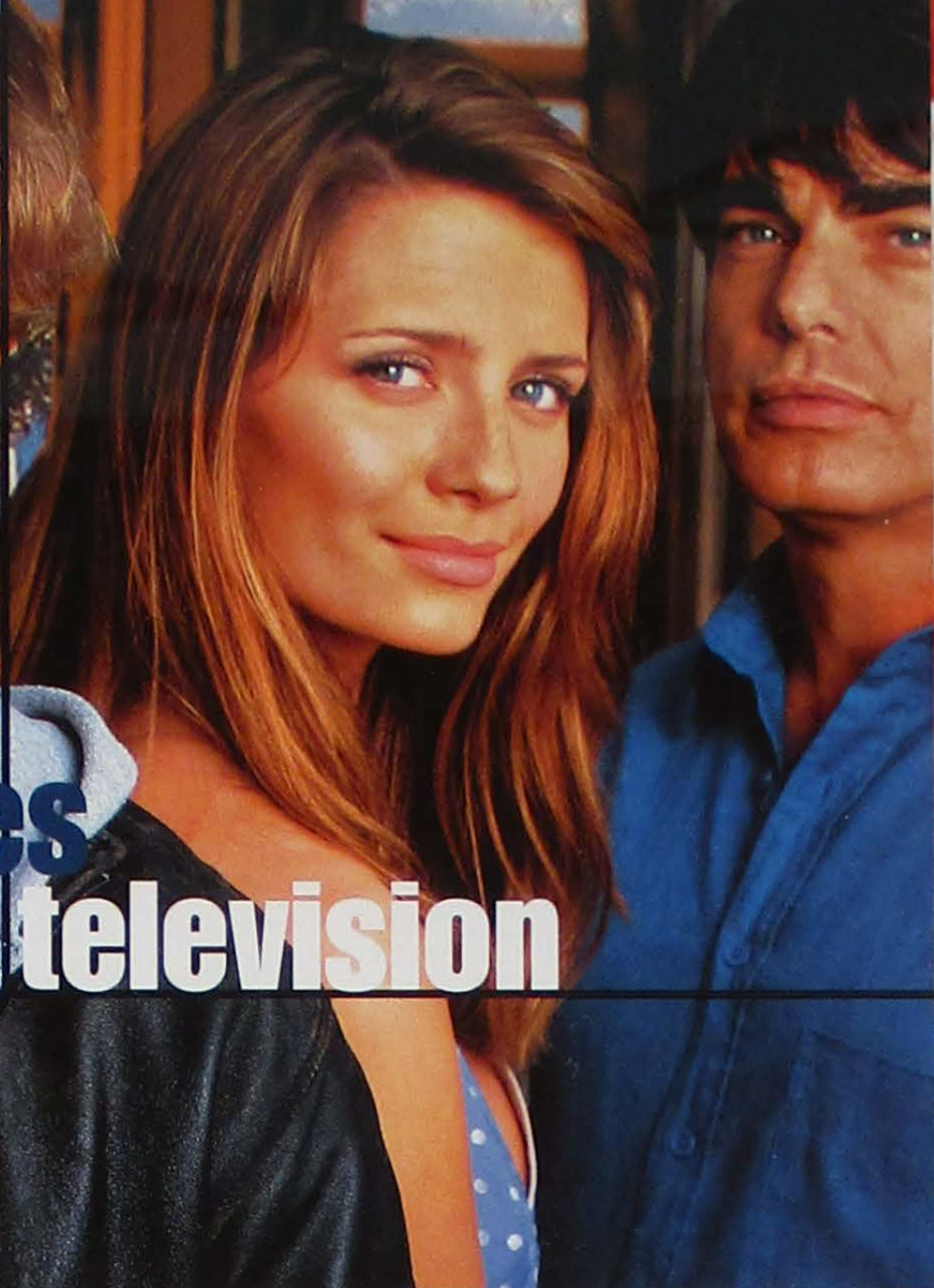
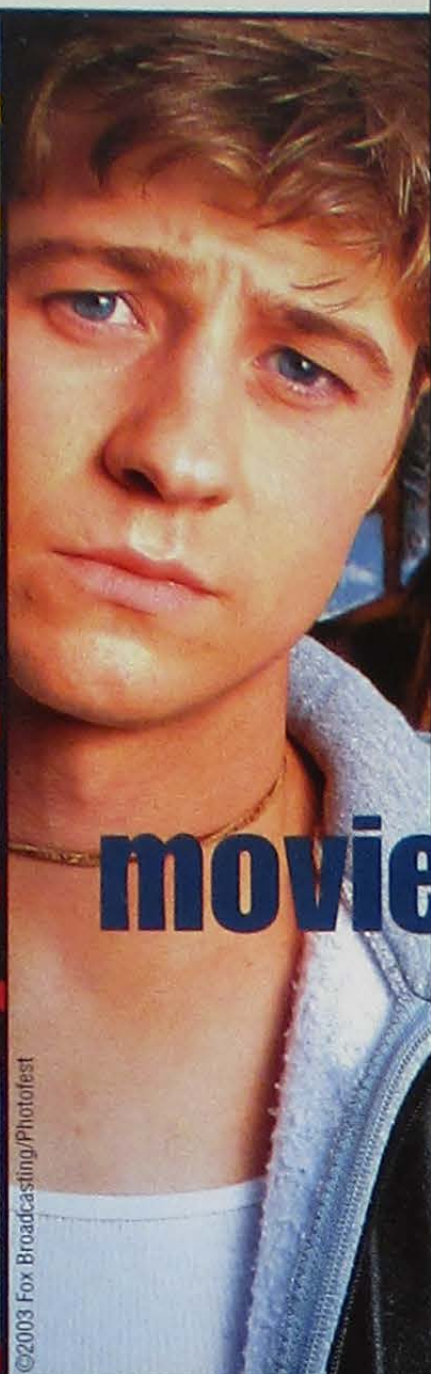
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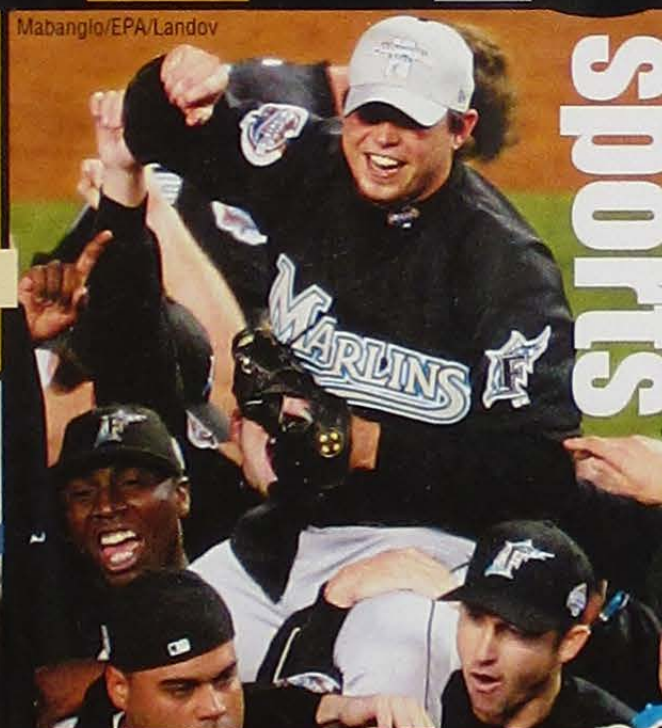
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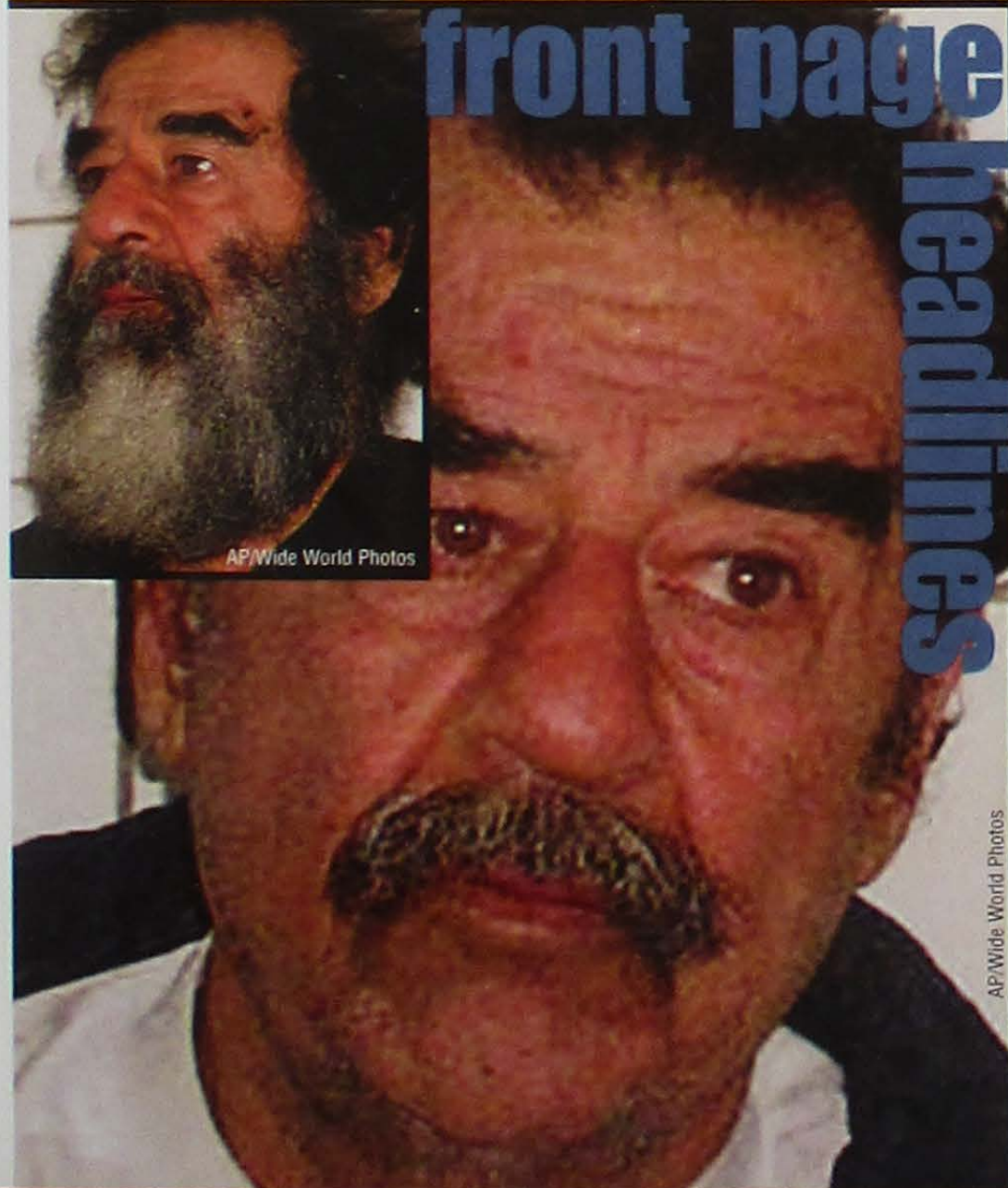
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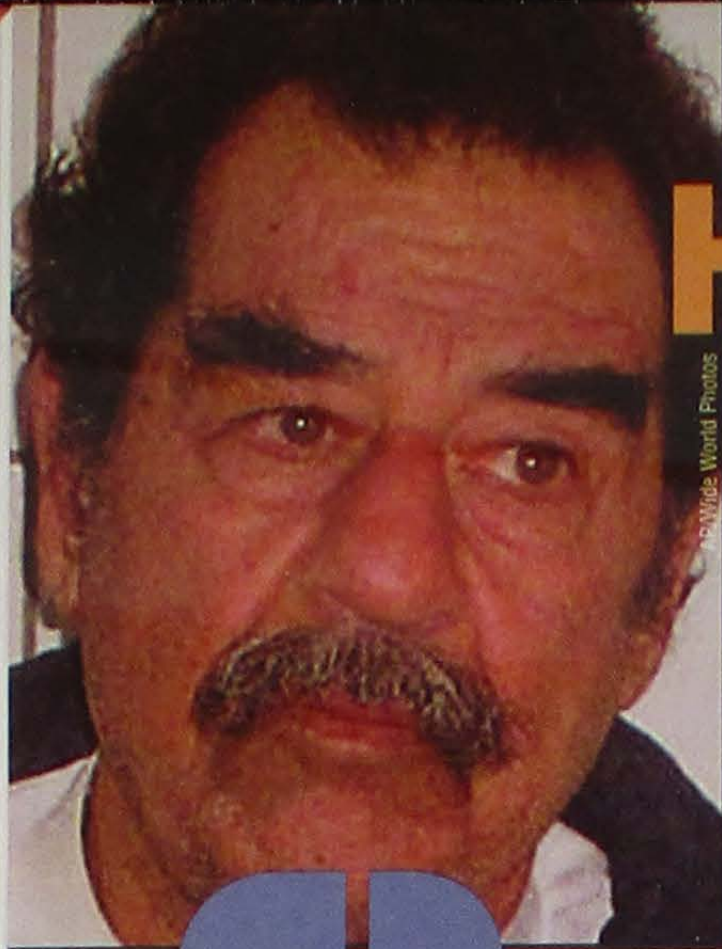


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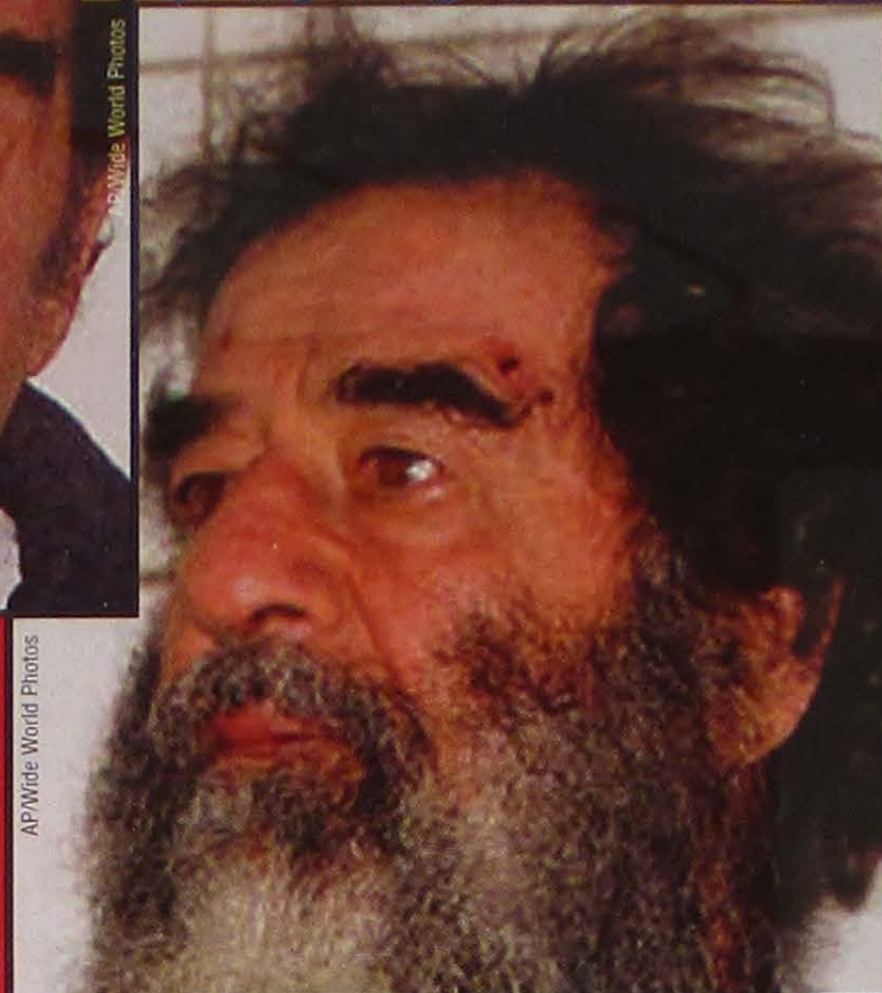
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HEADLINES



AP/Wide World Photos



AP/Wide World Photos



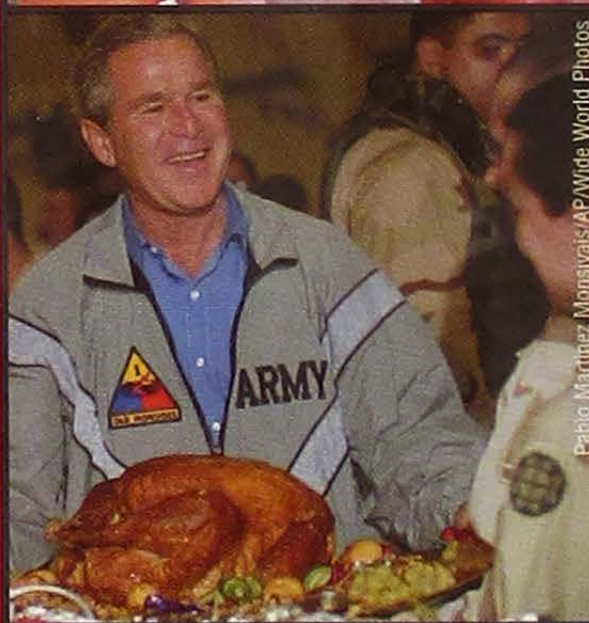
U.S. Forces capture deposed Iraqi leader Saddam Hussein in a "spider hole" at a farm outside his hometown of Tikrit.

→ In October, the Federal Trade Commission initiates the National Do Not Call Registry to minimize the number of telemarketing calls consumers receive.



Getty Images

→ President Bush becomes the first U.S. president to visit Iraq when he makes an unannounced Thanksgiving visit with troops stationed there.



Pablo Martinez Monera/AP/Wide World Photos

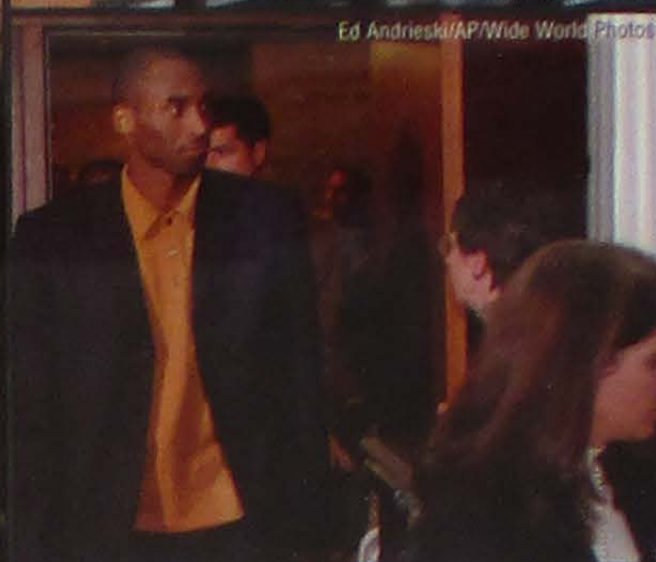
→ The abduction of University of North Dakota student Dru Sjodin, 22, results in the arrest of convicted sex offender Alfonso Rodriguez Jr., 50.



Reuters/Landov



Richard H. Cohen/Corbis



Ed Andrieski/AP/Wide World Photos



Gary Tramontina/Bloomberg News/Landov

← A fatal Staten Island Ferry crash in New York harbor leaves 10 dead and dozens injured after the pilot loses consciousness and slams into the dock.

← NBA star Kobe Bryant of the Los Angeles Lakers is charged with the sexual assault of a 19-year-old Colorado woman.

← A federal appellate court orders the removal of a Ten Commandments monument from the Alabama Supreme Court building, citing violation of the First Amendment.

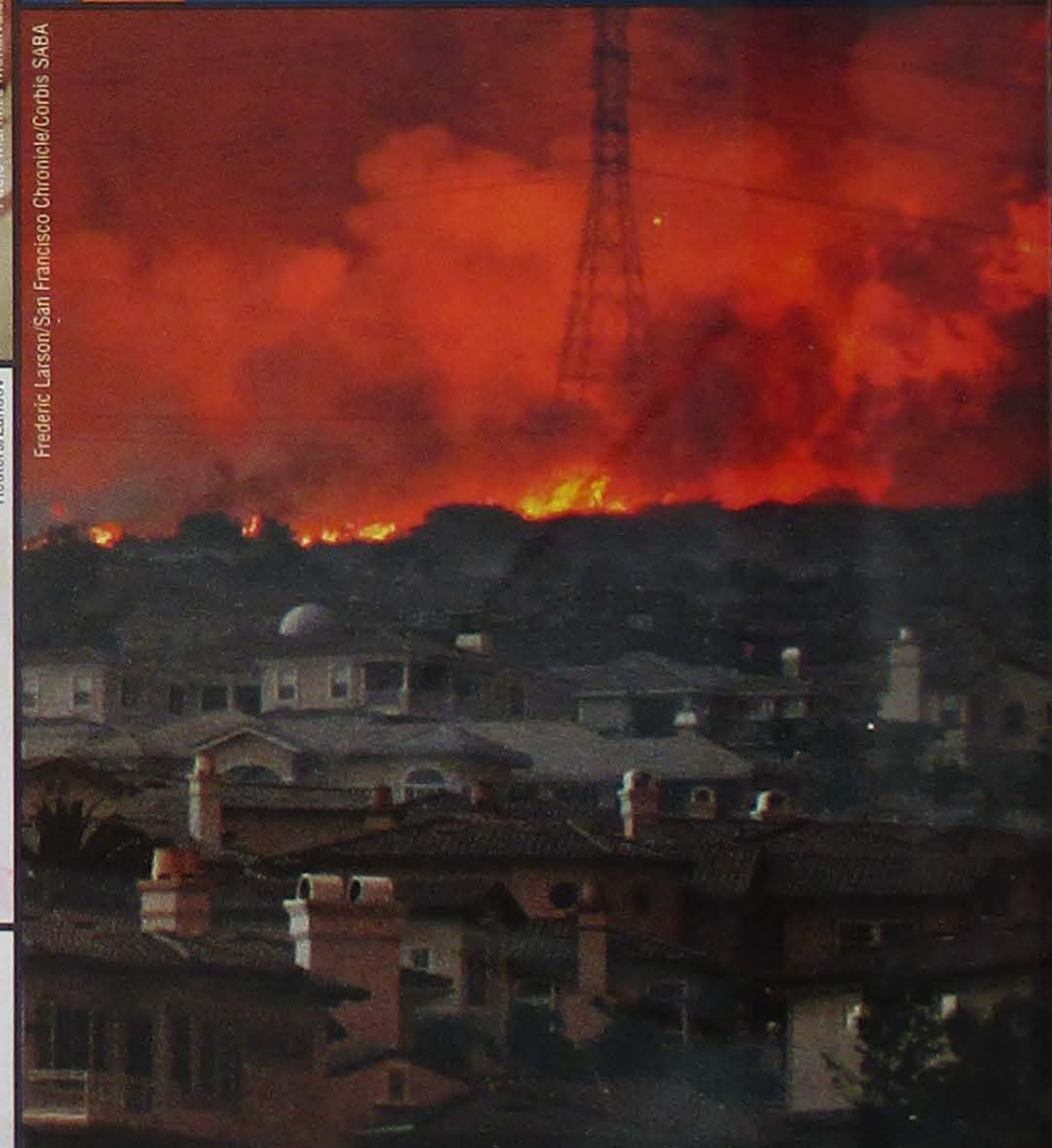
flash

The economy shows signs of recovery when the Dow Jones Industrial Average tops 10,000 points for the first time in over 18 months on December 12.



The worst wildfires in California history claim 22 lives, destroy more than 3,400 homes and consume 750,000 acres of land.

Frederic Larson/San Francisco Chronicle/Corbis SABA

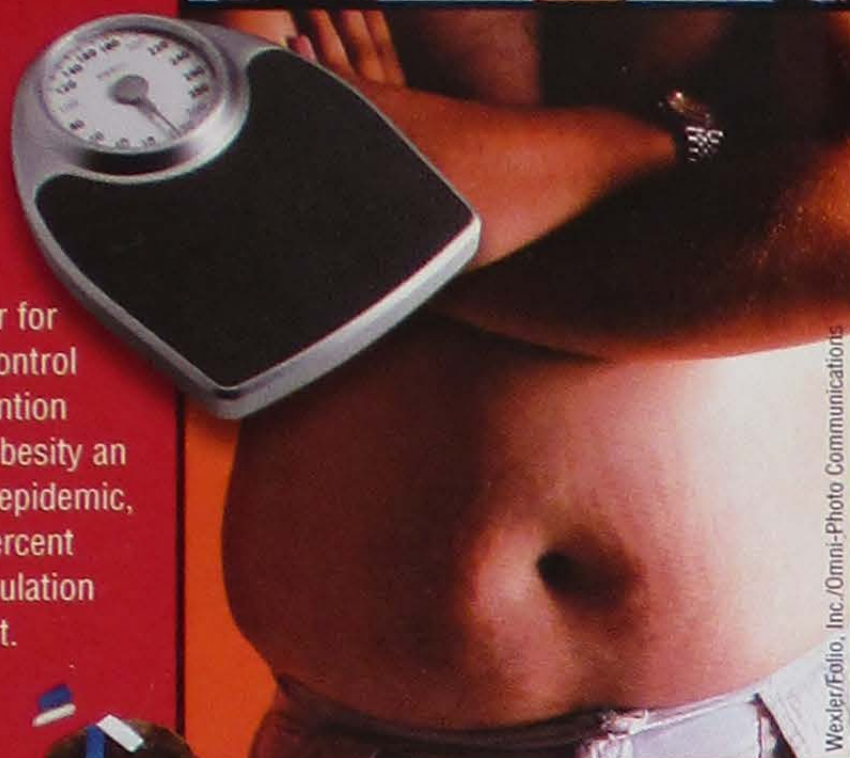


→ Michael Jackson is arrested on multiple counts of child abuse after an accusation from a 12-year-old boy.



UPI/Landov

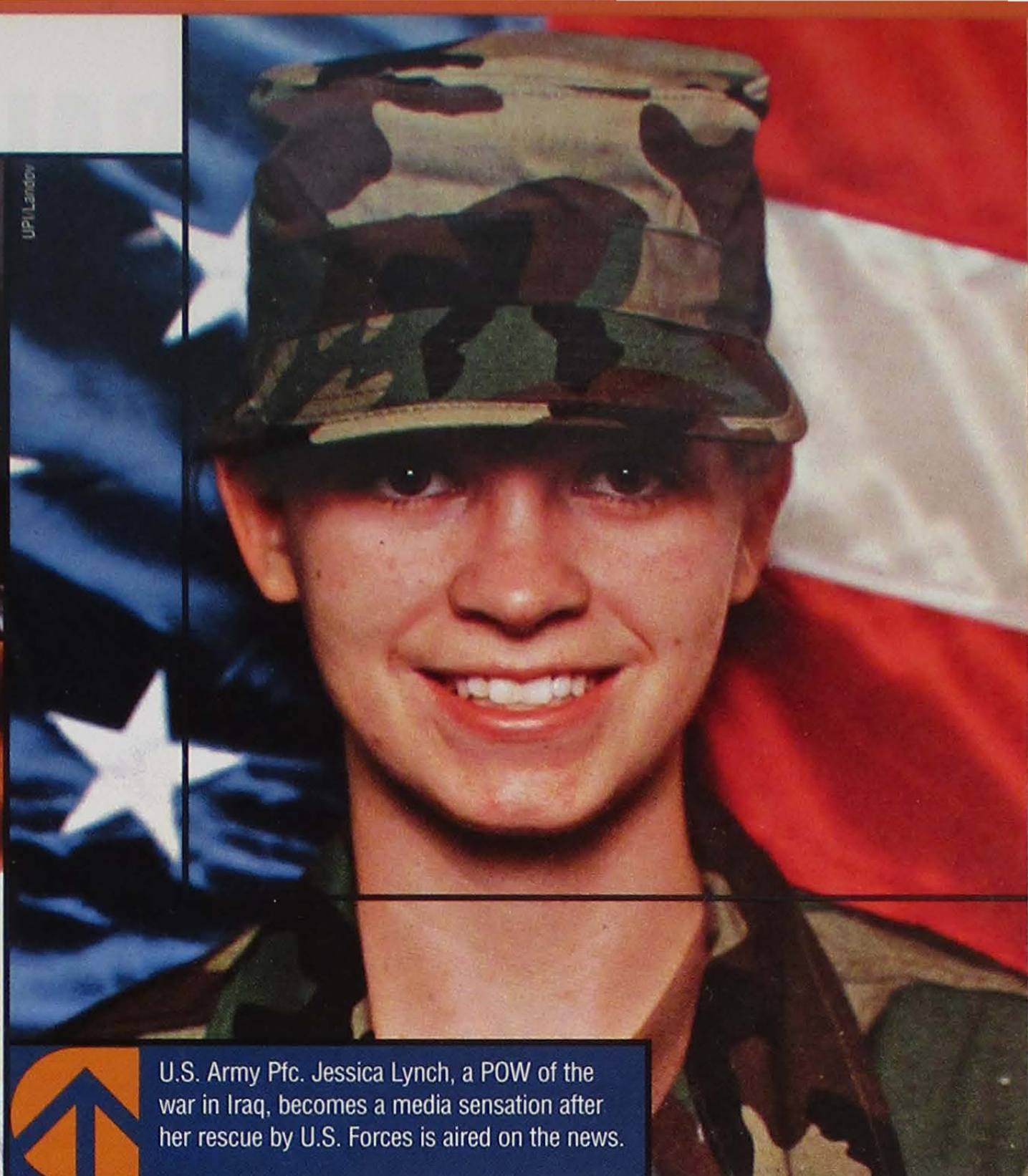
→ The Center for Disease Control and Prevention declares obesity an American epidemic, with 64 percent of the population overweight.



Wexler/Folio, Inc./Omni-Photo Communications



U.S. Army Pfc. Jessica Lynch, a POW of the war in Iraq, becomes a media sensation after her rescue by U.S. Forces is aired on the news.



Mark J. Terrill/AP/Wide World Photos

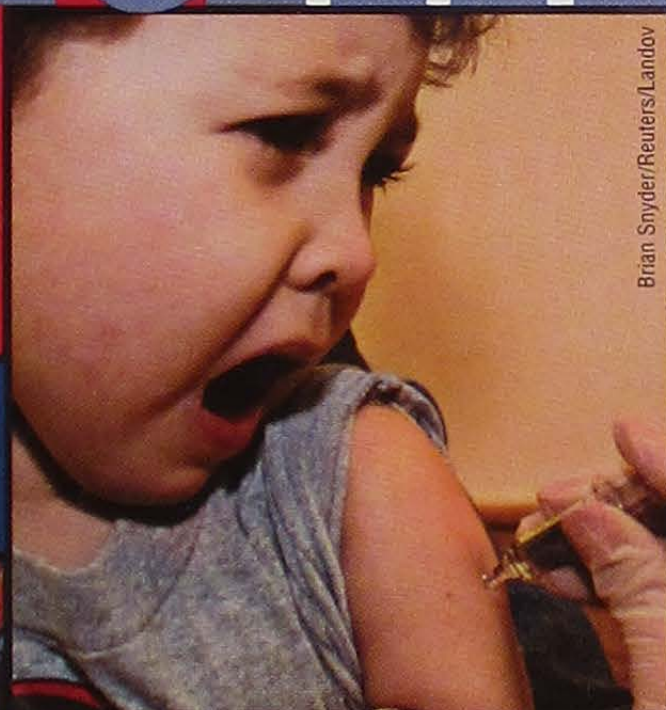
← Action star Arnold Schwarzenegger replaces Gray Davis as governor of California in a highly publicized recall election.



On August 14, the largest North American blackout occurs when three Ohio line failures leave more than 50 million people in eight states and Canada without power.



Reuters/NewMedia Inc./Corbis



Brian Snyder/Reuters/Landov

← Americans rush to receive vaccinations as the country is hit hard by a new strand of the influenza virus.

Larry Downing/Reuters NewMedia Inc./Corbis



↑ President Bush signs a controversial bill calling for a \$400 billion Medicare overhaul.



Reuters/Landov

← Scott Peterson stands trial on murder charges in the slaying of his pregnant wife, Laci, and their unborn son.

Headlines

GLOBAL



Goran Tomasevic/Reuters/Landov



Rob Griffin/AP/Wide World Photos



Franck Prevost/AP/Wide World Photos

Bazuki Muhammad/Reuters/Landov

← A European heat wave in August claims more than 19,000 lives, making it one of the world's deadliest hot-weather disasters.



Joe Raedle/Getty Images



← The World Health Organization reports that severe acute respiratory syndrome (SARS) infected more than 8,000 people in over 25 countries, killing 700.



On May 1, 43 days after the war in Iraq began, President Bush declares "major combat operations in Iraq have ended." As hundreds of thousands of U.S. and British forces remain to restore peace and deliver aid to Iraqi citizens, more soldiers are killed in the months after the war than during it.

→ Around the world, "flash mobs" — large groups of people recruited by anonymous organizers via the Internet — gather, perform a wild act and quickly disperse.



Alexandre Meneghini/AP/Wide World Photos

→ In a dramatic six-day ordeal, rescue workers save 44 of 46 Russian miners trapped in a water-filled coal mine.



Sergei Vaynskiy/AP/Wide World Photos

→ Tens of thousands of Palestinians are cut off from family and livelihoods when Israel builds a concrete barrier beyond the cease-fire line in an effort to curtail Palestinian terrorist activities.



Gilberg EPA/Landov



Ben Curtis/AP/Wide World Photos

← An Economic Community of West African States peacekeeping coalition ends 14 years of fighting between Liberian rebels and government forces, sending tyrant Charles Taylor into exile.



On December 26, a devastating earthquake measuring 6.6 on the Richter scale strikes the Iranian city of Bam, killing more than 41,000 people.



Shahpani Sahai/Sygma/Getty Images

World

→ During the summer of 2003, low-risk prison inmates help battle Southern California's wildfires for only \$1 an hour.

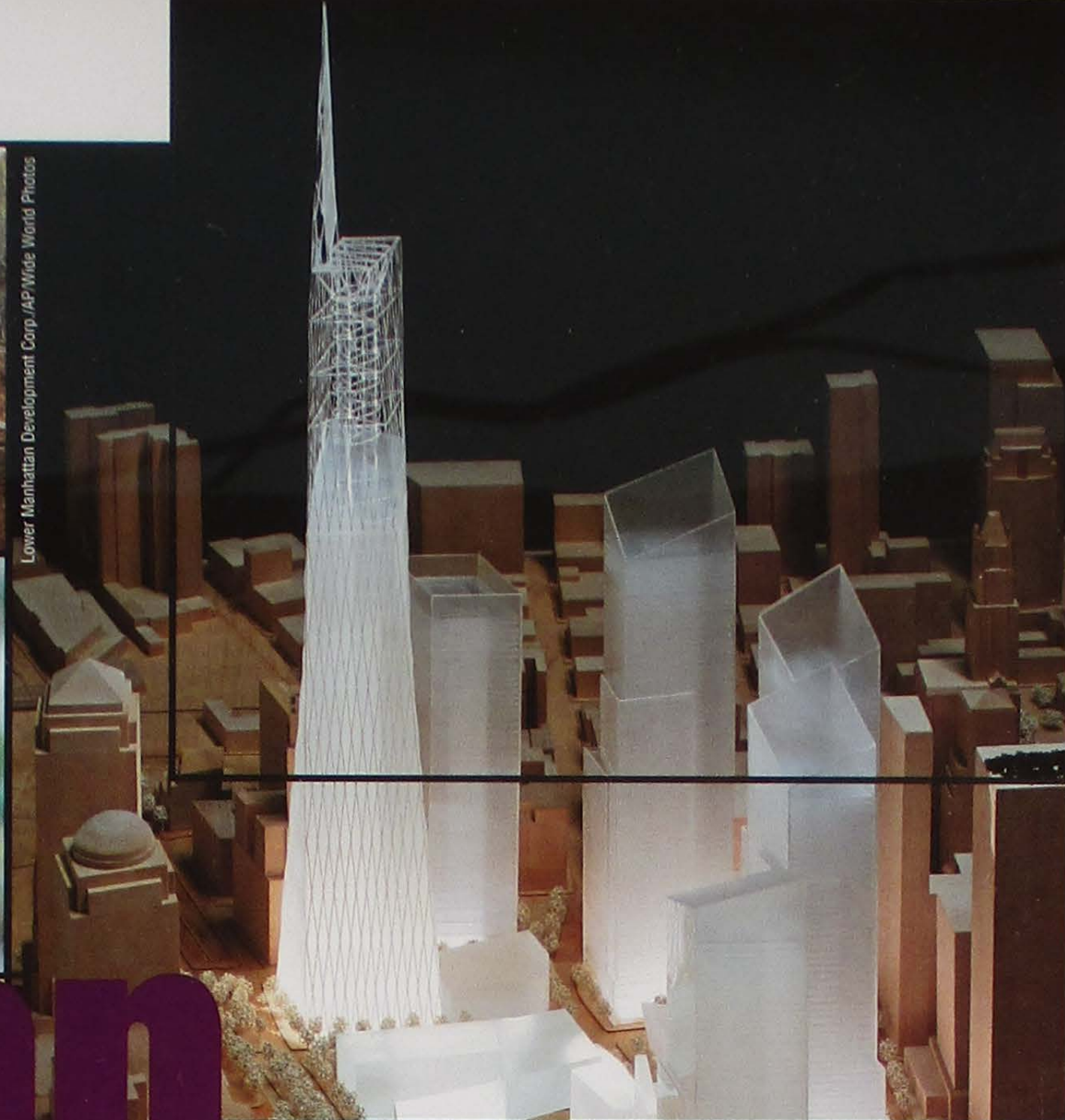


Lower Manhattan Development Corp./AP/Wide World Photos

→ At a St. Louis dog shelter, Cain, a one-year-old mutt, survives tranquilization and a trip to the gas chamber and is then adopted by the animal shelter owner.



Bill Greenblatt/UP/Landov



The world's tallest structure—a 1,776-foot spire—anchors a memorial entitled "Reflecting Absence," which is chosen to fill the World Trade Center site.

human interest



Peter J. Donnan/Reuters/Landov

← Comedian Robin Williams travels to Baghdad to lighten the spirits of U.S. troops as he kicks off a holiday tour of U.S. bases in the Middle East.

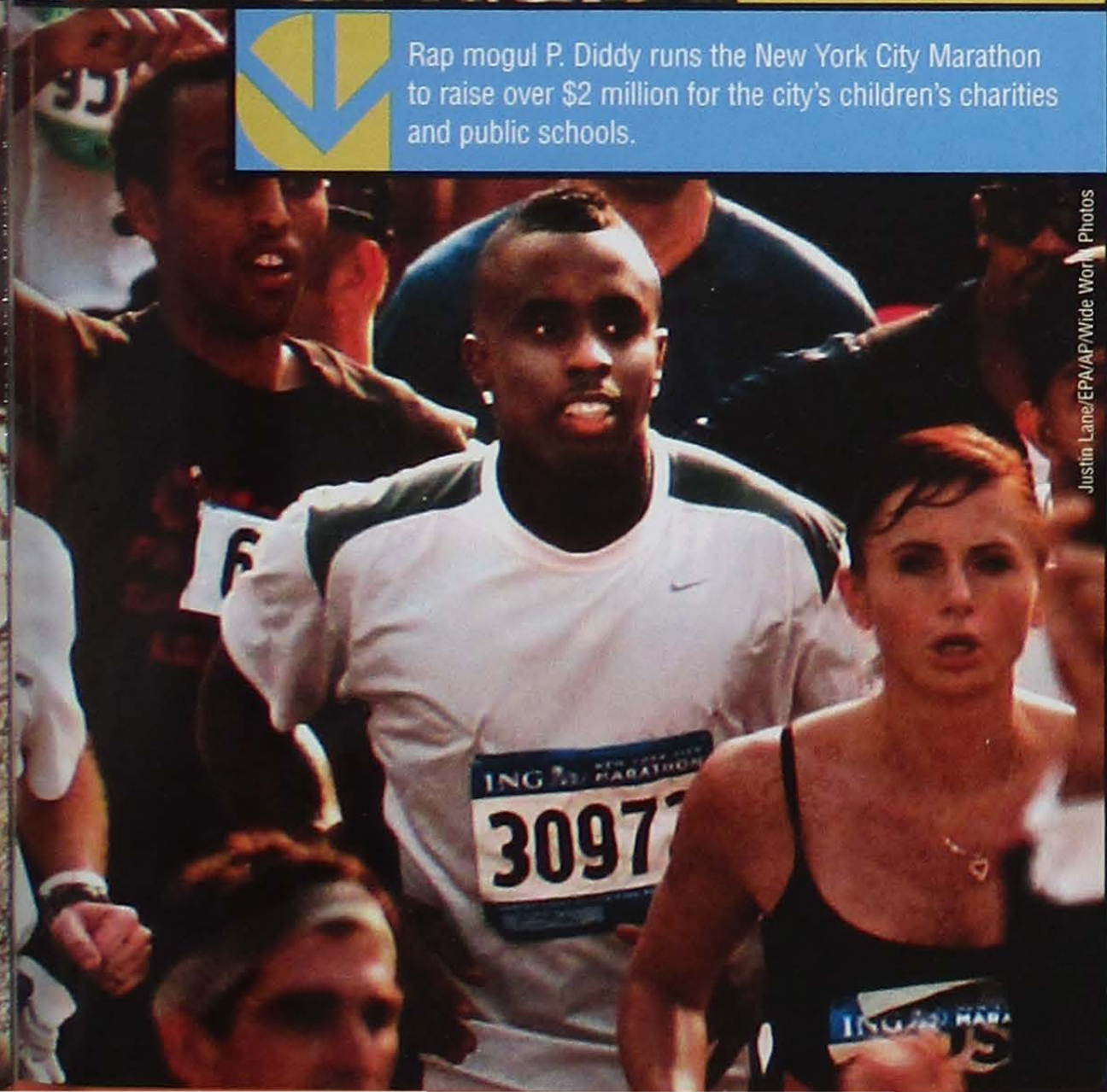


Richard Carson/Reuters/Landov

← While aboard the International Space Station, Russian cosmonaut Yuri Malenchenko marries his American girlfriend by video link in the first "space wedding."



Rap mogul P. Diddy runs the New York City Marathon to raise over \$2 million for the city's children's charities and public schools.

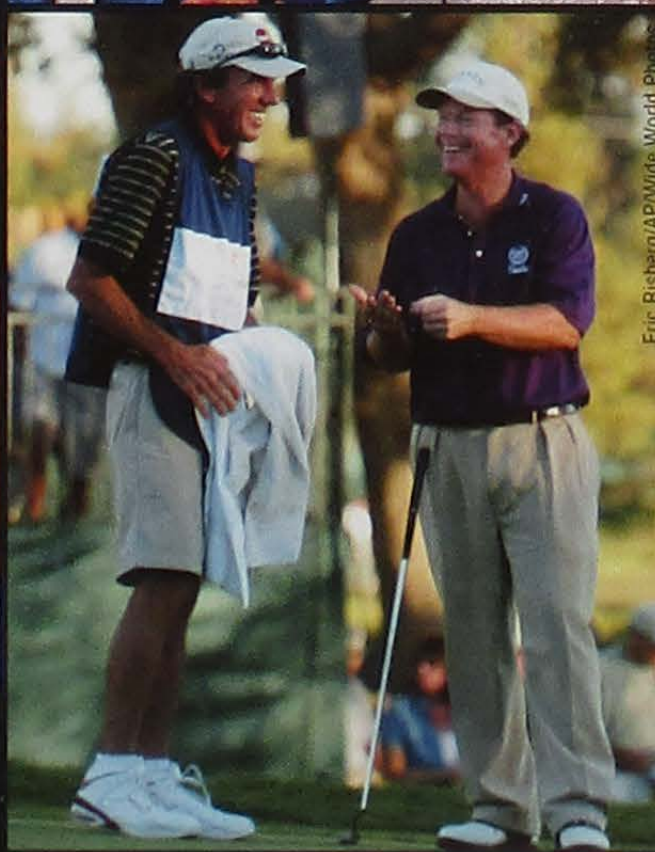


Justin Lane/EPA/AP/Wide World Photos



Ali Khaligh/UP/Landov

↑ Iranian lawyer Shirin Ebadi wins the 2003 Nobel Peace Prize for human rights activism as she fights to improve the status of refugees, women and children in Iran.



Eric Risberg/AP/Wide World Photos

← Golfer Tom Watson donates his \$1 million Charles Schwab Cup winnings to fund research for Lou Gehrig's disease, which has stricken his caddie, Bruce Edwards.

SCIENCE



← British Airways and Air France ground the supersonic Concorde after 27 years of service. Despite their speed, the aircraft were uneconomical to operate.



← In response to e-mail spam, the Can-Spam Act requires e-mail marketers to clearly label messages as ads and include an Internet-based opt-out feature.



In January 2004, the Mars exploration rover Spirit lands safely and NASA releases the first 3-D images and the sharpest color photos ever taken of the surface of Mars.

→ Fast-food patrons can now get their food even quicker, thanks to McDonald's introduction of self-service ordering kiosks.



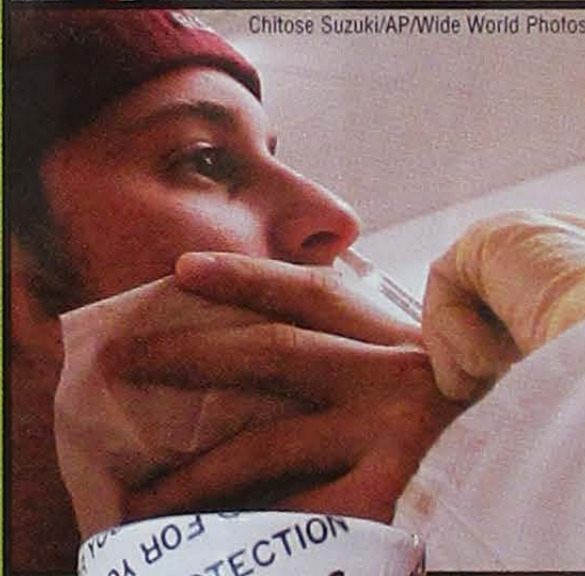
Reuters Newmedia Inc./Corbis



Wang Jianmin/Xinhua/Corbis

← In October, China becomes the third country to travel in space when the world's first successful taikonaut, Yang Liwei, returns to Earth after 21 hours in orbit.

→ FluMist, America's first intranasal influenza vaccine, provides needle-wary patients with an alternative for the 2003 flu season.



Chitose Suzuki/AP/Wide World Photos



The Food and Drug Administration mandates that nutrition labels disclose the amount of cholesterol-increasing trans-fatty acids.

Akiko Ono/AP/Wide World Photos

Nutrition Facts	
Serving Size 1 cup (228g)	
Servings Per Container 2	
Amount Per Serving	
Calories 260	Calories from Fat 120
	% Daily Value*
Total Fat 13g	20%
Saturated Fat 5g	25%
Trans Fat 2g	
Cholesterol 30mg	10%
Sodium 600mg	12%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	0%
Sugars 5g	10%

→ The Food and Drug Administration bans dietary supplements containing ephedra due to health concerns and warns consumers not to take products containing the stimulant.



Steven Sasse/AP/Wide World Photos

tech

→ In June, pet prairie dogs in Wisconsin, Illinois and Indiana infect people with monkeypox after being infected by a giant Gambian rat while in transit.



Rich Miller/The Indianapolis Star/AP/Wide World Photos

→ Federal workers in Washington kill a herd of 449 calves that include the offspring of a Holstein infected with mad cow disease.



Kevin P. Casey/EPA/Landov

Weatherstock/Omniphot-Photo Communications



Hurricane Isabel knocks out power to more than 3.5 million people as it wreaks havoc on the nation's eastern seaboard.



Barbara Strnadova/Photo Researchers

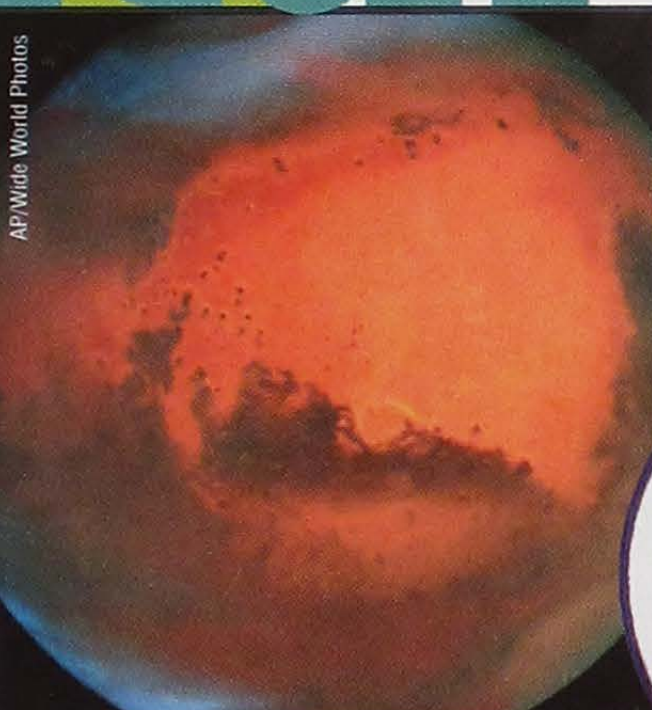
← North American trees are threatened by Asian longhorned beetles, which allegedly arrived in Chinese wooden packing material.



The strongest solar storms to hit the Earth in 11 years cause northern lights to appear as far south as Texas.

nature

AP/Wide World Photos



← In August, Mars' orbit brings it closer to Earth than it has been in 60,000 years.



↑ American scientists discover the deterioration of the atmosphere's ozone layer is slowing. The 1996 worldwide ban on CFC gases is credited for the improvement.



John McConnico/AP/Wide World Photos

← Keiko, star of the *Free Willy* movies, dies of pneumonia at the age of 27.



Hinrich B. Senfmann/EPA/Landov

trends

TRENDS



The "Laverne and Shirley" look becomes fashionable again in the retro monogram clothing and accessory trend.

→ Girls get into breakdancing at events like the Queen B Breakgirl competition in San Diego, the country's biggest female breakin' competition.

↓ With the resurgence of '80s-style rock music, '80s clothing styles make a comeback of their own.

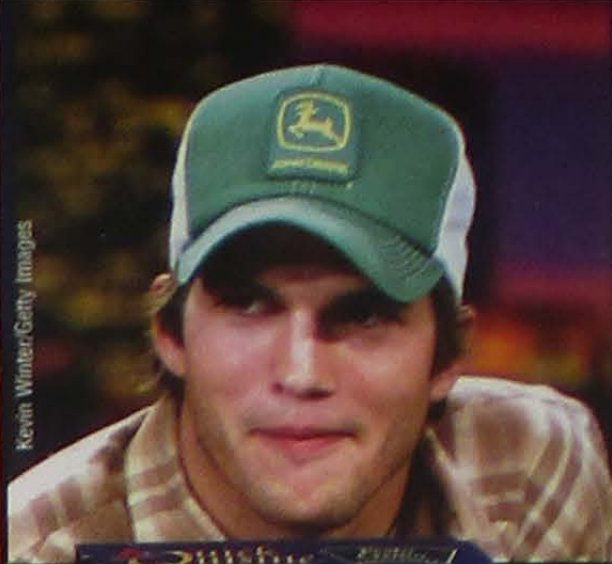


Babatunde Martins



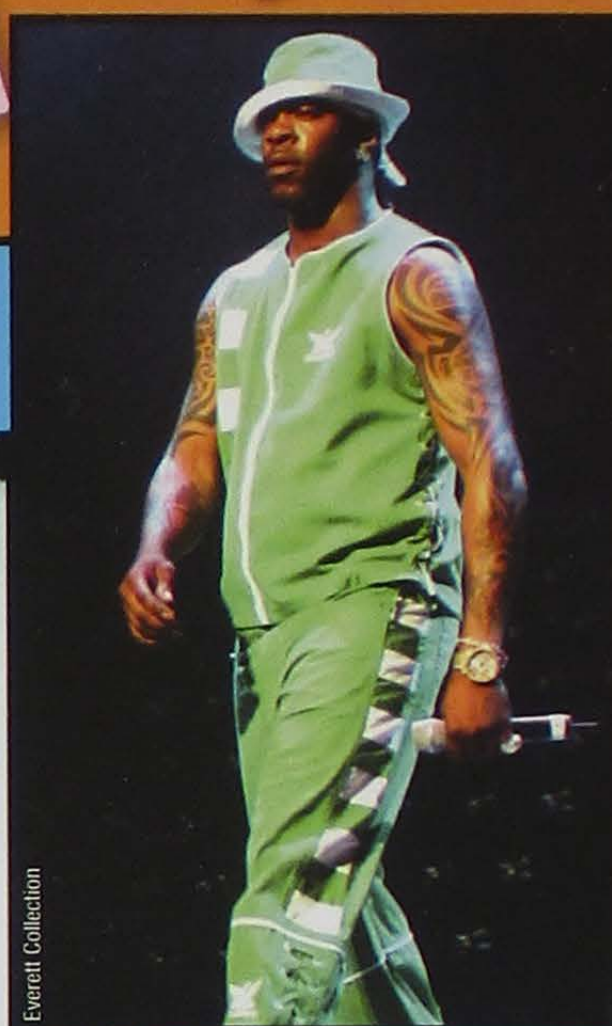
Graylock.com/Retna, Ltd.

↑ The year's hottest foot fashion is the Australian-made Ugg boot, which stays cool in heat and warm in cold.



← Celebrities like FOX's "That '70s Show" star Ashton Kutcher make the "trucker hat" a fashion must-have.

← The country goes low-carb diet crazy, with dieters demanding food products and menu items with fewer carbohydrates.



Everett Collection



American teenagers take up knitting and form knitting clubs at many schools across the country.



Jutta Klee/Dorbis



Mary Ann Chastain/AP Wide World Photos

↑ The College Entrance Examination Board develops a revision of the SAT that tests for increased vocabulary and writing skills.



↑ The pint-sized MINI Cooper, by Motorwerks, starts a European auto revolution on U.S. streets.



Ron Edmonds/AP Wide World Photos



Drivers find a spacious but expensive ride in the General Motors Hummer H2. In response to criticism, GM promises to release a more fuel-efficient version in the future.



← To improve lunch and vending machine nutritional values, the U.S. Department of Agriculture issues tougher regulations for American schools.



Affordable, over-the-counter teeth whitening kits have consumers smiling, as they no longer have to visit the dentist for this cosmetic procedure.

Photodisc



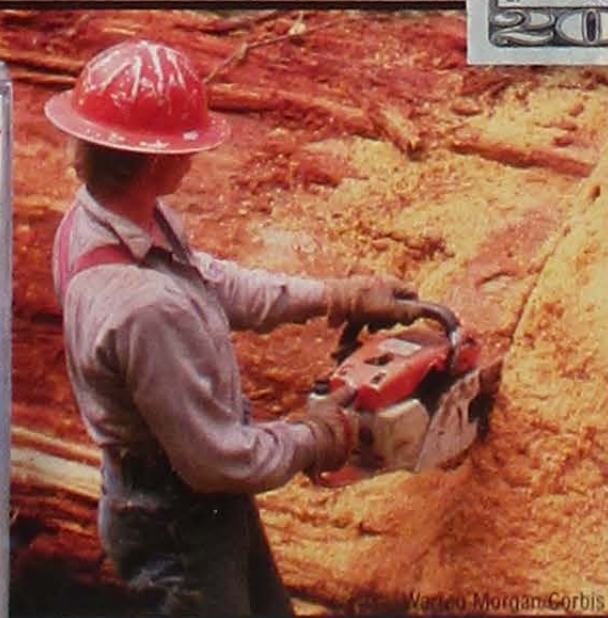
← Avon, the world's largest direct seller of beauty products, introduces mark — a new cosmetic line intended for teens to sell.

David Parker/Omni-Photo Communications



↑ In an effort to thwart counterfeiters, the U.S. Treasury releases a colorful new \$20 bill, with a background blend of blue, peach and green.

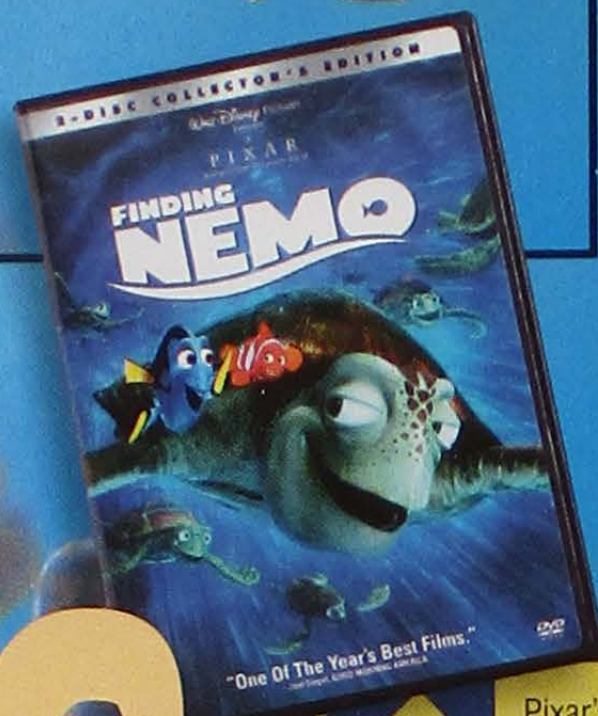
← A new study reveals the Top 10 most dangerous U.S. occupations. Lumberjack tops the list.



Wardlaw Morgan/Corbis

lifestyle

MOVIES



Pixar's *Finding Nemo* swims to the top as the highest-grossing animated movie and top-selling DVD of all time in the United States.

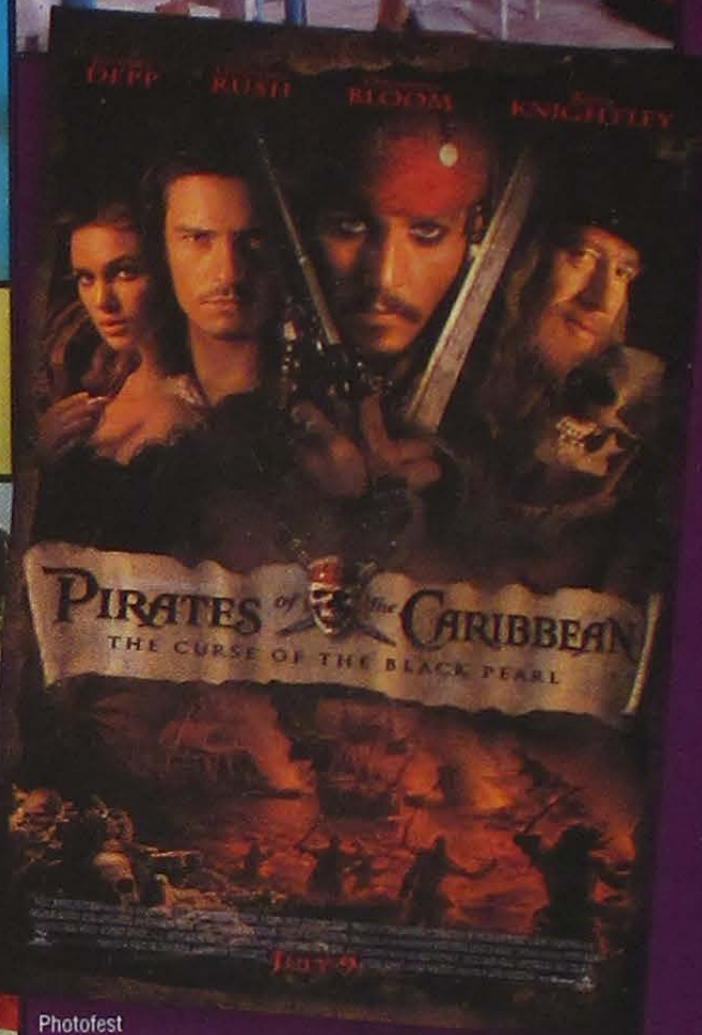
Photofest

Everett Collection



← Bill Murray gives a career performance in *Lost in Translation*, from director and Golden Globe-winning screenwriter Sofia Coppola.

← Will Ferrell continues his comedic success in the heartwarming holiday hit *Elf*.



← Heartthrobs Johnny Depp and Orlando Bloom make Disney's *Pirates of the Caribbean: The Curse of the Black Pearl* a swashbuckling success.

Photofest



Frodo and company complete their epic journey in *The Lord of the Rings: The Return of the King*, winner of the Golden Globe for Best Picture, Drama.

Everett Collection



→ Keira Knightley and Parminder Nagra get a kick out of breaking stereotypes on and off the soccer field in the British comedy *Bend It Like Beckham*.



→ The two most anticipated sequels of the year, *Matrix: Reloaded* and *Matrix: Revolutions* turn out to be major disappointments for fans and critics alike.



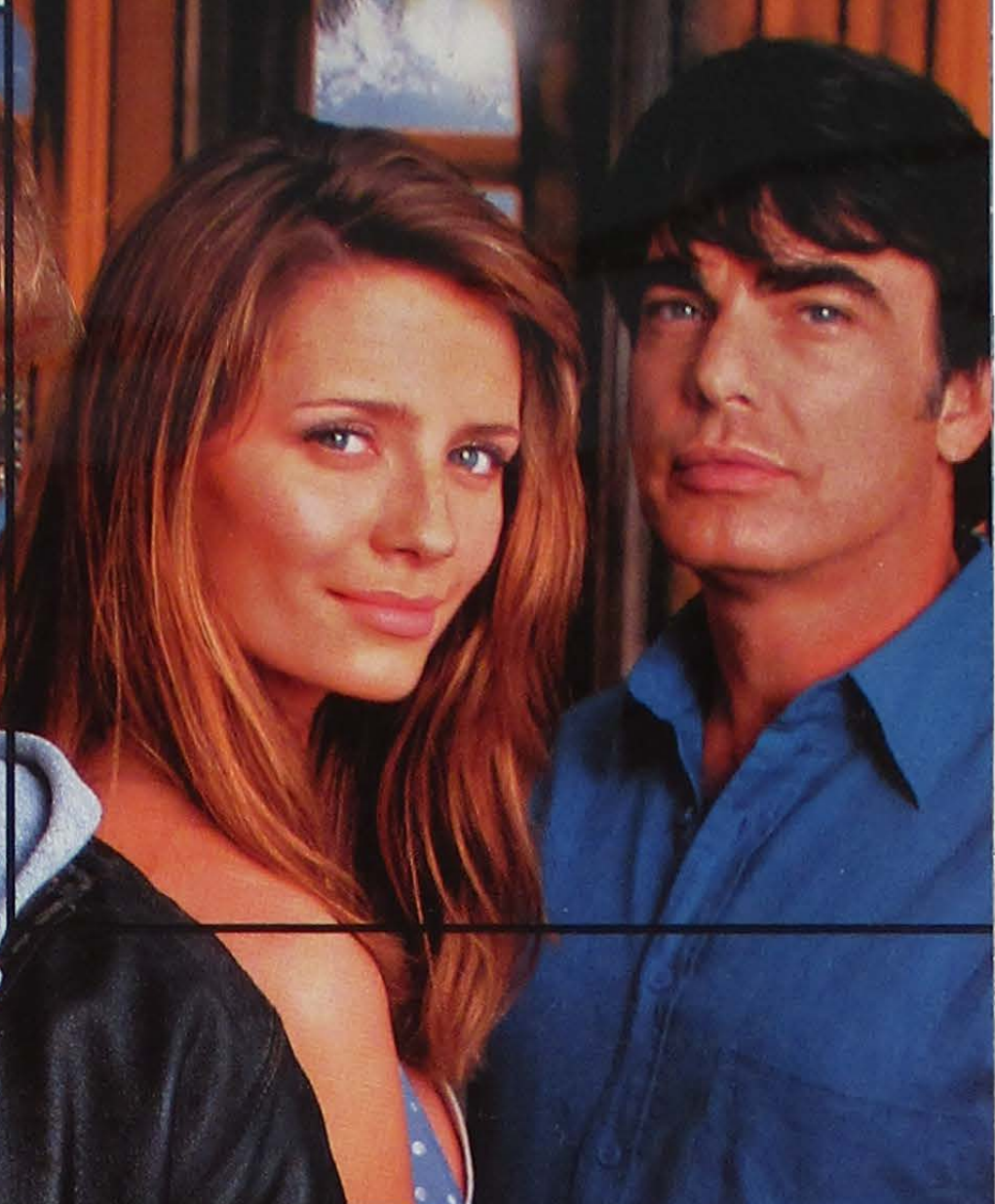
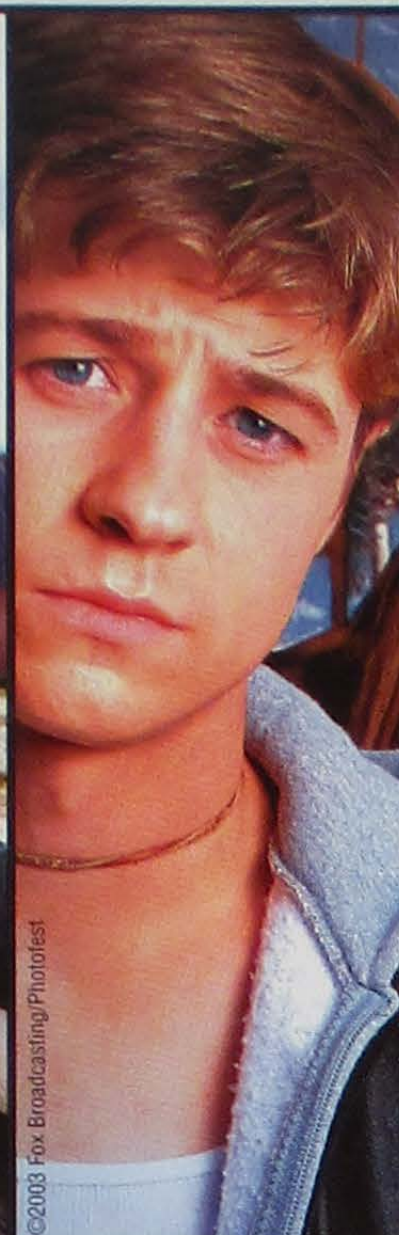
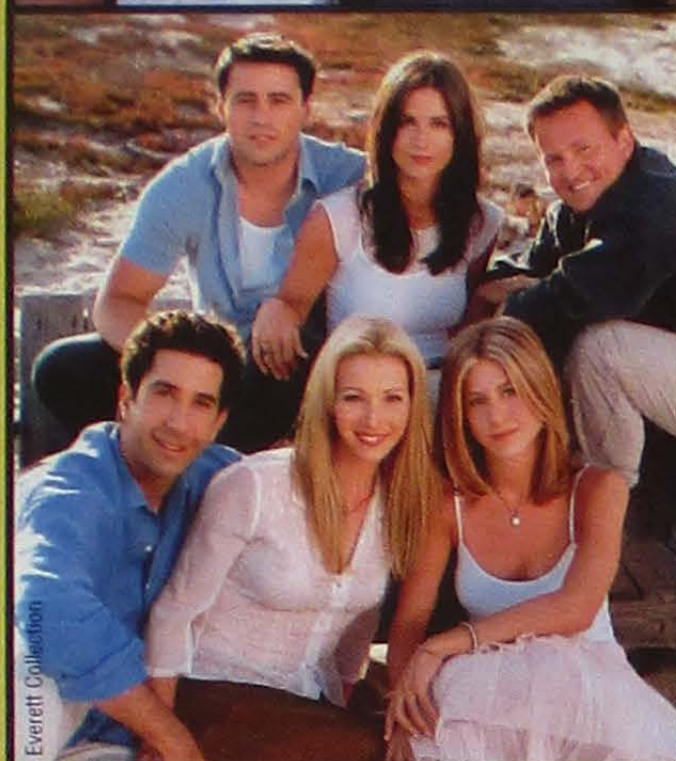
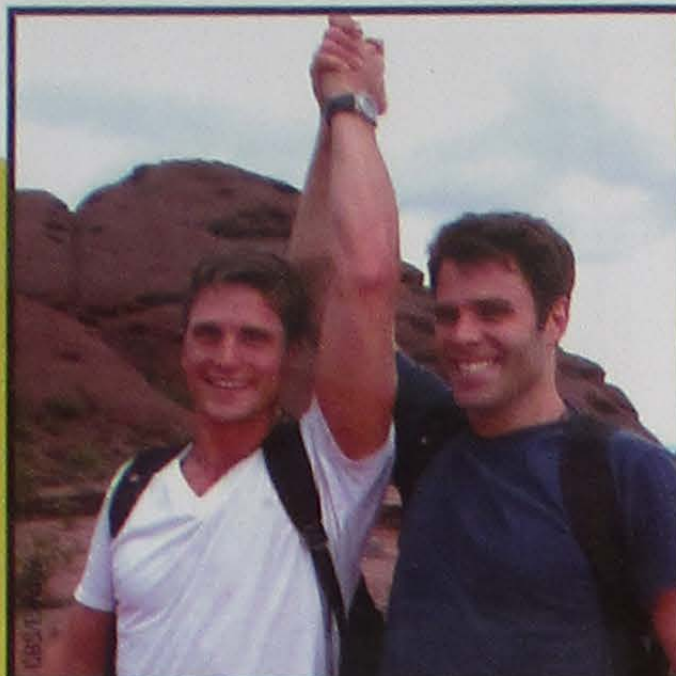
→ Tobey Maguire rides high in the successful summer flick *Seabiscuit*, nominated for an Academy Award for Best Picture.

Universal/Everett Collection

Reviews

→ The pulse-pounding CBS hit "The Amazing Race" wins the inaugural Emmy Award for Best Reality Program.

→ America bids farewell to the cast of "Friends" after the NBC sitcom's 10th and final season.



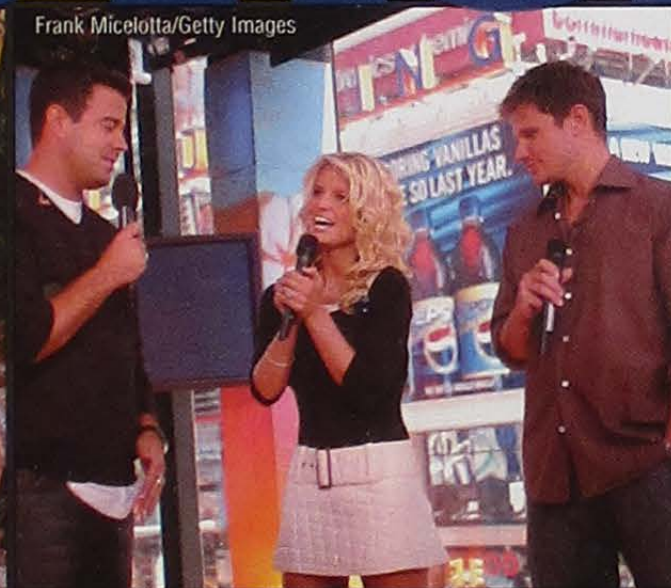
Fox uses its tried-and-true teen soap formula to come up with the biggest television hit of the year for teens, "The O.C."

↓ In February 2004, CBS airs "Survivor: All-Stars," starring past "Survivor" winners and contestants.

television



Frank Micelotta/Getty Images



← Jessica Simpson, star of MTV's "Newlyweds" with husband Nick Lachey, makes entertainment headlines for mistaking Chicken of the Sea tuna for chicken.

Everett Collection



Shows such as TLC's "Trading Spaces" and Bravo's "Queer Eye for the Straight Guy" create a new niche for the home improvement TV genre.

Stephen Chernin/AP/Wide World Photos



Everett Collection



↑ Famous for "Three's Company" and star of ABC's "Eight Simple Rules for Dating My Teenage Daughter," actor John Ritter dies suddenly from heart failure in September.

← "Alias" star Jennifer Garner earns high viewer ratings for ABC TV and lights up the big screen in 13 Going on 30.

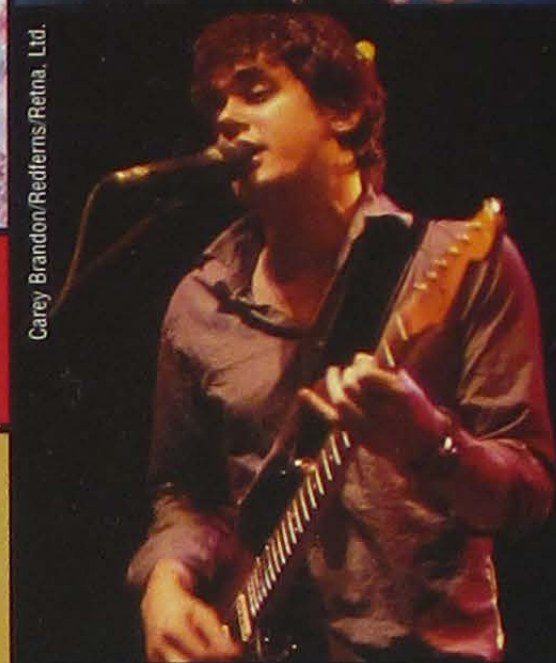
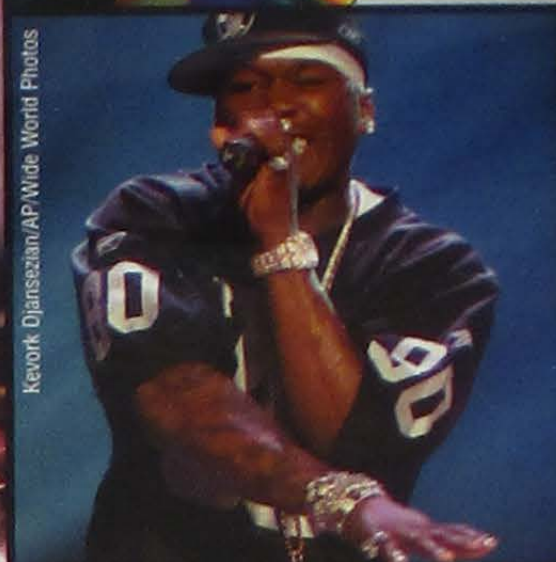
MUSIC



Zach Cordner/Retna, Ltd.



Superstar Beyoncé Knowles stars on the big screen, releases a hit album, *Dangerously in Love*, and wins four *Billboard* Music Awards.



Kevin J. Hume/World Photos

Carey Brandon/Retna, Ltd.

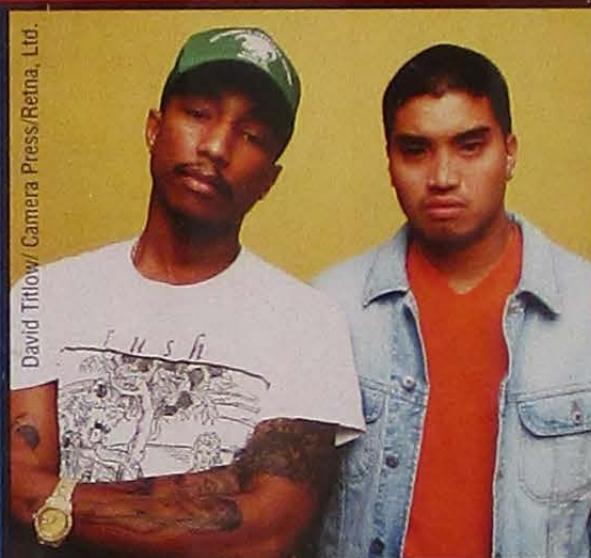
← The legal battle between the music industry and music downloaders prompts lawsuits and online music purchasing outlets, while driving CD prices to their lowest point in a decade.

← According to Nielsen SoundScan, 50 Cent's debut, *Get Rich or Die Tryin'*, is 2003's best-selling album, with 6.5 million copies sold.

← Songwriter John Mayer wins a Grammy in 2003 for the album *Room for Squares* and follows it up with *Heavier Things*.

music

→ The Neptunes' Pharrell Williams and Chad Hugo receive three Grammy nominations as a production duo. Williams gets three more for collaborations with Snoop Dog and Jay-Z.



David Titlow/Camera Press/Retna, Ltd.

→ OutKast's genre-busting album *Speakerboxxx/The Love Below*, featuring the infectious single "Hey Ya!," wins the Grammy for Album of the Year.



Frank Micelotta/Getty Images

→ Country music legend Johnny Cash dies at 71, but wins three CMA awards posthumously, including Best Single for his remake of the Nine Inch Nails' "Hurt."



Mark Hill/AP/Wide World Photos



flash

Claiming that he has "had it with the rap game," Jay-Z, 33, retires after the release of *The Black Album*.



Coldplay claims the title of *Spin* magazine's Band of the Year, and the band's lead singer Chris Martin marries actress Gwyneth Paltrow.



Andy Gitterill/Camera Press/Retna, Ltd.

→ In December, Rolling Stones' legendary lead singer Mick Jagger, 60, is knighted by Prince Charles.

→ Role-playing games like "Star Wars: Knights of the Old Republic" find mainstream success on consoles.



Cedar Point Amusement Park/Resort, Sandusky, Ohio

Cedar Point Amusement Park in Sandusky, Ohio, boasts the world's tallest, fastest roller coaster, the Top Thrill Dragster.

entertainment



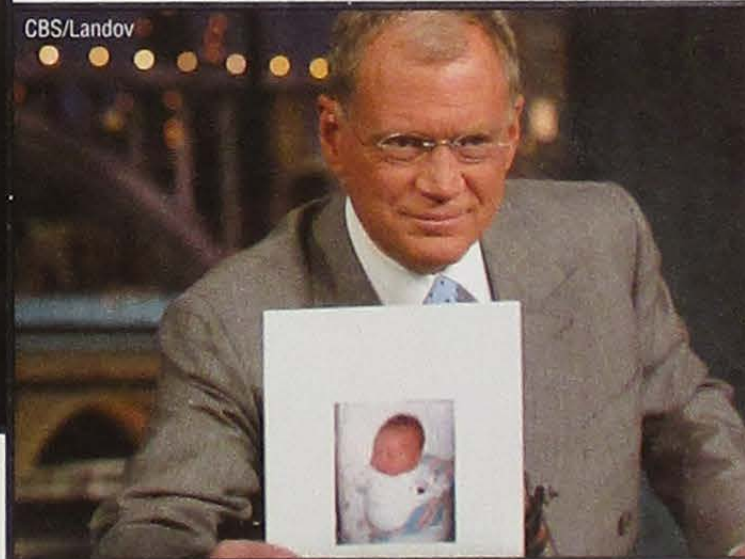
← Pop diva-turned-author Madonna releases two children's books: *The English Roses* and *Mr. Peabody's Apples*. Her third book, *Yakov and the Seven Thieves*, arrives in late winter.

Two months after being mauled by a tiger, Roy Horn, half of the famed "Siegfried and Roy" wild animal entertainment act, is released from a Las Vegas hospital.

Ethan Miller/Las Vegas Sun/Reuters NewMedia, Inc./Corbis



← Hugh Jackman of *X2: X-Men United* showcases his singing ability on Broadway in *The Boy from Oz*.

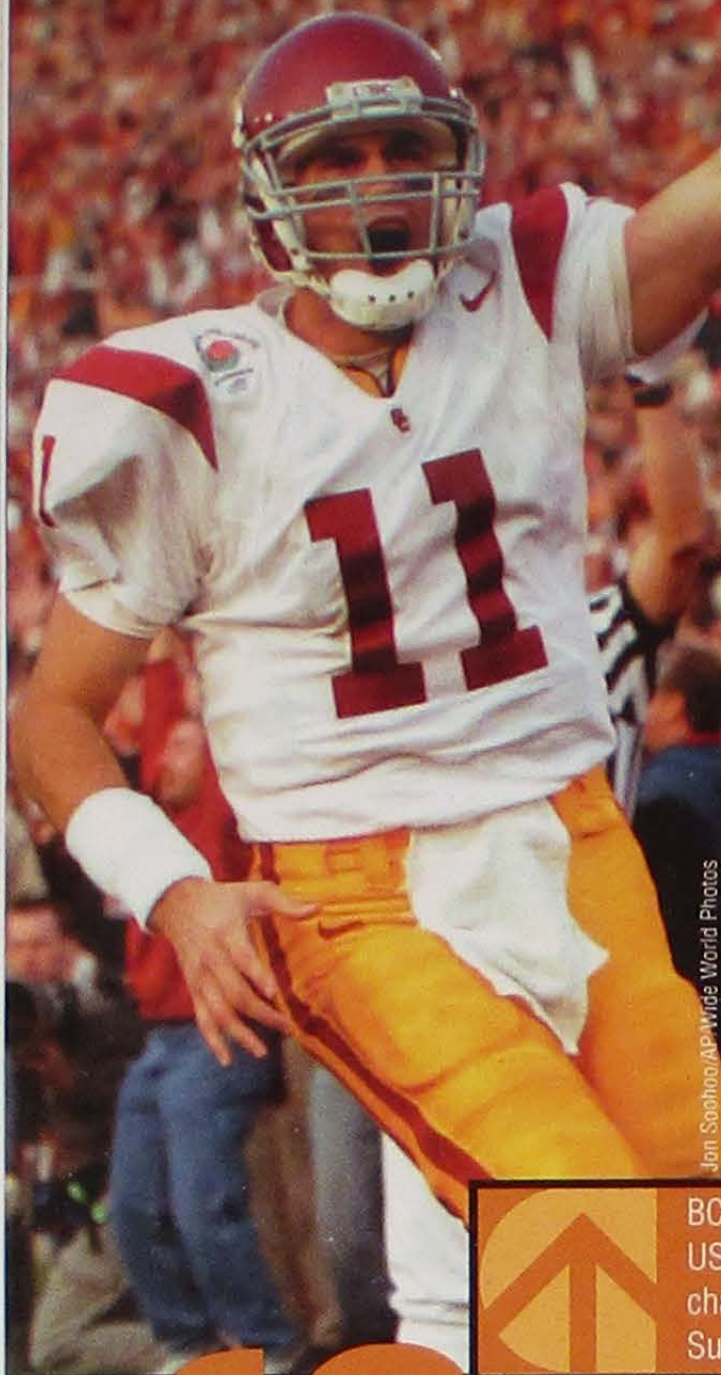


↑ On CBS's "Late Show" host David Letterman, 56, announces the November birth of his first child, a baby boy.

← After the success of his best-selling fantasy novel *Eragon: Inheritance*, author Christopher Paolini, 19, begins writing the much-anticipated sequel.



SPORTS



Jon Sisson/AP/Wide World Photos



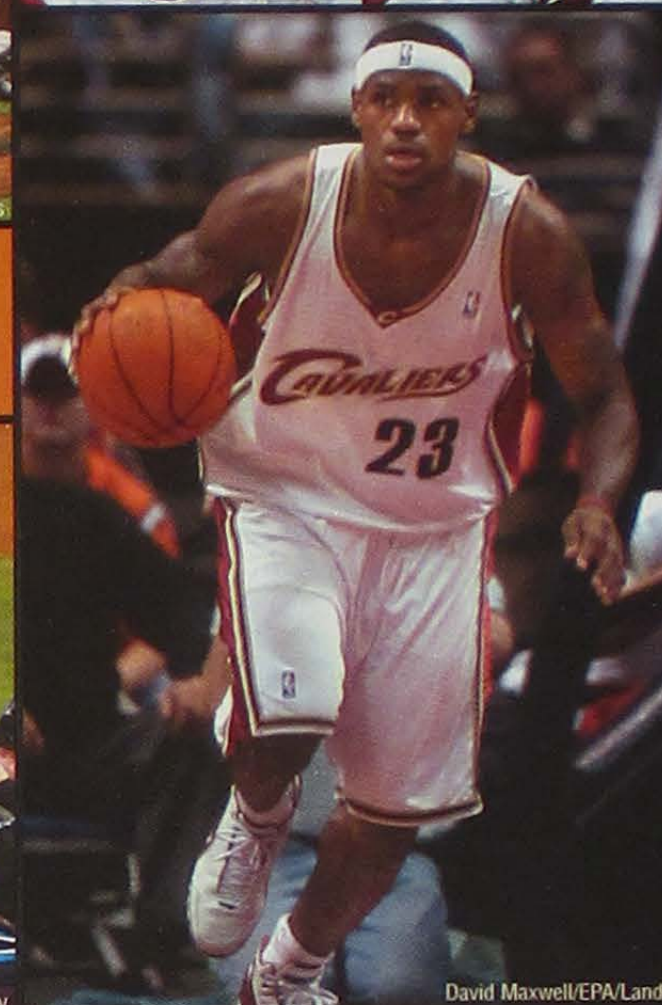
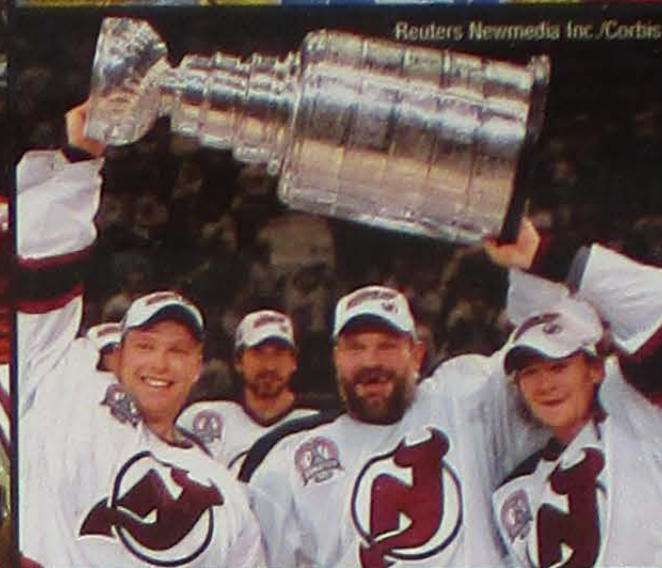
Dave Martin/AP/Wide World Photos



BCS computers fail to invite the nation's No. 1 team, USC, to the 2004 championship game. The Rose Bowl champion USC Trojans share the national title with the Sugar Bowl champion LSU Tigers.



Reuters Newmedia Inc./Corbis



David Maxwell/EPA/Landov

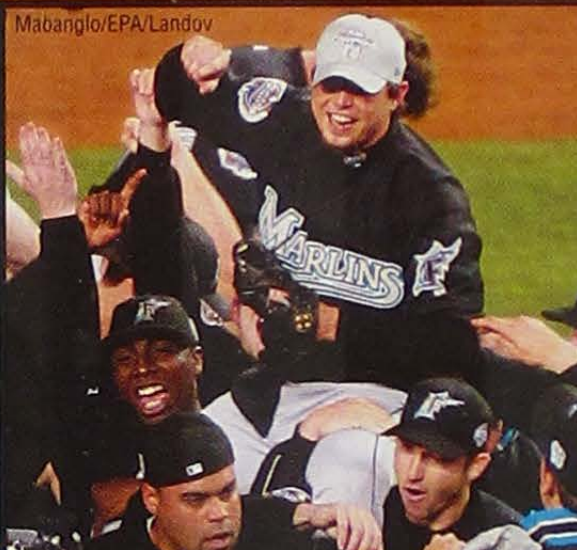
← Despite several crashes and severe dehydration, Lance Armstrong wins his fifth straight Tour de France by a mere 62 seconds.

← Behind the defensive brilliance of goalie Martin Brodeur, the New Jersey Devils win the 2003 NHL Stanley Cup by icing the Anaheim Mighty Ducks 3-0 in game seven.

← High school phenomenon LeBron James, 19, is picked first in the 2003 NBA Draft by the Cleveland Cavaliers and enjoys instant success as a pro.

Sports

→ Led by MVP pitcher Josh Beckett, the Florida Marlins beat the heavily favored New York Yankees 2-0 in game six to win the 100th World Series.



Sergio Perez/EPA/Landov

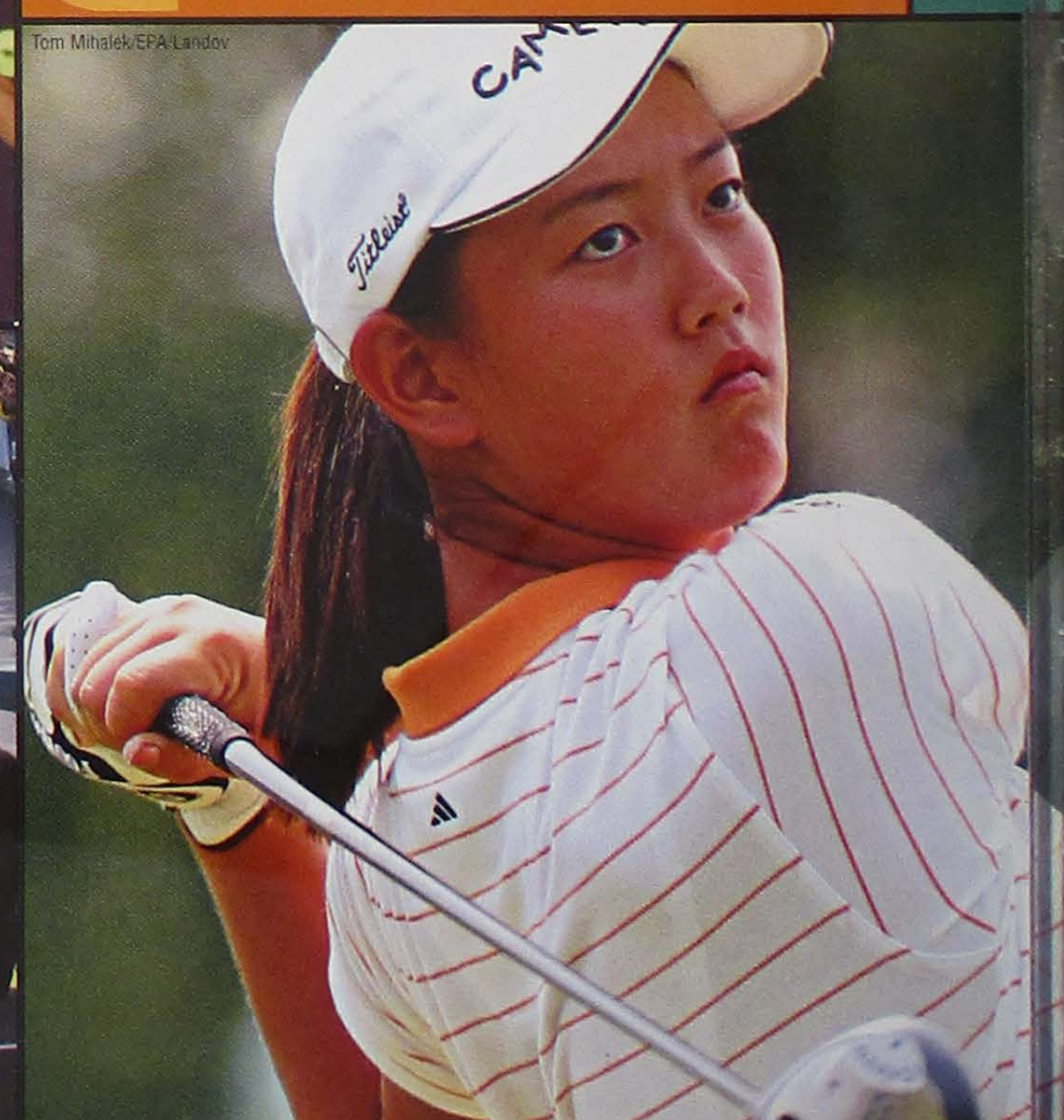
→ Tennis pro Andy Roddick, 21, also known as Mandy Moore's boyfriend, wins his first grand slam title at the U.S. Open in September.

→ In September, Kenya's Paul Tergat sets the world record in the Berlin Marathon, running the 26.2-mile course in just 2 hours, 4 minutes, 55 seconds.



Herbert Knosowski/AP/Wide World Photos

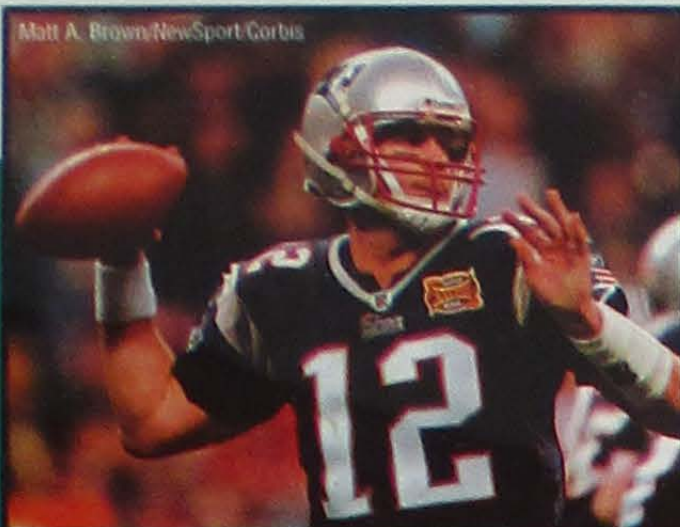
In June, Michelle Wie, 13, becomes the youngest winner of a U.S. Golf Association adult event when she wins the U.S. Women's Amateur Public Links.



Tom Mihalek/EPA/Landov

→ The New England Patriots defeat the Carolina Panthers 32-29 with a field goal in the closing seconds to win Super Bowl XXXVIII.

→ Due to a lack of revenue, the Women's United Soccer Association gets the boot after just three seasons.



Champion surfer Bethany Hamilton, 13, loses her arm in a shark attack. Just 10 weeks later, Hamilton places fifth in her age group at a National Scholastic Surfing Association meet in January 2004.

Dave Schwarz/AP/Wide World Photos

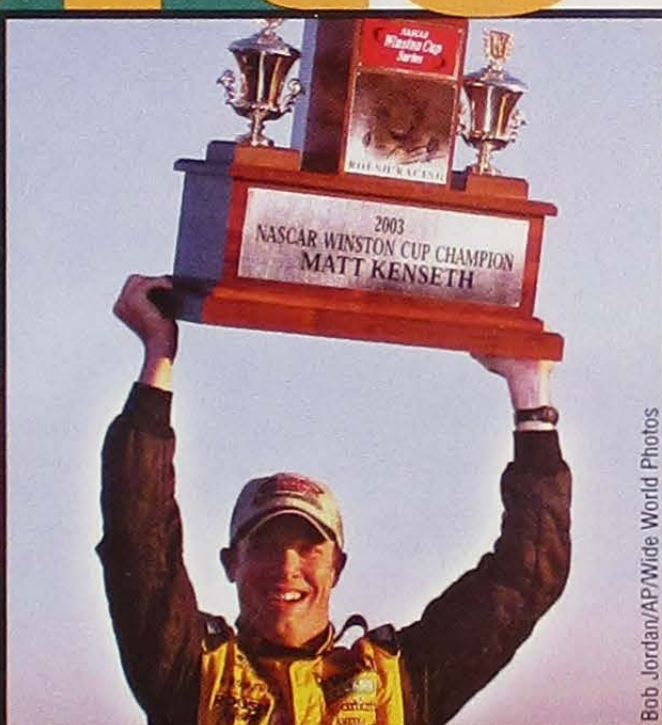


sports

← St. John's University coach John Gagliardi, 77, leads his team to an undefeated NCAA Division III Football National Championship while also setting the NCAA Football record for coaching victories with 414.

Death-defying tricks and thrills bring the extreme sports craze to new heights at the January 2004 EXPN Winter X Games VIII in Aspen, Colorado.

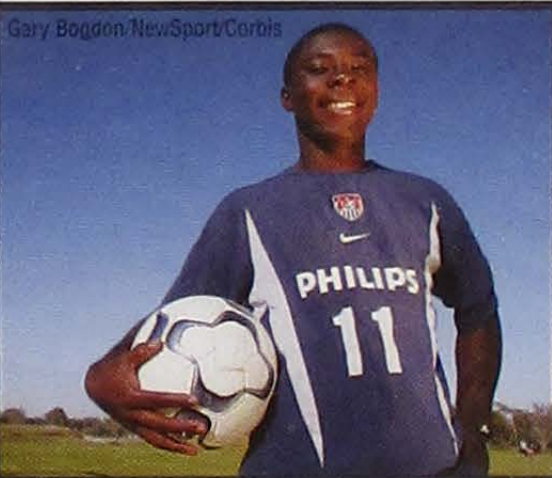
Gibson/Folio, Inc./Omni-Photo Communications



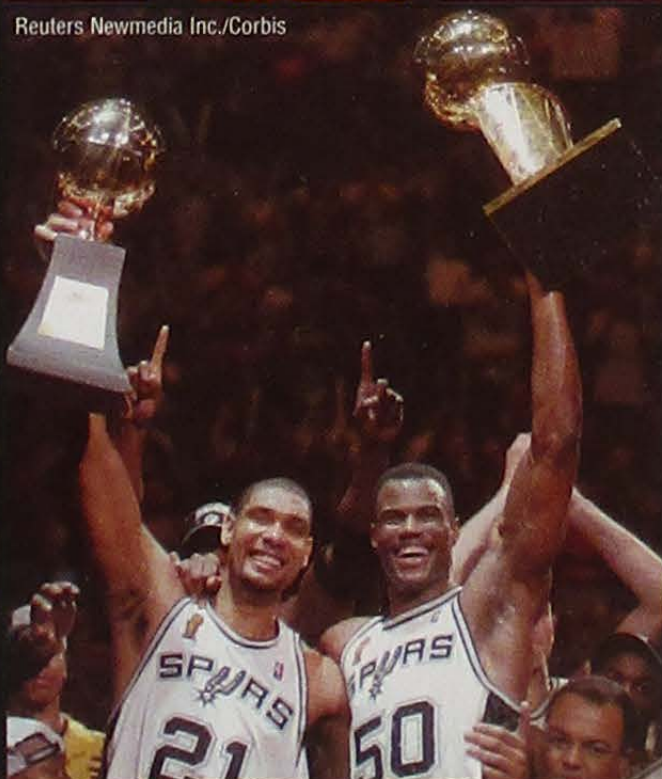
Reuters Newmedia Inc./Corbis

← Matt Kenseth claims the NASCAR Winston Cup Series championship, after leading the standings through a record 33 races.

Gary Bogdon/NewSport/Corbis



↑ Freddie Adu, 14, becomes the youngest American pro team athlete in over 100 years when he signs with D.C. United of Major League Soccer.



← League MVP Tim Duncan and David Robinson — in his final game — lead the San Antonio Spurs to the 2003 NBA title with a 4-2 series win over the New Jersey Nets.

Faces



← In October, Mother Teresa of Calcutta is beatified by Pope John Paul II in Vatican City. This marks the final step before sainthood in the Roman Catholic Church.

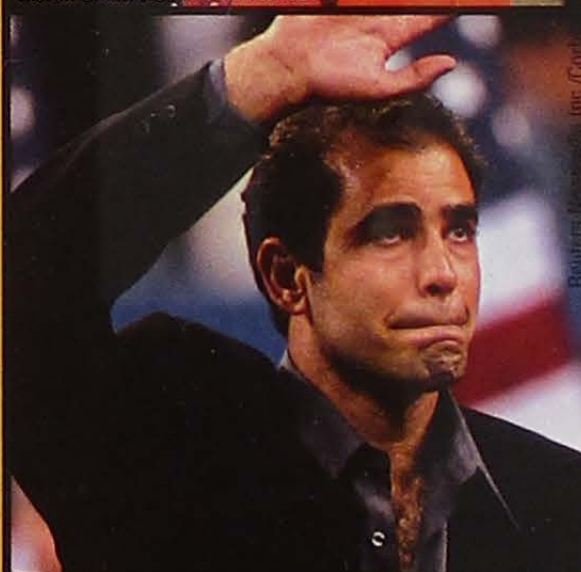
↑ America loses three entertainment icons with the deaths of comedian Bob Hope, actress Katharine Hepburn and actor Gregory Peck.

→ In his first of a number of trials in several states, a Virginia jury sentences D.C. area sniper Lee Boyd Malvo, 18, to life without parole.



Martin Smith-Rodden/EPA/Landov

→ After winning 64 career titles, including 14 grand slam events, and a record six years ranked No. 1, tennis great Pete Sampras retires at the U.S. Open in August.



After being abducted for nine months, Elizabeth Smart is rescued and returns home in March 2003. Her story is made into a TV movie that airs later in the fall.



Fred Pouser/Reuters/Landov

→ Teen star Hilary Duff tops off her successful movie debut, *The Lizzie McGuire Movie*, with a hit pop album, *Metamorphosis*, and a nationwide tour.



faces



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**the
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Five writers, three photographers, and eight editors created SPIRIT 2004, the first full color yearbook in central Iowa. Volume 92 was created on seven Macintoshes and one scanner using Pagemaker 6.5, Photoshop 5.5 and Word 98. 1046 copies of SPIRIT were sold for \$40 at registration. More copies were sold throughout the year at the same price. The book is 240 pages plus the senior tip-in and the Millennium Review tip-in. Ten point font was used for body copy, while eight and ten point font was used for captions. A medley of Times, Helvetica, and Palatino fonts were used for the opening pages, division pages, story titles, surveys, and closing pages. Type Effects was also used for headlines. The cover is a custom designed lithograph with a matte laminate finish.

For everyone who has asked, "Is the yearbook done yet?" It's official, we finished! Yearbook takes a lot of work behind the scenes, but it's more than just photos and catchphrases. Yearbook is spending time at Ames High at odd hours, listening to music, drinking coffee (lots of coffee), and basically a lot of fun and games.

I would like to thank all the businesses, parents, and students who supported the yearbook this year by placing an ad. Also, many thanks to our Josten reps, Tim Robson and Matt Baltes, who guided us through computer difficulties and helped us meet our deadlines. SPIRIT Staff 2004, it was a joy working with you! I was very lucky to have such friendly people on staff (almost too friendly sometimes...just kidding). We all got along really well and were one big family and our cooperation resulted in this fabulous book. Room 202 groupies, you guys know who you are, thanks for the morale support. Mr. Webb, thank you for your encouragement and understanding. I also need to thank my family for being flexible with my long hours in the school year and in the summer -- thanks for bringing us food when we were working too hard to break for a meal! Ben Barclay, I don't think I could have finished this book without you. Thank you Ben Barclay and Webb for making this long process enjoyable. Finally, many thanks to all the students and staff for providing us with fabulously photographic moments, quirky quotes, and of course...fun and games.

Margaret Wade

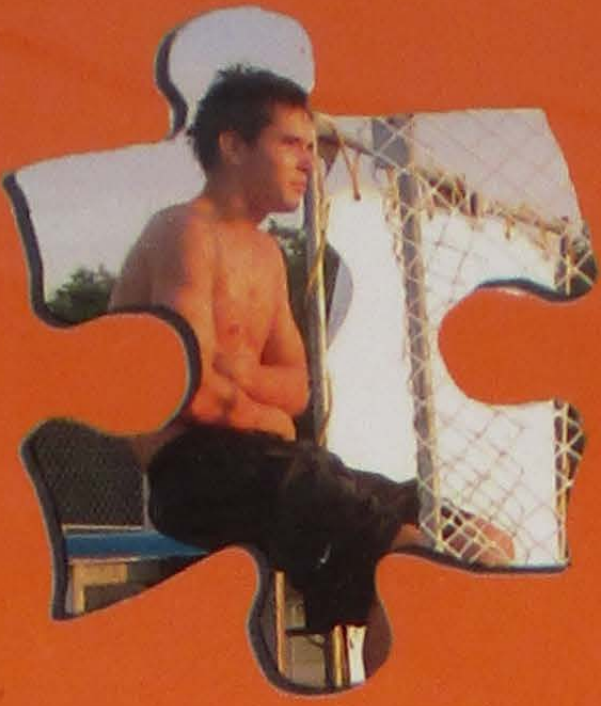
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SPIRIT

All Fall & Fun Games